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MORE CHANNELS THAN ANY OTHER TV MAG!

14-20 OCTOBER 2023

TV & Satellite Week

NEW

THE BURNING GIRLS

Samantha Morton battles dark forces

TV TO GET EXCITED ABOUT!

NEW

Bodies

Stephen Graham's time-travel murder mystery

THURSDAY ON NETFLIX

NEW

BREEDERS

There's more family strife for Paul and Ally

HotList This week's 28

Saturday 14

John Wick: Chapter 4

***ACTION THRILLER** Prime Video*

Keanu Reeves (above) returns in the fourth film in the franchise. John Wick is out to exact vengeance against the High Table, but there are enemies, old and new, standing in the way. *See review, page 22*

Rugby World Cup

***RUGBY UNION** ITV1, kick-offs 4pm & 8pm*

The quarter-finals begin. The winners of Pools C and B will face the runners-up of Pools D and A – an impressive Wales are likely to be featuring as Pool C victors. *See Sport Week, page 28*

Champions

***COMEDY DRAMA** Sky Premiere, 5.40pm*

Woody Harrelson stars as a hot-tempered basketball coach who is court-ordered to manage a team of players with learning disabilities. Kaitlin Olson and Cheech Marin co-star. *See review, page 23*

Super League

***RUGBY LEAGUE** Sky Sports Arena & Sky Sports Main Event, kick-off 6pm*

The Super League season ends with a bang with the grand final, with Catalans Dragons or St Helens facing Wigan Warriors or Hull Kingston Rovers.

■ Full listings start on **p35**

Sunday 15

Cricket World Cup

***CRICKET** Sky Sports Cricket & Sky Sports Main Event, play starts 9.30am*

Defending champions England face Afghanistan in their latest round-robin match, and will not hold back against the team ranked ninth in the ODI ranking.

Fletcher's Family Farm

***FACTUAL** ITV1, 11.30am*

Former *Emmerdale* actor Kelvin Fletcher features in this docuseries, in which cameras follow him and his family as they navigate life on their Peak District farm. *See Documentaries, page 21*

Rugby World Cup

***RUGBY UNION** ITV1, kick-offs 4pm & 8pm*

The last two quarter-finals. England won Pool D, so will feature in today's first game – against Pool C's runners-up. Then it's the Pool A champs v Pool B's runners-up. The first semi-final is on Fri at 8pm on ITV1. *See Sport Week, page 28*

The Ex-Wife

***THRILLER** Channel 5, 9pm*

Tasha (Céline Buckens) is living the dream, with the perfect family. However, her husband's ex-wife is about to put paid to all that... *See feature, page 12*

● ***Previously shown on Paramount+***

■ Full listings start on **p45**

Monday 16

Once upon a Studio

***ANIMATION** Disney+*

To celebrate a century of output by Walt Disney Animation Studios, this short film features more than 500 classic characters – voiced by big names such as Kristen Bell and Idina Menzel.

Jamie's Five Ingredient Meals

***COOKERY** C4, 8pm*

Fresh from his Mediterranean tour, chef Jamie Oliver (above) is back to show viewers how to rustle up quick and tasty meals for the family, with minimal fuss but maximum flavour.

The Long Shadow

***CRIME DRAMA** ITV1, 9pm*

PS Meg Winterburn goes undercover in the hope of finding the man who's been attacking local women, while George Oldfield (David Morrissey, above) receives a chilling letter... *See feature, p7*

Endurance: Race to the Pole with Ben Fogle

***DOCUMENTARY** Channel 5, 9pm*

Dwayne Fields and Ben Fogle conclude their polar adventure with an emotive retracing of Robert Falcon Scott's ill-fated *Terra Nova* expedition to Antarctica.

■ Full listings start on **p55**

Tuesday 17

The Devil on Trial

***DOCUMENTARY** Netflix*

Fascinating true-crime documentary focusing on the trial of 19-year-old Arne Cheyenne Johnson in 1981, the only case in US legal history that has used demonic possession as a defence.

England v Italy

***FOOTBALL** C4, kick-off 7.45pm*

England face Italy, the current European champions, in this qualifier for next year's Euros. Harry Kane (above) has been on top form for Bayern Munich, and will be aiming to bag some goals for his country.

Britain's Housing Crisis: What Went Wrong?

***FACTUAL** BBC2, 9pm (box set, BBC iPlayer)*

A new series examines the issues affecting homeowners and renters – starting with a look at how the 2008 financial crisis kept house prices rising.

Bangers: Mad for Cars

***FACTUAL** C4, 10.15pm (box set, Channel 4)*

F1 analyst Naomi Schiff and car-obsessed rapper Tinie (who's now dropped the 'Tempah') take a look at iconic vehicles from the 80s, 90s and 00s, and talk to celebrities about their motor memories.

■ Full listings start on **p65**

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best shows

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Wednesday 18

Coleen Rooney: The Real Wagatha Story

***DOCUMENTARY** Disney+*

A year on from the defamation trial between Coleen Rooney and Rebekah Vardy, this documentary features Rooney (above) presenting her side of the story.

The Great British Bake Off

***COOKERY** C4, 8pm*

A day later than usual due to Tuesday's live football, the bakers tackle Chocolate Week in the tent. Who can avoid a meltdown and make it as Star Baker?

Dark Winds

***CRIME DRAMA** Alibi, 9pm (box set, Sky Box Sets, NOW & Virgin TV Box Sets)*

A detective (Zahn McClarnon, above) investigates a double murder on a Native American reservation in this thriller, which previously aired on AMC. *See feature, p11*

Midsommar

***HORROR** Film4, 10.55pm*

The fantastic Florence Pugh stars in this horror, playing a young woman who travels to Sweden for a midsummer festival, only to find herself caught up with a sinister cult. *See review, page 23*

■ Full listings start on **p75**

Thursday 19

Bodies

***THRILLER** Netflix*

Stephen Graham (above) stars in this drama following detectives investigating the death of the same victim across four different time periods – 1890, 1941, 2023 and 2053. *See feature, page 4*

The Burning Girls

***DRAMA** Paramount+*

Drama based on the novel by C.J. Tudor. Reverend Jack Brooks (Samantha Morton, above) and her daughter relocate to a remote village, where ghosts from the past are waiting for them... *See feature, page 6*

Pride of Britain: A Windrush Special

***DOCUMENTARY** ITV1, 9pm*

A host of famous faces – including Mel B and the Prince of Wales – explore the stories of the *Windrush* generation. *See Documentaries, page 20*

All Creatures Great and Small

***DRAMA** Channel 5, 9pm*

James has recruited a new vet for the practice, which will hopefully mean more time with Helen, as the rural period drama continues. *See feature, page 12*

■ Full listings start on **p85**

Friday 20

Bosch: Legacy

***CRIME DRAMA** Amazon Freevee*

Former LAPD cop-turned-PI Harry Bosch (Titus Welliver) is back for another season, and finds himself facing his worst fears as his daughter Maddie (Madison Lintz) is abducted. *See Your Watchlist, page 14*

Nandor Fodor and the Talking Mongoose

***COMEDY** Prime Video*

Simon Pegg (above) stars in this 1930s-set comedy based on a family's claims that a talking mongoose lived in their Isle of Man farmhouse. *See Your Watchlist, p17*

Puss in Boots: The Last Wish

***ANIMATION** Sky Premiere, 12.30pm & 6pm*

Antonio Banderas once again voices the swashbuckling feline, who sets off on a quest after learning that he's down to the last of his nine lives. *See review, page 23*

Breeders

***COMEDY DRAMA** Sky Comedy & Sky Showcase, 10pm & 10.30pm (box set, Sky Box Sets/NOW)*

Martin Freeman and Daisy Haggard return, with Paul and Ally facing more bombshell parenting moments – including a huge shock from son Luke. *See feature, page 8*

■ Full listings start on **p95**

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NEW THRILLER

Bodies

From Thursday 19 October, Netflix

Crime of the CENTURIES

Stephen Graham stars in a mind-blowing mystery about four cops investigating a murder in four different timelines

What if the same dead body kept cropping up at different points in time? That's the unique, mind-boggling premise of new Netflix sci-fi crime thriller *Bodies*, which follows four detectives investigating the exact same murder in four different eras.

Based on Si Spencer's 2015 graphic novel, the eight-part series is set in 1890, 1941, 2023 and 2053, and sees the same corpse – shot in the eye, naked, and with the same strange tattoo – mysteriously reappearing on Whitechapel's Longharvest Lane in east London.

Created by *Torchwood* and *No Offence* writer Paul Tomalin, the drama follows four detectives across the different timelines as they become determined to solve the mystery.

As their parallel investigations begin to converge, they reveal a sinister conspiracy spanning more than 160 years that threatens the UK – with all clues leading to enigmatic political figure Elias Mannix (played by Stephen Graham). How is he connected to the murder?

Elias Mannix
Stephen Graham
An elusive, powerful political leader, but how is he linked to a murder victim who is inexplicably discovered in four different timelines?

'It's tricky to talk about the plot and my character's journey as there's a lot there,' says *Boiling Point* and *Time* star Graham, 50. 'It's so suspenseful; you don't really know what's going to happen next.

'Mannix was abandoned as a child and left to fend for himself in the cruel world that he grew up in. He was taken in by a family and showed some kind of an understanding of what it is to be loved. But then he becomes part of a cult and the architect of a twisted, utopian society. It sounds mad, doesn't it? But it's a beautiful madness!'

Here, we reveal more about each of the drama's different timelines…

DS Iris Maplewood
Shira Haas
Passionate and ambitious, Iris believes in her job in the post-apocalyptic future. But how far will she go to protect the new society?

DS Shahara Hasan
Amaka Okafor
A single mum and diligent officer in 2023, she has great gut instincts, which often land her in trouble. But there's much more to lose in her latest case.

DS Charles Whiteman
Jacob Fortune-Lloyd
A German-Jewish copper in World War Two, he faces scrutiny and discrimination from his fellow officers. But will his double-dealing be exposed?

DI Alfred Hillinghead
Kyle Soller
A hard-working, devoted family man in Victorian-era London, Alfred risks revealing his secret sexuality while asking questions in dangerous places.

Shahara stumbles across a body

2023

Episode one opens in present-day London, where DS Shahara Hasan (Amaka Okafor) spies a suspicious-looking teen and believes he might be armed. Following a chase through the city's backstreets, she finds him standing over a naked, motionless body lying in an alleyway before he escapes.

Shahara is determined to help the young fugitive by bringing him in safely, but could she end up putting herself at risk?

'Shahara is a single mum who lives with her dad, but she's got herself into trouble in the past by going out on a limb because she believes in someone,' says *The Split* and *The Responder* star Okafor.

'What I love about *Bodies* is that each time period is filmed in a different style and has its own vibe. For the 2023 scenes, the director [*The Lazarus Project*'s Marco Kreuzpaintner] told us to think of horror and suspense. But it's also a mystery, it's noir, it's action-packed and it's a thriller.'

Will Charles' crimes be uncovered?

1941

In 1941, dapper but unscrupulous cop Charles Whiteman risks his double life being exposed when he finds the body in Blitz-ravaged London.

'Charles is an East End boy who grew up in Whitechapel. He's bright, rough and ready, and doesn't suffer fools,' says Jacob Fortune-Lloyd, who plays him.

'We see him early on as a corrupt policeman who is quick to violence. But then as the story develops, many things happen that push him into new places. He goes on quite a journey and he discovers a lot within himself.'

The role required Fortune-Lloyd, who previously starred in *Wolf Hall* and *The Queen's Gambit*, to fully embrace 1940s fashion – something he thoroughly enjoyed.

'The producers wanted me to have a pencil moustache and I was resistant at first because I thought it would be a bit too villainous,' he reveals. 'But it was a good shout because I really look like I've stepped into the 1940s.'

1890

The 19th-century storyline follows overachieving DI Alfred Hillinghead (Kyle Soller), who discovers the body in Whitechapel, where Jack the Ripper is still at large.

First on the scene, though, is charming local journalist Henry Ashe (George Parker), who raises Alfred's suspicions when he's found taking photographs. But when the detective is strangely intrigued by Henry, he realises his investigation could lay bare his own secrets.

'Alfred is a very skilled detective, but detective work was a relatively new profession then, so they were figuring out what they were and how they could be of use,' explains *Andor* and *Poldark* star Soller.

'He's a good family man, too. But he's not being true to his nature because he's a closeted homosexual, and when he meets Henry, it's pure love. It's been amazing to delve into the story of a closeted, married Victorian male.'

Alfred's private and public lives collide

2053

In the future, brooding DS Iris Maplewood (*Unorthodox* star Shira Haas) makes a similar grisly discovery in a post-apocalyptic city still reeling from a disaster in 2023.

'Iris is a detective in the future and she's very passionate and ambitious,' explains Haas. 'She wants to rise through the ranks, because she believes in the job that she's doing. She was born as a disabled person and basically lost everyone and everything she had after the 2023 disaster.'

Her investigation takes her to the mysterious Elias Mannix, and the Israeli star says she loved filming with Stephen Graham.

'I was really looking forward to working with Stephen because we had a few important scenes together, and he was the best,' she smiles. 'I'd never worked in the UK before and it was amazing to explore new places.'

Iris meets the powerful Elias Mannix

WORDS: REBECCA MAHONEY. PHOTOS: NETFLIX

NEW FROM Paramount+

Samantha Morton stars as a vicar investigating mysterious disappearances in a new thriller

Village of horror

NEW DRAMA

The Burning Girls

From Thu 19 October, Paramount+

The dark history of a small English village leads to a present-day nightmare for its new vicar in Paramount+'s nerve-jangling six-part drama *The Burning Girls*, adapted from C.J. Tudor's novel.

After being assigned to a new parish in fictional Chapel Croft, Sussex, one of the first things Reverend Jack Brooks (*The Walking Dead*'s Samantha Morton) learns is that the village once saw the terrifying deaths of eight-year-old twin sisters Abigail and Maggie.

Burnt at the stake in 1556 during Queen Mary's purge of the Protestants, the sisters – dubbed the Burning Girls – are now said to haunt Chapel Croft.

MURDER AND MYSTERY

Having recently fled a traumatic experience of her own in her previous parish in Nottingham, Jack doesn't intend to dwell on the 16th-century tragedy – but when retired journalist Joan Hartman (*The Crown*'s Jane Lapotaire) tells her about two teenage girls who vanished from the village 30 years ago, Jack's curiosity is piqued enough to dig deeper.

'Jack's a very modern vicar,' says Morton, 46. 'She's been an inner-city vicar and has worked in some tough communities. She's been dealing with abject poverty, alcoholics and drug users, whereas in Chapel Croft Jack is now dealing with the white, wealthy middle-class.'

> 'This is about character – not just melting faces or whatever'
> SAMANTHA MORTON

Jack arrives with her 15-year-old daughter Flo (*Bridgerton*'s Ruby Stokes), who's not thrilled to have swapped Nottingham for a sleepy backwater, but she's determined to make the best of matters for her mother's sake.

'Flo is very creative and an introvert,' says Stokes, 23. 'She loves her mum, and they have a really good relationship. She has this old film camera that used to belong to her dad. She never really knew him as she was only a year old when he died, so this camera is the only piece of him that she has.'

Victims Abigail and Maggie

SPECIAL BOND

The strength of the mother-daughter bond in *The Burning Girls* was one of the elements that drew Morton to the project.

'I thought it was a gorgeous relationship, and one that I wanted

WORDS: SEAN MARLAND, STEVEN PERKINS. PHOTOS: ITV, PARAMOUNT+. INTERVIEWS DONE BEFORE THE US WRITERS' AND ACTORS' STRIKES

Samantha Morton and Ruby Stokes as Jack and Flo

to explore,' she says. 'Jack's a widow, which I think is a really key point to my character. I was a single mum up until my daughter [actor Esmé Creed-Miles] was about five, and I remember the bond between mother and child is really, really intense, so I was fascinated by that.'

Flo's attention is also caught by Lucas Wrigley, a local teenager with a condition called dystonia that causes muscular spasms, played by *Baptiste* and *Peaky Blinders* star Conrad Khan. And despite meeting under inauspicious circumstances, the duo soon become close.

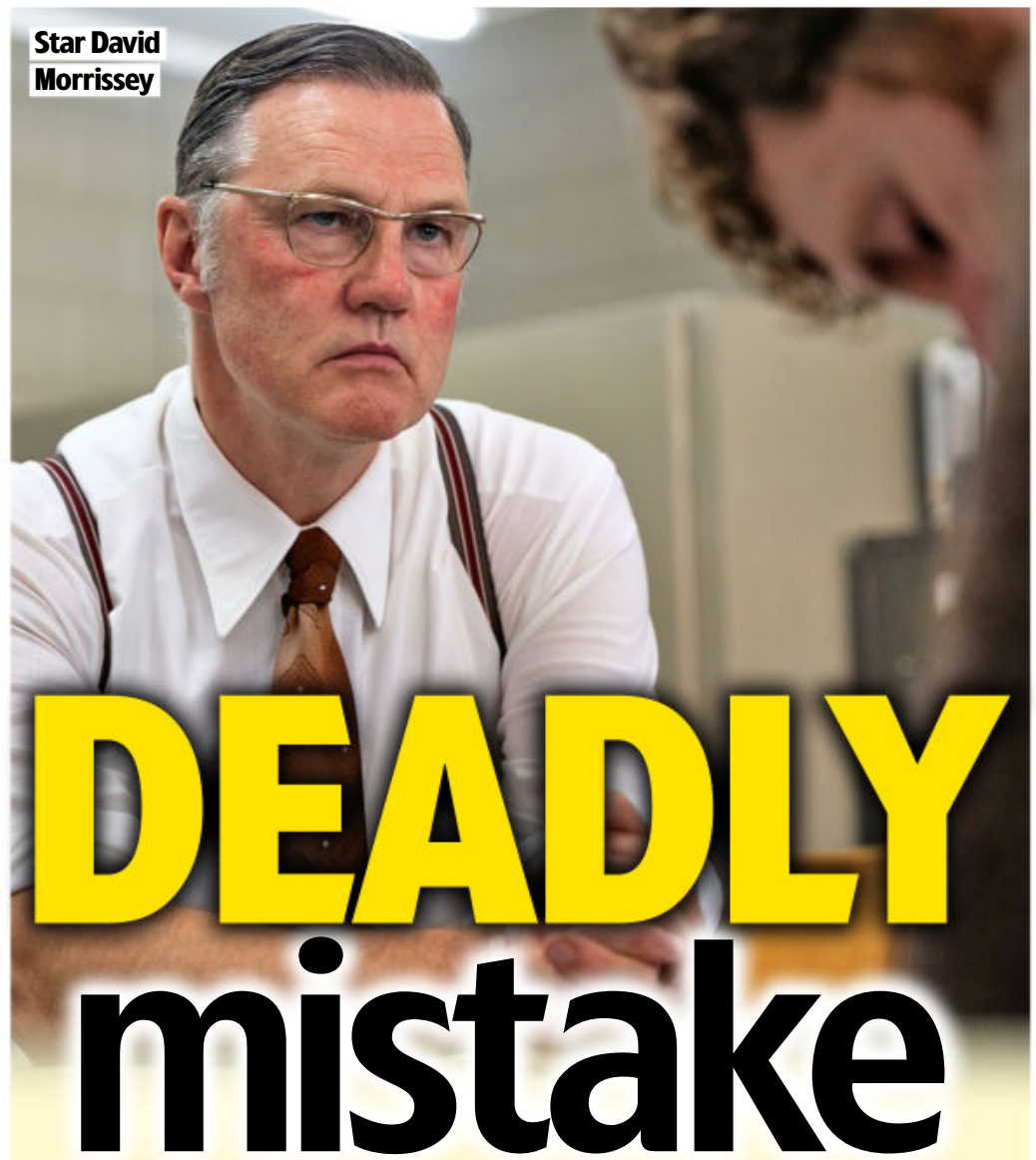
'She finds him having a wee in an outhouse,' explains Stokes. 'He disarms her with his vulnerability and charm, and stirs up all her teenage emotions. Conrad is lovely, but Wrigley isn't always very nice – it was really fun to play that story out.'

HORROR FAN

The story is set to take some dark turns as Jack and Flo learn the truth about Chapel Croft, and the horror elements of the series were all part of the appeal for self-professed movie buff Morton.

'I grew up watching films like *The Omen* and *The Exorcist*,' she explains. 'This is a genre I love. People were really surprised when I went into *The Walking Dead*, but I love zombie films and I was honoured to be in that.

'What I've loved about working with [director] Kieron Hawkes is that you've got all of that horror, but he focuses on the reality. This is about character – not just melting faces or whatever!'



Star David Morrissey

DEADLY mistake

The police's hunt for Peter Sutcliffe takes a **dramatic wrong turn**...

CRIME DRAMA
The Long Shadow
Monday, 9pm, ITV1

As the latest episode of *The Long Shadow* begins this week, it's been nearly two years since Peter Sutcliffe began his evil killing spree, but the West Yorkshire police still have no leads in their quest to bring him to justice.

So when Maureen Long (Clare Burt) survives a brutal attack after accepting a lift home from the notorious serial killer in July 1977, detectives hope it will lead to a breakthrough in the case.

PS Meg Winterburn (Liz White)

TRAUMATIC

ACC George Oldfield (David Morrissey) hopes Maureen will be able to identify the man who left her for dead. However, her terrible injuries have resulted in amnesia.

'Sutcliffe murdered 13 women,' says the drama's writer George Kay. 'But at least eight others were left with life-changing injuries, both mental and physical.'

In a desperate attempt to jog Maureen's memory, ACC Oldfield asks PS Meg Winterburn (Liz White) to take her back to the Bradford pubs and clubs she visited on the night of the attack, in the hope that she might see her assailant.

But when PS Winterburn joins her on an evening out, she realises the deep impact the attack has had on Maureen and how shabbily she's been treated by the detectives in charge of the investigation.

DIFFERENT ATTITUDES

'Lots of the police who worked the case had old-fashioned, unpalatable, misogynist attitudes,' explains Kay. 'That contributed to the many missteps that drove a flawed investigation. But not all the officers were misogynists. Many were stubborn, well-intended men and women who gradually became hamstrung by their own investigation.'

ACC Oldfield's prime suspect is taxi driver Terence Hawkshaw (Ian Lloyd Anderson) and in this week's episode, he carries out an illegal interrogation in the hope of forcing a confession.

His theory is blown apart, though, when another victim is murdered while Hawkshaw is in custody. Then a mysterious letter arrives, which seems to be from the killer. It's a gruesome development that soon derails the entire investigation…

Tug of love

Paul and Ally pull together as they prepare to be grandparents in **the last-ever series of *Breeders***

NEW COMEDY DRAMA
Breeders
Friday, 10pm & 10.30pm, Sky Comedy & Sky Showcase (box set, Sky Box Sets/NOW)

When the first season of *Breeders* aired back in 2020, the biggest problem for parents Paul and Ally (Martin Freeman and Daisy Haggard) was getting their young children, Luke and Ava, to sleep at night.

However, times have changed as we rejoin the family for a fourth and final time on Sky this week.

Five years have passed since the dramatic finale of last year's third outing, which saw Paul and Ally on the verge of splitting up and Paul's troubled father Jim (Alun Armstrong) hospitalised after trying to take his own life.

Now, in the opening episode of a new 10-part run, the couple's marriage is still hanging by a thread as the family celebrates Christmas together.

EXPECTING

Just as everyone is trying to get along and stay in the festive spirit over Christmas dinner, 18-year-old son Luke and his new girlfriend Maya (*The Bay*'s Deepica Stephen) surprise everyone by revealing they're expecting a baby.

'Luke having a girlfriend and being in a serious relationship is a big thing for the family, so the baby news is even bigger,' says *Ladhood* actor Oscar Kennedy, who takes over the role of Luke. 'As an actor who was joining a cast that had been together for years, I really felt Luke's nerves when he stands up to make that speech!'

Following in the footsteps of George Wakeman and Alex Eastwood, who played Luke in the previous three series, Kennedy says that portraying the character in this final chapter was rather daunting.

'I was worried about whether I should try to copy what was done previously or reinvent Luke,' he explains. 'But when I looked back, I realised he'd been through such a momentous change over the course of the series.'

Ally was upset at the thought of her firstborn moving out of the family home, so the news that he's going to become a father comes as a complete shock. Meanwhile, as Paul prepares to become a grandfather later in the run, he is pleased that his son has found happiness after struggling for so many years.

BALANCING ACT

'Paul and Ally definitely feel differently about the news,' says Kennedy. 'But having a girlfriend has really grounded Luke and given him a lifeline. In previous seasons, he's struggled a lot with his anxiety, and Maya, who's very chilled and laid-back, is perfect for him.

'One of the great things about

The family is rocked by the baby news

Oscar Kennedy and Deepica Stephen as Luke and Maya

Breeders is that it balances comedy with these really serious moments, and Maya's birth scene is very much along those lines.'

Meanwhile, Paul and Ally's daughter Ava (now played by newcomer Zoë Athena) is still struggling after discovering her grandfather, Jim, unconscious following his overdose at the end of season three. But things start looking up for the 16-year-old when she falls for the charismatic Holly (Jessie Williams).

BIG QUESTIONS

Ava's happiness is a big relief for her parents, who decided to stay together for a few months to avoid further traumatising their daughter. However, they soon find their decision to separate sees them getting on better than they have for years. What does the future hold?

'It would have been a real shame if things had ended horribly for Paul and Ally,' says Kennedy. 'Now, with the kids finally starting to approach independence, it relieves some of the stress and gives them a chance to focus on each other.'

'Paul and Ally definitely feel differently about the news'

OSCAR KENNEDY

(From left) Stars Zoë Athena, Daisy Haggard, Martin Freeman and Oscar Kennedy

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Daisy and Ryan get passionate

CORONATION STREET

Daisy and Ryan sleep together...

» **Daisy's proud of** Ryan when he gives a talk at the secure training centre about being a victim of crime, but she's in for a shock when they later go for a walk and he's accidentally sprayed with fizzy pop by Max's mate Gav. Reminded of his acid-attack ordeal, he flips and pins the lad to the floor, and has to be held back from punching him.

Ryan then breaks down and admits to Daisy that he is abusing steroids, hence his fiery temper. Returning home, he decides to take control and does a live stream on his fitness account… but without a filter and baring his scars.

Lauren wants hush money

Daisy calls round to his flat and, praising his bravery, she kisses his scarred cheek, then his lips. One thing then leads to another…

There's a moment of panic when Daisy's fiancé Daniel turns up, but it's Lauren who the pair really need to worry about. She twigs what has gone on, and wants a thousand pounds to keep quiet. Will they have to cough up?

» **PLUS** Skint Ed keeps secrets from brother Ronnie, George asks Todd to return to Shuttleworth's, Carla vows to fight tooth and nail to save the factory, and Stephen's crimes continue to cause shock waves on the cobbles.

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ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Sam struggles over Lydia's rape (above), angry Aaron steals from The Woolpack's till, Suni's dad Amit tries to play happy families, Amelia's upset to receive a birthday card from Dan, and Belle senses something is off with Tom.

EASTENDERS

» Ravi's ex Priya arrives in Walford with the daughter he never knew existed (above), Ben gives Jay an ultimatum, Rocky hides his money worries, Ian and Kathy make up, and Keanu organises a romantic date for Sharon.

WORDS: SEAN MARLAND, ALISON SLADE. PHOTOS: BBC, ITV, SKY

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B1YE-1

Jessica Matten, Zahn McClarnon and Kiowa Gordon

Tribal TERROR

Zahn McClarnon is a Native American cop tackling a gruesome murder

NEW CRIME DRAMA

Dark Winds

Wed, 9pm, Alibi (box set, Sky Box Sets, NOW & Virgin TV Box Sets)

Set on a Navajo Nation reservation in the 1970s, cop drama *Dark Winds* follows veteran Lieutenant Joe Leaphorn, played by *Westworld* and *Reservation Dogs* star Zahn McClarnon, as he investigates crimes in the remote Native American outpost near Monument Valley.

First shown on AMC, the six-part series begins with Joe and his team trying to solve a grisly double murder at a local motel, at the same time as the FBI investigate an audacious bank robbery that may have involved a militant Native group.

'Joe takes his job seriously and wants to get to the bottom of things,' says McClarnon. 'He's a principled man who has a good moral compass. He cares for his people and wants to protect and serve them. He makes mistakes but admits to them and therefore gains trust.'

Working alongside Joe are his ambitious new deputy Jim Chee (Kiowa Gordon) and Officer Bernadette Manuelito (Jessica Matten), who shares her boss' thirst for justice.

'Joe is a principled man who has a good moral compass'
ZAHN McCLARNON

'Many tribes are matriarchal,' explains McClarnon, who turns 57 on 24 October. 'Women are always the guiding lights and the strong ones, and Joe leans on Bernadette and his wife Emma [Deanna Allison] for support.'

AMC has recently finished airing a second season, and McClarnon and the cast have grown close with movie legend Robert Redford and *Game of Thrones* author George R.R. Martin, who are both executive producers on *Dark Winds*.

McClarnon as Joe Leaphorn

'I saw George quite a bit. He'd come up to the set [in New Mexico] and we had a few dinners together,' says McClarnon. 'Bob [Redford] came to the set a few times, but he's getting up there in age [at 87]. It's kind of hard for him to get around these days.'

The series is penned by an entirely Native American writers' room, and McClarnon – who is of Lakota descent – believes that making a TV show from the point of view of indigenous people is incredibly important.

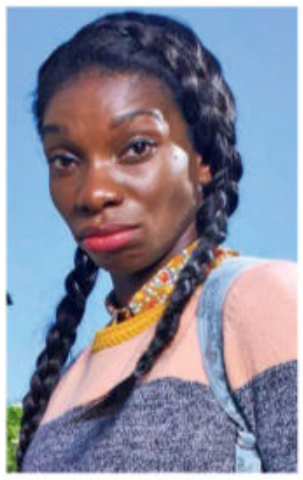
'I've been in the business for several decades now and seeing these changes come to fruition is very exciting,' he says. 'It was amazing to come to work and see all the Native talent in front and behind the camera. We're finally able to tell our own stories.'

You liked...

Chewing Gum on E4

Michaela Coel won a BAFTA for her comedy performance as shop assistant Tracey, who wants to break away from her religious upbringing to experience the world's more physical pleasures. Coel also wrote both series.

● ***Currently available on Channel 4***



Now try this...

Smothered on Sky Comedy

In this romantic comedy, coming to Sky later this year, Danielle Vitalis plays Sammy, an independent young woman who's grown tired of dating apps and immature men. Things look up when she meets nice guy Tom (Jon Pointing) – until there is an unexpected complication... Aisling Bea and *L.A. Law*'s Blair Underwood are among the cast.

WORDS: NATASHA HOLT, RICHARD MCCLURE. PHOTOS: C4, SKY, UKTV

Look Who's Back...

A familiar face appearing in a new show this week

NEW **Ian Wright**

Bangers: Mad for Cars

Tue, 10.15pm, C4 (box set, Channel 4)

Former Arsenal and England striker Ian Wright has built a successful TV career since retiring from football in 2000. He is a regular pundit on *Match of the Day* and other football shows, took part in *I'm a Celebrity... Get Me out of Here!* in 2019, presented ITV game show *Moneyball*, and in 2021 fronted BBC1 documentary *Ian Wright: Home Truths*, about growing up in a violent household.

HIS NEW APPEARANCE

This week, Wright, 59, guests in the first episode of C4's *Bangers: Mad for Cars*, in which rapper Tinie and F1 pundit Naomi Schiff rate four-wheeled wonders from the 80s, 90s and 00s, including the Ford Sierra and Peugeot 205 GTi, that are now considered 'modern classics'. 'My first car was a yellow Vauxhall Viva,' recalls Wright. 'When I first started driving, I used to keep the interior light on because I didn't like driving when it was dark inside the car. But now I've found my dream car, which is a 1981 Mercedes SL500. It's a proper banger! That's my forever car.'

Ian Wright

A **young bride is stalked** by her husband's former wife in a psychological thriller

Trouble & strife

NEW **THRILLER**

The Ex-Wife

Sunday, 9pm, Channel 5

A former spouse is a fly in the ointment for a newly married couple in Channel 5's psychological thriller *The Ex-Wife*. However, as jealousy, obsession and paranoia take hold, is something more sinister going on?

'It is really twisty and turny,' explains star Tom Mison, 41, of the four-part series, which has been compared to *Gone Girl* and *The Girl on a Train*.

'When I was offered the role, I only saw the first three scripts and I couldn't stop reading them because every 10 pages there was another twist and another turn. It's the first time I've accepted something without having read the final episode.'

Mison plays wealthy media executive Jack, who accidentally knocks aspiring graphic artist Tasha (Céline Buckens) off her bike in London, leading to unexpected romance.

Jack is considerably older and married, but separated from his interior-designer wife Jen (*New Amsterdam*'s Janet Montgomery), whom, he tells Tasha, is unable to have children.

When Tasha falls pregnant, an ecstatic Jack marries her and so begins Tasha's idyllic new life in a dream house with their baby daughter Emily. However, Jen won't leave the couple alone. She regularly rings Jack and even announces that she is going to be godmother to his sister's baby.

'The series sets up such a picture-perfect love story at the beginning that you know something is going to upset it,' says Buckens, 27. 'There's a real sense of foreboding.'

Richard, Siegfried and Mrs Pumphrey

A brash **new vet ruffles feathers** at Skeldale House

Rude recruit

DRAMA

All Creatures Great and Small

Thursday, 9pm, Channel 5

A new arrival brings upheaval to Skeldale House in Channel 5's *All Creatures Great and Small*.

The 1940s-set drama sees exhausted vet James (Nicholas Ralph) recruit an assistant to help ease the load. But when student vet Richard Carmody (James Anthony-Rose) turns up in Darrowby, James gets more than he bargained for...

'Carmody is bright-eyed and bushy-tailed and he's very sure of himself – at least on the surface,'

WORDS: CAREN CLARK, JUDY EWENS, RICHARD MCCLURE, IAN MACEWAN. PHOTOS: BBC, C4, CHANNEL 5, NBC, SKY, ITV

Jack, Tasha and Jen

Jack and Tasha's dramatic first encounter

Jack, though, seems oblivious to the effect his ex-wife's constant presence is having on Tasha.

'It's not a problem for him, so it can't be a problem for her, is his attitude,' explains Mison, who's starred in *Sleepy Hollow* and *See*. 'He and Jen were together for a long time and he feels that he can't suddenly abandon her. That's when you first see his temper.'

It all gets too much for Tasha when Jen posts a picture on social media that gives the impression she and Jack are Emily's parents.

Tasha also discovers that it wasn't Jen who had the fertility problems, but Jack.

Then suddenly, shockingly, Tasha's whole world comes crashing down…

Mison adds: 'The series has all the things that make the best psychological thrillers, and all the things that get into your head and start playing around with your mind.'

● ***The Ex-Wife premiered on Paramount+ in 2022***

The vets attend to injured Teasel

says Anthony-Rose, whose credits include *Slow Horses* and *Pennyworth*. 'There doesn't seem to be much that people can teach him, or that's what he'd have them believe.'

However, while James is soon exasperated by Richard's brusque manner with clients, the newcomer forges a surprising bond with grouchy head vet Siegfried (Samuel West).

'James realises that this young kid on the block hasn't got people skills, so there's conflict,' reveals Anthony-Rose. 'But Carmody and Siegfried are like two peas in a pod, although even Siegfried realises there's stuff that he can teach Carmody in terms of warmth.'

This week's episode finds Richard tested when he, James and Siegfried treat an ill horse, Teasel, while he also encounters Cedric, a flatulent dog who is being fostered by wealthy Mrs Pumphrey (Patricia Hodge).

'Mrs Pumphrey thinks that Carmody is an upstart, but they eventually find a way of working with each other,' adds Anthony-Rose, who was thrilled to share scenes with his animal co-stars and who worked alongside a veterinary expert to learn 1940s procedures.

'I spent a day with the show's consultant and I relished the experience. We even listened to the heartbeat of a cow and a horse!'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

NEW Later... with Jools Holland

Saturday, 10.30pm (times vary), BBC2

Jools Holland (above) returns to London's Alexandra Palace Theatre as a new series opens with a line-up that includes punk legend Wreckless Eric, best known for his 1977 hit *Whole Wide World*. There are also appearances by R&B singer Jorja Smith, US rockers The National, New York girl group Say She She and hip-hop artist Antony Szmierek.

LAST ONE

Law & Order: Special Victims Unit

Monday, 9pm, Sky Witness

The current season of the US crime drama comes to an end with a special two-part crossover with *Law & Order: Organized Crime* (see below). As SVU's Captain Olivia Benson (Mariska Hargitay, left) hunts down the twisted crook behind a rape-and-murder-for-hire website, she reunites with previous love interest Detective Elliot Stabler (Christopher Meloni).

LAST ONE

Law & Order: Organized Crime

Tuesday, 9pm, Sky Witness

The *Law & Order* crossover concludes in *Organized Crime*'s season finale as the team tries to track down the website's fanatical founder. However, as the net closes in on their elusive suspect, Olivia Benson is targeted by a shooter, and Detective Jamie Whelan (Brent Antonello, left) finds himself in mortal danger.

NEW

Jamie's Five Ingredient Meals

Monday, 8pm, C4

Fresh from his Mediterranean travels around Greece, Tunisia, Spain and France for C4, Jamie Oliver (left) uses traditional flavours to rustle up some simple but tasty meals for the whole family. Plus, Spanish chef José Pizarro demonstrates how less can mean more. 'The five ingredients work really hard to give you the most delicious recipes,' promises Oliver.

Harry, Honey and Maddie

Former detective **Harry Bosch** faces his toughest test as his daughter is abducted

Desperately seeking MADDIE

Bosch: Legacy

NEW *Available: Fri 20 Oct Genre: Crime drama Season: 2 Episodes: 10 (first four eps from 20 Oct, then two weekly)*

Following the conclusion of Prime Video's hit crime drama *Bosch* in 2021, retired homicide detective Harry Bosch (Titus Welliver) resurfaced as a private investigator last year in spin-off series *Bosch: Legacy* on Amazon Freevee.

Now an outsider without the privileges he was afforded in the LAPD, Harry had to adjust to a new way of working – and formed a surprisingly effective alliance with his former adversary, attorney Honey 'Money' Chandler (Mimi Rogers).

Season one ended on a cliffhanger when Harry discovered that his daughter Maddie (Madison Lintz) – a rookie cop in the LAPD who was investigating a series of sexual assaults – had been abducted from her apartment, seemingly by the serial offender she had been trying to catch.

'We wanted to push Harry to a place where we haven't seen him,' says executive producer and co-showrunner Tom Bernardo. 'We had seven seasons of the original series, and some intense things happened to him, but nothing is going to hit him in the same way as something happening to his daughter.'

As Harry attempts to find Maddie, he's reunited with his former partner Jerry Edgar (Jamie Hector), who's assigned to the case. But being outside the operation only heightens Harry's desperation.

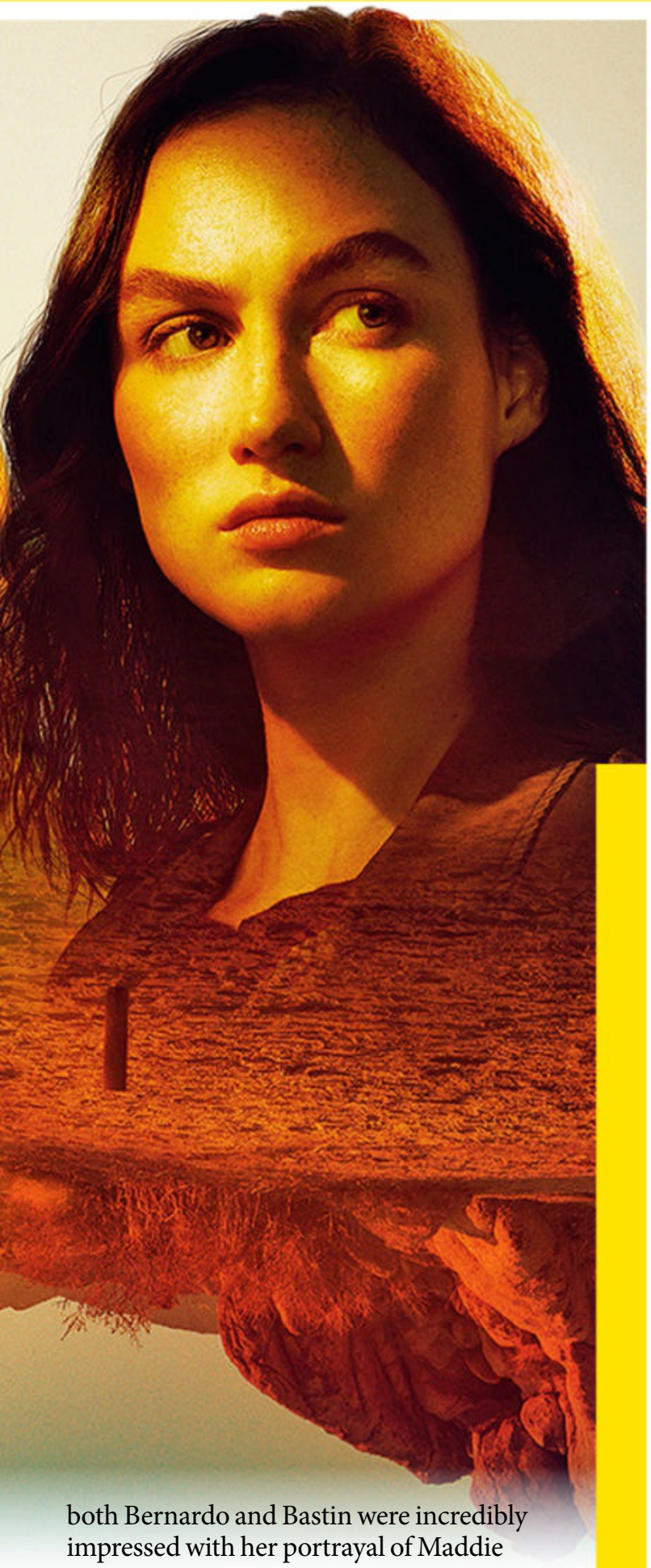
'He's kind of powerless, because he's no longer in the police department,' says Bernardo. 'He has people close to him who are saying, "We'll take care of this, just trust us, let us do our job." But Harry's never going to stand down for that. He's going to exhaust whatever he can, and if he has to cross lines, he's going to do it.'

EMOTIONAL FALLOUT

The writers envisaged the first two episodes of this season functioning like a movie, as Harry shadows the police's investigation into Maddie's disappearance, with the subsequent episodes dealing with the fallout as Harry takes on a new case.

'The way this season drops, you get these first two episodes that resolve what happens, which has been a big question mark for the fans,' says executive producer Henrik Bastin. 'Then you get two more episodes that get the regular season going, and then we go on weekly to drag out the suspense.'

With Lintz's character having taken on a more prominent role in the spin-off,



both Bernardo and Bastin were incredibly impressed with her portrayal of Maddie in season two.

'Madison's performance is stellar this whole season,' says Bernardo. 'Watching what she does in the second episode, it's almost like going back to the greats of silent film because you could watch all those sequences with the sound off and still get it. She has to play a whole range of emotions, and she crushes it.'

The series has already been renewed for a third season ahead of season two's launch, which Bernardo says has been hugely helpful for the show's writing staff.

'We feel confident that we can establish things early and pay them off later,' he says. 'We have the freedom to pursue certain things that are episodic and resolve them, and other things we can follow into subsequent seasons.'

What we're watching...

The shows being enjoyed by the *TVSW* team

tv+ The Super Models

Genre: Documentary
Season: 1 Episodes: 4

A fascinating docuseries that charts the rise and reign of fashion supermodels Linda Evangelista, Cindy Crawford, Naomi Campbell and Christy Turlington in the 1980s and 1990s. Now in their 50s, the four friends reunite to talk about their lives and their shared history. Originally told by industry bosses what to do, they learnt to speak up and take control of their careers, becoming cultural icons in the process.

tv+ Still Up

Genre: Comedy
Season: 1 Episodes: 8 (released weekly)

Antonia Thomas (right) and Craig Roberts give charming performances in an enjoyable comedy about two chronic insomniacs chatting over the phone during their sleepless nights.

prime video Cassandro

Genre: One-off drama

Gael García Bernal (right) shines in an affectionate biographical drama about Saúl Armendáriz, a gay amateur wrestler who becomes a big star when he creates the character of Cassandro and starts flamboyantly performing in drag.

Now in production...

Three upcoming shows to look out for soon

itvX Tell Me Everything

ITVX's drama about the challenges faced by a troubled group of teenagers will return for a second series as Jonny (Eden H. Davies, above), who lives with mental-health issues, moves to a different town and makes new friends at college.

Disney+ The Naughty Nine

Danny Glover (above) plays Santa in Disney+'s festive film, which follows Andy, a boy who realises he's been put on the 'naughty list' when he doesn't get a Christmas gift. Andy then heads up a team of cheeky kids for a heist on Santa's village.

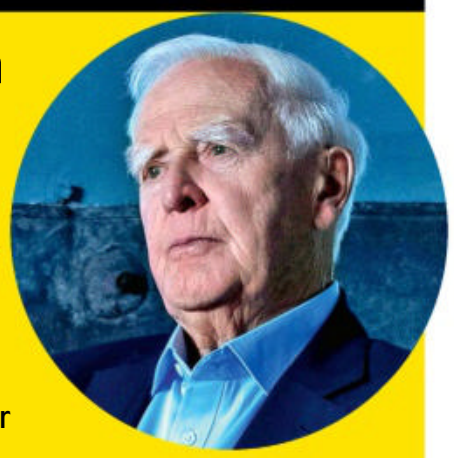
NETFLIX Alice in Borderland

A third run of the fantasy thriller, based on Haro Aso's manga series, will air on Netflix, as intrepid Arisu (Kento Yamazaki, above) and Usagi continue to fight for their survival by playing a series of deadly games in a perilous parallel universe.

WORDS: JUDY EWENS, CAREN CLARK, STEVEN PERKINS. PHOTOS: AMAZON FREEVEE, APPLE TV+, GETTY, PRIME VIDEO, SHUTTERSTOCK

If you like John le Carré...

The Pigeon Tunnel

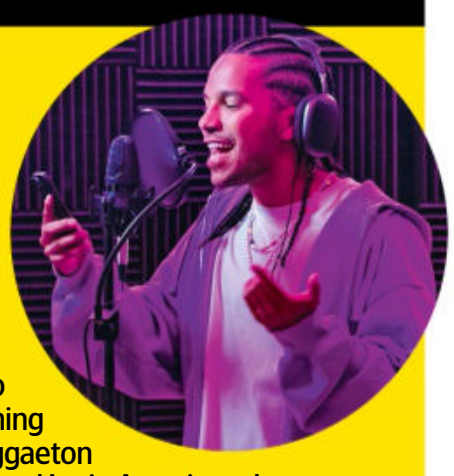


NEW *Available: Fri 20 October*
Genre: Documentary

Writer David Cornwell, better known as novelist John le Carré, had a life just as fascinating as his spy characters. Here, the former British agent is profiled in a documentary that includes his last-ever interview, given before his death in 2020, aged 89.

For fans of comedies...

Neon



NEW *Available: Thu 19 October*
Genre: Comedy Season: 1 Episodes: 8

Set in Florida, this series follows the fortunes of musician Santi (Tyler Dean Flores, right), who moves to Miami in the hope of becoming a big star in the world of reggaeton – a mix of reggae, hip-hop and Latin American dance music. Emma Ferreira plays his manager Ness, while Jordan Mendoza is his friend Felix.

From left: Bokeem Woodbine, Bobby Cannavale and Bill Burr

Old Dads

NEW *Available: Friday 20 October*
Genre: Comedy

Making his directorial debut, stand-up comedian Bill Burr is at his irascible best as he takes the lead in this comedy movie as cranky middle-aged new dad Jack. As well as struggling to navigate the world of fatherhood and schooling, he's faced with a changing workplace culture when he and his best friends (Bokeem Woodbine and Bobby Cannavale) sell their company to a millennial entrepreneur. The script was inspired by Burr and co-writer Ben Tishler's experiences of becoming fathers late into adulthood. 'It's Bill's stand-up routine in a narrative format,' says producer Mike Bertolina. 'You see him working on his own issues – mostly centred around his anger!'

Once upon a Studio

NEW *Available: Monday 16 October*
Genre: Animation

To mark the 100th anniversary of Walt Disney Animation Studios, this short brings hundreds of Disney favourites back to life as they get together for a special group photo. Peter Pan, Bambi, Winnie the Pooh, *Frozen*'s Anna and, of course, Mickey Mouse are among the characters from more than 85 Disney feature-length and short films who appear in new hand-drawn and CG animation, while the special also includes a cameo from legendary animator Burny Mattinson. 'This is a love letter to Disney animation, and a thank you to anyone in the audience that's ever connected with a film over the past hundred years,' says supervising animator Andrew Feliciano.

Coleen Rooney: The Real Wagatha Story

NEW *Available: Wednesday 18 October*
Genre: Documentary Season: 1 Episodes: 3

For the first time, Coleen Rooney gives an in-depth interview about her 2022 legal battle with fellow footballer's wife Rebekah Vardy, which resulted in a High Court judge finding in Rooney's favour after a much-covered libel trial. The three-part series has access to Rooney's family and friends, including husband Wayne, as it goes behind the headlines in the so-called 'Wagatha Christie' case. 'The documentary has given me the opportunity to tell my side of the story – how and why it happened, and how I feel about it all now,' says Rooney. 'I'd never stepped into a courtroom before and had the fear of getting on that stand – even though I knew what I believed from beginning to end.'

Coleen Rooney

WORDS: VICTORIA WILSON, RICHARD MCCLURE, CAREN CLARK. PHOTOS: APPLE TV+, BBC, CHANNEL 5, ITV, NETFLIX, PRIME VIDEO, ©2023 DISNEY & ITS RELATED ENTITIES

Voice of reason

Simon Pegg is a paranormal investigator on the trail of a mysterious talking creature

Minnie Driver and Simon Pegg

Nandor Fodor and the Talking Mongoose

NEW *Available:* ***Friday 20 October***
Genre: ***Comedy***

It's hard to believe that Prime Video's starry new movie about a paranormal investigator on the hunt for a strange talking creature could be based on a true story – but comedy *Nandor Fodor and the Talking Mongoose* is inspired by real events that hit the headlines back in the 1930s.

The film tells the tale of famous Hungary-born paranormal psychologist Nandor Fodor (*Shaun of the Dead* star Simon Pegg), who travels to the Isle of Man to investigate a strange occurrence. A British family, the Irvings, claim to have been contacted by a mysterious entity at their farm – a talking mongoose called Gef.

ELABORATE HOAX?

'This story is so crazy that I never wanted to do a straight biopic,' says writer-director Adam Sigal. 'There are aspects of this film directly based on what really happened, but we also include other things to suit the themes I'm trying to explore, like the frustration that accompanies a search for truth in life.'

Locals believe the mongoose has important knowledge that it wants to share with them, so Nandor and his assistant Anne (Minnie Driver) try to uncover whether the story is real or an elaborate hoax.

'Nandor is fighting so hard not to buy into this idea that anything spiritual could exist, whereas Anne is open to the idea,' reveals Sigal.

CHALLENGES

The cast also includes *Back to the Future*'s Christopher Lloyd and *Game of Thrones*' Paul Kaye, while fantasy writer Neil Gaiman lends his voice to Gef the mongoose.

The movie is Sigal's first project in the UK, and he admits it was quite a challenge at times.

'There's an almost Gothic look to the scenes on the Isle of Man with the moors and caves but, being from LA, I'm not used to the British weather,' he smiles. 'One day we were filming in a real cave on the moors, and it was so cold, windy and rainy. That was the roughest day of shooting but it turned out to be one of my favourite scenes.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

Ghosts

The final run of the BBC1 comedy sees life – and afterlife – in Button House change for ever when Alison (Charlotte Ritchie) realises she is pregnant. Meanwhile, Alison tries to get revenge on the ghosts when they play a prank on her.

Payback

Lexie (Morven Christie) witnesses her husband Jared's murder in ITV1's thriller, but her troubles are only just beginning as crime boss Cal (Peter Mullan) wants money he is owed by Jared, while the police are also keeping a close eye on her.

Boiling Point

BBC1's follow-up to the acclaimed film finds Carly (Vinette Robinson) running her own eatery, but her bid to impress investors is threatened when she has to tend to her frail mum, while her old boss (Stephen Graham) is struggling after his heart attack.

Endurance: Race to the Pole

Dwayne Fields and Ben Fogle attempt to re-create the Antarctic journeys of polar explorers Robert Falcon Scott, Ernest Shackleton and Roald Amundsen in Channel 5's docuseries – using the same Edwardian kit.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Once upon a Studio
Monday 16 October

An all-star ensemble of 543 characters from more than 85 films assemble for a spectacular group photo to mark the 100th anniversary of Walt Disney Animation Studios in this short.

The Devil on Trial
Tuesday 17 October

True-crime documentary. In 1981, Arne Cheyenne Johnson was accused of stabbing his landlord to death and, for the first time in an American murder trial, demonic possession was used as a defence.

My Adventures with Superman
Tuesday 17 October

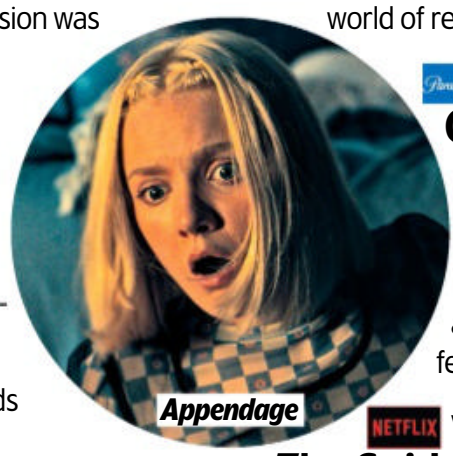
Animated series with Jack Quaid voicing Clark Kent as he builds his secret identity as Superman while working as a reporter alongside colleagues Lois Lane and Jimmy Olsen.

Coleen Rooney: The Real Wagatha Story
Wednesday 18 October

Coleen Rooney gives her side of the defamation case with fellow footballer's wife Rebekah Vardy, including how she turned amateur sleuth to discover who was leaking her private Instagram stories to the media.

Appendage
Wednesday 18 October

Horror film. The life of a young fashion designer (Hadley Robinson) spirals as her darkest inner thoughts manifest into something gruesome – a ferocious appendage that won't stop growing. With *Schitt's Creek*'s Emily Hampshire.


Appendage

Bodies
Thursday 19 October

Sci-fi crime thriller starring Stephen Graham. Four detectives in four different time periods – 1890, 1941, 2023 and 2053 – find themselves investigating the same murder in London. See feature, page 4.

Neon
Thursday 19 October

Comedy series revolving around three best friends from Florida with dreams of making a name for themselves in the world of reggaeton in Miami.

The Burning Girls
Thursday 19 October

Psychological horror starring Samantha Morton and *Bridgerton* actor Ruby Stokes. See feature, page 6.

Vjeran Tomic: The Spider-Man of Paris
Friday 20 October

The burglar behind the 2010 robbery of the Paris Museum of Modern Art tells how he pulled off the biggest art heist in French history.

Old Dads
Friday 20 October

Comedy film. A cranky middle-aged new dad and his friends find themselves out of step in a world of millennial CEOs and powerful preschool principals. Starring Bill Burr, Bobby Cannavale and Bokeem Woodbine.

Sayen: La Ruta Seca
Friday 20 October

Chilean film sequel. Now a wanted criminal, Sayen (Rallen Montenegro) is still on a mission to bring down those responsible for the loss of her family.

Crypto Boy
Thursday 19 October

Dutch film. Following a dispute with his father, a young man falls prey to the allure of cryptocurrency and an entrepreneur's audacious promises of financial freedom.

The Wonder Years
Wednesday 18 October

Season two of the sitcom reboot, set in Montgomery, Alabama, during the late 1960s and telling the story of a Black middle-class family through the eyes of their imaginative 12-year-old son, Dean (Elisha Williams).

Bosch: Legacy
Friday 20 October

Titus Welliver returns as private investigator Harry Bosch in season two of the crime drama. See feature, page 14.

The Pigeon Tunnel
Friday 20 October

Documentary about former British spy David Cornwell, better known as espionage novelist John le Carré. It includes his final, candid interview given before his death in 2020, aged 89.

Nandor Fodor and the Talking Mongoose
Friday 20 October

Dark comedy film starring Simon Pegg as real-life paranormal psychologist Dr. Nandor Fodor, who, in the 1930s, looks into a claims that a talking mongoose lives in a barn on the Isle of Man. With Minnie Driver. See feature, page 17.

Upload
Friday 20 October

Season three of the sci-fi comedy drama set in a technologically advanced future where, instead of dying, people can 'upload' themselves to a virtual-reality afterlife of their choosing.

The Other Zoey
Friday 20 October

Romcom. College student and computer nerd Zoey Miller (Josephine Langford) isn't interested in romance, but her life is turned upside down when a jock gets amnesia and mistakes her for his girlfriend who's also called Zoey. With Andie MacDowell.

Surviving Paradise
Friday 20 October

Reality competition. Twelve contestants must form alliances and try to avoid making enemies for a chance of winning a $100,000 grand prize.

Doona!
Friday 20 October

Korean romantic drama. A college student navigates life while dealing with a unique situation – he's living with a beautiful former K-pop sensation. Bae Suzy (from K-pop group Miss A) stars.

Creature
Friday 20 October

Turkish version of Mary Shelley's *Frankenstein*. When tragedy befalls a reckless scientist, his student uses untested methods to finish his work, with devastating consequences.

Nordic Murders
Friday 20 October

Season four of the German crime drama. Former district prosecutor Karin Lossow (Katrin Sass) investigates criminal cases on the Baltic Sea island of Usedom.

WORDS: JUDY EWENS. PHOTOS: ABC, ©2023 DISNEY+ AND ITS RELATED ENTITIES, NETFLIX

Documentaries

The Prince of Wales meets *Windrush* passenger Alford Gardner

Caribbean dreams

***Windrush* migrants** share memories of building a new life in Britain

NEW FACTUAL

Pride of Britain: A Windrush Special

Thursday, 9pm, ITV1

This year marks the 75th anniversary of the arrival of the *Empire Windrush* at Tilbury in Essex, bringing with it hundreds of West Indians whose dream of building a new life in Britain was about to come true.

Their contributions would leave a lasting impact on the country but, as the powerful documentary *Pride of Britain: A Windrush Special* recounts, there were huge challenges, with many facing racism, detention and even deportation.

More than 500,000 people arrived between 1948 and 1971, initially to work in the NHS and on the UK's transport networks. Now, members of this special '*Windrush* generation' – which will receive a special Pride of Britain award this year – share their memories with Sir Trevor McDonald, Alesha Dixon, Mel B, Judi Love and the Prince of Wales.

FIGHTING RACISM

Among them are Alford Gardner, who is visited at home in Leeds by the Prince of Wales, music producer Lloyd Coxsone, and Guy Bailey, who paved the way for a change in the law after he was rejected for a job on the buses in Bristol in 1963.

'When I arrived at the reception at the bus station,' says Bailey, 'there

Little Trains & Big Names with Pete Waterman

Thursday, 9pm, More4

Music producer Pete Waterman meets famous faces who share his passion for model railways, starting with musician and broadcaster Jools Holland, who invites him to inspect a special project in his loft that's been 12 years in the making. We also learn about a huge exhibition being built for Chester Cathedral.

Viking Quest: America

Thursday, 9pm, Sky History

This series follows a five-year project undertaken by a team of Nordic adventurers to design and build a large seagoing Viking ship that they will sail to Canada and down the east coast of America, shedding new light on the history of Viking exploration.

Help! We Bought a Village

Monday-Friday, 5pm, C4

Return of the series about Brits on a mission to save Europe's abandoned villages. The new run introduces a Scottish lawyer who falls in love with the village of his forefathers, and the owners of a traditional settlement in Puglia in southern Italy. There's also an update on the progress made by Paul and Yip (both above) in their French 'ghost village'.

WORDS: CAREN CLARK, IAN MACEWAN. PHOTOS: GETTY, BBC, C4, ITV, SKY

Sir Trevor McDonald and Vernesta Cyril

was a young lady, and I said, "I've got an appointment for 2pm." And she turned around to the manager and said, "Your appointment for 2pm is here, but he's Black." And the manager said, "Tell him that we have no more vacancies."'

Shocked by this discrimination, Bailey was involved in the subsequent Bristol bus boycott that is credited with encouraging politicians to bring in the first Race Relations Act in 1965.

It wasn't just that first generation who suffered setbacks. Now 65, Joseph Mowlah-Baksh arrived in Britain as a baby. But he has been unable to work in this country for nearly 20 years as he has no official ID and was wrongly classified as an illegal immigrant.

'I had really good interviews,' he reveals. 'They'd say: "When you come in, can you bring a passport or driver's licence just to verify the details?" And I'd have to get into my story all over again.'

By the mid-1960s, more than 5,000 Caribbean nurses were working in Britain, and Vernesta Cyril, who settled in Wales, worked as a midwife for almost 40 years.

'Growing up in St Lucia, some people told me their mothers died in childbirth,' she recalls. 'So I thought, "I'll get into midwifery."'

Lloyd Coxsone

Despite their large numbers, these NHS employees still faced widespread racism and, in 1976, Cyril co-founded the South East Wales Race Equality Council. She is joined by Sir Trevor McDonald in the documentary at the unveiling of a plaque in her honour.

INSPIRING

'When I think of what they brought with them from the Caribbean and how hard they worked, I'm filled with an overwhelming sense of pride,' says the 84-year-old broadcaster, who came to Britain from Trinidad in the 1960s.

'It is such an honour for me to be able to celebrate their achievements.'

Big Little Journeys

Sunday, 8pm, BBC2

This week, a critically endangered Taiwanese pangolin is on a mission to find a mate when he comes face to face with a large black cobra with enough venom in its fangs to kill 20 people. Elsewhere, a family of milk bottle-sized golden-headed lion tamarins in Brazil search for food in their rapidly declining forest.

Britain's Housing Crisis: What Went Wrong?

Tue, 9pm, BBC2 (box set, BBC iPlayer)

With UK homeowners and first-time buyers facing a massive rise in the cost of their mortgage repayments, and the country's renters hit by huge demand and greedy landlords, Britain's housing market is in a state of crisis. This series traces the causes of the issue, and asks what can be done.

The Fletchers with their children

Kelvin's country life

Cameras follow the farming fortunes of actor **Kelvin Fletcher and wife Liz**

NEW FACTUAL

Fletcher's Family Farm

Sunday, 11.30am, ITV1

Daughter Marnie checks out the piglets

The past couple of years have been a whirlwind for actor Kelvin Fletcher and his wife Liz, after they made the life-changing decision to buy a farm in the Peak District, as seen in last year's BBC series *Kelvin's Big Farming Adventure*.

Now, ITV1's eight-part series *Fletcher's Family Farm* will follow the couple as they experience the ups and downs of farming life, while raising their four children.

'You'll see us trying to give our animals the best life we can,' says Kelvin, 39, known to many from his time on *Emmerdale* and as a winner of *Strictly Come Dancing*. 'We are celebrating farming, the countryside and our young family.'

MUCKING IN

Liz, 40, says she's noticed how this new lifestyle has affected her other half.

'I can't believe how Kelvin has changed,' she says. 'The things he was squeamish about, he just gets stuck in with. We've still got so much to learn, but it's an amazing adventure and the next step on our farming journey.'

In the opening episode, the couple welcome some pygmy goats to their busy farm, and face the challenge of helping their sheep to give birth.

'The goats are so cheeky, and they escape everywhere,' smiles Liz. 'And with the lambing, you have to get to know your flock. We had one sheep who we thought was having twins. I said, "Something's not right," and then we saw a third lamb. It's a farmer's instinct.'

The series also sees Kelvin and Liz making their first forays into pig breeding.

'We try to have rare, native breeds, and the pigs are Oxford Sandy and Blacks,' explains Kelvin. 'We were told we'd never get them to breed, but all the sows got pregnant, so we did all right for new farmers!'

Looking to the future, the couple hope that a love of farming is something that can be passed down through generations of the family.

'We plan to build a proper farming business that the kids can continue,' reveals Kelvin. 'We can't imagine not doing this now, and it makes us cherish acting more, too. We get the best of both worlds.'

Fletcher loves his farming journey

Films *Our Pick of*

PREMIERE OF THE WEEK

John Wick: Chapter 4

Keanu Reeves battles for the last time in this audacious, astonishing bullet ballet

ACTION THRILLER

On all week, on demand, Prime Video ★★★★

He sought revenge in the first film, his beloved Mustang in the second and a way out of the killing game (again) in the third. And in *Chapter 4*? This time it's all-out war, as wannabe ex-assassin John Wick (Keanu Reeves)is dropped slap-bang in the middle of the epic showdown he's been preparing for. A globetrotting fight for survival with increasing stakes offers him the slender chance to break free.

Wick wants to find peace once and for all. And what do we want? Wince-inducing thrills, spills, kills – *Chapter 4* duly delivers. Fight sequences, action set pieces: every aspect is dialled up to 11. And if there's one area in which returning director Chad Stahelski's film actually over-delivers, it's the characters. Donnie Yen's sharp-suited blind assassin Caine is a fun, charming, super-cool badass we root for almost as much as Wick. As the film's main antagonist – High Table grand fromage the Marquis de Gramont – Bill Skarsgård gives nasty vibes and throws fits that are seriously extra.

Meanwhile, Rina Sawayama's Akira nets one of the movie's best kills on a staircase, presaging Wick's incredible Paris-set steps-fight later on – which, no kidding, will floor you.

With its near-three-hour run time, this is the longest entry in the series by some stretch, which will undoubtedly prove a sticking point for some. But at its best, this *Wick* burns oh-so-brightly. Streaming from Friday 13 October. 2023, 15, 169MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: MATT MAYTUM, NEIL SMITH, KATE STABLES, KIM TAYLOR-FOSTER

the Week's Best Films

HORROR

PREMIERE

Midsommar

Wednesday, 10.55pm, Film4 ★★★★

Tense and stylish, with rounded performances and a tragic twist, Ari Aster's *Midsommar* sets up Florence Pugh's traumatic backstory, before she embarks on a trip to a pagan summer-solstice festival in Sweden. She's reluctantly invited by boyfriend Jack Reynor, who was anticipating a lads' holiday. The festival is the backdrop against which this toxic relationship plays out, the isolation and almost constant daylight becoming a crucible for the increasing weirdness. Pugh is superb, playing someone struggling to manage her own grief while also possibly being gaslit. Around her, Aster showcases his unique visual style. It's a bold move to set a horror film mostly in daylight, with shockingly gruesome moments to puncture the pastoral idyll. 2019, 18, 141 MIN

Flower power: Florence

ANIMATION

PREMIERE

Puss in Boots: The Last Wish

Friday, 6pm, Sky Premiere ★★★★

After 11 years, the feline favourite is back on the big screen, fighting, flirting and… feeling the cold breath of death on his furry shoulders. This fun, frenetic and fleet-footed sequel sees Puss (Antonio Banderas) on the last of his nine lives, sinking into a hilariously deadpan existential crisis. But director Joel Crawford's dynamic storytelling soon has him chasing a map leading to the fabled Wishing Star, desperate to restore his lives and legendary status. Puss forms a trio with old flame Kitty Softpaws (Salma Hayek Pinault) and clingy therapy-dog Perrito (Harvey Guillen); setting off to rob the map from Jack Horner, our heroes' quest becomes a family-family spaghetti western: basically *The Good, The Bad And The Cuddly*. What really elevates this sophisticated sequel is Banderas' rich voicework, which reveals that, under Puss' suave bluster, there's a moggie discovering fear for the first time. 2022, PG, 102MIN

Looking for a life to live: Puss and the gang

Rousing: Woody and friends

PREMIERE

COMEDY DRAMA

Champions

Saturday, 5.40pm, Sky Premiere ★★★

Woody Harrelson's slyly grumpy performance as a disgraced minor-league basketball coach classes up this cute, if predictable comedy. Sentenced to manage a no-hoper team of players with intellectual disabilities, arrogant Marcus (Harrelson) is sideswiped by their anarchic approach. Director Bobby Farrelly's nimble re-do of Spanish hit *Campeones* gets its laughs from skewering prejudice and celebrating difference, though the feel-good *Bad News Bears*-style plot holds few surprises. The film's real slam dunk is the cheerful charm of the non-pro actors who make up the team. 2023, 12, 124MIN

SUPERHERO

Spider-Man: No Way Home

Sunday, on demand, Netflix ★★★★

Tom Holland's third Spidey movie is an absolute blast. After being unmasked in the previous film, he just wants everyone to forget that he's Spider-Man, which means a visit to Benedict Cumberbatch's Doctor Strange, but things get complicated and he ends up unleashing villains from the past (including Alfred Molina's Doc Ock, Willem Dafoe's Green Goblin, Rhys Ifans' Lizard and Jamie Foxx's Electro), along with several other familiar faces. There may be too much crammed into the running time, but it's still an action-packed treat. 2021, 12, 148MIN

A multiverse of problems: Tom and co

FilmFinder The best of the week at a glance

Family

Swallows and Amazons

Sat, 12.10pm, Sky Family ★★★★

Adding some espionage intrigue to Arthur Ransome's classic story, in the shape of Rafe Spall's agent, this children's adventure is splendid old-school family entertainment.. 2016, PG, 97MIN

The Secret Garden

Sun, 12.50pm, Sky Originals ★★★★

Dixie Egerickx gives a magical performance as a sullen, resentful orphan sent from India to her uncle's gloomy Yorkshire estate in this enchanting version of the oft-filmed tale. 2020, PG, 100MIN

Goodbye Christopher Robin

Wednesday, 6.50pm, Film4 ★★★★

This terrific film about writer AA Milne (Domhnall Gleeson), his son Christopher Robin and the origins of Winnie-the-Pooh reveals the pain as well as the joy behind the beloved tales. 2017, PG, 107MIN

The Railway Children Return

Wed, 8.55pm, Sky Family ★★★

Whisking city kids Beau Gadsdon, Eden Hamilton and Zac Cudby to rural Yorkshire, this sequel to the 1970 family classic puffs along pleasantly. Original star Jenny Agutter returns. 2022, PG, 95MIN

Horror

It

Sunday, 8pm, Sky Hits ★★★★

A bunch of misfit kids (including Jaeden Lieberher and Sophia Lillis) try to stop a child-snatching clown (Bill Skarsgård). The cast is faultless in this nerve-jangling Stephen King chiller. 2017, 15, 135MIN

Meander

Mon, 2.35pm, Sky Halloween ★★★★

After blacking out when a man seemingly abducts her, Gaia Weiss (superb) wakes up in a metal chamber and has to fight through perilous crawlspaces to escape. Taut, thought-provoking stuff. 2020, 15, 90MIN

The Harbinger

Mon, 4.20pm, Sky Halloween ★★★★

Using the pandemic as a background, this smart, spine-tingling chiller sees Gabby Beans going to help pal Emily Davis, who's having nightmares featuring a mysterious, plague-masked figure. 2022, 15, 87MIN

Hereditary

Thursday, 10.50pm, Film4 ★★★★

Toni Collette delivers a powerhouse performance as a woman whose unloving mum's death sparks the unnerving – if increasingly far-fetched – events in this scary horror movie. 2018, 15, 127MIN

Drama

Save the Cinema

Tuesday, 12.40am, Sky Family ★★★

This sweet true-story comedy follows a Welsh community trying to stop its cinema being torn down – and finding an unlikely saviour in Steven Spielberg. Samantha Morton heads a fine cast. 2021, 12, 109MIN

Belfast

Wed, 3.45pm, Sky Drama ★★★★

Kenneth Branagh's autobiographical film, set in a 1969 Belfast erupting in violence, is a lustrous, child's-eye view tale with a marvellous generosity of spirit that favours sweetness over enmity. 2021, 12, 98MIN

EDITOR'S CHOICE

Babylon

Wed, 9.50pm, Sky Drama ★★★★

For three lurid, frenetic hours, writer-director Damien Chazelle's film follows Margot Robbie, Jovan Adepo, Diego Calva and Brad Pitt in 1920s Hollywood. Parties, premieres and mishap-ridden shoots vividly conjure up Tinseltown's golden era and reveals the depths to which those seduced by it will descend, culminating in an extraordinary psychedelic montage on the moving image's evolution. 2022, 18, 189MIN

Crime

King of New York

Sunday, 10pm, Sky Thriller ★★★★

Christopher Walken is on top form as a ruthless mobster who uses his ill-gotten gains to become the 'philanthropist' toast of the city. The best bite into the rotten Big Apple since *Taxi Driver*. 1989, 18, 104MIN

Layer Cake

Friday, 6.05pm, Sky Thriller ★★★★

A smart, slick Brit gangster movie with drug dealer Daniel Craig feeling the heat after a job goes awry. Michael Gambon, Kenneth Cranham and Colm Meaney are among the tough guys he faces. 2004, 15, 105MIN

Gangs of New York

Friday, 9pm, Film4 ★★★

Leonardo DiCaprio is on a vengeful quest against gang leader Daniel Day-Lewis in Martin Scorsese's admirably ambitious but muddled epic set in the melting pot of mid-1800s New York. 2002, 18, 168MIN

Goodfellas

Friday, 12.10am, Sky Greats ★★★★★

Ray Liotta embraces the Mob life in one of director Martin Scorsese's best films, an all-time-great gangster movie. Robert De Niro, Paul Sorvino and Joe Pesci play Liotta's pathological pals. 1990, 18, 143MIN

FILMS MAY BE EDITED FOR TELEVISION. THE RUNNING TIMES GIVEN ARE THOSE OF THE ORIGINAL CINEMA RELEASES.

Weekend movies

Saturday 14 October

WHODUNNIT

Knives Out

9.30pm, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Daniel Craig is delightful as Benoit Blanc, the 'last of the gentleman sleuths', who's investigating the apparent suicide of a famous author (Christopher Plummer). Revelling in his theatrical methods, Blanc quizzes the man's shifty clan (including Jamie Lee Curtis, Chris Evans and Toni Collette) with help from nurse Ana de Armas. The amount of fun the cast is having radiates off the screen in writer-director Rian Johnson's old-style whodunnit that's funny and self-aware, but never undercuts the game that's afoot. 2019, 12, 130MIN

Guessing games: Daniel and Ana

CLASSIC

The Red Shoes

1pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Not only one of the greatest movies about ballet ever made, but also one of the most ferociously imaginative British movies of all time. The genius of co-directors Michael Powell and Emeric Pressburger is in full flow in this tale of a rising prima ballerina (Moira Shearer) forced to choose between art and love, culminating in the stunning *The Ballet of the Red Shoes* sequence. Ravishing both to the eye and ear. 1948, U, 136MIN

COMEDY

Superbad

10.25pm, BBC1 (11.05pm N Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Michael Cera and Jonah Hill are high-school losers who get invited to a party after agreeing to supply the illicit alcohol. Naturally, the road to underage drinking is lined with comic potholes, into which our heroes duly tumble. Cera and Hill are a joy, but have big competition from scene-stealing Christopher Mintz-Plasse as 'McLovin', plus Seth Rogen and Bill Hader as awful cops. A side-splittingly hysterical joy. 2007, 15, 113MIN

HORROR COMEDY

Boys from County Hell

11.15pm, Film4 ★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE A cairn sits near a rural Irish pub, but when its rocks are disturbed, something nasty emerges to terrorise the tipsy locals. Writer-director Chris Baugh's fitfully shocking mish-mash of horror comedy and father-son drama suffers from draggy pacing, while one-liners dilute the tension. But if you want blood, you've got it, with bleeding eyeballs and weaponised lower legs providing playfully gory pleasures. 2020, 15, 88MIN

COMEDY

Lady Bird

12.10am, BBC1 (not N Ireland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Saoirse Ronan is by turns endearing and annoying as a restless teen in 2002 California. She has a prickly love-hate relationship with mum Laurie Metcalf and longs to escape to college. Nominated for five Oscars, writer-director Greta Gerwig's film is smart, honest and piercingly funny, but what really shines is its beautiful tender heart. 2017, 15, 94MIN

Full listings start on p35

Sunday 15 October

HORROR

Us

9pm, BBC2 (10pm Northern Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

This slippery chiller, writer-director Jordan Peele's follow-up to *Get Out*, is another intensely unsettling ride. Years after a terrifying childhood encounter in a fairground hall of mirrors, Lupita Nyong'o is back in the area on holiday with goofy husband Winston Duke and kids Shahadi Wright Joseph and Evan Alex. But things take a terrifying turn when a strange family armed with scissors comes calling… Peele piles on the terror and drops the odd note of humour in, too, while the cast pulls out all the stops. 2019, 15, 116MIN

Facing her fears: Lupita

ANIMATION

How to Train Your Dragon

2pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

An enchanting animation with a cute, laid-back sense of humour, a surprisingly gripping story and fantastic visuals that spectacularly re-create the mythical Viking era in which (according to Cressida Cowell's original book at least) dragons roam the landscape. Jay Baruchel provides the voice of the film's teenage hero Hiccup, who secretly befriends a dragon after he thinks he has wounded it. 2010, PG, 98MIN

ACTION

The Commuter

8pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Reuniting with director Jaume Collet-Serra following their previous thrillers *Unknown*, *Non-Stop* and *Run All Night*, Liam Neeson keeps this thriller on track as an ordinary man plunged into peril. Having been fired, Neeson is returning home on the train when mysterious Vera Farmiga offers him big money if he can find a certain passenger on board... The plot is brazenly ridiculous, but star and director ensure it remains great fun. 2018, 15, 104MIN

WAR DRAMA

Midway

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A genuinely stirring war movie from Roland Emmerich that is mostly faithful to the actual events of the 1942 Battle of Midway, which turned the tide in the Pacific War six months after Pearl Harbor. Ed Skrein, Luke Evans, Patrick Wilson, Nick Jonas, Aaron Eckhart and Woody Harrelson are among the familiarly cut characters, but Emmerich's attention to detail pays huge dividends, especially in the copious battle scenes. 2019, 12, 138MIN

CLASSIC HORROR

The Omen

10.50pm, BBC2 (not N Ireland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Gregory Peck's adopted son (Harvey Stephens) has the devil's mark of 666, while a series of horrific events reveal him to be a terrifying monster... Lee Remick is mum, Billie Whitelaw is the lad's creepy nanny and Patrick Troughton and David Warner are just two of those who get on the wrong side of him. The shocks still hold up well in this chilling classic. 1976, 15, 111MIN

Full listings start on p45

PAY-PER-VIEW PICKS

*The best of the week's films on **Sky, Virgin** and other platforms*

Coiffing up: Clare

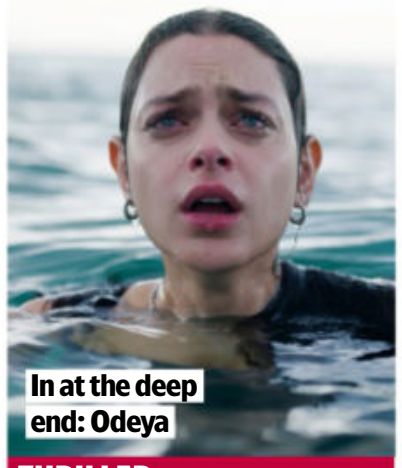
MYSTERY

Medusa Deluxe

On all week ★★★

Sex ●●● Violence ●●● Language ●●●

A hairdressing competition may not be a typical setting for a murder mystery. But writer-director Thomas Hardiman's film is not concerned with being typical. It has great fun with the lurid twists and turns that ensue after a stylist is found dead – and scalped. That this darkly comic tale (which takes in familiar TV faces Darrell D'Silva, Luke Pasqualino and Clare Perkins) unfolds in a single take only adds to its exuberance. You could argue there's more style than substance – but that's hard to begrudge when the style is delivered with such aplomb. From 9 Oct. 2022, 15, 101 MIN



In at the deep end: Odeya

THRILLER

Dangerous Waters

On all week ★★★

Sex ●●● Violence ●●● Language ●●●

Sullen teen Odeya Rush is in a mutinous mood when she has to join mum Saffron Burrows and new boyfriend Eric Dane on a yacht trip from Florida to Bermuda. But, we discover, he's an ex-op with some rather nasty associates... As the story unfolds, the plotting gets more and more unfeasibly far-fetched, but watching the pint-sized Rush turn into improbable kick-ass avenger taking on the bad guys delivers thrills, while Ray Liotta (who died during filming) delivers a bracing shot of icy evil as The Captain. From 13 Oct. 2023, 15, 101 MIN

Weekday movies over page

Weekday movies

Monday 16 October

DOCUMENTARY

Summer of Soul

10pm, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Long-neglected history sings out in this rapturous concert movie. In 1969, the same summer as Woodstock, 300,000-plus people attended the free Harlem Cultural Festival over six weekends. Archived for 50 years, the footage (including performances from Nina Simone, Mahalia Jackson, Gladys Knight & the Pips and BB King) is skilfully assembled by director Questlove as a timely snapshot of black expression, framed within its historical contexts for maximum depth and punch. Profound and stirring. 2021, 12, 117MIN

Singing the changes: Nina

BIOPIC

The Colour Room

6.20am, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

In 1919, Phoebe Dynevor's ceramicist Clarice Cliff is decorating pottery in a Stoke factory, but harbours grander ambitions with her own designs. One day owner Colley Shorter (Matthew Goode) sees her creations and from there it's a satisfying climb through a male-dominated world. The period is beautifully evoked, Dynevor makes an engaging lead and Goode is charming. Also available on pay-per-view from today. 2021, PG, 108MIN

DRAMA

Mr Jones

11.15pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

In early-1930s Ukraine, when many in the west were misty-eyed about the achievements of Stalin and the Soviet Union, young Welsh journalist Gareth Jones (James Norton) travelled there and exposed the truth about the terrible famine that caused up to 10 million deaths. Polish director Agnieszka Holland takes a little too much time telling this story, but Jones' dogged heroism comes across vividly. 2019, 15, 119MIN

BIOPIC

Tolkien

6.35pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This beautiful, deeply moving biopic about the early life of *The Hobbit* and *The Lord of the Rings* author JRR Tolkien traces the emotional roots of the mythical world he would go on to create back to his rural Worcestershire childhood as an orphan, his schooldays in turn-of-the-last-century Birmingham, and the trenches of World War One. Nicholas Hoult and Lily Collins shine as the writer and his wife, fellow orphan Edith. 2019, 12, 112MIN

DRAMA

Another Round

1.15am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

This Oscar-winning drama stars Mads Mikkelsen as a teacher who, along with colleagues and friends, tests a (spurious) theory that humans are born with too low a blood-alcohol level. Cue wine for breakfast... As you might expect, the heavy drinking that ensues is a lot of fun – until it's not. Mikkelsen is a treat to watch in a bittersweet, if directionless, tale. Subtitled. 2020, 12, 117MIN

■ Full listings start on p55

Tuesday 17 October

HORROR

The Mist

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Having directed two of the best Stephen King adaptations in *The Shawshank Redemption* and *The Green Mile*, Frank Darabont goes for the hat trick with this tale of shoppers, including Thomas Jane and son Nathan Gamble, in a small-town supermarket besieged by something nasty when a strange mist suddenly descends. The monsters, when we finally see them, are a bit silly, but that can be forgiven for a devastating twist that's one of the most shocking denouements in horror movie history. 2007, 15, 126MIN

Hold on tight: Thomas and Nathan

HORROR

Stake Land

9pm, HorrorXtra ★★★★

Sex ●●● Violence ●●● Language ●●●

In a bleak near-future US that has been overrun by vampires, a grizzled loner (Nick Damici) takes a callow youngster (Connor Paolo) under his wing and teaches him the rules of survival as they make their way north to the promised safety of 'New Eden'. Disguising a low budget with artful location shooting, director Jim Mickle and co-writer and star Damici have created a moody film that infuses new blood to the vampire genre. 2010, 15, 98MIN

THRILLER

Reindeer Games

12m't, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Just-released jailbird Ben Affleck assumes the identity of his murdered cellmate when he meets the latter's pen pal, Charlize Theron. However, this also means becoming involved in a deadly casino robbery with Gary Sinise's bungling gang. Affleck shows his star quality in this ultra-sour action comedy directed by veteran John Frankenheimer. There's at least one surprise twist too many, but it's keenly acted and full of jokey details. 2000, 15, 105MIN

COMEDY DRAMA

The Weather Man

10.20pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

A thoughtful study of fame and insecurity that sees Nicolas Cage as a neurotic TV weatherman on the cusp of middle age, still trying to crawl out from under the shadow of his best-selling author father (Michael Caine) and cope with his ex-wife (Hope Davis) and estranged kids. It's clever and involving but the film's switches from comedy to tragedy are sometimes too abrupt, leaving you unsure whether to laugh or cry. 2005, 15, 102MIN

THRILLER

Pacific Heights

12.35am, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

Melanie Griffith and Matthew Modine need lodgers to help pay for their new home. Enter an exceptionally devious Michael Keaton who ruthlessly sets about ruining their lives. Director John Schlesinger's thriller has a good number of effective shocks (a nail gun and a golf club see unusual use) and Keaton is excellent, as is Griffith when she tries to turn the tables on their tormentor. 1990, 15, 104MIN

■ Full listings start on p65

Wednesday

COMEDY THRILLER

Maggie Moore(s)

11.20am, Sky Originals ★★★

Sex ●●● Violence ●●● Language ●●●

A fun comedy noir inspired loosely by real events, and more obviously by *Fargo*. Sandwich-shop-owning scumbag Micah Stock decides that the answer to his woes is to have two women with the same

Looking on the bright side: Tina

DRAMA

Spencer

On demand, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Pablo Larraín's drama is set over three tumultuous days in 1991 as Princess Diana (Kristen Stewart) spends Christmas with the in-laws at Sandringham. Some elements are too fanciful, not least Diana seeing the ghost of Henry VIII's beheaded wife Anne Boleyn, while others are hilariously off-key. But for all the ups and downs in Steven Knight's script, *Spencer* is driven by an empathetic and sensational Stewart. 2021, 12, 117MIN

ADVENTURE

A Boy Called Christmas

9.30am & 3.25am, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

This sparkly Santa origin yarn is really good fun. Resourceful Nikolas (Henry Lawfull) goes in search of his dad (Michiel Huisman) and finds a magical world of elves, reindeer and even a talking mouse (voiced by Stephen Merchant). It's an impressive-looking, fresh tale with a fab cast including Sally Hawkins, Kristen Wiig, Maggie Smith, Jim Broadbent and Toby Jones. 2021, PG, 106MIN

18 October

name (one of whom happens to be his wife) bumped off. Low-key to a fault, with modest tension and zero mystery, its trump card is the hesitant hook-up between Jon Hamm's police chief and witness Tina Fey. They add a wisecracking warmth to a film that's crawling with low lifes as unsavoury as Stock's sarnies. 2023, 15, 99MIN

DRAMA

The Fighter

12noon & 11.45pm, Sky Greats ★★★★

Sex ●○○ Violence ●●○ Language ●●○

This superior real-life boxing drama stars Mark Wahlberg as 'Irish' Micky Ward, a boxer in 1990s Massachusetts whose career is on the ropes. Christian Bale plays his crack-addicted half-brother Dicky, who insists on acting as his trainer, while their mum (Melissa Leo) is his manager. Then feisty barmaid Charlene (Amy Adams) persuades Micky he can be success if he cuts loose from his family... 2010, 15, 116MIN

CLASSIC

The Third Man

9.55pm, Sky Greats ★★★★★

Sex ○○○ Violence ○○○ Language ○○○

One of the all-time-great British movies, Carol Reed's thriller, set in the ruins of post-war Vienna, is famous for two things: its catchy zither score and Orson Welles' perfect first appearance in a shadowy doorway. In a tangled tale of corruption and intrigue, he's black marketeer Harry Lime, Joseph Cotten is a pal on his trail and Trevor Howard is a British officer. 1949, PG, 104MIN

■ Full listings start on p75

Thursday 19 October

HORROR

A Quiet Place Part II

9pm, Film4 ★★★

Sex ○○○ Violence ●●○ Language ●●○

This sequel to the 2018 chiller is satisfying, lean and often cruelly tense. The prologue neatly explains how the monsters that hunt by sound took over the world, before joining Emily Blunt and kids Millicent Simmonds – who shoulders much of the film magnificently – and Noah Jupe. Cillian Murphy's newcomer steers the story into a stand-off between despair and hope, while the climactic payoff is a multi-layered exercise in sustained suspense peppered with impeccably paced jump shocks. 2020, 15, 97MIN

Ssssh... Millicent, Noah and Emily

ROMCOM

Sleepless in Seattle

12.30pm, Sky Drama ★★★★★

Sex ○○○ Violence ○○○ Language ○○○

This is one of modern cinema's great romances, even if writer-director Nora Ephron's sharply observed, funny and truthful screenplay tantalisingly keeps the film's lovers apart. Meg Ryan is at her most appealing as a hopeless romantic who is about to wed Bill Pullman – until she hears a heartfelt interview on the radio from Tom Hanks' grieving widower and decides he might just be the man of her dreams. 1993, PG, 105MIN

BIOPIC

Miss Potter

4.30pm, Sky Drama ★★★

Sex ○○○ Violence ○○○ Language ○○○

Renée Zellweger stars this gentle biopic of the Victorian writer and artist Beatrix Potter, one of the best-selling children's authors of all time. There isn't a great deal of drama here – Potter led a mostly happy and scandal-free life – but the tentative love affair between her and her publisher, Norman Warne (Ewan McGregor), ends up being more moving for its handling in a relatively low-key manner. 2006, PG, 93MIN

COMEDY

The Truman Show

10.20pm, Sky Hits ★★★★

Sex ○○○ Violence ○○○ Language ○○○

An ingenious media satire from Australian director Peter Weir that gives Jim Carrey a chance to flex both his comedy skills and his serious acting talents as an innocent husband unaware that his whole life is the subject of a global TV show, presided over by its god-like producer (Ed Harris). While the film offers little in the way of great revelations about our attitudes towards television, it is intelligent, inventive and uplifting. 1997, PG, 99MIN

HORROR

Witchfinder General

2.35am, Legend ★★★★★

Sex ●○○ Violence ●●○ Language ○○○

In 1645 Suffolk, people are tortured for witchcraft on the sadistic whim of one man – Witchfinder General Vincent Price. Ian Ogilvy is the Civil War soldier who vows to put an end to his reign of terror. Director Michael Reeves' third and last film (he died in 1969 aged 25) has a mesmerising doomladen slant and Price's chilling performance is, for once, totally ham-free. 1967, 15, 87MIN

■ Full listings start on p85

Friday 20 October

HORROR

The Shining

11.05pm, BBC2 ★★★★★

Sex ●○○ Violence ●●○ Language ●●○

Director Stanley Kubrick's chilling classic, adapted from the novel by Stephen King (who famously dislikes Kubrick's version), is set in a snowbound, shut-for-the-winter Colorado hotel where aspiring author Jack Nicholson is caretaker. He hopes the quiet will be conducive to his writing, but soon he's talking to ghosts, wife Shelley Duvall is terrified of his erratic behaviour and their psychic son Danny Lloyd is having scary visions. Nicholson's unhinged performance is one of his best in an eerie, claustrophobic masterpiece. 1980, 15, 144MIN

That's the spirit: Jack

DRAMA

Wolf

On demand, Netflix ★★★

Sex ●●○ Violence ●●○ Language ●●○

George MacKay is superb as Jacob, a young man who, convinced he's a wolf, ends up at an institution run by a quietly sadistic doctor, known to the inmates as The Zookeeper (Paddy Considine). There, MacKay is drawn to mysterious Wildcat (Lily Rose Depp). Even if this oddball drama finally loses its way, it does pose some genuinely poignant questions about what it is to be human and who gets to decide the parameters. 2021, 15, 99MIN

THRILLER

Only God Forgives

10.55pm, GREAT! movies ★★★

Sex ●●● Violence ●●● Language ●●●

Ryan Gosling reunites with *Drive* director Nicolas Winding Refn for this violent, slow-moving Bangkok-set thriller, whose unflinching gore and crawling pace may prove off-putting to some. There is plenty of style on offer, though, as Gosling's American expat drug dealer wanders through a series of neon-soaked interiors, urged by his ruthless mother to avenge the death of his brother. 2013, 18, 90MIN

COMEDY

The Inbetweeners Movie

11.05pm, C4 ★★★★

Sex ●●○ Violence ●○○ Language ●●○

Stow your good taste at the door for a hilarious movie outing for the four friends from suburbia. After leaving school, swotty Will (Simon Bird), gormless Neil (Blake Harrison), lovelorn Simon (Joe Thomas) and sex-obsessed Jay (James Buckley) take off on a 'sun, sand, sex, sea and sex' holiday to Crete, only to discover their disastrous luck and tragic pick-up capabilities have come along, too. 2011, 15, 93MIN

HORROR ROMANCE

Spontaneous

1.45am, C4 ★★★★

Sex ●○○ Violence ●●● Language ●●○

A high-school pupil spontaneously combusts. Then another, and so on... Scientists are unable to find anything wrong, but each teen frets that they may be next... This smart chiller skilfully juggles genres and tones. Among other things it's a cracking romance, thanks to lovable leads Katherine Langford and Charlie Plummer. Your heart will go boom. 2020, 15, 97MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best [illegible]'s live action

Rugby World Cup

As the **knockout stage** begins, the ITV team pick their standout performances so far

THE MAIN EVENT

LIVE RUGBY UNION

Saturday, Sunday & Friday, ITV1 & S4C

Following the excitement and upsets of the pool stage, it's sudden death as the remaining eight nations meet in the quarter-finals over the weekend, with the first semi-final on Friday.

As *TV&Satellite Week* went to press, the final round of pool matches had yet to be played, although England and Wales had already secured their places in the last eight.

Having topped Pool D, England will face the Pool C runners-up – most likely Fiji – on Sunday (kick-off 4pm). Meanwhile, Wales became the first team to make it out of the groups and if they top Group C will take on either Argentina or Japan on Saturday (kick-off 4pm).

Here, ITV's World Cup experts select their standout performances from the group stage…

JOHNNY SEXTON (IRELAND)

Ireland's 38-year-old talisman became his country's record scorer with 12 points against Tonga. He was then inspirational in his side's 13-8 victory over holders South Africa.

'Johnny is the catalyst for everything within the Ireland set-up,' says former Ireland captain Brian O'Driscoll. 'He is the coach on the field, and he gives total comfort to everybody else when they see his name on the team sheet.'

OWEN FARRELL (ENGLAND)

Henry Arundell grabbed the headlines with five tries in England's 71-0 win over Chile, but Farrell made an immediate impact on his return to the team after a four-match ban.

'He really set the tone as England beat Chile, and the team played with much more pace,' says former England coach Sir Clive Woodward. 'Can they take that mentality into the knockout stage? That is how you win World Cups.'

GARETH ANSCOMBE (WALES)

The Auckland-born fly-half came in for the injured Dan Biggar and scored 23 points as Wales became the first team to qualify for the quarter-finals with a win against Australia.

'Momentum is key and Gareth has got to start the quarter-final to keep that ball rolling,' says former Wales women's captain Philippa Tuttiett. 'He showed great composure against Australia and is an exciting player.'

DAMIAN McKENZIE (NEW ZEALAND)

Needing to win against Italy to avoid elimination, New Zealand produced a 96-17 victory, with All Blacks fullback Damian McKenzie scoring a superb try after coming off the bench.

'McKenzie is fast and explosive and brought fresh energy to the team against Italy,' says England's World Cup winner Jonny Wilkinson. 'That's just what you need in the latter stages of a game.'

DARCY GRAHAM (SCOTLAND)

Scotland recorded their third-biggest margin of victory by thrashing Romania 84-0, with Darcy Graham scoring four of his team's tries to set up their Pool B shootout with Ireland.

'Darcy is always a handful, and there is a real nuance to his play,' says former Scotland flanker John Barclay. 'He will always be near the ball and looking for those spaces.'

WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, GETTY, ITV

From left: Ireland's Jonny Sexton, England's Owen Farrell, Wales' Gareth Anscombe, New Zealand's Damian McKenzie and Scotland's Darcy Graham

THIS WEEK'S FIXTURES

SATURDAY

Quarter-final 1
Winner Pool C v Runner-up Pool D
Marseilles, kick-off 4pm

Quarter-final 2
Winner Pool B v Runner-up Pool A
Paris, kick-off 8pm

SUNDAY

Quarter-final 3
England v Runner-up Pool C
Marseilles, kick-off 4pm

Quarter-final 4
Winner Pool A v Runner-up Pool B
Paris, kick-off 8pm

FRIDAY

Semi-final 1
QF1 Winner v QF2 Winner
Paris, kick-off 8pm

St Helens' James Roby lifts the trophy after the team's victory in 2022

LIVE RUGBY LEAGUE

Super League Grand Final

Saturday, kick-off 6pm, Sky Sports Arena & Sky Sports Main Event

Old Trafford stages Saturday's showpiece, which last year saw St Helens lift the trophy for a fourth season running by defeating Leeds Rhinos. The semi-finals hadn't taken place by the time we went to press, but the last-four line-up pitted Saints – featuring soon-to-retire James Roby and Louie McCarthy-Scarsbrook – against Catalans Dragons, while Hull KR took on League Leaders' Shield winners Wigan Warriors and their high-scoring Lebanese winger Abbas Miski.

India's Hardik Pandya

LIVE CRICKET

World Cup

From Sat, Sky Sports Cricket, Sky Sports Main Event & Sky Sports Mix

England continue the defence of their title with a match against Afghanistan on Sunday (play starts 9.30am), although this week's highlight will be Saturday's clash between hosts India and Pakistan in front of a 132,000-capacity crowd at the Narendra Modi Stadium in Ahmedabad (9.30am). The sides' match in the 50-over Asia Cup last month was called off due to rain, but not before India's Hardik Pandya hit 87 and Pakistan pace bowler Shaheen Afridi took 4-35.

LIVE FOOTBALL

England v Italy

Tuesday, kick-off 7.45pm, C4

Kyle Walker's first goal in 77 England appearances gave England a point against Ukraine last month and Gareth Southgate's undefeated Three Lions remain firmly on course to qualify for next year's Euro 2024 finals. Tuesday's Group C match sees Italy play at Wembley for the first time since their victory in the Euro 2020 final, although England got a measure of revenge in March with a 2-1 win in Naples.

England's Kyle Walker

Baltimore Ravens' David Ojabo

LIVE AMERICAN FOOTBALL

Tennessee Titans v Baltimore Ravens

Sunday, kick-off 2.30pm, Sky Sports Action & Sky Sports Mix

Scottish-Nigerian linebacker David Ojabo returns to the UK this week when he joins Baltimore Ravens' Lamar Jackson and Odell Beckham Jr. in the final NFL London Series game as the Ravens take on the Tennessee Titans. 'Every day we think we are one step closer to the Super Bowl – I know I am going to get it,' says Ojabo, who lived in Aberdeen before moving to the US aged 17.

Sport A-Z and football planner »»

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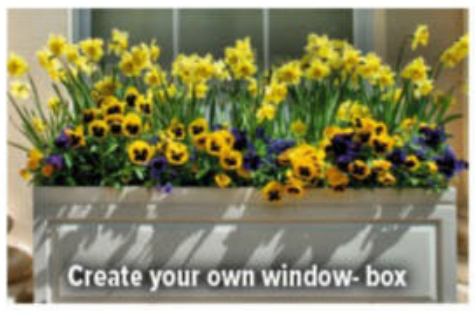

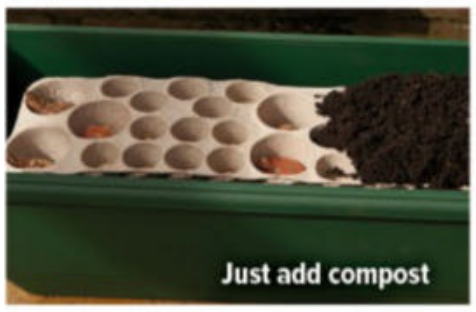

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SCAN ME

Sport week A-Z GUIDE

AMERICAN FOOTBALL

LIVE Notre Dame Fighting Irish v USC Trojans
Sat 12.30am Sky Sports NFL

LIVE Tennessee Titans v Baltimore Ravens
Sun 12noon Sky Sports Action & Sky Sports Mix
The NFL match from Tottenham Hotspur Stadium. See page 29.

LIVE NFL
Sun 6pm & 9.15pm Sky Sports Action, 6.30pm & 9.15pm Sky Sports Main Event

LIVE Buffalo Bills v New York Giants
Sun 1.15am Sky Sports Main Event & 1.20am Sky Sports Action
Coverage of the NFL week-six game.

LIVE Los Angeles Chargers v Dallas Cowboys
Mon 1am Channel 5, Sky Sports Main Event & Sky Sports Action
The NFL week-six match at SoFi Stadium in Inglewood, California.

LIVE New Orleans Saints v Jacksonville Jaguars
Thu 12m't Sky Sports Main Event & Sky Sports Action
Coverage of the NFL week-seven match at Caesars Superdome.

ATHLETICS

LIVE Amsterdam Marathon
Sun 7.45am Euro2

AUSTRALIAN RULES

LIVE Richmond Tigers v Essendon Bombers
Sat 9am TNT Sports 1

LIVE Carlton v Collingwood
Sat 5am TNT Sports 3

LIVE Hawthorn v Richmond
Fri 9.30am TNT Sports 3

BADMINTON

LIVE Finnish Open
Sat 8am TNT Sports 3 & 3pm TNT Sports 2; Sun 9am TNT Sports 3

LIVE Denmark Open
Wed & Thu 8am, Fri 11am TNT Sports 1

BASEBALL

LIVE MLB Play-offs
Sat 7pm & 11pm, Sun-Thu 12.30am TNT Sports 2; Mon & Thu 9pm TNT Sports 1; Fri 9pm & 12.30am TNT Sports 3

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MotoGP
Spanish rider Jorge Martín will be looking to take the championship lead at Sunday's Grand Prix of Indonesia

BASKETBALL

LIVE New York Liberty v Las Vegas Aces
Sun 8pm Sky Sports Arena
Coverage of game three of the WNBA Finals at Barclays Centre.

LIVE Prometey Slobozhanske v London Lions
Wed 4.45pm TNT Sports 2
The EuroCup group match.

LIVE New York Liberty v Las Vegas Aces
Wed 1am Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix
Game four of the WNBA Finals.

LIVE Sheffield Sharks v London Lions
Fri 7.30pm Sky Sports Arena
Coverage of the BBL match.

LIVE Las Vegas Aces v New York Liberty
Fri 1am Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix
The fifth game of the WNBA Finals.

BOXING

LIVE Janibek Alimkhanuly v Vincenzo Gualtieri
Sat 2am Sky Sports Main Event & Sky Sports Arena
Coverage of the bout for the IBF and WBO world middleweight titles.

COMBAT SPORTS

LIVE UFC
Sat 10pm TNT Sports 1
The preliminary bouts.

LIVE Sodiq Yusuff v Edson Barboza
Sat 12m't TNT Sports 1
The featherweight bout at UFC Apex in Nevada.

CRICKET

LIVE India v Pakistan
Sat 9am Sky Sports Main Event & Sky Sports Cricket
The World Cup group match in Ahmedabad, India. See page 29.

LIVE England v Afghanistan
Sun 9am Sky Sports Main Event & Sky Sports Cricket
The World Cup group match, staged at Arun Jaitley Stadium in Delhi, India. See page 29.

LIVE Australia v Sri Lanka
Mon 9am Sky Sports Main Event & Sky Sports Cricket
The World Cup group match, staged at BRSABV Ekana Cricket Stadium in Lucknow, India.

LIVE South Africa v Netherlands
Tue 9am Sky Sports Main Event & Sky Sports Cricket
The World Cup group match, which takes place at HPCA Stadium in Dharmashala, India.

LIVE New Zealand v Afghanistan
Wed 9am Sky Sports Main Event & Sky Sports Cricket
The World Cup group match, which takes place at M. A. Chidambaram Stadium in Chennai.

LIVE India v Bangladesh
Thu 9am Sky Sports Main Event & Sky Sports Cricket
The World Cup group match from Maharashtra Cricket Association Stadium in Pune, India.

LIVE Sydney Sixers v Melbourne Stars
Thu 9.35am Sky Sports Mix
The Women's Big Bash League group match at North Sydney Oval.

LIVE Australia v Pakistan
Fri 9am Sky Sports Main Event & Sky Sports Cricket
Coverage of the World Cup group match, staged at M. Chinnaswamy Stadium in Bangalore, India.

LIVE Netherlands v Sri Lanka
Fri 5.30am Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix
Coverage of the World Cup group match, staged at BRSABV Ekana Cricket Stadium in Lucknow, India.

CYCLING

LIVE Tour of Turkey
Sun 10.45am Euro2
The eighth and final stage in Istanbul.

LIVE Cyclo-Cross
Sun 6.30pm & 8pm Euro1
The opening World Cup meeting of the season in Waterloo, Wisconsin.

DARTS

LIVE European Tour
Sat & Sun 12noon Viaplay Xtra
Coverage of days two and three of the German Darts Championship.

GOLF

LIVE Acciona Open De España
Sat 12.30pm & Sun 12noon Sky Sports Golf
Coverage of days three and four at Club de Campo Villa de Madrid.

LIVE Shriners Children's Open
Sat 10pm Sky Sports Main Event, Sat & Sun 10pm Sky Sports Golf
Coverage of days three and four from TPC Summerlin in Las Vegas.

LIVE Zozo Championship
Wed 4am & Thu 4.30am Sky Sports Main Event; Wed-Fri 4am Sky Sports Golf
Days one to three at Accordia Golf Narashino Country Club in Inzai.

LIVE Estrella Damm N.A. Andalucia Masters
Thu & Fri 1pm Sky Sports Golf
Coverage of days one and two from Real Club de Golf Sotogrande.

HORSE RACING

LIVE Newmarket
Sat 1pm ITV & 2.55pm ITV4
Coverage of day two of the Future Champions Festival.

ICE HOCKEY

LIVE Belfast Giants v HC Dynamo Pardubice
Wed 6.50pm Viaplay Xtra
Coverage of the Champions Hockey League match from SSE Arena.

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
Coverage of the Grand Prix of Indonesia sprint race at Pertamina Mandalika International Circuit.

LIVE Asia Talent Cup
Sat 9am & 2.45am TNT Sports 2
The third round of the season at Pertamina Mandalika Circuit.

LIVE British Superbikes
Sat & Sun 1pm Euro2
The 11th and final round of the season, staged at Brands Hatch.

LIVE MotoGP
Sat 3.30am TNT Sports 2
Coverage of the Grand Prix of Indonesia warm-up session.

LIVE Moto3
Sat 4.15am TNT Sports 2
The Grand Prix of Indonesia race.

LIVE Moto2
Sun 6am TNT Sports 2
The Grand Prix of Indonesia race.

LIVE MotoGP
Sun 7.30am TNT Sports 2
Grand Prix of Indonesia, the 15th round of the season at Pertamina Mandalika International Circuit.

LIVE MotoGP
Thu 11pm TNT Sports 2
Coverage of the Grand Prix of Australia first practice session.

LIVE MotoGP
Thu 3.15am TNT Sports 2
Coverage of the Grand Prix of Australia second practice session.

LIVE MotoGP
Fri 11.45pm TNT Sports 2
The Grand Prix of Australia third practice and qualifying sessions.

LIVE MotoGP
Fri 2.30am TNT Sports 2
The Grand Prix of Australia Moto3 an Moto2 qualifying sessions.

LIVE MotoGP
Fri 4.30am TNT Sports 2
Coverage of the Grand Prix of Australia MotoGP sprint race at Phillip Island Grand Prix Circuit.

MOTORSPORT

LIVE GT World Challenge Europe
Sat 12.45pm & Sun 12.15pm Sky Sports F1
Coverage of races one and two at Circuit Zandvoort in the Netherlands.

LIVE IMSA Sportscar Championship
Sat 11.30pm Viaplay Xtra

LIVE F1 Academy
Fri 2.15pm Sky Sports F1
Coverage of the United States Grand Prix first practice session.

LIVE Formula 1
Fri 5.30pm Sky Sports Main Event & 6pm Sky Sports F1
Coverage of the United States Grand Prix first practice session at Circuit of the Americas in Austin.

LIVE F1 Academy
Fri 7.55pm Sky Sports F1
Coverage of the United States Grand Prix second practice session.

LIVE Formula 1
Fri 9pm Sky Sports F1 & 10pm Sky Sports Main Event
Coverage of the United States Grand Prix qualifying session at Circuit of the Americas in Austin.

LIVE F1 Academy
Fri 11.30pm Sky Sports Main Event & Sky Sports F1
Coverage of the United States Grand Prix qualifying session, preparations for the seventh and final round of the season at Circuit of the Americas in Austin, Texas.

POOL

LIVE Hanoi Open Championship
Sat 6am Sky Sports Arena
Coverage of the last-16 of the nine-ball pool tournament from Hanoi Indoor Games Gymnasium.

LIVE Hanoi Open Championship
Sat 11.30am Sky Sports Mix
The quarter-finals of the nine-ball pool tournament, which takes place at Hanoi Indoor Games Gymnasium in Vietnam.

LIVE Hanoi Open Championship
Sun 6am Sky Sports Arena
The semi-finals of the nine-ball pool tournament, staged at Hanoi Indoor Games Gymnasium.

LIVE Hanoi Open Championship
Sun 12.30pm Sky Sports Arena
Coverage of the final of the nine-ball pool tournament, which takes place at Hanoi Indoor Games Gymnasium in Vietnam.

Sport A-Z and football planner >>>

RUGBY LEAGUE

LIVE Australia v Samoa
Sat 9.10am Sky Sports Mix
Coverage of the Pacific Championships match from Queensland Country Bank Stadium.

LIVE Super League
Sat 5pm Sky Sports Main Event & Sky Sports Arena
The Grand Final, staged at Old Trafford. See page 29.

LIVE Samoa v Fiji
Sat 3.45am Sky Sports Mix
The Pacific Championships encounter, which takes place at Santos National Football Stadium in Port Moresby.

LIVE Papua New Guinea v Cook Islands
Sun 6am Sky Sports Mix
Coverage of the Pacific Championships encounter, which takes place at Santos National Football Stadium in Port Moresby.

LIVE Wheelchair Super League Grand Final
Sun 5pm Sky Sports Arena
The showpiece match.

LIVE New Zealand v Tonga
Fri 3.45am Sky Sports Arena
The Pacific Championships match, which takes place at Eden Park in Auckland.

RUGBY UNION

LIVE NPC
Sat 7am Sky Sports Mix
Coverage of a semi-final match.

LIVE Exeter Chiefs v Saracens
Sat 1pm TNT Sports 1 (kick-off1.30pm) Coverage of the Gallagher Premiership match, which takes place at Sandy Park.

LIVE Pool C winner v Pool D runner-up
Sat 3pm ITV1 & S4C (kick-off 4pm)
The first World Cup quarter-final, which takes place at Stade de Marseille in France. Wales' 40-6 win over Australia put them in pole position to top Pool C, while England were Pool D favourites, leaving Japan and Argentina as potential opponents for Warren Gatland's team.

LIVE Pool B winner v Pool A runner-up
Sat 7.15pm ITV1 (kick-off 8pm)
Coverage of the second World Cup quarter-final, staged at Stade de France. Ireland were expected to top Pool B after victories in their first three games, including a 13-8 triumph over holders South Africa, to potentially set up a clash with New Zealand. See p28.

LIVE Sale Sharks v Northampton Saints
Sun 1pm TNT Sports 1 (kick-off1.30pm) Coverage of the Gallagher Premiership game, which takes place at AJ Bell Stadium.

LIVE England v Pool C runner-up
Sun 3pm ITV1 (kick-off 4pm)
Coverage of the third World Cup quarter-final, which takes place at Stade de Marseille. Victories in their opening three contests secured England as Pool D's winners. Meanwhile, Fiji bouncing back from a narrow defeat at the hands of Wales to defeat Australia meant they had high hopes of qualifying in second at the Aussies' expense.

LIVE Pool A winner v Pool B runner-up
Sun 7.15pm ITV1 (kick-off 8pm)
Coverage of the fourth World Cup quarter-final, which takes place at Stade de France. Hosts France were the favourites to win Pool A from the moment they defeated New Zealand in the opening match of the tournament, while second place in Pool B looked likely to go to either Scotland or South Africa.

LIVE NPC
Fri 7am Sky Sports Arena
Coverage of the final.

LIVE Semi-final
Fri 7.30pm ITV1 & S4C (kick-off 8pm)
The first World Cup semi-final, from Stade de France in Paris. At the corresponding stage of the tournament held in Japan four years ago, England eliminated 2013 champions New Zealand by claiming a 19-7 victory in Yokohama. Manu Tuilagi's second-minute try and a long-range penalty from George Ford gave Eddie Jones' men a 10-0 lead at half time. Even though the All Blacks scored a second-half try via Ardie Savea, three more successful penalties from Ford ensured England remained out of reach, as they booked a berth in the final for the first time in 12 years.

LIVE Ayrshire Bulls v Boroughmuir Bears
Fri 7.30pm BBC Alba
Coverage of the FOSROC Super6 encounter, staged at Millbrae.

SKIING

LIVE Freestyle Skiing
Fri 6.50pm Euro1
Coverage of the first World Cup meeting of the season from Chur, Switzerland, featuring the men's and women's big air events.

SNOOKER

LIVE Wuhan Open
Sat 7.30am Euro1
Coverage of the opening semi-final on the sixth day, which takes place at Wuhan Sports Gymnasium.

LIVE Wuhan Open
Sat 12.30pm Euro1
Coverage of the second semi-final on day six, which takes place at Wuhan Sports Gymnasium in China.

LIVE Wuhan Open
Sun 7.30am Euro1
Coverage of the opening session of the final on day seven from Wuhan Sports Gymnasium in China.

LIVE Wuhan Open
Sun 12.30pm Euro1
The second session of the final on day seven from Wuhan in China.

SQUASH

LIVE PSA Squash
Sat 11pm TNT Sports 3
Coverage of the women's and men's finals of the US Open at Arlen Specter US Squash Centre.

WRESTLING

LIVE WWE Monday Night Raw
Mon 1am TNT Sports 1

LIVE WWE NXT
Tue 1am TNT Sports 1

LIVE WWE Friday Night SmackDown
Fri 1am TNT Sports 1

Football planner

LIVE EURO 24 QUALIFIER

Northern Ireland v San Marino

Saturday, kick-off 2pm, Viaplay Sports

Northern Ireland's Group H efforts could hardly have gone much worse, but Dion Charles will fancy his chances after two goals against San Marino in March. Michael O'Neill's men also host Slovenia on Tuesday (k-o 7.45pm, Viaplay Sports).

LIVE EURO 24 QUALIFIER

Wales v Croatia

Sunday, kick-off 7.45pm, Viaplay Sports & S4C

Wales' win in Latvia last time out has kept the door open as Robert Page's men strive to make it to Germany next year. Croatia are doing well in Group D, with Manchester City's Mateo Kovacic among the goals, though the Dragons returned from Split with a point in March.

LIVE FRIENDLY

France v Scotland

Tuesday, kick-off 7.45pm, Viaplay Sports

As both sides pause their Euro 24 qualifying to meet in a friendly, Scotland travel to Lille to face the World Cup finalists. France lost a recent friendly to Germany with a squad that featured Arsenal defender William Saliba and Real Madrid's Eduardo Camavinga (above).

Saturday 14

LIVE Southampton Aztecs v Hertfordshire Vipers
11am TNT Sports 1
FA Futsal Women's Super Series.

LIVE Notts County v Mansfield Town
12noon Sky Sports Football (kick-off 12.30pm)
The League Two match at Meadow Lane, as the two teams face each other for the first time since 2019. The home side have a poor recent record against today's opponents, having only won one in eight.

LIVE Northern Ireland v San Marino
1.35pm Viaplay Sports (kick-off 2pm)
The UEFA Euro Group H qualifying tie from Belfast.

LIVE Chelsea v West Ham United
5pm Sky Sports Premier League & Sky Sports Football (kick-off 5.30pm)
Coverage of the WSL encounter, which takes place at Kingsmeadow.

LIVE Peterhead v Dundee United
5.20pm BBC Alba (kick-off 5.30pm)
Scottish Challenge Cup fourth round encounter, at Balmoor.

LIVE Denmark v Kazakhstan
7.35pm Viaplay Sports (kick-off 7.45pm)
Coverage of the UEFA Euro Group H qualifying match from Parken.

Sunday 15

LIVE Derby Futsal Club v York Futsal Vikings
11am TNT Sports 1
The FA Futsal Series One match.

LIVE Arsenal v Aston Villa
1.50pm BBC1 (kick-off 2pm)
The Women's Super League match, from Emirates Stadium. Arsenal finished third last term, with defeats in their final two matches after challenging for the title throughout the campaign. The second of those losses came to the Villans, who achieved a best-ever finish of fifth.

LIVE FA Cup First-round draw
2.30pm ITV1
Seema Jaswal is joined by Paul Parker and Jobi McAnuff to host coverage of the draw, as the non-league qualifiers and League One and Two teams await their fate in the world's oldest domestic cup.

LIVE Partick Thistle v Celtic
4pm BBC Alba (kick-off 4.10pm)
The SWPL game at Petershill Park.

LIVE Liverpool v Everton
4pm Sky Sports Premier League & Sky Sports Football & 4.30pm Sky Sports Main Event (kick-off 4.30pm)
The Merseyside derby in the WSL, staged at Anfield. The visitors went unbeaten against their city rivals last season, winning 3-0 in this fixture back in September 2022, before drawing 1-1 in the reverse. The Blues are also unbeaten in the last four meetings, last losing 3-1 in May 2019, and have only conceded one goal since that defeat.

LIVE Czech Republic v Faroe Islands
4.50pm Viaplay Sports (kick-off 5pm)
Coverage of the UEFA Euro Group E qualifying clash at Doosan Arena.

LIVE Wales v Croatia
7.15pm Viaplay Sports & S4C (kick-off 7.45pm)
The UEFA Euro Group D qualifying match at Cardiff City Stadium. When the teams met in the reverse fixture in March, Nathan Broadhead scored a 93rd-minute equaliser that saw the match end 1-1. With three games remaining in the campaign, it may take similar heroics from Rob Page's men to secure a place at the tournament.

LIVE Norway v Spain
7.35pm Viaplay Sports (kick-off 7.45pm)
The UEFA Euro Group A qualifying fixture from Ullevaal Stadion.

Monday 16

LIVE Belgium v Sweden
7.35pm Viaplay Sports (kick-off 7.45pm)
The UEFA Euro Group F qualifying match at King Baudouin Stadium.

Tuesday 17

LIVE England v Italy
7pm C4 (kick-off 7.45pm)
The UEFA Euro 2024 Group C qualifying match from Wembley Stadium. First-half goals from Declan Rice and Harry Kane helped secure a 2-1 victory in the reverse fixture in Naples in March.

LIVE Northern Ireland v Slovenia
7.35pm Viaplay Sports (kick-off 7.45pm)
The UEFA Euro Group H qualifying tie from Belfast.

LIVE France v Scotland
7.35pm Viaplay Sports (kick-off 7.45pm)
International friendly.

LIVE Serbia v Montenegro
7.35pm Viaplay Sports (kick-off 7.45pm)
The UEFA Euro Group G qualifying match from Red Star Stadium.

Friday 20

LIVE Borussia Dortmund v Werder Bremen
7.20pm Sky Sports Mix (kick-off 7.30pm)
Coverage of the Bundesliga match.

LIVE Airdrieonians v Queen's Park
7.30pm BBC Scotland (kick-off 7.45pm)
Scottish Championship match at Excelsior Stadium, as the teams meet for the first time this season. During the 2021/22 campaign, when both teams were in League One they faced each other eight times in all competitions.

LIVE Rotherham United v Ipswich Town
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
Coverage of the Championship encounter. The visitors won the last meeting between the two teams back in January, when they beat the South Yorkshire side 4-1 in the FA Cup at Portman Road.

LIVE Le Havre v Lens
8pm TNT Sports 2 (kick-off 8pm)
The Ligue 1 game at Stade Oceane.

PHOTOS: ALAMY, GETTY

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•

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Fan-favourite photo

The winning entry!

Nevaeh measures 18 inches (45.7 cm) in length and poseable. She is not a toy, but a fine collectable. Ages 14+.

Her sweet expression won hearts and minds!

That time of year has arrived! We asked doll lovers to submit photos of the cute babies in their lives to our 9th annual Such a Doll photo contest. Baby Nevaeh, whose name is the word 'heaven' spelled backwards, got the most votes, and all of us at The Ashton-Drake Galleries want to say "Congratulations!" Master Doll Artist Ping Lau then recreated her photo as a breathtakingly realistic portrait doll. And now, this heavenly toddler girl in a pink gingham dress is ready to be an angel in your home!

Exquisitely crafted replica with incredible lifelike detail

Master doll artist, Ping Lau, captured every nuance of the contest winner in this adorable baby doll. *Nevaeh's* features are handcrafted of *RealTouch®* vinyl, from her rosy cheeks to the nails on her fingers and toes. Her curly brown hair is hand rooted, and her bright round eyes are framed with long, hand-applied lashes. Her weighted cloth body feels just right in your arms, and she's extra poseable with arms that move and a head that turns so you can position her in many adorable ways. *Nevaeh* comes dressed in a pink gingham-printed seersucker sailor dress with buttons down the front. A charming matching hat, bloomer, and white socks complement her outfit with two pink bows on her dress collar and hat. Rhinestone earrings adorn her precious little ears.

A unique collecting opportunity, destined to sell out quickly!

Artist-original portrait dolls by Ping Lau can sell for thousands, but *Nevaeh* can be yours for just 4 interest-free instalments of £39.99 – that's only £159.96 (plus £9.99 S&S)*. Pay nothing now – simply complete and return your Priority Order Form today!

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Saturday

14 October

Evening Planner

Rugby Union

Rugby World Cup Quarter-Finals
ITV1, kick-offs 4pm & 8pm
The winners of Pools C and B will be facing the runners-up of Pools D and A.

Comedy Drama

Champions
Sky Premiere, 5.40pm
Woody Harrelson stars as a basketball coach who is court-ordered to manage a team of players with learning disabilities.

Rugby League

Super League Grand Final
Sky Sports Arena & Sky Sports Main Event, kick-off 6pm
The season ends with Dragons or Saints (above) facing Wigan Warriors or Hull KR.

OnDemand

prime video

John Wick: Chapter 4
Available today
Keanu Reeves returns as assassin John Wick for the fourth instalment of the popular franchise.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	◂ 6.30 Strictly Come Dancing			8.30 Michael McIntyre's The Wheel		9.30 Blankety Blank	10.05 News	10.25 Film: Superbad
102 BBC2	7.00 Mortimer &...	7.30 Great Asian Railway Journeys		8.30 Mary J Blige at the BBC		9.30 First Ladies of Hip Hop		10.30 Later...
103 ITV1		7.15 Rugby World Cup – Live: Pool B winner v Pool A runner-up (Kick-off 8.00)						10.30 News
104 CHANNEL 4	7.00 News	7.30 Castle Howard: Through the Seasons		8.30 Julia Bradbury's Irish Journey		9.30 Film: Knives Out		
105 CHANNEL 5	7.00 Cricket World Cup		8.00 When Train Journeys Go Horribly Wrong			9.30 Man About the House: 50 Years of Laughs		
106 SKY SHOWCASE	◂ 6.30 Truth & Lies	7.30 Cricket World Cup		8.30 Film: The Lord of the Rings: The Return of the King				
ENTERTAINMENT								
115 BBC3	7.00 EastEnders		8.00 Top Gear Bolivia Special			9.15 Two Pints of Lager and a Packet of Crisps		
116 BBC4	7.00 Lost Land of the Tiger		8.00 The Celts: Blood, Iron and Sacrifice...		9.00 Sir...	9.15 The Hollow Crown: Richard II		
118 ITV2		7.10 Film: Kung Fu Panda 3			9.00 Film: Bad Neighbours			
136 MORE4	◂ 6.55 Lost Pharaohs of the Nile		7.55 Bettany Hughes' Treasures of the World		9.00 24 Hours in A&E			
135 E4	◂ 6.55 Film: Men in Black 3				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI		9.00 FBI: International		10.00 FBI: Most Wanted	
108 SKY ATLANTIC	◂ 6.45 Ray Donovan		7.50 Game of Thrones					
110 GOLD	7.00 Only Fools and Horses					9.40 Ghosts		10.20 The Lenny Henry...
111 DAVE	7.00 QI XL		8.00 Not Going Out			9.20 Not Going Out...	10.00 David Mitchell's Outsiders	
119 ITV3	7.00 Midsomer Murders							
120 ITV4	◂ 5.50 Film: Robin Hood: Prince of Thieves				9.00 English Football League Highlights			10.30 Film: Fury
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Scary Movie			
139 SKY SCI-FI	7.00 Stargate Atlantis				9.00 True Blood			
113 SKY MAX	7.00 Hawaii Five-0		8.00 A Discovery of Witches		9.00 Never Mind the Buzzcocks	9.45 COBRA: Rebellion		
109 ALIBI	◂ 6.00 Inspector George Gently		8.00 Death in Paradise		9.00 Father Brown		10.00 My Life Is Murder	
130 SKY ARTS	◂ 6.15 Pink Floyd...	7.30 The Byrds...	8.00 Stevie Nicks: 24 Karat Gold Tour				10.00 Gary Numan Resurrection	
132 W	7.00 Miranda				9.00 The Catherine Tate Show			
DOCUMENTARY								
125 DISCOVERY	7.00 Richard Hammond's Big				9.00 Gold Rush: The Dirt Presents		10.00 Expedition Bigfoot	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Swimming with Monsters with Steve...		9.00 Rugged Justice		10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation							
123 SKY HISTORY	7.00 Battle 360				9.00 Britain's Big Cat Mystery			10.15 Sex: A Bonkers History
155 YESTERDAY	7.00 Great American Railroad Journeys						10.00 One Foot in the Grave	
121 SKY DOCS	7.00 The Ringleader: The Case of the Bling Ring				9.00 No Accident			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.40 Champions		8.00 The Fabelmans					
303 HITS	◂ 6.15 xXx: The Next Level		8.00 The Island					10.20 Bad Boys
304 GREATS	◂ 6.25 Halloween		8.00 The Matrix					10.20 Paper Moon
305 ANIMATION		7.20 Marcel the Shell with Shoes On			9.00 Lego DC Comics Super Heroes: Aquaman – Rage of Atlantis			10.30 Lego DC...
306 FAMILY	◂ 5.40 Sonic the Hedgehog 2		7.50 The Mortal Instruments: City of Bones					10.15 Dakota
307 ACTION	◂ 5.40 Top Gun: Maverick		8.00 Bullet Train					10.15 The Woman King
308 COMEDY	◂ 6.05 Bridget Jones: The Edge of Reason		8.00 Bridget Jones's Baby				10.10 Scary Movie 2	
309 THRILLER	◂ 5.55 Fatal Attraction		8.00 No Country for Old Men				10.10 Kiss the Girls	
310 DRAMA	◂ 6.00 The Impossible		8.00 Forrest Gump					10.30 Pretty in Pink
311 HALLOWEEN	◂ 6.15 Paranormal Activity: The Ghost...		8.00 The Conjuring				10.00 The Conjuring 2: The Enfield...	
302 ORIGINALS	◂ 6.00 To Catch a Killer		8.00 The Dry				10.00 Blacklight	
313 FILM4	◂ 6.25 Hidden Figures				9.00 Passengers			
SPORT								
401 MAIN EVENT	◂ 5.00 Betfred Super League – Live: Coverage of the Grand Final at Old Trafford				9.00 Buatsi v Azeez...	9.30 News	10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	◂ 5.00 Football: WSL – Live		8.00 David James: The One and Only			9.30 Match Officials...	10.00 PL – The Big...	10.30 PL Retro
403 FOOTBALL	◂ 5.00 Football: WSL – Live		8.00 EFL				10.00 EFL Cup Highlights	
404 CRICKET	7.00 Cricket World Cup		8.00 ICC Men's CWC Greatest Matches		9.00 Cricket World Cup			
410 TNT SPORTS 1	7.00 Gallagher Premiership Rugby Union						10.00 UFC – Live: The preliminary bouts	
411 TNT SPORTS 2	7.00 MLB – Live: Coverage of a play-off match							10.30 MLB: Off the...

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Sue Perkins. (S)
11.30 **Nadiya's Simple Spices** (S)(R)(AD)
12.00 NOON **Football Focus** (S)
12.30 PM **Homes Under the Hammer** From Stoke-on-Trent. (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)(AD)
2.10 **Money for Nothing** (S)(R)
2.55 **Escape to the Country** (S)(R)
3.55 **Garden Rescue** (S)(R)
4.25 **Attenborough's Life in Colour** 1/2. Exploring the many ways animals use colour. (S)(R)(AD)
5.25 **BBC News** (S)
5.35 **Local News** (S)
5.45 **Alan Carr's Picture Slam** New edition 5/8. Contestants from Liverpool, Birmingham and Aberdeen take part. (S)

6.30 Strictly Come Dancing

6 PM

6.30 **Strictly Come Dancing** New edition The couples show off another routine in a bid to impress judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke, as well as the viewers at home, and avoid ending up in tomorrow night's dance-off. Hosted by Tess Daly and Claudia Winkleman. (S)(AD)
■ *Strictly Come Dancing: The Results* is tomorrow at 7.15pm

7 PM

8 PM

8.30 **Michael McIntyre's The Wheel** New edition 4/10. With Frankie Bridge, Big Narstie, Ellie Taylor, Harry Judd, Jonathan Ross, Vogue Williams and Richie Anderson. (S)

9 PM

9.30 **Blankety Blank** New edition 4/10. With Martine McCutcheon, Phil Tufnell, Alex Brooker and Mel Giedroyc. (S)

10 PM

10.05 **BBC News** (S)
10.25 **FILM Superbad** Teen comedy starring Jonah Hill and Michael Cera. Two high-school friends embark on a quest to buy booze and lose their virginity. With Christopher Mintz-Plasse. (S) (2007, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **FILM Lady Bird** Greta Gerwig's comedy drama starring Saoirse Ronan and Laurie Metcalf. An artistic teenager endures a difficult relationship with her mother while growing up in California. (S)(AD) (2017, 15, 90min) ★★★★★
1.40 **Weather for the Week Ahead** (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.05 AM **Children's Programmes**
8.50 **Newsies: The Broadway Musical** A performance of the musical, starring Jeremy Jordan. (S)(R)
11.00 **Nature's Epic Journeys** (S)(R)(AD)
12.00 NOON **Britain's Top Takeaways** 6/8. Mexican restaurants. (S)(R)
1.00 PM **FILM The Red Shoes** Michael Powell and Emeric Pressburger's famous ballet drama starring Moira Shearer as a rising ballerina who is torn between love and her career. With Anton Walbrook. (S) (AD) (1948, U, 130min) ★★★★★
3.10 **Big Little Journeys** 1/3. Following six tiny animals as they voyage into the unknown. (S)(R)(AD)
4.10 **Fake or Fortune?** Investigating art believed to be by Camille Pissarro and Paul Cézanne. (S)(R)(AD)
5.10 **Flog It!** From Blackpool. (S)(R)

NEW
8.30 Mary J Blige at the BBC

6.00 **Saving Lives at Sea** 3/10. Reports come in of a kayaker who has failed to make it back to shore in Larne, Northern Ireland, so father-and-son duo Frank and Jack race to the rescue. (S)(R)(AD)
7.00 **Mortimer & Whitehouse: Gone Fishing** 6/6. Bob and Paul return to the Peak District. (S)(R)(AD)
7.30 **Great Asian Railway Journeys** Michael Portillo travels through Thailand, where he tries his hand at umbrella-making and visits a hospital for elephants wounded by landmines. (S)(R)
8.30 **NEW Mary J Blige at the BBC** A compilation of performances by the singer, with hits including *Just Fine* and *No More Drama* and collaborations with George Michael, U2 and Elton John. (S)
9.30 **First Ladies of Hip Hop** Series finale 3/3. A look at female rappers from the 1990s onwards, with Eve and Rah Digga revealing their struggles to achieve artistic and commercial success. (S)
10.30 **NEW SERIES Later... with Jools Holland** 1/6. With Jorja Smith, Say She She, Antony Szmierek, The National and Wreckless Eric. (S)
11.15 **Estelle at Glastonbury 2008** The singer's performance on the Jazz World Stage. (S)(R)
11.45 **Top of the Pops: Big Hits 1990** Featuring Sinead O'Connor. (S)(R)
12.45 AM **Moulin Rouge: Yes We Can-Can!** 3/6. New recruits Jen and Erin learn the can-can. (S)(R)
1.15 **FILM Sweetheart** Romantic comedy starring Nell Barlow. (S) (2021, 15, 100min) ★★★★
2.55 **to 6.05** AM **Previews** (S)

ITV1

103 103/176 803 | 103/113 | 3 103 | 103 111

6.00 AM **Love Your Garden** (S)(R)(AD)
7.30 **Love Your Weekend with Alan Titchmarsh** With guests Sue Barker and Adrian Lukis. (S)(R)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Kelvin and Liz Fletcher. (S)
11.40 **Jason Atherton's Dubai Dishes** Series finale Herby dishes inspired by the region. (S)(AD)
12.40 PM **ITV News** (S)
1.00 **LIVE Racing** Day two of the Future Champions Festival at Newmarket. Plus, action from York. (S)
3.00 **LIVE Rugby World Cup** Pool C winner v Pool D runner-up: All the action from the first quarter-final, held at Stade de Marseille in France. Kick-off is at 4.00. *See feature, page 28.* (S)

LIVE!
1.00 Racing

6.30 **ITV News** (S)
6.35 **Local News** (S)
6.45 **In for a Penny** Stephen Mulhern sets challenges to members of the public in Blackpool. (S)(R)(AD)
7.15 **LIVE Rugby World Cup** Pool B winner v Pool A runner-up: Coverage of the second quarter-final, which comes from Stade de France in Paris. Kick-off is at 8.00. *See feature, page 28.* (S)
10.30 **ITV News** (S)
10.50 **Grand Slammers: Inside HMP the Mount** 1/2. England Rugby World Cup winners, including captain Martin Johnson, attempt to train a team of inmates from HMP The Mount in Hertfordshire. (S)(R)(AD)
12.15 AM **English Football League Highlights** Recent action. (S)(R)
1.15 **The Chase** Quiz show. (S)(R)
2.05 **The Switch** Quiz show. (S)(R)
2.55 **Fresh Cuts** (S)(SL)(R)(AD)
3.45 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Jason Atherton's Dubai Dishes** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.05 AM **The King of Queens** (S)(R)(AD)
6.50 **Cheers** 23-25/25. (S6) (S)(R)
8.15 **Everybody Loves Raymond** (S)(R)
9.45 **Frasier** 16-18/24. (S1) (S)(R)(AD)
11.10 **The Simpsons** (S)(R)(AD)
2.35 PM **Jamie's £1 Wonders** Jamie Oliver shares a recipe for homemade gnocchi in a cheesy bacon and pea sauce. (S)(R)(AD)
3.35 **Four in a Bed** The competition starts at the White Swan in Deighton, North Yorkshire. (S)(R)
4.05 From Clough View Farm in Matlock, Derbyshire. (S)(R)
4.35 A visit to The Buxted Inn in Uckfield, East Sussex. (S)(R)
5.10 The final stay of the week is at the Crescent Victoria Hotel in Margate, Kent. (S)(R)
5.40 The B&B owners meet up for the last time. (S)(R)

8.30 Julia Bradbury's Irish Journey

6.05 **Kirstie and Phil's Love It or List It** 8/8. Kirstie Allsopp and Phil Spencer return to Edinburgh to visit Gary and Bill, who they first met in 2020. (S)(R)(AD)
7.00 **News** (S)
7.30 **Castle Howard: Through the Seasons** 1/4. A year in the life of Castle Howard from spring through to Christmas, revealing the varied activities at the stately home through the seasons. (S)(R)(AD)
8.30 **Julia Bradbury's Irish Journey** New edition 2/4. Julia takes a trip up the coastal Wild Atlantic Way, and visits the famous tower in Ballylee that was the summer home for WB Yeats. (S)(AD)
■ Entire series on C4 online
9.30 **FILM Knives Out** Comedy mystery starring Daniel Craig and Chris Evans. The apparent suicide of a wealthy crime novelist is investigated by a private detective. With Ana de Armas, Jamie Lee Curtis and Michael Shannon. (S)(AD) (2019, 12, 151min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.05 AM **FILM Jack Ryan: Shadow Recruit** Espionage thriller starring Chris Pine and Keira Knightley. An analyst for the CIA discovers a plot to destroy the US economy. (S)(AD) (2014, 12, 110min) ★★★
1.55 **Ramsay's 24 Hours to Hell and Back** From Arkansas. (S)(R)(AD)
2.40 **Couples Come Dine with Me** (R)
3.35 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.45 **to 6.00** AM **Find It, Fix It, Flog It**

+1 hour 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 105 | 105 105

5.45 AM **Milkshake!**
9.45 **SpongeBob SquarePants** Animated adventures. (S)(R)
10.10 **Entertainment News** (S)
10.15 **Friends** (S7) (S)(R)(AD)
12.15 PM **FILM Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. (S) (2007, PG, 145min) ★★★
2.40 **FILM Serendipity** Romantic comedy starring John Cusack and Kate Beckinsale. (S) (2001, PG, 110min) ★★★★
4.30 **FILM What Women Want** Romantic comedy starring Mel Gibson and Helen Hunt. A womanising advertising executive finds he has the ability to hear women's thoughts. (S) (2000, 12, 145min) ★★★

4.30 What Women Want

6.55 **News** (S)
7.00 **Cricket World Cup** India v Pakistan: Action from today's group match between the fierce rivals at Narendra Modi Stadium in Ahmedabad, India. (S)
8.00 **NEW When Train Journeys Go Horribly Wrong** John Sergeant narrates a selection of first-hand accounts of nightmare trips on the railway, including passengers stuck on a train that lost power on the hottest day of the year, leaving them without air conditioning in the 38C heat. (S)
9.30 **NEW Man About the House: 50 Years of Laughs** A celebration of the 1970s sitcom, with interviews and behind-the-scenes stories from stars Paula Wilcox, Sally Thomsett and Brian Murphy, and writer Brian Cooke. (S)
10.50 **FILM The Hunt for Red October** Cold War suspense thriller set on a nuclear-powered submarine, starring Sean Connery, Alec Baldwin, Scott Glenn and Sam Neill. (S) (1990, PG, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.35 AM **PlayOJO Live Casino Show**
3.35 **Friends** (S10) (S)(R)(AD)
4.30 **Britain's Greatest Bridges** (R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **Monkey Life** (S)(R)
8.30 **The Fresh Prince of Bel Air** 20-23/24. (S3) (S)(R)
10.30 **Saturday Social** Football show.
12.00 NOON **David Attenborough's Dragons and Damsels** Documentary. (S)(R)(AD)
1.00 PM **The Simpsons** Four episodes, including at: **2.30** *How the Test Was Won:* Principal Skinner rediscovers the joy of teaching. (S)(R)
3.00 **Gillette Labs Soccer Saturday** Up-to-the-minute scores.
5.00 **The Simpsons** *No Loan Again, Naturally:* Ned comes to the rescue when Homer is unable to pay his mortgage. (S)(R)
5.30 **Colditz: The Legend** A guide to the notorious World War Two PoW camp. (S)(R)

8.30 The Return of the King

6.30 **Truth & Lies** 3/6. How money plays a decisive role in the battle between truth and lies, as the powerful have used their wealth to influence all areas of social interaction in their favour. (S)(R)
7.30 **Cricket World Cup** India v Pakistan: Action from today's group match at Narendra Modi Stadium in Ahmedabad, India.
8.30 **FILM The Lord of the Rings: The Return of the King** Epic fantasy adventure concluding Peter Jackson's trilogy based on JRR Tolkien's mythical saga. As the forces of good and evil contend in a massive battle before the citadel of Minas Tirith, Frodo Baggins nears the end of his perilous quest to destroy the magic ring of power. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (S)(AD) (2003, 12, 201min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **COBRA: Rebellion** 1/6. An environmental demonstration ends with grave consequences. (S3) (S)(R)
1.00 AM **Brassic** 3/8. A young German man comes to town looking for Tommo. (S5) (S)(R)
2.00 **Never Mind the Buzzcocks** With Jordan Stephens. (S)(R)
2.45 **Road Wars** (R)(S)
3.15 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
No variations

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.25pm Match of the Day from Northern Ireland (S) **11.05 FILM** Superbad (S) (2007, 15, 110min) ★★★★ **12.55-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
2.55pm Truckers: Life on the Road (S)(R) **3.25-3.55pm** Pizza Boys: World Cup Adventure (S)(R)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
6.00pm The Fast and the Farmer-ish (S)(R) **6.30-7.30pm** Saving Lives at Sea (S)(R)(AD)

WALES
Sky **968**, Freesat **968**
6.00pm Wynne's Welsh 70s (S)(R) **6.30-7.30** Saving Lives at Sea (S)(R)(AD) **9.30 NEW** Black Music Wales (S) **10.30** First Ladies of Hip Hop Series finale (S) **11.30 NEW SERIES** Later... with Jools Holland (S) **12.15-12.45am** Estelle at Glastonbury 2008 (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Hydref Gwyllt Iolo **11.00** Ffermio **12.00noon** Bwyd Bach Shumana a Catrin **12.30pm** Am Dro! (AD) **1.30** Cymru Wyllt Gudd **2.30** Dau Gi Bach (AD) **3.00 LIVE** Cwpan Rygbi'r Byd 2023 **6.30** Pen/Campwyr **7.05 NEW SERIES** Agor y Clo **7.15** Newyddion a Chwaraeon **7.30** Cyfres Triathlon Cymru 2023 – Llandudno **8.30** Aur y Noson Lawen **9.30** Hywel Gwynfryn yn 80 **10.35** Yn y Fan a'r Lle (AD) **11.05-11.40pm** Elis James – 'Nabod y Teip

BBC3

115/117/121 | 107/157 | 23 107 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Sharon receives a very tempting life-changing offer. **7.30** Callum finds out about Jay's new habit.
8.00 **Top Gear Bolivia Special** The team use second-hand 4x4s to negotiate the Amazon basin and reach the coast of Chile.
9.15 **Two Pints of Lager and a Packet of Crisps** 9/14. Janet is signed up for the pub quiz, but she gets so wrapped up in it she forgets her antenatal class. **9.45** 10/14. Gaz is run over by an ambulance, and while concussed makes the startling revelation that he is the father of Janet's baby. **10.15** 11/14. Jonny feels neglected as Janet focuses her attention on the baby. **10.45** 12/14. Gaz makes an effort to get in touch with his feminine side. (S5)
11.15 **Ballers: Ball or Nothing**
3.15 AM **Two Pints of Lager and a Packet of Crisps**
3.45 **to 3.55** AM **Pobl Bachyn**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Lost Land of the Tiger** Gordon Buchanan captures footage of a snow leopard cub in Bhutan.
8.00 **The Celts: Blood, Iron and Sacrifice with Alice Roberts and Neil Oliver** Exploring the history and culture of the Celts.
9.00 **NEW Sir Simon Russell Beale Remembers... The Hollow Crown** The actor's memories of the Shakespeare adaptations.
9.15 **The Hollow Crown: Richard II** 1/4. First of four Shakespeare adaptations, starring Ben Whishaw. King Richard banishes his cousin Henry Bolingbroke from the realm – so his relative vows revenge.
11.35 **The Hollow Crown: Henry IV Part 1** Shakespeare adaptation starring Jeremy Irons.
1.35 AM **Yes, Minister**
2.05 **Some Mothers Do 'Ave 'Em** Classic sitcom.
2.35 **to 3.35** AM **Lost Land of the Tiger**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun**
12.30 PM **Four in a Bed**
3.05 **Location, Location, Location** From Cardiff.
4.10 **Come Dine with Me** Events planner Natalie hosts the first dinner party in Essex. **4.40** The second host is bridal-shop owner Alison. **5.15** Amarinder hosts a Bollywood-themed evening. **5.50** Donia chooses an Egyptian-themed evening on the fourth night in Essex.
6.20 **Come Dine with Me** Fish salesman Dean hosts the final dinner party in Essex.
6.55 **Lost Pharaohs of the Nile** The work of archaeologists to excavate sites along the Sudanese Nile Valley.
7.55 **Bettany Hughes' Treasures of the World** 5/5. The historian visits a dig in Istanbul containing artefacts from multiple eras, and follows in the footsteps of Byzantine empress Theodora.
9.00 **24 Hours in A&E** A 50-year-old motorcyclist is rushed in after crashing head first into a lamp-post. **10.00** A 12-year-old girl requires extensive surgery after breaking her leg.
11.05 **8 Out of 10 Cats Does Countdown** Double bill.
1.15 AM **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Lego Masters Australia**
7.40 **Made in Chelsea**
8.40 **Modern Family**
10.40 **Young Sheldon**
1.05 PM **The Great British Bake Off** Bread Week.
2.45 **FILM Madagascar: Escape 2 Africa** Animated comedy adventure sequel. (2008, PG, 89min) ★★★
4.30 **The Big Bang Theory** Five episodes, including at: **6.30** 23/24. Sheldon and Leonard's mothers meet for the first time. (S8)
6.55 **FILM Men in Black 3** Sci-fi action comedy sequel starring Will Smith, Tommy Lee Jones and Josh Brolin. Wisecracking Men in Black agent J goes back in time to 1969 to save the life of the young Agent K. With Emma Thompson. (2012, PG, 105min) ★★★★
9.00 **Celebrity Gogglebox** Some of Britain's best-loved personalities critique shows, including *Blue Planet II, Antiques Roadshow, Basic Instinct* and *It Chapter Two*.
10.00 **Gogglebox** *Jamie's £1 Wonders, Drink Masters* and *Michael McIntyre's The Wheel* are appraised. **11.05** Opinions on *Hollyoaks* and *University Challenge*.
12.10 AM **First Dates**
2.20 **Celebrity Gogglebox**
3.10 **Gogglebox**
4.05 **to 6.00** AM **Modern Family**

+1 hour 235/236 | 306 | 30 | 123

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 | 110 | 341 356

6.00 AM **Motorway Patrol**
8.30 **Border Patrol**
12.00 NOON **The Force: Manchester** Documentary.
1.00 PM **Caught Red Handed** A man fights off an armed robber with a baseball bat. **1.45** A man follows a woman and robs her in her own home.
2.30 **Caught on Dashcam** Road disasters captured on video.
3.30 **Nothing to Declare** Seven editions of the documentary series following the work of customs officers in Australia.

8.00 FBI

7 PM
7.00 **Nothing to Declare** Officials are worried about a girl's mental health. **7.30** Officials become suspicious about a Ferrari.

8 PM
8.00 **FBI** *Second Life:* 9/23. The abduction of a young woman leads the team back to a cold case from 18 years ago. (S5)

9 PM
9.00 **FBI: International** *Wheelman:* 9/22. The Fly Team race against the clock to halt a major art heist. (S2)

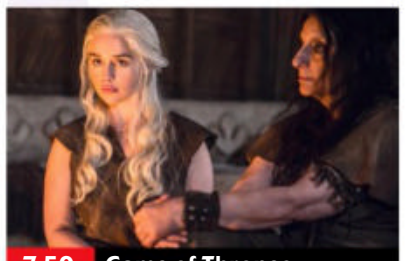
10 PM
10.00 **FBI: Most Wanted** *Processed:* 9/22. The team scramble to track down a celebrity child psychiatrist. (S4)
11.00 **Law & Order: SVU** (S24)
12.00 M'T **Law & Order: Organized Crime** 21/22. (S3)
1.00 AM **The Rookie** 14/20. (S1)
2.00 **Lincoln Rhyme: Hunt for the Bone Collector** 3/10. (S1)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill of editions.
9.00 **Django** 1-5/10. (S1)
2.25 PM **Ray Donovan** 1/12. Ray begins anger management therapy after a bar fight. **3.30** 2/12. A-list movie star Natalie James hires Ray. **4.35** 3/12. Ray is forced to clean up Natalie's mess. **5.40** 4/12. Abby starts construction on the new bar. **6.45** 5/12. Terry takes Damon to New York in order to train for a fight. (S5)


7.50 Game of Thrones

7.50 **Game of Thrones** *Book of the Stranger:* 4/10. Tyrion strikes a deal, while Jorah and Daario undertake a difficult task as they seek to catch up with Daenerys.

9.00 **Game of Thrones** *The Door:* 5/10. Tyrion seeks a new, strange ally, and Arya is given a chance to prove herself.

10.05 **Game of Thrones** *Blood of My Blood:* 6/10. An old foe returns to the great game, and Arya faces a difficult choice. (S6)
11.10 **Game of Thrones** 7/10. Jaime confronts a hero. **12.15** AM 8/10. Tyrion's plans bear fruit. (S6)
1.25 **Euphoria** 8/8. (S2)
2.35 **In Treatment** (S2)
3.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 111 | 346 361

6.00 AM **Highway Patrol**
8.00 **The Flash** 16-18. (S7)
11.00 **Merlin** Four episodes of the fantasy drama, including at: **2.00** PM 11/13. With guest star Joseph Mawle. (S2)
3.00 PM **Hawaii Five-0** 16/25. A salesperson is murdered. **4.00** 17/25. Junior is torn between his duties and his feelings for an ex-girlfriend. **5.00** 18/25. Tani and Junior go undercover at a gym. **6.00** 19/25. A renowned street artist is murdered. (S9)

8.00 A Discovery of Witches

7.00 **Hawaii Five-0** *Ke ala o ka pu (Way of the Gun):* 20/25. McGarrett and the team must locate a teenage girl. (S9)

8.00 **A Discovery of Witches** 7/7. Matthew is near death as he is slowly tortured by Benjamin. (S3)

9.00 **Never Mind the Buzzcocks** With Jordan Stephens and Phil Wang.
9.45 **COBRA: Rebellion** 1/6. An environmental demonstration ends with grave consequences. (S3)
10.45 **Brassic** *Hans:* 3/8. A German man comes looking for Tommo. (S5)
11.50 **A League of Their Own Road Trip: Loch Ness to London** Unseen moments.
12.50 AM **Warrior** 7/10. (S3)
2.00 **The Blacklist** New episode 17/22. Congressman Hudson's investigation escalates. (S10)
3.00 **Road Wars**
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 118 816 | 115 | 6 | 113

5.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.35 **Dress to Impress**
12.30 PM **Catchphrase**
1.20 **Family Fortunes**
2.20 **In for a Penny**
3.20 FILM **Goosebumps 2: Haunted Halloween** Comedy sequel with Madison Iseman. (2018, PG, 90min) ★★
5.10 FILM **The Croods** Animated comedy adventure featuring the voice of Nicolas Cage. (2013, U, 98min) ★★★★

5.10 The Croods

7.10 FILM **Kung Fu Panda 3** Animated comedy sequel featuring the voice of Jack Black. The clumsy hero is reunited with his father and must pass on his skills to a village of pandas. (2016, PG, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **Bad Neighbours** Comedy starring Seth Rogen and Zac Efron. A suburban couple enter into a vicious game of one-upmanship with the raucous students living next door. (2014, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Family Guy** 7/20. Meg takes part in the Winter Olympics. **11.25** 2/20. Chris and Stewie take up vaping. (S17)
11.55 **American Dad!** (S13)
12.55 AM **Stand Up Sketch Show**
2.00 **Iain Stirling's CelebAbility**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 119 817 | 117 | 10 | 115

6.00 AM **Bless This House**
7.05 **Inspector Morse**
9.25 **Maigret** 1-3/6. (S1)
1.25 PM **Maigret** *Maigret and the Mad Woman:* 4/6. An elderly woman claims her belongings are being moved. **2.35** *Maigret on Home Ground:* 5/6. The detective goes home. **3.45** *Maigret Sets a Trap:* 6/6. A killer terrorises the women of Montmartre. (S1)
5.00 **Midsomer Murders** *Death by Persuasion:* A woman is killed during a re-enactment.

9.25 Maigret

7.00 **Midsomer Murders** *Shot at Dawn:* A new war memorial in Midsomer Parva stirs up an old feud between the Hammonds and their neighbours the Hickses, whose ancestor was shot for cowardice at the Somme.

9.00 **Midsomer Murders** *Death of the Small Coppers:* Barnaby and Winter investigate a mysterious club for geniuses after one of their members is murdered and his body pinned to the wall.

11.05 **Maigret: Night at the Crossroads** 1/2. The detective finds a rural community is full of secrets. (S2)
1.05 AM **Scott & Bailey** 3/8. The murder of a gay man appears to be a hate crime. (S4)
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **The Edit** New edition Entertainment news.
7.30 **Silicon Glen: From Ships to Microchips** The story of IBM's facility in Spango Valley, Greenock.
8.30 **This Farming Life** 7/12. Nikki and Ollie's rabbit breeding programme bears fruit.
9.30 **Scot Squad** 5/5. The Chief tackles a new crime initiative with the help of Gavin Hastings. (S6)
10.00 FILM **Scottish Mussel** Romantic comedy drama directed by and starring Talulah Riley, with Martin Compston. (2015, 15, 94min) ★★
11.30 PM **to 12.00** M'T **Stock Car Superstars** The final weekend of the season at Cowdenbeath Racewall stock-car track.

Sky Comedy

114/115 | 112 | 347 362

8.00 AM **The Fresh Prince of Bel Air** 18-22/24. (S3)
10.30 **Avenue 5** 2-6/8. (S2)
1.30 PM **Will & Grace** (S8)
4.00 **Silicon Valley** (S1&2)
6.30 **The Office (US)** 5/26. Pam deals with Andy's embarrassing injury. **7.00** 6/26. Kevin inadvertently ruins Jim and Pam's honeymoon. **7.30** 7/26. Pam discovers that Michael is dating her mother. **8.00** 8/26. Michael is mocked for falling into a koi pond during a pitch. **8.30** 9/26. Jim and Pam go on a double date with Michael. (S6)
9.00 **Curb Your Enthusiasm**
10.15 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.15 **Yvonne Orji: A Whole Me** Stand-up comedy.
12.30 AM **Veep** 5&6/8. (S2)
1.30 **Silicon Valley** (S2)
2.30 **to 5.00** AM **House of Lies**

Sky Arts

130/131 140 123 11 147 365

6.00 AM **Hitler's Jazz Band**
7.00 **Battle of the Brass Bands** Documentary.
8.00 **Tales of the Unexpected**
11.00 **Hitchcock Presents**
1.00 PM FILM **Sherlock Holmes: Terror by Night** Mystery. (1946, b/w, U, 60min) ★★
2.15 **André Rieu: Welcome to My World**
3.15 **Portrait Artist 2023**
4.15 **Musical Masterpieces**
5.15 **Discovering: John Mills**
6.15 **Pink Floyd: P.U.L.S.E**
7.30 **The Byrds: Music Icons**
8.00 **Stevie Nicks: 24 Karat Gold Tour** Concert footage featuring the Fleetwood Mac singer.
10.00 **Gary Numan Resurrection**
11.40 **Guy Garvey: From the Vaults**
12.40 AM **Sisters with Transistors** Documentary.
2.30 **Beth Hart: Live at the Royal Albert Hall**
5.00 **to 6.00** AM **Music Icons**

Pick

151 | 135 | 36 | 144

6.00 AM **Nothing to Declare**
11.00 **Stop, Search, Seize**
12.00 NOON **Highway Cops**
1.00 PM **Motorway Patrol**
2.00 **The Predator's Playbook** Documentary.
3.00 **Malawi Wildlife Rescue**
4.00 **Pridelands: Wilderness Reborn** Documentary.
5.00 **Africa's Underwater Wonders** Documentary.
6.00 **Road Wars** Footage of youths stealing a car. **7.00** A high-speed chase through the grounds of a hospital.
8.00 **The Force: Manchester** A man is assaulted by two attackers.
9.00 **Britcam: Emergency on Our Streets** Hastings cabbie Leigh embarks on an eventful night shift.
10.00 **SEAL Team** (S2)
1.00 AM **Caught on Dashcam**
2.00 **Border Security: America's Front Line**
4.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 | 119 | 28 | 119

7.00 AM **The Real Housewives of Atlanta**
8.00 **Masters of Flip**
9.00 **LittleBe**
12.00 NOON **Masters of Flip**
1.00 PM **The Only Way Is Essex** Reality series.
2.00 **Ferne McCann: My Family and Me**
3.00 **Abbey Clancy: Celebrity Homes**
4.00 **Chloe Madeley: A Family Affair**
5.00 **Cooking with the Stars**
7.00 **Celebrity Dinner Date** With Casey Batchelor. **8.00** Reality TV star and businessman Callum Izzard takes part.
9.00 **Botched** Patients who hid their plastic surgery from their loved one.
10.00 **Ibiza Weekender** Jordan tries to win Isobel back. **11.00** David persuades an old flame to visit.
12.00 M'T **to 1.00** AM **Vanderpump Rules**

+1 hour 319 58

GREAT! tv

157 170 50 142

8.00 AM **Diagnosis Murder**
1.00 PM FILM **Love Takes Flight** Romantic drama. (2019, PG, 87min) ★★
3.00 FILM **Love at Sunset Terrace** Romance. (2020, PG, 110min) ★★
5.00 FILM **Starting Up Love** Romantic comedy starring Anna Hutchison. (2019, PG, 77min) ★★
7.00 FILM **The Perfect Catch** Romantic drama starring Nikki Deloach. (2017, PG, 90min) ★★
9.00 **Lost Letter Mysteries: From Paris with Love** Drama with Eric Mabius and Kristin Booth.
10.45 **Lost Letter Mysteries for Christmas** Festive comedy with Eric Mabius and Kristin Booth.
12.40 AM **Castle** (S2)
3.00 **Return of the Saint**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **Great! Movie News Extra**

+1 hour 257 62 143

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **The Derby Through the Years** The Epsom Downs.
6.20 **Minder**
7.20 **The Professionals**
8.25 **The NFL Show**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 FILM **Flash Gordon** Fantasy. (1980, PG, 115min) ★★★
1.50 PM **The Grand Fishing Adventure** In Lake Orellana.
2.55 LIVE **Racing: Newmarket**
4.15 **British Touring Car Championship Highlights**

5.50 Robin Hood: Prince of...

5.50 FILM **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. Robin Hood forms a band of outlaws to exact revenge on the Sheriff of Nottingham. With Alan Rickman. (1991, PG, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Featuring action from Reading v Oxford United and Notts County v Mansfield Town.

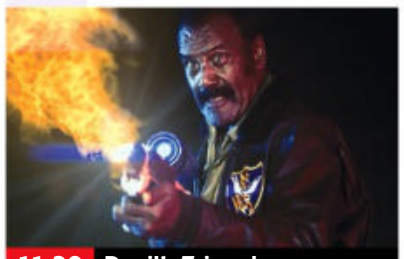
10.30 FILM **Fury** War drama starring Brad Pitt. A US tank crew undertake a final dangerous mission behind enemy lines in the last months of World War Two. (2014, 15, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.45 AM **Motorsport UK**
1.45 **Auto Mundial**
2.15 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 60 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** Five episodes of the drama, including at: **2.00** PM 4/22. Daniel Jackson suffers from hallucinations. **3.00** 5/22. O'Neill risks a court martial to help an alien.
4.00 **Stargate Atlantis** 6/20. A virus causes amnesia in everyone but Teyla and Ronon. **5.00** 7/20. Teyla and Dr Keller find themselves on the run. **6.00** 8/20. The team meet a prophet named Davos. (S4)


11.20 Devil's Triangle

7.00 **Stargate Atlantis** *Miller's Crossing:* 9/20. McKay's sister is kidnapped by Henry Wallace. Guest stars Kate Hewlett.

8.00 **Stargate Atlantis** *This Mortal Coil:* 10/20. A mysterious probe crashes into the city-ship. Guest stars Torri Higginson. (S4)

9.00 **True Blood** *Cold Grey Light of Dawn:* 7/12. Bill discovers that Marnie is planning to cast a spell to lure all vampires into the daylight. **10.10** *Spellbound:* 8/12. Bill tries to arrange a truce with Marnie, and Jason's loyalties are torn. (S4)

11.20 FILM **Devil's Triangle** Action adventure starring Diana Prince. Marine biologists discover the lost city of Atlantis in the Bermuda Triangle and soon realise the inhabitants have evil intentions. (2021, PG, 110min) ★★
1.10 AM **Stargate SG-1** (S3)
4.00 **to 6.00** AM **Most Haunted**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S7)
10.00 **Hudson & Rex** (S2)
2.00 PM **Father Brown** Four episodes, including at: **4.00** *The Wrong Shape*: The priest investigates when a man is found hanged. **5.00** *The Man in the Tree*: Sid is implicated as the villain responsible for injuring a man and leaving him in a tree.
6.00 **Inspector George Gently** *Gently Going Under*: Bacchus and Gently investigate the suspicious death of a miner.

9.00 Father Brown

Inspector George Gently (started at 6.00pm)

8.00 **Death in Paradise** *Death of a Pawn:* 8/9. The team investigate when a prestigious chess match ends in murder. (S11)

9.00 **Father Brown** *The House of God:* The holiest house in Kembleford is linked to the death of a wanton woman.

10.00 **My Life Is Murder** *Nothing Concrete:* 2/10. A crime novelist is found dead encased in a public sculpture. (S3)
11.00 **Death in Paradise** 1/8. The owner of a plantation is found with a machete in his back – but all the suspects appear to have alibis. Guest stars Stephanie Beacham. (S2)
12.00 M'T **Pretty Hard Cases** (S2)
1.00 **to 4.00** AM **Hudson & Rex**

+1 hour 209/210 314

GOLD

110/111 110/111 124 344 359

7.05 AM **Desmond's**
7.45 **Hi-de-Hi!**
8.20 **Still Open All Hours**
9.00 **Chef!**
10.20 **Only Fools and Horses**
12.20 PM **Only Fools and Horses**
1.00 **Only Fools and Horses** Nine episodes, including at: **4.20** Rodney goes it alone. **5.00** Del Boy plans a spot of salmon-poaching. **5.35** Del Boy falls for a glamorous antiques dealer. **6.20** Rodney unwittingly causes a family crisis.

7.00 Only Fools and Horses

7.00 **Only Fools and Horses** Rodney tries to help a drunken woman. **7.40** The Trotters agree to do a spot of decorating for Denzil – but their efforts are undone by a dead canary. **8.20** Del Boy acquires a nuclear fallout shelter.

9.00 **Only Fools and Horses** Rodney joins the residents' committee.
9.40 **Ghosts** Alison invites Lucy to stay, but begins to worry about her real motivations.
10.20 **The Lenny Henry Show** Delbert's belief in the cash-free society is tested.

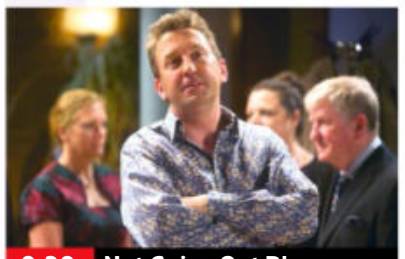
11.00 **Chewing Gum** Four episodes of Michaela Coel's comedy.
1.00 AM **Lenny Henry's Race Through Comedy** British comedy of colour over the past five decades.
2.00 **The Lenny Henry Show**
2.45 **to 4.00** AM **Desmond's**

+1 hour 210/211 324

Dave

111/112 127 19 157

7.10 AM **Expedition with Steve Backshall: Unpacked**
8.00 **Rick Stein's Cornwall**
9.00 **Train Truckers**
10.00 **Repair Lot**
11.00 **Celebrity Storage Hunters**
2.00 PM **Would I Lie to You? At Christmas** With Richard Osman, Tom Courtenay, Sara Pascoe and Chris Kamara.
2.40 **Would I Lie to You?**
4.00 **Red Bull Soapbox Race 2022** Highlights from Iowa. **5.00** From San Marino. **6.00** Action from Toulouse.


9.20 Not Going Out Bloopers...

7.00 **QI XL** Guests Phill Jupitus, Rich Hall and Jimmy Carr join regular panellist Alan Davies and host Stephen Fry.

8.00 **Not Going Out** Lee and Lucy struggle to maintain their romance. **8.40** Lucy criticises father-in-law Frank over his abilities as a babysitter.

9.20 **Not Going Out Bloopers Special** Unscripted moments that ended up on the cutting-room floor.

10.00 **David Mitchell's Outsiders** The Outsiders devise an entertaining and educational fable for a group of children.

11.00 **Mock the Week** With Angela Barnes, Catherine Bohart, Ed Gamble and Michael Odewale.
11.40 **QI XL** With Sarah Millican, Jimmy Carr and Johnny Vegas.
12.40 AM **Have I Got a Bit More News for You**
1.40 **to 4.00** AM **Schitt's Creek**

+1 hour 211 327 57

Saturday

7 PM

8 PM

9 PM

10 PM

4seven

137/138 143 49 127

9.00 AM **Couples Come Dine with Me**
11.00 **Chateau DIY**
2.00 PM **A Place in the Sun** Six back-to-back editions, including at: **7.00** A father and son search for a holiday home in Malaga.
8.00 **The Great Pottery Throw Down** The potters craft a keepsake box with a disguised lid.
9.15 **Grand Designs** Kevin McCloud sees the progress on a treehouse in Gloucestershire.
10.15 **Don't Look Down for SU2C** Paddy McGuinness leads a team of celebrities to master the highwire.
11.20 **24 Hours in A&E**
12.25 AM **Gogglebox**
1.30 **Big Fat Quiz of the Decade** Comedy quiz.
3.30 **8 Out of 10 Cats Does Countdown**
4.25 **to 4.55** AM **Beat the Chef**

5USA

141/169 120/162 21 129

9.00 AM **Murder, She Wrote** Back-to-back episodes.
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **6.00** *Murder by Appointment Only:* A cosmetics magnate's fiancée is murdered. **7.00** *Trial by Error:* Jessica is called for jury duty in a murder trial. **8.00** *Keep the Home Fries Burning:* Jessica investigates a poisoning.
9.00 **Criminal Minds** *Cold Comfort:* 14/26. The mother of an abducted child helps the team. **10.00** *Zoe's Reprise:* 15/26. A killer copies past murderers. (S4)
11.00 **Law & Order: Special Victims Unit** (S5)
12.55 AM **Criminal Minds**
2.50 **Lucifer** 7/18. (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 320 130

5STAR

128/129 126 32 131

8.00 AM **Criminals: Caught on Camera**
8.25 **Dogs Behaving (Very) Badly** Triple bill.
11.25 FILM **Superman IV: The Quest for Peace** Adventure sequel. (1987, PG, 90min) ★
1.15 PM FILM **The Time Machine** Sci-fi action adventure. (2002, PG, 96min) ★★
3.10 FILM **Jupiter Ascending** Sci-fi adventure starring Mila Kunis. (2015, 12, 122min) ★★
5.50 FILM **The Hobbit: An Unexpected Journey** Peter Jackson's fantasy adventure. (2012, 12, 165min) ★★★
9.00 FILM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
11.35 FILM **Get Rich or Die Tryin'** Music drama. (2005, 15, 117min) ★
2.00 **to 3.00** AM **Ambulance: Code Red**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
11.15 **Police Interceptors**
12.15 PM FILM **Four Horsemen of the Apocalypse** Remake of the silent screen classic movie. (1961, PG, 153min) ★★
3.20 FILM **Open Range** Western starring Kevin Costner. (2003, 12, 139min) ★★★
6.05 FILM **Kelly's Heroes** World War Two action comedy. (1970, PG, 143min) ★★★★
9.00 FILM **The Gauntlet** Action thriller starring Clint Eastwood. (1977, 18, 104min) ★★★★
11.15 FILM **Hard to Kill** Crime thriller starring Steven Seagal. (1990, 18, 92min) ★★★
1.10 AM **Car Crash TV**
2.15 **Criminals: Caught on Camera** CCTV footage.
2.50 **to 3.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **My Family** Six episodes, including at: **5.40** Ben and Susan get involved in a pyramid money-making scheme. **6.20** Ben buys the house next door.
7.00 **Miranda** Stevie and Miranda compete for the attention of a new friend. **7.40** Penny and Miranda are forced to see a therapist. **8.20** Miranda dreams of the perfect Christmas.
9.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
10.50 **Nurses Down Under** Nurses fight to save a man who has gone into anaphylactic shock.
11.50 **Inside the Ambulance: Coast and Country**
12.50 AM **Lives on Fire**
1.50 **to 3.00** AM **Tipping Point**

+1 hour 232/233 325

Drama

143 116 20 158

7.25 AM **Jonathan Creek**
8.25 **Dalziel & Pascoe**
10.30 **Father Brown**
12.30 PM **New Tricks**
1.50 **Jonathan Creek**
4.00 **Mrs Sidhu Investigates**
6.00 **The Brokenwood Mysteries** *The Dark Angel:* 4/4. A couple stumble upon a body of an elderly man at an abandoned mental health facility. (S5)
8.00 **Father Brown** *The Deadly Seal:* The priest is put in a difficult situation when he is told about an assassination plot during a confession.
9.00 **Death in Holy Orders** 2/2. The death toll at St Anselm's theological college continues to mount. Stars Martin Shaw.
11.00 **Whitechapel** (S3)
1.00 AM **Banished** (S1)
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60

SATURDAY Entertainment

Saturday

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Wales.
7.00 **Teleshopping**
8.00 **Antiques Road Trip**
10.00 **Dr Pimple Popper**
1.00 PM **A Place in the Sun**
3.00 **The Great Antiques Challenge** A leather inlay dining room table.
4.00 **Helicopter ER**
8.00 **Paramedics on Scene** A bus crash in Glasgow leaves several passengers injured.
9.00 **The Dead Files** New edition A malicious spirit threatens a man's home and marriage.
10.00 **Conjuring Kesha** New edition Kesha and rapper GaTa check in for a night of terror at the Westerfeld House.
11.00 **Spooked Ireland**
12.00 M'T **Ghost Adventures**
2.00 AM **Teleshopping**
4.00 **Animal Cops Detroit**
5.00 **to 6.00** AM **Animal Cops Houston**

Challenge
145 139 48 146

7.00 AM **The Chase**
9.00 **Through the Keyhole**
11.00 **Family Fortunes**
12.30 PM **All Star Family Fortunes** TV presenter Stacey Solomon and *Emmerdale* actor Danny Miller compete.
1.30 **All Star Family Fortunes Christmas Special** Featuring teams from *The Only Way Is Essex* and *Benidorm*.
2.30 **Strike It Lucky**
4.00 **Tenable** Double bill of the list quiz.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** With guests David Grant, Jonnie Peacock, Pixie McKenna and Andy Hamilton.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action
323 426 42 305

8.00 AM **Wild West...**
9.10 FILM **Once Upon a Texas Train** Western. (1987, PG, 100min) ★★
11.10 FILM **Buck and the Preacher** Comedy Western. (1971, PG) ★★
1.15 PM FILM **The Walking Hills** Western. (1949, b/w, PG, 78min) ★★
3.00 FILM **The Desperadoes** Western. (1943, U) ★★
4.50 FILM **Alvarez Kelly** Western adventure. (1966, PG, 116min) ★★
7.05 FILM **The Quick Gun** Western. (1964, PG) ★★
9.00 FILM **Bullet** Thriller. (2014, 15, 86min) ★★
10.50 FILM **Resident Evil: Apocalypse** Thriller. (2004, 15) ★★★
12.40 AM FILM **Conspiracy** Thriller. (2008, 15) ★★
2.25 **Wild West Chronicles**
3.05 **Battle of Crete**
4.00 **to 5.00** AM **Battle Honours**

+1 hour 324

GREAT! movies
321 425 34 302

9.10 AM FILM **An Aurora Teagarden Mystery: Last Scene Alive** Drama. (2018, PG, 90min) ★★
11.10 FILM **An Aurora Teagarden Mystery: Reap What You Sew** Drama. (2018, PG) ★★
1.00 PM FILM **Garage Sale Mystery: Novel Murders** Drama. (2016, PG) ★★
2.50 FILM **Paul Blart: Mall Cop** (2009, PG) ★
4.45 FILM **Pixels** Comedy. (2015, 12) ★★
6.55 FILM **Eddie the Eagle** Sports biopic. (2016, PG, 103min) ★★★
9.00 FILM **Knowing** Thriller. (2009, 15) ★★★★
11.25 FILM **Kill Bill: Vol 2** Thriller sequel. (2004, 18, 136min) ★★★
2.15 AM FILM **Reasonable Doubt** (2013, 15) ★★★
4.05 **to 6.00** AM FILM **Accusations and Lies** Thriller. (2019, PG) ★★

+1 hour 322 61

GREAT! christmas
319 424 52 303

8.00 AM FILM **All I Want for Christmas** Fantasy. (2013, PG, 88min) ★★
10.00 FILM **Kristin's Christmas Past** (2013, PG) ★★
12.00 NOON FILM **Christmas Next Door** Drama. (2017, U, 86min) ★★
2.00 PM FILM **My Santa** Drama. (2013, PG) ★★
4.00 FILM **The Mistletoe Promise** Drama. (2016, U, 84min) ★★
6.00 FILM **Oh Christmas Tree!** (2013, U) ★★
8.00 FILM **The Christmas Apprentice** Comedy. (2016, PG, 90min) ★★
10.00 FILM **On the Twelfth Day of Christmas** Drama. (2015, PG) ★★
12.00 M'T FILM **Runaway Christmas Bride** Drama. (2017, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas Caper** Comedy. (2007, PG) ★★

+1 hr 320 63 304

Legend
148 149 41 137

7.00 AM **World's Most Unexplained...**
8.00 FILM **Coward of the County** Drama. (1981, PG, 104min) ★★
9.50 **Legend Lowdown**
10.00 **Six Million Dollar Man**
3.00 PM FILM **Forbidden Cargo** Thriller. (1954, b/w, PG, 85min) ★★★
4.45 FILM **The Purple Plain** Wartime drama. (1954, PG, 100min) ★★★
6.45 FILM **The Great Alaskan Race** Drama. (2019, PG, 87min) ★★
8.30 **The Twilight Zone** (S1)
9.00 FILM **The River Wild** Adventure starring Meryl Streep. (1994, 12, 112min) ★★★★
11.10 FILM **The Driver** Crime thriller. (1978, 15, 91min) ★★★★
1.00 AM FILM **Howl** Horror. (2015, 18, 89min) ★★
2.50 **to 4.30** AM FILM **The Stakelander** Horror. (2016, 15, 81min) ★★

DMAX
172 169 38 150

6.00 AM **Deadliest Catch**
9.00 **Alaskan Bush People**
12.00 NOON **Last Alaskans**
3.00 PM **Alaska: Homestead Rescue** Double bill.
7.00 **The Zoo** The keepers try to train a golden eagle for the educational programmes.
8.00 **Jeremy Wade's Dark Waters** Searching for the man-sized pike in the lakes of Ireland.
9.00 **Animal Cops Houston** Mistreated horses are removed from a property.
10.00 **Body Bizarre** An eight-year-old girl undergoes delicate microsurgery.
11.00 **Monsters Inside Me**
1.00 AM **Ed Stafford: Left for Dead**
2.00 **Teleshopping**
4.00 **Insane Pools: Off the Deep End**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 258 369

Food Network
140/141 190 43 148

6.00 AM **Diners, Drive-Ins and Dives: Triple D Nation** Four editions.
8.00 **The Pioneer Woman**
1.00 PM **James Martin's French Adventure**
2.00 **James Martin: Yorkshire's Finest**
3.00 **John Torode's Asia**
8.00 **Sophie Grigson: Slice of Italy** Double bill. The chef shares her new world in Puglia.
9.00 **Secret Eats with Adam Richman** New editions In Las Vegas, Adam finds a Chicago mob-inspired speakeasy. **9.30** Adam is in Oahu where he finds the best short ribs he has ever had and a NY-Hawaiian fusion pizza in a pub.
10.00 **Secret Eats with Adam Richman** Four editions.
12.00 M'T **Mystery Diners**
2.00 **to 3.00** AM **Halloween Baking Championship**

+1 hour 240/241 149

Comedy Central
112/113 132 345 360

8.00 AM **Blockbusters**
9.00 **Friends** (S5)
3.00 PM FILM **Billy Madison** Comedy starring Adam Sandler, Darren McGavin and Bridgette Wilson. (1995, PG, 90min) ★★
4.35 FILM **Click** Fantasy comedy starring Adam Sandler and Christopher Walken. (2006, 12, 103min) ★★★★
6.35 **Friends** (S5&6)
9.00 FILM **Scary Movie** Spoof of teen stalk 'n' slash movies starring Shannon Elizabeth. (2000, 18, 88min) ★★
10.35 FILM **Jackass Presents: Bad Grandpa** Slapstick comedy starring Johnny Knoxville. (2013, 15, 92min) ★★★
12.25 AM **Key & Peele**
12.55 **South Park: The Streaming Wars** (S25)
2.00 **South Park** (S15&16)
4.15 **to 5.00** AM **The Middle**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Guessable?**
7.00 **Teleshopping**
9.00 **Home Improvement**
3.00 PM **Friends** (S6)
5.30 **Home Improvement**
9.00 **Friends** 14/25. Rachel's sister falls for Ross. **9.30** 15/25. A revelation prompts the gang to think about what might have been. **10.00** 16/25. Carol and Ross attempt to spice up their marriage. **10.30** 17/25. A home-made gift lands Chandler in trouble. **11.00** 18/25. Chandler gives Joey career advice. **11.30** 19/25. Rachel longs for a date. (S6)
12.00 M'T **Friends** (S6)
1.00 AM **Home Improvement**
2.00 **Reno 911!** (S4&5)
3.20 **Digman!** (S1)
3.50 **The Ren & Stimpy Show**
4.35 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Takeshi's Castle**

Blaze
164 174 64 162

6.00 AM **Gold Hunters: The Legend of the Superstition Mountains**
8.00 **Curse of Oak Island**
10.00 **The Curse of Oak Island: Drilling Down**
12.00 NOON **Curse of the Lost Amazon Gold**
6.00 PM **Ancient Aliens**
8.00 **Al Murray: Why Do the Brits Win Every War?** How the former colony of America was lost.
9.00 **Mafia Killers** Vincent Gigante, the former Genovese family boss.
10.00 **Cops Uncensored** A passer-by attracts the attention of police. **10.30** A criminal steals a police cruiser.
11.00 **Homicide: Hours to Kill**
12.00 M'T **Secrets in the Ice**
1.00 AM **Evidence of the Unexplained**
2.00 **to 6.00** AM **Hardcore Pawn**

+1 hour 81

5SELECT
153 138 46 133

9.00 AM **GPs: Behind Closed Doors**
11.00 **Drain the Oceans: Lost Giants** Documentary.
12.00 NOON **Drain the Oceans: Rise of the Roman Empire**
1.00 PM **Draining the Thames: Secrets Revealed** Documentary.
2.00 **Nazi Megastructures**
8.00 **The Pacific War in Colour** How the military strategy of taking Japan gathered momentum. **9.00** The American invasions of Peleliu, the Philippines and Iwo Jima.
10.00 **Buried Secrets of WWII** Examining the Allied advance into Rome.
11.00 **Britain's Lost Battlefields with Rob Bell** The story behind the Battle of Hastings.
11.55 **Drain the Oceans: Pacific Shockwave**
1.00 **to 3.00** AM **Britain's Favourite 80s Comedy**

HGTV
158 191 44 166

7.00 AM **Escape to the Country** Four editions.
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **A Place in the Sun** Five editions of the series. Advice on buying a second home abroad.
8.00 **Escape to the Country** A couple relocating from France to Devon.
9.00 **Good Bones** Mina and the team take on their second home on Singleton Street.
10.00 **Escape to the Country** A couple search for a property in Wiltshire. **11.00** Helping a couple who want to relocate to Cornwall. **12.00** M'T A couple seek a new home and business in Devon.
1.00 AM **Luxe for Less**
2.00 **Escape to the Country**
3.00 **to 4.00** AM **A Place in the Sun**

+1 hour 272 391 151

RealityXtra
147 172 68 134

9.00 AM **Medical Detectives**
12.00 NOON **Facing Evil**
2.00 PM **Medical Detectives**
5.00 **Judge Judy** Back-to-back real-life cases, including at: **8.20** A man is suing the mother of his daughter. **8.45** A woman denies assaulting her boyfriend. **9.10** A man claims the mother of his child won't let him see his daughter. **9.35** A 16-year-old and his mother insist that he did not damage a car. **10.00** A couple sues their former daughter-in-law for attorney fees. **10.25** A man claims the reason she left him was because he was broke.
10.50 **Judge Judy**
12.30 AM **World's Most Unexplained...**
1.00 **Something's Killing Me**
3.40 **Facing Evil**
5.25 **to 6.00** AM **Medical Detectives**

TLC
133/134 828 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **Flip or Flop**
11.00 **Rock the Block**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
3.00 **Dr Pimple Popper**
4.00 **The Bad Skin Clinic**
5.00 **Sister Wives**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **Dr Pimple Popper**
9.00 **Body Bizarre**
11.00 **I Didn't Know I Was Pregnant** Double bill.
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Cheapskates**
2.00 **Body Bizarre**
3.00 **I Didn't Know I Was Pregnant** Double bill.
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

HorrorXtra
317 171 69 138

8.00 AM FILM **Mega Shark vs Kolossus** Fantasy. (2015, 12, 90min) ★
10.00 FILM **Alien Siege** Sci-fi action adventure. (2018, 12, 85min) ★★
12.00 NOON FILM **6-Headed Shark Attack** Thriller. (2018, 15, 86min) ★★
2.00 PM FILM **Meteor Apocalypse** Adventure starring Joe Lando. (2010, 15, 90min) ★
4.00 **Farscape** Five episodes of the series, including at: **8.00** *Dog with Two Bones:* 22/22. Moya and the crew pay their last respects to Talyn. (S3)
9.00 FILM **Jeepers Creepers 3** Horror thriller sequel starring Stan Shaw. (2017, 15, 100min) ★★
11.00 FILM **Habit** Horror starring Jessica Barden. (2017, 18, 96min) ★★★
1.00 **to 3.00** AM FILM **Jeepers Creepers 3**

+1 hour 318 371 139

Sky Replay
152 156

7.00 AM **Dragons: Rescue Riders** Five episodes.
9.05 **Four Weddings**
11.00 **DC's Legends of Tomorrow** (S3)
4.00 PM **Quantum Leap** *A Portrait for Troian:* 11/22. Sam becomes a ghostbuster. **5.00** *Animal Frat:* 12/22. Sam materialises as a 1960s student. **6.00** *Another Mother:* 13/22. Sam becomes the mother of a teenage boy. **7.00** *All-Americans:* 14/22. Sam occupies the body of a high-school quarterback. **8.00** *Her Charm:* 15/22. Sam becomes an FBI agent. (S2)
9.00 **Fantasy Island** (S2)
11.00 **Warrior** 7/10. (S3)
12.00 M'T **The Blacklist** (S10)
1.00 AM **A League of Their Own** Triple bill.
4.00 **to 6.00** AM **Four Weddings**

E!
159 159 835 160

7.00 AM **Big Rich Texas**
10.00 **Jerseylicious**
12.00 NOON **Revenge Body with Khloe Kardashian**
5.00 PM **Botched** A celebrity impersonator wants to fix her saggy skin. **6.00** Helping a woman whose nose was botched. **7.00** Paul Nassif tries to fix an ex-boxer's nose. **8.00** Terry Dubrow tries to pump up a 'pec-less' body builder. **9.00** Former model Dee Stein has her failing 3,000cc saline implants removed. **10.00** Paul helps a man whose doctor left a thumbprint on his nose. **11.00** A woman visits about her blown-up lips. **12.00** M'T The most memorable patients.
12.30 AM **Ice Loves Coco**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Very Cavallari**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Blowing Up History**
12.00 NOON **Salvage Hunters** Drew Pritchard seeks valuable items in Norfolk and Hereford. **1.00** PM Drew scours a Victorian wool mill in Bradford. **2.00** From Bamburgh Castle. **3.00** Drew heads to an historic hop farm in Kent. **4.00** Drew visits one of his favourite houses and discovers a design classic. **5.00** Drew heads to a manor house in Oxfordshire.
6.00 **Gold Rush** The gold miners of the Yukon hope to strike it rich.

12.00 Salvage Hunters

7.00 **Richard Hammond's Big** Richard takes flight aboard the US Air Force's biggest cargo plane, the C-5M Super Galaxy.
8.00 **Richard Hammond's Big** Exploring the Kölnbrein Dam, one of the world's biggest man-made engineering projects.
9.00 **Gold Rush: The Dirt Presents** Christo looks at the middle years, when the mine bosses took risks and rivalries intensified.
10.00 **Expedition Bigfoot** After being stalked and hearing strange whistles, Ronny and Mireya launch a sound trap.
11.00 **Legend of Deep Blue** Experts search for the largest great white shark in the world.
12.00 M'T **Alaska: Homestead Rescue** Virginia homesteaders struggle in the wilderness. **2.00** AM The Raneys meet their match on a homestead.
4.00 **to 5.00** AM **How It's Made**

+1 hour 225/226 377

Animal Planet

162 178

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Into the Shark Bite**
3.00 **Return to the Isle of Jaws**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** Tigger the cat is monitored for unusual eating habits.
6.00 **Extinct or Alive** Forrest is in Indonesia searching for the Dracula monkey.

8.00 Swimming with Monsters

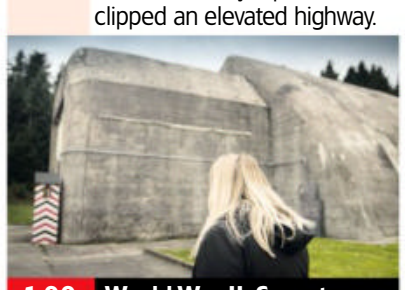
7.00 **How Do Animals Do That?** Birds that fly as high as a passenger jet. **7.30** How homing pigeons travel home.
8.00 **Swimming with Monsters with Steve Backshall** The naturalist swims with fascinating but deadly animals.
9.00 **Rugged Justice** The WDFW police officers ensure the safety of orca whales, a mother hen and her ducklings.
10.00 **Alaska: The Last Frontier** Tempers flare as Otto, Eivin, and Levi move an old workshop cabin to Otto's property.
11.00 **Intruders** In California, a mother battles to protect her special-needs son from venomous snakes.
12.00 M'T **Monsters Inside Me**
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262 378

Nat Geographic

129/130 825 183

8.00 AM **Bid & Destroy**
9.00 **Nazi Megastructures: Battle Ready** The Japanese army's battle against Allied forces.
10.00 **Nazi Megastructures**
11.00 **WW2: Hell Under the Sea**
1.00 PM **World War II: Secrets from Above** Four editions.
5.00 **Air Crash Investigation** Two pilots survive a crash that kills 37 passengers, and claim bad weather was to blame. **6.00** Experts look at footage to discover why a plane clipped an elevated highway.


1.00 World War II: Secrets...

7.00 **Air Crash Investigation** Experts investigating the crash of a plane near Guantanamo Bay uncover a danger to cargo pilots.
8.00 **Air Crash Investigation** Investigators uncover two key factors that led to an Illinois turboprop's crash.
9.00 **Air Crash Investigation** A mid-air explosion rocks Southwest Airlines 1380, and flight attendants make a big discovery.
10.00 **Air Crash Investigation** A turboprop slams into the side of a hill, and the search for answers leads to the cockpit.
11.00 **Airport Security: Rome**
12.00 M'T **Banged Up Abroad** A notorious Mafia hitman flees the US for South America. **1.00** AM An informant tries to infiltrate the New York Mafia.
2.00 AM **Lords of War**
2.55 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Pawn Stars Do America**
7.00 **Storage Wars** Double bill.
8.00 **Hardcore Pawn**
11.00 **History's Greatest Mysteries**
2.00 PM **Pawn Stars** Five editions of the series, including at: **4.30** Memoirs from a member of Bonnie and Clyde's gang are appraised.
5.00 **Colditz: The Legend** The World War Two PoW camp that housed prisoners.
6.00 **Truth & Lies** How money plays a decisive role in the battle between truth and lies.

7.00 Battle 360

7.00 **Battle 360** The Battle of Leyte Gulf, one of World War Two's largest sea battles between America and Japan.
8.00 **Battle 360** The events of 1944, when the *USS Enterprise* led the Carrier Task Force in a charge through the Pacific.
9.00 **Britain's Big Cat Mystery** Exploring the phenomenon of mysterious large cats prowling the wilderness.
10.15 **Sex: A Bonkers History** Exploring the Victorian era, one of the most sexually progressive societies in history.
11.15 **Pawn Stars** Chumlee is delighted when an antique pinball machine is brought in. **12.15** AM Notes written by Albert Einstein enter the shop.
12.45 **Pawn Stars** Triple bill.
2.10 **Hardcore Pawn**
5.00 **to 6.00** AM **Colditz: The Legend**

+1 hour 223/224 331

Yesterday

155 155 846 129 27 159

6.10 AM **Great British Landmark Fixers** Double bill of editions.
8.00 **Bangers & Cash**
1.00 PM **Inside the Factory** A malt loaf production line. **2.00** A factory that makes 10,000 chairs every year. **3.00** A factory that has made boots for pop stars.
4.00 **Great American Railroad Journeys** Michael Portillo joins the Jayhawks basketball team. **5.00** Michael visits Colorado. **6.00** Michael travels through New Mexico and Arizona.

3.00 Inside the Factory

7.00 **Great American Railroad Journeys** Presenter Michael Portillo travels through Minneapolis and St Paul
8.00 **Great American Railroad Journeys** Michael continues his rail journey along the Upper Mississippi to Red Wing.
9.00 **Great American Railroad Journeys** Michael travels through Milwaukee on a journey towards Chicago.
10.00 **One Foot in the Grave** Victor and Margaret invite Mrs Warboys to stay. **10.40** A sultry widow sets her sights on Victor.
11.20 **One Foot in the Grave** Victor gets held up on a visit to the solicitor.
12.00 M'T **Bangers & Cash** Derek collects a Ford Thames 400E that once belonged to the pop band Edison Lighthouse.
1.00 **to 3.00** AM **Great British Landmark Fixers**

+1 hour 255 329 74

Saturday

7 PM
8 PM
9 PM
10 PM

Quest

144 144 834 137 12 172

6.00 AM **Massive Engineering Mistakes** A TV tower collapses in the north of England.
7.00 **Mega Shippers**
8.00 **Chasing Classic Cars**
9.00 **Wheeler Dealers**
2.00 PM **The Repair Shop**
4.00 **Vintage Voltage**
6.00 **Wheeler Dealers**
7.00 **Salvage Hunters**
8.00 **Who Do You Think You Are?** Comedian Lee Mack researches his family tree.
9.00 **The Repair Shop**
10.00 **The Hotel Inspector** Alex Polizzi tries to reverse the fortunes of Warwick Hall, one of her grandest hotels yet.
11.00 FILM **Unforgiven** Clint Eastwood's Western starring Gene Hackman. A reformed murderer is forced out of retirement to earn a living. (1992, 15, 130min) ★★★★★
2.00 AM **Border Control Sweden**
3.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: Atlanta** Double bill of editions.
7.00 **Say Yes to the Dress**
8.00 **Say Yes to the Dress: Lancashire** Reality series.
9.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **Say Yes to the Dress: Lancashire** Double bill.
5.00 **Say Yes to the Dress**
7.00 **Long Lost Family** A woman trying to trace the son she gave up for adoption 26 years ago.
8.00 **The Lady Killers** A look at the case of Mahmuda Khatun.
9.00 **The Murder Tapes** New edition A woman calls 911 to report her neighbour, who is covered in blood.
10.00 **Disappeared: The Bradley Sisters** New edition Retired detectives revisit a case that has haunted Chicago since 2001.
12.00 M'T **Forensic Detectives**
2.00 AM **Murder on CCTV**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **See No Evil** Double bill.
7.00 **Medical Detectives** Evidence provided by a sweet wrapper. **7.30** How a forensic anthropologist discovered the truth about a death. **8.00** A pipe bomb detonates in a rural home, killing a man and injuring his mother. **8.30** How modern investigative techniques allowed detectives to catch a murder suspect within 12 hours of the crime.
9.00 **Snapped: Killer Couples** Police uncover a web of deception, greed and a blood-soaked betrayal. **10.00** The story of a wealthy couple who fell victim to a deadly home invasion.
11.00 **Descent of a Serial Killer** The case of Michael Gargiulo. **12.00** M'T Cary Stayner.
1.00 AM **It Takes a Killer**
3.00 **See No Evil** Double bill.
4.50 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Cops**
7.00 **Highway Patrol**
10.30 **Caught Red Handed**
12.00 NOON **How I Caught the Killer**
1.00 PM **Forensics: Catching the Killer** Body parts wash up on a beach in Arbroath.
2.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killing Mum and Dad**
6.00 **What the Killer Did Next**
7.00 **Killer in My Village** The story of Diane Chenery-Wickens.
8.00 **Britain's Most Evil Killers** A profile of Lancashire-born double-killer Andrew Dawson. **9.00** Nicholas Burton's crimes.
10.00 **Myth of the Zodiac Killer** The hoax theory is tested as two experts study the Zodiac letters.
11.10 **How I Caught the Killer**
12.00 M'T **Murder in Amish Country**
1.00 AM **Snapped** Sheila Labarre.
2.00 **World's Most Evil Killers**
3.00 **Britain's Most Evil Killers**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Mutant Weather**
9.30 **The Spying Game**
1.00 PM **Secret Bunkers**
3.15 **Invasion** Sam Willis reveals a story of invasion in Britain. **4.15** The presenter recounts the tale of King Louis the Lion. **5.15** How the French planned to invade Britain by balloon.
6.20 **Secret Bunkers** Some of Europe's secret bunkers, including those built before and during World War Two. **7.25** Investigating nuclear-era shelters, including thousands built by a Romanian leader.
8.35 **The Spying Game** The Cold War between East and West. **9.40** The increase in tensions between East and West during the Cold War, resulting in western intelligence services shifting their focus to the East. **10.50** The threat of nuclear war in the autumn of 1983.
12.00 M'T **Mutant Weather**
1.05 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY

Saturday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Discovering: Matthew McConaughey**
7.00 **Discovering: Nicole Kidman**
8.00 **The Directors** Steven Spielberg.
9.00 **A Choice of Weapons: Inspired By Gordon Parks**
10.45 FILM **The Kid Stays in the Picture** Documentary. (2002, 15, 93min) ★★★
12.35 PM FILM **Kipchoge: The Last Milestone** Documentary following Kenyan athlete Eliud Kipchoge as he attempts to run a sub-two hour marathon. (2021, 12, 87min) ★★★★
2.20 **King's Point** Documentary.
3.00 **Mr Dynamite: The Rise of James Brown** Documentary.
5.10 **I Am Heath Ledger**
7.00 **The Ringleader: The Case of the Bling Ring** A crime spree by teens in 2008 and 2009.
9.00 NEW **No Accident** A civil rights trial in the aftermath of the white nationalist Charlottesville Rally.
11.00 **Heroin: Cape Cod, USA**
12.30 AM **The Scheme**
2.40 **Django & Django**
4.10 **to 6.00** AM **Queen of Speed**

Sky Nature

124/125 822 189 354 369

6.00 AM **Hope for Wildlife**
11.00 **Carpathian Predators**
1.00 PM **Wild Dogs: Pack Vs Pride**
2.00 **Carpathian Predators**
3.00 **Big Cats: An Amazing Animal Family** Double bill.
5.00 **David Attenborough's Galapagos** David explores the Pacific archipelago. **6.00** The unique species that live in the isolated habitat. **7.00** A look at the differences between the 19 islands.
8.00 **Big Cat Country** With their leader badly wounded, the Hollywood lionesses retreat and regroup. Meanwhile, the MK females use their feminine wiles to distract the nomadic band of bachelors.
9.00 **Deadly Australians** The unexpected clashes between predators and their prey.
10.00 **Over Australia** Aerial footage of the Australian wilderness.
12.00 M'T **Big Cat Country**
1.00 AM **Deadly Australians**
2.00 **Osprey** Documentary.
3.00 **to 6.00** AM **Animal Senses**

Sky History 2

163 163 840 186

6.00 AM **Ancient Aliens**
9.00 **Ancient Aliens: The Ultimate Evidence**
10.00 **SOS: Stories of Survival**
11.00 **Ancient Aliens**
2.00 PM **WW2 Treasure Hunters**
3.00 **James Nesbitt: Disasters That Changed Britain**
4.00 **Ancient Murders Unearthed**
5.00 **Monsterquest**
6.00 **Egypt's Unexplained Files**
7.00 **Winston Churchill's War** The crucial decisions made by the wartime leader.
8.00 **Ancient Aliens** Investigating a belief that human civilization originated in the cosmos. **9.00** Focusing on the infamous 1947 Roswell crash.
10.00 **Secrets of Great British Castles** Dan Jones explores the history of Carrickfergus Castle in Co Antrim.
11.00 **Clash of the Gods**
1.00 AM **Ancient Aliens**
3.00 **The Plague** The worst pandemic in European history.
5.00 **to 6.00** AM **Britain's Secret Islands**

Crime+Investigation

156 156 837 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
9.00 **Court Cam**
12.00 NOON **Killer Town**
4.00 PM **Homicide Hunter**
7.00 **The First 48** A homeless man is ambushed by two men on a dark trail in Tulsa.
8.00 **Buried in the Backyard** Killers who buried their victims close to home.
9.00 **Witness to Murder: Digital Evidence** With digital forensics, authorities are able to debunk the alibi of one of the last people to see a 24-year-old missing jogger in rural Arkansas.
10.00 **Sleeping with Death** A teenager awakes to discover her father, a popular high-school drama teacher, stabbed to death in his bedroom.
11.00 **Court Cam** Six editions.
2.00 AM **Murdered By Morning**
3.00 **Criminal Confessions**
5.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 165 841 182

8.00 AM **America's Funniest Home Videos: Animal Edition**
9.00 **Cesar Millan: Better Human Better Dog** Double bill.
11.00 **Yukon Vet**
12.00 NOON **Snakes in the City**
2.00 PM **Mega Hammerhead**
3.00 **Sharks of Lost Island**
4.00 **World's Biggest Bull Sharks**
5.00 **Great White Vs Tiger Shark**
6.00 **Secrets of the Zoo: Tampa**
7.00 **Exotic Animal ER** A tamarin monkey gets injured while playing with the family dog.
8.00 **Cesar Millan: Better Human Better Dog** New edition Dogs whose hobbies include eating sprinkler heads and smashing ornaments.
9.00 **The Incredible Dr Pol** New edition A macaw lands at the clinic for a beak trim and ruffles a few feathers. **10.00** A Labrador and her housemate need urgent help.
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
2.00 AM **Monster Fish**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **How It's Made**
9.00 **Salvage Hunters: The Restorers** Triple bill.
12.00 NOON **Salva ge Hunters**
3.00 PM **Shed and Buried**
6.00 **Combat Dealers** Bruce Crompton takes on a project to rebuild a German Panther tank. **7.00** Bruce blows up a van with World War Two rifle grenades.
8.00 **Greatest Events of World War II** Expertly-restored footage recounts Japan's attack on Pearl Harbour. **9.00** The dramatic story of the Battle of Midway, a Japanese attack on the US-held Pacific island that triggered an extraordinary chain of events.
10.00 **Estonia** The investigation's conclusions that the bow visor was to blame for the tragedy. **11.00** Rumours that the *MS Estonia* ferry was being used to smuggle military equipment.
12.00 M'T **Combat Dealers**
3.00 **to 5.00** AM **Salvage Hunters**

+1 hour 277 381

Eden

166 176

9.00 AM **The Architecture the Railways Built** Four editions.
1.00 PM **The Architecture the Railways Built** Five editions.
6.00 **The Architecture the Railways Built** Presenter Tim Dunn takes a look at Brunel's first and last railway projects. **7.00** Tim uncovers the secrets above, below and inside London's Charing Cross Station. **8.00** Tim heads underground at the Victorian Bramhope Tunnel in West Yorkshire, one of the longest tunnels in Britain when it was built. **9.00** Tim visits Huddersfield's Grade I listed station and examines the station's clock. **10.00** Tim is given special access to Wingfield, one of the oldest surviving railways. **11.00** Tim takes to the tracks in Newcastle to explore a city rich in railway architecture.
12.00 M'T **The Architecture the Railways Built** Six editions.
5.30 **to 6.00** AM **The Zoo**

+1 hour 266 376

ID

154 166

6.00 AM **Web of Lies**
7.00 **Teleshopping**
8.00 **Reasonable Doubt**
9.00 **Web of Lies**
2.00 PM **Hometown Homicide**
3.00 **Murder Comes to Town**
4.00 **Living a Nightmare**
5.00 **Diabolical: Deadly Love**
6.00 **The Killer in My Family**
7.00 **Disappeared** Focusing on the case of 19-year-old student Rachel Cooke.
8.00 **People Magazine Investigates** The death of Cambodian genocide survivor Dr Haing Ngor. **9.00** A double murder involving the family of a federal judge.
10.00 **Evil Online** The death of aspiring boxer Eddie Leal. **11.00** A woman who vanished after joining a dating site.
12.00 M'T **People Magazine Investigates** The disappearance of Chris Smith.
1.00 AM **Nightmare Next Door**
3.00 **Forensic Detectives**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/184 180

6.00 AM **Vintage Voltage**
9.00 **How It's Made**
12.00 NOON **Wheeler Dealers**
5.00 PM **Outback Truckers** Veteran road train trucker Mark hauls 78 tonnes of cement and steel into a disaster zone. **6.00** Twenty-year veteran trucker Yogi is on a mercy mission, leading a hay convoy to the drought-ravaged farmers of New South Wales. **7.00** Livestock trucker Troy Coombe transports two ostriches to their new home.
8.00 **Demolition Down Under** A three-storey mansion has to be torn down by hand. **9.00** The team face a perilous job to bring down a house on a cliff in Brisbane. **10.00** A shack on the Gold Coast is riddled with asbestos.
11.00 **Destroyed in Seconds**
1.00 AM **Massive Engineering Mistakes** A bridge in Washington State plummets into a river.
2.00 **to 5.00** AM **Misfit Garage**

+1 hour 261/284

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Shrapnel** As 3.55pm.
7.45 **65** Action adventure. (2023, 12, 93min) ★★
9.25 **The Fabelmans** As 8.00pm.
12.15 PM **Mob Land** Crime thriller. (2023, 15, 111min) ★★★
2.10 **Cocaine Bear** As 10.40pm.
3.55 **Shrapnel** Action thriller. (2023, 15, 89min) ★★
5.40 PREMIERE **Champions** Comedy drama with Woody Harrelson. (2023, 12, 124min) ★★★ *See review, page 23.*

5.40 Champions

8.00 **The Fabelmans** Director Steven Spielberg's semi-autobiographical drama starring Michelle Williams, Gabriel LaBelle and Paul Dano. Growing up in post-World War Two-era Arizona, Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. (2022, 12, 151min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Cocaine Bear** Comedy thriller starring Keri Russell, Alden Ehrenreich and O'Shea Jackson Jr. (2023, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

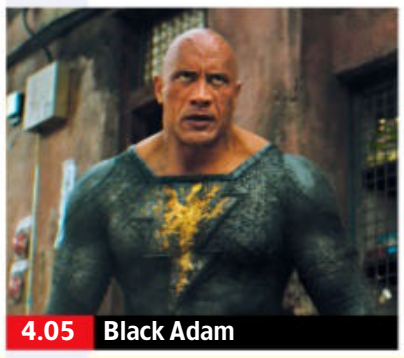
12.20 AM **God Is a Bullet** Thriller with Nikolaj Coster-Waldau. (2023, 18, 156min) ★★
2.25 **Unwelcome** Horror comedy starring Hannah John-Kamen. (2022, 15, 104min) ★★★
4.10 **to 6.05** AM **Mob Land** (2023)

+1 hour 312

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Everybody Wants Some!!** Comedy. (2016, 15) ★★★★
8.00 **Star Trek III: The Search for Spock** Sci-fi. (1984, PG) ★★
10.00 **xXx** Thriller. (2002, 12) ★★
12.15 PM **John Wick** Action thriller. (2014, 15, 101min) ★★★★
2.00 **John Wick: Chapter 2** Action sequel. (2017, 15) ★★★★
4.05 **Black Adam** Fantasy. (2022, 12, 125min) ★★★
6.15 **xXx: The Next Level** Action sequel. (2005, 12, 97min) ★★


4.05 Black Adam

8.00 **The Island** Sci-fi action thriller starring Ewan McGregor and Scarlett Johansson. In the year 2019, one of the inhabitants of a hermetically sealed facility makes a shattering discovery about the purpose of his existence. With Djimon Hounsou. (2005, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch their identities. (1995, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Star Trek IV: The Voyage Home** Sci-fi adventure. (1986, PG, 119min) ★★★★
2.20 **Just Go With It** Romantic comedy. (2011, 12, 117min) ★
4.20 **to 6.15** AM **Charming the Hearts of Men** Romance. (2021, 12, 107min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance thriller. (2012, 12, 110min) ★★★
9.05 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
11.10 **Philadelphia** Legal melodrama. (1993, 12, 122min) ★★★★
1.20 PM **I Wanna Dance with Somebody** Music biopic. (2022, 12, 144min) ★★★★
3.50 **Big Fish** Tim Burton's fantasy. (2003, PG, 123min) ★★★
6.00 **The Impossible** Fact-based disaster movie starring Naomi Watts and Ewan McGregor. (2012, 12, 114min) ★★★★
8.00 **Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks, Robin Wright, Gary Sinise and Sally Field. (1994, 12, 136min) ★★★★
10.30 **Pretty in Pink** Comedy drama starring Molly Ringwald. (1986, 15, 99min) ★★★★
12.15 AM **She Said** Drama starring Zoe Kazan and Carey Mulligan. (2022, 15, 129min) ★★★★
2.30 **Hardball** Sports drama. (2001, 12, 106min) ★★
4.25 **to 6.00** AM **The Garden Left Behind** Drama starring Carlie Guevara. (2019, 15, 88min) ★★★

Sky Cinema Halloween

311 311 411 511 525

7.05 AM **Knock at the Cabin** (2022)
8.55 **The Faculty** As 2.05am.
10.55 **Firestarter** Horror thriller. (2022, 15, 94min) ★★★
12.45 PM **Jason Blum's Horror Movie Picks**
1.15 **The Blair Witch Project** Documentary-style chiller. (1999, 15, 76min) ★★★★
2.45 **Cabin Fever** Horror thriller. (2002, 15, 94min) ★★
4.25 **Knock at the Cabin** Horror mystery starring Dave Bautista. (2022, 15, 100min) ★★★★
6.15 **Paranormal Activity: The Ghost Dimension** Horror sequel with Chris J Murray and Brit Shaw. (2015, 15, 88min) ★
8.00 **The Conjuring** Horror starring Vera Farmiga and Patrick Wilson. (2013, 15, 112min) ★★★
10.00 **The Conjuring 2: The Enfield Poltergeist** Horror sequel with Vera Farmiga and Patrick Wilson. (2016, 15, 134min) ★★★★
12.20 AM **The Crow** Supernatural thriller starring Brandon Lee. (1994, 18, 110min) ★★★★
2.05 **The Faculty** Sci-fi horror chiller starring Elijah Wood. (1998, 15, 102min) ★★★
3.55 **Sky Cinema Preview**
4.55 **to 6.35** AM **Cabin Fever**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 520

6.35 AM **Wickensburg** Adventure. (2022, PG, 90min) ★★★
8.10 **Hot Dog Derby** As 12.00m't.
9.45 **The Karate Kid** Adventure. (2010, PG, 140min) ★★★
12.10 PM **Swallows and Amazons** Drama. (2016, PG) ★★★★
2.00 **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★
4.00 **The NeverEnding Story** Fantasy. (1984, U) ★★★
5.40 **Sonic the Hedgehog 2** Comedy. (2022, PG) ★★★

10.15 Dakota

7.50 **The Mortal Instruments: City of Bones** Romantic fantasy adventure starring Lily Collins, Jamie Campbell Bower and Robert Sheehan. A Brooklyn teenager learns that she belongs to a line of half-angel, demon-hunting warriors. (2013, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Dakota** Drama starring Abbie Cornish and Lola Sultan. A widow struggles to maintain her small-town farm with her daughter. (2022, PG, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Hot Dog Derby** Comedy. (2013, U, 82min) ★★
1.35 AM **Ghost Squad** Fantasy. (2015, PG, 86min) ★★★
3.05 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel. (2003, U, 84min) ★★★
4.35 **to 6.10** AM **Robo-Dog: Airborne** Adventure sequel. (2017, U, 88min) ★★★

Sky Cinema Action

307 307 407 507 521

6.55 AM **The Hurricane Heist**
8.40 **Rogue Hostage** As 2.30am.
10.25 **Shooter** Action thriller. (2007, 15, 125min) ★★★★
12.40 PM **Spider-Man: No Way Home** Comic-book adventure. (2021, 12, 148min) ★★★★
3.20 **Last Action Hero** Fantasy with Arnold Schwarzenegger. (1993, 15, 130min) ★★★
5.40 **Top Gun: Maverick** Action drama starring Tom Cruise. (2022, 12, 130min) ★★★★

10.15 The Woman King

8.00 **Bullet Train** Comedy thriller starring Brad Pitt. Five assassins aboard a swiftly moving train discover their missions have something in common. With Joey King, Aaron Taylor-Johnson, Brian Tyree Henry and Andrew Koji. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

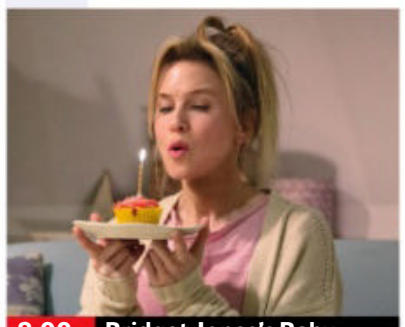
10.15 **The Woman King** Historical drama starring Viola Davis, Thuso Mbedu and Lashana Lynch. An all-female group of warriors try to protect the West African kingdom of Dahomey. (2022, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Running Man** Sci-fi with Arnold Schwarzenegger. (1987, 18, 101min) ★★★
2.30 **Rogue Hostage** Action thriller. (2021, 15, 93min) ★★
4.15 **to 6.00** AM **The Hurricane Heist** Thriller. (2018, 12) ★

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **How to Please a Woman**
8.40 **Kate & Leopold** As 1.20am.
10.45 **Bad Neighbours 2** Comedy sequel. (2016, 15, 90min) ★★
12.25 PM **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
2.20 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
4.20 **Bridget Jones's Diary** Comedy. (2001, 15, 96min) ★★★★
6.05 **Bridget Jones: The Edge of Reason** Comedy sequel. (2004, 15, 108min) ★★★



8.00 Bridget Jones's Baby

8.00 **Bridget Jones's Baby** Comedy sequel starring Renée Zellweger and Colin Firth. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. With Patrick Dempsey. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Scary Movie 2** Horror spoof sequel written by and starring Marlon and Shawn Wayans, with Anna Faris and Natasha Lyonne. (2001, 18, 82min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **80 for Brady** Comedy. (2022, 12, 98min) ★★★
1.20 AM **Kate & Leopold** Comedy. (2001, 12, 118min) ★★★
3.25 **How to Please a Woman** Drama starring Sally Phillips. (2022, 15, 107min) ★★★
5.20 **to 7.15** AM **The Paper Tigers** Action comedy starring Alain Uy. (2020, 12, 108min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Shark Bait** Thriller. (2022, 15, 87min) ★★
7.45 **Masquerade** As 3.45am.
9.15 **Hounded** As 5.15am.
11.00 **Hide and Seek** As 2.10am.
12.35 PM **Into the Deep** Thriller. (2022, 15, 90min) ★★★
2.15 **The Family** Dark comedy. (2013, 15, 109min) ★★★
4.15 **Identity** Mystery thriller. (2003, 15, 90min) ★★★
5.55 **Fatal Attraction** Thriller. (1987, 18, 120min) ★★★★

8.00 No Country for Old Men

8.00 **No Country for Old Men** The Coen Brothers' dark crime thriller starring Tommy Lee Jones, Javier Bardem and Josh Brolin. A dogged lawman and a ruthless contract killer pursue a Texan who has made off with $2million in drug money. (2007, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Kiss the Girls** Thriller with Morgan Freeman and Ashley Judd. A forensic psychologist strives to catch a serial kidnapper with the help of a doctor who escaped his clutches. (1997, 18, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **King of New York** Thriller. (1989, 18, 104min) ★★★★
2.10 **Hide and Seek** Thriller. (2021, 15, 84min) ★★
3.45 **Masquerade** Horror thriller. (2021, 18, 80min) ★★
5.15 **to 7.00** AM **Hounded** Horror. (2022, 15, 94min) ★★★

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Little Monsters** Children's horror. (1989, PG, 101min) ★★
12.55 PM **Barnyard** Animation. (2006, PG, 90min) ★
2.40 **Angus, Thongs and Perfect Snogging** Teen comedy. (2008, 12, 100min) ★★★★
4.35 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
6.25 **Hidden Figures** Fact-based drama with Taraji P Henson. (2016, PG, 127min) ★★★★

11.15 Boys from County Hell

Hidden Figures (film started at 6.25pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Passengers** Sci-fi drama starring Chris Pratt and Jennifer Lawrence. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. With Michael Sheen. (2016, 12, 116min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 PREMIERE **Boys from County Hell** Comedy horror with Jack Rowan. A father and son must survive the night when their crew of road workers awaken an ancient Irish vampire. (2020, 15, 78min) ★★★ **11 PM**
1.00 **to 2.55** AM **The Owners** Comedy horror starring Maisie Williams and Sylvester McCoy. (2020, 15, 92min) ★★

+1 hour 314 430 47 301

Sky Cinema Originals

302 302 402 502 516

6.00 AM **Dragon Rider** Animation. (2020, PG, 91min) ★★★
7.40 **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 97min) ★★★
9.25 **The Amazing Maurice** Animation. (2022, PG) ★★★★
11.05 **Save the Cinema** Comedy drama. (2021, 12, 109min) ★★★
1.00 PM **Twist** Crime comedy. (2021, 12, 90min) ★★★★
2.35 **One Shot** As 12.00m't.
4.15 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
6.00 **To Catch a Killer** Thriller starring Shailene Woodley. (2023, 15, 119min) ★★★
8.00 **The Dry** Crime drama starring Eric Bana. A federal agent returns to his home town to attend a funeral, but his arrival opens up a decades-old wound. (2020, 15, 117min) ★★★★
10.00 **Blacklight** Thriller starring Liam Neeson. (2022, 15, 104min) ★
12.00 M'T **One Shot** Action thriller. (2021, 15, 96min) ★★
1.50 AM **The Survivor** Drama. (2021, 15, 129min) ★★★★
4.00 **The Cinema List: Sky Originals**
4.20 **to 6.00** AM **Monster Family** Animated family comedy. (2017, PG, 96min) ★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Carry On Cleo** Comedy. (1964, PG, 90min) ★★★★
7.35 **Guys and Dolls** Classic musical. (1955, U, 150min) ★★★★
10.15 **Nashville** Ensemble drama. (1975, 15, 161min) ★★★★★
1.00 PM **Kramer vs Kramer** Drama. (1979, PG, 104min) ★★★★★
3.00 **The Third Man** Vintage thriller starring Joseph Cotten. (1949, b/w, PG, 104min) ★★★★★
4.50 **Legend** Fantasy adventure. (1985, PG, 94min) ★★★
6.25 **Halloween** John Carpenter's horror starring Jamie Lee Curtis. (1978, 15, 92min) ★★★★★
8.00 **The Matrix** Sci-fi action thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. A computer hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. (1999, 15, 136min) ★★★★
10.20 **Paper Moon** Oscar-winning comedy starring Ryan O'Neal. (1973, b/w, PG, 100min) ★★★★
12.10 AM **Serpico** Crime drama. (1973, 18, 130min) ★★★★
2.30 **Double Jeopardy** Thriller. (1955, PG, 70min) ★★★
4.00 **to 6.00** AM **Kramer vs Kramer**

Sky Cinema Animation

305 305 412 500 514

7.30 AM **Lego DC Batman: Family...**
9.00 **Lego DC Comics Super Heroes: Aquaman – Rage of Atlantis**
10.30 **Despicable Me** Animation. (2010, U, 94min) ★★★★
12.15 PM **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
2.05 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
4.00 **Minions** Animated comedy. (2015, U, 91min) ★★★★
5.40 **Minions: The Rise of Gru** Animation. (2022, U) ★★★
7.20 **Marcel the Shell with Shoes On** Animated family comedy. (2021, PG, 90min) ★★★★
9.00 **Lego DC Comics Super Heroes: Aquaman – Rage of Atlantis** Animation. (2018, PG) ★★★
10.30 **Lego DC Batman: Family Matters** Animated comedy. (2019, U, 72min) ★★★
12.00 M'T **Justin and the Knights of Valour** Animated adventure. (2013, PG, 96min) ★★
1.45 AM **LEGO DC Comics Super Heroes: Justice League – Gotham City Breakout** Animation. (2016, U) ★★★
3.15 **Free Birds** (2013, U) ★★
4.55 **to 6.25** AM **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** (2016, U) ★★★

Christmas 24

325 419

7.00 AM **A Cheerful Christmas** Comedy. (2019, U, 87min) ★★
9.00 **It's Christmas, Eve** Romantic drama. (2018, PG, 84min) ★★
11.00 **Lonestar Christmas** Romantic drama. (2020, PG, 87min) ★★
1.00 PM **Sister Swap: A Hometown Christmas** (2021, PG) ★★
3.00 PREMIERE **12 Dares of Christmas** Romantic drama. (2023, PG, 90min) ★★
5.00 **Christmas Bedtime Stories** Drama. (2022, PG, 90min) ★★
7.00 **The Christmas Bow** Romantic drama starring Lucia Micarelli. (2020, PG, 89min) ★★
9.00 **Christmas 9 to 5** Romantic drama starring Tiya Sircar. A crime reporter finds herself tackling an unexpected assignment – to discover the true meaning of Christmas. (2019, PG, 89min) ★★
11.00 **A Maple Valley Christmas** Drama. (2022, PG, 85min) ★★
1.00 AM **The Christmas Pact** Romantic festive drama. (2018, PG, 84min) ★★
3.00 **to 5.00** AM **We Wish You a Married Christmas** Comedy. (2022, PG, 90min) ★★

+1 hour 326 420

Talking Pictures

328 445 82 306

6.00 AM **Murder in Eden** Drama. (1961, b/w, U, 64min) ★★
7.15 **Just William's Luck** Adventure. (1947, b/w, U, 92min) ★★
9.00 **Stories From Toytown**
9.15 **The Adventures of Robin Hood**
9.45 **Zorro's Black Whip** (S1)
10.05 **The Cat Gang** Crime drama. (1959, b/w, U, 50min) ★★
11.05 **Adventures of Bunny Rabbit**
11.15 **Radar Men from the Moon**
11.30 **The Buccaneers** (S1)
12.00 NOON **They Came from Beyond Space** Chiller. (1967, PG) ★★
1.45 PM **Look at Life**
2.00 **The Outer Limits** (S2)
3.00 **Thunderbirds** (S1)
4.05 **The Fast and the Furious** Thriller. (1954, U, 75min) ★★★
5.35 **Dick Powell's Zane Grey Theatre**
6.10 **Treasure Island** Adventure. (1971, U, 95min) ★★★
8.00 **Maigret** 1/13. (S3)
9.00 **The Blue Lamp** Drama. (1949, b/w, PG, 81min) ★★★★
10.45 **The Quatermass Experiment** Chiller. (1955, b/w, PG) ★★★
12.20 AM **Harrison's Flowers** Drama. (2000, 15, 130min) ★★★
2.50 **Family Life** Ken Loach's drama. (1971, 15, 108min) ★★★
5.00 **to 6.00** AM **Dick Powell's Zane Grey Theatre**

SATURDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
9.00 **LIVE ICC Cricket World Cup India v Pakistan.** Coverage of the group match at Narendra Modi Stadium in Ahmedabad, India. The hosts comprehensively won this fixture at the previous World Cup in 2019 by 89 runs.
5.00 PM **LIVE Betfred Super League** Coverage of the Grand Final, which takes place at Old Trafford. Kick-off **6.00pm**.
9.00 **Buatsi v Azeez: The Gloves Are Off** Rivals Joshua Buatsi and Dan Azeez come face to face ahead of their bout at the O2 Arena on 21 October.
9.30 **Sky Sports News**
10.00 **LIVE PGA Tour Golf** Coverage of the third day's play of the Shriners Children's Open, staged at TPC Summerlin in Las Vegas.
1.00 AM **Sky Sports News**
2.00 **to 6.00** AM **LIVE Fight Night International Janibek Alimkhanuly v Vincenzo Gualtieri.** Coverage of the bout for the IBF and WBO world middleweight titles at Fort Bend Community Centre in Rosenberg.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Premier League: Big Interview**
9.30 **Premier League Stories**
10.00 **Match Officials Mic'd Up**
10.30 **Saturday Social**
12.00 NOON **Soccer Saturday Pre-Match** Build-up.
2.00 PM **Gillette Soccer Saturday**
5.00 **LIVE WSL Chelsea v West Ham United.** Coverage of the match, which takes place at Kingsmeadow. Kick-off **5.30pm**.
8.00 **David James: The One and Only** The former England star looks at the past, present and future of goalkeeping.
9.30 **Match Officials Mic'd Up** In-game audio of incidents from the Premier League, played out and discussed by Howard Webb and Michael Owen.
10.00 **Premier League: Big Interview**
10.30 **PL Retro** Liverpool v Newcastle.
12.45 AM **PL Greatest Games**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2011/12**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** Highlights from Leeds United v Watford in the 2005/06 Championship play-off final. **7.00** Derby County v West Bromwich Albion the 2006/07 Championship play-off final.
9.00 **EFL Greatest Games**
10.30 **Saturday Social**
12.00 NOON **LIVE EFL Notts County v Mansfield Town.** Coverage of the League Two match from Meadow Lane. Kick-off **12.30pm**.
3.00 PM **Gillette Labs Soccer Saturday** Football updates.
5.00 **LIVE WSL Chelsea v West Ham United.** Coverage of the match, which takes place at Kingsmeadow. Kick-off **5.30pm**.
8.00 **EFL** A chance to see Notts County v Mansfield Town in League Two.
10.00 **EFL Cup Highlights** Action from Manchester Utd v Crystal Palace. **10.30** Highlights of Newcastle United v Manchester City.
11.00 **EFL Highlights** Notts County v Mansfield Town in League Two.
11.15 **WSL** Chelsea v West Ham United.
11.45 **EFL Greatest Games**
1.00 AM **EFL Cup Highlights** Chelsea v Tottenham Hotspur from 2008.
2.00 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **ICC Cricket World Cup**
9.00 **LIVE ICC Cricket World Cup India v Pakistan.** Coverage of the group match at Narendra Modi Stadium in Ahmedabad, India. The hosts comprehensively won this fixture at the previous World Cup in 2019 by 89 runs.
5.30 PM **Pushing Boundaries: To The Hundred and Beyond** Documentary in which Kate Cross charts women's cricket history.
6.00 **World Cup Cricket Classics**
7.00 **ICC Cricket World Cup** India v Pakistan from Ahmedabad.
8.00 **ICC Men's CWC Greatest Matches** A seven-part series diving into the greatest Cricket World Cup matches in history.
9.00 **ICC Cricket World Cup** Highlights from India v Pakistan. **10.00** New Zealand v Bangladesh. **11.00** India v Pakistan.
12.00 M'T **ICC Cricket World Cup**
2.00 AM **World Cup Cricket Classics** The 2015 group match between South Africa and Zimbabwe.
3.00 **ICC Cricket World Cup** Highlights from India v Pakistan.
4.00 **World Cup Cricket Classics**
5.00 **to 6.00** AM **Cricket World Cup**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **PGA Champs Official Film**
7.00 **Challenge Tour Golf**
7.30 **PGA Tour Golf**
7.45 **DP World Tour Golf**
8.00 **PGA Tour Golf**
9.15 **DP World Tour Golf**
9.30 **Challenge Tour Golf**
10.00 **PGA Tour Golf**
10.15 **DP World Tour Golf**
10.30 **PGA Tour Champions**
11.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
12.00 NOON **PGA Tour Golf**
12.15 PM **DP World Tour Golf**
12.30 **LIVE DP World Tour Golf** Coverage of the third day's play of the Acciona Open De España.
5.00 **Roots** Profiles of leading players.
6.00 **PGA Tour Champions**
7.00 **DP World Tour Golf**
8.00 **Challenge Tour Golf**
8.30 **Roots** Annika Sorenstam.
9.00 **DP World Tour Golf**
10.00 **LIVE PGA Tour Golf** Day three of the Shriners Children's Open.
1.00 AM **DP World Tour Golf**
2.00 **US Open Epics**
3.00 **DP World Tour Golf**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

TNT Sports 1

410 410 870 | 527 | 408 430

6.00 AM **Premier League Stories**
6.30 **Premier League: Big Interview**
7.00 **TNT Sports Feature**
9.00 **LIVE AFLW Richmond Tigers v Essendon Bombers.** Coverage of the match from IKON Park in Melbourne. Bounce-up **9.20am**.
11.00 **LIVE FA Futsal Women's Super Series Southampton Aztecs v Hertfordshire Vipers.**
1.00 PM **LIVE Gallagher Premiership Rugby Union Exeter Chiefs v Saracens.** Coverage of the match from Sandy Park. Kick-off **1.30pm**.
3.45 **MotoGP** Grand Prix of Indonesia.
4.15 **PSA Squash**
5.45 **TNT Sports Reload**
6.00 **FIM X-Trial World Championship Highlights**
7.00 **Premiership Rugby Union**
10.00 **LIVE UFC** The preliminary bouts for UFC Fight Night 230.
12.00 M'T **LIVE UFC Sodiq Yusuff v Edson Barboza.** Coverage of the featherweight bout, staged at UFC Apex in Las Vegas, Nevada.
3.30 AM **FIM X-Trial World Championship Highlights**
4.30 **to 6.00** AM **Premiership Rugby Union**

TNT Sports 2

411 411 871 | 528 | 409 431

7.30 AM **LIVE MotoGP** The Grand Prix of Indonesia sprint race.
9.00 **LIVE Motorcycling: Asia Talent Cup** Coverage from round three of the season in Indonesia.
10.00 **WWE Friday Night SmackDown**
11.30 **WWE Monday Night Raw**
2.00 PM **PL: The Big Interview**
2.30 **Premier League Reload**
2.45 **Badminton Weekly**
3.00 **LIVE Badminton** The semi-finals at the Finnish Open from Vantaa.
6.30 **Champions League Magazine**
7.00 **LIVE MLB** A play-off match.
10.30 **MLB: Off the Bat**
11.00 **LIVE MLB** Coverage of an encounter in the play-offs.
2.30 AM **MotoGP Rewind**
2.45 **LIVE Motorcycling: Asia Talent Cup** Coverage from the third round of the season at Pertamina Mandalika Circuit.
3.30 **LIVE MotoGP** The Grand Prix of Indonesia warm-up session.
4.00 **MotoGP Rewind**
4.15 **to 6.00** AM **LIVE MotoGP** The Grand Prix of Indonesia Moto3 race, the 15th round of the season, staged at Pertamina Mandalika International Circuit.

TNT Sports 3

417 417 874 | 529 | 410 432

6.00 AM **Gallagher Premiership Rugby Union** A chance to see Bristol Bears v Leicester Tigers.
7.30 **Ariel Helwani Meets**
8.00 **LIVE Badminton** Coverage of the semi-finals at the Finnish Open, which takes place at Energia Arena in Vantaa, Finland.
1.30 PM **WSL Presents** Action from the Rip Curl WSL Finals.
2.30 **WSL Challenger Tour**
3.30 **World Rallycross Championship Highlights**
4.30 **Classic Premier League**
6.00 **The Boot Room Boys**
7.45 **What I Wore** Michael Owen.
8.30 **PSA Squash Highlights** Action from the US Open.
11.00 **LIVE PSA Squash** Coverage of the women's and men's finals of the US Open, which takes place at Arlen Specter US Squash Centre in Philadelphia.
1.30 AM **TNT Sports Reload**
2.00 **Fishing: On the Bank**
3.00 **TNT Sports Feature**
5.00 **to 7.00** AM **LIVE AFLW Carlton v Collingwood.** Coverage of the match, which takes place at Ikon Park in Melbourne. Bounce-up **5.05am**.

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Bitesize Highlights**
8.00 **NFL Highlights**
9.00 **NFL Gameday**
9.30 **49 Hours**
10.00 **Jaguars Weekly UK**
10.30 **Kansas City Chiefs: Franchise**
11.00 **NFL Highlights**
12.00 NOON **49 Hours**
12.15 PM **One Jets Drive**
1.00 **NFL Highlights**
3.00 **NFL Bitesize Highlights**
4.00 **NBC's Pro-Football Talk**
6.00 **NFL Highlights** Atlanta Falcons v New York Jets from 2021/22. **7.00** New Orleans Saints v Minnesota Vikings from 2022/23.
8.00 **Kansas City Chiefs: Franchise**
8.30 **49 Hours**
8.45 **NFL Highlights** Kansas City Chiefs v Denver Broncos.
9.45 **NFL Bitesize Highlights**
10.30 **NFL Highlights** Atlanta Falcons v San Francisco 49ers in 2022/23. **11.30** Kansas City Chiefs v Buffalo Bills from 2022/23.
12.30 AM **LIVE NCAA College Football Notre Dame Fighting Irish v USC Trojans.** Coverage of the match at Notre Dame Stadium in Indiana. Kick-off **12.30am**.
4.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 510 | 429 449

6.00 AM **ICC Cricket World Cup**
7.00 **LIVE NPC Rugby** Coverage of a semi-final encounter.
9.00 **Super League Gold**
9.10 **LIVE International Rugby League Australia v Samoa.** The Pacific Championships match in Queensland. Kick-off **10.10am**.
11.10 **Super League Gold**
11.15 **Super League Highlights**
11.30 **LIVE Hanoi Open Pool Championship** Coverage of the quarter-finals, which take place at Hanoi Indoor Games Gymnasium.
4.00 PM **British Basketball**
6.30 **Unbeatable** Basketball news.
7.00 **NFL Highlights**
8.00 **British Basketball**
10.30 **Women's Super League**
11.30 **Super League Highlights**
12.00 M'T **ICC Cricket World Cup**
1.00 AM **Super League Highlights**
2.00 **DP World Tour Golf**
3.00 **Unbeatable** Basketball news.
3.30 **Food & Importance of Heritage**
3.45 **LIVE Women's International Rugby League Samoa v Fiji.** The Pacific Championships match at Santos National Football Stadium. Kick-off **3.45am**.
5.45 **to 6.00** AM **NRL**

TNT Sports 4

421 421 876 | 530 | 411 434

8.30 AM **Classic Premier League**
9.30 **TNT Sports Reload**
9.45 **TNT Sports Feature**
11.45 **TNT Sports Reload**
12.00 NOON **TNT Sports Feature**
2.00 PM **UEFA Champions League Magazine** News and action.
2.30 **MLB** Action from Postseason.
5.30 **MLB Classic** A look back at the best of the action from the 1990 Major League Baseball season.
6.30 **WSL Presents** Highlights from the Rip Curl WSL Finals.
7.30 **Women's One-Day International Cricket** Action from Australia v West Indies in the third and final ODI in the series.
8.30 **Ariel Helwani Meets**
9.00 **WWE Friday Night SmackDown** Wrestling action featuring Charlotte Flair.
10.30 **Deaf Away Days**
12.00 M'T **WSL Challenger Tour**
1.00 AM **World Poker Tour Series**
5.00 **to 7.00** AM **TNT Sports Feature**

Eurosport 1

413 413 868 | 521 | 412 435

7.30 AM **LIVE Snooker: Wuhan Open** Coverage of the opening semi-final on day six from Wuhan Sports Gymnasium in China.
11.00 **XTERRA World Championship**
11.30 **Snooker: Wuhan Open**
12.30 PM **LIVE Snooker: Wuhan Open** Coverage of the second semi-final on day six from Wuhan Sports Gymnasium in China.
4.00 **Triathlon: Super League**
5.00 **Cycling: Paris-Tours**
6.00 **Snooker: Wuhan Open**
8.00 **Cycling: Tour of Turkey**
9.00 **Cycling: Tour of Venetia**
10.00 **Cycling: Tour of Turkey**
11.00 **British Superbikes**
12.00 M'T **Snooker: Wuhan Open**
2.00 AM **Cycling: Tour of Munsterland** From Germany.
3.00 **Cycling: Tour of Turkey**
4.00 **Climbing World Cup**
5.00 **Teqball Show**
5.30 **to 7.30** AM **Snooker: Wuhan Open**

Eurosport 2

414 414 869 | 522 | 413 436

6.00 AM **Cycling: Tour of Turkey**
7.00 **British Superbikes**
8.00 **British Superbikes Extra**
9.00 **Athletics: Chicago Marathon**
10.30 **Cycling: Ras na mBan**
11.00 **British Superbikes**
12.00 NOON **LIVE British Superbikes** Coverage of the first day of racing in the 11th and final round of the season from Brands Hatch.
5.30 PM **World Superbikes**
6.30 **Porsche Supercup**
7.00 **Motocross World Championship of Nations** The third race from Ernee in France.
8.00 **British Superbikes**
9.00 **Snooker: Wuhan Open**
11.00 **Olympic Games: Story of Women at the Games**
12.00 M'T **Cycling: Tour of Turkey**
1.00 AM **Cycling: Tour of Lombardy**
2.00 **Snooker: Wuhan Open**
4.00 **British Superbikes**
5.00 **to 6.00** AM **Cycling: Binche-Chimay-Binche**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **LIVE Hanoi Open Pool Championship** Coverage of the last-16, which takes place at Hanoi Indoor Games Gymnasium.
9.30 **Women's Super League**
10.30 **Super League Highlights**
11.30 **Betfred Super League**
5.00 PM **LIVE Betfred Super League** Coverage of the Grand Final, which takes place at Old Trafford. Kick-off **6.00pm**.
9.00 **Buatsi v Azeez: The Gloves Are Off** Joshua Buatsi and Dan Azeez come face to face.
9.30 **Super League Highlights**
10.30 **Women's Super League**
11.30 **Super League Highlights**
1.00 AM **Women's Super League**
2.00 **to 6.00** AM **LIVE Fight Night International Janibek Alimkhanuly v Vincenzo Gualtieri.** Coverage of the bout for the IBF and WBO world middleweight titles at Fort Bend Community Centre in Rosenberg.

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **Formula 1** The Qatar Grand Prix.
12.00 NOON **The Notebook**
12.30 PM **Bernie & Checo Reunited**
12.40 **Vettel and the F1 Juniors**
12.45 **LIVE GT World Challenge Europe** Coverage of the first race at Circuit Zandvoort in the Netherlands, where the final round of the season takes place.
2.15 **Oscar & Martin at Monza**
2.25 **Motorsport UK in Manchester**
2.30 **Formula 1** The Qatar Grand Prix.
3.30 **GT World Challenge Europe**
5.00 **Lewis's Helmet Designs**
5.10 **George Russell: Lie Detector**
5.30 **Box Box Box: Red Bull's First Win** With Christian Horner.
6.00 **F1 Classic Races**
9.00 **GT World Challenge Europe**
10.30 **Sky Sports F1 Podcast**
11.30 **Formula 1** The Qatar Grand Prix.
12.30 AM **Norris' Podium Positivity**
12.40 **Portrait of the Paddock: Ferrari**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Sunday

15 October

Evening Planner

Cricket

England v Afghanistan
Sky Sports Cricket & Sky Sports Main Event, play starts 9.30am
Defending champions England face Afghanistan in this round-robin match.

Factual

Fletcher's Family Farm
ITV1, 11.30am
Cameras follow former *Emmerdale* actor Kelvin Fletcher and his family as they navigate life on their Peak District farm.

Rugby Union

Rugby World Cup Quarter-Finals
ITV1, kick-offs 4pm & 8pm
The winners of Pool D and Pool A play the runners-up from Pools C and B.

Thriller

The Ex-Wife
Channel 5, 9pm
Tasha (Céline Buckens) seems to have the perfect life. However, her husband's ex-wife is about to put paid to all that...

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1		7.15 Strictly Come Dancing...	8.00 Antiques Roadshow		9.00 Boiling Point		10.00 News	10.30 Film: The Beach
102 BBC2		7.20 Eva Longoria...	8.00 Big Little Journeys		9.00 Film: Us			
103 ITV1		7.15 Rugby World Cup – Live: Pool A winner v Pool B runner-up (Kick-off 8.00)						10.30 News
104 CHANNEL 4	7.00 Griff's Canadian Adventure		8.00 Handmade: Britain's Best Woodworker		9.00 Celebrity SAS: Who Dares Wins		10.00 Gogglebox	
105 CHANNEL 5	7.00 Cricket World Cup		8.00 Hotel Benidorm: Fun-Loving Brits...		9.00 The Ex-Wife		10.00 The Big Sex Scam	
106 SKY SHOWCASE	7.00 Cricket World Cup		8.00 David Attenborough's Wild City		9.00 House of Kardashian		10.00 The Blacklist	
ENTERTAINMENT								
115 BBC3	7.00 EastEnders		8.00 Top Gear		9.00 The Fast and the Farmer-ish		10.00 Scars: Surviving a Stabbing	
116 BBC4	7.00 The Octopus in My House – Natural World		8.15 A Midsummer Night's Dream			9.45 The Merchant of Venice		
118 ITV2	◂ 6.45 Film: Knight and Day				9.00 Big Brother		10.00 Big Brother: Late & Live	
136 MORE4	◂ 6.55 Come Dine with Me		8.00 999: On the Front Line		9.00 24 Hours in A&E		10.00 The Emergency Ward	
135 E4	7.00 The Big Bang Theory				9.00 Film: Alien: Covenant			
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Blue Bloods		10.00 FBI	
108 SKY ATLANTIC	◂ 6.50 Ray Donovan				9.00 The Gilded Age			10.30 Dreamland
110 GOLD	7.00 Only Fools and Horses			8.20 Dad's Army	9.00 Only Fools and Horses			10.20 The Lenny Henry...
111 DAVE	7.00 Mortimer &...	7.40 The Lakes with Simon Reeve		8.40 QI XL			10.00 Live at the Apollo	
119 ITV3	◂ 6.10 Lewis		8.00 Vera				10.00 Endeavour	
120 ITV4	◂ 5.40 Film: The Mummy		8.00 Rugby Union: Premiership		9.00 Film: Die Hard			
112 COMEDY CENTRAL		7.15 Film: Nacho Libre			9.00 Film: Blended			
139 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 Film: Sinister			
113 SKY MAX	7.00 Merlin				9.00 Rob & Romesh vs Team GB: Part 2		10.00 The Blacklist	
109 ALIBI	7.00 Miss Scarlet and the Duke				9.00 Death in Paradise		10.00 So Help Me Todd	
130 SKY ARTS	7.00 The Joy of Painting		8.00 Film: Sherlock Holmes: Terror by Night			9.15 The Directors		10.15 Discovering: John Mills
132 W	7.00 Nurses on the Ward		8.00 Inside the Operating Theatre		9.00 Stacey Dooley Sleeps Over USA		10.00 Killer Women with Piers Morgan	
DOCUMENTARY								
125 DISCOVERY	7.00 How the Universe Works		8.00 Richard Hammond's Big		9.00 Somali Pirate Takedown – The Real...		10.00 Wheeler Dealers	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Crikey! It's the Irwins				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Ultimate Supercar		8.00 Border Protection Spain		9.00 Air Crash Investigation		10.00 Drug Lords: The Takedown	
123 SKY HISTORY	7.00 Egypt's Unexplained Files				9.00 History's Greatest Mysteries		10.00 The UnXplained with William Shatner	
155 YESTERDAY	7.00 Bangers & Cash		8.00 'Allo 'Allo!					10.10 Bangers & Cash: Restoring...
121 SKY DOCS	◂ 6.45 Film: Robin Williams: Come Inside My Mind				9.00 House of Kardashian		10.00 I Am Patrick Swayze	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.55 Champions		8.00 The Fabelmans					
303 HITS	◂ 6.15 Grown Ups 2		8.00 It					10.20 Bad Boys II
304 GREATS	◂ 6.00 The Spy Who Came in from the Cold		8.00 Champion			9.55 Fanny and Alexander		
305 ANIMATION	◂ 5.45 The Bad Guys	7.30 The Lego Batman Movie				9.45 Rabbit Academy		
306 FAMILY	◂ 5.50 The Smurfs 2	7.45 Getting Even with Dad			9.40 Cinema List		10.05 Robo-Dog: Airborne	
307 ACTION	◂ 5.35 The Woman King		8.00 The Commuter				10.05 Batman & Robin	
308 COMEDY	◂ 6.15 Angus, Thongs and Perfect Snogging		8.00 The Terminal					10.15 Scary Movie 3
309 THRILLER	◂ 5.50 No Country for Old Men		8.00 Haywire		9.40 Cinema...		10.00 King of New York	
310 DRAMA	◂ 6.00 The King's Speech		8.00 Spotlight					10.10 Nashville
311 HALLOWEEN	◂ 6.30 The Woman in Black		8.10 The Woman in Black: Angel of Death				10.00 The Crow	
302 ORIGINALS	◂ 6.25 After Yang		8.05 Gunpowder Milkshake				10.05 SAS: Red Notice	
313 FILM4	◂ 6.40 The Pursuit of Happyness				9.00 Midway			
SPORT								
401 MAIN EVENT	◂ 6.30 NFL – Live: Coverage of two week six match							
402 PREMIER LEAGUE	7.00 Match Officials...	7.30 PL Stories	8.00 The Fall and Rise of Luton Town		9.00 City: PL Champions Again		10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.00 WSL	7.30 EFL Goals	8.00 EFL Rivalries			9.30 Best Moments...	10.00 EFL Goals	10.30 WSL
404 CRICKET	7.00 Cricket World Cup		8.00 ICC Men's CWC Greatest Matches		9.00 Cricket World Cup			
410 TNT SPORTS 1	7.00 Women's One-Day International Cricket		8.00 PSA Squash		9.00 WWE SmackDown Highlights		10.00 WWE NXT	
411 TNT SPORTS 2	7.00 FIM X-Trial World Championship...		8.00 MotoGP		9.00 MotoGP Chequered Flag		10.00 UFC	

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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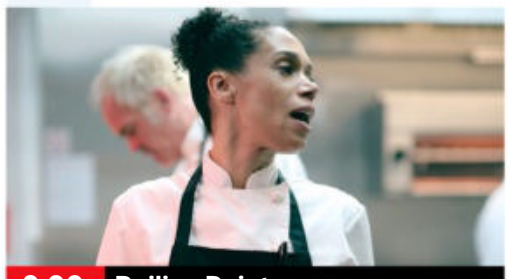
BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Animal Park** (S)(R)(AD)
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)(AD)
12.35 PM **Points of View** New edition (S)
12.50 **Lifeline** New edition (S)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 LIVE **Football: Women's Super League** Arsenal v Aston Villa: The top-flight match at the Emirates Stadium. Kick-off is at 2.00. (S)
4.15 **Escape to the Country** A couple search for a property in Northamptonshire. (S)(R)(AD)
4.50 **Attenborough's Life in Colour** 2/2. The ways that some animals use colour to hide. (S)(R)(AD)
5.50 **BBC News** (S)



9.00 Boiling Point

6 PM

6.05 **Local News** (S)
6.15 **Countryfile** New edition Joe Crowley and Charlotte Smith are in Norfolk to witness the Snettisham Spectacular, when birds take to air as the high tide forces them from their feeding spots. (S)

7 PM

7.15 **Strictly Come Dancing: The Results** New edition The two lowest-scoring couples compete in the dance-off. Plus, Beverley Knight performs in the ballroom. (S)

8 PM

8.00 **Antiques Roadshow** New edition Fiona Bruce hosts from London's Crystal Palace Park, where treasures include James Bond books, a Lego portrait of the late Queen and Vivienne Westwood outfits. (S)

9 PM

9.00 **Boiling Point** New episode 3/4. Carly reduces the hours of the pot washing team, sending Jake, who is caring for his younger sister, into a panic. (S1) (S)(AD)
■ Entire series is on BBC iPlayer

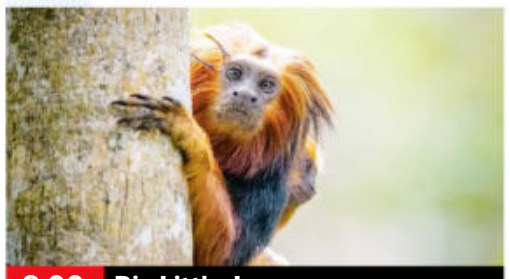
10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 FILM **The Beach** Danny Boyle's exotic drama based on the bestseller by Alex Garland starring Leonardo DiCaprio, Tilda Swinton and Virginie Ledoyen. An American backpacker in Thailand discovers an idyllic beach community on a secret island. (S) (2000, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **The Women's Football Show** Action from the latest fixtures in the Women's Super League, including Liverpool v Everton. (S)
1.10 **Weather for the Week Ahead** (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.05 AM **Countryfile** (S)(R)
7.00 **The Wild Gardener** (S)(R)(AD)
8.00 **Gardeners' World** (S)(R)
9.00 **Weatherman Walking** New edition 2/8. A 10-mile circular walk around Usk. (S)
9.30 **Landward** New edition (S)
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **Rick Stein's Seafood Odyssey** (R)
12.00 NOON FILM **Richard III** Laurence Olivier's classic screen version of Shakespeare's play. (S) (1955, U, 155min) ★★★★★
2.35 PM **This Farming Life** (S)(R)
3.35 **Flog It!** From Aberystwyth. (S)(R)
4.20 **Celebrity Race Across the World** 4/6. The teams head to the next checkpoint in Sarajevo. (S)(R)(AD)
5.20 **Rugby League: Super League** Action from the Grand Final. (S)



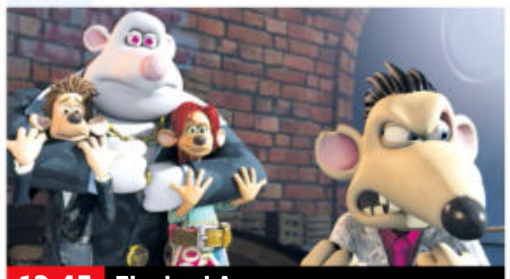
8.00 Big Little Journeys

6.20 **Inside the Factory XL: Trains** Gregg Wallace visits the 84-acre Alstom factory site in Derby to learn about the construction of a 187-ton five-carriage electric train, which takes up to 1,000 hours to complete. (S)(R)(AD)
7.20 **Eva Longoria: Searching for Mexico** New edition 2/6. Exploring the food and culture of the region of Nuevo Leon. (S)(AD)
8.00 **Big Little Journeys** New edition 2/3. A Formosan pangolin travels through a land of giants to find a mate, while a family of golden-headed lion tamarins travel to the edge of their world. (S)(AD)
9.00 FILM **Us** Jordan Peele's horror starring Lupita Nyong'o, Winston Duke and Elisabeth Moss. A family's life turns into a nightmare when a group of strangers begins to terrorise them. (S) (2019, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.50 FILM **The Omen** Horror starring Gregory Peck and Lee Remick. The American ambassador in London realises that his son is the Antichrist. (S) (1976, 15, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.40 AM **Sign Zone: Question Time** Topical debate from London. (S)(R)
1.40 **Sign Zone: Claimed and Shamed** A chef makes a bogus claim. (S)(R)
2.25 **Sign Zone: Ambulance** 5/6. The ambulance service face the threat of a nerve agent. (S)(R)
3.25 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103/113 | 3 103 | 103 111

6.00 AM **Ainsley's Food We Love** (S)(R)
6.30 **James Martin's French Adventure**
7.30 **James Martin's Saturday Morning** With Kelvin and Liz Fletcher. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition With Sheila Hancock. (S)
11.30 NEW SERIES **Fletcher's Family Farm** Kelvin Fletcher and his family give an insight into rural life. *See feature, page 21*. (S)(AD)
12.30 PM **ITV News** (S)
12.45 FILM **Flushed Away** Animation. (S)(AD) (2006, U, 105min) ★★★★
2.30 LIVE **FA Cup First Round Draw** (S)
3.00 LIVE **Rugby World Cup** Pool D winner v Pool C runner-up: The third quarter-final, held at Stade de Marseille in France. Kick-off is at 4.00. *See feature, page 28*.(S)



12.45 Flushed Away

6.30 **ITV News** (S)
6.40 **Local News** (S)
6.45 **Tipping Point: Best Ever Finals** Two more of the game show's most thrilling endgames. (S)(R)
7.15 LIVE **Rugby World Cup** Pool A winner v Pool B runner-up: Coverage of the fourth quarter-final, which comes from Stade de France in Paris. Kick-off is at 8.00. *See feature, page 28*. (S)

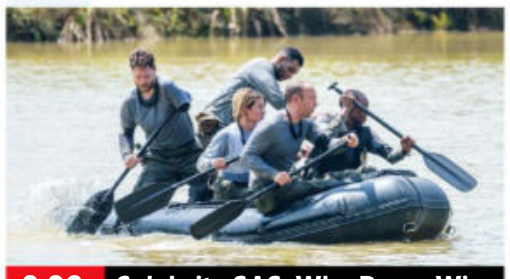
10.30 **ITV News** (S)
10.45 **Fresh Cuts** New edition 3/4. Exploring the contribution of black culture and design to mainstream British fashion. (S)(AD)
11.45 **Rugby Union: Premiership** The opening round of fixtures, including Exeter Chiefs v Saracens. (S)
12.40 AM **English Football League Highlights** Recent action. (S)(R)
1.30 **The Chase** Quiz show. (S)(R)
2.20 **Winning Combination** (S)(R)
3.10 **Motorsport UK** (S)(R)
4.00 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Fletcher's Family Farm** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.00 AM **Cheers** 1-3/22. (S7) (S)(R)
7.20 **The King of Queens** (S)(R)(AD)
8.30 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** New edition With guests Angela Barnes and Rhys James. Plus, music from Holly Humberstone. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.00 FILM **How to Train Your Dragon** Animated fantasy adventure featuring the voices of Jay Baruchel and Gerard Butler. (S) (AD) (2010, PG, 115min) ★★★★
3.55 **The Great British Bake Off** 3/10. The bakers tackle a classic cottage loaf in the Bread Week Signature challenge. (S)(R)(AD)
5.30 **A Lake District Farm Shop** 5/6. The Tebay baristas go on a training day at one of the region's highest peaks. (S)(R)(AD)



9.00 Celebrity SAS: Who Dares Wins

6.30 **News** (S)
7.00 **Griff's Canadian Adventure** 3/6. Griff visits the province of Ontario, right on the US border, uncovers how Canadians differ from their southern neighbours, and ponders what it is that makes them so nice. (S)(R)(AD)
8.00 **Handmade: Britain's Best Woodworker** New edition The nine remaining enthusiasts are challenged to make a freestanding handcrafted clock inspired by an important time in their life. (S)(AD)
9.00 **Celebrity SAS: Who Dares Wins** New edition 4/7. The trainees must prove they can trust their team, their leaders and themselves. (S)(AD)
10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV. (S)(R)(AD)
11.05 NEW **Little Richard: I Am Everything** Documentary exploring the life of the one-of-a-kind rock 'n' roll icon who shaped the world of music. (S)(AD)
1.00 AM **The Great British Bake Off: An Extra Slice** (S)(SL)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** From Atlanta. (S)(SL)(R)
2.45 **Come Dine with Me** (S)(R)(AD)
4.55 **The Great Home Transformation**
5.50 **to 6.05** AM **Sunday Brunch Best Bits** (S)(R)

+1 hour 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.55 **The Smurfs** (S)(R)
10.25 **Entertainment News** (S)
10.35 **NFL End Zone** Action from the latest matches in the NFL. (S)
11.05 **Friends** (S7) (S)(R)(AD)
12.05 PM **FILM Ladies in Lavender** Drama written and directed by Charles Dance, starring Judi Dench and Maggie Smith. (S) (2004, 12, 130min) ★★★★
2.15 **FILM Miss Potter** Biopic starring Renée Zellweger as children's author Beatrix Potter. With Ewan McGregor, Emily Watson and Barbara Flynn. (S) (2006, PG, 110min) ★★★★
4.05 **Enid** Feature-length drama starring Helena Bonham Carter as writer Enid Blyton. With Matthew Macfadyen. (S)(R)

8.00 Hotel Benidorm: Fun-Loving...

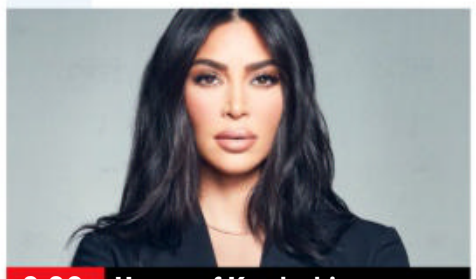
6.00 **Tesco: How Do They Really Do It?** Cameras go behind-the-scenes in the supermarket chain to uncover the secrets of Tesco's success. (S)(R)
6.55 **News** (S)
7.00 **Cricket World Cup** England v Afghanistan: Action from the group match at Arun Jaitley Stadium in Delhi, India. (S)
8.00 **Hotel Benidorm: Fun-Loving Brits in the Sun** Series finale 6/6. New receptionist Ruben is about to experience his first unhappy customer as he works his first solo shift. (S)
9.00 **NEW SERIES The Ex-Wife** 1/4. Psychological thriller starring Celine Buckens. A woman's perfect life with her new husband is plagued by his obsessive ex-wife. *See feature, page 12.* (S1) (S)(AD)
10.00 **The Big Sex Scam** New edition 5/8. The story of how a widow lost more than £40,000 after falling prey to an online scam. (S)
11.05 **Porn Star Parents: Adults Only** People making a living from selling sex. (S)(R)
12.05 AM **S****ing 9 to 5: Adults Only** Dominatrix mistress Sofia trains a new apprentice. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Victorian Britain: The Lost Films** (S)(R)
4.15 **Great Artists** (S)(SL)(R)
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **Where's Wally** (S)(R)
6.25 **Croods Family Tree** (S)
7.15 **The Brilliant World of Tom Gates** Triple bill. (S)(R)(AD)
8.00 **Monkey Life** (S)(R)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **Dogs: An Amazing Animal Family** Triple bill. (S)(R)(AD)
1.00 PM **The Simpsons** Six episodes of the comedy, including at: **3.00** *Treehouse of Horror VI:* Homer discovers a mysterious 'third dimension'. (S)(R) **3.30** *Treehouse of Horror VII:* Lisa discovers Bart's evil twin in the attic. (S)(R)
4.00 **FILM Monster Family** Animated comedy featuring the voice of Emily Watson. (S)(AD) (2017, PG, 96min) ★★


9.00 House of Kardashian

6.00 **The Simpsons** *Treehouse of Horror VIII:* Bart switches bodies with a housefly. (S)(R) **6.30** *Treehouse of Horror IX:* Homer is possessed by an evil toupee. (S)(R)
7.00 **Cricket World Cup** England v Afghanistan: Action from the group match at Arun Jaitley Stadium in Delhi, India.
8.00 **David Attenborough's Wild City** 1/5. The broadcaster examines the wildlife of Singapore, showing the diversity of the animals living in the city-state. (S)(R)(AD)
9.00 **House of Kardashian** New edition 2/3. A sex tape of Kim Kardashian emerges, leading to a reality show and catapulting the family's name around the world. (S) ■ Entire series on Sky Box Sets
10.00 **The Blacklist** New episode *The Morgana Logistics Corporation (No167):* 17/22. Hudson's investigation escalates when he recruits help from within the FBI. (S10) (S)
11.00 **Saturday Night Live** American sketch show. (R)
12.30 AM **An Idiot Abroad 2** 5/8. Karl travels to Africa to spend time with gorillas. (S)(R)(AD)
1.30 **Stop, Search, Seize** Following the work of Ireland's border force. (S)(R)(AD)
2.30 **Road Wars** (R)
3.30 **Nothing to Declare** (S)(R)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
10.00-10.30am The Sunday Show (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
10.30am Homes Under the Hammer (S)(R) **11.30** Bargain Hunt (S)(R)(AD) **12.05-12.35pm** Scrum V Rugby World Cup Podcast (S) **10.30** Match of the Day Wales (S) **11.00 FILM** The Beach (S) (2000, 15, 110min) ★★★ **12.50am** The Women's Football Show (S) **1.40-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
9.00pm Séamus Mac Murchaidh – Díolta Faoina Luach (S)(R) **10.00 FILM** Us (S) (2019, 15, 115min) ★★★★ **11.55** Sunday Politics Northern Ireland (S)(R) **12.25-12.40am** Barra on the Foyle (S)(R)

WALES
Sky **968**, Freesat **968**
11.30am FILM Richard III (S) (1955, U, 155min) ★★★★★ **2.05pm** This Farming Life (S)(R) **3.05-3.35pm** Weatherman Walking (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw New edition **9.00** Y Siambr **10.00** Jason Mohammad: Stadiymau'r Byd **11.00** Dechrau Canu Dechrau Canmol **12.00noon** Ffasiwn Drefn (AD) **12.30pm** Rygbi Pawb Uchafbwyntiau **1.15** Bwyd Epic Chris **1.45** Hanner Marathon Principality Caerdydd **2.45** Y Tyrchwyr gyda Iolo Williams (AD) **3.15** Hen Dy Newydd (AD) **4.10** Sain Ffagan (AD) **4.40** Cefn Gwlad (AD) **5.10** Ffermio **6.15** Pobol y Cwm Omnibws (AD) **7.00** Newyddion a Chwaraeon **7.15 LIVE** Sgorio Rhyngwladol **10.00** Drych: Camau Tua'r Sêr **11.00-11.35pm** Richard Holt: Yr Academi Felys

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 | 107/157 | 23 107 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Sharon drops a bombshell on Keanu. **7.30** Karen pushes Keanu to agree to her plan.
8.00 **Top Gear** The team test drive three luxurious vehicles in Albania.
9.00 **The Fast and the Farmer-ish** New edition 5/6. The two remaining teams prepare for the final. **9.30** Series finale 6/6. Tom Pemberton reviews some of the memorable moments from the series.
10.00 **Scars: Surviving a Stabbing** Film-maker Aodh Breathnach explores the psychological impact of being stabbed.
11.00 **Man Like Mobeen** (S2)
11.45 **BBC New Comedy Awards** Larry Dean hosts.
12.15 AM **The Fast and the Farmer-ish** Double bill.
1.15 **RuPaul's Drag Race UK**
2.25 **The After Shave with Danny Beard**
2.40 **Man Like Mobeen**
3.25 **to 3.50** AM **Kirkmoore**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Natural World: The Octopus in My House** A professor takes an octopus into his home to learn about its intelligence.
8.00 **NEW Russell T Davies Remembers... A Midsummer Night's Dream** The writer recalls his adaptation of the Shakespeare comedy.
8.15 **A Midsummer Night's Dream** Russell T Davies's Shakespeare adaptation, starring Maxine Peake. Four people are bewitched by a mischievous fairy.
9.45 **The Merchant of Venice** Shakespeare's tale of debt, love and retribution, starring Maggie Smith, Frank Finlay and Charles Gray.
12.00 M'T **The Wars of the Roses: Richard III** The final part of the Royal Shakespeare Company's epic staging of the bard's *Wars of the Roses* plays from 1964. Stars Roy Dotrice.
2.25 **to 3.25** AM **Mark Lawson Talks to Sir Antony Sher**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **George Clarke's Amazing Tree Houses**
9.55 **Ugly House to Lovely House with George Clarke** A 1980s property.
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Come Dine with Me**
2.40 PM **Four in a Bed**
5.20 **Come Dine with Me** Chocolate shop manager Ginnette hosts the first dinner party in Sheffield. **5.50** Emergency services worker Josh plays host.
6.20 **Come Dine with Me** GP surgery manager Clare hosts the third dinner party. **6.55** Wellness coach Andy serves up a healthy meal. **7.25** Psychologist Abi hosts the final night in Sheffield.
8.00 **999: On the Front Line** A semi-conscious woman in police custody needs urgent treatment for collapsed veins.
9.00 **24 Hours in A&E** A 71-year-old man is rushed into A&E after falling head first onto a tiled floor.
10.00 **The Emergency Ward** Paramedics bring in a man who has been on a two-day drug bender.
11.00 **Emergency Helicopter Medics** Documentary.
12.05 AM **The Good Doctor**
1.00 **999: On the Front Line**
2.05 **24 Hours in A&E**
3.10 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
8.30 **Ramsay's 24 Hours to Hell and Back**
10.30 **Married at First Sight UK**
2.45 PM **FILM Hotel for Dogs** Family comedy starring Emma Roberts, Jake T Austin and Don Cheadle. (2009, U, 95min) ★★★
4.50 **FILM Madagascar 3: Europe's Most Wanted** Animated comedy adventure sequel with the voices of Ben Stiller and Chris Rock. (2012, PG, 93min) ★★★★
6.35 **The Big Bang Theory** 24/24. Leonard and Penny are pressured to choose a date for their wedding. (S8) **7.00** 1/24. Penny struggles with Leonard's confession. **7.30** 2/24. Sheldon films an episode of *Fun with Flags*. **8.00** 3/24. The guys' science skills are tested. **8.30** 4/24. Howard and Raj form a band. (S9)
9.00 **FILM Alien: Covenant** Sci-fi thriller starring Katherine Waterston and Michael Fassbender. A crew of colonists sent to populate an alien planet have their mission diverted by a mysterious signal. With Billy Crudup and Danny McBride. (2017, 15, 117min) ★★★
11.20 **Gogglebox**
1.25 AM **First Dates**
2.30 **Below Deck Sailing Yacht**
3.20 **to 6.00** AM **Hollyoaks Omnibus**

+1 hour 235/236 | 306 | 30 | 123

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
11.00 **The Real A&E**
12.00 NOON **Sun, Sea and A&E** An English man is admitted with his face badly out of shape. **1.00** PM The surgical team helps a navy cadet whose broken elbow could spell the end of his career.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

9.00 Blue Bloods

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Blue Bloods** *Atonement:* 3/16. Frank struggles following a revelation about Joe Hill. (S11)

10 PM
10.00 **FBI** *Second Life:* 9/23. The abduction of a young woman leads the team back to a cold case from 18 years ago. (S5)
11.00 **FBI: International** (S2)
12.00 M'T **FBI: Most Wanted** (S4)
1.00 AM **Departure** 5/6. (S1)
2.00 **Law & Order: Special Victims Unit** Series finale 22/22. Crime drama. (S24)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Urban Secrets**
9.00 **Richard E Grant's Hotel Secrets** From Venice.
10.00 **Django** 6-10/10. (S1)
3.30 PM **Ray Donovan** 6/12. Terry visits Bridget and discovers a truth that shocks him. **4.35** 7/12. Ray steps in to save Mickey from himself. **5.40** 8/12. A last-ditch medical trial sends Ray on a dark mission in New York. **6.50** 9/12. Mickey and Daryll celebrate getting the go ahead for their movie. (S5)

9.00 The Gilded Age

7.55 **Ray Donovan** *Bob The Builder:* 10/12. Ray and Terry put their differences aside to try and fix Bunchy's problem once and for all. (S5)

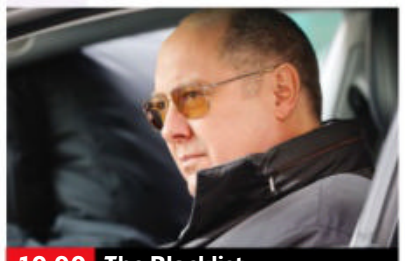
9.00 **The Gilded Age** *Never the New:* 1/9. Drama set against the backdrop of the American Gilded Age, Stars Louisa Jacobson and Christine Baranski. (S1)
10.30 **Dreamland** 6/6. Trish and Spence buy their dream house, while Mel's secret comes out. (S1)
11.00 **Tin Star** 5/9. Jack exposes the truth about Johan to the Nickel family, but struggles with his desire to win his daughter's forgiveness. (S2)
12.05 AM **True Detective** (S2)
2.55 **The Great Game** 1/8. (S1)
4.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Highway Patrol**
7.00 **Supergirl** 15-19/19. (S5)
12.00 NOON **NCIS: Los Angeles** Five episodes, including at: **3.00** PM 6/21. The team investigate after a rear admiral is abducted. **4.00** 7/21. A Marine falls ill due to an attack by a genetic weapon. (S14)
5.00 **Merlin** 12/13. Everyone except Morgana falls under a strange enchantment. **6.00** 13/13. The Great Dragon attacks Camelot. (S2)


10.00 The Blacklist

7.00 **Merlin** *The Tears of Uther Pendragon – Part One:* 1/13. A year after her disappearance, Morgana returns to Camelot.
8.00 **Merlin** *The Tears of Uther Pendragon – Part Two:* 2/13. Morgana summons a skeleton army during a battle at the citadel. (S3)
9.00 **Rob & Romesh vs Team GB: Part 2** Rob Beckett and Romesh Ranganathan try clay pigeon shooting, gymnastics and athletics.
10.00 **The Blacklist** New episode *The Morgana Logistics Corporation (No167):* 17/22. Congressman Hudson's investigation escalates. (S10)
11.00 **An Idiot Abroad 2**
12.00 M'T **Never Mind the Buzzcocks**
12.45 AM **The Force: North East**
1.40 **Stop, Search, Seize**
2.35 **Road Wars** Double bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 118 816 115 6 113

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.35 **Dress to Impress**
11.30 **Next Level Chef (USA)**
12.30 PM **Supermarket Sweep**
1.30 **Catchphrase**
2.15 **In for a Penny**
2.45 FILM **Stuart Little** Children's fantasy adventure. (1999, U, 90min) ★★★★★
4.30 FILM **Mamma Mia! Here We Go Again** Musical sequel starring Amanda Seyfried. (2018, PG, 114min) ★★★

6.45 Knight and Day

6.45 FILM **Knight and Day** Comedy thriller starring Tom Cruise and Cameron Diaz. A rogue secret agent kidnaps a hapless bystander and takes her on a perilous globe-trotting adventure. (2010, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

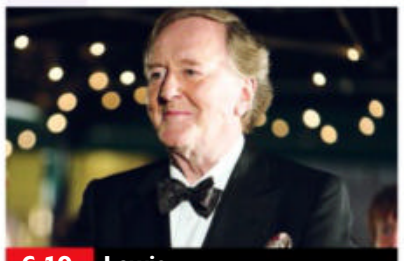
9.00 **Big Brother** New edition The social experiment continues as a host of housemates compete to win a life-changing prize.
10.00 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present the companion show to this year's series.
11.05 **Family Guy** 10/20. Stewie and Doug face off to be their class's 'snack captain'. (S21) **11.35** 8&3/20. (S17)
12.35 AM **American Dad!**
1.30 **The Sex Lives of College Girls** 1&2/10. (S2)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Bless This House**
6.35 **Inspector Morse**
10.50 **The Darling Buds of May**
1.00 PM **Wycliffe**
2.05 **Agatha Christie's Marple**
4.05 **Agatha Christie's Poirot** *Five Little Pigs:* The sleuth reopens a 14-year-old murder case for which a woman was executed for killing her husband.
6.10 **Lewis** *Dark Matter:* A college master is found dead at Oxford University's astronomical observatory. Guest stars Robert Hardy.


6.10 Lewis

Lewis (started at 6.10pm)
8.00 **Vera** *Blood Will Tell:* DCI Vera Stanhope investigates the case of a murdered entrepreneur whose legacy of unpaid debts and ruined lives leaves no shortage of suspects.
10.00 **Endeavour** *Uniform:* 2/3. Bright order all hands on deck at Castle Gate after a uniformed officer is murdered. (S9)
12.05 AM **Blue Murder** *The Spartacus Thing:* 3/4. A recently released prisoner is strangled – and the entire family end up confessing to the crime. (S3)
1.40 **Bless This House**
2.10 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Roaming in the Wild** 3/6. Mark and Andrew head to Assynt to seek out the Northern Lights.
7.45 **Beechgrove Repotted**
8.00 **Grand Tours of Scotland's Lochs** 1/6. Paul Murton explores the Argyll coast.
9.00 **The Firm** New edition 2/8. Aamer Anwar weighs the possibility of a new appeal into the Lockerbie Bombing.
10.00 **Still Game** 2/7. Jack and Victor pretend to be socialites. (S6)
10.30 **Designing the Hebrides** 1/6. Interior design makeovers across the islands.
11.00 PM **to 12.00** M'T **Seven Days** New edition The major news, sport and entertainment stories from the past week.

Sky Comedy

114/115 112 347 362

8.00 AM **The Fresh Prince of Bel Air** 1-5/25. (S1)
10.30 **Avenue 5** 7&8/8. (S2)
11.40 **Crashing** 1-3/8. (S1)
1.30 PM **Will & Grace** (S8)
4.00 **Silicon Valley** (S2)
6.30 **The Office (US)** 10/26. Michael sets up a murder-mystery game. **7.00** 11/26. Michael takes Dwight, Andy and Oscar to New York. **7.30** 12/26. Jim hopes an Employee of the Month award will raise spirits at Dunder Mifflin. **8.00** 13/26. Andy's Secret Santa gifts prove unsuccessful. **8.30** 14/26. A potential buyer of Dunder Mifflin visits the office. (S6)
9.00 NEW SERIES **Saturday Night Live** Sketch show.
10.25 **Curb Your Enthusiasm**
11.00 **Saturday Night Live**
12.30 AM **Mrs Fletcher** (S1)
1.35 **Enlightened** (S2)
2.40 **Avenue 5** 6&7/8. (S2)
3.50 **to 5.00** AM **Crashing**

Sky Arts

130/131 140 123 11 147 365

6.00 AM **André Rieu: Live in Sydney**
9.00 **Tales of the Unexpected**
11.00 **Portrait Artist of the Year** The first heat.
12.00 NOON **Discovering: John Mills**
1.00 PM **Musical Masterpieces**
2.00 **Agatha Christie Hour**
3.00 **Discovering: Paul Newman**
4.00 **Discovering: Alan Rickman**
5.00 **Neil Sedaka: The Show Goes On**
7.00 **The Joy of Painting**
8.00 FILM **Sherlock Holmes: Terror by Night** Mystery thriller. (1946, b/w, U, 60min) ★★
9.15 **The Directors**
10.15 **Discovering: John Mills**
11.15 **Chuck Berry: The King of Rock n' Roll**
1.00 AM **The Movies**
2.00 **Johnny Cash: Song by Song**
5.00 **to 6.00** AM **Music Icons**

Pick

151 135 36 144

6.00 AM **Border Patrol**
8.00 **Highway Patrol**
11.00 **Neighbourhood Blues**
12.00 NOON **The Celebrity Chase** Double bill.
2.00 PM **Border Security: America's Front Line**
4.00 **Highway Cops**
5.00 **Motorway Patrol**
6.00 **Caught Red Handed**
8.00 **Brit Cops: Law & Disorder** Documentary.
9.00 **The Real Manhunter: The Disappearance of Maureen Hale** The case a woman who vanished one evening in 1999.
10.00 **Murder in Amish Country** A community is rocked when a woman disappears.
11.00 **Killer Siblings**
12.00 M'T **World's Most Evil Killers** Rodney Alcala.
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 119 28 119

7.00 AM **The Real Housewives of Atlanta**
8.00 **Masters of Flip**
9.00 **LittleBe**
12.00 NOON **The Real Housewives of Potomac**
5.00 PM **The Only Way Is Essex** Reality series.
6.00 **Ferne McCann: My Family and Me**
7.00 **Fletcher's Family Farm** Actor Kelvin Fletcher and his family give an insight into rural life.
8.00 **Emergency Nurses: A&E Stories** Emergency nurse Ben battles to shock a patient's heart.
9.00 **The Only Way Is Essex** New edition Amber is brought up to date on all the gossip.
10.00 **Abbey Clancy: Celebrity Homes**
11.00 **Chloe Madeley: A Family Affair**
12.00 M'T **to 1.00** AM **Vanderpump Rules**

+1 hour 319 58

GREAT! tv

157 170 50 142

8.00 AM **Return of the Saint**
9.00 **Diagnosis Murder**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **7.00** *Murder to a Jazz Beat:* A famous jazz musician is murdered. **8.00** *Paint Me a Murder:* Jessica investigates the death of an artist. Guest stars Ron Moody and Stewart Granger.
9.00 **Lost Letter Mysteries: Truth Be Told** Drama starring Eric Mabius and Kristin Booth.
10.45 **Mary Higgins Clark: A Cry in the Night** Thriller with Carol Higgins Clark.
12.45 AM **Castle** 13/24. (S2)
1.55 **Randall and Hopkirk (Deceased)** (S1)
3.00 **Return of the Saint**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **Great! Movie News Extra**

+1 hour 257 62 143

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **Motorsport UK**
8.00 **English Football League**
9.00 **British Touring Car Championship Highlights**
10.30 **River Monsters**
11.00 **Cadfael** Crime drama.
12.45 PM **FILM Flash Gordon** Sci-fi fantasy adventure. (1980, PG, 115min) ★★★
3.00 **FILM The Sting** Drama. (1973, PG, 129min) ★★★★★
5.40 **FILM The Mummy** Adventure. (1999, 15, 124min) ★★★★

9.00 Die Hard

FILM The Mummy (film started at 5.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Rugby Union: Premiership** Action from Bristol Bears v Leicester Tigers and Exeter Chiefs v Saracens.

9.00 **FILM Die Hard** Action thriller starring Bruce Willis and Alan Rickman. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in LA. (1988, 15, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

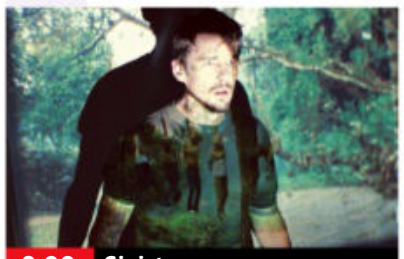
11.45 **The Grand Fishing Adventure** Ali Hamidi and Bobby Zamora venture to Lake Orellana in Spain.
12.45 AM **The Professionals**
1.50 **The Protectors**
2.20 **Motorsport Mundial**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 60 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Fringe** Five episodes of the mystery drama, including at: **2.00** PM 22/22. With guest star Leonard Nimoy. (S2) **3.00** 1/22. Olivia fights to return home. (S3)
4.00 **Star Trek: Voyager** 17/26. Chakotay tries to jog Janeway's memory. **5.00** 18/26. Seven of Nine begins to neglect her duties. **6.00** 19/26. Q brings his son on board the ship. (S7)


9.00 Sinister

7.00 **Star Trek: Voyager** *Author, Author:* 20/26. The holographic Doctor creates tension.

8.00 **Star Trek: Voyager** *Friendship One:* 21/26. The crew explore a planet devastated by nuclear radiation. (S7)

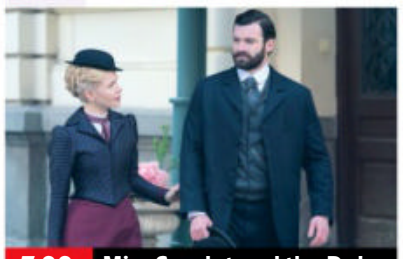
9.00 **FILM Sinister** Horror thriller starring Ethan Hawke. A struggling true-crime author moves into a haunted house with his wife and children hoping for inspiration. With Juliet Rylance. (2012, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Reginald the Vampire** 7/10. Reginald finds himself in the middle of a love triangle. **12.10** AM 8/10. Reginald sets out on a mission to find a vampire named Abraham who has a legendary power. (S1)
1.05 **Chucky** 1&2/8. (S2)
3.05 **Stargate SG-1** 4&5/22. (S3)
5.00 **to 6.00** AM **Most Haunted**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries**
10.00 **Father Brown**
2.00 PM **Inspector George Gently** *Gently Going Under:* Bacchus and Gently investigate the suspicious death of a miner.
4.00 **Frankie Drake Mysteries** 1/10. Frankie and Trudy investigate a murder during a scavenger hunt. **5.00** 2/10. A playboy prince is kidnapped. (S4)
6.00 **Death in Paradise** 2/8. The filming of a horror movie ends in murder. (S3)


7.00 Miss Scarlet and the Duke

7.00 **Miss Scarlet and the Duke** 1/6. A famous magician does the ultimate disappearing act and vanishes into thin air.

8.00 **Miss Scarlet and the Duke** 2/6. William and Eliza go undercover after a string of crimes all point to one restaurant. (S3)

9.00 **Death in Paradise** *Meditated in Murder:* 6/8. The leader of a spiritual retreat is strangled. (S7)

10.00 **So Help Me Todd** *Long Lost Lawrence:* 7/21. Todd tries to convince his brother to come home for Thanksgiving. (S1)
11.00 **Father Brown** *The Scales of Justice.* The sleuthing priest must race to save Bunty from the hangman's noose when she is tried for murder.
12.00 M'T **Frankie Drake Mysteries**
2.00 **to 4.00** AM **Miss Scarlet and the Duke**

+1 hour 209/210 314

GOLD

110/111 110/111 124 344 359

7.10 AM **Desmond's**
7.50 **Chef!**
9.40 **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Ten episodes, including at: **5.00** Del Boy encounters an old flame, and Rodney experiences the joys of dating. **5.40** The Trotters attend Grandad's funeral – and meet a long-lost seafaring uncle. **6.20** Uncle Albert falls into the pub cellar at the Nag's Head, but turns his injury into a profit-making opportunity.

10.20 The Lenny Henry Show

7.00 **Only Fools and Horses** Rodney joins a band. Guest stars DJ Mike Read. **7.40** The Trotters agree to dog-sit while Boycie goes on holiday.
8.20 **Dad's Army** Mainwaring and his platoon are ordered to clear the area for a major army exercise.

9.00 **Only Fools and Horses** Del pays a stripper to go to a party with Rodney. **9.40** Del persuades Denzil to lend him his redundancy money.
10.20 **The Lenny Henry Show** Delbert and PC Monkhouse make plans for a cricket match.

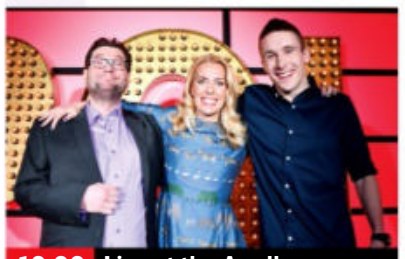
11.00 **Upstart Crow** Will manages to finish *Romeo and Juliet.* **11.40** Will needs inspiration.
12.15 AM **Lenny Henry's Race Through Comedy**
1.20 **The Lenny Henry Show**
2.00 **Upstart Crow** Double bill.
3.05 **to 4.00** AM **Desmond's**

+1 hour 210/211 324

Dave

111/112 127 19 157

7.10 AM **Exploration Volcano**
8.00 **Rick Stein's Cornwall**
9.00 **Abandoned Engineering**
11.00 **Top Gear** Double bill
1.00 PM **Top Gear Winter Olympics Special**
2.00 **Top Gear: Polar Challenge**
3.00 **Gino's Italian Escape: Hidden Italy** Chef Gino D'Acampo explores Piedmont.
4.35 **Gino's Italian Coastal Escape** The famous Amalfi coast.
5.05 **Red Bull Soapbox: Best of Europe** Highlights from races across Europe.


10.00 Live at the Apollo

7.00 **Mortimer & Whitehouse: Gone Fishing** The duo fish on the River Severn. 7 PM
7.40 **The Lakes with Simon Reeve** Simon discovers how the high number of visitors to Scafell Pike is damaging the mountain. 8 PM
8.40 **QI XL** Josh Widdicombe, Phill Jupitus and Sara Pascoe join regular panellist Alan Davies and host Stephen Fry. **9.20** With guests Sarah Millican, Eddie Kadi and Noel Fielding. 9 PM

10.00 **Live at the Apollo** Sara Pascoe hosts an evening of stand-up comedy, introducing sets by Larry Dean and Gary Delaney. 10 PM
11.00 **Big Zuu's Big Eats** Sir Mo Farah takes part in the Mandem Olympics.
11.40 **QI XL** With Nina Conti.
12.40 AM **Mock the Week**
1.20 **Not Going Out**
2.25 **Live at the Apollo**
3.25 **to 4.00** AM **QI XL**

+1 hour 211 327 57

4seven

137/138 143 49 127

9.00 AM **Four in a Bed**
1.00 PM **Four in a Bed**
2.00 **A Place in the Sun** Six editions, including at: **7.00** Helping a couple find a home on Spain's northern Costa Blanca.
8.00 **Grand Designs** Kevin McCloud sees the progress on Jon and Noreen's treehouse in Gloucestershire.
9.00 **Gogglebox** Opinions on *Starstruck, The Piano, Rick Stein's Cornwall, You* and *24 Hours in A&E.*
10.00 **FILM Jack Ryan: Shadow Recruit** Spy thriller starring Chris Pine. (2014, 12, 106min) ★★★
12.05 AM **Celebrity SAS: Who Dares Wins**
1.10 **Handmade: Britain's Best Woodworker**
2.15 **The Great Pottery Throw Down**
3.30 **Jamie's £1 Wonders**
4.25 **to 4.55** AM **Beat the Chef**

5USA

141/169 120/162 21 129

9.00 AM **Entertainment**
9.10 **Criminals: Caught on Camera** CCTV footage.
9.45 **Columbo** Six episodes of the drama, including: **5.00** PM *It's All in the Game:* A socialite is suspected of murdering her unfaithful lover. **7.00** *Columbo Goes to the Guillotine:* The sleuth investigates a stage magician's death.
9.00 **NCIS** *Page Not Found:* 20/24. McGee's girlfriend makes a breakthrough. (S11)
10.00 **Law & Order: Special Victims Unit** *Mean:* 17/25. A school bully is murdered. **11.00** *Careless:* 18/25. An exorcism is blamed for a boy's death. (S5)
12.00 M'T **Criminal Minds**
1.50 AM **Lucifer** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 320 130

5STAR

128/129 126 32 131

8.00 AM **Car Pound Cops: Give Me My Car Back!**
1.00 PM **Traffic Cops**
4.00 **Police Interceptors** The team discover the hideout of burglars. **5.00** Officers follow a stolen BMW fitted with a tracking device. **6.00** Officers bring three burglars to justice. **7.00** A man is assaulted in the street by his wife.
8.00 **FILM The Holiday** Romantic comedy starring Cameron Diaz and Kate Winslet. (2006, 12, 135min) ★★★
10.50 **FILM Bridget Jones: The Edge of Reason** Romantic comedy sequel. (2004, 15, 108min) ★★★
1.00 AM **Killer at the Crime Scene** Crime series.
2.00 **GPs: Behind Closed Doors** Medical series.
2.50 **to 3.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Trucking Hell**
10.00 **WWE SmackDown Highlights** Wrestling.
11.00 **WWE Raw Highlights**
12.05 PM **Entertainment News**
12.15 **Winter Road Rescue**
12.50 **Police Interceptors**
2.50 **FILM Young Billy Young** Western drama. (1969, PG, 90min) ★★
4.40 **FILM Mosquito Squadron** War drama with David McCallum. (1968, U, 90min) ★★
6.35 **FILM Escape to Victory** War drama starring Michael Caine. (1981, PG, 111min) ★★
9.00 **FILM Paycheck** Thriller starring Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★
11.20 **FILM Above the Law** Action thriller. (1988, 18, 99min) ★★★
1.25 AM **Sinkholes**
2.20 **Criminals: Caught on Camera** CCTV footage.
2.55 **to 3.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **Tipping Point**
12.00 NOON **The Undateables**
3.00 PM **My Family** Triple bill.
5.00 **Miranda** Triple bill.
7.00 **Nurses on the Ward**
8.00 **Inside the Operating Theatre** A woman has a section of bone removed from her foot to cure a painful condition.
9.00 **Stacey Dooley Sleeps Over USA** Stacey meets 24-year-old Quran and 61-year-old Cheryl, who make TikTok videos for a living.
10.00 **Killer Women with Piers Morgan** The broadcaster meets Sheila Davalloo, who killed her lover's wife.
11.00 **Stacey Dooley: Locked Up With the Lifers**
12.05 AM **Nurses Down Under** Documentary.
1.05 **Lives on Fire**
2.05 **to 3.00** AM **Tipping Point**

+1 hour 232/233 325

Drama

143 116 20 158

7.15 AM **The Bill**
12.10 PM **Inspector George Gently** *Peace and Love:* An academic is found dead following a nuclear disarmament rally.
2.10 **Call the Midwife**
4.50 **Catherine Cookson's The Girl** Period drama starring Siobhan Flynn and Mark Benton.
8.00 **Inspector George Gently** *Gently Upside Down:* A schoolgirl with links to a rising TV star is murdered. Guest stars Neil Morrissey.
10.00 **Jonathan Creek** *Satan's Chimney:* Festive special from 2001. Jonathan is called upon to explain how a killer managed to fire a gun through a plate-glass window without breaking it.
12.25 AM **Rebus**
2.00 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **A Place in the Sun**
3.00 PM **Hotel Inspector: You're Fired**
4.00 **Antiques Road Trip**
7.00 **The Great Antiques Challenge** The dealers hunt for a rare leather inlay dining room table.
8.00 **Dr Pimple Popper** Kenny's condition causes hundreds of lumps to grow all over his body.
9.00 **Body Bizarre** A man who is over seven feet tall with a wife who is under five feet.
10.00 **Sister Wives** Mitch and Aspyn announce their engagement.
12.00 M'T **Conjuring Kesha**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Challenge

145 139 48 146

7.00 AM **Scrapheap Challenge** Triple bill.
10.00 **Bullseye** Four editions.
12.00 NOON **Family Fortunes**
1.00 PM **Dickinson's Real Deal** A woman hopes for a significant return on the sale of two miniature pictures.
2.00 **Play Your Cards Right**
3.00 **Lily Savage's Blankety Blank** Triple bill.
5.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** TV presenters Donna Air, Amanda Lamb, Sarah Greene and Dan Snow work as a team to take on quiz genius the Chaser.
10.00 **The Chase** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 426 42 305

8.00 AM **At the Edge**
9.10 FILM **Great Escape II: The Untold Story** Drama sequel. (1988, PG, 150min) ★★
12.30 PM FILM **Women of Valour** Drama. (1986, 12, 100min) ★★
2.25 FILM **Combat Squad** Drama. (1953, PG) ★★
4.00 FILM **The Two-Headed Spy** Thriller. (1958, b/w, PG, 89min) ★★
5.55 FILM **The Victors** World War Two drama. (1963, b/w, PG, 186min) ★★
9.00 FILM **Blood of Redemption** Adventure. (2013, 15, 81min) ★★
10.45 FILM **Resident Evil: Extinction** Sci-fi horror thriller sequel. (2007, 15, 90min) ★★
12.50 AM FILM **End of the World** Sci-fi comedy. (2013, 12, 85min) ★★★
2.50 **to 5.00** AM **Battle Honours**

+1 hour 324

GREAT! movies

321 425 34 302

9.00 AM FILM **An Aurora Teagarden Mystery: Disappearing Game** Drama. (2018, PG) ★★
10.40 FILM **An Aurora Teagarden Mystery: A Game of Cat and Mouse** (2019, PG) ★★
12.25 PM FILM **Murder by Text: Garage Sale Mystery** (2017, PG) ★★
2.15 FILM **Annie** Musical. (2014, PG) ★★★
4.40 FILM **Night at the Museum 2** Fantasy. (2009, PG) ★★★
6.45 FILM **You Don't Mess with the Zohan** Comedy. (2008, 12) ★★★
9.00 FILM **Last Action Hero** Action fantasy. (1993, 15, 130min) ★★★
11.40 FILM **Heist** Thriller. (2001, 15) ★★★★
1.55 AM FILM **Playing It Cool** (2014, 15) ★★
4.00 **to 6.00** AM FILM **Flawless** (2020) ★★

+1 hour 322 61

GREAT! christmas

319 424 52 303

8.00 AM FILM **A Royal Christmas Ball** Drama. (2017, PG, 86min) ★★
10.00 FILM **Christmas with a Prince** (2018, PG) ★★
12.00 NOON FILM **Christmas with a Prince: Becoming Royal** (2019, PG) ★★
2.00 PM FILM **Once Upon a Holiday** (2015, PG) ★★
4.00 FILM **A Blue Ridge Mountain Christmas** Romantic comedy. (2019, PG, 90min) ★★
6.00 FILM **Coming Home for Christmas** Drama. (2017, PG, 90min) ★★
8.00 FILM **Christmas Cookies** Drama. (2016, PG) ★★
10.00 FILM **Christmas Cupcakes** Drama. (2018, PG, 88min) ★★
12.00 M'T FILM **A Christmas Reunion** (2015, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **12 Dog Days Till Christmas** Drama. (2014, PG) ★★

+1 hr 320 63 304

Legend

148 149 41 137

7.00 AM **World's Most Unexplained...**
8.00 FILM **Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
10.00 **Star Trek: Deep Space Nine** 6-10/26. (S4)
3.00 PM FILM **G-Loc** Thriller. (2020, 12, 85min) ★★
4.50 FILM **2021: War of the Worlds** Thriller. (2021, PG, 78min) ★★
6.45 FILM **Stormageddon** Sci-fi fantasy thriller. (2015, PG, 90min) ★★
8.30 **The Twilight Zone** (S1)
9.00 FILM **The Blood Beast Terror** Period chiller. (1967, 18, 88min) ★
10.45 FILM **The Devil Rides Out** Classic horror starring Christopher Lee. (1967, 15, 91min) ★★★
12.40 AM FILM **Rabid** Chiller. (2019, 18) ★★★
2.40 **to 4.30** AM FILM **Interview with a Hitman** Action thriller. (2012, 18, 95min) ★★

DMAX

172 169 38 150

6.00 AM **Baggage Battles**
9.00 **Extreme RVs**
10.00 **Jade Fever**
12.00 NOON **Yukon Gold**
3.00 PM **Aussie Gold Hunters**
4.00 **Aussie Gold Hunters: Mine SOS** Documentary.
5.00 **Gem Hunters Down Under** Documentary.
6.00 **Gold Divers**
7.00 **Alaska Monsters**
8.00 **NASA's Unexplained Files** The truth about strange 'alien' deposits.
9.00 **Paranormal Lockdown with Nick Groff**
10.00 **Eli Roth Presents: A Ghost Ruined My Life**
11.00 **Body Bizarre**
12.00 M'T **Monsters Inside Me**
1.00 AM **Ed Stafford: Left for Dead**
2.00 **Teleshopping**
4.00 **Insane Pools: Off the Deep End**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 258 369

Food Network

140/141 190 43 148

6.00 AM **Diners, Drive-Ins and Dives: Triple D Nation** Four editions.
8.00 **Delicious Miss Brown**
12.00 NOON **La Pitchoune: Cooking in France** The guests learn how to hunt for truffles.
1.00 PM **James Martin: Yorkshire's Finest**
3.00 **The Great British Bake Off** Five editions of the series, including at: **7.00** The eight remaining bakers face Pastry Week.
8.00 **Bobby's Triple Threat** Chef Brittanny Anderson takes on the Titans.
9.00 **Sophie Grigson: Slice of Italy** Double bill. The chef shares her new world in Puglia.
10.00 **Mystery Diners**
1.00 AM **Diners, Drive-Ins and Dives** Double bill.
2.00 **to 3.00** AM **Halloween Baking Championship**

+1 hour 240/241 149

Comedy Central

112/113 132 345 360

8.00 AM **Blockbusters**
9.00 **Friends** 7-14/25. (S6)
1.00 PM **Friends** (S6)
7.15 FILM **Nacho Libre** Comedy starring Jack Black as a cook who moonlights as a wrestler to buy food for orphans in his care. (2006, 12, 92min) ★★★★
9.00 FILM **Blended** Romantic comedy starring Adam Sandler and Drew Barrymore. Two parents never want to see each other again after a blind date, only to end up going on holiday together. (2014, 12, 117min) ★★
11.15 **Rhod Gilbert's Growing Pains**
12.15 AM **David Baddiel Too Much Information**
1.45 **Digman!** (S1)
2.15 **South Park** (S16)
4.05 **Beavis and Butt-Head**
4.15 **to 5.00** AM **The Middle**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 154

6.00 AM **Guessable?**
7.00 **Teleshopping**
9.00 **The Middle** (S5)
12.40 PM **Home Improvement**
7.00 **Home Improvement** 19/28. Part two of two. Tim's nerves are frayed. **7.30** 20/28. Wilson's plans infuriate Tim. **8.00** 21/28. Tim takes over Harry's store. **8.30** 22/28. Jill is caught out. (S8)
9.00 **Friends** 18/25. Phoebe's half-brother Frank makes an announcement. **9.30** 19/25. Monica dates a millionaire. **10.00** 20/25. Chandler dates Rachel's boss. **10.30** 21/25. Ross makes a sacrifice for Rachel. (S3)
11.00 **Friends** (S3&4)
2.00 AM **Home Improvement**
3.00 **Reno 911!** (S5)
3.50 **Ugly Americans** (S1)
5.15 **to 6.00** AM **Takeshi's Castle**

Blaze

164 174 64 162

6.00 AM **Gold Hunters: The Legend of the Superstition Mountains**
8.00 **Curse of Oak Island**
10.00 **Curse of Skinwalker Ranch** Eight editions.
6.00 PM **Dickinson's Real Deal** Double bill.
8.00 **River Hunters** Beau Ouimette and Rick Edwards search the River Tees for relics.
9.00 **Al Murray: Why Do the Brits Win Every War?** The truth behind how the Vikings were so successful in Britain.
10.00 **The UnXplained with William Shatner**
11.00 **Strange Evidence**
12.00 M'T **Strangest Things**
1.00 AM **What on Earth?**
2.00 **Close Encounters**
3.00 **The Curse of Oak Island: Drilling Down**
5.00 **to 6.00** AM **Hardcore Pawn**

+1 hour 81

5SELECT

153 138 46 133

9.00 AM **GPs: Behind Closed Doors** Triple bill.
12.00 NOON **Jersey and Guernsey** Five editions.
5.00 PM **The 1970s Supermarket** Exploring the story of the shopping revolution. **6.00** In the mid-1970s, British consumers everywhere were falling in love with foreign food. **7.00** How supermarkets battled it out with price cuts and clever advertising campaigns.
8.00 **Challenge Anneka** A food hub charity that outgrown its town centre location.
9.30 **Britain's Favourite 90s Comedy** Memorable sketches from the 1990s.
11.30 **Jane McDonald's Caribbean Holiday**
1.05 AM **The King's High Street: Inside St James's** Documentary.
2.00 **to 3.00** AM **Inside Westminster Abbey**

HGTV

158 191 44 166

7.00 AM **My Lottery Dream Home** Six editions.
10.00 **Love Your Garden**
3.00 PM **A Place in the Sun** A woman seeks a property in Torrevieja. **4.00** A couple search for home on Kefalonia. **5.00** A winter home on the island of Antigua. **6.00** A retired couple hope to find a new home in Brittany. **7.00** A music therapist searches for an ideal holiday home in Crete.
8.00 **Fixer to Fabulous: Welcome Inn** Dave and Jenny pursue dreams of creating a one-of-a-kind bed and breakfast.
9.00 **A Place in the Sun** Four editions of the series. Advice on buying a second home abroad.
1.00 AM **Inn the Works**
2.00 **to 4.00** AM **Love Your Garden**

+1 hour 272 391 151

RealityXtra

147 172 68 134

9.00 AM **Medical Detectives**
12.00 NOON **Facing Evil**
2.00 PM **Medical Detectives**
5.00 **Judge Judy** Back-to-back real-life cases, including at: **8.45** A dog breeder sells a Japanese Chin puppy with champion blood lines to a woman. **9.10** An alleged assault and the return of a mobile home are disputed by ex-fiancés. **9.35** The controversial feeding of a small dog in a restaurant. **10.00** Tears and heartache abound when young ex-lovers discuss their break-up as they dispute unpaid rent.
10.25 **Judge Judy**
12.05 AM **World's Most Unexplained...**
1.00 **Something's Killing Me**
3.40 **Facing Evil**
5.25 **to 6.00** AM **Medical Detectives**

TLC

133/134 828 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **Flip or Flop**
11.00 **Rock the Block**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
3.00 **Dr Pimple Popper**
4.00 **The Bad Skin Clinic**
5.00 **Sister Wives**
6.00 **Brother Vs. Brother**
7.00 **Home Town** Transforming a country retreat.
8.00 **Dr Pimple Popper** Dr Lee spots a growth under a man's eye. **9.00** Tim has a massive growth on his back.
10.00 **Dr Pimple Popper**
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

HorrorXtra

317 171 69 138

8.00 AM FILM **Firequake** Sci-fi disaster movie. (2014, 12, 90min) ★
10.00 FILM **Atlantic Rim 2** Adventure sequel. (2018, PG, 99min) ★★
12.00 NOON FILM **Heat Wave** Disaster thriller. (2009, PG, 74min) ★★
2.00 PM FILM **Earthfall** Sci-fi action thriller. (2015, 12, 89min) ★★
4.00 **The Prisoner** Four episodes, including at: **6.00** *Once Upon a Time:* 16/17. Number Two interrogates Number Six. **7.00** *Fall Out:* 17/17. Number Six comes close to freedom. (S1)
8.00 **Star Trek** 2/30. (S1)
9.00 FILM **Itsy Bitsy** Fantasy starring Bruce Davison. (2019, 15, 94min) ★★
10.55 FILM **The Golem** Horror. (2018, 15, 95min) ★★
1.00 **to 3.00** AM FILM **Itsy Bitsy** As 9.00pm.

+1 hour 318 371 139

Sky Replay

152 156

7.00 AM **Sun, Sea and A&E**
9.00 **Four Weddings**
12.00 NOON **DC's Legends of Tomorrow** (S3&4)
5.00 PM **Quantum Leap** *Freedom:* 16/22. Sam occupies the body of a jailed Native American. **6.00** *Goodnight, Dear Heart:* 17/22. Sam becomes a mortuary attendant. **7.00** *Pool Hall Blues:* 18/22. Sam occupies the body of a pool player. **8.00** *Leaping in without a Net:* 19/22. Sam becomes a trapeze artist. **9.00** *Maybe Baby:* 20/22. Sam comes to the aid of a stripper. (S2)
10.00 **Never Mind the Buzzcocks** With guests Ashnikko, Phil Wang and Jordan Stephens.
10.45 **Highway Patrol** Nine editions of the series.
3.00 **to 6.00** AM **Four Weddings**

E!

159 159 835 160

7.00 AM **Wags Miami**
12.00 NOON **Botched** Six editions, including at: **5.00** PM Terry operates on a transgender woman's breast.
6.00 **Botched Presents: Perfect** Three individuals seeking perfection.
7.00 **Keeping Up with the Kardashians** Kim meets with the survivors of the Parkland shooting. **8.00** Khloe is blindsided by news about her relationship just days before her due date. **9.00** Khloe enters labour, and Kim attends her high-school reunion. **10.00** Khloe and Tristan return to LA. **11.00** Kourtney fears she waited too long to freeze her eggs.
12.00 M'T **Celebrity Beef**
2.00 AM **Teleshopping**
3.00 **to 5.00** AM **Very Cavallari**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys rescue a single-father homesteader facing threats in a box canyon. **2.00** PM Marty faces his most daunting challenge ever.
4.00 **Alaskan Bush People** Bear and the siblings throw caution to the wind on a first project. **5.00** A hungry bear breaks into Noah's tent and terrifies the livestock.
6.00 **Gold Divers** Shawn and Vernon embark on a harrowing rescue mission.

9.00 Somali Pirate Takedown

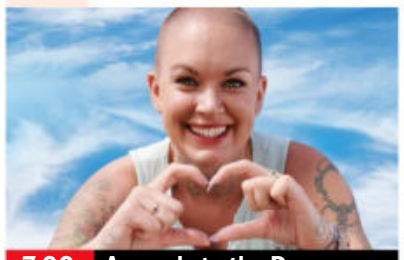
7.00 **How the Universe Works** A look at the last stars of the cosmos and what a stellar apocalypse means for Earth.
8.00 **Richard Hammond's Big** Richard visits the world's tallest building, where he climbs the biggest lightening conductor.
9.00 **Somali Pirate Takedown: The Real Story** The operation by US Navy SEALs to free a cargo ship captain.
10.00 **Wheeler Dealers** The guys refurbish a1976 Austin Allegro Vanden Plas 1500.
11.00 **Kindig Customs**
12.00 M'T **Naked and Afraid** An MMA fighter tries to survive in the jungle of Guyana. **2.00** AM Survivalists spend 21 days in Devil's Canyon. **3.00** An outdoorsman takes on 21 days in Argentina.
4.00 **to 5.00** AM **How It's Made**

+1 hour 225/226 377

Animal Planet

162 178

8.00 AM **Extinct or Alive**
9.00 **How Do Animals Do That?**
10.00 **Saved by the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Guardians of Rescue**
4.00 **Saved by the Barn** A charity help to find homes for calves.
5.00 **Dr Jeff: Rocky Mountain Vet** Amy considers emergency surgery for a French bulldog.
6.00 **Extinct or Alive** Forrest Galante searches for the extinct Caribbean monk seal.



7.00 Amanda to the Rescue

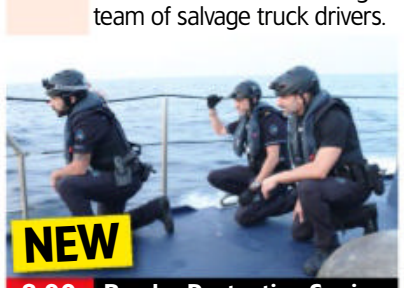
7.00 **Amanda to the Rescue** Super Scootie has malformed legs amongst an array of other health issues and needs help.
8.00 **Crikey! It's the Irwins** Robert and Chandler catch some waves before going to pick up a new Komodo dragon.
9.00 **Crikey! It's the Irwins** Chandler must handle a koala crisis, while Terri lends a hand to care for an influx of puggles.
10.00 **Alaska: The Last Frontier** Jewel flies in with her son to visit Atz Sr on the Yuletide to celebrate his birthday.
11.00 **Swimming with Monsters with Steve Backshall** The naturalist swims with fascinating but deadly animals.
12.00 M'T **Rugged Justice**
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262 378

Nat Geographic

129/130 825 183

8.00 AM **Made in a Day**
9.00 **Nazi Megastructures**
10.00 **Nazi Megastructures: Battle Ready** Hitler's conquest of Poland and France.
11.00 **Apocalypse: Hitler Takes on the East** Double bill.
1.00 PM **Apocalypse: Hitler Takes on the West** Double bill.
3.00 **Hitler Youth**
4.00 **Nazi Sunken Sub**
5.00 **Building Impossible with Daniel Ashville**
6.00 **Ice Road Rescue** Following a team of salvage truck drivers.



8.00 Border Protection Spain

7.00 **Ultimate Supercar** New edition A look at the UK's first £2million 2000 horsepower all-electric supercar.
8.00 **NEW SERIES Border Protection Spain** The coastguard follows a smugglers' trail, and divers try to protect artefacts.
9.00 **Air Crash Investigation** A Taiwanese commuter plane explodes, but investigators finds no evidence of a bomb.
10.00 **Drug Lords: The Takedown** How, with no name or fingerprints, a drug lord proved to be the ultimate ghost.
11.00 **America's Hardest Prisons**
12.00 M'T **UFOs: Investigating the Unknown** The secret Pentagon program on UFOs.
1.00 AM **Atlas of Cursed Places**
2.00 **Bid & Destroy**
2.55 **Trials of the Wild**
4.10 **to 5.00** AM **America's Wild Spaces**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Truth & Lies**
7.00 **Battle 360** Double bill.
9.00 **Pawn Stars** Five editions.
12.00 NOON **Storage Wars**
3.00 PM **Beyond the Myth: The SS Unveiled** How a small group of thugs rose to become the most feared organ in the Nazi state. **4.00** The life and nefarious career of Heinrich Himmler. **5.00** The military career of Nazi leader Reinhard Heydrich. **6.00** The Waffen-SS, a military elite intended to attract the best German soldiers.

10.00 The UnXplained

7.00 **Egypt's Unexplained Files** How one discovery is rewriting what is now known about how the pyramids were built.
8.00 **Egypt's Unexplained Files** An exploration of the ancient Egyptian obsession with death and the afterlife.
9.00 **History's Greatest Mysteries** The spree of murders by Jack the Ripper that shocked Victorian England.
10.00 **The UnXplained with William Shatner** An exploration of the mysterious killer known as Jack the Ripper.
11.00 **Truth & Lies** How money plays a decisive role in the battle between truth and lies.
12.00 M'T **Alone: Predator Lake** One survivalist struggles with nocturnal invaders.
1.00 AM **Storage Wars**
4.00 **to 6.00** AM **Egypt's Unexplained Files**

+1 hour 223/224 331

Yesterday

155 155 846 129 27 159

6.10 AM **Great British Landmark Fixers** Double bill of editions.
8.00 **Adolf Hitler's War**
9.00 **WW2: Battles for Europe**
12.00 NOON **The Lakes with Simon Reeve** Double bill.
2.00 PM **Ireland with Simon Reeve**
4.00 **Bangers & Cash** A convertible Triumph Herald brings a few smiles on auction day. **5.00** An Aston Martin DB6 looks set to break the Mathewsons auction record. **6.00** Derek picks up some sporting classics in the Far East.

12.00 The Lakes

7.00 **Bangers & Cash** Derek auctions off some vehicles that were used in the TV show *Heartbeat*.

7 PM

8.00 **'Allo 'Allo!** Herr Flick arrests Leclerc and issues a proclamation. **8.35** René narrowly escapes exploding Christmas puddings. **9.05** The resistance attempt to smuggle the airmen back to England.. **9.40** René and Yvette elope aboard the night train to Switzerland.

8 PM

9 PM

10.00 **Bangers & Cash: Restoring Classics** A Reliant Scimitar GTC and a Honda CBR are fixed.

10 PM

11.10 **The Architecture the Railways Built** Tim Dunn goes behind the scenes at King's Cross station, and finds out about the disused railway hidden in the Avon Gorge.
12.10 AM **Bangers & Cash**
1.10 **to 3.00** AM **Great British Landmark Fixers**

+1 hour 255 329 74

Quest

144 144 834 137 12 172

6.00 AM **Blowing Up History: Seven Wonders**
8.00 **The Woodland Workshop**
9.00 **Salvage Hunters: The Restorers** A plant stand.
10.00 **Who Do You Think You Are?**
11.00 **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
3.00 **John Torode's Ireland**
4.00 **Michel Roux's French Country Cooking**
5.00 **Find It, Fix It, Flog It**
6.00 **American Pickers** Robbie unveils his retro garage. **7.00** The brothers uncover a vintage Cadillac graveyard.
8.00 **Salvage Hunters**
9.00 **The Repair Shop**
10.00 **Aussie Gold Hunters**
11.00 **Tony Robinson's World War One** The conflict's final year.
12.00 M'T **Ancient Unexplained Files**
1.00 AM **Aircrash Confidential**
2.00 **How Trains Changed the World** Freight trains.
3.00 **Airplane Repo**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: Atlanta** Double bill of editions.
7.00 **Say Yes to the Dress**
8.00 **Say Yes to the Dress: Lancashire** Reality series.
9.00 **Hoarding: Buried Alive**
11.00 **FBI Files** Double bill.
1.00 PM **The Lies That Bind**
3.00 **Murder in the Heartland**
5.00 **Curvy Brides Boutique**
7.00 **Long Lost Family** A woman hoping to find her brother.
8.00 **The Lady Killers** Tanveer Iqbal.
9.00 **Deadly Women** How a failing business led to murder.
10.00 **The Murder Tapes** A woman calls 911 to report her neighbour who isn't breathing.
11.00 **Forensic Detectives** Psychologists discuss the behaviour of serial killers. **12.00** M'T Investigating the fire that destroyed a couple's home. **1.00** AM The search for a murder suspect that led police to arrest two conspirators.
2.00 **Murder on CCTV**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **See No Evil** Double bill.
7.00 **Medical Detectives** Computer forensics help catch a killer. **7.30** A forensic geologist tries to solve the murder of a man who was killed in a shooting. **8.00** When a teenage girl is found dead, two men confess to the same crime. **8.30** Forensic science is used in order to discover the fate of a missing gym teacher when no body is found.
9.00 **Snapped: Killer Couples** A beloved grandmother falls victim to a brutal crime. **10.00** The disappearances of a mother and her two sons in 1980 lead investigators on a three-decade quest for justice.
11.00 **Descent of a Serial Killer** The story of Randy Kraft. **12.00** M'T Lonnie Franklin Jr.
1.00 AM **It Takes a Killer**
3.00 **See No Evil** Double bill.
4.50 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

Sky Crime

122/123 820 121 349 364

6.00 AM **Motorway Patrol**
8.30 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
1.00 PM **Killing Mum and Dad**
2.00 **World's Most Evil Killers**
3.00 **Killer in My Village**
4.00 **Murders That Shocked the Nation** The story of Ruth Ellis.
5.00 **World's Most Evil Killers**
7.00 **Forensics: Catching the Killer** Body parts wash up on a beach in Arbroath.
8.00 **Britain's Most Evil Killers** The story of Stephen Seddon.
9.00 **Killer in My Village** The story of the murder of Diane Chenery-Wickens in 2008.
10.00 **Britain's Most Evil Killers** The crimes of Nicholas Burton.
11.00 **Mark of a Serial Killer** A sniper who terrorised Washington, DC.
12.00 M'T **How I Caught the Killer**
2.00 AM **World's Most Evil Killers**
3.00 **Britain's Most Evil Killers**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.40 **Normandy '44: D-Day and the Battle for France**
11.55 **PQ17: An Arctic Convoy Disaster** As 10.55pm.
1.00 PM **Beautiful Serengeti**
1.30 **Dreadnought Destruction: Sinking the German High Seas Fleet** As 9.45pm.
2.40 **Saints and Sinners: A Millennium of Monasteries**
6.35 **Normandy '44: D-Day and the Battle for France** A look at the preparations for D-Day. **7.35** The Canadian's first encounters with the Waffen SS. **8.40** Operation COBRA.
9.45 **Dreadnought Destruction: Sinking the German High Seas Fleet** The decision to sink the German High Seas Fleet.
10.55 **PQ17: An Arctic Convoy Disaster** An Allied convoy heading to Arkhangelsk.
12.00 M'T **Dreadnought Destruction: Sinking the German High Seas Fleet** As 9.45pm.
1.15 **to 2.00** AM **Beautiful Serengeti**

SUNDAY

Sunday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Discovering: Christian Bale** A profile of the actor.
7.00 **Discovering: Brad Pitt**
8.00 **The Directors** Wes Anderson.
9.00 **Siempre, Luis** Documentary.
10.50 **My Icon: Anthony Joshua**
11.00 **David James: The One and Only** The future of goalkeeping.
12.30 PM **Windrush & Us**
1.30 **Laurel Canyon** Double bill.
4.40 **Lancaster** The story of the legendary bomber synonymous with the Dambusters.
6.45 FILM **Robin Williams: Come Inside My Mind** An intimate portrait of the comedian and actor. (2018, 12, 117min) ★★★★
9.00 **House of Kardashian** New edition 2/3. A sex tape of Kim Kardashian emerges.
10.00 **I Am Patrick Swayze**
11.50 **Bruno v Tyson**
1.40 AM FILM **I Am Evidence** Documentary directed by Trish Adlesic and Geeta Gandbhir. (2017, 12, 89min) ★★★★
3.20 **King's Point** Documentary.
4.00 **to 6.00** AM **John McCain: For Whom the Bell Tolls**

Sky Nature

124/125 822 189 354 369

6.00 AM **Animal Senses**
9.00 **Volcanic Odysseys**
11.00 **Over Australia**
1.00 PM **One Planet, One Chance**
4.00 **Weird, Wild and Wonderful**
5.00 **Pridelands: Wilderness Reborn** An Australian family set out to rebuild a private South African ranch.
6.00 **Wild Dogs: Pack Vs Pride** New editions Julz tracks the Kakuli pack and a Manzi faction that has broken away. **6.30** The Kakumbi pups face off with a warthog.
7.00 **Great Barrier Reef with David Attenborough** Unlocking the secrets of the natural wonder. **8.00** Exploring the shark-infested waters of Osprey Reef. **9.00** The veteran naturalist examines what the future holds for the natural wonder.
10.00 **Osprey** A veteran pair of osprey return home.
11.00 **Wild Dogs: Pack Vs Pride**
12.00 M'T **Pridelands: Wilderness Reborn** As 5.00pm.
1.00 **to 6.00** AM **Ol Pejeta Diaries**

Sky History 2

163 163 840 186

6.00 AM **Ancient Aliens**
9.00 **WW2 Treasure Hunters**
10.00 **Digging for Britain**
11.00 **Instruments of Death**
12.00 NOON **Battle 360**
1.00 PM **Ancient Aliens**
4.00 **Secrets of Great British Castles** Dan Jones explores the history of Carrickfergus Castle.
5.00 **Empire Builders** 1&2/2. An exploration of the history of ancient Greece.
7.00 **Ancient Aliens** A Russian politician who claims to have been abducted by aliens. **8.00** Whether Hindu god Shiva, the great destroyer, could have been the leader of an extraterrestrial race. **9.00** Focusing on the Apollo 11 mission to the moon in 1969.
10.00 **The Nostradamus Effect** The plausibility of apocalyptic prophecies throughout history.
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
3.00 AM **Nazi Architects of Darkness** The life of Adolf Hitler.
4.00 **to 6.00** AM **Empire Builders**

Crime+Investigation

156 156 837 133

6.00 AM **Court Cam**
9.00 **Killer in Plain Sight**
1.00 PM **Taking the Stand**
6.00 **Homicide: Hours to Kill**
7.00 **#Textmewhenyougethome** The parents of Kamyrn Johnson recount the story of their daughter's kidnapping.
8.00 **Murdered By Morning** A group of close friends find themselves under suspicion for murder.
9.00 **60 Days In** New edition After the remaining participant leaves the programme, the Sheriff and her staff look at how to implement the feedback given to them.
10.00 **Booked: First Day In** New edition A frequent flyer ends up back in jail after having a little too much boxed wine, and man is jailed after getting into a fight over a litter of pitbulls.
11.00 **Cold Case Files**
1.00 AM **#Dead2Me**
2.00 **I Survived a Serial Killer**
3.00 **I Am a Stalker**
4.00 **to 6.00** AM **Motive to Murder**

+1 hour 256 333

WILD

165 165 841 182

8.00 AM **America's National Parks: Hidden Gems** Double bill.
10.00 **Dog: Impossible**
11.00 **Cesar Millan: Better Human Better Dog** A pitbull mix that has been contained in the backyard for a decade.
12.00 NOON **Snakes in the City**
2.00 PM **World's Deadliest Animals**
4.00 **Rogue Shark**
5.00 **Jaws Vs Boats**
6.00 **Secrets of the Zoo: Tampa**
7.00 NEW **Australia's Land of the Ancients** Exploring the ancient landscape of northeastern Australia.
8.00 **When Sharks Attack 360** New edition A look at attacks related to spearfishing.
9.00 **World's Deadliest** Documentary investigating deadly creatures of the ocean. **10.00** An exploration of some of the most dangerous snakes in the world.
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
2.00 AM **Monster Fish**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Salvage Hunters: The Restorers** Triple bill.
3.00 PM **Combat Dealers**
5.00 **Blowing Up History**
6.00 **Greatest Events of World War II** The Battle of Stalingrad. **7.00** The D-Day invasion.
8.00 **Shed and Buried** Henry and Sam discover something of interest in a Worcestershire field. **8.30** A impressive collection of Triumph motorcycles. **9.00** Henry and Sam visit a shop hoping to sell a bike. **9.30** Henry and Sam visit a collector of military gear.
10.00 **Salvage Hunters: The Restorers** Blacksmith Nev attempts an unconventional redesign on an ejection seat. **11.00** Sculptor Nick and gilder Ruth team up to restore a very expensive antique table.
12.00 M'T **How It's Made**
3.00 **to 5.00** AM **Salvage Hunters**

+1 hour 277 381

Eden

166 176

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
6.00 **Abandoned Engineering** Exploring a dystopian powerhouse in Pennsylvania, a fairy-tale castle in Poland and Anglo Saxon religious ruins across vast plains of Scotland. **7.00** Exploring a bloody battleground on the island of Peleliu and an ominous military stronghold in Russia. **8.00** Exploring the honeymoon home of a young princess and grand monuments designed by the most notorious dictator of the 20th century. **9.00** Exploring a desert island with an infected past adrift from the US mainland. **10.00** Featuring Italian ruins immortalised by Hollywood. **11.00** A luxury resort that conceals a top-secret facility and a mysterious complex in Bali struck by disaster.
12.00 M'T **Abandoned Engineering**
5.30 **to 6.00** AM **The Zoo**

+1 hour 266 376

ID

154 166

6.00 AM **Web of Lies**
7.00 **Teleshopping**
8.00 **Reasonable Doubt**
9.00 **Web of Lies**
2.00 PM **American Monster**
8.00 **Reasonable Doubt** Revisiting a case involving lady's man, hustler and cult leader Freddie Freeman. **9.00** A case in which the pregnant teenage mistress of police officer James Kulbicki was found dead.
10.00 **House of Hammer** How Armie Hammer's lurid DMs prompted several women to make shocking allegations of rape.
11.30 **Who the (Bleep) Did I Marry?** The case of Scott Wellington, who extorted sums of money from his employer by claiming his common law wife was extremely ill and dying.
12.00 M'T **Reasonable Doubt**
1.00 AM **Blood Relatives**
3.00 **Forensic Detectives**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/184 180

6.00 AM **Scrap Kings**
9.00 **How It's Made**
12.00 NOON **Vintage Voltage**
5.00 PM **Destroyed in Seconds** Sydney Airport is closed after a fire and explosion. **5.30** The driver of a race car loses control at 150mph. **6.00** One of the world's fastest boats crashes upside down. **6.30** A bakery is hit by an out-of-control car.
7.00 **Wheeler Dealers** Mike helps a member of the team by fixing up his 2007 Mustang. **8.00** A 2002 Chevy Corvette Z06 is worked on. **9.00** Mike and Edd restore a 1973 Chevrolet Camaro. **10.00** Mike searches for a rust-free Pontiac GTO. **11.00** A Chevrolet Camaro. **12.00** M'T Mike bags a Chevrolet Corvette Stingray.
1.00 AM **Massive Engineering Mistakes** A Chicago skyscraper hides a deadly flaw.
2.00 **to 5.00** AM **Kindig Customs**

+1 hour 261/284

Films

Sky Cinema Premiere

301 301 401 501 515

6.05 AM **Shrapnel** Action thriller. (2023, 15, 89min) ★★
7.45 **Champions** As 5.55pm.
9.55 **The Fabelmans** As 8.00pm.
12.35 PM **Cocaine Bear** As 10.40pm.
2.15 **Mob Land** Crime thriller. (2023, 15, 111min) ★★★
4.10 PREMIERE **Sick** Horror with Gideon Adlon and Bethlehem Million. (2022, 18, 83min)
5.55 **Champions** Comedy drama starring Woody Harrelson. (2023, 12, 124min) ★★★

4.10 Sick

8.00 **The Fabelmans** Director Steven Spielberg's semi-autobiographical drama starring Michelle Williams, Gabriel LaBelle and Paul Dano. Growing up in post-World War Two-era Arizona, Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. (2022, 12, 151min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Cocaine Bear** Comedy thriller with Keri Russell and Alden Ehrenreich. (2023, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Unwelcome** Horror comedy with Douglas Booth. (2022, 15, 104min) ★★★
2.05 **Swallowed** Horror thriller. (2022, 18, 96min) ★★
3.45 **Mob Land** As 2.15pm.
5.40 **to 6.00** AM **Sky Cinema Preview**

+1 hour 312

Sky Cinema Hits

303 303 403 503 517

6.15 AM **Marry Me** As 4.40am.
8.15 **Star Trek IV: The Voyage Home** (1986, PG) ★★★★
10.15 **xXx: The Next Level** Action sequel. (2005, 12, 97min)
12.00 NOON **Black Adam** Fantasy. (2022, 12, 125min) ★★★
2.10 PM **The Island** Sci-fi thriller. (2005, 12, 136min) ★★★
4.30 **Grown Ups** Comedy. (2010, 12, 102min) ★★★
6.15 **Grown Ups 2** Comedy sequel. (2013, 12, 101min) ★

8.00 It

8.00 **It** Horror based on the Stephen King novel, starring Bill Skarsgård, Jaeden Lieberher and Sophia Lillis. A group of bullied New England kids band together to destroy a demonic clown. (2017, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.50 AM **Star Trek V: The Final Frontier** Sci-fi sequel. (1989, PG, 100min) ★★
2.45 **Charming the Hearts of Men** Historical romance with Anna Friel. (2021, 12, 107min) ★★★
4.40 **to 6.40** AM **Marry Me** Comedy. (2022, 12, 112min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Miss Marx** As 12.50am.
7.55 **Big Fish** Tim Burton's fantasy. (2003, PG, 123min) ★★★
10.05 **The Impossible** Disaster movie. (2012, 12, 114min) ★★★★
12.05 PM **Pretty in Pink** Comedy drama starring Molly Ringwald. (1986, 15, 99min) ★★★★
1.45 **Forrest Gump** Multi-Oscar-winning whimsical fable. (1994, 12, 136min) ★★★★
4.10 **Mr Holmes** Period mystery. (2015, PG, 101min) ★★★★
6.00 **The King's Speech** Oscar-winning drama starring Colin Firth and Geoffrey Rush. (2010, 12, 118min) ★★★★★
8.00 **Spotlight** Fact-based drama starring Mark Ruffalo, Michael Keaton and Rachel McAdams. (2015, 15, 129min) ★★★★★
10.10 **Nashville** Robert Altman's epic ensemble drama starring Ned Beatty and Karen Black. (1975, 15, 161min) ★★★★★
12.50 AM **Miss Marx** Biopic of Eleanor Marx. (2020, 15, 107min) ★★★
2.40 **The Garden Left Behind** Drama. (2019, 15, 88min) ★★★
4.15 **Summering** Coming-of-age drama. (2022, 12, 85min) ★★★
5.45 **to 7.20** AM **Young Hearts** Drama. (2020, 15, 81min) ★★★

Sky Cinema Halloween

311 311 411 511 525

6.35 AM **Critters Attack!** As 1.35am.
8.10 **Shaun of the Dead** As 4.45pm.
9.55 **Margaux** As shown at 5.40am.
11.35 **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
1.15 PM **The Conjuring** Horror chiller. (2013, 15, 112min) ★★★
3.10 **Umma** Horror thriller starring Sandra Oh and Fivel Stewart. (2022, 15, 83min) ★★★★
4.45 **Shaun of the Dead** Horror comedy starring Simon Pegg. (2004, 15, 99min) ★★★★
6.30 **The Woman in Black** Chiller based on Susan Hill's ghost story, starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
8.10 **The Woman in Black: Angel of Death** Horror sequel starring Helen McCrory and Jeremy Irvine. (2014, 15, 95min) ★★★
10.00 **The Crow** Supernatural thriller starring Brandon Lee. (1994, 18, 110min) ★★★★
11.45 **Saw** Horror with Leigh Whannell. (2004, 18, 102min) ★★★
1.35 AM **Critters Attack!** Horror comedy. (2019, 15, 89min) ★★
3.10 **Umma** As shown at 3.10pm.
4.40 **Sky Cinema Preview**
5.40 **to 7.25** AM **Margaux** Thriller. (2022, 15, 104min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 520

6.10 AM **Mee-Shee: The Water...**
7.50 **Lassie** As shown at 4.25am.
9.35 **The NeverEnding Story** Fantasy. (1984, U) ★★★
11.20 **Sonic the Hedgehog 2** Comedy. (2022, PG) ★★★
1.35 PM **The Mortal Instruments: City of Bones** Adventure. (2013, 12, 127min) ★★★
4.00 **The Smurfs** Family adventure. (2011, U, 103min) ★★
5.50 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★

10.05 Robo-Dog: Airborne

7.45 **Getting Even with Dad** Family comedy starring Macaulay Culkin and Ted Danson. An 11-year-old boy blackmails his small-time crook father into going straight. (1994, PG, 109min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Cinema List: Family Favourites**

10.05 **Robo-Dog: Airborne** Family adventure sequel starring Michael Campion. (2017, U, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel starring Sylvester Stallone. (2003, U, 84min) ★★★
1.10 AM **C.I.Ape** Family comedy starring Sophia Alongi. (2021, PG, 82min) ★
2.45 **Mee-Shee: The Water Giant** Family fantasy adventure starring Bruce Greenwood. (2005, PG, 94min) ★★★
4.25 **to 6.10** AM **Lassie** Adventure. (2005, PG, 100min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.00 AM **Bullet to the Head**
7.45 **Beast** As shown at 5.40am.
9.30 **The Old Way** As 2.05am.
11.15 **Batman & Robin** As 10.05pm.
1.30 PM **Accident Man: Hitman's Holiday** Crime comedy sequel. (2022, 15, 96min) ★★
3.20 **Bullet Train** Action comedy thriller starring Brad Pitt. (2022, 15, 127min) ★★★★
5.35 **The Woman King** Historical drama starring Viola Davis. (2022, 15, 135min) ★★★★

1.30 Accident Man: Hitman's...

8.00 **The Commuter** Thriller starring Liam Neeson, Vera Farmiga and Patrick Wilson. An insurance salesman and former police officer, finds himself caught up in a conspiracy during his commute home. (2018, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

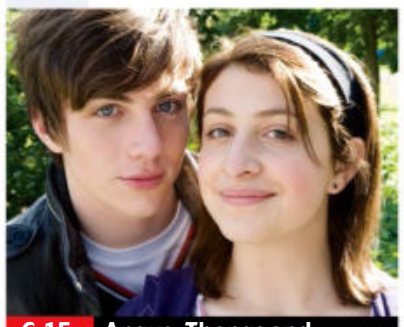
10.05 **Batman & Robin** Fantasy adventure starring George Clooney and Arnold Schwarzenegger. Batman and Robin, aided by new ally Batgirl, take on fearsome villains Mr Freeze and Poison Ivy. (1997, PG, 125min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Black Site** Action thriller. (2022, 15, 93min) ★★
2.05 **The Old Way** Western. (2023, 15, 95min) ★★
3.55 **Bullet to the Head** Thriller. (2012, 15, 89min) ★★★
5.40 **to 7.25** AM **Beast** Thriller. (2022, 15, 93min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Click** (2006, 12) ★★★★
9.10 **Together Together** (2021)
10.45 **Bridget Jones's Diary** Comedy. (2001, 15, 96min) ★★★★
12.30 PM **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
2.25 **Bridget Jones's Baby** Comedy sequel. (2016, 15) ★★★
4.35 **Zoolander** Comedy. (2001, 12, 89min) ★★★★
6.15 **Angus, Thongs and Perfect Snogging** Teen comedy. (2008, 12, 100min) ★★★★


6.15 Angus, Thongs and...

8.00 **The Terminal** Steven Spielberg's comedy drama starring Tom Hanks as a traveller from Eastern Europe who becomes stranded in New York's JFK airport terminal by a coup back home. With Catherine Zeta-Jones. (2004, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

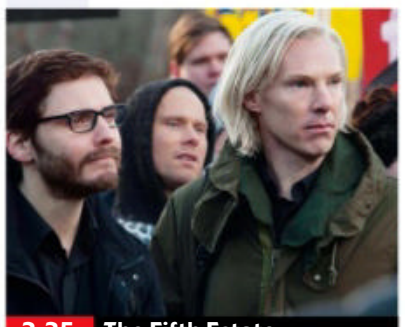
10.15 **Scary Movie 3** Horror spoof sequel with Anna Faris and Charlie Sheen. While investigating crop circles at a farm, a reporter uncovers a web of weird supernatural happenings. (2003, 15, 84min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Together Together** Comedy drama. (2021, 15, 90min) ★★★
1.20 AM **The Paper Tigers** Comedy. (2020, 12, 108min) ★★★
3.20 **Bros** Comedy romance. (2022, 15, 115min) ★★★★
5.20 **to 7.15** AM **Book of Love** Comedy. (2022, 12) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **Raging Fire** As 4.05am.
9.15 **Hunt** As shown at 1.50am.
11.30 **Serenity** Mystery thriller. (2019, 15, 106min) ★★★
1.25 PM **Fatal Attraction** Thriller. (1987, 18, 120min) ★★★★
3.35 **The Fifth Estate** Thriller with Benedict Cumberbatch. (2013, 15, 125min) ★★★
5.50 **No Country for Old Men** The Coen Brothers' dark crime thriller with Tommy Lee Jones. (2007, 15, 122min) ★★★★


3.35 The Fifth Estate

8.00 **Haywire** Action thriller with Gina Carano, Michael Fassbender and Ewan McGregor. A freelance secret agent goes on the run after being betrayed by her bosses. (2012, 15, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Cinema List: Whodunnit?**

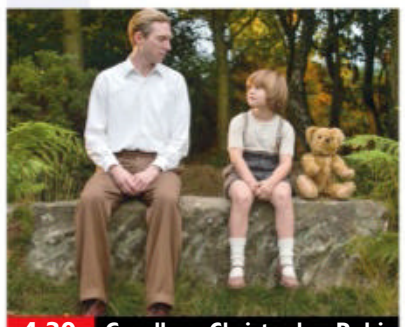
10.00 **King of New York** Gangster thriller starring Christopher Walken as a ruthless New York drugs baron. With David Caruso, Larry Fishburne and Wesley Snipes. (1989, 18, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Internal Affairs** Thriller with Richard Gere and Andy Garcia. (1990, 18, 117min) ★★★★
1.50 AM **Hunt** South Korean thriller with Lee Jung-jae. Subtitled. (2022, 15, 125min) ★★★
4.05 **to 6.15** AM **Raging Fire** Hong Kong adventure. Subtitled. (2021, 15, 126min) ★★★★

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Alpha and Omega** Animation. (2010, U) ★★★
12.45 PM **Charlotte's Web** Screen version of EB White's classic book. (2006, U, 97min) ★★★
2.40 **Dunston Checks In** Comedy. (1995, PG, 88min) ★★★
4.30 **Goodbye Christopher Robin** Biopic. (2017, PG) ★★★★
6.40 **The Pursuit of Happyness** Rags-to-riches drama. (2006, 12, 117min) ★★★


4.30 Goodbye, Christopher Robin

8 PM **The Pursuit of Happyness** (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Midway** Drama starring Ed Skrein, Patrick Wilson, Woody Harrelson and Luke Evans, about the Battle of Midway, one of the most important and decisive battles of World War Two. (2019, 12, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.45** **The Vanishing** Thriller starring Gerard Butler. Three lighthouse keepers get caught in a web of greed, paranoia and murder when they make a discovery on an isolated Scottish island. (2018, 15, 107min) ★★★
1.55 **to 3.45** AM **Rose: A Love Story** Drama starring Sophie Rundle and Matt Stokoe. (2020, 15, 86min) ★★★★

+1 hour 314 430 47 301

Sky Cinema Originals

302 302 402 502 516

6.00 AM **Twist** Crime comedy. (2021, 12, 90min) ★★★★
7.35 **The Amazing Maurice** Animation. (2022, PG) ★★★★
9.10 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
10.55 **Monster Family 2** As 4.10am.
12.50 PM **The Secret Garden** Drama. (2020, PG, 99min) ★★★★
2.35 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★

4.35 **Blacklight** Action thriller. (2022, 15, 104min) ★
6.25 **After Yang** Sci-fi drama. (2022, PG, 96min) ★★★★
8.05 **Gunpowder Milkshake** Action thriller starring Karen Gillan. A hitwoman is reunited with her estranged mother – also a professional assassin – after a high-stakes mission spins out of control. (2021, 15, 114min) ★★★
10.05 **SAS: Red Notice** Action thriller with Sam Heughan and Ruby Rose. (2021, 15, 90min) ★★★

12.10 AM **God Is a Bullet** Thriller starring Nikolaj Coster-Waldau. (2023, 18, 156min) ★★
2.20 **Antebellum** Horror mystery. (2019, 15, 105min) ★★
4.10 **to 6.00** AM **Monster Family 2** Animated comedy. sequel. (2021, U, 90min) ★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Staying Alive** As 4.35am.
7.50 **Funny Face** As 2.40am.
9.50 **Legend** Fantasy adventure. (1985, PG, 94min) ★★★
11.40 **Paper Moon** Comedy. (1973, b/w, PG, 100min) ★★★★
1.40 PM **Young at Heart** Musical romance starring Doris Day. (1954, U, 117min) ★★★
3.40 **The Matrix** Sci-fi action thriller. (1999, 15, 136min) ★★★★

6.00 **The Spy Who Came in from the Cold** Espionage thriller starring Richard Burton. (1965, b/w, PG, 107min) ★★★★
8.00 **Champion** Boxing drama starring Kirk Douglas. (1949, b/w, PG, 99min) ★★★★
9.55 **Fanny and Alexander** Swedish epic directed by Ingmar Bergman, about the pleasures and pains of an exuberant family early in the 20th century. Stars Bertil Guve. Subtitled. (1982, 15, 301min) ★★★★★

1.10 AM **Double Jeopardy** Thriller starring Rod Cameron. (1955, PG, 70min) ★★★
2.40 **Funny Face** Romantic musical. (1956, U, 103min) ★★★★
4.35 **to 6.15** AM **Staying Alive** Dance drama sequel to *Saturday Night Fever*. (1983, PG, 96min) ★

Sky Cinema Animation

305 305 412 500 514

6.25 AM **Lego DC Super Heroes: Justice League – Attack of...**
7.55 **Pil's Adventures** As 2.10am.
9.35 **Rabbit Academy** As 9.45pm.
11.00 **Minions** Animated comedy. (2015, U, 91min) ★★★★
12.40 PM **Minions: The Rise of Gru** Animation. (2022, U) ★★★
2.20 **Marcel the Shell with Shoes On** Animated family comedy. (2021, PG, 90min) ★★★★

4.00 **Tarzan** Animated adventure. (2013, PG, 94min) ★★
5.45 **The Bad Guys** Animation. (2022, PG, 100min) ★★★
7.30 **The Lego Batman Movie** Animated family comedy. (2017, U, 104min) ★★★★
9.25 **The Cinema List: Epic Quest**
9.45 **Rabbit Academy** Animation. (2022, U, 76min) ★★★
11.10 **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** Animation. (2016, U, 75min) ★★★

12.40 AM **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** Animation. (2015, U, 73min) ★★★
2.10 **Pil's Adventures** (2021, U) ★★
3.50 **Son of Bigfoot** (2017, PG) ★★★
5.30 **to 7.05** AM **Two by Two** Animation. (2015, U) ★★

Christmas 24

325 419

7.00 AM **Three Sisters at the Christmas Chateau** Festive drama. (2019, PG, 98min) ★★
9.00 **A Royal Christmas** Romantic drama. (2021, PG, 84min) ★★
11.00 **Homecoming for the Holidays** Festive drama starring Laura Osnes. (2019, PG, 90min) ★★
1.00 PM **Hanukkah on Rye** Romantic comedy drama. (2022, PG, 90min) ★★

3.00 PREMIERE **Sincerely Truly Christmas** Romantic fantasy. (2023, PG, 90min) ★★
5.00 **Christmas at Dollywood** Drama. (2019, PG, 90min) ★★
7.00 **Christmas Unleashed** Romantic drama. (2019, PG, 86min) ★★
9.00 **Christmas Tree Lane** Romantic drama starring Alicia Witt. A woman aims save a shopping district from demolition, but it turns out that her new beau is linked to the property developer. (2020, PG, 89min) ★★

11.00 **The Christmas Listing** Romantic drama. (2020, PG, 84min) ★★
1.00 AM **Open for Christmas** Festive drama. (2021, PG, 84min) ★★
3.00 **to 5.00** AM **Room at the Christmas Inn** (2021, PG) ★★

+1 hour 326 420

Talking Pictures

328 445 82 306

6.00 AM **Second Chorus** Musical. (1940, b/w, U, 82min) ★★
7.45 **The Monkey's Paw** Horror. (1948, b/w, PG, 64min) ★★★
9.00 **The Fabulous Dorseys** Musical biopic. (1947, b/w, U, 91min) ★★
10.45 **Three Young Texans** Western. (1954, U, 77min) ★★★
12.20 PM **Daleks – Invasion Earth 2150 AD** *Doctor Who* spin-off. (1966, U, 80min) ★★

2.00 **The Adventures of Robin Hood**
2.30 **The Larkins** 6/8. (S5)
3.10 **The Card** Period comedy drama. (1952, b/w, U, 91min) ★★★
5.00 **The Footage Detectives**
6.00 **Tell Me Another**
6.30 **Look at Life**
6.45 **The Lavender Hill Mob** Vintage comedy starring Alec Guinness. (1951, b/w, U, 81min) ★★★★★
8.25 **Terminus** Documentary.
9.00 **Van der Valk** 1/3. (S5)
11.10 **Haunted** Romantic ghost story. (1995, 15, 107min) ★★★

1.20 AM **The Trial** Orson Welles' darkly comic version of Franz Kafka's nightmarish tale. (1962, b/w, PG, 118min) ★★★★
3.40 **The Heritage Chart Show with Mike Read** Music show.
4.40 **to 6.00** AM **South of Panama** Spy thriller. (1941, b/w, U) ★★★

Sunday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** Views on today's early stories.
9.00 LIVE **ICC Cricket World Cup England v Afghanistan.** Coverage of the group match, staged at Arun Jaitley Stadium in Delhi, India. The last time these two sides met in the World Cup in 2019, Eoin Morgan scored the fastest century by an England batsman in a World Cup match. His 148 off just 71 balls helped England to a 150-run win.
4.30 PM LIVE **WSL Liverpool v Everton.** Coverage of the Merseyside derby, staged at Anfield. Kick-off **4.30pm**.
6.30 LIVE **NFL** Coverage of a week six encounter. Kick-off **6.00pm**.
9.15 LIVE **NFL** Coverage of a match in the sixth week of fixtures.
12.30 AM **NBC's FNIA** Including a preview of Buffalo Bills v New York Giants, plus live reaction to Sunday's week six matches.
1.15 LIVE **NFL Buffalo Bills v New York Giants.** Coverage of the week six match at Highmark Stadium. Kick-off **1.20am**.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Premier League: Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Highlights**
4.00 PM LIVE **WSL Liverpool v Everton.** Coverage of the Merseyside derby, staged at Anfield. Kick-off **4.30pm**.
7.00 **Match Officials Mic'd Up** In-game audio of selected incidents in the Premier League.
7.30 **Premier League Stories**
8.00 **The Fall and Rise of Luton Town** A look at the history of the Premier League newcomers.
9.00 **City: PL Champions Again** A look at Manchester City's 2022/23 Premier League title-winning season, featuring unseen dressing room footage.
10.00 **Premier League Icons** A profile of David Beckham.
10.30 **PL Retro** Manchester City v Queens Park Rangers from 2012.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Goals: Leagues 1 & 2**
6.30 **WSL** Chelsea v West Ham United.
7.00 **EFL** Burnley v Sheffield United.
8.00 **Best Moments From the EFL Play-Off Finals**
9.00 **EFL Highlights**
11.30 **EFL Goals: Leagues 1 & 2**
12.00 NOON **EFL Greatest Games**
12.45 PM **EFL Highlights**
1.00 **EFL Goals: Leagues 1 & 2**
1.30 **WSL** Chelsea v West Ham United.
2.00 **EFL Cup Highlights**
3.00 **EFL Goals: Leagues 1 & 2**
3.30 **WSL** Chelsea v West Ham United.
4.00 LIVE **WSL Liverpool v Everton.** The Merseyside derby from Anfield. Kick-off **4.30pm**.
7.00 **WSL** Chelsea v West Ham United.
7.30 **EFL Goals: Leagues 1 & 2**
8.00 **EFL Rivalries**
9.30 **Best Moments From the Championship Play-Off Final**
10.00 **EFL Goals: Leagues 1 & 2**
10.30 **WSL** Chelsea v West Ham United.
11.30 **EFL Greatest Games**
1.00 AM **EFL Cup Highlights**
2.00 **EFL** Burnley v Sheffield United.
4.30 **Best Moments From the EFL Play-Off Finals**
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **ICC Cricket World Cup**
9.00 LIVE **ICC Cricket World Cup England v Afghanistan.** Coverage of the group match, which takes place at Arun Jaitley Stadium in Delhi. The last time these two sides met in the World Cup, Eoin Morgan scored the fastest century by an England batsman in a World Cup match.
5.30 PM **World Cup Bitesize**
6.30 **Secrets of Success** Nasser Hussain meets some of the most successful leaders in sport.
7.00 **ICC Cricket World Cup** Action from England v Afghanistan at Arun Jaitley Stadium in Delhi.
8.00 **ICC Men's CWC Greatest Matches** A seven-part series diving into the greatest Cricket World Cup matches in history, as players and commentators past and present discuss each game.
9.00 **ICC Cricket World Cup**
2.00 AM **World Cup Cricket Classics** Action from New Zealand v England in the 2015 World Cup.
3.00 **ICC Cricket World Cup** Action from England v Afghanistan.
4.00 **World Cup Bitesize**
5.00 **to 6.00** AM **Cricket World Cup**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **US Open Epics**
7.00 **PGA Tour Golf**
10.00 **Challenge Tour Golf**
10.30 **Roots** Paul Lawrie.
11.00 **DP World Tour Golf**
12.00 NOON LIVE **DP World Tour Golf** Coverage of the fourth day of the Acciona Open De España.
5.00 PM **Challenge Tour Golf**
5.30 **Roots** Paul Lawrie.
6.00 **PGA Tour Champions** The Constellation Furyk & Friends.
7.00 **DP World Tour Golf** Day four of the Acciona Open De España.
8.00 **Roots** A profile of 10-time Major-winner Annika Sorenstam. **8.30** Paul Lawrie, winner of the 1999 Open Championship.
9.00 **DP World Tour Golf** Action from day four of the Acciona Open De España presented by Madrid.
10.00 LIVE **PGA Tour Golf** Coverage of the fourth day's play of the Shriners Children's Open, staged at TPC Summerlin in Las Vegas.
1.00 AM **DP World Tour Golf**
2.00 **The Open Films: Clarke 2011**
3.00 **DP World Tour Golf**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

TNT Sports 1

410 410 870 | 527 | 408 430

6.00 AM **TNT Sports Feature**
8.00 **UEFA Champions League Magazine** News and action.
8.30 **Premier League Stories**
9.00 **WWE Raw Highlights**
10.00 **WWE SmackDown Highlights**
11.00 LIVE **FA Futsal Series One Derby Futsal Club v York Futsal Vikings.**
1.00 PM LIVE **Gallagher Premiership Rugby Union Sale Sharks v Northampton Saints.** Coverage from AJ Bell Stadium. Kick-off **1.30pm**.
3.45 **TNT Sports Feature**
4.30 **The Grudge** Five Nations rugby.
6.00 **Champions League Magazine**
6.30 **Premier League: Big Interview**
7.00 **Women's One-Day International Cricket**
8.00 **PSA Squash** The women's and men's finals of the US Open.
9.00 **WWE SmackDown Highlights**
10.00 **WWE NXT** Wrestling action.
11.45 **Ariel Helwani Meets**
12.15 AM **MLB: Off the Bat**
12.30 LIVE **MLB** Coverage of a match in the MLB Postseason.
4.00 **European Rally Championship**
4.30 **Fishing: On the Bank**
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 411 871 | 528 | 409 431

6.00 AM LIVE **MotoGP** The Grand Prix of Indonesia Moto2 race.
7.30 LIVE **MotoGP** The Grand Prix of Indonesia MotoGP race, the 15th round of the season at Pertamina Mandalika International Circuit.
9.15 **MotoGP Chequered Flag**
10.15 **MotoGP** Valentino Rossi.
11.15 **TNT Sports Reload**
11.30 **Classic Premier League**
3.30 PM **MotoGP** The Grand Prix of Indonesia MotoGP race.
4.30 **MotoGP Chequered Flag** Post-race show following the Grand Prix of Indonesia.
5.30 **PSA Squash** The women's and men's finals of the US Open.
6.30 **TNT Sports Reload**
7.00 **FIM X-Trial World Championship Highlights**
8.00 **MotoGP** Grand Prix of Indonesia.
9.00 **MotoGP Chequered Flag** Post-race show following the Grand Prix of Indonesia.
10.00 **UFC** Another chance to see Sodiq Yusuff v Edson Barboza.
1.00 AM **UFC: The Ultimate Fighter**
5.00 **UFC Greatest Fights** Dan Henderson v Mauricio Rua.
5.30 **to 6.00** AM **Premier League Legends**

TNT Sports 3

417 417 874 | 529 | 410 432

7.00 AM **European Rally Championship Highlights**
7.30 **TNT Sports Reload**
8.00 **WSL Challenger Tour**
9.00 LIVE **Badminton** Coverage of the finals at the Finnish Open at Energia Arena in Vantaa, Finland.
3.30 PM **European Rally Championship Highlights**
4.00 **WWE Friday Night SmackDown** Wrestling action.
5.30 **WSL Challenger Tour** Action from the Ericeira Pro surfing event.
6.30 **Gallagher Premiership Rugby Union** Another chance to see Exeter Chiefs v Saracens.
8.00 **UEFA Champions League Magazine** News and action.
8.30 **Sign Up: Into Football** A football show for deaf and hearing fans.
9.15 **Special 1** Richie Driss explores the many faces of goalkeepers.
10.30 **Classic Premier League**
11.30 **TNT Sports Reload** The best bits from TNT Sports in the last week.
12.00 M'T **Women's One-Day International Cricket** Action from Australia v West Indies in the third and final ODI in the series.
1.00 **to 6.00** AM **Champions League Classics**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Bitesize Highlights**
6.30 **NFL Highlights** Action from San Francisco 49ers v Dallas Cowboys. **7.30** Highlights from Kansas City Chiefs v Denver Broncos.
8.30 **Kansas City Chiefs: The Franchise** Behind-the-scenes.
9.00 **NFL Highlights** Tampa Bay Buccaneers v Carolina Panthers. **10.00** Atlanta Falcons v New York Jets in the 2021/22 season. **11.00** New Orleans Saints v Minnesota Vikings from 2022/23.
12.00 NOON LIVE **NFL Tennessee Titans v Baltimore Ravens.** The week six match at Tottenham Hotspur Stadium. Kick-off **2.30pm**.
6.00 PM LIVE **NFL** Coverage of a week six match Kick-off **6.00pm**.
9.15 LIVE **NFL** Coverage of a match in the sixth week of fixtures.
12.30 AM **NBC's FNIA** Including a preview of Buffalo Bills v New York Giants, plus live reaction to Sunday's week six matches.
1.20 LIVE **NFL Buffalo Bills v New York Giants.** Coverage of the week six match at Highmark Stadium. Kick-off **1.20am**.
4.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Mix

416 416 873 | 510 | 429 449

6.00 AM LIVE **International Rugby League Papua New Guinea v Cook Islands.** Coverage of the Pacific Championships match at Santos National Football Stadium in Port Moresby. Kick-off **6.00am**.
8.00 **Betfred Super League Highlights** Top-flight action.
9.00 **ICC Cricket World Cup** Highlights from India v Pakistan.
10.00 **Fight Night International** Another chance to see Janibek Alimkhanuly v Vincenzo Gualtieri.
11.00 **DP World Tour Golf** Day three of the Acciona Open De España.
12.00 NOON LIVE **NFL Tennessee Titans v Baltimore Ravens.** Coverage of the week six match at Tottenham Hotspur Stadium in London. Kick-off **2.30pm**.
6.00 PM **NFL Redzone**
1.00 AM **The Wheelchair Super League Grand Final**
2.00 **ICC Cricket World Cup** Highlights from India v Pakistan.
3.00 **British Basketball** A replay of London Lions v Cheshire Phoenix.
5.30 **The Wheelchair Super League Grand Final** Brief highlights.
5.45 **to 6.00** AM **Betfred Super League Highlights**

TNT Sports 4

421 421 876 | 530 | 411 434

7.00 AM **Gallagher Premiership Rugby Union** Another chance to see Exeter Chiefs v Saracens.
8.30 **FIM X-Trial World Championship Highlights**
9.30 **UEFA Champions League Goals Show Retro**
10.30 **MLB Classic** A look back at the 1995 World Series. **11.45** The 1997 World Series.
1.00 PM **MLB** Action from Postseason.
4.00 **Fishing: On the Bank** The British Carp Championships.
5.00 **MLB** Action from Postseason.
8.00 **MLB Classic** This documentary features several groups of fans from Chicago, as they experienced an epic postseason that ended with a 10-inning Cubs win over the Indians in game seven.
9.00 **MLB** Action from Postseason.
12.00 M'T **World Poker Tour Series** The Gardens Poker Championship. **3.00** AM The Borgata.
5.00 **to 6.00** AM **Joe Cole Cast**

Eurosport 1

413 413 868 | 521 | 412 435

7.30 AM LIVE **Snooker: Wuhan Open** Coverage of the opening session of the final on day seven.
10.30 **Hall of Fame: Tokyo 2020**
11.30 **Snooker: Wuhan Open**
12.30 PM LIVE **Snooker: Wuhan Open** Session two of the final.
3.30 **Athletics: Amsterdam Marathon**
5.00 **Cycling: Tour of Munsterland**
6.00 **Cycling: Ras na mBan**
6.30 LIVE **Cyclo-Cross** The opening World Cup meeting of the season.
7.50 **Olympic Games: Olympians**
8.00 LIVE **Cyclo-Cross** Further coverage of the opening World Cup meeting of the season.
9.35 **Cycling: Tour of Turkey**
10.30 **Cycling: Venetia Classic**
11.30 **Powerboat Racing World Championship** From Sardinia.
12.00 M'T **Snooker: Wuhan Open**
2.00 AM **British Speedway**
3.00 **British Superbikes**
4.00 **to 6.00** AM **Snooker: English Open**

Eurosport 2

414 414 869 | 522 | 413 436

6.00 AM **Cycling: Tour of Turkey**
7.00 **Cycling: Ras na mBan**
7.30 **Olympic Games: The Power of the Olympics**
7.45 LIVE **Athletics: Amsterdam Marathon** Coverage of the 47th staging of the 26.2-mile race.
10.45 **Cycling: Tour of Lombardy**
11.00 **British Superbikes**
12.00 NOON LIVE **British Superbikes** The second day of racing in the 11th and final round of the season.
5.15 PM **World Superbikes**
6.30 **Powerboat Racing World Championship** From Sardinia.
7.00 **British Speedway**
8.00 **Bennetts British Superbikes**
9.00 **Snooker: Wuhan Open**
11.00 **British Superbikes**
12.00 M'T **Cycling: Tour of Turkey**
1.00 AM **Cycling: Venetia Classic**
2.00 **Cycling: Tour of Turkey**
3.00 **Cycling: Venetia Classic**
4.00 **World Surf League**
5.00 **to 6.00** AM **British Speedway**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM LIVE **Hanoi Open Pool Championship** The semi-finals.
10.30 **Super League Highlights**
12.30 PM LIVE **Hanoi Open Pool Championship** The final.
3.30 **Women's Super League**
3.45 **Super League Highlights**
4.45 **The Wheelchair Super League Grand Final** The 2022 final.
5.00 LIVE **Betfred Super League Wheelchair Final** Coverage of the showpiece rugby match.
8.00 LIVE **WNBA New York Liberty v Las Vegas Aces.** Game three of the Finals at Barclays Centre. Tip-off **8.00pm**.
10.00 **Super League Highlights**
11.00 **The Wheelchair Super League Grand Final** Recent action.
12.00 M'T **World Grand Prix Darts**
2.00 AM **Super League Highlights**
3.00 **British Basketball**
5.30 **Wheelchair Super League**
5.45 **to 6.00** AM **Women's Super League**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
10.15 **Vettel and the F1 Juniors**
10.25 **Fernley's Life In F1**
10.30 **GT World Challenge Europe**
12.00 NOON **Max: Man of the Moment**
12.10 PM **Motorsport UK**
12.15 LIVE **GT World Challenge Europe** Coverage of race two from Circuit Zandvoort in the Netherlands, where the final round of the season takes place.
2.30 **F1 Classic Races**
4.00 **Formula 1** The Qatar Grand Prix.
5.00 **GT World Challenge Europe**
7.15 **F1 Classic Races**
7.50 **Lewis's Helmet Designs**
8.00 **Formula 1** The Qatar Grand Prix.
9.00 **GT World Challenge Europe**
11.15 **The Growth of Maxmania**
11.25 **Norris, Russell & Albon: F1 Juniors** With Lando Norris, George Russell and Alex Albon.
11.30 **Sky Sports F1 Podcast**
12.30 AM **Lewis's Secret Cinema**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Monday

16 October

Evening Planner

Cookery

Jamie's Five Ingredients Meals
C4, 8pm
The chef rustles up quick and tasty meals with minimal fuss but maximum flavour.

Crime Drama

The Long Shadow
ITV1, 9pm
ACC Oldfield (David Morrissey) receives a chilling letter which, if genuine, may provide a new avenue of investigation.

Documentary

Endurance: Race to the Pole with Ben Fogle
Channel 5, 9pm
The series concludes with a retracing of Scott's ill-fated Terra Nova expedition.

OnDemand

Once Upon a Studio
Available today
Mickey Mouse corrals a group of all-star Disney characters for a photo to mark the studio's centenary.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Scarlett's...	9.00 The Reckoning		10.00 News; Local News	
102 BBC2	7.00 The Crash...	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Union with David Olusoga		10.00 QI	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Long Shadow		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Jamie's Five Ingredient Meals		9.00 999: On the Front Line		10.00 Film: Summer of Soul	
105 CHANNEL 5	7.00 Motorway Cops: Catching Britain's...		8.00 The Motorway		9.00 Endurance: Race to the Pole with...		10.00 Casualty 24/7: Every Second Counts	
106 SKY SHOWCASE	7.00 Cricket World Cup		8.00 Film: The Hunger Games					
ENTERTAINMENT								
115 BBC3	7.00 Crazy Fun Park		8.00 Top Gear		9.00 Jesy Nelson: Odd One Out		10.00 Film: Superbad	
116 BBC4	7.00 Africa		8.00 Simon Schama's Power of Art		9.00 Andy Warhol's America		10.00 Michael Sheen's Valleys Rebellion	
118 ITV2	7.00 Alan Carr's Epic Gameshow		8.00 Bob's Burgers		9.00 Big Brother		10.00 Big Brother: Late & Live	
136 MORE4	◂ 6.55 The Dog House Australia		7.55 Grand Designs		9.00 24 Hours in Police Custody: Murder in the Woods			
135 E4	7.00 Hollyoaks	7.30 Young Sheldon	8.00 Modern Family		9.00 Married at First Sight UK		10.00 Made in Chelsea	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 Law & Order: Special Victims Unit		10.00 Departure	
108 SKY ATLANTIC	◂ 6.45 Ray Donovan		7.50 Game of Thrones		9.00 Chernobyl			10.15 The Lovers
110 GOLD	7.00 The Green Green Grass	7.40 The Good Life			9.00 Detectorists	9.40 Dad's Army		10.20 Ghosts
111 DAVE	7.00 Richard Osman's House of Games			8.20 Would I Lie to You?	9.00 QI		10.00 Big Zuu's Big Eats	10.40 Mock...
119 ITV3	◂ 6.55 Heartbeat		8.00 Endeavour				10.00 Cracker	
120 ITV4	7.00 The Chase Celebrity Special		8.00 MotoGP Highlights		9.00 The Grand Fishing Adventure		10.00 Film: Taken 2	
112 COMEDY CENTRAL	7.00 Friends				9.00 Rhod Gilbert's Growing Pains		10.00 Comedy Central Live	
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Star Trek: Voyager		9.00 Film: Sinister 2			
113 SKY MAX	7.00 Stargate SG-1		8.00 There's Something About Movies		9.00 COBRA: Rebellion		10.00 Brassic	
109 ALIBI	7.00 Elementary		8.00 Death in Paradise		9.00 Father Brown			
130 SKY ARTS	7.00 The Joy of Painting		8.00 André Rieu: Dance the Night Away		9.00 The Michelangelo Code: Secrets of the Sistine Chapel			
132 W	7.00 DIY SOS: The Big Build		8.00 Katie Piper's Jailhouse Mums		9.00 DIY SOS: Million Pound Build for...		10.00 999 Rescue Squad	
DOCUMENTARY								
125 DISCOVERY	7.00 Wheeler Dealers						10.00 Shorty's Dream Shop	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Expedition Bigfoot				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: Secrets from Above		9.00 Air Crash Investigation		10.00 Airport Security: Rome	
123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Sex: A Bonkers History		10.00 Dark Marvels: Killing Machines	
155 YESTERDAY	7.00 Antiques Roadshow		8.00 Hornby: A Model World		9.00 Train Truckers		10.00 Bangers & Cash	
121 SKY DOCS	7.00 Juan Carlos: Downfall of the King		8.00 McMillion$		9.00 Film: The Alpinist			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.50 Champions		8.00 The Fabelmans					
303 HITS	◂ 6.25 Ace Ventura Pet Detective		8.00 Men in Black: International				10.00 Bad Boys for Life	
304 GREATS	◂ 6.10 Champion		8.00 Oh! What a Lovely War					10.30 Taxi Driver
305 ANIMATION	7.10 Hotel Transylvania 2				8.50 Son of Bigfoot			10.30 Dogtanian...
306 FAMILY	7.00 Stuart Little			8.30 Matilda				10.20 It Takes Two
307 ACTION	◂ 5.55 The Lost City		8.00 Charlie's Angels			9.55 Charlie's Angels: Full Throttle		
308 COMEDY	◂ 6.10 Bewitched		8.00 The World's End			9.55 Risky Business		
309 THRILLER	◂ 6.00 2 Guns		8.00 Extremely Wicked, Shockingly Evil and Vile				10.00 Internal Affairs	
310 DRAMA	◂ 5.50 World Trade Center		8.00 Kramer vs Kramer			9.50 Brooklyn		
311 HALLOWEEN	◂ 6.05 Halloween: Resurrection	7.50 Jason Blum's...		8.20 The Purge			10.00 Saw	
302 ORIGINALS	◂ 6.05 Voyagers		8.00 Hotel Mumbai					10.05 A Good Person
313 FILM4	◂ 6.35 Tolkien				9.00 Indiana Jones and the Temple of Doom			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
402 PREMIER LEAGUE	7.00 Newcastle...	7.30 The Fall and...	8.00 Gary Neville's Soccerbox		9.00 The Fall and Rise of Luton Town		10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.15 EFL Cup Highlights			8.30 EFL Goals...	9.00 WSL		10.00 EFL Cup Highlights	
404 CRICKET	7.00 ICC Cricket World Cup		8.00 ICC Men's CWC Greatest Matches		9.00 ICC Cricket World Cup			
410 TNT SPORTS 1	◂ 6.45 V8 Supercars Highlights				9.00 MLB – Live: Coverage of an MLB Postseason match			
411 TNT SPORTS 2	7.00 MotoGP		8.00 MotoGP Chequered Flag		9.00 Fishing: On the Bank		10.00 TNT Sports Feature	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 NEW SERIES **Rip Off Britain: Live** 1/5. A woman who was over-billed by her energy supplier. (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** New edition
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Money for Nothing** New edition Restoring a drop-leaf table. (S)
3.00 **Escape to the Country** New edition From Lincolnshire. (S)
3.45 **The Repair Shop** New edition (S)
4.30 **The Vintage French Farmhouse** New edition A railway lamp. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.30 Scarlett's Driving School

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 **EastEnders** Jack tells Ravi that Nugget has been sighted, and Ben finds out about Jay's arrest. (S)(AD)

8 PM

8.00 **Panorama: Challenging Putin – Moscow and the Mutiny** New edition A look at the failed mutiny in Russia. (S)
8.30 **Scarlett's Driving School** New edition 3/5. Adeola has been learning for 13 years. (S)

9 PM

9.00 **The Reckoning** New episode 3/4. At the peak of his fame, Jimmy Savile further cements his position by spearheading a fundraising campaign for Stoke Mandeville Hospital. (S1) (S)(AD)
■ Concludes tomorrow

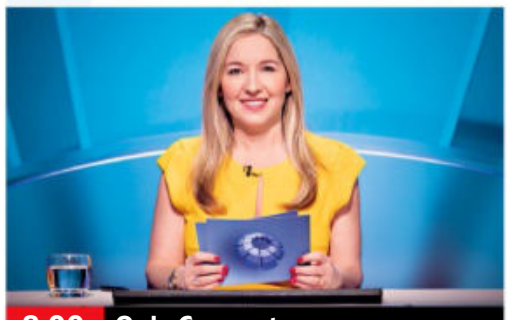
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Olivia Utley and Jon Richardson. (S)(R)
11.25 **The Graham Norton Show** 3/21. Graham chats to *Ozark*'s Laura Linney, comedy star and writer Dawn French and stand-up London Hughes. Plus, Sugababes provide the music. (S)(R)
12.15 AM **Alan Carr's Picture Slam** Contestants from Liverpool, Birmingham and Aberdeen take part in the game show. (S)(R)
1.00 **Weather for the Week Ahead** Seven-day forecast. (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Bargain Hunt** (S)(R)(AD)
7.15 **The Vintage French Farmhouse**
8.00 **Sign Zone: This Farming Life** (R)
9.00 **Nicky Campbell** (S)
10.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Unbeatable** Quiz show. (S)(R)
2.15 **Wanted Down Under** (S)(R)
3.00 **Natural World: Galapagos – Islands of Change** (S)(R)(AD)
3.45 **This Wild Life** (S)(R)
4.15 **Cornwall: This Fishing Life** (S)(R)
5.15 **Flog It!** From Shropshire. (S)(R)
6.00 **Richard Osman's House of Games** New edition Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West compete. (S)
6.30 **Strictly: It Takes Two** New edition Fleur East chats to the latest eliminated couple. (S)



8.00 Only Connect

7.00 **The Crash Detectives** New edition 2/4. An 18-year-old man dies in a head-on crash on a country road. (S)(AD)
7.30 **Mastermind** New edition Subjects include Billy Joel and JMW Turner. (S)

8.00 **Only Connect** New edition The Antiphons take on the Thrifters. (S)
8.30 **University Challenge** New edition Northeastern University London take on the University of York. (S)

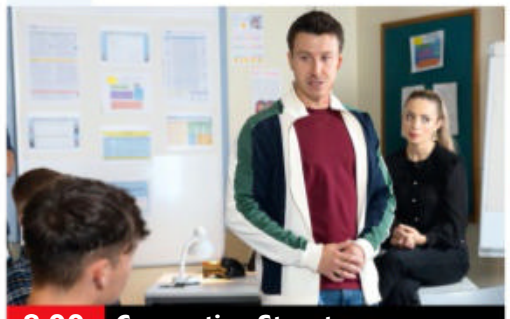
9.00 **Union with David Olusoga** New edition 3/4. Examining the deep divisions between rich and poor in Great Britain and Ireland between 1815 and 1851, when social class began to define identities and loyalties. (S)(AD)
■ Entire series on BBC iPlayer

10.00 **QI** Guest Gyles Brandreth, Rosie Jones and Nish Kumar join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **Mr. Jones** Fact-based drama starring James Norton and Vanessa Kirby. In 1933, a Welsh journalist travels to Moscow to interview Joseph Stalin, but instead uncovers a devastating famine in Ukraine. With Peter Sarsgaard. (S) (2019, 15, 115min) ★★★★
1.10 AM **Sign Zone: Countryfile** (S)(R)
2.05 **Sign Zone: Picasso: The Beauty and the Beast** (S)(R)(AD)
3.05 **to 6.20** AM **Previews** (S)

ITV1

103 103/176 803 | 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Great British Adventure** In Hampshire, James views ex-F1 racing driver Jody Scheckter's epic car collection, before making his way to the Goodwood Revival. (S)(R)(AD)
3.00 **Tenable** New edition Warwick Davis hosts as five colleagues who work for the police take part. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



8.00 Coronation Street

7.30 **Emmerdale** Sam is desperate to unburden his problems, Rhona offers her support, while Paddy is taken aback. (S)(AD)

8.00 **Coronation Street** Last week's events continue to have an impact on the residents, George takes exception to Todd's teasing, and Ryan fights nerves ahead of his presentation to Daniel's students. (S)(AD)

9.00 **The Long Shadow** New episode 4/7. When another woman survives an attack, detectives hope they are in with a chance of finding their man, with a driver in Leeds emerging as prime suspect. *See feature, page 7.* (S1) (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Long Lost Family** 5/7. A woman whose memory of a week with her younger brother 50 years ago is driving her to find him. (S)(R)(AD)
11.45 **Hotel Custody** 3/3. Sergeant Jason must pacify a woman who is kicking and screaming after being arrested. (S)(R)(AD)
12.30 AM **All Elite Wrestling: Dynamite** Hard-hitting wrestling action. (S)(R)
2.10 **Tipping Point** Game show. (S)(R)
3.05 **Susanna Reid: Can Britain Get Talking? A Tonight Special** (S)(R)
3.30 **Made in Britain** (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Tenable** (S)(SL)(R)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 4&5/22. (S7) (S)(R)
7.35 **Everybody Loves Raymond** (S)(R)
8.25 **Frasier** 19-21/24. (S1) (S)(R)(AD)
9.55 **Find It, Fix It, Flog It** (S)(R)(AD)
10.55 **Renovation Nation** (S)(R)(AD)
11.55 **News** (S)
12.00 NOON **Steph's Packed Lunch** New edition Magazine. (S)
2.10 PM **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition From Lancashire. (S)
5.00 NEW SERIES **Help! We Bought a Village** A Scottish lawyer of Italian origin falls in love with the village his forefathers left behind. (S)
6.00 **Four in a Bed** New edition The first destination of the week is Northlands Farm in Chichester. (S)
6.30 **The Simpsons** (S)(R)(AD)

10.00 Summer of Soul

7.00 **News** (S)

8.00 NEW SERIES **Jamie's Five Ingredient Meals** 1/4. Jamie Oliver presents recipes that require very few ingredients to make cooking easier, quicker and affordable, starting with crispy chicken and a simple pie. (S)(AD)

9.00 **999: On the Front Line** Paramedics are called to a woman who has been involved in a road traffic collision, having only recently recovered from a back injury caused by a previous car accident. (S)(R)

10.00 FILM PREMIERE **Summer of Soul** Documentary about the legendary 1969 Harlem Cultural Festival. (S)(AD) (2021, 12, 140min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Sex Rated** (S)(R)(AD)
1.15 FILM **Another Round** Danish comedy drama starring Mads Mikkelsen. Four teachers decide to consume alcohol on a daily basis to see how it affects their lives. Subtitled. (2020, 12, 120min) ★★★
3.15 **Grand Designs** (S)(R)(AD)
4.10 **The Great Pottery Throw Down** Retro Week. (S)(SL)(R)(AD)
5.15 **to 6.05** AM **Couples Come Dine with Me** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.40 PM **Alexis Conran** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **The Baby Swindler** Thriller starring Greta Carew-Johns and Ruth Bidner. (S) (2023, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Gill takes a coachload of customers on a day trip to Tarifa at the southernmost end of the Iberian Peninsula. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** A border collie with serious socialisation issues. (S)(R)
6.55 **News** (S)

8.00 The Motorway

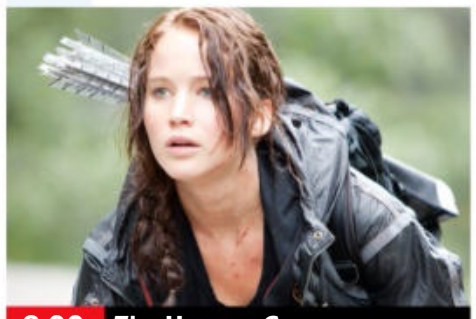
7.00 **Motorway Cops: Catching Britain's Speeders** PC Chris Swash pulls over a car that is being driven at over 90mph and detects a smell of cannabis. (S)(R)
7.55 **News** (S)
8.00 **The Motorway** New edition 4/10. Gavin and Ryan deal with a Tesla that has smashed into the central reservation of the M62, while Vicky and Steve receive reports of a badger crossing the M6. (S)
9.00 **Endurance: Race to the Pole with Ben Fogle** Series finale 3/3. Ben and Dwayne Fields tackle the trials and tribulations faced by Robert Falcon Scott and his team on the ill-fated *Terra Nova* expedition. (S)
10.00 **Casualty 24/7: Every Second Counts** Eight junior doctors start their first shifts. (S)(R)
10.55 **Cricket World Cup** Australia v Sri Lanka: Action from the group match at BRSABV Ekana Cricket Stadium in Lucknow, India. (S)
12.00 M'T **Police Interceptors** (S)(R)
1.00 AM LIVE **NFL: Monday Night Football** Los Angeles Chargers v Dallas Cowboys: Coverage of the week six match from SoFi Stadium. Kick-off is at 1.15. (S)
4.30 **Entertainment News** (S)
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Air Ambulance ER** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Al Murray: Why Do the Brits Win Every War?** (R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **NCIS: Los Angeles** (S)(R)
3.00 **Hawaii Five-0** (S9) (S)(R)
4.00 **S.W.A.T.** 18/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *The Fool Monty:* Mr Burns jumps off a cliff. (S)(R) **5.30** *How Munched Is That Birdie in the Window?* Santa's Little Helper is rehomed. (S)(R) **6.00** *Donnie Fatso:* Homer takes part in an FBI operation to bring down Fat Tony. (S)(R)
6.30 **The Fresh Prince of Bel Air** 24/24. Comedy. (S3) (S)(R)



8.00 The Hunger Games

7.00 **Cricket World Cup** Australia v Sri Lanka: Action from the group match at BRSABV Ekana Cricket Stadium in Lucknow, India.
8.00 FILM **The Hunger Games** Sci-fi adventure based on the best-selling novel by Suzanne Collins, starring Jennifer Lawrence. In a nightmarish future America, a plucky 16-year-old girl volunteers to take her sister's place in a savage televised tournament. With Josh Hutcherson, Woody Harrelson, Liam Hemsworth and Elizabeth Banks. (S) (2012, 12, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.45 **Last Week Tonight with John Oliver** Talk show in which the comedian takes a satirical look at news and pop culture.
11.25 **Never Mind the Buzzcocks** (R)
12.10 AM **Sex and the City** 7/12. Carrie and Samantha consider monogamy. (S)(R) **12.40** 8/12. Carrie discovers Big's secret. (S1) (S)(R)
1.10 **Road Wars** (S)(R)
2.05 **Stop, Search, Seize** (S)(R)
3.00 **Hawaii Five-0** (S9) (S)(R)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
10.40pm The Firm **11.40** Have I Got a Bit More News for You **12.25am** The Graham Norton Show **1.15** Weather for the Week Ahead **1.20-6.00am** BBC News
N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
8.00pm A Stitch Through Time **8.30-9.00** Panorama: Challenging Putin: Moscow and the Mutiny **10.40** The Year That Rocked Irish Dancing **11.40** Have I Got a Bit More News for You **12.25am** The Graham Norton Show **1.15** Alan Carr's Picture Slam **2.00-6.00am** BBC News
WALES
Sky **965**, Virgin **864**, Freesat **965**
7.00-7.30pm The Crash Detectives **8.00-8.30** Wales' Home of the Year **10.40** Panorama: Challenging Putin: Moscow and the Mutiny **11.10** Have I Got a Bit More News for You **11.55** The Graham Norton Show **12.45am** Alan Carr's Picture Slam **1.30-6.00am** BBC News

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Bog Amach
WALES
Sky **968**, Freesat **968**
7.00-7.30pm The One Show

ITV1

As main ITV1 except:
WALES
10.45-11.45pm Sharp End

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Dau Gi Bach **12.30** Heno **1.00** Adre **1.30** Pen/Campwyr **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Cyfres Triathlon Cymru 2023 – Llandudno **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dan Do **6.30** Rownd a Rownd **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Y Byd ar Bedwar **8.25** Ffasiwn Drefn **8.55** Newyddion S4C a'r Tywydd **9.00** Cefn Gwlad **9.35** Sgorio **10.05** Teulu, Dad a Fi **11.05-11.40pm** Y Tyrchwyr gyda Iolo Williams

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 | 107/157 | 23 107 | 179 | 107

7.00 PM NEW SERIES **Crazy Fun Park** 1/10. Drama about ghosts haunting an amusement park. **7.30** New episode 2/10. Chester becomes determined to be reunited with Mapplethorpe. (S1) ■ Entire series on BBC iPlayer
7.55 **The Catch Up**
8.00 **Top Gear**
9.00 **Jesy Nelson: Odd One Out** The pop star goes on a journey of rehabilitation.
10.00 FILM **Superbad** Teen comedy starring Jonah Hill and Michael Cera. (2007, 15, 113min) ★★★★
11.45 NEW SERIES **The Bold Type** 1/16. Return of the comedy drama. (S4)
12.25 AM **RuPaul's Drag Race UK** 3/10. Reality series.
1.35 **BBC New Comedy Awards** Larry Dean hosts.
2.05 **The Fast and the Farmer-ish** The final.
2.35 **My Mate's a Bad Date**
2.55 **to 3.55** AM **Jesy Nelson: Odd One Out**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

7.00 PM **Africa** David Attenborough continues his exploration of the continent in east Africa.
8.00 **Simon Schama's Power of Art** The historian recounts how Gian Lorenzo Bernini's 17th-century marble sculpture *The Ecstasy of St Teresa*.
9.00 **Andy Warhol's America** 3/3. The final edition examines the life of a more cautious Warhol.
10.00 **Michael Sheen's Valleys Rebellion** The actor follows in the Chartists' footsteps as he investigates the scale of political disillusionment in Wales.
11.00 **Why the Industrial Revolution Happened Here** Changes in the 18th and 19th centuries.
12.00 M'T **The Stuarts**
1.00 AM **Africa** As 7.00pm.
2.00 **Simon Schama's Power of Art** As 8.00pm.
3.00 **to 4.00** AM **Andy Warhol's America**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Wedding invitations.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.50 **The Secret Life of the Zoo** Nine-year-old cheetah mum Kinky Tail is on the operating table.
6.55 **The Dog House Australia** The Ford family look for a new canine companion for their nervous therapy dog.
7.55 **Grand Designs** A woman wants to build a home shaped like two enormous periscopes in rural Norfolk, but she must adhere to strict planning constraints to ensure she can live there.
9.00 **24 Hours in Police Custody: Murder in the Woods** Feature-length edition of the documentary, following an investigation into the killing of a young man in Cambridgeshire whose blood-soaked body was found in the woods in Hinchingbrooke Country Park.
11.00 **24 Hours in A&E** A boy is rushed to A&E after being hit by a motorbike.
12.00 M'T **24 Hours in Police Custody: Murder in the Woods** As 9.00pm.
2.00 AM **24 Hours in A&E**
3.05 **to 3.40** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Don't Tell the Bride**
8.00 **Melissa & Joey**
9.00 **Brooklyn Nine-Nine**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **The Big Bang Theory** Four episodes.
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Teen First Dates**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Phoenix makes a confession.
7.30 **Young Sheldon** 6/21. Missy tries out for the baseball team. (S3)
8.00 **Modern Family** 21/24. Jay's dream of being a writer looks destined to fail. **8.30** 22/24. Haley gives Alex tips on flirting. (S4)
9.00 **Married at First Sight UK** New edition Another couple step into the unknown and join the experiment.
10.00 **Made in Chelsea** New edition Harvey's old flame Lauren turns up, while Sam Prince is about to learn that actions have consequences.
11.05 **Gogglebox**
12.10 AM **First Dates**
1.15 **Married at First Sight UK**
2.20 **Made in Chelsea**
3.15 **Below Deck Sailing Yacht**
4.00 **Brooklyn Nine-Nine**
4.50 **to 6.00** AM **Black-ish**

+1 hour 235/236 | 306 | 30 | 123

DALZIEL & PASCOE
Weeknights 11.20pm
Freeview 20
DRAMA

MONDAY Entertainment

Monday

Sky Witness

107 107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Patrol**
9.00 **Border Security: America's Front Line**
10.00 **Motorway Patrol**
10.30 **Highway Patrol**
11.00 **The Force: Manchester**
12.00 NOON **FBI** 10/22. (S1)
1.00 PM **Bull** 11/16. (S5)
2.00 **Blue Bloods** 18/21. Danny and Baez take on a case involving feuding crime families. (S13)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *Fire Drill:* 19/21. Jamie partners with the FDNY in a bid to track down a dangerous arsonist. (S13)

9 PM

9.00 **Law & Order: Special Victims Unit** Series finale *All Pain Is One Malady:* 22/22. The team search for a crime ring. (S24)

10 PM

10.00 **Departure** *Endgame:* 6/6. Kendra comes up with a plan to confront the conspirators and expose the cover up. (S1)
11.00 **The Rookie** 20/20. (S1)
12.00 M'T **Madam Secretary** (S6)
1.00 AM **FBI** 12/22. (S1)
2.00 **Law & Order: Organized Crime** Series finale (S3)
3.00 **Chicago Fire** 9/22. (S11)
4.00 **Border Security: America's...**
5.00 **to 6.00** AM **Stop, Search...**

+1 hour 207 310

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Urban Secrets**
7.55 **Six Feet Under** (S3)
10.05 **Ray Donovan** 9&10/12. (S5)
12.15 PM **Game of Thrones** (S6)
1.20 **The Knick** 1&2/10. (S2)
3.30 **Six Feet Under** 13/13. Ruth's marriage announcement causes some concern. (S3) **4.40** 1/12. Nate clashes with Lisa's family. (S4)
5.45 **Ray Donovan** 11/12. Ray searches for Frank Barnes. **6.45** 12/12. Ray goes to New York to arrange a surgery that may save Smitty. (S5)

9.00 Chernobyl

7.50 **Game of Thrones** *Battle of the B*******:* 9/10. As the Starks prepare to fight, Davos loses something, Ramsay plays a game and Daenerys faces a choice. (S6)

9.00 **Chernobyl** *The Happiness of All Mankind:* 4/5. Valery Legasov and Boris Shcherbina come up with an idea to remove radioactive debris. (S1)
10.15 **The Lovers** 5/6. Janet visits London to be with Seamus. (S1)
10.55 **The Gilded Age** *Money Isn't Everything:* 2/9. Tom Raikes visits New York as Peggy seeks advice. (S1)
11.55 **True Detective** 7&8/8. Double bill of episodes. (S2)
2.35 AM **Billions** 1/12. (S6)
3.40 **In Treatment** (S2)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Supergirl** 19/19. (S5)
7.00 **DC's Legends of Tomorrow**
8.00 **The Flash** 1/13. (S9)
9.00 **Stargate SG-1** (S2)
11.00 **Supergirl** 1/20. (S6)
12.00 NOON **The Flash** 1/13. (S9)
1.00 PM **NCIS: Los Angeles** (S14)
3.00 **Hawaii Five-0** 21/25. (S9)
4.00 **S.W.A.T.** 18/23. (S2)
5.00 **DC's Legends of Tomorrow**
6.00 **Stargate SG-1** 17/22. Jack and the team offer sanctuary to former Goa'uld conqueror Apophis. (S2)

8.00 There's Something...

7.00 **Stargate SG-1** *Holiday:* 18/22. Daniel is trapped in the body of a dying man by former Goa'uld enemy Ma'chello. (S2)

8.00 **There's Something About Movies** Film-based comedy panel show, with guests Alice Levine, Tom Davis and Warwick Davis.

9.00 **COBRA: Rebellion** 1/6. An environmental demonstration ends with grave consequences. Stars Robert Carlyle. (S3)

10.00 **Brassic** *Hans:* 3/8. A German man comes looking for Tommo. (S5)
11.00 **Never Mind the Buzzcocks**
11.45 **Fantasy Island** New episodes 9/13. A woman's wants to go back in time and be a princess. **12.45** AM 10/13. Javier and Roarke have a conversation about their relationship. (S2)
1.45 **Road Wars**
2.10 **Stop, Search, Seize**
3.05 **Hawaii Five-0** 21/25. (S9)
4.00 **S.W.A.T.** 18/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **CITV**
9.00 **One Tree Hill** 10/22. (S1)
10.00 **Dawson's Creek** 3/24. (S6)
11.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Alan Carr's Epic Gameshow** *Bullseye* revival.
2.00 **Chuck** 7/19. (S3)
3.05 **One Tree Hill** 11/22. (S1)
4.00 **Dawson's Creek** 4/24. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Jeff Stelling, Charlotte Hawkins and Andy Whyment.

11.05 Family Guy

7.00 **Alan Carr's Epic Gameshow** The comic presents a revival of the classic game show *The Price Is Right*.

8.00 **Bob's Burgers** 13/22. Teddy faces his past. **8.30** 14/22. A customer catches Teddy and Linda's attention. (S12)

9.00 **Big Brother** New edition A host of housemates live in the iconic house and compete to win a life-changing cash prize.

10.00 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present the companion show to this year's series.
11.05 **Family Guy** New episode 11/20. Love stories. (S21)
11.35 **American Dad!** New episode
12.05 AM **Family Guy** (S17)
1.05 **American Dad!** (S13)
1.30 **Bob's Burgers** (S12)
2.30 **Shopping with Keith Lemon**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.40 **Classic Coronation Street**
8.10 **Bless This House**
9.15 **Where the Heart Is**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *Towards Zero:* A gathering at the Devon estate of Miss Marple's old friend Lady Tressilian leads to murder.
5.55 **Heartbeat** *Living off the Land:* Mason visits a camp to investigate attacks on hippies.

8.00 Endeavour

6.55 **Heartbeat** *Guilty Secrets:* Joe risks his career to help Dawson when she is accused of theft following a raid.

8.00 **Endeavour** *Exeunt:* Morse's investigation into a number of death notices in the Oxford Mail, each with a cryptic message, takes him to a series of funerals before forcing him to confront his own mortality.

10.00 **Cracker** *Best Boys:* Part two of two. Grady and Nash hide out in a factory, unaware Fitz is hot on their trail.
11.10 **Cracker** *True Romance:* 6/7. Part one of two. Fitz receives a love letter. (S3)
12.20 AM **Where the Heart Is** *The Games We Play:* Billy resigns from the factory.
1.25 **to 2.30** AM **Where the Heart Is**

+1 hour 219 317 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Landward**
2.30 **Sign Zone: Grand Tours of Scotland's Rivers**
3.00 **Sign Zone: This Farming Life**
4.00 **This Is BBC Scotland**
7.00 **Sportscene: SWPL Highlights** Round-up of recent action, including Rangers v Hibernian, and Spartans v Hearts.
7.45 **Beechgrove Repotted**
8.00 **This Farming Life** New edition 8/12. Jenni moves her alpacas to their new arena.
9.00 **The Nine**
10.00 **Let's Talk About the English** Exploring the relationship between Scotland and England.
11.00 PM **to 12.00** M'T **The Wedding** Double bill. Monologues from guests at a black Scottish wedding.

Sky Comedy

114/115 112 347 362

8.00 AM **Young Rock** (S1)
9.00 **Fresh Prince of Bel Air**
9.30 **Run** 3/7. (S1)
10.00 **A.P. Bio** (S4)
10.30 **Wellington Paranormal**
11.00 **Fresh Prince of Bel Air**
11.30 **Crashing** 4&5/8. (S1)
12.50 PM **House of Lies** (S4)
1.30 **Silicon Valley** (S2)
3.30 **Fresh Prince of Bel Air**
4.00 **Wellington Paranormal**
5.00 **Young Rock** (S2)
6.00 **Run** 4/7. (S1)
6.30 **Fresh Prince of Bel Air**
7.00 **Will & Grace** (S8)
8.00 **The Office (US)** (S6)
9.00 SERIES RESUMES **Last Week Tonight with John Oliver** Satirical US talk show.
9.40 **Girls** 5&6/10. (S1)
11.00 **Last Week Tonight with John Oliver**
11.40 SERIES RESUMES **Real Time with Bill Maher**
12.50 AM **Sex and the City**
2.00 **Intelligence** (S1)
3.00 **House of Lies** (S4)
3.40 **to 5.00** AM **Crashing**

Sky Arts

130/131 140 123 11 147 365

6.00 AM **Verdi: Stiffelio**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering: Sally Field**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the...**
2.00 **Art Traffickers: Treasures Stolen from the Tombs**
3.00 **Boswell & Johnson's Scottish Road Trip**
4.00 **Discovering: Tom Hanks**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Joy of Painting**
8.00 **André Rieu: Dance the Night Away**
9.00 **The Michelangelo Code: Secrets of the Sistine Chapel**
11.20 **Michelangelo: Saint or Sinner?**
1.10 AM **Ugly Beauty**
2.30 **Off Camera**
3.45 **National Trust: National Treasures**
5.00 **to 6.00** AM **The South Bank Show**

Pick

151 135 36 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Cops**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Voyager** (S1)
8.00 **Magnum P.I.** 17/20. (S4)
9.00 **Murder in Amish Country** Double bill.
11.00 **Snapped** A retired physicist goes missing.
12.00 M'T **How I Caught the Killer** A mother is killed in a machete attack.
1.00 AM **Brit Cops**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.00 AM **Billie and Greg: The Family Diaries**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Only Way Is Essex**
2.05 **Great Chocolate Showdown**
3.05 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Salt Lake City**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Big Bake: Halloween**
9.00 **Chloe Madeley: A Family Affair** New edition It's James' first Father's Day.
10.00 **My Mum, Your Dad Australia** New edition
11.30 **Botched**
12.00 **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind with ITV**

+1 hour 319 58

GREAT! tv

157 170 50 142

8.00 AM **Diagnosis Murder**
9.00 **Sue Thomas: F.B.Eye**
11.00 **Castle** 14&15/24. (S1)
1.00 PM **Sue Thomas: F.B.Eye** 13&14/19. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 8/24. Henry frets that his wife might not remain faithful. **7.30** 9/24. Frank causes a revolt in the camp. **8.00** 10/24. The nurses are forced to evacuate. **8.30** 12/24. The 4077th lose the corpse of a soldier. (S3)
9.00 **Randall and Hopkirk (Deceased)** 5/26. (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **Great! Movie News Extra**

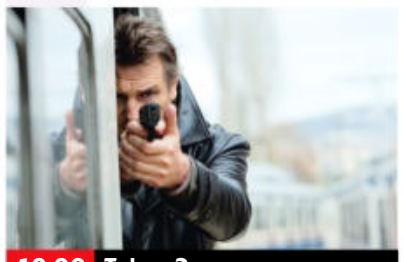
+1 hour 257 62 143

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **The Best of the 70s**
6.20 **Minder**
7.20 **The Professionals**
8.25 **The Saint**
9.35 **Magnum, PI**
10.35 **BattleBots**
11.35 **The Saint**
12.45 PM **Dempsey and Makepeace**
2.45 **Magnum, PI**
3.50 **The Professionals**
4.50 **Minder**
6.00 **BattleBots** New edition The knockout round of 32.



10.00 **Taken 2**

7.00 **The Chase Celebrity Special** Guests Piers Morgan, Susanna Reid, Richard Arnold and Kate Garraway take part.
8.00 **MotoGP Highlights** The Grand Prix of Indonesia at Mandalika International Street Circuit on Lombok Island.
9.00 **The Grand Fishing Adventure** New edition Ali Hamidi and Bobby Zamora's tour takes them to northern France.
10.00 **FILM Taken 2** Action thriller sequel starring Liam Neeson. An ex-CIA agent and his family are targeted by a vengeful Albanian gang. (2012, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.55 **Heathrow: Britain's Busiest Airport** Double bill.
12.55 AM **Motorsport UK**
1.50 **Minder**
2.45 **to 6.00** AM **Unwind with ITV**

+1 hour 220 318 60 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
7.00 **Warehouse 13** 10/13. (S3)
8.00 **Teleshopping**
11.00 **Atlantis** 5/13. (S1)
12.00 NOON **Star Trek: The Next Generation** (S7)
2.00 PM **Fringe** 2/22. (S3)
3.00 **Atlantis** 6/13. (S1)
4.00 **Stargate SG-1** 6/22. (S3)
5.00 **Stargate Atlantis** (S4)
6.00 **Star Trek: The Next Generation** 2/26. Alien ambassadors cause chaos on the *Enterprise*. (S7)

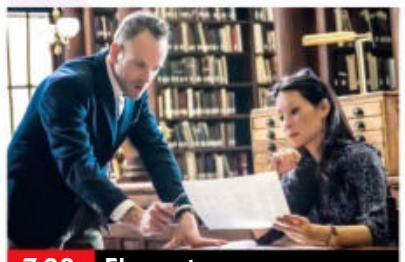
8.00 **Star Trek: Voyager**

7.00 **Star Trek: The Next Generation** *Interface:* 3/26. Geordi learns the starship commanded by his mother is missing. (S7)
8.00 **Star Trek: Voyager** *Natural Law:* 22/26. Chakotay and Seven become stranded. (S7)
9.00 **FILM Sinister 2** Horror sequel starring Shannyn Sossamon. A mother tries to protect her sons from an evil spirit, while the ghosts of its victims urge the boys to kill. (2015, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **True Blood** 7/12. Bill learns Marnie's deadly plans for the vampires of Bon Temps. **12.10** AM 8/12. Bill tries to make a truce with Marnie. (S4)
1.20 **Warehouse 13** 10/13. (S3)
2.15 **Star Trek: Voyager** (S7)
3.15 **Stargate Atlantis** (S4)
4.10 **to 6.00** AM **Star Trek: The Next Generation**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Rizzoli & Isles** 7/10. (S1)
10.00 **Hudson & Rex** 9/16. (S4)
11.00 **Without a Trace** 14/23. (S3)
12.00 NOON **Frankie Drake Mysteries** 3/10. (S4)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S16)
4.00 **Rizzoli & Isles** 7/10. (S1)
5.00 **Hudson & Rex** 9/16. (S4)
6.00 **Without a Trace** 14/23. The team investigate the disappearance of a postal delivery truck driver. (S3)



7.00 **Elementary**

7.00 **Elementary** *Solve for X:* 2/24. Holmes tackles a top-secret equation linked to a the murder of a mathematician. (S2)
8.00 **Death in Paradise** *Meditated in Murder:* 6/8. The leader of a spiritual retreat is strangled. (S7)
9.00 **Father Brown** *The Company of Men:* Lady Felicia makes an impromptu visit.
10.00 **Father Brown** *The Scales of Justice:* The sleuthing priest must race to save Bunty when she is put on trial for murder.
11.00 **Person of Interest** 8/13. Reese and Finch find themselves trapped in a hospital during an outbreak of a lethal flu virus. (S5)
12.00 M'T **Elementary** As 7.00pm.
1.00 AM **Hudson & Rex** 9/16. (S4)
2.00 **to 4.00** AM **Evil**

+1 hour 209/210 314

GOLD

110/111 110/111 124 344 359

7.05 AM **Highlights**
8.20 **2point4 Children**
9.00 **Hi-de-Hi!**
9.40 **Still Open All Hours**
10.20 **Last of the Summer Wine**
11.40 **Keeping Up Appearances**
12.20 PM **2point4 Children**
1.00 **The Thin Blue Line**
1.40 **Dad's Army**
3.00 **Hi-de-Hi!**
3.40 **Keeping Up Appearances**
4.20 **The Thin Blue Line**
5.00 **Last of the Summer Wine**
6.20 **The Green Green Grass**

7.40 **The Good Life**

7.00 **The Green Green Grass** Boycie and Marlene visit a local country mansion.
7.40 **The Good Life** Tom and Barbara receive help with their pigs from a passing boar-walker. **8.20** Tom and Barbara's evening classes become unusually productive.
9.00 **Detectorists** Terry puts his emergency plan into action.
9.40 **Dad's Army** A land mine cuts off all power and communications services in Walmington-on-Sea.
10.20 **Ghosts** Alison tries to help Kitty to come to terms with her past.
11.00 **The Office**
11.40 **Live at the Apollo**
12.40 AM **Detectorists**
1.20 **Ghosts**
1.55 **The Office**
2.40 **The Good Life**
3.10 **to 4.00** AM **Live at the Apollo**

+1 hour 210/211 324

Dave

111/112 127 19 157

7.10 AM **Exploration Volcano**
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **The Force: Behind the Line**
10.00 **Inside the Factory**
11.00 **Rick Stein's French Odyssey**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear** Triple bill.
4.00 **Pointless** Quiz series.
5.00 **Rick Stein's Cornwall**
6.00 **Rick Stein's French Odyssey** Pike fishing on the River Tarn. **6.30** The chef pays a visit to the city of Toulouse.

10.00 **Big Zuu's Big Eats**

7.00 **Richard Osman's House of Games** With Roger Black and Jo Brand. **7.40** With Anne Diamond, Rory Reid, James Acaster and Samantha Womack.
8.20 **Would I Lie to You?** With Gareth Malone, Phill Jupitus, Richard Osman and Amanda Abbington.
9.00 **QI** Sandi Toksvig has a testing time with panellists Susan Calman, Maisie Adam, Josh Widdicombe and Alan Davies.
10.00 **Big Zuu's Big Eats** New edition Zuu is joined by comedian Ellie Taylor.
10.40 **Mock the Week** With Ed Gamble and Rhys James.
11.20 **QI XL** With Jo Brand.
12.00 M'T **David Mitchell's Outsiders**
1.00 AM **Mock the Week**
1.40 **Would I Lie to You?**
2.20 **House of Games**
3.00 **Sliced**
3.35 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211 327 57

Monday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
12.30 PM **A New Life in the Sun** From France.
1.30 **The Great House Giveaway** In Royton.
2.30 **Find It, Fix It, Flog It**
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Help! We Bought a Village** A Scottish lawyer of Italian origin falls in love with the village his forefathers left behind.
8.00 **Handmade: Britain's Best Woodworker** The nine remaining enthusiasts must make a freestanding clock.
9.00 **Gogglebox** Double bill.
11.05 **FILM Knives Out** Comedy mystery with Daniel Craig. (2019, 12, 130min) ★★★★★
1.35 AM **Celebrity SAS: Who Dares Wins**
2.40 **Don't Look Down for SU2C** With GK Barry.
3.45 **to 4.45** AM **999: On the Front Line**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** 9&10/24. (S8)
10.55 **Entertainment News**
11.00 **NCIS** 11/24. (S8)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Pyramid:* 24/24. Gibbs and the team attend the funeral of a colleague. (S8) **7.00** *Nature of the Beast:* 1/24. Tony tries to piece together the chain of events that led to him being shot. **8.00** *Restless:* 2/24. A US Marine is stabbed on the way to his party. (S9)
9.00 **The Blacklist** *Alistair Pitt (No.103):* 13/23. The FBI seek a criminal broker who is planning a union of two warring crime families. (S3)
10.00 **Law & Order: Special Victims Unit** (S5)
12.00 M'T **Criminal Minds**
1.55 AM **Lucifer** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 320 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Casualty 24/7: Every Second Counts**
11.00 **GPs: Behind Closed Doors** Medical series.
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Killer at the Crime Scene** New edition A shooting in Liverpool.
10.00 **Evil Up Close: Women Who Kill**
11.00 **Ambulance: Code Red**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **Skin A&E**
2.00 **GPs: Behind Closed Doors** Medical series.
2.50 **to 3.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.15 **Outback Truckers**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.20 PM **FILM In Old California** Western drama. (1942, b/w, PG, 90min) ★★
2.10 **FILM Chief Crazy Horse** Western drama. (1955, PG, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The team stop a coach-load of cage fighters. **7.00** The search for a suspected heroin dealer.
8.00 **Trucking Hell**
9.00 **FILM Fire with Fire** Revenge thriller. (2012, 15, 97min) ★★
11.00 **FILM The Punisher** Action crime thriller. (1990, 18, 92min) ★
12.45 AM **Fights, Camera, Action!** CCTV footage.
1.50 **Sinkholes**
2.55 **to 3.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **Simply Nigella**
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Homes for Veterans**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **DIY SOS: The Big Build**
8.00 **Katie Piper's Jailhouse Mums** A faith-based alternative to jail.
9.00 **DIY SOS: Million Pound Build for Children in Need** Reconstructing a Peterborough centre for disabled children.
10.00 **999 Rescue Squad**
11.00 **Louis Theroux: Surviving America's Most Hated Family**
12.20 AM **One Born Every Minute** Documentary.
1.25 **to 3.00** AM **Plate of Origin**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.45 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **Pie in the Sky**
3.10 **Bergerac**
4.20 **All Creatures Great and Small**
5.30 **The Upper Hand**
6.05 **'Allo 'Allo!**
6.40 **Last of the Summer Wine** Double bill
8.00 **Miss Marple** *Sleeping Murder:* A dream home turns into a nightmare.
10.00 **New Tricks** *The One That Got Away:* The hunt for a serial killer forces Sandra to rethink her career.
11.20 **Dalziel & Pascoe**
1.25 AM **Dancing on the Edge** 3/5. Drama. (S1)
2.40 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

MONDAY Entertainment

Monday

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Brighton.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House**
11.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A plant stand.
1.00 PM **A Place in the Sun**
2.00 **My 600lb Life**
4.00 **Animal Cops Phoenix**
5.00 **Cornwall Air 999**
6.00 **The Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **The Great Antiques Challenge** New edition The dealers search for Jacobean style furniture.
10.00 **The Repair Shop**
11.00 **Ghost Adventures**
12.00 M'T **The Dead Files**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Animal Cops Phoenix**
5.00 **to 6.00** AM **Money for Nothing**

Challenge
145 139 48 146

7.00 AM **The Chase**
10.00 **Catchphrase**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Pointless Celebrities**
2.00 **Who Wants to Be a Millionaire?** Quiz show.
3.00 **Blockbusters** Double bill.
4.00 **Bullseye** Four editions of the darts-based quiz.
6.00 **Who Wants to Be a Millionaire?** Quiz show.
7.00 **Weakest Link** Anne Robinson hosts the quiz.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Chase**
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42 305

8.00 AM **Wild West...**
9.00 **FILM The Walking Hills** Western. (1949, b/w, PG, 78min) ★★
10.45 **War in the Jungle**
12.00 NOON **Wild West Chronicles** Double bill.
1.00 PM **FILM The Quick & the Dead** Western. (1987, PG) ★★★
2.55 **FILM Hellgate** Western. (1952, b/w, PG) ★★
4.40 **Battle of Crete**
5.35 **FILM Depth Charge** Thriller. (2008, 12) ★★
7.20 **FILM Deadly Voltage** Action adventure. (2015, PG, 84min) ★★
9.00 **FILM Kickboxer** Thriller. (1989, 18, 105min) ★
11.10 **FILM Bullet** Thriller. (2014, 15, 86min) ★★
12.55 AM **FILM The Net** Thriller starring Sandra Bullock. (1995, 12, 115min) ★★★
3.05 **Battle Honours**
4.05 **to 5.00** AM **Battle of Kursk**
+1 hour 324

GREAT! movies
321 425 34 302

9.00 AM **FILM Presumed Guilty** (2016, 15) ★★
11.00 **FILM Gone Missing** Crime thriller. (2013, 12, 80min) ★★
1.00 PM **FILM Autumn in the Vineyard** Drama. (2016, PG, 84min) ★★
3.00 **FILM October Kiss** Drama. (2015, PG) ★★
5.00 **FILM Brace for Impact** Crime thriller. (2016, PG, 125min) ★★
7.05 **FILM Paul Blart: Mall Cop** Crime comedy. (2009, PG, 91min) ★
9.00 **FILM Mr Brooks** Darkly comic thriller. (2007, 18, 120min) ★★★★
11.20 **FILM The Forgotten** Sci-fi thriller. (2004, 12, 91min) ★★★★
1.10 AM **FILM 13** Thriller. (2010, 15, 87min) ★★
3.00 **Wild West Chronicles**
4.00 **to 6.00** AM **FILM Black Widow** Thriller. (2007, PG, 85min) ★★
+1 hour 322 61

GREAT! christmas
319 424 52 303

8.00 AM **FILM Christmas in Palm Springs** Drama. (2014, PG, 84min) ★★
10.00 **FILM A Family for Christmas** Comedy. (2015, PG, 90min) ★★
12.00 NOON **FILM Merry Exmas** (2014, PG) ★★
2.00 PM **FILM A Christmas Kiss** (2011, PG) ★★
4.00 **FILM Another Christmas Kiss** Drama. (2014, PG, 90min) ★★
6.00 **FILM Christmas on Holly Lane** Drama. (2018, PG, 83min) ★★
8.00 **FILM Deck the Heart** Romantic drama. (2021, PG, 104min) ★★
10.00 **FILM Deck the Halls** Drama. (2005, U) ★★
12.00 M'T **FILM Instant Message** Comedy. (2005, PG) ★★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Secret of the Nutcracker** Fantasy. (2007, PG) ★★
+1 hr 320 63 304

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 1/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Star Trek: Deep Space Nine** 10/26. (S4)
11.00 **FILM Stormageddon** Thriller. (2015, PG) ★★
1.00 PM **FILM Premonition** Thriller. (2004, 15) ★★
3.00 **FILM Rear Window** Thriller. (1998, PG) ★★
5.00 **Star Trek** 14/24. (S3)
6.00 **Star Trek: Deep Space Nine** 11/26. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM In a Valley of Violence** Western with Ethan Hawke. (2016, 15, 104min) ★★★
11.00 **FILM Humanity Bureau** Thriller. (2017, 15) ★★
12.55 AM **FILM Hellraiser III: Hell on Earth** Horror sequel. (1992, 18) ★
2.45 **to 4.30** AM **FILM The Taking of Deborah Logan** Horror thriller. (2014, 15, 90min) ★★★

DMAX
172 169 38 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
10.00 **Edge of Alaska**
11.00 **Alaska: Last Frontier**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
4.00 **Wheeler Dealers**
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Aussie Gold Hunters**
9.00 **Body Bizarre**
10.00 **Body Invaders** A woman is impaled on a spike.
11.00 **Outback Opal Hunters**
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Life Below Zero**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**
+1 hour 258 369

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Barefoot Contessa**
9.00 **The Kitchen** New edition
10.00 **Quick & Easy Food**
11.00 **River Cottage Road Trip**
12.00 NOON **Great British...**
2.00 PM **James Martin's...**
3.00 **American Adventure**
4.30 **Barefoot Contessa**
5.00 **The Pioneer Woman** New edition
5.30 **The Pioneer Woman**
6.00 **James Martin's Mediterranean**
7.00 **Great British Bake Off**
8.00 **River Cottage Road Trip**
9.00 **Sophie Grigson: Slice of Italy** New editions
10.00 **NEW SERIES The Julia Child Challenge**
12.00 M'T **Guy's Grocery Games** New edition
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Halloween Baking Championship**
+1 hour 240/241 149

Comedy Central
112/113 132 345 360

8.00 AM **Most Ridiculous**
9.00 **The Middle** (S8)
11.00 **Home Improvement**
1.00 PM **Last Man Standing**
2.00 **Friends** (S6&7)
8.00 **Friends** 5/24. Rachel cajoles Joey into taking Tag on a boys' night out. **8.30** 6/24. Monica struggles to choose a maid of honour. (S7)
9.00 **Rhod Gilbert's Growing Pains**
10.00 **Jack Whitehall: Comedy Central Live**
10.30 **Jimmy Carr: Comedy Central Live 2**
11.00 **Jimmy Carr: Laughing & Joking** Stand-up.
12.00 M'T **The Comedy Bus**
12.30 AM **Nigel Ng's East Mode** Comedy sketches.
1.00 **South Park** (S2)
2.30 **Beavis and Butt-Head**
2.40 **Key & Peele**
3.25 **Criminally Funny**
4.10 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Criminally Funny**
7.00 **Teleshopping**
9.00 **Guessable?**
10.00 **Takeshi's Castle**
11.00 **Friends** (S4)
1.00 PM **Impractical Jokers**
3.00 **The Middle** (S6)
5.00 **Last Man Standing**
7.00 **Home Improvement**
9.00 **Friends** 22/25. Elizabeth sneaks away with Ross to her grandmother's cabin. **9.30** 23/25. Rachel gets Paul to open up. (S6)
10.00 **Friends** (S6&7)
1.00 AM **The Middle** (S6)
2.00 **Paul F Tompkins: Labouring Under Delusions** Stand-up.
3.00 **David Spade: My Fake Problems** Stand-up.
3.45 **Ed Gamble at the Comedy Store**
4.05 **Iain Stirling at the Comedy Store**
4.30 **Ren & Stimpy Show**
5.15 **to 6.00** AM **Takeshi's Castle**

Blaze
164 174 64 162

6.00 AM **Hardcore Pawn**
7.45 **Storm Stories**
8.40 **Ancient Aliens**
10.40 **Curse of Oak Island**
11.40 **Britain's Most Historic Towns** Exploring the history of Chester.
12.40 PM **Storage Wars**
1.05 **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Storm Stories**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **The Jesus Strand: A Search for DNA** Documentary examining the search for Jesus Christ's descendants.
11.00 **WW2 Treasure Hunters**
12.00 M'T **Curse of Oak Island**
1.00 AM **Storm Stories**
2.00 **Auction Kings**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars**
4.10 **Forged: Iron & Fire**
5.00 **to 6.00** AM **Pawn Stars**
+1 hour 81

5SELECT
153 138 46 133

9.00 AM **Cash in the Attic**
11.00 **The Yorkshire Vet**
1.00 PM **Around the World by Train with Tony Robinson** The heart of South America.
2.00 **The Yorkshire Vet**
4.00 **The Highland Vet**
5.00 **Ben Fogle: New Lives in the Wild** In Canada.
6.00 **The Yorkshire Vet**
6.30 **Jane McDonald: Cruising Scandinavia**
8.00 **Into Death Valley with Nick Knowles**
9.00 **Dan & Helen's Pennine Adventure** The pair make their way to Hebden Bridge.
10.00 **Forged in Fire** Two smiths fashion dangerous medieval weapon, the Falchion.
11.00 **Drain the Oceans: Secrets of the Civil War**
12.00 M'T **Forged in Fire**
2.00 **to 3.00** AM **The Greatest Mysteries of Humanity**

HGTV
158 191 44 166

7.00 AM **Renovation Island**
8.00 **Love Your Garden**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by...**
12.00 NOON **My Lottery...**
1.00 PM **Good Bones**
2.00 **Flip or Flop Atlanta**
3.00 **Love Your Garden**
4.00 **Escape to the Country**
5.00 **Renovation Island**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by the Sea** On the Isle of Man.
8.00 **Your Home Made Perfect** From London.
9.00 **Inn the Works** New editions Double bill.
10.00 **Celebrity IOU** New edition With Wilmer Valderrama.
11.00 **Good Bones**
12.00 M'T **Fantasy Homes by...**
1.00 AM **Renovation Island**
2.00 **Love Your Garden**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 272 391 151

RealityXtra
147 172 68 134

9.00 AM **Medical Detectives**
11.00 **48 Hours** Double bill.
1.00 PM **Murder by the Sea**
3.00 **Medical Detectives** A community is rocked by the death of a nurse. **3.30** A woman's disappearance is linked to another case under similar circumstances. **4.00** A frozen body wrapped in sheets is found near Anchorage. **4.30** A flight attendant's murder bears a striking similarity to a killing five years earlier.
5.00 **48 Hours** A young mother disappears. **6.00** A snake breeder is murdered, and one of the people closest to them could be to blame.
7.00 **Judge Judy** Real-life small-claims cases.
1.00 AM **48 Hours**
2.50 **Murder by the Sea**
4.45 **to 6.00** AM **Medical Detectives**

TLC
133/134 828 165

7.00 AM **Flip or Flop**
8.00 **Extreme Cheapskates**
9.00 **My Extreme Excess Skin**
10.00 **Dr Pimple Popper**
11.00 **My 600lb Life**
12.00 NOON **1000lb Sisters**
1.00 PM **Sister Wives**
3.00 **Outdaughtered: Busby Quints**
4.00 **Diagnose Me**
5.00 **Dr Pimple Popper**
6.00 **My 600lb Life**
7.00 **Extreme Sisters**
8.00 **Welcome to Plathville** New edition Ethan and Olivia prepare to say goodbye to Tampa.
9.00 **NEW SERIES Say Yes to the Dress** Kerry's outrageous entourage steals her spotlight.
10.00 **Dr Pimple Popper**
12.00 M'T **Monsters Inside Me**
1.00 AM **Strange Love**
2.00 **Dr Pimple Popper**
4.00 **Welcome to Plathville**
5.00 **to 6.00** AM **Flip or Flop**
+1 hour 233/234 365

HorrorXtra
317 171 69 138

8.00 AM **FILM Dark Skies** Sci-fi action thriller. (2009, 12, 90min) ★★
10.00 **Farscape** 22/22. (S3)
11.00 **FILM Megalodon** Thriller. (2018, 15, 105min) ★
1.00 PM **FILM Lord of the Elves** Adventure. (2012, 12, 87min) ★★
3.00 **Farscape** 22/22. (S3)
4.00 **Star Trek** 2/30. (S1)
5.00 **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
7.00 **Farscape** 1/22. (S4)
8.00 **Star Trek** *Charlie X:* 3/30. The *Enterprise* picks up a boy with awesome powers. (S1)
9.00 **FILM What Keeps You Alive** Thriller starring Hannah Emily Anderson. (2018, 15, 98min) ★★
11.00 **FILM The Super** Thriller starring Val Kilmer. (2017, 15, 90min) ★★
1.00 **to 3.00** AM **FILM What Keeps You Alive**
+1 hour 318 371 139

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Celebrity Four Weddings** Reality series.
9.00 **Four Weddings**
10.00 **Sun, Sea and A&E**
11.00 **UK Border Force**
12.00 NOON **Highway Patrol**
1.00 PM **Caught on Dashcam**
2.00 **Most Haunted**
4.00 **Quantum Leap** (S2)
6.00 **DC's Legends of Tomorrow** (S4)
8.00 **Highway Patrol**
9.00 **The Blacklist** (S10)
10.00 **The Russell Howard Hour** Russell looks back at the best moments from his show in 2019.
11.00 **FBI: Most Wanted** (S4)
12.00 M'T **A League of Their Own US Road Trip**
1.00 AM **Fantasy Island** (S2)
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

E!
159 159 835 160

7.00 AM **Wags Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **The Platinum Life**
11.00 **Jerseylicious**
12.00 NOON **Botched**
1.00 PM **Revenge Body with Khloe Kardashian**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** A drag queen seeks to rejuvenate his breast implants.
8.00 **Hollywood Medium with Tyler Henry** Tyler delivers a life-changing message.
9.00 **Keeping Up with the Kardashians** Kourtney sets boundaries with her Poosh team. **10.00** Scott admits he is still in love with Kourtney.
11.00 **Jerseylicious**
12.00 M'T **Dr 90210**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Very Cavallari**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Diesel Brothers**
7.00 **Deadliest Catch**
8.00 **Ed Stafford: First Man Out**
9.00 **Alaska: The Last Frontier**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers** Nine editions, including at: **3.00** PM Mike buys a Maserati 4200GT for under £10,000. **4.00** Mike and Elvis tackle a classic Toyota Landcruiser. **5.00** Mike tracks down one of the most iconic estate cars. **6.00** Mike nabs a Ford Focus ST for a bargain price.

9.00 Wheeler Dealers

7.00 **Wheeler Dealers** Mike finds a starter classic, the 1989 Audi Coupe. This rare car has low mileage, but has failed its MOT.
8.00 **Wheeler Dealers** Mike finds a 1992 Corrado G60 smothered in mods, but Elvis attempts to get this risky project done.
9.00 NEW SERIES **Wheeler Dealers** To celebrate the series' 20th anniversary, Mike and Elvis restore a Ford Fiesta Mark 1.
10.00 **Shorty's Dream Shop** New edition NFL linebacker Matt Judon wants to make over his father's 1977 Eldorado.
11.00 **Expedition Unknown** Ceramic vases, buried by an author in 1982, that can be exchanged for treasure.
12.00 M'T **How the Universe Works**
1.00 AM **Wheeler Dealers**
2.00 **Kindig Customs**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Kindig Customs**

+1 hour 225/226 377

Animal Planet

162 178

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Saved by the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Intruders** A mother battles to protect her son from snakes.
3.00 **Legends of the Wild**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** Training new vets at a wildlife sanctuary in Mexico.
6.00 **Insane Pools: Off the Deep End** Featuring a jungle oasis.

10.00 Alaska: The Last Frontier

7.00 **Amanda to the Rescue** Amanda comes home with a rottweiler with a severe eye injury and two puppies with no ears.
8.00 **Expedition Bigfoot** Mireya and Ronny return to where they think they heard whistles and saw glowing eyes.
9.00 **Expedition Bigfoot** Mireya and Ronny have a scary experience when they realise they are not alone in the forest.
10.00 **Alaska: The Last Frontier** The family come together to finish Grady's island cabin build under threat of a typhoon.
11.00 **Crikey! It's the Irwins**
1.00 AM **Alaska: The Last Frontier** The Kilchers take Thanksgiving to Atz Senior's floating homestead, the Yuletide.
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Britain's Greatest Machines with Chris Barrie**
11.00 **Building Impossible with Daniel Ashville**
12.00 NOON **Car S.O.S**
1.00 PM **Europe from Above**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **The City Under the Sea: Drain the Oceans**
5.00 **Car S.O.S** An Austin Healey is fixed up in Co Durham.
6.00 **Lost Treasures of Egypt**

10.00 Airport Security: Rome

7.00 **Air Crash Investigation** Investigations into a plane that nosedived into the runway at Russia's Rostov airport.
8.00 **World War II: Secrets from Above** New edition The Allies launch an attack on the Nazi-occupied Netherlands.
9.00 **Air Crash Investigation** The investigation into a plane that nosedived into the Indian Ocean after leaving Singapore.
10.00 **Airport Security: Rome** Police seize cocaine sewn into a shirt, and discover the drug is hidden in a shoe too.
11.00 **Air Crash Investigation**
12.00 M'T **Airport Security: First Class** A mother takes packs of cocaine to Barcelona.
1.00 AM **Banged Up Abroad**
2.00 **Bid & Destroy**
2.55 **America's Wild Spaces**
4.35 **to 5.00** AM **Dog Impossible: New Leash**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Storage Wars**
7.00 **Forged in Fire**
8.00 **American Pickers**
9.00 **Pawn Stars Do America**
10.00 **Al Murray: Why Does Everyone Hate the English?**
11.00 **Treasures Decoded**
12.00 NOON **Auction Hunters**
1.00 PM **Storage Wars**
2.00 **Monsterquest**
4.00 **Digging for Britain**
5.00 **Pawn Stars Do America**
6.00 **American Pickers** The Wolfe brothers locate the father of all pinball machines.

9.00 Sex: A Bonkers History

7.00 **Forged in Fire** The defending smith looks to retain his title in an epic kopis battle.
8.00 **American Pickers** New edition Robbie and Jersey sift through 150 years of history on a Michigan family farm.
9.00 **Sex: A Bonkers History** New edition Amanda Holden and Dan Jones focus on sexual behaviour in the 20th century.
10.00 **Dark Marvels: Killing Machines** New edition The dark art of spy-craft, from the frankenkitty to the umbrella gun.
11.00 **Evidence of the Unexplained** UFO sightings, abductions and other bizarre occurrences.
12.00 M'T **Pawn Stars Do America**
1.00 AM **Storage Wars**
2.00 **History's Greatest Mysteries**
3.00 **American Pickers**
4.00 **Digging for Britain**
5.00 **to 6.00** AM **Auction Hunters**

+1 hour 223/224 331

Yesterday

155 155 846 129 27 159

6.10 AM **Monster Ships**
8.00 **Abandoned Engineering**
10.00 **Narrow Escapes of World War II** The siege of Kohima.
11.00 **World War Weird**
12.00 NOON **Great American Railroad Journeys**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **World War Weird**
5.00 **Narrow Escapes of World War II** Roy Urquhart's retreat from Arnhem.
6.00 **Great British Railway Journeys Goes to Ireland**

9.00 Train Truckers

7.00 **Antiques Roadshow** A special edition celebrating the 100th anniversary of women winning the right to vote.
8.00 **Hornby: A Model World** Young designer Tom has his work cut out creating a new model of the British jet the Vampire.
9.00 **Train Truckers** Kevin Norris and Kieran Chisnall move three state-of-the-art trains, fresh in from Japan.
10.00 **Bangers & Cash** Dave heads to West Yorkshire to collect a rare 1926 Dodge bus.
11.00 **Abandoned Engineering** A look at the construction of the Vajont Dam in the mountains of northern Italy.
12.00 M'T **Great British Railway Journeys Goes to Ireland**
1.00 AM **Monster Ships**
2.00 **to 3.00** AM **Architecture the Railways Built**

+1 hour 255 329 74

Monday

7 PM
8 PM
9 PM
10 PM

Quest

144 144 834 137 12 172

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?**
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers** An old mining cart.
6.00 **Wheeler Dealers: Dream Car**
7.00 **Outback Opal Hunters**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters** New edition The Poseidon Crew face pressure when a police incident pulls Ethan away.
10.00 **Jade Fever**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK: Bodycam Squad**
2.00 **Chasing Classic Cars**
3.00 **Salvage Hunters: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: Atlanta** Double bill of editions.
7.00 **Say Yes to the Dress**
8.00 **Say Yes to the Dress: Lancashire** Reality series.
9.00 **Say Yes to the Dress: UK**
10.00 **Disappeared** Lee Cutler.
11.00 **Forensic Detectives**
1.00 PM **FBI Files**
2.00 **Disappeared** Maura Murray.
3.00 **American Monster**
5.00 **Say Yes to the Dress: Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **The Lady Killers**
9.00 **Murder on CCTV** An innocent woman is shot in broad daylight.
10.00 **Mother, May I Murder?** New edition The murder of a father devastates his family. But when his widow and her son turn the home into a party house, it exposes a different reality.
11.00 **Britain's Deadliest Kids**
12.00 M'T **Forensic Detectives**
2.00 AM **Murder on CCTV**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A girl who was murdered by her parents. **7.30** A computer bug cripples a thriving company.
8.00 **48 Hours** Examining the disappearance of college student Aniah Blanchard.
9.00 **Real Detective: North of the Border** A terrified sex worker approaches Detective Hart, but fear soon turns into a live investigation when she vanishes.
10.00 **Donal MacIntyre's Killer Evidence** New edition In November 1993, a small community is shocked when an elderly couple go missing.
11.00 **Murder: First on Scene**
12.00 M'T **Fatal Vows**
1.00 AM **Real Detective: North of the Border** As 9.00pm.
2.00 **Donal MacIntyre's Killer Evidence** As 10.00pm.
3.00 **48 Hours** As 8.00pm.
3.55 **Medical Detectives**
4.20 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Caught Red Handed**
11.30 **Border Patrol**
12.00 NOON **Made for Murder**
1.00 PM **Killer in My Village**
2.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Forensics: Catching the Killer**
6.00 **What the Killer Did Next**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** A profile of Roy Whiting, the convicted sex offender who abducted and murdered eight-year-old Sarah Payne.
9.00 **Killing Mum and Dad** The case of Stephen Seddon.
10.00 **Murdered at First Sight**
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
2.00 AM **An Unexpected Killer**
3.00 **What the Killer Did Next**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.25 AM **Billy the Kid**
9.35 **Who Killed Ivan the Terrible?**
10.35 **The Long Road to War**
11.50 **Shanghai 1937: Where World War II Began**
1.00 PM **Beautiful Serengeti**
1.30 **Billy the Kid** As 6.15pm.
2.40 **Who Killed Ivan the Terrible?**
3.45 **The Long Road to War**
5.00 **Shanghai 1937: Where World War II Began**
6.15 **Billy the Kid** The story of the American outlaw who repeatedly escaped capture.
7.20 **Who Killed Ivan the Terrible?** Investigating the Russian dictator's mysterious death.
8.30 **The Long Road to War** An examination of the events that led to World War One.
9.45 **Shanghai 1937: Where World War II Began** Documentary recounting the events that led to the so-called Battle of Shanghai in 1937.
10.55 **Who Killed Ivan the Terrible?**
12.00 M'T **The Long Road to War**
1.15 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY

Monday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **The Last Movie Stars**
7.05 **Discovering: Matt Damon**
8.00 **The Directors**
9.00 **The Good Fight Club**
10.00 **Juan Carlos: Downfall of the King** Documentary.
11.00 **McMillion$**
12.00 NOON FILM **Robin Williams: Come Inside My Mind** A portrait of the actor. (2018, 12, 117min) ★★★★
2.15 PM **Cured** Documentary.
3.45 **My Icon: Maggie Alphonsi**
4.00 **The Directors**
5.00 **Discovering: Matt Damon**
6.00 **The Good Fight Club**
7.00 **Juan Carlos: Downfall of the King** Documentary.
8.00 **McMillion$** Documentary.
9.00 FILM **The Alpinist** Documentary about Marc-André Leclerc. (2021, 12, 92min) ★★★★
10.50 **Bright Lights: Starring Carrie Fisher and Debbie Reynolds**
12.40 AM **Stirling** Documentary.
2.00 **Saviour Complex**
3.05 **The Kingmaker**
5.00 **to 6.00** AM **Discovering: Matt Damon**

Sky Nature

124/125 822 189 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Dehesa: Forest of the...**
9.00 **Arctic Secrets**
10.00 **Ol Pejeta Diaries**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Orangutan Jungle School** Documentary
1.00 PM **Monkey Life**
2.00 **Dehesa: Forest of the Iberian Lynx** Documentary.
3.00 **Arctic Secrets**
4.00 **Ol Pejeta Diaries**
5.00 **Malawi Wildlife Rescue**
6.00 **Orangutan Jungle School**
7.00 **Monkey Life** Double bill.
8.00 **Animal Empires** How animals fight back from the brink to continue their empires.
9.00 **Zambia Untamed**
10.00 **Orangutan Jungle School**
11.00 **Malawi Wildlife Rescue**
12.00 M'T **Uptown Otters**
1.00 AM **Wild Birds of Australia**
2.00 **Animal Empires** As 8.00pm.
3.00 **Zambia Untamed**
4.00 **Dehesa: Forest of the...**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163 163 840 186

6.00 AM **Ancient Aliens**
8.00 **The UnXplained with William Shatner**
9.00 **Soviet Storm: WWII in the East** Documentary.
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **River Hunters**
2.00 **Bomber: Terror of WWII**
3.00 **How the Nazis Lost the War**
4.00 **Food That Built the World**
5.00 **Warrior's Way**
6.00 **Deep Sea Detectives**
7.00 **The Proof Is Out There**
8.00 **Ancient Superstructures**
9.00 **Monsterquest** Sightings across America of a winged monster known as 'Mothman'.
10.00 **Evil Encounters**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **Ancient Aliens**
2.00 AM **The UnXplained with William Shatner**
3.00 **Digging for Britain**
4.00 **River Hunters**
5.00 **to 6.00** AM **Bomber: Terror of WWII**

Crime+Investigation

156 156 837 133

6.00 AM **The First 48**
8.00 **Homicide Hunter**
9.00 **Cold Case Files**
10.00 **Killer in Plain Sight**
11.00 **Cruise Ship Killers**
12.00 NOON **Buried in the Backyard**
1.00 PM **The Real Murders of Orange County**
2.00 **Imperfect Murder**
3.00 **Somebody's Hiding Something**
4.00 **Murdertown**
5.00 **Homicide Hunter**
6.00 **The First 48**
8.00 **Somebody's Hiding Something** New edition Oregon detectives investigate the murder of a reformed ex-gang member.
9.00 **#Dead2Me** New edition
10.00 **Cops Who Kill with Will Mellor**
11.00 **Homicide Hunter**
12.00 M'T **Cruise Ship Killers**
1.00 AM **#Dead2Me**
2.00 **Murdertown**
3.00 **Cold Case Files**
4.00 **Somebody's Hiding Something**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 333

WILD

165 165 841 182

8.00 AM **Bizarre Animal Friends**
9.00 **Wild Namib: Land of Extremes**
10.00 **Africa's Deadly Kingdoms**
11.00 **Africa's Deadliest**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **When Sharks Attack**
3.00 **Hostile Planet**
4.00 **Secrets of the Zoo**
5.00 **Wicked Tuna**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo**
8.00 **Legends of Venom** Following the fastest, longest venomous snakes in Africa, the mamba.
9.00 **World's Deadliest Snakes** A look at which of the Indo-pacific's snakes is most dangerous.
10.00 **World's Deadliest Animals**
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
1.00 AM **Swamp Men**
2.00 **Wild Russia: Earth's Last Great Wilderness**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
7.00 **Greatest Events of WW2**
8.00 **Unsolved History**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 NOON **How It's Made**
1.00 PM **Combat Dealers**
2.00 **Greatest Events of WW2**
3.00 **Salvagea Hunters**
4.00 **Mysteries at the Museum**
5.00 **Unsolved History**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **Tony Robinson's WW1**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunaters: The Restorers**
12.00 M'T **How It's Made**
1.00 AM **Combat Dealers**
2.00 **Salvage Hunters**
3.00 **Combat Dealers**
4.00 **to 5.00** AM **Salvage Hunters: The Restorers**

+1 hour 277 381

Eden

166 176

9.00 AM **The Life of Birds**
10.00 **Africa** As 6.00pm.
11.00 **The Zoo** Double bill.
12.00 NOON **The Hidden River**
1.00 PM **Impossible Engineering**
3.00 **Forbidden History**
5.00 **The Life of Birds**
6.00 **Africa** David Attenborough explores the landscape and wildlife of Africa.
7.00 **The Zoo** A rhino recovering from a skin condition needs additional treatment. **7.30** A heatwave poses a unique set of challenges for the zookeepers.
8.00 **The Hidden River**
9.00 **Forbidden History**
10.00 **Impossible Engineering**
11.00 **The Life of Birds**
12.00 M'T **Africa** As 6.00pm.
1.00 AM **The Zoo** Double bill.
2.00 **The Hidden River**
3.00 **Forbidden History**
3.50 **The Life of Birds**
4.40 **Africa** As 6.00pm.
5.30 **to 6.00** AM **The Zoo**

+1 hour 266 376

ID

154 166

6.00 AM **American Monster**
7.00 **Teleshopping**
8.00 **Murder in the Heartland**
9.00 **Forensic Detectives**
10.00 **People Magazine Investigates**
11.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
1.00 PM **American Monster**
3.00 **Murder in the Heartland**
4.00 **Disappeared**
5.00 **Murder Comes to Town**
6.00 **Forensic Detectives**
7.00 **People Magazine Investigates** The disappearance of a baby girl from her Kansas City home.
8.00 **Reasonable Doubt** The disappearance of Craig White.
9.00 **Signs of a Psychopath** Police find a taunting note at the crime scene of a murdered 50-year-old mother.
10.00 **The Murder Tapes**
12.00 M'T **Reasonable Doubt**
1.00 AM **Betrayed**
2.00 **Evil Lives Here**
3.00 **Forensic Detectives**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/184 180

6.00 AM **Chasing Classic Cars**
7.00 **World's Biggest Shipbuilders**
8.00 **Wheeler Dealers**
9.00 **Fantomworks**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Diesel Brothers**
12.00 NOON **Demolition Down Under**
1.00 PM **Supertruckers**
2.00 **Wheeler Dealers**
4.00 **Vintage Voltage**
5.00 **Junkyard Empire**
6.00 **Fantomworks** Gray brings his 1929 Phaeton in because of gas smells and cracking sounds.
7.00 **Wheeler Dealers** Mike receives a tip from an unusual source – his electrician.
8.00 **Vintage Voltage**
9.00 **Diesel Brothers**
10.00 **Wheeler Dealers**
11.00 **Supertruckers**
12.00 M'T **Vintage Voltage**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/284

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sick** Horror with Gideon Adlon. (2022, 18, 83min)
7.40 **Champions** As 5.50pm.
9.50 **The Fabelmans** As 8.00pm.
12.30 PM **Cocaine Bear** As 10.40pm.
2.10 **Mob Land** Crime thriller. (2023, 15, 111min) ★★★
4.05 **Shrapnel** Action thriller starring Cam Gigandet. (2023, 15, 89min) ★★
5.50 **Champions** Comedy drama starring Woody Harrelson. (2023, 12, 124min) ★★★

10.40 Cocaine Bear

8.00 **The Fabelmans** Director Steven Spielberg's semi-autobiographical drama starring Michelle Williams, Gabriel LaBelle and Paul Dano. Growing up in post-World War Two-era Arizona, Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. (2022, 12, 151min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Cocaine Bear** Comedy thriller starring Keri Russell, Alden Ehrenreich and O'Shea Jackson Jr. (2023, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Unwelcome** Horror comedy withDouglas Booth. (2022, 15, 104min) ★★★
2.05 **God Is a Bullet** Thriller with Nikolaj Coster-Waldau. (2023, 18, 156min) ★★
4.10 **to 6.05** AM **Mob Land** (2023)

+1 hour 312

Sky Cinema Hits

303 303 403 503 517

6.40 AM **The Good Neighbour**
8.40 **Star Trek V: The Final Frontier** Sci-fi sequel. (1989, PG, 100min) ★★
10.40 **Grown Ups** Comedy. (2010, 12, 102min) ★★★
12.30 PM **Grown Ups 2** Comedy sequel. (2013, 12, 101min) ★
2.15 **It** Horror. (2017, 15) ★★★★
4.35 **Delivery Man** Comedy drama. (2013, 12, 102min) ★★★
6.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★

8.00 Men in Black: International

8.00 **Men in Black: International** Sci-fi fantasy sequel starring Chris Hemsworth and Tessa Thompson. The intergalactic law enforcers tackle their biggest threat – a mole in the Men in Black organisation. (2019, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bad Boys for Life** Action comedy sequel starring Will Smith and Martin Lawrence. Miami detective Mike Lowrey is targeted for assassination by a crime lord's widow. (2020, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Star Trek VI: The Undiscovered Country** Sci-fi adventure sequel. (1991, PG, 109min) ★★★★
2.15 **The Good Neighbour** Thriller. (2022, 15, 97min) ★★★
4.15 **to 6.15** AM **Letters to Juliet** Romantic comedy drama. (2010, PG, 105min) ★

Sky Cinema Drama

310 310 410 510 524

7.20 AM **Mr Holmes** Period mystery. (2015, PG, 101min) ★★★★
9.10 **Nashville** Ensemble drama. (1975, 15, 161min) ★★★★★
11.50 **The King's Speech** Drama. (2010, 12, 118min) ★★★★★
1.50 PM **Spotlight** Fact-based drama. (2015, 15, 129min) ★★★★★
4.00 **Eternal Sunshine of the Spotless Mind** Offbeat comedy. (2004, 15, 108min) ★★★★★
5.50 **World Trade Center** Oliver Stone's fact-based drama. (2006, 12, 129min) ★★★
8.00 **Kramer vs Kramer** Drama starring Dustin Hoffman and Meryl Streep as a divorced couple fighting for custody of their child. With Justin Henry. (1979, PG, 104min) ★★★★★
9.50 **Brooklyn** Drama with Saoirse Ronan and Domhnall Gleeson. (2015, 12, 109min) ★★★★
11.45 **Summering** Coming-of-age drama. (2022, 12, 85min) ★★★
1.15 AM **Young Hearts** Romantic drama starring Anjini Taneja Azhar. (2020, 15, 81min) ★★★
2.50 **Jockey** Sports drama. (2021, 15, 94min) ★★★
4.30 **to 6.15** AM **Where Is Anne Frank** Animated drama. (2021, PG, 99min) ★★★★

Sky Cinema Halloween

311 311 411 511 525

7.25 AM **The Harbinger** As 4.20pm.
9.05 **Resident Evil** As 1.30am.
10.55 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
12.45 PM **The Woman in Black: Angel of Death** Horror sequel. (2014, 15, 95min) ★★★
2.35 **Meander** Horror thriller. (2020, 15, 90min) ★★★★
4.20 **The Harbinger** Horror. (2022, 15, 87min) ★★★★
6.05 **Halloween: Resurrection** Horror sequel starring Brad Loree. (2002, 15, 89min) ★
7.50 **Jason Blum's Horror Movie Picks** The producer selects his favourite films from the genre.
8.20 **The Purge** Horror starring Ethan Hawke and Lena Headey. A family prepare for the one night of the year when all crime is legal. (2013, 15, 83min) ★★★
10.00 **Saw** Horror with Leigh Whannell, Cary Elwes and Danny Glover. (2004, 18, 102min) ★★★
11.50 **Saw II** Horror thriller sequel. (2005, 18, 91min) ★
1.30 AM **Resident Evil** Sci-fi thriller. (2002, 15, 100min) ★★★
3.15 **Cabin Fever 2: Spring Fever** Horror thriller sequel. (2009, 18, 86min) ★
4.55 **to 6.30** AM **Meander** (2020)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 520

6.10 AM **It Takes Two** As 10.20pm.
8.00 **Pan** As shown at 12.05am.
10.00 **The Smurfs** (2011, U) ★★
11.50 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
1.40 PM **Getting Even with Dad** Comedy. (1994, PG) ★
3.35 **Cinema List: Family Favourites**
4.00 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy. (2001, PG) ★★★★★
7.00 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★

4.00 The Fellowship of the Ring

8.30 **Matilda** Roald Dahl's dark children's fantasy starring Danny DeVito, Rhea Perlman and Mara Wilson. The bright young daughter of selfish parents discovers she has magical gifts. (1996, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

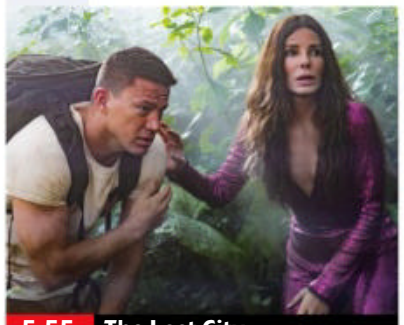
10.20 **It Takes Two** Comedy with Kirstie Alley, Steve Guttenberg, Mary-Kate Olsen and Ashley Olsen. (1995, U, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Pan** Fantasy prequel. (2015, PG, 111min) ★★★
2.05 **Around the World in 80 Days** Comedy adventure. (2004, PG, 120min) ★★★
4.05 **C.I.Ape** Family comedy. (2021, PG, 82min) ★
5.40 **to 7.35** AM **Save the Cinema** Fact-based comedy drama. (2021, 12, 109min) ★★★

Sky Cinema Action

307 307 407 507 521

7.25 AM **Need for Speed** (2014)
9.45 **Fist of Fury** Martial-arts thriller. (1972, 18, 106min) ★★★
11.40 **Accident Man: Hitman's Holiday** Crime comedy sequel. (2022, 15, 96min) ★★
1.30 PM **The Commuter** Thriller. (2018, 15, 105min) ★★★
3.30 **The Northman** Adventure. (2022, 15, 137min) ★★★★
5.55 **The Lost City** Adventure comedy with Sandra Bullock. (2022, 12, 112min) ★★★


5.55 The Lost City

8.00 **Charlie's Angels** Comedy thriller starring Drew Barrymore, Cameron Diaz and Lucy Liu as three private eyes sent on a mission to investigate the kidnapping of a computer magnate. (2000, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

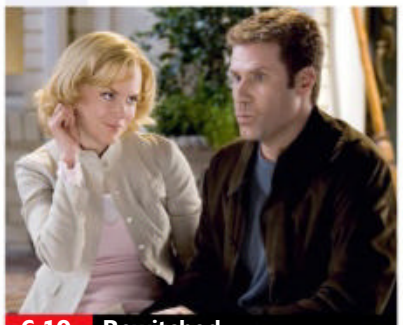
9.55 **Charlie's Angels: Full Throttle** Comedy thriller sequel starring Cameron Diaz. The Angels run into a fallen former Angel when they seek to retrieve two silver rings containing top-secret encrypted information. (2003, 12, 106min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Cinema List: Bourne**
12.15 AM **Battle Royale** Japanese satirical thriller. Subtitled. (2000, 18, 113min) ★★★★
2.20 **Need for Speed** Adventure. (2014, 12, 130min) ★★★
4.45 **to 7.15** AM **Godzilla** Thriller. (1998, PG, 139min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Goon** As 5.30am.
8.55 **Boxing Day** As 3.35am.
10.50 **Angus, Thongs and Perfect Snogging** Teen comedy. (2008, 12, 100min) ★★★★
12.35 PM **Scary Movie 3** Horror spoof sequel. (2003, 15) ★
2.05 **The Terminal** Comedy drama. (2004, 12, 129min) ★★★★
4.20 **Zoolander 2** Comedy sequel. (2016, 12, 102min) ★★★
6.10 **Bewitched** Fantasy comedy. (2005, PG, 102min) ★★★


6.10 Bewitched

8.00 **The World's End** Sci-fi action comedy starring Simon Pegg and Nick Frost. An epic pub crawl takes a bizarre turn for five friends. With Martin Freeman, Paddy Considine and Eddie Marsan. (2013, 15, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

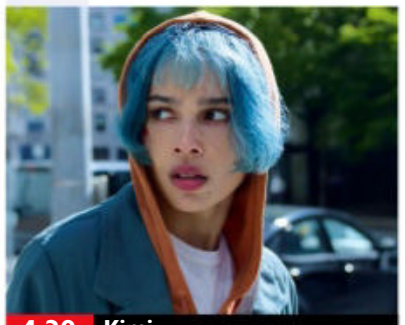
9.55 **Risky Business** Comedy drama starring Tom Cruise and Rebecca De Mornay. An enterprising teenager turns his house into a high-class brothel while his parents are away. (1983, 18, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Bros** Comedy romance. (2022, 15, 115min) ★★★★
1.40 AM **Book of Love** Romantic comedy starring Sam Claflin. (2022, 12, 106min) ★★★
3.35 **Boxing Day** Comedy. (2021, 12, 109min) ★★★
5.30 **to 7.10** AM **Goon** Sports comedy with Seann William Scott. (2011, 15, 91min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **9 Bullets** As 2.20am.
8.05 **Vengeance** Mystery drama. (2022, 15, 107min) ★★★
10.10 **Maggie Moore(s)** As 4.10am.
12.05 PM **Cinema List: Whodunnit?**
12.25 **The Fifth Estate** Thriller. (2013, 15, 125min) ★★★
2.40 **Haywire** Action thriller. (2012, 15, 88min) ★★★★
4.20 **Kimi** Thriller with Zoë Kravitz. (2022, 15, 87min) ★★★★
6.00 **2 Guns** Action thriller. (2013, 15, 104min) ★★★


4.20 Kimi

8.00 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron and Lily Collins.The life of serial killer Ted Bundy is examined from the perspective of his longtime girlfriend, Elizabeth Kloepfer. (2019, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Internal Affairs** Thriller starring Richard Gere and Andy Garcia. A newly promoted detective investigates a respected street cop for corruption. (1990, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Paradise Highway** Thriller starring Juliette Binoche. (2022, 15, 115min) ★★★★
2.20 **9 Bullets** Thriller with Lena Headey and Sam Worthington. (2022, 15, 97min) ★
4.10 **to 6.05** AM **Maggie Moore(s)** Comedy thriller starring Jon Hamm and Tina Fey. (2023, 15, 99min) ★★★

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Samson and Delilah** Cecil B DeMille's biblical epic. (1949, U, 128min) ★★★
1.40 PM **Detective Story** Crime drama starring Kirk Douglas. (1951, b/w, PG, 103min) ★★★★
3.55 **The Quiet Man** John Ford's drama starring John Wayne. (1952, U, 129min) ★★★
6.35 **Tolkien** JRR Tolkien biopic starring Nicholas Hoult. (2019, 12, 112min) ★★★★

9.00 Indiana Jones and the...

8 PM **Tolkien** (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure with Harrison Ford. Bullwhip-cracking archaeologist Indiana Jones escapes a gang boss in Shanghai and encounters an evil cult in India. (1984, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.20** **Coming to America** Romantic comedy starring Eddie Murphy as an African prince looking for a bride in New York's Queens borough. With Arsenio Hall and James Earl Jones. (1988, 15, 116min) ★★★
1.40 **to 3.35** AM **Hitman** Action thriller starring Timothy Olyphant and Dougray Scott. (2007, 15, 100min) ★★

11 PM

+1 hour 314 430 47 301

Sky Cinema Originals

302 302 402 502 516

6.00 AM **The Cinema List: Unmissable Sky Originals**
6.20 **The Colour Room** Drama. (2021, PG, 109min) ★★★★
8.15 **The Secret Garden** Drama. (2020, PG, 99min) ★★★★
10.00 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
12.00 NOON **Gunpowder Milkshake** Thriller. (2021, 15, 114min) ★★★
2.00 PM **A Good Person** As 10.05pm.
4.15 **Breaking Point** Drama. (2023, 12, 102min) ★★★
6.05 **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
8.00 **Hotel Mumbai** Fact-based thriller starring Dev Patel. (2018, 15, 123min) ★★★★
10.05 **A Good Person** Zach Braff's drama starring Florence Pugh and Morgan Freeman. A grieving young opioid addict forms an unlikely friendship with her would-be father-in-law. (2022, 15, 129min) ★★★★
12.20 AM **Antebellum** Horror mystery starring Janelle Monae. (2019, 15, 105min) ★★
2.10 **The Independent** Drama. (2022, 12, 108min) ★★★
4.10 **to 6.00** AM **Six Minutes to Midnight** Historical thriller. (2020, 12, 99min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.15 AM **Roustabout** As 3.15am.
8.10 **Young at Heart** Musical. (1954, U, 117min) ★★★
10.15 **The Spy Who Came in from the Cold** Espionage thriller. (1965, b/w, PG, 107min) ★★★★
12.15 PM **Fanny and Alexander** Ingmar Bergman's epic drama. (1982, 15, 301min) ★★★★★
3.30 **Hatari!** Adventure starring John Wayne. (1962, U, 157min) ★★
6.10 **Champion** Boxing drama starring Kirk Douglas. (1949, b/w, PG, 99min) ★★★★
8.00 **Oh! What a Lovely War** Satirical anti-war musical starring Ralph Richardson. (1969, PG, 144min) ★★★★
10.30 **Taxi Driver** Martin Scorsese's disturbing drama starring Robert De Niro as a New York taxi driver obsessed with saving a child prostitute. With Jodie Foster and Cybill Shepherd. (1976, 18, 110min) ★★★★★
12.30 AM **Pulp Fiction** Quentin Tarantino's black crime comedy. (1994, 18, 154min) ★★★★★
3.15 **Roustabout** Musical with Elvis Presley. (1964, U, 97min) ★★
5.10 **to 6.50** AM **The Amazing Mr Blunden** Period ghost story. (1972, U, 95min) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.05 AM **Rabbit Academy** Animated comedy. (2022, U, 76min) ★★★
8.35 **Dogtanian and the Three Muskehounds** As 10.30pm.
10.15 **The Cinema List: Epic Quest**
10.35 **Tarzan** Animated adventure. (2013, PG, 94min) ★★
12.20 PM **The Bad Guys** Animation. (2022, PG, 100min) ★★★
2.05 **The Lego Batman Movie** Animation. (2017, U) ★★★★
4.00 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
5.35 **Open Season** Animation. (2006, PG, 86min) ★★★★
7.10 **Hotel Transylvania 2** Animated comedy sequel. (2015, U, 89min) ★★★
8.50 **Son of Bigfoot** Animation. (2017, PG, 92min) ★★★
10.30 **Dogtanian and the Three Muskehounds** Animated adventure. (2021, U, 84min) ★
12.10 AM **Two by Two** Animation. (2015, U, 85min) ★★
1.45 **Fireheart** Animated adventure. (2022, U, 92min) ★★★
3.30 **DC Super Hero Girls: Hero of the Year** Animated fantasy. (2016, PG, 76min) ★★★
5.00 **to 6.30** AM **Lego DC Shazam!: Magic and Monsters** Animated comedy. (2020, U, 81min) ★★★

Christmas 24

325 419

7.00 AM **A Holiday Spectacular** Comedy drama with Ginna Claire Mason. (2022, PG, 90min) ★★
9.00 **Christmas for Keeps** Drama. (2021, PG, 90min) ★★
11.00 **Jolly Good Things** Comedy. (2022, PG, 90min) ★★
1.00 PM **Mistletoe Magic** Romance. (2019, PG, 85min) ★★
3.00 **The Christmas Bow** Romantic drama. (2020, PG, 89min) ★★
5.00 **Lonestar Christmas** Romantic drama. (2020, PG, 87min) ★★
7.00 **The Christmas House** Festive drama starring Robert Buckley. (2020, U, 89min) ★★
9.00 **We Wish You a Married Christmas** Festive romantic comedy starring Marisol Nichols. A couple spend Christmas in a small town inn in a bid to rebuild their struggling marriage. (2022, PG, 90min) ★★
11.00 **Joy For Christmas** Romantic comedy. (2021, PG, 86min) ★★
1.00 AM **Three Sisters at the Christmas Chateau** Festive drama. (2019, PG, 98min) ★★
3.00 **to 5.00** AM **Christmas Cuisine of Love** Festive romance. (2020, PG, 88min) ★★

+1 hour 326 420

Talking Pictures

328 445 82 306

6.00 AM **Cotton Queen** Comedy. (1937, b/w, U, 80min) ★★★
7.40 **It's a Great Day** Family drama. (1955, b/w, U, 71min) ★★
9.00 **Down Among the Z Men** Comedy. (1952, U, 71min) ★★★
10.25 **The Triumph Car Club on Tour**
10.50 **Blind Date** Suspense thriller. (1959, b/w, PG, 95min) ★★★
12.40 PM **Seven Days to Noon** Thriller. (1950, b/w, PG) ★★★★
2.30 **Crown Court**
3.00 **The Saint** 5/12. (S1)
4.00 **Lease of Life** Drama. (1954, U, 91min) ★★
5.50 **Look at Life**
6.00 **The Footage Detectives**
7.00 **Tight Spot** Thriller with Ginger Rogers and Edward G Robinson. (1955, b/w, PG, 97min) ★★★
8.55 **Cinebox Memories**
9.00 **The Gold Robbers** 7/13. (S1)
10.05 **The Cheap Detective** Private-eye spoof starring Peter Falk. (1978, PG, 92min) ★★
11.55 **The Cat Burglar** Drama. (1961, PG, 65min) ★★
1.15 AM **Human Desire** Melodrama. (1954, b/w, 12, 91min) ★★★
3.05 **Wish You Were Here** Drama. (1987, 15, 92min) ★★★
4.50 **to 6.00** AM **The Big Day** Drama. (1960, b/w, PG) ★★★

MONDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
9.00 **LIVE ICC Cricket World Cup Australia v Sri Lanka.** Coverage of the group match, staged at BRSABV Ekana Cricket Stadium in Lucknow, India. The two teams met at the previous World Cup in 2019 at the group stage, as Australia won by 87 runs in a comfortable victory. Aaron Finch hit an impressive 153 off 132 balls to help his side to 334-7 in their innings, before they bowled out Sri Lanka for 247 runs, with Mitchell Starc picking up 4-55.
5.30 PM **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **NFL Review Show**
1.00 AM **LIVE NFL Los Angeles Chargers v Dallas Cowboys.** Coverage of the week six match from SoFi Stadium in Inglewood, California. The Chargers are one of 12 current teams that have never won the Super Bowl, while their opponents have won it on five occasions, but not since back in 1996. Kick-off **1.15am**.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **PL Retro** A replay of Chelsea v Burnley from 2017/18.
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2017/18**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Newcastle: The Entertainers**
7.30 **The Fall and Rise of Leeds United** A look at the various relegations, points deductions, and heartbreak suffered by Leeds.
8.00 **Gary Neville's Soccerbox**
9.00 **The Fall and Rise of Luton Town** A look at the history of the Premier League newcomers.
10.00 **Premier League Icons** A profile of Ole Gunnar Solskjaer.
10.30 **PL Retro** A replay of Chelsea v Burnley from 2017/18.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2018/19**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** A replay of Blackpool v Cardiff City in the 2009/10 Championship play-off final.
7.30 **EFL** Highlights of Reading v Swansea City in the 2010/11 Championship play-off final.
8.30 **Jimmy Glass: The Great Escape**
9.00 **WSL** Chelsea v West Ham United. **9.30** Liverpool v Everton.
10.00 **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
12.00 NOON **WSL** Another chance to see Chelsea v West Ham United.
2.00 PM **WSL** Liverpool v Everton.
4.00 **EFL Highlights**
4.15 **EFL Cup Highlights**
5.15 **EFL Highlights**
5.30 **EFL Goals: Leagues 1 & 2**
6.00 **WSL** Liverpool v Everton. **6.30** Chelsea v West Ham United.
7.00 **EFL Highlights**
7.15 **EFL Cup Highlights**
8.15 **EFL Highlights**
8.30 **EFL Goals: Leagues 1 & 2**
9.00 **WSL** Action from recent matches
10.00 **EFL Cup Highlights**
11.00 **EFL Greatest Games**
1.00 AM **EFL Cup Highlights**
2.00 **EFL** Championship play-off finals.
4.00 **EFL Rivalries**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **ICC Cricket World Cup** England v Afghanistan. **7.00** Action from India v Pakistan. **8.00** England v Afghanistan.
9.00 **LIVE ICC Cricket World Cup Australia v Sri Lanka.** Coverage of the group match, which takes place at BRSABV Ekana Cricket Stadium in Lucknow, India.
5.30 PM **World Cup Cricket Classics** India v Bangladesh from 2007. **5.50** Highlights of India v South Africa from 2011 in Nagpur. **6.10** Brief highlights of India v Sri Lanka in the 2011 final.
6.30 **Secrets of Success**
7.00 **ICC Cricket World Cup** Highlights of Australia v Sri Lanka.
8.00 **ICC Men's CWC Greatest Matches** Archive action.
9.00 **ICC Cricket World Cup** Highlights of Australia v Sri Lanka. **10.00** England v Afghanistan. **11.00** Australia v Sri Lanka.
12.00 M'T **Cricket World Cup** A look back at England's 2019 triumph.
1.00 AM **ICC Cricket World Cup**
2.00 **World Cup Cricket Classics**
3.00 **ICC Cricket World Cup**
4.00 **World Cup Cricket Classics**
5.00 **to 6.00** AM **Cricket World Cup**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **PGA Tour Golf**
7.00 **DP World Tour Golf** A replay of day four of the Open de España.
12.00 NOON **PGA Tour Golf** Another chance to see day four of the Shriners Children's Open.
3.00 PM **Chronicles of a Champion Golfer** A profile of Ernie Els.
3.30 **Challenge Tour Golf** Action from the Open De Provence.
4.00 **Chronicles of a Champion Golfer** A profile of Jack Nicklaus. **4.30** The career of Nick Faldo.
5.00 **LPGA Tour Golf** Action from the Buick LPGA Shanghai.
6.00 **DP World Tour Golf** Action from day four of the Open de España.
7.00 **PGA Tour Golf** Highlights from the Shriners Children's Open.
8.00 **LPGA Tour Golf** Action from the Buick LPGA Shanghai.
9.00 **PGA Tour Golf** Highlights from the Shriners Children's Open.
10.00 **DP World Tour Golf**
11.00 **LPGA Tour Golf**
12.00 M'T **PGA Tour Golf**
1.00 AM **DP World Tour Golf**
2.00 **LPGA Tour Golf**
3.00 **PGA Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

TNT Sports 1

410 410 870 | 527 | 408 430

6.00 AM **Ariel Helwani Meets**
7.00 **WWE NXT Highlights**
8.00 **The FA Futsal Women's Super Series** Highlights of the event.
10.00 **What I Wore** Jermain Defoe.
10.15 **TNT Sports Feature**
11.00 **O Arise, All You Sons**
12.00 NOON **Back into the Sunshine**
1.45 PM **Rocky & Wrighty: From Brockley to the Big Time** The story of how a young David Rocastle's meteoric rise to stardom inspired Ian Wright.
3.15 **Classic Premier League** Highlights of archive matches.
6.45 **V8 Supercars Highlights** Action from race 24 of the Bathurst 1000, the 10th round of the season, which took place at Mount Panorama Circuit.
8.45 **MLB: Off the Bat** Action from Major League Baseball.
9.00 **LIVE MLB** Coverage of an MLB Postseason match in America.
12.30 AM **Amplified** A look at how Manchester City won the treble.
1.00 **LIVE WWE Monday Night Raw** Wrestling coverage.
4.15 **Ariel Helwani Meets**
5.15 **What I Wore** Hector Bellerin.
5.30 **to 6.00** AM **Joe Cole Cast**

TNT Sports 2

411 411 871 | 528 | 409 431

6.00 AM **MotoGP**
9.30 **MotoGP Chequered Flag**
10.30 **MotoGP Films**
11.30 **Women's One-Day International Cricket**
12.30 PM **MotoE Highlights**
1.30 **PSA Squash** The US Open.
2.30 **WSL Challenger Tour**
3.30 **FIM X-Trial World Championship Highlights** From Andorra la Vella, Andorra.
4.30 **MotoGP** Highlights of the Grand Prix of Indonesia Moto3 race. **5.30** Highlights of the Grand Prix of Indonesia Moto2 race. **6.30** Action from the Grand Prix of Indonesia sprint race. **7.00** Highlights of the Grand Prix of Indonesia MotoGP race.
8.00 **MotoGP Chequered Flag**
9.00 **Fishing: On the Bank**
10.00 **TNT Sports Feature**
10.45 **PSA Squash** The US Open.
11.45 **What I Wore** Thiago Alcanatara.
12.00 M'T **UEFA Champions League Magazine** News and highlights.
12.30 AM **LIVE MLB** Coverage of a Postseason match in America.
4.00 **World Poker Tour Series**
5.00 **to 6.00** AM **Champions League Classics**

TNT Sports 3

417 417 874 | 529 | 410 432

6.00 AM **Classic Premier League**
8.00 **Too Good to Go Down**
9.45 **What I Wore** Raphael Varane.
10.00 **Classic Premier League**
2.00 PM **Premiership Rugby Union** Bristol Bears v Leicester Tigers. **3.30** Exeter Chiefs v Saracens.
5.00 **The FA Futsal Series One** Action from the competition.
7.00 **No Filter Football** A behind-the-scenes look at Brighton and Hove Albion v AEK Athens.
7.15 **TNT Sports Feature**
8.00 **Women's One-Day International Cricket** Action from Australia v West Indies in the third and final ODI in the series.
9.00 **Packer: The Man Who Changed Cricket** A look at the influence Australian media mogul Kerry Packer had on the game with his controversial World Series Cricket competition.
10.30 **Ariel Helwani Meets** Interview with WWE star Seth Rollins.
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown**
1.00 AM **MotoGP**
4.30 **MotoGP Chequered Flag**
5.30 **to 6.00** AM **European Rally Championship Highlights**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Highlights** Action from Buffalo Bills v New York Giants.
4.00 **NFL Bitesize Highlights**
5.00 **NFL Highlights** A week six game.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **NFL Bitesize Highlights** Buffalo Bills v New York Giants. **8.15** Highlights of Tennessee Titans v Baltimore Ravens. **8.30** A week six match. **8.45** A fixture from week six.
9.00 **NFL Review Show** Analysis of the week six fixtures.
10.00 **NFL Highlights** Action from Buffalo Bills v New York Giants.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **NFL Review Show**
1.00 AM **LIVE NFL Los Angeles Chargers v Dallas Cowboys.** Coverage of the week six match at SoFi Stadium in Inglewood, California. Kick-off **1.15am**.
4.30 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **My Icon** Double bill.
8.00 **ICC Cricket World Cup**
9.00 **British Basketball**
11.30 **Unbeatable** Basketball news.
12.00 NOON **The Wheelchair Super League Grand Final**
1.00 PM **Premier League Years**
3.00 **NFL Highlights**
4.00 **Fight Night International**
5.00 **LPGA Tour Golf**
6.00 **Wheelchair Super League**
7.00 **Super League Highlights**
8.00 **US Open Tennis Classic Matches** Action from 1999.
9.00 **Black Women: A Journey to the Boardroom** A discussion about Black women and leadership.
9.30 **Food & the Importance of Heritage** Documentary short.
9.45 **My Icon** Christine Ohuruogu.
10.00 **PGA Tour Golf**
11.00 **Wheelchair Super League**
12.00 M'T **ICC Cricket World Cup**
1.00 AM **Black Women: A Journey to the Boardroom**
1.30 **WNBA** Recent highlights.
3.30 **Black Women: A Journey to the Boardroom**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 421 876 | 530 | 411 434

6.00 AM **European Rally Championship Highlights**
6.30 **FIM X-Trial World Championship Highlights**
7.30 **WSL Challenger Tour**
8.30 **UEFA Champions League Magazine** News and action.
9.00 **MLB Classic** A look back at the 1996 World Series. **10.30** A chance to look back at the 1997 World Series. **11.45** A look back at the 1998 World Series.
1.00 PM **MLB** A replay of a match from the MLB Postseason.
4.00 **MLB Classic** A look back at the inaugural World Baseball Classic. **5.00** The rise of Mike Trout.
6.00 **MLB** A replay of a match from the MLB Postseason.
9.00 **UFC** Another chance to see Sodiq Yusuff v Edson Barboza.
12.00 M'T **UFC: The Ultimate Fighter**
4.00 AM **UFC Greatest Fights**
5.30 **to 6.00** AM **ChatterBox**

Eurosport 1

413 413 868 | 521 | 412 435

6.00 AM **Cycling: Tour of Turkey**
7.00 **Cycling: Venetia Classic**
8.00 **World Surf League**
9.00 **Snooker: Shanghai Masters**
11.00 **Cyclo-Cross** From Wisconsin.
1.00 PM **Triathlon: Super League**
3.00 **Snooker: Wuhan Open** Action from the final in China.
5.00 **Archery World Cup** A review of this year's compound events.
7.00 **Hall of Fame: Tokyo 2020**
8.00 **Cyclo-Cross** The women's race staged in Waterloo, Wisconsin. **9.00** Highlights of the men's race at Waterloo, Wisconsin.
10.00 **Bennetts British Superbikes** Review of the 11th and final round of the season from Brands Hatch.
11.00 **British Superbikes Extra**
12.00 M'T **Cycling: Tour of Turkey**
1.00 AM **Cycling: Venetia Classic**
2.00 **British Superbikes**
3.00 **British Superbikes Extra**
4.00 **to 6.00** AM **Snooker: Wuhan Open**

Eurosport 2

414 414 869 | 522 | 413 436

6.00 AM **British Superbikes**
7.00 **Snooker: English Open**
9.00 **World Superbikes**
11.00 **Hall of Fame: Tokyo 2020**
12.00 NOON **Snooker: Northern Ireland Open Final 2016** Mark King v Barry Hawkins.
1.30 PM **Athletics: Amsterdam Marathon** Action from the race.
3.00 **Cyclo-Cross** From Wisconsin.
5.00 **Triathlon: Super League**
6.00 **Snooker: Wuhan Open** Action from the final in China.
8.00 **Bennetts British Superbikes** Review of the 11th and final round of the season from Brands Hatch.
9.00 **British Superbikes Extra**
10.00 **Cycling: Venetia Classic**
11.00 **Cycling: Tour of Turkey**
12.00 M'T **FIA World Endurance Championship** Highlights.
1.00 AM **World Surf League**
2.00 **Cyclo-Cross** From Wisconsin.
4.00 **Archery World Cup**
5.00 **to 6.00** AM **British Superbikes**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Fight Night International**
7.00 **Wheelchair Super League**
8.00 **Women's Super League**
9.00 **British Basketball**
11.30 **Super League Highlights**
12.30 PM **The Wheelchair Super League Grand Final**
1.30 **Super League Highlights**
3.00 **WNBA** Recent highlights.
5.00 **The Gloves Are Off**
5.30 **Fight Night International**
6.30 **Super League Highlights**
7.30 **The Gloves Are Off**
8.00 **US Open Tennis Classic Matches** Serena Williams v Martina Hingis in the 1999 women's singles final.
9.00 **Top Rank Boxing Archive**
10.00 **The Gloves Are Off**
10.30 **WNBA** A replay of New York Liberty v Las Vegas Aces.
12.30 AM **Super League Highlights**
1.30 **Wheelchair Super League**
2.30 **The Gloves Are Off**
3.00 **Fight Night**
4.00 **to 6.00** AM **WNBA**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **Formula 1** A chance to see the 2016 United States Grand Prix.
1.05 PM **Oscar & Martin at Monza**
1.15 **Lewis Hamilton 8 Times**
1.25 **F1's Sustainable Fuel**
1.30 **Formula 1** A chance to see the 2017 United States Grand Prix.
3.35 **Mateschitz Legacies**
3.45 **Vettel and the F1 Juniors**
3.55 **Historic Ferraris at Maranelo**
4.00 **Formula 1** A chance to see the 2018 United States Grand Prix.
6.15 **The Growth of Maxmania**
6.25 **Alonso & Ted's Memories**
6.30 **Formula 1** The 2019 United States Grand Prix at the Circuit of the Americas in Austin, Texas.
8.45 **Oscar & Martin at Monza**
8.55 **F1's Sustainable Fuel**
9.00 **Sky Sports F1 Podcast**
10.00 **GT World Challenge Europe**
12.15 AM **Max: Man of the Moment**
12.25 **Mario Isola: Medic in Milan**
12.30 **Graham Hill: World Champion**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Tuesday

17 October

Evening Planner

Football

England v Italy
C4, kick-off 7.45pm
Jude Bellingham and England host Italy, the current European champions, in this qualifier for next year's tournament.

Factual

Britain's Housing Crisis: What Went Wrong?
BBC2, 9pm
Looking at how the financial crisis of 2008 affected house and rental prices.

Factual

Bangers: Mad for Cars
C4, 10.15pm
Car-obsessed Tinie and F1 analyst Naomi Schiff take a look at iconic vehicles from the 70s, 80s and 90s.

OnDemand

NETFLIX

The Devil on Trial
Available today
Documentary about Arne Cheyenne Johnson, who claimed he was possessed when he committed murder.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Fake or Fortune?		9.00 The Reckoning		10.00 News; Local News	
102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 This Farming Life		9.00 Britain's Housing Crisis: What Went...		10.00 Jailed: Inside...	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Real Crown: Inside the House of...		10.00 News; Local News	
104 CHANNEL 4	7.00 International Football – Live: England v Italy (Kick-off 7.45)							10.15 Bangers: Mad For Cars
105 CHANNEL 5	7.00 GPs: Behind Closed Doors		8.00 The Yorkshire Vet		9.00 The Hotel Inspector		10.00 I Survived the Yorkshire Ripper	
106 SKY SHOWCASE	7.00 Cricket World Cup		8.00 UFO		9.00 Film: Resident Evil			
ENTERTAINMENT								
115 BBC3	7.00 Crazy Fun Park		8.00 Top Gear		9.00 Soldier		10.00 Film: Us	
116 BBC4	7.00 Africa		8.00 Some Mothers...	8.30 Yes, Minister	9.00 Princes in the Tower: Lucy Worsley...		10.00 The Eichmann Show	
118 ITV2	7.00 Alan Carr's Epic Gameshow		8.00 Bob's Burgers		9.00 Big Brother		10.00 Big Brother: Late & Live	
136 MORE4	◂ 6.55 The Dog House Australia		7.55 Grand Designs: Living in the Wild		9.00 24 Hours in A&E		10.00 24 Hour Baby Hospital	
135 E4	7.00 Hollyoaks	7.30 Young Sheldon	8.00 Modern Family		9.00 Married at First Sight UK		10.00 Rick and Morty	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 Law & Order: Organized Crime		10.00 Blue Bloods	
108 SKY ATLANTIC	◂ 6.45 Ray Donovan		7.50 Game of Thrones		9.00 The Lovers	9.40 Billions		
110 GOLD	7.00 The Green Green Grass	7.40 The Good Life			9.00 Detectorists	9.40 Dad's Army		10.20 Ghosts
111 DAVE	7.00 Richard Osman's House of Games			8.20 Would I Lie to You?	9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Cracker	
120 ITV4	7.00 The Chase Celebrity Special		8.00 River Monsters		9.00 Film: Kull the Conqueror			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Scary Movie			10.35 Jimmy...
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Star Trek: Voyager		9.00 Film: Devil's Triangle			
113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own Road Trip...		9.00 A Discovery of Witches		10.00 Brassic	
109 ALIBI	7.00 Elementary		8.00 Death in Paradise		9.00 So Help Me Todd		10.00 My Life Is Murder	
130 SKY ARTS	7.00 The Joy of Painting		8.00 Katharine Hepburn: Call Me Kate				10.00 The Movies	
132 W	7.00 DIY SOS: Homes for Veterans		8.00 Ambulance Australia		9.00 24 Hours in A&E		10.00 999 Rescue Squad	
DOCUMENTARY								
125 DISCOVERY	7.00 Wheeler Dealers		8.00 Outback Truckers		9.00 Gold Rush		10.00 Gold Rush: The Dirt Presents	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 The Aquarium				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler: The Lost Tapes of the Third Reich		9.00 World War II: Secrets from Above		10.00 WW2: Hell Under the Sea	
123 SKY HISTORY	7.00 Forged in Fire		8.00 What on Earth?		9.00 History's Greatest Mysteries		10.00 Pawn Stars Do America	
155 YESTERDAY	7.00 Antiques Roadshow		8.00 Joanna Lumley's India		9.00 The Architecture the Railways Built		10.00 Bangers & Cash	
121 SKY DOCS	7.00 Juan Carlos: Downfall of the King		7.55 Saviour Complex		9.00 House of Kardashian		10.00 Jane Fonda In Five Acts	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.50 Champions		8.00 The Fabelmans					
303 HITS	◂ 6.15 Ace Ventura: When Nature Calls		8.00 Hancock			9.45 Ambulance		
304 GREATS	◂ 5.50 Philadelphia		8.00 Cries and Whispers			9.50 Serpico		
305 ANIMATION		7.15 Escape from Planet Earth		8.45 Lego DC Shazam!: Magic and Monsters				10.20 DC Super Hero Girls...
306 FAMILY		7.10 Stuart Little 2		8.40 Mr Magorium's Wonder Emporium				10.30 Charlie and...
307 ACTION	◂ 6.05 The Expendables 2		8.00 The Expendables 3				10.15 Fury	
308 COMEDY	◂ 6.15 The Boss		8.00 Failure to Launch			9.40 Kingpin		
309 THRILLER	◂ 5.55 Gone Baby Gone		8.00 Eye in the Sky				10.00 Oldboy	
310 DRAMA	◂ 5.55 Don't Worry Darling		8.00 A Few Good Men					10.20 The Weather Man
311 HALLOWEEN	◂ 6.20 Sick		8.00 The Purge: Anarchy				10.00 Saw II	
302 ORIGINALS	◂ 6.25 Dead Shot		8.00 Old Henry			9.40 Last Seen Alive		
313 FILM4	◂ 6.10 Independence Day				9.00 The Mist			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
402 PREMIER LEAGUE	7.00 Drink It In: The Rise of Man City		8.00 Gary Neville's Soccerbox		9.00 City: PL Champions Again		10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.00 WSL		8.00 Best Moments From The...		9.00 EFL Rivalries			10.30 EFL Highlights
404 CRICKET	7.00 Cricket World Cup		8.00 ICC Men's CWC Greatest Matches		9.00 Cricket World Cup			
410 TNT SPORTS 1	7.00 The FA Futsal Women's Super Series				9.00 WWE Monday Night Raw			
411 TNT SPORTS 2	◂ 6.30 MotoGP	7.30 MotoGP			9.00 MotoGP Chequered Flag		10.00 SHEENE	

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain: Live** New edition Loan and mortgage payments. (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** New edition
11.15 **Homes Under the Hammer** New edition From Basildon. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Money for Nothing** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **The Repair Shop** New edition Restoring a telescope. (S)(AD)
4.30 **The Vintage French Farmhouse** New edition Moses Otunla finds a mid-century desk. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.00 The One Show

7 PM

7.00 The One Show Lauren Laverne and Jermaine Jenas present the show. (S)

7.30 EastEnders Ravi drags Nugget back to Walford and learns about a child he didn't know he had. (S)(AD)

8 PM

8.00 Fake or Fortune? Series finale 4/4. Fiona Bruce and art expert Philip Mould investigate a murky canvas covered in white household paint that could be a work of painter Arshile Gorky. (S)(AD)

9 PM

9.00 The Reckoning Series finale 4/4. While his fame begins to wane in the early 2000s, Savile makes desperate attempts to protect his legacy and hide the truth. Stars Steve Coogan. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW **Stranger in My Family** Documentary following a man's search for his biological father in Portugal, enlisting the help of family friends and distant relations he found online. He returns to the bar where his mother met the man in question 30 years previously. *Previously on BBC3*. (S)(AD)
11.40 **Michael McIntyre's The Wheel** 4/10. Big Narstie, Ellie Taylor, Frankie Bridge, Harry Judd, Jonathan Ross, Richie Anderson and Vogue Williams offer expert advice to the contestants. (S)(R)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.20 AM **Bargain Hunt** (S)(R)
7.05 **The Vintage French Farmhouse**
7.50 **Sign Zone: Expert Witness** (S)(R)
8.20 **Sign Zone: Robson Green's Weekend Escapes** (S)(R)(AD)
8.50 **Lifeline** (S)(R)
9.00 **Nicky Campbell** (S)
10.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Unbeatable** Game show. (S)(R)
2.15 **Wanted Down Under** (S)(R)
3.00 **Politics Live Conference** (S)
4.15 **Cornwall: This Fishing Life** (S)(R)
5.15 **Flog It!** From Aberystwyth. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Strictly: It Takes Two** New edition Fleur East chats to the couple who survived the dance-off at the weekend. (S)

8.00 This Farming Life

7.00 Celebrity Antiques Road Trip New edition 3/20. *Derry Girls* stars Ian McElhinney and Tara Lynne O'Neill search the antique shops of Aberdeenshire, with the help of Paul Laidlaw and Natasha Raskin Sharp. (S)
■ Continues tomorrow

8.00 This Farming Life New edition 8/12. Jenni moves her alpacas to their new arena, the MacDonalds organise a massive breakfast run for their pregnant cows, while Nikki and Ollie splash out on a new honesty shack. (S)

9.00 NEW SERIES **Britain's Housing Crisis: What Went Wrong?** 1/2. Key figures from Government, finance and campaigning reveal the roots of Britain's housing crisis. (S)
■ Entire series on BBC iPlayer

10.00 Jailed: Inside Maghaberry Prison New edition 3/6. Stephen Nolan is reunited with a prisoner he last saw in a young offenders' centre. (S)
10.30 Newsnight (S)

11.10 **Weather** (S)
11.15 **Uncanny** 1/3. Adaptation of the Radio 4 series, featuring accounts of supernatural encounters. (S)(R)
12.15 AM **First Ladies of Hip Hop** (S)(R)
1.15 **Sign Zone: Money for Nothing** Restoring a gramophone. (S)(R)
2.00 **Sign Zone: DNA Family Secrets** 2/6. A pair of IVF twins would like to find their egg donor. (S)(R)(AD)
3.00 **Sign Zone: Mortimer & Whitehouse: Gone Fishing** (S)(R)
3.30 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Great British Adventure** James is joined by chef Mark Sargeant in Kent, where they visit a sourdough and beer supplier located in a shipping container. (S)(R)(AD)
3.00 **Tenable** New edition Warwick Davis hosts as five friends from Morecambe take part. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Real Crown

7.30 Emmerdale Amelia gets upset, a local tries to play happy families, and Vinny feels torn. (S)(AD)

8.00 Coronation Street After confessing his steroid abuse, Ryan's decision to show his face online wins Daisy's approval and a lot more besides. Paul's intervention prompts George to invite Todd to return to Shuttleworth's. (S)(AD)

9.00 The Real Crown: Inside the House of Windsor New edition 4/5. The Queen's unpopularity in the wake of Diana's death, and Prince Charles's attempts to have Camilla accepted by both the public and his mother. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Barbara Knox at 90** The *Coronation Street* star celebrates her 90th birthday with Bradley Walsh, who has a host of surprises for her, including a reunion with an on-screen partner. (S)(R)(AD)
11.40 **The Grand Fishing Adventure** Ali Hamidi and Bobby Zamora visit northern France. (S)(R)
12.30 AM **British Touring Car Championship Highlights** Action from Brands Hatch. (S)(R)
1.45 **Tipping Point** (S)(R)
2.35 **Loose Women** (S)(R)
3.25 **Fresh Cuts** (S)(SL)(R)(AD)
4.15 **Unwind with ITV** (S)(R)
5.10 **to 6.00** AM **Tenable** (S)(SL)(R)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 6&7/22. (S7) (S)(R)
7.35 **Everybody Loves Raymond** (S)(R)
8.25 **Frasier** 22-24/24. (S1) (S)(R)(AD)
9.55 **Find It, Fix It, Flog It** (S)(R)
10.55 **Renovation Nation** (S)(R)(AD)
11.55 **News** (S)
12.00 NOON **Steph's Packed Lunch** New edition Magazine. (S)
2.10 PM **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition From Derby. (S)
5.00 **Help! We Bought a Village** New edition The owners of a derelict French hamlet begin renovating their buildings. (S)
6.00 **Four in a Bed** New edition A visit to the Mad Hatters Campsite in Ely, Cambridgeshire. (S)
6.30 **News** (S)

10.15 Bangers: Mad for Cars

7.00 LIVE **International Football** England v Italy: Jules Breach is joined by Joe Cole, Jill Scott and Gianfranco Zola to present coverage of the Euro 2024 Group C qualifying match at Wembley Stadium. First-half goals from Declan Rice and Harry Kane helped secure a 2-1 victory in the reverse fixture in Naples back in March. Gareth Southgate's men have hardly looked back since, claiming three more wins over Ukraine, Malta and North Macedonia, before registering a hard-fought 1-1 draw in their away match with Ukraine last time out. Kick-off is at 7.45. (S)

10.15 NEW SERIES **Bangers: Mad For Cars** Rapper Tinie and F1 analyst Naomi Schiff learn about the best cars of the 1980s, 1990s, and 2000s. (S)(AD)
■ Entire series on C4 online

11.20 **Gogglebox** (S)(SL)(R)(AD)
12.20 AM **International Football** Jules Breach presents action from England v Italy at Wembley. (S)
1.15 FILM **What Men Want** Romantic comedy starring Taraji P Henson and Aldis Hodge. (S)(SL) (2019, 15, 125min) ★★
3.20 **24 Hours in A&E** (S)(R)(AD)
4.15 **Couples Come Dine with Me** From West Yorkshire. (S)(R)
5.10 **to 6.05** AM **Tool Club** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.40 PM **Alexis Conran** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Remote Danger** Suspense thriller starring Stephanie Bennett and Stafford Perry. (S) (2021, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Tracey and husband Neil have taken on another bar – and it's the venue's grand opening event. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme meets an agoraphobic Sprocker that is terrified of the outside world. (S)(R)
6.55 **News** (S)

9.00 The Hotel Inspector

7.00 **GPs: Behind Closed Doors** New edition A father confesses what he has been cleaning his son's ears out with when the boy comes in with an ear infection. (S)
7.55 **News** (S)
8.00 **The Yorkshire Vet** New edition Rohin Aojula brings in heavy machinery to help a cow which has pushed out its uterus after giving birth, and Peter Wright operates on a barn owl with a badly damaged wing. (S)
9.00 **The Hotel Inspector** New edition 2/8. Alex Polizzi sets out on a rescue mission to revive a stagnant pub – the Kings Arms in Leicestershire – and tackle a broken relationship before it breaks the business. (S)
10.00 **I Survived the Yorkshire Ripper** Documentary claiming to reveal more victims beyond the 13 murders and seven attempted murders for which Peter Sutcliffe was convicted. (S)(R)
11.30 **Cricket World Cup** South Africa v Netherlands. (S)
12.35 AM **Traffic Cops** (S)(R)
1.30 **PlayOJO Live Casino Show** (S)
3.30 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
4.20 **Britain's Greatest Bridges** (R)
5.05 **Wildlife SOS** (S)(SL)(R)
5.30 **House Doctor** (S)(SL)(R)
5.55 **to 6.00** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Air Ambulance ER** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Al Murray: Why Do the Brits Win Every War?** (R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **NCIS: Los Angeles** (S)(R)
3.00 **Hawaii Five-0** (S9) (S)(R)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *Moms I'd Like to Forget:* Marge is reunited with three old friends. (S)(R) **5.30** *Flaming Moe:* Moe turns his tavern into a gay bar. (S)(R) **6.00** *Homer the Father:* Bart hankers after a mini-bike. (S)(R)
6.30 **The Fresh Prince of Bel Air** 1/26. Will and Carlton move into an apartment. (S4) (S)(R)

9.00 Resident Evil

7.00 **Cricket World Cup** South Africa v Netherlands: Action from today's group match at HPCA Stadium in Dharmashala, India.
8.00 **UFO** 2/4. When US Navy pilots encounter an unidentified aerial phenomenon in 2004, conversations around UFOs move from the fringes to the centre of the Pentagon. (S)(R)(AD)
9.00 FILM **Resident Evil** Sci-fi horror thriller based on the popular video game series, starring Milla Jovovich. A commando team battle a deadly supercomputer and an army of undead zombies when they try to stop a viral outbreak. With Michelle Rodriguez, Eric Mabius and James Purefoy. (S) (2002, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 **Brassic** 3/8. A young German man comes to town looking for Tommo. (S5) (S)(R)
12.00 M'T **The Blacklist** 17/22. Hudson's investigation escalates. (S10) (S)(R)
1.00 AM **The Force: North East** (R)
2.00 **Stop, Search, Seize** (S)(R)
3.00 **Hawaii Five-0** (S9) (S)(R)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
10.40pm Sportscene **11.25** Street Gangs **11.55** Stranger in My Family **12.55am** Michael McIntyre's The Wheel **1.55** Weather for the Week Ahead **2.00-6.00am** BBC News

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm Match of the Day from Northern Ireland **11.20** Stranger in My Family **12.20am** Michael McIntyre's The Wheel **1.20-6.00am** BBC News

WALES
Sky **965**, Virgin **864**, Freesat **965**
10.40pm Rookie Nurses **11.10** Stranger in My Family **12.10am** Michael McIntyre's The Wheel **1.10-6.00am** BBC News

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm QI **11.15pm-12.15am** Miriam Margolyes: Australia Unmasked

WALES
Sky **968**, Freesat **968**
4.15-5.15pm First Minister's Questions **11.15** Beacons: Short Films from Wales New episode **11.25** Mortimer & Whitehouse: Gone Fishing **11.55pm-12.15am** Coast

ITV1

As main ITV1 except:
WALES
10.45pm Face to Face New edition **11.15-11.40pm** Wales on TV

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Bwyd Bach Shumana a Catrin **12.30** Heno **1.00** Lowri Morgan: Her 333 **1.30** Cefn Gwlad **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd New edition **3.05** Y Fets **4.00** Awr Fawr **5.00** Stwnsh **6.00** Adre **6.30** Sgorio **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Rownd a Rownd New episode **8.55** Newyddion S4C a'r Tywydd **9.00** NEW SERIES Gwesty Aduniad **10.00** Rocco Schiavone New episode **11.05-11.40pm** Arfordir Cymru: Môn

TV&Satellite week
New issue on sale today

BBC3

115/117/121 | 107/157 | 23 107 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Crazy Fun Park** New episodes 3/10. Violetta becomes suspicious of Chester's behaviour. **7.30** 4/10. Violetta discovers Gonzo is literally crumbling away. (S1)
7.55 **The Catch Up**
8.00 **Top Gear** The decline of the British sports car industry.
9.00 **Soldier** 2/5. The remaining infantry recruits are pushed to breaking point.
10.00 FILM **Us** Horror thriller starring Lupita Nyong'o and Winston Duke. A family's life turns into a nightmare when a group of strangers begin to terrorise them. (2019, 15, 116min) ★★★★
11.50 **The Bold Type** New episode 2/16. (S4)
12.30 AM **BBC New Comedy Awards** Larry Dean hosts.
1.00 **The Fast and the Farmer-ish** Double bill.
2.00 **Scars: Surviving a Stabbing** Documentary.
3.00 **to 4.00** AM **Ballers: Ball or Nothing**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Africa** The creatures of the Congo rainforest.
8.00 **Some Mothers Do 'Ave 'Em** Frank is introduced to the idea of fatherhood.
8.30 **Yes, Minister** Jim runs into an environmental controversy.
9.00 **Princes in the Tower: Lucy Worsley Investigates** 3/4. Lucy uncovers the story of Edward IV's sons Edward and Richard, whose disappearance in 1483 from the Tower of London has led to centuries of mystery.
10.00 **The Eichmann Show** Fact-based drama about the televising of the 1961 trial of Adolf Eichmann, one of the major organisers of the Holocaust. Martin Freeman and Anthony LaPaglia star.
11.30 **Imagine: Sonia Boyce – Finding Her Voice**
12.40 AM **Frank Bowling's Abstract World**
1.10 **Africa** As 7.00pm.
2.10 **to 3.10** AM **The Celts: Blood, Iron and Sacrifice with Alice Roberts and Neil Oliver**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Roast beef with mulled wine gravy.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.50 **The Secret Life of the Zoo** An elephant calf is born at Chester Zoo.
6.55 **The Dog House Australia** Charlotte comes into the sanctuary looking for a best friend for Zeke the pug.
7.55 **Grand Designs: Living in the Wild** Kevin McCloud looks at the challenges of self-building in remote places, revealing which designs work best in a location where beautiful landscapes often meet savage weather.
9.00 **24 Hours in A&E** Staff are concerned that an elderly man who fell out of bed and hurt his head may have incurred brain injuries.
10.00 **24 Hour Baby Hospital** A couple return to the Rotunda hoping for the safe arrival of their baby girl, after tragically suffering miscarriages in the past.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hour Baby Hospital**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Married at First Sight UK**
8.00 **Melissa & Joey**
9.00 **Brooklyn Nine-Nine**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **The Big Bang Theory** (S3&11)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Married at First Sight UK**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Things get too much for Hunter.
7.30 **Young Sheldon** 7/21. Missy stands up to the boys on her baseball team. (S3)
8.00 **Modern Family** 23/24. Phil takes the family on a road trip in his motor home. **8.30** 24/24. The entire family support Phil at his mother's funeral. (S4)
9.00 **Married at First Sight UK** New edition Reality experiment to see whether science can help people who have never met fall in love.
10.00 NEW SERIES **Rick and Morty** 1/10. Rick tries to help an old friend. (S7) **10.35** 10/10. Morty longs for a Christmas gift. (S6)
11.05 **Naked Attraction**
12.10 AM **First Dates**
1.15 **Married at First Sight UK**
2.20 **Gogglebox**
3.15 **Below Deck Sailing Yacht**
4.00 **Brooklyn Nine-Nine**
4.50 **to 6.00** AM **Black-ish**

+1 hour 235/236 | 306 | 30 | 123

Tuesday primetime

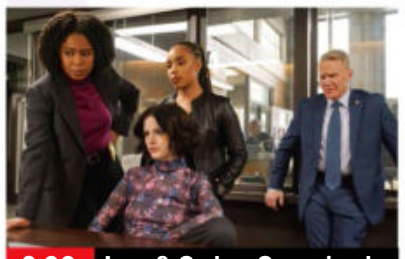
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Patrol**
9.00 **Border Security: America's Front Line**
10.00 **Motorway Patrol**
10.30 **Highway Patrol**
11.00 **The Force: Manchester**
12.00 NOON **FBI** 11/22. (S1)
1.00 PM **Bull** 12/16. (S5)
2.00 **Blue Bloods** 19/21. Jamie partners with the FDNY to track down an arsonist. (S13)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**


9.00 Law & Order: Organized...

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *Irish Exits:* 20/21. Frank worries a friend is hiding the true reason for returning to New York. (S13)

9 PM

9.00 **Law & Order: Organized Crime** Series finale *With Many Names:* 22/22. OCCB and SVU close in on a callous suspect. (S3)

10 PM

10.00 **Blue Bloods** *Redemption:* 4/16. Erin struggles with the weight of her authority. (S11)
11.00 **The Rookie** 1/20. (S2)
12.00 M'T **Coroner** 7/10. (S3)
1.00 AM **9-1-1: Lone Star** (S2)
2.00 **Madam Secretary** 7/10. (S6)
3.00 **Chicago Fire** 10/22. (S11)
4.00 **Border Security: America's...**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Urban Secrets**
7.55 **Six Feet Under** (S3&4)
10.10 **Ray Donovan** (S5)
12.15 PM **Game of Thrones** (S6)
1.20 **The Knick** 3&4/10. (S2)
3.30 **Six Feet Under** 2/12. Keith starts work as a bodyguard. **4.35** 3/12. Claire discovers Edie is a lesbian. (S4)
5.40 **Ray Donovan** 1/12. A suicidal Ray is pulled from the East River in New York. **6.45** 2/12. A witness willing to give answers could rock Mac and Ray's worlds. (S6)

9.00 The Lovers

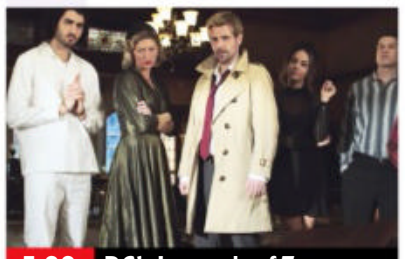
7.50 **Game of Thrones** *The Winds of Winter:* 10/10. As Cersei awaits judgement, Walder Frey and Jaime celebrate at Riverrun. Meanwhile, winter finally arrives. (S6)
9.00 **The Lovers** 6/6. Janet's boss urges her not to give up on Seamus. (S1)
9.40 **Billions** *Enemies List:* 10/12. Prince makes big changes in the wake of betrayal. (S7)
10.45 **The Gilded Age** *Face the Music:* 3/9. Marian continues to see Mr Raikes despite Agnes' warnings. (S1)
11.50 **Billions** 12/12. Chuck, Axe and Prince attempt to outsmart each other. (S5)
1.00 AM **Game of Thrones** (S6)
3.30 **In Treatment** (S2)
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Supergirl** 1/20. (S6)
7.00 **DC's Legends of Tomorrow**
8.00 **The Flash** 2/13. (S9)
9.00 **Stargate SG-1** (S2)
11.00 **Supergirl** 2/20. (S6)
12.00 NOON **The Flash** 2/13. (S9)
1.00 PM **NCIS: Los Angeles** (S14)
3.00 **Hawaii Five-0** 22/25. (S9)
4.00 **S.W.A.T.** 19/23. (S2)
5.00 **DC's Legends of Tomorrow**
6.00 **Stargate SG-1** 19/22. The team accidentally spread a disease throughout an ancient civilisation. (S2)

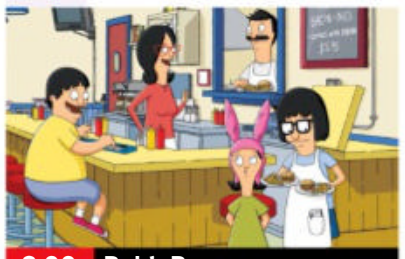

5.00 DC's Legends of Tomorrow

7.00 **Stargate SG-1** *Show and Tell:* 20/22. Invisible aliens plot to destroy mankind during a war with the Goa'uld. (S2)
8.00 **A League of Their Own Road Trip: Loch Ness to London** A compilation of at unseen moments and challenges from the series.
9.00 **A Discovery of Witches** 7/7. Matthew is tortured by Benjamin, while Diana tries to work out where he is being held. (S3)
10.00 **Brassic** *Hans:* 3/8. A German man comes looking for Tommo. (S5)
11.00 FILM **Saw V** Horror sequel. (2008, 18, 92min) ★★
12.45 AM **Jason Blum's Horror Movie Picks** The producer selects his favourite films.
1.00 **The Blacklist** 17/22. (S10)
2.00 **Never Mind the Buzzcocks** New edition Music quiz.
2.45 **Road Wars**
3.10 **Hawaii Five-0** 22/25. (S9)
4.05 **S.W.A.T.** 19/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **CITV**
9.00 **One Tree Hill** 11/22. (S1)
10.00 **Dawson's Creek** 4/24. (S6)
11.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Alan Carr's Epic Gameshow** An updated version of *The Price Is Right*.
2.00 **Chuck** 8/19. (S3)
3.05 **One Tree Hill** 12/22. (S1)
4.00 **Dawson's Creek** 5/24. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Sophie Ellis-Bextor.


8.00 Bob's Burgers

7.00 **Alan Carr's Epic Gameshow** The comedian presents a revival of classic game show *Take Your Pick*.
8.00 **Bob's Burgers** 15/22. Louise, Millie, and Rudy plot their revenge. **8.30** 16/22. Tales of a tree incident. (S12)
9.00 **Big Brother** New edition The social experiment continues as a host of housemates compete to win a life-changing prize.
10.00 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present the companion show to this year's series.
11.05 **Family Guy** 10/20. Peter's goes on a ghost-hunting trip. **11.35** 5/20. Lois receives a surprising present. (S17)
12.05 AM **American Dad!** (S13)
1.00 **Bob's Burgers** (S12)
2.00 **Don't Hate the Playaz**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.10 **Bless This House**
9.15 **Where the Heart Is**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *Nemesis:* The sleuth receives instructions from a recently deceased friend to investigate an unspecified possible crime.
5.55 **Heartbeat** *Strike Up the Band:* Rivalry between two brass bands gets out of hand.

8.00 Midsomer Murders

6.55 **Heartbeat** *Return Crossing:* A widow becomes embroiled in her late husband's corrupt dealings.
8.00 **Midsomer Murders** *Drawing Dead:* A former supermodel is murdered at a comic convention – and the only clue is a comic that seems to reveal the dark secrets of several local people. Guest stars Bill Bailey.
10.00 **Cracker** *True Romance:* Part two of two. Fitz takes a desperate gamble by confronting a murderous Janice.
11.10 **Wycliffe** *Happy Families:* A schoolgirl is found dead, and Wycliffe applies his well-honed instincts to discover whether she was murdered or committed suicide.
12.20 **to 2.30** AM **Where the Heart Is**

+1 hour 219 317 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Grand Tours of Scotland's Lochs** 1/6. Paul Murton explores the Argyll coast.
8.00 NEW SERIES **Scotland's Sacred Islands with Ben Fogle** 1/4. The adventurer explores the spiritual legacy of remote islands.
9.00 **The Nine**
10.00 **David Wilson's Crime Files: Scams & Scandals** New edition 2/10. The criminologist explores romance fraud.
10.30 **The Big Scottish Book Club** New edition 2/4. A crime fiction special, with Ann Cleeves, Irvine Welsh and Lauren Lyle.
11.30 PM **to 12.00** M'T **Body on the Beach: What Happened to Annie?** 2/4. Hazel Martin pieces together Annie Borjesson's final hours.

Sky Comedy

114/115 112 347 362

8.00 AM **Young Rock** (S2)
9.00 **Fresh Prince of Bel Air**
9.30 **Run** 4/7. (S1)
10.00 **Wellington Paranormal**
11.00 **Fresh Prince of Bel Air**
11.30 **Crashing** 6&7/8. (S1)
12.50 PM **House of Lies** (S4)
1.30 **Silicon Valley** (S3)
3.30 **Fresh Prince of Bel Air**
4.00 **Wellington Paranormal**
5.00 **Young Rock** (S2)
6.00 **Run** 5/7. (S1)
6.30 **Fresh Prince of Bel Air**
7.00 **Will & Grace** 7/24. Jack decides to look for a new apartment. **7.30** 8/24. Jack gives advice to Grace. (S8)
8.00 **The Office (US)** (S6)
9.00 **Curb Your Enthusiasm**
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.00 M'T **Ricky Gervais Live: Animals** Stand-up show.
1.30 AM **Breeders** (S3)
2.35 **Camping (US)** (S1)
3.05 **House of Lies** (S4)
3.40 **to 5.00** AM **Crashing**

Sky Arts

130/131 140 123 11 147 365

6.00 AM **Arts Uncovered**
6.10 **ENO's Drive & Live: La Bohème**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering: Tom Hanks**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the Unexpected**
2.00 **Wonderland: From JM Barrie to JRR Tolkien**
3.00 **The Art Mysteries**
4.00 **Discovering: Denzel Washington**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Joy of Painting**
8.00 **Katharine Hepburn: Call Me Kate**
10.00 **The Movies**
11.00 **Discovering: John Mills**
12.00 M'T **I Am Patrick Swayze**
2.00 AM **Escher: Journey Into Infinity**
3.35 **Discovering: Bee Gees**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **The South Bank Show**

Pick

151 135 36 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Cops**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Voyager** (S1)
8.00 **Magnum P.I.** 18/20. (S4)
9.00 **The Rookie** 11/14. (S3)
10.00 **Killing Mum and Dad**
11.00 **Snapped** A woman's body is found after a fire.
12.00 M'T **How I Caught the Killer** True crime series.
1.00 AM **Brit Cops: Rapid Response**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.00 AM **Billie and Greg: The Family Diaries**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Only Way Is Essex**
2.05 **Great Chocolate Showdown**
3.05 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Salt Lake City**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **The Big Bake: Halloween**
9.00 **Emergency Nurses: A&E Stories** New edition
10.00 **My Mum, Your Dad Australia** New edition It is now time for the Blessing Ceremony.
11.30 **The Only Way Is Essex**
12.15 AM **Be Beautiful**
12.30 **to 1.00** AM **Unwind**

+1 hour 319 58

GREAT! tv

157 170 50 142

8.00 AM **Diagnosis Murder**
9.00 **Sue Thomas: F.B.Eye**
11.00 **Castle** 17&18/24. (S1)
1.00 PM **Sue Thomas: F.B.Eye** 15&16/19. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 13/24. Radar is bitten by a dog. **7.30** 14/24. Radar rescues a lamb that was destined for the spit. **8.00** 15/24. Frank proposes to Hot Lips. **8.30** 16/24. Henry delivers a sex education lecture. (S3)
9.00 **Randall and Hopkirk (Deceased)** 6/26. (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **Great! Movie News Extra**

+1 hour 257 62 143

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **World of Sport**
6.20 **Minder**
7.25 **The Professionals**
8.30 **Dempsey and Makepeace**
10.30 **Magnum, PI**
11.30 **BattleBots**
12.30 PM **The Saint**
1.40 **Dempsey and Makepeace**
2.40 **Magnum, PI**
3.40 **The Professionals**
4.50 **Minder**
6.00 **BattleBots** New edition The round of 32 continues as another eight bots compete.

7.00 The Chase Celebrity Special

7.00 **The Chase Celebrity Special** *Emmerdale* stars Anthony Quinlan, Louisa Clein, James Moore and Dominic Brunt take part.

8.00 **River Monsters** Tracking down the Nile perch in Africa's Rift Valley. **8.30** A search for the bull shark in South Africa.

9.00 FILM **Kull the Conqueror** Adventure starring Kevin Sorbo and Tia Carrere. Kull the Conqueror is a king who battles against enemies determined to topple him. (1996, 12, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

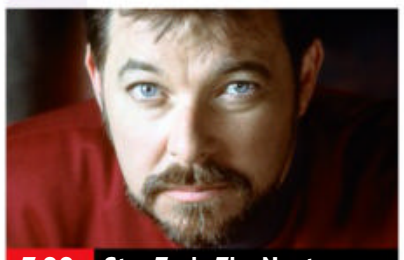
11.05 **Wrestling: AEW Rampage** Hard-hitting, high-flying wrestling action with many of AEW's biggest stars.
12.10 AM **Auto Mundial**
12.40 **Motorsport Mundial**
1.05 **The Professionals**
2.05 **to 3.00** AM **Minder**

+1 hour 220 318 60 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
7.00 **Warehouse 13** 11/13. (S3)
8.00 **Teleshopping**
11.00 **Atlantis** 6/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 4&5/26 (S7)
2.00 PM **Fringe** 3/22. (S3)
3.00 **Atlantis** 7/13. (S1)
4.00 **Stargate SG-1** 7/22. (S3)
5.00 **Stargate Atlantis** (S4)
6.00 **Star Trek: The Next Generation** 4/26. Part one of two. Picard fails to return from an archaeological trip. (S7)


7.00 Star Trek: The Next...

7.00 **Star Trek: The Next Generation** *Gambit – Part Two:* 5/26. The mercenaries challenge Riker to kill Picard. (S7)

8.00 **Star Trek: Voyager** *Homestead:* 23/26. Members of Neelix's species risk losing their homes to excavators. (S7)

9.00 FILM **Devil's Triangle** Adventure starring Diana Prince. Marine biologists discover the lost city of Atlantis and quickly realise the inhabitants have evil intentions. (2021, PG, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Westworld** *The Absence of Field:* 3/8. Dolores and Caleb begin to form a key partnership. (S3)
12.00 M'T **Westworld** 4/8. Bernard and Ashley infiltrate a private charity event. (S3)
1.10 AM **Chucky** 3&4/8. (S2)
3.10 **Warehouse 13** 11/13. (S3)
4.05 **Star Trek: Voyager** (S7)
5.05 **to 6.00** AM **Stargate Atlantis**

+1 hour 241 320 130

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Rizzoli & Isles** 8/10. (S1)
10.00 **Hudson & Rex** 10/16. (S4)
11.00 **Without a Trace** 15/23. (S3)
12.00 NOON **Frankie Drake Mysteries** 4/10. (S4)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S16)
4.00 **Rizzoli & Isles** 8/10. (S1)
5.00 **Hudson & Rex** 10/16. (S4)
6.00 **Without a Trace** 15/23. Jack and the team investigate the kidnapping of a controversial society girl. (S3)

9.00 So Help Me Todd

7.00 **Elementary** *We Are Everyone:* 3/24. A civil contractor disappears after leaking top-secret information online. (S2)

8.00 **Death in Paradise** *Dark Memories:* 7/8. A face from JP's past is caught red-handed at a murder scene. (S7)

9.00 **So Help Me Todd** New episode *Big Bang Theories:* 8/21. Lyle's niece Angie is accused of committing a crime. (S1)

10.00 **My Life Is Murder** New episode *Bloodlines:* 3/10. A thoroughbred is blamed for the death of his handler. (S3)
11.00 **Person of Interest** 9/13. The Machine comes up with the number of a locksmith who is about to detonate a bomb in an office. (S5)
12.00 M'T **Elementary** As 7.00pm.
1.00 AM **Hudson & Rex** 10/16. (S4)
2.00 **to 4.00** AM **Evil**

+1 hour 209/210 314

GOLD

110/111 110/111 124 344 359

7.05 AM **Highlights**
8.20 **2point4 Children**
9.00 **Hi-de-Hi!**
9.40 **Still Open All Hours**
10.20 **Last of the Summer Wine**
11.40 **Keeping Up Appearances**
12.20 PM **2point4 Children**
1.00 **The Thin Blue Line**
1.40 **Dad's Army**
3.00 **Hi-de-Hi!**
3.40 **Keeping Up Appearances**
4.20 **The Thin Blue Line**
5.00 **Last of the Summer Wine**
6.20 **The Green Green Grass**

9.00 Detectorists

7.00 **The Green Green Grass** Boycie is forced to pay his mother-in-law a visit.
7.40 **The Good Life** Tom and Barbara's visits to evening classes become unusually productive. **8.20** Barbara and Tom's early morning activities disturb Margo and Jerry.

9.00 **Detectorists** Terry is expecting a big turnout for the DMDC's annual rally.
9.40 **Dad's Army** The platoon take part in an exercise with the regular army.
10.20 **Ghosts** Alison plans to make an investment, but The Captain and Kitty find something suspicious.

11.00 **The Office**
11.40 **Live at the Apollo**
12.40 AM **Detectorists**
1.20 **Ghosts**
1.55 **The Office**
2.40 **The Good Life**
3.10 **to 4.00** AM **Live at the Apollo**

+1 hour 210/211 324

Dave

111/112 127 19 157

7.10 AM **Exploration Volcano**
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **The Force: Behind the Line**
10.00 **Inside the Factory**
11.00 **Rick Stein's French Odyssey**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear** Triple bill.
4.00 **Pointless** Quiz series.
5.00 **Rick Stein's Cornwall**
6.00 **Rick Stein's French Odyssey** Rick visits the canteen of the French Foreign Legion. **6.30** The chef serves up grilled sardines in Narbonne.

8.20 Would I Lie to You?

7.00 **Richard Osman's House of Games** With Sanjeev Kohli and Tiff Stevenson. **7.35** With Anne Diamond, Rory Reid, James Acaster and Samantha Womack.
8.20 **Would I Lie to You?** With guest panellists Jo Brand, Roisin Conaty, Paul Foot and Ray Mears.

9.00 **QI XL** Jo Brand, Ben Goldacre and Andy Hamilton join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Clive Myrie hosts, with guests Camilla Long and Miles Jupp.
11.00 **Have I Got a Bit More News for You** With Jess Phillips.
12.00 M'T **Alan Davies: As Yet Untitled** With Isy Suttie.
1.00 AM **Mock the Week**
1.40 **Meet the Richardsons**
2.45 **Sliced**
3.30 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211 327 57

7 PM 8 PM 9 PM 10 PM

Tuesday

4seven

137/138 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **The Great House Giveaway** In Lancashire.
2.30 **Help! We Bought a Village** Documentary.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Help! We Bought a Village** A restored village in Italy prepares to host its first guests.
8.00 **Jamie's Five Ingredient Meals** Recipes that require very few ingredients.
9.00 **Great Pottery Throw Down** Retro Week.
10.15 **International Football** Live post-match reaction to England v Italy.
10.45 **Celebrity SAS: Who Dares Wins**
11.50 **Big Fat Quiz of the Decade** With Alan Carr.
1.50 AM **Taskmaster**
2.50 **Bangers: Mad For Cars**
3.45 **to 4.45** AM **The Great British Bake Off: An Extra Slice**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** (S8)
10.55 **Entertainment News**
11.00 **NCIS** 14/24. (S8)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Penelope Papers:* 3/24. McGee's relative is implicated in the killing of a lieutenant. **7.00** *Enemy on the Hill:* 4/24. The team try to uncover the motive behind a contract killing. **8.00** *Safe Harbour:* 5/24. A coastguard officer is found dead on board a ship. (S9)
9.00 **Law & Order: Criminal Intent** *Icarus:* 7/8. A Broadway star falls to his death. **10.00** *To the Boy in the Blue Knit Cap:* 8/8. Last-ever episode. (S10)
11.00 **Law & Order: Special Victims Unit** (S5)
12.55 AM **Criminal Minds**
2.50 **Lucifer** 12/18. (S2)
3.35 **to 4.00** AM **999: Criminals On Camera**

+1 hour 241 320 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Casualty 24/7: Every Second Counts**
11.00 **GPs: Behind Closed Doors** Medical series.
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **Babies 24/7: The Maternity Ward**
8.00 **GPs: Behind Closed Doors** Medical series.
9.00 **999: Emergency Call Out** New edition Documentary following fast response units.
10.00 **Ambulance: Code Red**
11.00 **999: Critical Condition**
12.00 M'T **Sleeping with My Murderer**
1.00 AM **Killer at the Crime Scene** Documentary.
2.00 **Skin A&E**
2.50 **to 3.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Trucking Hell**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON FILM **Horizons West** Western with Rock Hudson and Robert Ryan. (1952, PG, 90min) ★★
1.45 PM FILM **Arrowhead** Western with Charlton Heston and Jack Palance. (1953, U, 105min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Motorway Cops: Catching Britain's Speeders** An officer stops a vehicle with links to drug dealing.
10.00 **Ice Cold Catch** New edition Caitlin must prove herself.
11.00 **Deadliest Weather: Caught on Camera**
12.00 M'T **Police: Night Shift 999** Documentary.
1.00 AM **Fights, Camera, Action!** Public transport.
2.00 **to 3.00** AM **Sinkholes: Buried Alive**

W

132/133 827 125 25 156

6.10 AM **Changing Rooms Australia** DIY series.
7.30 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **DIY SOS: Homes for Veterans**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Rochelle Humes: Interior Designer in the Making**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **DIY SOS: Homes for Veterans** Creating a home for a veteran who is a triple amputee.
8.00 **Ambulance Australia**
9.00 **24 Hours in A&E**
10.00 **999 Rescue Squad**
11.00 **Louis Theroux: Extreme Love – Dementia**
12.00 M'T **One Born Every Minute** Documentary.
1.00 AM **Plate of Origin**
2.20 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.45 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **Pie in the Sky**
3.10 **Bergerac**
4.20 **All Creatures Great and Small**
5.30 **The Upper Hand**
6.05 **'Allo 'Allo!**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *An Advancement of Learning:* The duo investigate an intellectual mystery.
10.00 **New Tricks** *Roots:* The detectives look into an immigrant's murder.
11.20 **Dalziel & Pascoe**
1.20 AM **Dancing on the Edge** 4/5. Drama. (S1)
2.50 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

TUESDAY Entertainment

Tuesday

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Ibiza.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **The Repair Shop**
10.00 **The Yorkshire Auction House** A bell collection.
11.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A medieval-style tent and a chair.
1.00 PM **A Place in the Sun**
2.00 **My 600lb Life**
4.00 **Animal Cops Phoenix**
5.00 **Cornwall Air 999**
6.00 **The Yorkshire Auction House** A coin collection.
7.00 **Antiques Road Trip**
9.00 **My Feet Are Killing Me**
10.00 **90 Day Fiancé** Bilal blindsides Shaeeda with talk of a prenup.
12.00 M'T **The Dead Files**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Animal Cops Phoenix**
5.00 **to 6.00** AM **Money for Nothing**

Challenge
145 139 48 146

7.00 AM **The Chase**
10.00 **Catchphrase**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Pointless Celebrities**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Blockbusters**
4.00 **Bullseye** Four editions of the darts-based quiz.
6.00 **Classic Who Wants to Be a Millionaire?** Quiz.
7.00 **Weakest Link** Anne Robinson hosts the quiz.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link**
1.00 AM **The Chase**
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42 305

8.00 AM **Wild West...**
9.00 **FILM The Desperadoes** Western. (1943, U) ★★
10.50 **Battle Honours**
12.00 NOON **Wild West...**
1.00 PM **FILM Cowboy** Western. (1958, PG, 90min) ★★★
2.55 **FILM The Last Frontier** Western adventure. (1955, PG, 97min) ★★
5.10 **FILM Christmas Truce** Drama. (2015, PG) ★★
7.10 **FILM Final Voyage** Action adventure. (1999, 15, 91min) ★★
9.00 **FILM The Hard Corps** Action thriller. (2006, 15, 110min) ★★★
11.15 **FILM The Expatriate** Action thriller. (2012, 15, 100min) ★★
1.20 AM **FILM Resident Evil: Apocalypse** Horror. (2004, 15) ★★★
3.20 **Wild West Chronicles**
4.00 **to 5.00** AM **Battle Honours**

+1 hour 324

GREAT! movies
321 425 34 302

9.00 AM **FILM The Nurse** Drama. (2014, PG) ★★
11.00 **FILM Fatal Trust** Thriller. (2006, PG, 89min) ★★
1.00 PM **FILM Summer in the Vineyard** Drama. (2017, PG, 82min) ★★
3.00 **FILM Season for Love** Romantic drama. (2018, PG, 90min) ★★
5.00 **FILM Early Release** Thriller. (2017, PG) ★★
7.05 **FILM Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG, 92min) ★★
9.00 **FILM Cold Comes the Night** Thriller. (2013, 15, 88min) ★★★
10.50 **FILM Drive** Stylish film-noir thriller. (2011, 18, 100min) ★★★★★
12.55 AM **FILM Stratton** Action thriller. (2017, 15, 94min) ★★
2.50 **Wild West Chronicles**
4.00 **to 6.00** AM **FILM Fatal Memories** Mystery. (2014, 12, 90min) ★★

+1 hour 322 61

GREAT! christmas
319 424 52 303

8.00 AM **FILM Christmas Do-Over** (2006, PG) ★★
10.00 **FILM Christmas Stars** Romantic comedy. (2019, PG, 88min) ★★
12.00 NOON **FILM Hats Off to Christmas!** Drama. (2013, PG, 85min) ★★
2.00 PM **FILM A Gift to Remember** Drama. (2017, U, 90min) ★★
4.00 **FILM My Christmas Love** (2016, PG) ★★
6.00 **FILM Finding Father Christmas** Drama. (2016, U, 83min) ★★
8.00 **FILM Christmas in Paris** Romantic drama. (2019, PG, 90min) ★★
10.00 **FILM Trading Christmas** Drama. (2011, U) ★★
12.00 M'T **FILM Christmas Song** Festive drama. (2012, PG, 88min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Christmas Bunny** Drama. (2010, PG) ★★

+1 hr 320 63 304

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 2/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Star Trek: Deep Space Nine** 11/26. (S4)
11.00 **Delete** 1&2/2. Thriller.
2.40 PM **FILM Basilisk: The Serpent King** Fantasy. (2006, 15, 85min) ★★
4.25 **The Twilight Zone** (S1)
5.00 **Star Trek** 15/24. (S3)
6.00 **Star Trek: Deep Space Nine** 12/26. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Hannie Caulder** Western starring Raquel Welch and Robert Culp. (1971, 15, 85min) ★
10.45 **FILM Dog Eat Dog** Thriller with Nicolas Cage and Willem Dafoe. (2015, 18, 93min) ★★
12.35 AM **FILM Pacific Heights** Crime thriller. (1990, 15, 104min) ★★★★
2.35 **to 4.30** AM **FILM The Golem** Horror. (2018, 15, 95min) ★★

DMAX
172 169 38 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
10.00 **Edge of Alaska**
11.00 **Alaska: Last Frontier**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
4.00 **Wheeler Dealers**
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Aussie Gold Hunters**
9.00 **Aussie Gold Hunters: Mine SOS** Documentary.
10.00 **Hoffman Family Gold**
11.00 **Outback Opal Hunters**
12.00 M'T **Alaska: Homestead Rescue** A critical rescue.
1.00 AM **Life Below Zero**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 258 369

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Barefoot Contessa**
9.00 **The Kitchen** New edition
10.00 **Slice of Italy**
11.00 **River Cottage to the...**
12.00 NOON **Great British...**
2.00 PM **French Adventure**
3.00 **American Adventure**
4.30 **Barefoot Contessa**
5.00 **The Pioneer Woman** New edition
5.30 **The Pioneer Woman**
6.00 **French Adventure**
7.00 **Great British Bake Off**
8.00 **River Cottage to the Core** Cooking series.
9.00 **Ainsley's Food We Love**
10.00 **American Adventure**
11.30 **Diners, Drive-Ins and Dives** From California.
12.00 M'T **Guy's Grocery Games** New edition
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Halloween Baking Championship**

+1 hour 240/241 149

Comedy Central
112/113 132 345 360

8.00 AM **Most Ridiculous**
9.00 **The Middle** (S8)
11.00 **Home Improvement**
1.00 PM **Last Man Standing**
2.00 **Friends** (S6&7)
8.00 **Friends** 12/24. Ross and Joey become trapped on the roof **8.30** 13/24. Phoebe spends a surreal first day at work. (S7)
9.00 **FILM Scary Movie** Spoof of teen stalk 'n' slash movies, starring Shannon Elizabeth, Marlon Wayans and Carmen Electra. (2000, 18, 88min) ★★
10.35 **Jimmy Carr: Being Funny** Stand-up show.
11.35 **Your Face or Mine**
1.05 AM **South Park** (S2)
2.35 **Beavis and Butt-Head**
3.00 **The Daily Show** New edition Talk show.
3.25 **Michael McIntyre's Big Show** With Olly Murs.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Criminally Funny**
7.00 **Teleshopping**
9.00 **Guessable?** (S1)
10.00 **Takeshi's Castle**
11.00 **Friends** (S4)
1.00 PM **Impractical Jokers**
3.00 **The Middle** (S6)
5.00 **Last Man Standing**
7.00 **Home Improvement**
9.00 **Friends** 5/24. Joey takes Tag out on the town. **9.30** 6/24. Monica struggles to choose a maid of honour. (S7)
10.00 **Rob Delaney Live: Jackie** Stand-up show.
11.00 **Ricky Gervais Show**
12.00 M'T **Ugly Americans**
2.00 AM **Baddiel & Skinner Unplanned Live**
3.20 **Rich Hall: Comedy Central Live**
3.45 **Tom Allen at the Comedy Store**
4.05 **Lee Nelson at the Comedy Store**
4.30 **The Ren & Stimpy Show**
5.15 **to 6.00** AM **Takeshi's Castle**

Blaze
164 174 64 162

6.00 AM **Hardcore Pawn**
7.20 **Storm Stories**
8.15 **Ancient Aliens**
10.10 **Curse of Oak Island**
11.10 **Britain's Most Historic Towns** Viking York.
12.10 PM **Storage Wars**
1.05 **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Storm Stories**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Monsterquest**
10.00 **Swamp People: Serpent Invasion**
11.00 **The Proof Is Out There**
12.00 M'T **Curse of Oak Island** Marty Lagina makes a discovery.
1.00 AM **Britain's Most Historic Towns**
2.00 **Auction Kings**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars**
4.10 **Forged: Iron & Fire**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 81

5SELECT
153 138 46 133

9.00 AM **Cash in the Attic**
11.00 **The Yorkshire Vet**
1.00 PM **World's Most Scenic Railway Journeys**
2.00 **The Yorkshire Vet**
4.00 **The Highland Vet**
5.00 **Ben Fogle: New Lives in the Wild** North Africa.
6.00 **World's Most Scenic Railway Journeys**
7.00 **The Big Steam Adventure** Travelling from London to Scotland using only the power of steam.
8.00 **Rob Bell's Engineering Reborn** How a fire station became a gravity defying Port Building.
9.00 **Britain's Lost Battlefields with Rob Bell** Boudicca's uprising against the Roman occupation of Britain.
10.00 **Forged in Fire**
11.00 **The Pacific War in Colour** Double bill.
1.05 **to 3.00** AM **Forged in Fire**

HGTV
158 191 44 166

7.00 AM **Renovation Island**
8.00 **Love Your Garden**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by...**
12.00 NOON **My Lottery...**
1.00 PM **NEW SERIES Bargain Mansions**
2.00 **Flip or Flop Atlanta**
3.00 **Love Your Garden**
4.00 **Escape to the Country**
5.00 **Renovation Island**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by the Sea** From south Devon.
8.00 **Escape to the Country**
9.00 **Windy City Rehab** New edition DIY series.
10.00 **Luxe for Less** New edition Transforming a shabby kitchen.
11.00 **Bargain Mansions**
12.00 M'T **Fantasy Homes by...**
1.00 AM **Renovation Island**
2.00 **Love Your Garden**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 272 391 151

RealityXtra
147 172 68 134

9.00 AM **Medical Detectives**
11.00 **48 Hours**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Murder By the Sea**
3.00 **Medical Detectives** A tragedy on a boat sees the captain drown. **3.30** A wealthy real-estate tycoon is killed. **4.00** A tourist is killed in a Mexican resort. **4.30** The police struggle to solve the case of a banker's kidnapped wife.
5.00 **48 Hours** An American woman dies by gunshot whilst on a safari trip.
6.00 **Crimes That Shook Australia** The shooting of Peter Falconio.
7.00 **Judge Judy** Real-life small-claims cases.
1.00 AM **48 Hours**
1.55 **Crimes That Shook Australia** As 6.00pm.
2.55 **Murder by the Sea**
4.45 **to 6.00** AM **Medical Detectives**

TLC
133/134 828 165

7.00 AM **Flip or Flop**
8.00 **Extreme Cheapskates**
9.00 **My Extreme Excess Skin**
10.00 **Dr Pimple Popper**
11.00 **My 600lb Life**
12.00 NOON **1000lb Sisters**
1.00 PM **Sister Wives**
3.00 **Outdaughtered: Busby Quints**
4.00 **Diagnose Me**
5.00 **Dr Pimple Popper**
6.00 **My 600lb Life**
7.00 **Say Yes to the Dress**
8.00 **The Bad Skin Clinic**
9.00 **Dr Pimple Popper** Mike sees a doctor about a huge growth. **10.00** Tyler considers amputating his hands. **11.00** Ethan suffers from an irritating rash.
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
4.00 **The Bad Skin Clinic**
5.00 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

HorrorXtra
317 171 69 138

8.00 AM **FILM Lord of the Elves** Adventure. (2012, 12, 87min) ★★
10.00 **Farscape** 1/22. (S4)
11.00 **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
1.00 PM **FILM Martian Land** Sci-fi. (2015, PG) ★
3.00 **Farscape** 1/22. (S4)
4.00 **Star Trek** 3/30. (S1)
5.00 **FILM Monster Island** Thriller with Eric Roberts. (2019, PG, 90min) ★★
7.00 **Farscape** 2/22. (S4)
8.00 **Star Trek** *Where No Man Has Gone Before:* 4/30. The crew develop terrifying powers. (S1)
9.00 **FILM Stake Land** Horror thriller starring Nick Damici. (2010, 15, 98min) ★★★★
11.00 **FILM Peripheral** Horror with Hannah Arterton. (2018, 18, 90min) ★★
1.00 **to 3.00** AM **FILM Stake Land** As 9.00pm.

+1 hour 318 371 139

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Sun, Sea and A&E**
11.00 **UK Border Force**
12.00 NOON **Highway Patrol**
1.00 PM **Caught on Dashcam**
2.00 **Most Haunted**
4.00 **Quantum Leap** (S3)
6.00 **DC's Legends of Tomorrow** (S4)
8.00 **Highway Patrol**
9.00 **The Force: Manchester**
10.00 **The Russell Howard Hour** Topical comedy.
11.00 **Warrior** *Gotta Be Crooked to Get Along in a Crooked World:* 7/10. Young Jun steps up for the Hop Wei. (S3)
12.00 M'T **Sun, Sea and A&E**
2.00 AM **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

E!
159 159 835 160

7.00 AM **Wags Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **The Platinum Life**
11.00 **Jerseylicious**
12.00 NOON **Botched**
1.00 PM **Revenge Body with Khloe Kardashian**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** A cosplayer hopes to make her body more comical.
8.00 **Hollywood Medium with Tyler Henry** With Terrell Owens, Fairuza Balk and Carnie Wilson.
9.00 **Keeping Up with the Kardashians** The family make a decision about the future of the show. **10.00** Khloe runs into unexpected obstacles.
11.00 **Jerseylicious**
12.00 M'T **Dr 90210**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Very Cavallari**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Diesel Brothers**
7.00 **Deadliest Catch**
8.00 **Ed Stafford: First Man Out**
9.00 **Alaska: The Last Frontier**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Deadliest Catch**
3.00 **Alaskan Bush People**
4.00 **Blowing Up History**
5.00 **Wheeler Dealers** Mike Brewer and Edd China tackle their first electric project.
6.00 **Salvage Hunters** A collection of 19th-century balconet rails.

9.00 Gold Rush

7.00 Wheeler Dealers Mike discovers a true Japanese legend from the 1990s, the Nissan 300ZX twin turbo.

8.00 Outback Truckers Danyelle and Anthony face a nightmare when they learn their son has a sudden fever.

9.00 Gold Rush New edition After years of not speaking, Rick asks Parker for a favour.

10.00 Gold Rush: The Dirt Presents New edition Christo discusses the possibility of a 10,000-ounce season.

11.00 **Expedition Unknown**
12.00 M'T **How the Universe Works** Investigating dead stars known as white dwarfs.
1.00 AM **Gold Rush** As 9.00pm.
2.00 **Gold Rush: The Dirt Presents** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Kindig Customs**

+1 hour 225/226 377

Animal Planet

162 178

8.00 AM **Insane Pools: Off the Deep End** A jungle oasis.
9.00 **Amanda to the Rescue**
10.00 **Saved by the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **How Do Animals Do That?** Double bill of editions.
2.00 **Swimming with Monsters with Steve Backshall**
3.00 **Rugged Justice**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet**
6.00 **Insane Pools: Off the Deep End** Lucas remodels a pool.

8.00 The Aquarium

7.00 Amanda to the Rescue An energetic kitten faces being put down after breaking its leg for the second time.

8.00 The Aquarium A sea lion has stomach trouble and the team feed him a snack to find out why.

9.00 The Aquarium Technology from California is brought to the aquarium to monitor beluga whale activity.

10.00 Alaska: The Last Frontier Eivin takes his son Findlay on his first hunt, while Jane and Atz Lee fish for pike.

11.00 **Expedition Bigfoot**
1.00 AM **Alaska: The Last Frontier** Tempers flare as Otto, Eivin, and Levi move a workshop cabin to Otto's property.
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Britain's Greatest Machines with Chris Barrie**
11.00 **Building Impossible with Daniel Ashville**
12.00 NOON **Car S.O.S**
1.00 PM **Europe from Above**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Atlantis: Draining the Lost City** Evidence of the city.
5.00 **Car S.O.S** Fuzz and Tim fix a 1969 Lancia Fulvia 1.3 Rallye.
6.00 **Lost Treasures of Egypt**

6.00 Lost Treasures of Egypt

7.00 Air Crash Investigation A look into a Martinair flight which crashe in Portugal amid heavy rain and thunderstorms.

8.00 Hitler: The Lost Tapes of the Third Reich How Hitler turned Germany into a dictatorship and expanded the Reich.

9.00 World War II: Secrets from Above The Battle for Poland, from the fight to save Warsaw to an escape from Auschwitz.

10.00 WW2: Hell Under the Sea The Cuban missile crisis, following Soviet submarines carrying nuclear torpedoes.

11.00 **Air Crash Investigation** How UPS Flight 6 faced disaster after a fire started on board.
12.00 M'T **Airport Security: First Class** Drug-carrying sisters.
1.00 AM **Banged Up Abroad**
2.00 **Bid & Destroy**
2.55 **to 5.00** AM **Dog Impossible: New Leash**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Storage Wars**
7.00 **Forged in Fire**
8.00 **American Pickers**
9.00 **Pawn Stars Do America**
10.00 **Al Murray: Why Does Everyone Hate the English?**
11.00 **Treasures Decoded**
12.00 NOON **Auction Hunters**
1.00 PM **Storage Wars**
2.00 **Monsterquest**
4.00 **Digging for Britain**
5.00 **Pawn Stars Do America**
6.00 **American Pickers** The Wolfe brothers pay big for some nuggets of petroliana.

12.00 Truth & Lies

7.00 Forged in Fire Two one-on-one battles rage on as part of Gladiators of the Forge, and the smiths forge the deadly Sica.

8.00 What on Earth? New edition Exploring anomalies appearing on satellite images.

9.00 History's Greatest Mysteries New edition How Cleopatra's death in 31 BC has been shrouded in mystery.

10.00 Pawn Stars Do America The team look at vintage Italian vehicles and a San Francisco Giants collection at Oracle Park.

11.00 **Ancient Aliens** New edition
12.00 M'T **Truth & Lies** New edition A look at how scandals are not a modern phenomenon.
1.00 AM **Storage Wars**
2.00 **Curse of Skinwalker Ranch**
3.00 **What on Earth?** As 8.00pm.
4.00 **Digging for Britain**
5.00 **to 6.00** AM **Auction Hunters**

+1 hour 223/224 331

Yesterday

155 155 846 129 27 159

6.10 AM **Monster Ships**
8.00 **Abandoned Engineering**
10.00 **Narrow Escapes of World War II** Roy Urquhart's retreat from Arnhem.
11.00 **World War Weird**
12.00 NOON **Great American Railroad Journeys**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **World War Weird**
5.00 **Narrow Escapes of World War II** The holding of Tobruk.
6.00 **Great British Railway Journeys** Double bill.

12.00 Great American...

7.00 Antiques Roadshow The team discover the stories behind treasured objects associated with World War One.

8.00 Joanna Lumley's India Joanna's adventures across India conclude as she explores Rajasthan, Delhi and the north west.

9.00 The Architecture the Railways Built Presenter Tim Dunn visits Ribblehead Viaduct in the Yorkshire Dales

10.00 Bangers & Cash Derek takes delivery of a beautiful green Renault van, previously used as a bread van in Paris.

11.00 **Abandoned Engineering** An abandoned railway station near a town in Spain, and a record-breaking Arctic facility that goes deep below the surface.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Monster Ships**

+1 hour 255 329 74

Tuesday

7 PM 8 PM 9 PM 10 PM

Quest

144 144 834 137 12 172

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?**
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers** Worn antique tables.
6.00 **Wheeler Dealers: Dream Car**
7.00 **Outback Opal Hunters**
8.00 **Salvage Hunters**
9.00 **Shed and Buried** New editions A collection of vintage lorries. **9.30** Henry and Fuzz visit Francis' farm in Oxfordshire.
10.00 **Find It, Fix It, Drive It**
11.00 **Bennetts British Superbikes**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK: Bodycam Squad**
2.00 **Chasing Classic Cars**
3.00 **Salvage Hunters: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: Atlanta** Double bill of editions.
7.00 **Say Yes to the Dress**
8.00 **Say Yes to the Dress: Lancashire** Reality series.
9.00 **Say Yes to the Dress: UK**
10.00 **Disappeared** Royal Daniel.
11.00 **Forensic Detectives**
1.00 PM **FBI Files**
2.00 **Disappeared**
3.00 **American Monster**
4.00 **Desperate Measures**
5.00 **Say Yes to the Dress: Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **The Lady Killers**
9.00 **Murder on CCTV**
10.00 **Crimes Gone Viral** New editions A woman steals a police cruiser and two off-duty officers track her down. **10.30** A woman under attack rings a stranger's doorbell.
11.00 **Evil Talks: Chilling Confessions**
12.00 M'T **Forensic Detectives**
2.00 AM **Murder on CCTV**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Two agents are killed when their cars collide during a routine motorcade for the Queen's visit to America. **7.30** A train crash in 1993 on Alabama's Bayou Canot bridge, which killed 47 people.
8.00 **48 Hours** Police uncover an unusual item in a cabinet which may have played a role in the death of a millionaire.
9.00 **Real Detective: North of the Border** Detective Harris is tasked with investigating a fire.
10.00 **Killers: Caught on Camera** New edition A party ends in tragedy for a married couple.
11.00 **Murder: First on Scene**
12.00 M'T **Fatal Vows**
1.00 AM **Real Detective: North of the Border** As 9.00pm.
2.00 **Killers: Caught on Camera**
3.00 **48 Hours** As 8.00pm.
3.55 **Medical Detectives**
4.20 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Caught Red Handed**
11.30 **Border Patrol**
12.00 NOON **Made for Murder**
1.00 PM **Killer in My Village**
2.00 **Forensics: Catching the Killer**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Forensics: Catching the Killer**
6.00 **What the Killer Did Next**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Killer in My Village** New edition The case of Satnam Singh Blugher, whose body was found in the diner he ran in 2017.
10.00 **How I Caught the Killer**
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **The Real Manhunter**
2.00 **An Unexpected Killer**
3.00 **What the Killer Did Next**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.15 AM **Butch Cassidy and the Sundance Kid** Documentary.
9.20 **Pompeii: Buried Secrets of the Villa Giuliana** As 7.25pm.
10.30 **The Long Road to War**
11.50 **My Life in Hitler's Germany**
1.00 PM **Beautiful Serengeti**
1.30 **Butch Cassidy and the Sundance Kid** Documentary.
2.40 **Pompeii: Buried Secrets of the Villa Giuliana** As 7.25pm.
3.50 **The Long Road to War**
5.05 **My Life in Hitler's Germany**
6.15 **Butch Cassidy and the Sundance Kid** Documentary.
7.25 NEW **Pompeii: Buried Secrets of the Villa Giuliana** Scientists work to discover the uses and owners of the almost intact Roman ceremonial chariot unearthed in 2021.
8.30 **The Long Road to War** Events that led to World War One.
9.45 **My Life in Hitler's Germany**
10.55 **Pompeii: Buried Secrets of the Villa Giuliana** As 7.25pm.
12.00 M'T **The Long Road to War**
1.15 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY

Tuesday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **The Last Movie Stars**
7.00 **Discovering: Frances McDormand**
8.00 **The Directors** Nora Ephron.
9.00 **The Good Fight Club**
10.00 **Juan Carlos: Downfall of the King** As shown at 7.00pm.
11.00 **Windrush & Us**
12.00 NOON **Becoming Warren Buffett** Portrait of the billionaire.
1.45 PM **My Icon: Darren Campbell**
2.00 **John Lewis: Good Trouble**
4.00 **The Directors** Nora Ephron.
5.00 **Discovering: Frances McDormand**
6.00 **The Good Fight Club**
7.00 **Juan Carlos: Downfall of the King** 2/4. The King's ex-lover becomes a threat.
7.55 NEW SERIES **Saviour Complex** 1/3. Documentary examining missionary work in Uganda.
9.00 **House of Kardashian**
10.00 **Jane Fonda In Five Acts**
12.30 AM **Heroin: Cape Cod, USA**
2.00 **The Scheme** Documentary.
4.10 **The Directors** Nora Ephron.
5.00 **to 6.00** AM **Discovering: Frances McDormand**

Sky Nature

124/125 822 189 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Dehesa: Forest of the...**
9.00 **Arctic Secrets**
10.00 **Ol Pejeta Diaries**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Orangutan Jungle School** Documentary.
1.00 PM **Monkey Life**
2.00 **Dehesa: Forest of the Iberian Lynx** Documentary.
3.00 **Arctic Secrets**
4.00 **Ol Pejeta Diaries**
5.00 **Malawi Wildlife Rescue**
6.00 **Orangutan Jungle School**
7.00 **Monkey Life** Double bill.
8.00 **Wild Dogs: Pack Vs Pride**
9.00 **Land of Gremlins** Following a day in the life of a lemur family living in the rainforest.
10.00 **Orangutan Jungle School**
11.00 **Malawi Wildlife Rescue**
12.00 M'T **Brazil Untamed**
1.00 AM **Great Blue Wild**
2.00 **Wild Dogs: Pack Vs Pride**
3.00 **Land of Gremlins** As 9.00pm.
4.00 **Dehesa: Forest of the...**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163 163 840 186

6.00 AM **Ancient Aliens**
8.00 **The UnXplained with William Shatner**
9.00 **Soviet Storm: WWII in the East**
10.00 **What on Earth?**
11.00 **Ancient Aliens: The Ultimate Evidence**
12.00 NOON **Ancient Aliens**
1.00 PM **WW2 Treasure Hunters**
2.00 **Battle 360**
4.00 **The Machines That Built the World** Focusing on tractors.
5.00 **Combat Ships**
6.00 **Colosseum**
7.00 **Queens of Ancient Egypt**
8.00 **Walking Through History**
9.00 **Footprints of Civilisation**
10.00 **The Abyss: Rise & Fall of the Nazis** How a social protest turned into an anti-Jewish movement during the 1920s.
11.00 **Paranormal: Caught on Camera**
12.00 M'T **Ancient Aliens**
2.00 AM **The UnXplained with William Shatner**
3.00 **Digging for Britain**
4.00 **WW2 Treasure Hunters**
5.00 **to 6.00** AM **Battle 360**

Crime+Investigation

156 156 837 133

6.00 AM **The First 48**
8.00 **Homicide Hunter**
9.00 **Cold Case Files**
10.00 **Killer in Plain Sight**
11.00 **Cruise Ship Killers**
12.00 NOON **Buried in the Backyard**
1.00 PM **The Real Murders of Orange County**
2.00 **Imperfect Murder**
3.00 **Somebody's Hiding Something**
4.00 **Murdertown**
5.00 **Homicide Hunter**
6.00 **The First 48**
8.00 **Somebody's Hiding Something** New edition
9.00 **Buried in the Backyard** New edition
10.00 **Witness to Murder: Digital Evidence** New edition
11.00 **Homicide Hunter**
12.00 M'T **Cruise Ship Killers**
1.00 AM **Buried in the Backyard**
2.00 **Witness to Murder: Digital...**
3.00 **Cold Case Files**
4.00 **Somebody's Hiding Something**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 333

WILD

165 165 841 182

8.00 AM **Bizarre Animal Friends**
9.00 **Wild Lapland**
10.00 **Africa's Deadly Kingdoms**
11.00 **Africa's Deadliest**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **When Sharks Attack**
3.00 **Hostile Planet**
4.00 **Secrets of the Zoo**
5.00 **Wicked Tuna**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** Focusing on the baby animals at the zoo.
8.00 **Yukon Vet** Dr Oakley treats a reindeer that has become dangerously thin.
9.00 **Cesar Millan: Better Human Better Dog** New edition Cesar helps a pup who aggressively mounts and bites at home.
10.00 **Shark Attack Files**
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
1.00 AM **Swamp Men**
2.00 **Wild Russia: Earth's Last Great Wilderness**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
7.00 **Greatest Events of WW2**
8.00 **Unsolved History**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 NOON **How It's Made**
1.00 PM **Combat Dealers**
2.00 **Tony Robinson's WW1**
3.00 **Salvage Hunters**
4.00 **Mysteries at the Museum**
5.00 **Unsolved History**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **Tony Robinson's WW1**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 M'T **How It's Made**
1.00 AM **Combat Dealers**
2.00 **Salvage Hunters**
3.00 **Combat Dealers**
4.00 **to 5.00** AM **Salvage Hunters: The Restorers**

+1 hour 277 381

Eden

166 176

9.00 AM **The Life of Birds**
10.00 **Africa** As 6.00pm.
11.00 **The Zoo** Double bill.
12.00 NOON **The Hidden River**
1.00 PM **Impossible Engineering**
3.00 **Forbidden History**
5.00 **The Life of Birds**
6.00 **Africa** The creatures of east Africa captured on film. In Tanzania, a tiny lizard risks its life to eat flies from the face of a sleepy lion.
7.00 **The Zoo** Two of the sea lions prepare to give birth. **7.30** The sea lion pups explore their underwater habitat.
8.00 **The Hidden River**
9.00 **Forbidden History**
10.00 **Impossible Engineering**
11.00 **The Life of Birds**
12.00 M'T **Africa** As 6.00pm.
1.00 AM **The Zoo** Double bill.
2.00 **The Hidden River**
3.00 **Forbidden History**
3.50 **The Life of Birds**
4.40 **Africa** As 6.00pm.
5.30 **to 6.00** AM **The Zoo**

+1 hour 266 376

ID

154 166

6.00 AM **American Monster**
7.00 **Teleshopping**
8.00 **Murder in the Heartland**
9.00 **Forensic Detectives**
10.00 **People Magazine Investigates**
11.00 **Evil Lives Here: Shadows of Death** Double bill.
1.00 PM **American Monster**
3.00 **Murder in the Heartland**
4.00 **Disappeared**
5.00 **Murder Comes to Town**
6.00 **Forensic Detectives**
7.00 **People Magazine Investigates**
8.00 **Reasonable Doubt** Chris Anderson and Fatima Silva revisit the case of Kim Cain.
9.00 **A Killer's Mistake** The story of how, in 2009, police closed the net on Anthony Sowell, the American serial killer known as the Cleveland Strangler.
10.00 **Evil Lives Here**
12.00 M'T **Reasonable Doubt**
1.00 AM **Betrayed**
2.00 **Evil Lives Here**
3.00 **Forensic Detectives**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/184 180

6.00 AM **Chasing Classic Cars**
7.00 **World's Biggest Shipbuilders**
8.00 **Wheeler Dealers**
9.00 **Fantomworks**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Diesel Brothers**
12.00 NOON **Demolition Down Under**
1.00 PM **Supertruckers**
2.00 **Wheeler Dealers**
4.00 **Vintage Voltage**
5.00 **Junkyard Empire**
6.00 **Fantomworks**
7.00 **Wheeler Dealers** Mike and Elvis gamble on a TVR Griffith.
8.00 **Vintage Voltage** A client wants Moggy to convert his Volkswagen Split Screen while maintaining its unique charm.
9.00 **Diesel Brothers**
10.00 **Wheeler Dealers**
11.00 **Supertruckers**
12.00 M'T **Vintage Voltage**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/284

Films

Sky Cinema Premiere

301 301 401 501 515

6.05 AM **Sick** Horror with Gideon Adlon. (2022, 18, 83min)
7.45 **Champions** As 5.50pm.
9.50 **The Fabelmans** As 8.00pm.
12.30 PM **Cocaine Bear** As 10.40pm.
2.10 **Mob Land** Crime thriller. (2023, 15, 111min) ★★★
4.05 **Shrapnel** Action thriller starring Cam Gigandet. (2023, 15, 89min) ★★
5.50 **Champions** Comedy drama starring Woody Harrelson. (2023, 12, 124min) ★★★

8.00 The Fabelmans

8.00 The Fabelmans Director Steven Spielberg's semi-autobiographical drama starring Michelle Williams, Gabriel LaBelle and Paul Dano. Growing up in post-World War Two-era Arizona, Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. (2022, 12, 151min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 Cocaine Bear Comedy thriller with Keri Russell and Alden Ehrenreich. (2023, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Unwelcome** Horror comedy with Douglas Booth. (2022, 15, 104min) ★★★
2.05 **Swallowed** Horror thriller. (2022, 18, 96min) ★★
3.45 **Mob Land** As 2.10pm.
5.40 **to 6.00** AM **Sky Cinema Preview**

+1 hour 312

Sky Cinema Hits

303 303 403 503 517

6.15 AM **The 355** As 4.10pm.
8.25 **Star Trek VI: The Undiscovered Country** Sci-fi. (1991, PG, 109min) ★★★★
10.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
12.00 NOON **Bad Boys for Life** Action sequel. (2020, 15) ★★★
2.10 PM **Men in Black: International** (2019, 12) ★★★
4.10 **The 355** (2022, 12) ★★★
6.15 **Ace Ventura: When Nature Calls** Comedy. (1995, PG) ★★

9.45 Ambulance

8.00 Hancock Action comedy fantasy starring Will Smith as a drunken superhero who leaves disaster in his wake – until he encounters an idealistic PR guru and his wife. (2008, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Ambulance Crime drama starring Jake Gyllenhaal. A man desperate for money asks for help from his adoptive brother, a criminal who instead offers him a score, but their getaway goes wrong. With Eiza González. (2022, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Star Trek: Generations** Sci-fi adventure with Patrick Stewart and William Shatner. (1994, PG, 118min) ★★★
2.15 **Letters to Juliet** Comedy. (2010, PG, 105min) ★
4.15 **to 6.15** AM **I Love You, Man** Comedy. starring Paul Rudd (2009, 15, 100min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **The United States vs. Billie Holiday** As 3.30am.
8.30 **Lamborghini: The Man Behind the Legend** Biographical drama. (2022, 12, 97min) ★★
10.10 **World Trade Center** Fact-based drama. (2006, 12, 129min) ★★★
12.20 PM **Brooklyn** Drama. (2015, 12, 109min) ★★★★
2.15 **Kramer vs Kramer** Drama. (1979, PG, 104min) ★★★★★
4.05 **The Young Victoria** Drama. (2008, PG, 100min) ★★★★
5.55 **Don't Worry Darling** Thriller. (2022, 15, 123min) ★★★
8.00 **A Few Good Men** Courtroom drama starring Tom Cruise. (1992, 15, 132min) ★★★★
10.20 **The Weather Man** Comedy drama starring Nicolas Cage and Michael Caine. A Chicago TV weather reporter discovers that the vagaries of life are as hard to predict as the weather. (2005, 15, 102min) ★★★★
12.05 AM **Lamborghini: The Man Behind the Legend** (2022)
1.45 **Where Is Anne Frank** Animation. (2021, PG) ★★★★
3.30 **The United States vs. Billie Holiday** Biopic. (2021, 15) ★★★
5.45 **to 7.35** AM **Eiffel** Drama. (2021, 15, 108min) ★★★

Sky Cinema Halloween

311 311 411 511 525

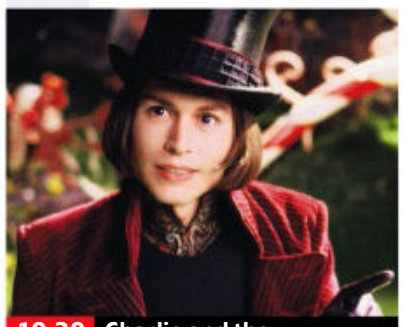
6.30 AM **Train to Busan Presents...**
8.30 **Resident Evil: Apocalypse**
10.20 **Halloween: Resurrection** Thriller. (2002, 15, 89min) ★
12.05 PM **The Purge** Horror thriller. (2013, 15, 83min) ★★★
1.45 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
3.40 **Jason Blum's Horror Movie Picks** The producer selects his favourite films from the genre.
4.10 **Train to Busan Presents: Peninsula** Horror thriller. (2020, 15, 116min) ★★
6.20 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min)
8.00 **The Purge: Anarchy** Horror sequel starring Frank Grillo. (2014, 15, 101min) ★★★
10.00 **Saw II** Horror sequel starring Donnie Wahlberg. A detective investigating a gruesome murder finds himself recognising the trademarks of a notorious serial killer. (2005, 18, 91min) ★
11.40 **Saw III** Horror thriller sequel. (2006, 18, 108min) ★★
1.40 AM **Resident Evil: Apocalypse** Sci-fi horror thriller sequel. (2004, 15, 94min) ★★★
3.20 **The Accursed** Horror thriller. (2022, 15, 90min) ★★
5.05 **to 6.55** AM **Insidious** (2010)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 520

7.35 AM **Around the World in 80 Days** (2004, PG) ★★★
9.35 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy. (2001, PG) ★★★★★
12.35 PM **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
2.10 **Matilda** (1996, PG) ★★★★
4.00 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★
7.10 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★


10.30 Charlie and the...

8.40 **Mr Magorium's Wonder Emporium** Fantasy starring Natalie Portman and Dustin Hoffman. The 243-year-old owner of a magical toy store prepares to hand the shop over to his young manager. (2007, U, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.30 **Charlie and the Chocolate Factory** Tim Burton's fantasy based on Roald Dahl's famous story, with Johnny Depp and Freddie Highmore. (2005, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Save the Cinema** Fact-based comedy drama. (2021, 12, 109min) ★★★
2.45 **Divergent** Sci-fi adventure. (2014, 12, 136min) ★★★
5.20 **to 7.25** AM **Pups Alone** Comedy. (2021, PG, 107min) ★

Sky Cinema Action

307 307 407 507 521

7.15 AM **Charlie's Angels: Full Throttle** (2003, 12) ★
9.15 **The Cinema List: Bourne**
9.30 **Gunpowder Milkshake** Thriller. (2021, 15, 114min) ★★★
11.35 **The Lost City** (2022, 12) ★★★
1.40 PM **The Northman** Adventure. (2022, 15, 137min) ★★★★
4.10 **The Expendables** Adventure. (2010, 18, 99min) ★★★
6.05 **The Expendables 2** Action adventure sequel. (2012, 15, 98min) ★★★

4.10 The Expendables

8.00 **The Expendables 3** Action thriller sequel starring Sylvester Stallone and Mel Gibson. Soldier of fortune Barney Ross recruits a new team to battle an arms dealer with a score to settle. (2014, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.15 **Fury** Drama starring Brad Pitt and Shia LaBeouf. An American tank crew undertake a final dangerous mission behind enemy lines in the last months of World War Two. (2014, 15, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Assassin** Crime thriller starring Bruce Willis. (2023, 15, 88min) ★★★
2.20 **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★★
4.50 **to 6.35** AM **Clean** Crime drama. (2021, 15, 94min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Big Gold Brick** As 1.25am.
9.30 **Seriously Red** As 11.40pm.
11.15 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
12.55 PM **Bewitched** Fantasy. (2005, PG, 102min) ★★★
2.45 **The World's End** Sci-fi action comedy starring Simon Pegg. (2013, 15, 109min) ★★★★★
4.40 **Gambit** Farcical heist comedy. (2012, 12, 85min) ★★★
6.15 **The Boss** Comedy with Melissa McCarthy. (2015, 15) ★★★

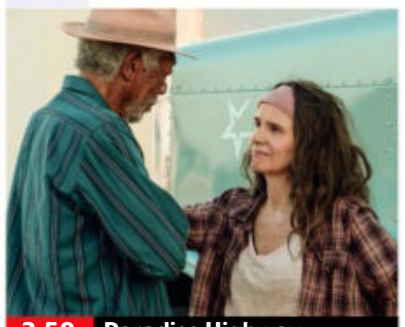
6.15 The Boss

8.00 **Failure to Launch** Romantic comedy with Matthew McConaughey and Sarah Jessica Parker. A couple hire a beautiful woman to woo their thirtysomething son. (2005, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.40 **Kingpin** Comedy starring Woody Harrelson and Randy Quaid. A one-handed ten-pin bowler discovers a protege in the form of an Amish man. (1996, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Seriously Red** Romantic comedy starring Krew Boylan. (2022, 15, 104min) ★★★
1.25 AM **Big Gold Brick** Comedy drama starring Emory Cohen. (2022, 15, 135min) ★★★
3.40 **Just Go With It** Romantic comedy starring Adam Sandler and Jennifer Aniston. (2011, 12, 117min) ★
5.50 **to 7.35** AM **Eurotrip** Comedy starring Scott Mechlowicz. (2004, 15, 90min) ★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **Sky Cinema Preview**
6.35 **Vengeance** Mystery drama. (2022, 15, 107min) ★★★
8.40 **One Way** As 3.30am.
10.30 **Dig** As shown at 1.50am.
12.10 PM **Kimi** Crime thriller. (2022, 15, 87min) ★★★★
1.50 **2 Guns** Action thriller. (2013, 15, 104min) ★★★
3.50 **Paradise Highway** Thriller. (2022, 15, 115min) ★★★★
5.55 **Gone Baby Gone** Drama. (2007, 15, 109min) ★★★★★


3.50 Paradise Highway

8.00 **Eye in the Sky** Thriller starring Helen Mirren and Alan Rickman. A mission to wipe out a terrorist cell is complicated when a girl enters the blast radius of a planned drone strike. (2015, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.45 **The Cinema List: Sky Original Thrillers**
10.00 **Oldboy** South Korean revenge thriller starring Choi Min-sik, Yoo Ji-tae and Gang Hye-jung. Subtitled. (2003, 18, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Reindeer Games** Crime thriller starring Ben Affleck. (2000, 15, 105min) ★★★★
1.50 AM **Dig** Thriller with Thomas Jane and Emile Hirsch. (2022, 15, 90min) ★★★
3.30 **One Way** Action thriller. (2022, 15, 95min) ★★★
5.15 **to 7.00** AM **Emily the Criminal** Crime thriller. (2022, 15, 97min) ★★★★

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Captain Scarlett** Period adventure. (1952, U) ★★
12.35 PM **Dragoon Wells Massacre** Western. (1957, PG) ★★★
2.20 **The Tin Star** Vintage Western. (1957, b/w, U, 93min) ★★★★
4.10 **13 Rue Madeleine** Espionage thriller starring James Cagney. (1946, b/w, U, 95min) ★★★
6.10 **Independence Day** Sci-fi adventure starring Will Smith. (1996, 12, 145min) ★★★★

9.00 The Mist

Independence Day (film started at 6.10pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **The Mist** Horror based on a Stephen King story, starring Thomas Jane. A mysterious mist traps a band of New England townsfolk in the local supermarket, leaving them to face terrors both outside and within. (2007, 15, 126min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **1408** Horror based on a story by Stephen King, starring John Cusack. A cynical writer who debunks the paranormal for a living attempts to stay the night in a haunted hotel room. With Samuel L Jackson. (2007, 15, 104min) ★★★ **11 PM**
1.30 **to 3.40** AM **Playing Away** Comedy with Norman Beaton. (1986, 15, 94min) ★★★

+1 hour 314 430 47 301

Sky Cinema Originals

302 302 402 502 516

6.00 AM **Book of Love** Comedy. (2022, 12, 106min) ★★★
7.50 **Breaking Point** Drama. (2023, 12, 102min) ★★★
9.35 **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 97min) ★★★
11.15 **Old Henry** As 8.00pm.
12.55 PM **Hotel Mumbai** Thriller. (2018, 15, 123min) ★★★★
3.00 **Anon** As shown at 11.20pm.
4.45 **Simulant** Sci-fi thriller. (2023, 15, 95min) ★★★
6.25 **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
8.00 **Old Henry** Western starring Tim Blake Nelson. A farmer takes in an injured man carrying a satchel of cash, but when a posse comes for the money, he is forced to decide who to trust. (2021, 15, 99min) ★★★★
9.40 **Last Seen Alive** Mystery thriller starring Gerard Butler. (2022, 15, 95min) ★★★
11.20 **Anon** Sci-fi thriller starring Clive Owen. (2018, 15, 105min) ★★★
1.05 AM **Black Site** Action thriller. (2022, 15, 93min) ★★
2.35 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★
4.05 **to 6.05** AM **The Voyagers** Fantasy. (2022, PG) ★★★

Sky Cinema Greats

304 304 404 504 518

6.50 AM **Heaven Can Wait** (1978)
8.35 **Flashdance** As 2.50am.
10.15 **Oh! What a Lovely War** Satirical anti-war musical. (1969, PG, 144min) ★★★★
12.40 PM **Hatari!** Adventure. (1962, U, 157min) ★★
3.20 **Guys and Dolls** As 12.05am.
5.50 **Philadelphia** Oscar-winning drama starring Tom Hanks. (1993, 12, 122min) ★★★★
8.00 **Cries and Whispers** Ingmar Bergman's harrowing Swedish drama about the anguished relationships of three sisters in turn-of-the-century Sweden, one of whom is dying of cancer. Stars Harriet Andersson, Ingrid Thulin and Liv Ullmann. Subtitled. (1972, 18, 106min) ★★★★★
9.50 **Serpico** Fact-based drama starring Al Pacino as an idealistic New York cop who blows the whistle on his corrupt colleagues. (1973, 18, 130min) ★★★★
12.05 AM **Guys and Dolls** Classic musical starring Frank Sinatra. (1955, U, 150min) ★★★★
2.50 **Flashdance** Dance drama. (1983, 15, 96min) ★★★
4.40 **to 6.35** AM **Heaven Can Wait** Fantasy starring Warren Beatty. (1978, PG, 100min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.30 AM **Tad the Lost Explorer and the Curse of the Mummy**
8.10 **Happy Halloween, Scooby-Doo!**
9.40 **Lego DC Super Hero Girls: Super-Villain High** As 1.20am.
11.10 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
12.45 PM **Open Season** Animation. (2006, PG, 86min) ★★★★
2.20 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
4.00 **Sing 2** Animated sequel. (2021, PG, 110min) ★★★★
5.55 **Open Season 2** Animated sequel. (2008, PG, 73min) ★★★
7.15 **Escape from Planet Earth** Animation. (2013, U) ★★★
8.45 **Lego DC Shazam!: Magic and Monsters** Animation. (2020, U, 81min) ★★★
10.20 **DC Super Hero Girls: Hero of the Year** Animated fantasy. (2016, PG, 76min) ★★★
11.50 **Happy Halloween, Scooby-Doo!** Animation. (2020, U) ★★★
1.20 AM **Lego DC Super Hero Girls: Super-Villain High** Animation. (2018, PG, 78min) ★★
2.50 **Tad the Lost Explorer and the Curse of the Mummy** Animation. (2022, PG, 105min) ★★★
4.30 **to 6.10** AM **The Jungle Bunch** Animation. (2017, U) ★★★

Christmas 24

325 419

7.00 AM **Cross Country Christmas** Drama. (2020, PG, 83min) ★★
9.00 **The Christmas Promise** Drama. (2021, PG, 90min) ★★
11.00 **Christmas at Dollywood** Drama. (2019, PG, 90min) ★★
1.00 PM **Christmas Unleashed** Drama. (2019, PG, 86min) ★★
3.00 **Ghosts of Christmas Always** Fantasy comedy drama. (2022, PG, 90min) ★★
5.00 **Christmas Angel** Comedy. (2009, PG, 87min) ★★★
7.00 **12 Dares of Christmas** Drama. (2023, PG, 90min) ★★
9.00 **Open for Christmas** Festive drama starring Alison Sweeney and Erica Durance. A woman discovers a Christmas card from a secret admirer in high school, and tries to find out who sent it. (2021, PG, 84min) ★★
11.00 **Room at the Christmas Inn** Festive romantic drama. (2021, PG, 90min) ★★
1.00 AM **A Holiday Spectacular** Comedy drama with Ginna Claire Mason. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **Christmas for Keeps** Drama starring Christa B Allen. (2021, PG, 90min) ★★

+1 hour 326 420

Talking Pictures

328 445 82 306

6.00 AM **Police Dog** Thriller. (1955, b/w, U, 70min) ★★
7.30 **Sherlock Holmes** (S1)
8.05 **Eagles Over London** Spy drama. (1969, PG, 110min) ★★
10.20 **The Shiralee** Drama. (1957, b/w, PG, 94min) ★★★★
12.20 PM **A Boy a Girl and a Bike** Comedy. (1949, b/w, U) ★★
2.10 **Bank Shot** Comedy caper. (1974, PG, 83min) ★★★
3.50 **Blue, White and Perfect** Mystery. (1942, b/w, PG) ★★★
5.25 **Fireball XL5** (S1)
6.00 **The Black Arrow** 1/7. (S1)
6.30 **Scotland Yard** (S1)
7.05 **The Four Just Men** (S1)
7.40 **Dick Barton: Special Agent**
7.55 **Circumstantial Evidence** Crime drama. (1952, b/w, PG) ★★★
9.05 **Maigret** 6/6. (S4)
11.00 **Cellar Club with Caroline Munro**
11.05 **Maniac** Suspense thriller. (1963, b/w, 15, 86min) ★★
12.50 AM **Cellar Club with Caroline...**
12.55 **The Face Behind The Mask** Drama. (1941, b/w, PG) ★★★
2.15 **Cellar Club with Caroline Munro**
2.20 **Tales that Witness Madness** Horror. (1973, 18, 90min) ★
4.00 **Cellar Club with Caroline Munro**
4.05 **Dick Powell's Zane Grey Theatre**
5.00 **to 6.00** AM **Stagecoach West**

Tuesday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
9.00 **LIVE ICC Cricket World Cup South Africa v Netherlands.** Coverage of the group match, staged at HPCA Stadium in Dharmashala, India. Temba Bavuma's side will be looking to improve on their performance in the 2019 tournament, when they finished seventh ahead of only Bangladesh, West Indies and Afghanistan. The Dutch are playing in the competition for the first time since 2011, and will be aiming to make it out of the group stage for the first time.
5.30 PM **Sky Sports News at 5** Sports news and updates.
6.00 **Sky Sports News at 6** All the latest sports news and updates.
7.00 **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews.
10.00 **Sky Sports News at Ten**
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **PL Retro** A chance to see Arsenal v Everton from 1998.
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** A chance to look back at a dramatic 2020/21 season in the Premier League.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals** A selection of memorable strikes from the 1992/93 season.
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
6.30 **Netbusters** Recent goals.
7.00 **Drink It In: The Rise of Man City**
8.00 **Gary Neville's Soccerbox**
9.00 **City: PL Champions Again**
10.00 **Premier League Icons** A profile of David Beckham.
10.30 **PL Retro** A chance to see Arsenal v Everton from 1998.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** West Ham United v Blackpool in the 2011/12 Championship play-off final.
7.00 **EFL Rivalries**
8.30 **EFL** A round-up of the best goals from the 2017/18 season.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
12.00 NOON **WSL** Recent highlights.
1.00 PM **EFL Highlights**
2.30 **EFL Goals: Leagues 1 & 2**
3.00 **WSL** Liverpool v Everton. **3.30** Chelsea v West Ham United.
4.00 **EFL Highlights**
6.00 **EFL Goals: Leagues 1 & 2**
6.30 **EFL Highlights**
7.00 **WSL** Chelsea v West Ham United. **7.30** Liverpool v Everton.
8.00 **Best Moments From the Championship Play-Off Final**
8.30 **Best Moments From the League 1 & 2 Play-Off Final**
9.00 **EFL Rivalries**
10.30 **EFL Highlights**
11.00 **EFL Cup Highlights**
12.00 M'T **EFL Greatest Games**
1.00 AM **EFL Cup Highlights**
2.00 **EFL** The 2012/13 play-off finals.
5.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **ICC Cricket World Cup**
9.00 **LIVE ICC Cricket World Cup South Africa v Netherlands.** Coverage of the group match from HPCA Stadium in India.
5.30 PM **World Cup Cricket Classics**
6.00 **World Cup Bitesize** West Indies v New Zealand from 2019. **6.15** India v New Zealand in the first semi-final from 2019.
6.30 **Secrets of Success**
7.00 **ICC Cricket World Cup** Action from South Africa v Netherlands.
8.00 **ICC Men's CWC Greatest Matches** The greatest Cricket World Cup matches in history.
9.00 **ICC Cricket World Cup** South Africa v Netherlands. **10.00** Australia v Sri Lanka. **11.00** Highlights from South Africa v Netherlands.
12.00 M'T **Cricket World Cup** A look back at the World Cup of 1975.
1.00 AM **ICC Cricket World Cup** Action from Australia v Sri Lanka.
2.00 **World Cup Cricket Classics** Afghanistan v Scotland in 2015.
3.00 **ICC Cricket World Cup**
4.00 **World Cup Cricket Classics**
4.30 **World Cup Bitesize**
5.00 **to 6.00** AM **Cricket World Cup**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Golf Academy**
7.00 **School of Golf**
8.00 **Best of the Open Zone 2018**
9.00 **Playing Lessons**
10.00 **DP World Tour Golf**
11.00 **PGA Tour Golf**
12.00 NOON **LPGA Tour Golf**
1.00 PM **Best of the Open Zone 2018** From Royal Birkdale.
2.00 **Golf Academy**
3.00 **School of Golf**
4.00 **Playing Lessons**
5.00 **DP World Tour Golf** Action from day four of the Acciona Open De España presented by Madrid.
6.00 **PGA Tour Golf** Highlights from the Shriners Children's Open.
7.00 **LPGA Tour Golf** Action from the Buick LPGA Shanghai.
8.00 **How the 1997 Ryder Cup Was Won** From Valderrama Golf Club in Sotogrande, Spain.
11.00 **LPGA Tour Golf** Action from the Buick LPGA Shanghai.
12.00 M'T **Best of the Open Zone 2018** From Royal Birkdale.
1.00 AM **Golf Academy**
2.00 **School of Golf**
3.00 **Playing Lessons**
4.00 **Golf Academy**
5.00 **to 6.00** AM **School of Golf**

TNT Sports 1

410 410 870 | 527 | 408 430

6.00 AM **The FA Futsal Series One**
8.00 **V8 Supercars Highlights**
10.00 **FIM X-Trial World Championship Highlights**
11.00 **Fishing: On the Bank**
12.00 NOON **TNT Sports Feature**
12.45 PM **Sport in Focus**
1.00 **Badminton** Finnish Open finals.
3.00 **PSA Squash** US Open.
4.00 **Women's One-Day International Cricket**
5.00 **UEFA Champions League Magazine** News and updates.
5.30 **TNT Sports Feature**
6.15 **Badminton Weekly**
6.30 **Premier League Stories**
7.00 **The FA Futsal Women's Super Series** Recent action.
9.00 **WWE Monday Night Raw**
11.30 **Ariel Helwani Meets**
12.00 M'T **WWE NXT Highlights**
1.00 AM **LIVE WWE NXT** The next generation of wrestling stars showcase their talents.
3.15 **Ariel Helwani Meets**
3.30 **Fight Week** A look ahead to the upcoming UFC 294 action.
4.00 **FIM X-Trial World Championship Highlights**
5.00 **to 6.00** AM **WSL Challenger Tour**

TNT Sports 2

411 411 871 | 528 | 409 431

6.00 AM **Gallagher Premiership Rugby Union** A chance to see Bristol Bears v Leicester Tigers. **7.30** Exeter Chiefs v Saracens.
9.00 **Joe Cole Cast**
9.30 **UEFA Champions League Magazine** News and action.
10.00 **Classic Premier League**
2.00 PM **Rio Ferdinand's Between the Lines** Bruno Fernandes.
2.30 **WSL Challenger Tour** The Ericeira Pro surfing event.
3.30 **V8 Supercars Highlights** Action from the Bathurst 1000.
5.30 **MotoGP** The Grand Prix of Indonesia Moto3 race. **6.30** The Moto2 race. **7.30** The MotoGP Grand Prix of Indonesia sprint race. **8.00** The MotoGP race.
9.00 **MotoGP Chequered Flag** Post-race show following the Grand Prix of Indonesia.
10.00 **SHEENE** Barry Sheene profile.
11.15 **TNT Sports Feature**
12.00 M'T **MotoGP Rewind**
12.15 AM **Badminton Weekly**
12.30 **LIVE MLB** Coverage of an MLB play-off encounter.
4.00 **to 6.00** AM **West Indies v England: Cricket Classics**

TNT Sports 3

417 417 874 | 529 | 410 432

6.00 AM **UEFA Champions League Goals Show Retro**
7.00 **What I Wore** Patrick Vieira.
7.30 **UEFA Champions League: Stories of the Finals**
7.45 **Women's One-Day International Cricket** Action from Australia v West Indies in the third and final ODI in the series.
8.45 **MotoGP Films: The Age of 27**
10.00 **MotoGP** Action from the Grand Prix of Indonesia Moto3 race. **11.00** The Moto2 race. **12.00** NOON The sprint race. **12.30** PM The MotoGP race.
1.30 **MotoGP Chequered Flag**
2.30 **Classic Premier League**
5.30 **Fishing: On the Bank** The Cornish Lure Fishing Festival.
6.30 **Badminton** Action from the finals of the Finnish Open.
8.30 **Football's Windrush Story** Celebrating the legacy of the Windrush generation.
10.00 **Fight Week** A look ahead to the upcoming UFC 294 action.
10.30 **UFC** Another chance to see Sodiq Yusuff v Edson Barboza.
1.30 AM **UFC: The Ultimate Fighter**
5.30 **to 6.00** AM **Rio Ferdinand's Between the Lines**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Highlights**
7.00 **NBC's Pro-Football Talk**
9.00 **NFL Review Show**
10.00 **NFL Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Highlights** Los Angeles Chargers v Dallas Cowboys.
4.00 **NFL Bitesize Highlights** Brief highlights of a week six match. **4.15** Action from Los Angeles Chargers v Dallas Cowboys. **4.30** A week six match. **4.45** Brief highlights of Buffalo Bills v New York Giants.
5.00 **NFL Highlights** Los Angeles Chargers v Dallas Cowboys.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **Game of the Week** Delayed full-match coverage of an NFL match.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **Total Access**
1.00 AM **NFL Highlights** Los Angeles Chargers v Dallas Cowboys.
2.00 **NBC's Pro-Football Talk**
4.00 **NFL Bitesize Highlights**
5.00 **Neil Meets Odell Beckham Jr**
5.15 **Neil Meets Brock Purdy**
5.30 **to 6.00** AM **Kansas City Chiefs: The Franchise**

Sky Sports Mix

416 416 873 | 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **My Icon** Double bill.
8.00 **ICC Cricket World Cup** Action from Australia v Sri Lanka.
9.00 **Fight Night International** Another chance to see Janibek Alimkhanuly v Vincenzo Gualtieri.
10.00 **DP World Tour Golf**
11.00 **PGA Tour Golf**
12.00 NOON **Betfred Super League Highlights** Top-flight action.
1.00 PM **Premier League Years**
3.00 **LPGA Tour Golf**
4.00 **Fight Night International**
5.00 **Betfred Super League Highlights** The Grand Final.
6.00 **Women's Super League**
7.00 **ICC Cricket World Cup** Action from Australia v Sri Lanka.
8.00 **WNBA** A chance to see New York Liberty v Las Vegas Aces.
10.00 **Fight Night International**
11.00 **The Wheelchair Super League Grand Final**
12.00 M'T **ICC Cricket World Cup**
1.00 AM **NFL Highlights**
2.00 **Formula 1** The USA Grand Prix.
3.00 **ICC Cricket World Cup**
4.00 **The Wheelchair Super League Grand Final**
5.00 **to 6.00** AM **Fight Night**

TNT Sports 4

421 421 876 | 530 | 411 434

6.00 AM **MLB Classic** MLB bloopers. **6.30** Cal Ripken Jr's best game. **7.30** John Smoltz recaps a game. **8.30** The 1999 World Series. **9.45** The 2000 World Series.. **11.15** The 2001 World Series.
1.00 PM **MLB** Highlights from a match in the MLB Postseason.
4.00 **MLB Classic** A look at the greatest postseason Home Runs. **5.15** The 1973 All-Star game.
5.30 **MLB** Highlights from a match in the MLB Postseason.
8.30 **MLB Classic** This films covers the epic 1967 MLB season.
9.30 **MLB** Highlights from a match in the MLB Postseason.
12.30 AM **Badminton** Action from the finals of the Finnish Open.
2.30 **Women's One-Day International Cricket** Action from Australia v West Indies.
3.30 **Fishing: On the Bank**
4.30 **World Poker Tour Series**
5.30 **to 6.00** AM **Joe Cole Cast**

Eurosport 1

413 413 868 | 521 | 412 435

6.00 AM **Cyclo-Cross**
8.00 **Archery World Cup**
9.00 **Snooker: Wuhan Open**
11.00 **Athletics: Amsterdam Marathon**
12.30 PM **Mountain Bike: Roc d'Azur**
1.00 **Triathlon: Super League**
2.00 **World Surf League**
3.00 **Snooker: Northern Ireland Open** Ronnie O' Sullivan v Judd Trump in the 2018 final.
5.00 **British Superbikes**
6.00 **British Superbikes Extra**
7.00 **Hall of Fame: Tokyo 2020**
8.00 **Cycling: Paris-Tours** Action from the one-day race in France.
9.00 **Cycling: Venetia Classic** The men's one-day race in Italy.
10.00 **World Superbikes**
12.00 M'T **Cycling: Binche-Chimay-Binche** Action from Belgium.
2.00 AM **Motocross World Championship of Nations**
3.00 **Formula E** Season review.
4.00 **to 6.00** AM **Snooker: Northern Ireland Open**

Eurosport 2

414 414 869 | 522 | 413 436

6.00 AM **British Superbikes Extra**
7.00 **Snooker: Shanghai Masters**
9.00 **World Superbikes**
11.00 **Hall of Fame: Tokyo 2020**
12.00 NOON **Snooker: Northern Ireland Open** Ronnie O' Sullivan v Judd Trump in the 2018 final.
2.00 PM **Archery World Cup**
4.00 **FIA World Endurance Championship** From Sebring.
5.00 **Triathlon: Super League**
6.00 **Snooker: Northern Ireland Open** The 2022 final in Belfast.
8.00 **Speedway Grand Prix**
9.00 **British Speedway** A review of the Premiership Grand Final.
10.00 **Cycling: Tour of Lombardy**
11.00 **Cycling: Paris-Tours**
12.00 M'T **FIA World Endurance Championship** From Portimao.
1.00 AM **Archery World Cup**
2.00 **Cycling: Gran Piemonte**
3.00 **Cycling: Tour of Venetia**
4.00 **Archery World Cup**
5.00 **to 6.00** AM **Formula E**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **The Wheelchair Super League Grand Final**
7.00 **Super League Highlights**
8.00 **Women's Super League**
9.00 **WNBA** Recent highlights.
11.00 **Buatsi v Azeez: Gloves Are Off**
11.30 **Fight Night** Dubois v Rodriguez.
12.30 PM **Buatsi v Azeez: Gloves Are Off** The rivals meet.
1.00 **Unbeatable** Basketball action.
1.30 **Super League Highlights**
5.00 **Buatsi v Azeez: Gloves Are Off**
5.30 **Fight Night** A chance to see Liam Smith v Chris Eubank Jr.
6.30 **Buatsi v Azeez: Gloves Are Off**
7.00 **Fight Night International**
8.00 **WNBA** Recent highlights.
10.00 **Lennox: The Untold Story**
11.45 **Top Rank Boxing Archive**
12.00 M'T **The Wheelchair Super League Grand Final**
1.00 AM **Super League Highlights**
2.00 **Buatsi v Azeez: Gloves Are Off**
2.30 **Super League Highlights**
4.00 **Women's Super League**
5.00 **to 6.00** AM **Fight Night**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **Formula 1** A chance to see the 2018 United States Grand Prix.
1.15 PM **Lewis's Helmet Designs**
1.25 **Historic Ferraris at Maranelo**
1.30 **Formula 1** A chance to see the 2019 United States Grand Prix.
3.45 **Vettel and the F1 Juniors**
4.00 **Formula 1** A chance to see the 2021 United States Grand Prix.
6.15 **Ocon & Brundle's Silverston Hot Laps**
6.25 **F1's Sustainable Fuel**
6.30 **Formula 1** A chance to see the 2022 United States Grand Prix from the Circuit of the Americas.
8.55 **Zac and Lewis: F1 Juniors**
9.00 **Formula 1** Action from the 2018 United States Grand Prix. **10.00** Action from the 2019 United States Grand Prix. **11.00** Highlights from the 2021 United States Grand Prix. **12.00** M'T Action from the 2022 United States Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Wednesday 18 October

Evening Planner

Cookery

The Great British Bake Off
C4, 8pm
It's Chocolate Week in the tent. Can the bakers avoid a total meltdown, as they tackle tortes and cheesecakes?

Crime Drama

Dark Winds
Alibi, 9pm
Zahn McClarnon stars as a veteran detective investigating a double murder on a remote Native American outpost.

Horror

Midsommar
Film4, 10.55pm
Florence Pugh plays a young woman who travels to Sweden for Midsummer and gets caught up with a sinister cult.

OnDemand

Disney+

The Real Wagatha Story
Available today
Coleen Rooney tells her side of the story in this documentary about the headline-grabbing libel case.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Celebrity Race Across the World		10.00 News; Local News	
102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Nadiya's...	8.30 Nigella: At My...	9.00 DNA Family Secrets		10.00 Moulin...	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Payback		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off			9.15 Don't Look Down for SU2C		10.30 Gogglebox
105 CHANNEL 5	7.00 Aldi's Middle Aisle: How Do They...		8.00 Norfolk and Suffolk: Country & Coast		9.00 Jay Blades: The Midlands Through Time		10.00 999: Critical Condition	
106 SKY SHOWCASE	7.00 Cricket World Cup		8.00 Portrait Artist of the Year		9.00 Never Mind the Buzzcocks	9.45 COBRA: Rebellion		
ENTERTAINMENT								
115 BBC3	7.00 Crazy Fun Park		8.00 Top Gear		9.00 Roman Kemp: Our Silent Emergency		10.00 New Comedy...	10.30 Back to Life
116 BBC4	7.00 Africa		8.00 100 Days to Victory				10.00 Damian...	10.25 Warriors
118 ITV2	7.00 Alan Carr's Epic Gameshow		8.00 Bob's Burgers		9.00 Big Brother		10.00 Big Brother: Late & Live	
136 MORE4	◂ 6.55 The Dog House Australia	7.55 Grand Designs: Living in the City			9.00 The Dog House		10.00 Holidays from Hell: Caught on Camera	
135 E4	7.00 Hollyoaks	7.30 Young Sheldon	8.00 Modern Family		9.00 Married at First Sight UK		10.00 Sex Rated	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Rookie		10.00 9-1-1	
108 SKY ATLANTIC	◂ 6.45 Ray Donovan	7.50 Game of Thrones			9.00 Das Boot			
110 GOLD	7.00 The Green Green Grass	7.40 The Good Life			9.00 Detectorists	9.40 Dad's Army		10.20 Not Going Out
111 DAVE	7.00 Richard Osman's House of Games			8.20 Would I Lie to You?...	9.00 QI XL		10.00 David Mitchell's Outsiders	
119 ITV3	◂ 6.55 Heartbeat		8.00 Lewis				10.00 Cracker	
120 ITV4	7.00 River Monsters		8.00 The Grand Fishing Adventure		9.00 Film: GoldenEye			
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Drunk...	10.30 Drunk History
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Star Trek: Voyager		9.00 Film: The Fog			
113 SKY MAX	7.00 Stargate SG-1		8.00 Strike Back: Silent War		9.00 Never Mind the Buzzcocks	9.45 COBRA: Rebellion		
109 ALIBI	7.00 Elementary		8.00 Death in Paradise		9.00 Dark Winds		10.00 Death in Paradise	
130 SKY ARTS	7.00 The Joy of Painting		8.00 Portrait Artist of the Year		9.00 Discovering: Michelle Yeoh		10.00 Discovering: Janet Leigh	
132 W	7.00 DIY SOS: The Big Build		8.00 Inside the Ambulance		9.00 24 Hours in A&E		10.00 999 Rescue Squad	
DOCUMENTARY								
125 DISCOVERY	7.00 Wheeler Dealers		8.00 Outback Truckers		9.00 Richard Hammond's Big			
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Sharks of the Badlands		9.00 Shark Vortex		10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Megacity of the Maya Warrior King		9.00 Bloody Tales of the Tower		10.00 Secrets of Area 51	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 Curse of Skinwalker Ranch		10.00 Beyond Skinwalker Ranch	
155 YESTERDAY	7.00 Antiques Roadshow		8.00 Great Continental Railway Journeys		9.00 Turkey with Simon Reeve		10.00 Bangers & Cash	
121 SKY DOCS	7.00 Juan Carlos: Downfall of the King	7.55 Saviour Complex			9.00 No Accident			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.50 Champions		8.00 The Fabelmans					
303 HITS	◂ 6.00 Superbad		8.00 Bullet Train				10.10 Carrie	
304 GREATS	◂ 6.10 Cries and Whispers		8.00 The Last of the Mohicans			9.55 The Third Man		
305 ANIMATION		7.15 Shaun the Sheep Movie		8.50 Scooby-Doo! and the Gourmet Ghost			10.20 The Jungle Bunch	
306 FAMILY		7.20 Looney Tunes: Back in Action		8.55 The Railway Children Return				10.40 Pups...
307 ACTION	◂ 5.35 Fury		8.00 The Woman King					10.25 Clash of the Titans
308 COMEDY	◂ 6.15 Mr Deeds		8.00 Wayne's World			9.40 Wayne's World 2		
309 THRILLER	◂ 6.10 Eye in the Sky		8.00 A Walk Among the Tombstones				10.00 Fatal Attraction	
310 DRAMA	◂ 5.30 I Wanna Dance with Somebody		8.00 Sleepless in Seattle			9.50 Babylon		
311 HALLOWEEN	◂ 6.20 M3gan		8.00 The Purge: Election Year				10.00 Saw III	
302 ORIGINALS	◂ 6.00 Promising Young Woman		8.00 SAS: Red Notice				10.10 Blacklight	
313 FILM4	◂ 6.50 Goodbye Christopher Robin				9.00 London Has Fallen			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL 100	8.00 Gary Neville's Soccerbox		9.00 PL Stories	9.30 PL 100	10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.00 EFL Cup Highlights		8.00 EFL Highlights					10.30 EFL Goals
404 CRICKET	7.00 Cricket World Cup		8.00 ICC Men's CWC Greatest Matches		9.00 Cricket World Cup			
410 TNT SPORTS 1	7.00 PSA Squash Highlights		8.00 MotoGP Highlights		9.00 WWE NXT			
411 TNT SPORTS 2		7.15 After The Roar			9.00 UFC Countdown		10.00 Fight Week	10.30 PL Stories

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** New edition Conmen trick victims by pretending they are from the water board. (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Money for Nothing** New edition Restoring carved dining chairs. (S)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** New edition (S)
4.30 **The Vintage French Farmhouse** New edition The experts visit Villeneuve-lès-Avignon. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Celebrity Race Across the...

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 **EastEnders** Sharon makes a huge decision, and Ravi struggles with the news that he has a daughter. (S)(AD)

8 PM

8.00 **The Repair Shop** The experts turn their attention to a vintage steel-bodied acoustic guitar, a precious toy doll, a sculpture broken in an earthquake and a well-travelled leather trunk. (S)(R)(AD)

9 PM

9.00 **Celebrity Race Across the World** New edition 5/6. The teams are now 4,000km from the finish line, and in the penultimate leg of the race they travel from Sarajevo to the next checkpoint in Berlin. (S)(AD)

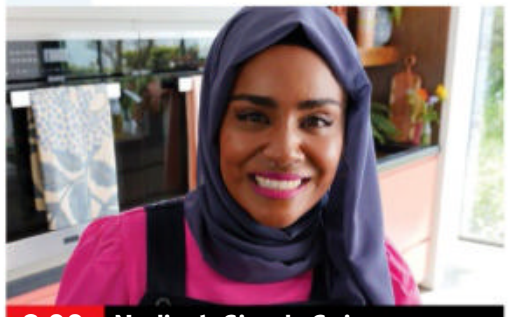
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 FILM **Halloween** Horror thriller sequel starring Jamie Lee Curtis. After a prison bus crashes, killer Michael Myers is back in the wild – but survivor Laurie Strode is ready for his return. With Judy Greer and Andi Matichak. (S) (2018, 18, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Blankety Blank** Bradley Walsh hosts the quiz show, with Phil Tufnell, Martine McCutcheon, Alex Brooker, Mel Giedroyc, the Rev Kate Bottley and Darren Harriott helping the contestants. (S)(R)
12.55 **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Money for Nothing** (S)(R)
7.15 **The Vintage French Farmhouse**
8.00 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
8.30 **Sign Zone: Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
9.00 **Nicky Campbell** (S)
10.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **Unbeatable** Quiz show. (S)(R)
2.15 **Wanted Down Under** (S)(R)
3.00 **Natural World: The Himalayas** (R)
3.45 **This Wild Life** (S)(R)
4.15 **Cornwall: This Fishing Life** (S)(R)
5.15 **Flog It!** From Tilbury Docks. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara chats to more couples about their progress. (S)



8.00 Nadiya's Simple Spices

7 PM

7.00 **Celebrity Antiques Road Trip** New edition *Strictly Come Dancing*'s Dianne Buswell and presenter Owain Wyn Evans scour the antiques shops of south Wales, filling their car boots with everything from pocket watches to puppets. (S)

8 PM

8.00 **Nadiya's Simple Spices** New edition 4/6. Recipes include cottage pie with rich cinnamon beef. (S)(AD)
8.30 **Nigella: At My Table** 4/6. A breakfast of fried bread and tomato hash. (S)(R)(AD)

9 PM

9.00 **DNA Family Secrets** New edition 4/6. A woman seeks the truth about her Chinese father who was deported after World War Two, a journalist questions his ancestry and Ukrainian sisters look for family in Britain. (S)(AD)

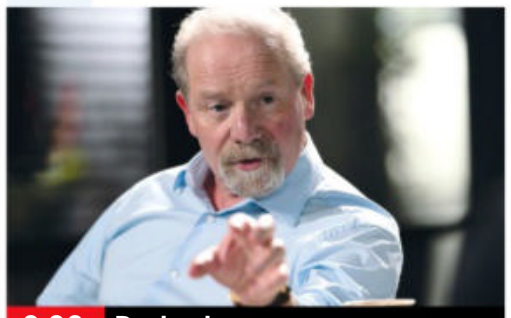
10 PM

10.00 **Moulin Rouge: Yes We Can-Can!** New edition 4/6. The dancers rehearse a TV show – only for Janet to have a meltdown. (S)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Unspun World with John Simpson** A look at the week's major global news stories. (S)
11.40 **Union with David Olusoga** 3/4. A look at the deep divisions in Great Britain and Ireland between 1815 and 1851. (S)(R)(AD)
12.40 AM **Sign Zone: Garden Rescue** (R)
1.25 **Sign Zone: Clean It, Fix It** (S)(R)
2.10 **Sign Zone: Union with David Olusoga** 2/4. (S)(R)(AD)
3.10 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Great British Adventure** The chef explores the Isle of Wight with culinary expert Lenny Carr-Roberts, and cooks prawns with tomatoes, mangalitza chorizo and pancetta. (S)(R)(AD)
3.00 **Tenable for Soccer Aid** A team of five colleagues attempt to win £125,000 for Soccer Aid. (S)(R)
4.00 **Tipping Point** New edition Quiz show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Game show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 Payback

7 PM

7.30 **Emmerdale** Cain tries to support Sam, Suni is less than pleased with his father's behaviour, and Caleb is intrigued. (S)(AD)

8 PM

8.00 **Coronation Street** Carla hopes to save the factory from ruin, but Ed's financial troubles deepen when Michael loses his job. Lauren stuns Ryan by demanding cash to buy her silence. (S)(AD)

9 PM

9.00 **Payback** New episode 3/6. Recruited by the police to infiltrate Cal's empire, Lexie plays a dangerous game to keep her children safe, until a secret from her past jeopardises her security. (S1) (S)
■ Entire series on ITVX

10 PM

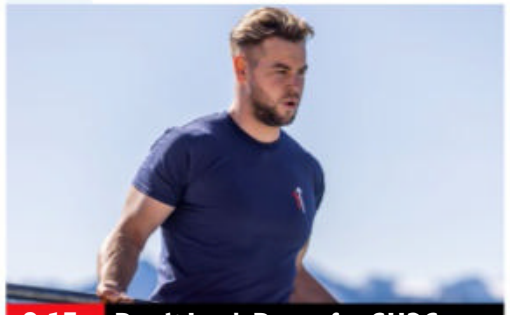
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **No Return** 3/4. The date of the court hearing arrives and Noah's new defence lawyer argues that what happened between the boys was consensual. (S1) (S)(R)(AD)
12.30 AM **The Chase** Quiz show. (S)(R)
1.20 **Tipping Point** Game show. (S)(R)
2.10 **Loose Women** (S)(R)
3.00 **Made in Britain** (S)(SL)(R)(AD)
3.25 **Unwind with ITV** (S)
4.40 **to 6.00** AM **The Masked Dancer** (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 8&9/22. (S7) (S)(R)
7.35 **Everybody Loves Raymond** (S)(R)
8.25 **Frasier** 1-3/24. (S2) (S)(R)(AD)
9.55 **Find It, Fix It, Flog It** (S)(R)
10.55 **Renovation Nation** (S)(R)(AD)
11.55 **News** (S)
12.00 NOON **Steph's Packed Lunch** New edition Magazine. (S)
2.10 PM **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition Steph and Alex transform a redbrick terrace into a first-time buyer's dream. (S)
5.00 **Help! We Bought a Village** New edition A settlement in Puglia is targeted by burglars. (S)
6.00 **Four in a Bed** New edition A visit to the Redan Inn in Somerset. (S)
6.30 **The Simpsons** (S)(R)(AD)



9.15 Don't Look Down for SU2C

7 PM

7.00 **News** (S)

8 PM

8.00 **The Great British Bake Off** New edition 4/10. Alison Hammond and Noel Fielding host Chocolate Week, with the bakers taking on new challenges including a tricky torte in the Signature, a cheesecake in the Technical and a chocolate box Showstopper. (S)(AD)
■ *The Great British Bake Off: An Extra Slice* is tomorrow at 8pm

9 PM

9.15 **Don't Look Down for SU2C** New edition 2/5. The famous faces head to the top of Penken Mountain in Austria to work on their focus but Chris Hughes gives in to fear and worries he can't complete the challenge. (S)(AD)

10 PM

10.30 **Gogglebox** The armchair critics offer their opinions on *Coronation Street, Love Island, Sex Actually with Alice Levine, Starstruck, Cheat,* and *Dancing on Ice*. (S)(R)(AD)
11.30 **Gogglebox** (S)(R)(AD)
12.30 AM NEW SERIES **Walter Presents: Off Grid** 1/12. Italian crime drama. Subtitled. (S1) (S)
1.25 **Taskmaster** (S)(SL)(R)(AD)
2.20 **Ramsay's Kitchen Nightmares USA** From Philadelphia. (S)(SL)(R)
3.15 **Handmade: Britain's Best Woodworker** (S)(SL)(R)(AD)
4.10 **Couples Come Dine with Me** (R)
5.00 **Tool Club** From Llanelli. (S)(R)
5.55 **to 6.05** AM **Escape to the Chateau**

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.40 PM **Alexis Conran** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **Fatal Memory** Thriller starring Kate Watson and Anna Marie Dobbins. (S) (2022, 12, 85min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition New tour guide Louisa gets the chance to practise her skills when her best friend Nathalie visits. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall meets a pair of Newfoundlands that are scaring their owner's family away. (S)(R)
6.55 **News** (S)

8.00 Norfolk and Suffolk

7.00 NEW **Aldi's Middle Aisle: How Do They Really Do It?** Documentary exploring how the supermarket chain keeps customers coming back for more. (S)
7.55 **News** (S)
8.00 **Norfolk and Suffolk: Country & Coast** Series finale On Great Yarmouth's Golden Mile, inspectors check a 91-year-old wooden rollercoaster, and steam-train passengers are served high tea. (S)
9.00 **Jay Blades: The Midlands Through Time** New edition Jay uncovers the unsung stories of West Midlands' workers, from the Industrial Revolution up to World War One. (S)
10.00 **999: Critical Condition** 4/12. A man is rushed to the Royal Stoke University Hospital by helicopter after his parachute fails and he is slammed into the ground 100 feet below. (S)(R)
11.05 **Cricket World Cup** New Zealand v Afghanistan: Action from the group match. (S)
12.05 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **Ben Fogle: New Lives in the Wild** From Devon. (S)(R)
3.55 **Britain's Greatest Bridges** (R)
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Air Ambulance ER** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Al Murray: Why Do the Brits Win Every War?** (R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **NCIS: Los Angeles** (S)(R)
3.00 **Hawaii Five-0** (S9) (S)(R)
4.00 **S.W.A.T.** 20/23. (S2) (S)(R)
5.00 **The Simpsons** *The Blue and the Grey:* Marge allows her hair to turn grey. (S)(R) **5.30** *The Scorpion's Tale:* Lisa realises the calming properties of a patch of flowers. (S)(R) **6.00** *Love Is a Many Strangled Thing:* Homer vows to become a better parent. (S)(R)
6.30 **Fresh Prince of Bel Air** (S)(R)

8.00 Portrait Artist of the Year

7.00 **Cricket World Cup** New Zealand v Afghanistan: Action from the group match at M. A. Chidambaram Stadium in Chennai, India.
8.00 **Portrait Artist of the Year** New edition Nine more contestants take part in the second heat of the painting competition, where the celebrity sitters are Nihal Arthanayake, Jay Rayner and Susanna Reid.
9.00 **Never Mind the Buzzcocks** New edition Danny Goffey, Kiell Smith-Bynoe and Freya Ridings join the regulars on the music quiz. (S)
9.45 **COBRA: Rebellion** 1/6. Robert Sutherland's administration is plunged into chaos when an environmental demonstration ends with grave consequences. (S3) (S)(R)
10.45 **The Lazarus Project** 4/8. George puts his plan into motion, unaware that a Lazarus agent is hot on his heels. (S1) (S)(R)(AD)
11.45 **Breeders** 9/10. Jim and Jackie are both struggling under their new circumstances. (S)(R)(AD) **12.15** AM 10/10. Paul and Ally's argument is interrupted by news about Jim. (S3) (S)(R)
12.45 **Road Wars** (S)(R)
2.10 **The Force: North East** (S)(R)
3.10 **Hawaii Five-0** (S9) (S)(R)
4.05 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.40pm Alan Carr's Picture Slam (S)(R) **11.25** The Edit (S)(R) **11.40** Scottish Questions (S) **12.05am** Debate Night (S)(R) **1.05** FILM Halloween (S) (2018, 18, 105min) ★★★★ **2.50** Weather for the Week Ahead (S) **2.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Nolan Live New edition (S) **11.40** FILM Halloween: As Scotland. **1.20am** Blankety Blank (S)(R) **1.55-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm BBC Wales Live New edition (S) **11.10** FILM Halloween: As Scotland. **12.50am** Blankety Blank (S)(R) **1.25-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
11.15pm Beacons: Short Films from Wales New episode (S) **11.30** Unspun World with John Simpson (S) **11.55** No Activity (S)(R) **12.20-12.40am** The Fens: A Wild Year (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Richard Holt: Yr Academi Felys **1.30** Ffasiwn Drefn (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd New edition **3.05** Llanw **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Môn **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C **8.00** Pobol y Cwm New episode (AD) **8.25** Pobol y Cwm New episode (AD) **9.00** NEW SERIES Gogglebocs Cymru **10.00** Y Tad, Y Mab A'r Cor **11.30pm-12.05am** Y Byd ar Bedwar

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 | 107/157 | 23 107 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Crazy Fun Park** New episodes 5/10. Mapplethorpe takes matters into his own hands. **7.25** 6/10. The Fun Kids discover the dead can walk the earth on the night of Halloween. (S1)
7.55 **The Catch Up**
8.00 **Top Gear** Jeremy Clarkson test-drives the Skoda Yeti.
9.00 **Roman Kemp: Our Silent Emergency** The mental health and suicide crisis affecting young men.
10.00 **BBC New Comedy Awards** New edition A nationwide search to find the best stand-up talent.
10.30 **Back to Life** 1&2/6. (S2)
11.30 **The Bold Type** New episode 3/16. Jane and Ryan try to rekindle their relationship. (S4)
12.10 AM **Top Gear** As 8.00pm.
1.10 **BBC New Comedy Awards**
1.40 **Back to Life**
2.40 **Roman Kemp: Our Silent Emergency** As 9.00pm.
3.40 **to 3.50** AM **Press X to Continue**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Africa** Naturalist David Attenborough describes the wildlife spectacles of southern Africa.
8.00 **100 Days to Victory** 1/2. Docu-drama reconstructing the final months of battle in 1918, showing how the Allies forces won World War One. Stars Malcolm Taylor. **9.00** 2/2. The final months of World War One in which the Allies found a way to smash through the last line of German defence.
10.00 **Damian Lewis, Matthew Macfadyen and Peter Kosminsky Remember... Warriors** The actors and director look back at the 1999 BBC drama.
10.25 **Warriors** 1/2. Drama about British troops in Bosnia. Stars Matthew Macfadyen. **11.50** 2/2. The soldiers face the emotional demands of their duties. (S1)
1.20 AM **Africa** As 7.00pm.
2.20 **to 3.25** AM **Imagine: Sonia Boyce – Finding Her Voice**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Food Unwrapped**
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.50 **The Secret Life of the Zoo** Elderly one-eyed South African porcupine Roxy is introduced to a younger male called Henning.
6.55 **The Dog House Australia** Karin, who has mobility problems, is looking for a canine companion.
7.55 **Grand Designs: Living in the City** Kevin McCloud looks at the challenges of building in the city, where architects have to show their ingenuity as space is at a premium.
9.00 **The Dog House** A French bulldog meets drag queen John and partner Sammy, while the unluckiest dog on Woodgreen animal charity's books goes on two dates.
10.00 **Holidays from Hell: Caught on Camera** Cameras reveal what can go wrong when a holiday turns into a nightmare.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **Holidays from Hell: Caught on Camera**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Married at First Sight UK**
8.00 **Melissa & Joey**
9.00 **Brooklyn Nine-Nine**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **The Big Bang Theory** (S3&11)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Married at First Sight UK**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Romeo struggles at Rayne's memorial.
7.30 **Young Sheldon** 8/21. The university makes George Sr a job offer in the hope of recruiting Sheldon. (S3)
8.00 **Modern Family** 1/22. Jay and Gloria look for a pre-school for Joe. **8.30** 2/22. Alex tells Phil and Claire the wrong date for her first day at college. (S7)
9.00 **Married at First Sight UK** New edition The final batch of newlyweds soon hit their first bump in the road.
10.00 **Sex Rated** New edition Host Rylan and sex educator Ruby Rare meet Nick, whose seduction game needs licking into shape.
11.05 **Naked Attraction**
12.05 AM **First Dates**
1.10 **Married at First Sight UK**
2.10 **Sex Rated**
3.10 **Below Deck Sailing Yacht**
3.55 **Brooklyn Nine-Nine**
4.50 **to 6.00** AM **Black-ish**

+1 hour 235/236 | 306 | 30 | 123

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Patrol**
9.00 **Border Security: America's Front Line**
10.00 **Motorway Patrol**
10.30 **Highway Patrol**
11.00 **The Force: Manchester**
12.00 NOON **FBI** 13/22. (S1)
1.00 PM **Bull** 13/16. (S5)
2.00 **Blue Bloods** 20/21. Baez is targeted by a criminal she once put away. (S13)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

9.00 The Rookie

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *Forgive Us Our Trespassers:* 21/21. Danny teams up with an old partner to find a copycat killer. (S13)

9 PM

9.00 **The Rookie** *Manhunt:* 15/20. A prison bus crashes, giving some of the inmates an opportunity to flee. (S1)

10 PM

10.00 **9-1-1** *Outside Looking In:* 11/18. A family's vehicle is rigged with a bomb that will explode if they go under 55mph. (S5)
11.00 **The Rookie** 2/20. (S2)
12.00 M'T **FBI** 9/23. (S5)
1.00 AM **FBI: International** (S2)
2.00 **FBI** New episode 10/23. (S5)
3.00 **FBI: International** New episode 10/22. (S2)
4.00 **Border Security: America's...**
5.00 **to 6.00** AM **Stop, Search...**

+1 hour 207 310

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Fish Town**
7.55 **Six Feet Under** 2&3/12. (S4)
10.05 **Ray Donovan** 1&2/12. (S6)
12.10 PM **Game of Thrones** (S6)
1.20 **The Knick** 5&6/10. (S2)
3.30 **Six Feet Under** 4/12. David's ex-fiancée asks him for help. **4.35** 5/12. David picks up an unbalanced hitch-hiker and is almost killed. (S4)
5.40 **Ray Donovan** 3/12. Ray officially begins working for Sam Winslow again. **6.45** 4/12. Mickey kidnaps movie star Jay White. (S6)

9.00 Das Boot

7.50 **Game of Thrones** *Dragonstone:* 1/7. Jon organises the defence of the North, Daenerys comes home, and Cersei evens the odds. (S7)

9.00 **Das Boot** New episode 3/6. Italian fishermen take Buchner and Berndt to Naples, where they meet the crew of U-330.

10.00 **Das Boot** New episode 4/6. Schulz blackmails Hannie for information on Klaus. Subtitled. (S4)
■ Entire series on Box Sets
11.00 **Tin Star** 6/9. Jack hunts down the cartel bagman who is circling the colony. (S2)
12.00 M'T **Euphoria** 8/8. (S2)
1.10 AM **The Great Game** (S1)
2.20 **Game of Thrones** As 7.50pm.
3.30 **In Treatment** (S2)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Supergirl** 2/20. (S6)
7.00 **DC's Legends of Tomorrow**
8.00 **The Flash** 3/13. (S9)
9.00 **Stargate SG-1** (S2)
11.00 **Supergirl** 3/20. (S6)
12.00 NOON **The Flash** 3/13. (S9)
1.00 PM **NCIS: Los Angeles** (S14)
3.00 **Hawaii Five-0** 23/25. (S9)
4.00 **S.W.A.T.** 20/23. (S2)
5.00 **DC's Legends of Tomorrow**
6.00 **Stargate SG-1** 21/22. The team travel back to 1969 and come under suspicion at a top-secret military base. (S2)

8.00 Strike Back: Silent War

7.00 **Stargate SG-1** *Out of Mind:* 22/22. Part one of two. O'Neill wakes up after 79 years in cryonic suspension. (S2)

8.00 **Strike Back: Silent War** 1/10. Section 20 are sent to investigate when a Russian nuclear bomber vanishes. (S7)

9.00 **Never Mind the Buzzcocks** New edition With Kiell Smith-Bynoe and Freya Ridings.
9.45 **COBRA: Rebellion** 1/6. An environmental demonstration ends with grave consequences. (S3)
10.45 **The Lazarus Project** 4/8. George is unaware that a Lazarus agent is hot on his heels (S1)
11.45 **FILM** **Game of Death II** Action thriller sequel starring Bruce Lee. (1980, 18, 96min) ★★
1.40 AM **Road Wars**
2.05 **The Force: North East**
3.00 **Hawaii Five-0** 23/25. (S9)
4.00 **S.W.A.T.** 20/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **CITV**
9.00 **One Tree Hill** 12/22. (S1)
10.00 **Dawson's Creek** 5/24. (S6)
11.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Alan Carr's Epic Gameshow** *Name That Tune.*
2.00 **Chuck** 9/19. (S3)
3.05 **One Tree Hill** 13/22. (S1)
4.00 **Dawson's Creek** 6/24. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Shirley Ballas, Bhavna Limbachia and Dr Ranj Singh.

7.00 Alan Carr's Epic Gameshow

7.00 **Alan Carr's Epic Gameshow** The comedian presents a revival of classic game show *Strike It Lucky*.

8.00 **Bob's Burgers** 17/22. Louise hides a house spider in her room. **8.30** 18/22. Linda plans for her friend's visit. (S12)

9.00 **Big Brother** New edition The social experiment continues as a host of housemates compete to win a life-changing prize.

10.00 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present a companion show to this year's series.
11.05 **Family Guy** 11/20. The family move to Washington, D.C. **11.35** 6/20. Chris is sent to a vocational school. (S17)
12.05 AM **American Dad!** (S13)
1.00 **Bob's Burgers** (S12)
2.00 **Don't Hate the Playaz**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.10 **Bless This House**
9.15 **Where the Heart Is**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *A Pocket Full of Rye:* A famous nursery rhyme is connected to a series of murders.
5.55 **Heartbeat** *Looking for Isabella:* A boy falls down a well in the overgrown gardens of a derelict local house.

10.00 Cracker

6.55 **Heartbeat** *The Hospital Job:* A search for stolen antiques turns into a life-threatening situation for Mason and Wetherby.

8.00 **Lewis** *Your Sudden Death Question:* Lewis and Hathaway investigate a murder committed on the first night of a quiz weekend held at Chaucer College. Guest stars Alan Davies.

10.00 **Cracker** *White Ghost:* Police psychologist Fitz travels to Hong Kong and helps the police solve the bizarre murder of a high-flying businessman.
12.15 AM **Where the Heart Is** *Never Can Say Goodbye:* Sally and Billy decide to become foster parents. **1.20** *Care:* Beth struggles with her return to work.
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Icons of Football** The life and career of striker Steve Archibald.
7.30 **Born to Be Wild** A juvenile raven requires an operation.
8.00 **Scotland's Home of the Year** 4/10. The regional finalists in the West of Scotland come under scrutiny from the judges.
8.30 **Food Fest Scotland** A visit to the Foodies Festival in Glasgow.
9.00 **The Nine**
10.00 **Street Gangs** Series finale 3/3. Graeme Armstrong explores the Wyndford Scheme in Maryhill.
10.30 **Debate Night** New edition
11.30 PM **to 12.00** M'T **Unmasking a Fugitive** The story of a US fugitive who came to the UK with a new identity.

Sky Comedy

114/115 112 347 362

8.00 AM **Young Rock** (S2)
9.00 **Fresh Prince of Bel Air**
9.30 **Run** 5/7. (S1)
10.00 **Wellington Paranormal**
11.00 **Fresh Prince of Bel Air**
11.30 **Crashing** (S1&2)
12.50 PM **House of Lies** (S4)
1.30 **Silicon Valley** (S3)
3.30 **Fresh Prince of Bel Air**
4.00 **Wellington Paranormal**
5.00 **Young Rock** (S2)
6.00 **Run** 6/7. (S1)
6.30 **Fresh Prince of Bel Air**
7.00 **Will & Grace** (S8)
8.00 **The Office (US)** 19/26. Dwight stirs things up. **8.30** 20/26. Michael tries to teach the staff a lesson. (S6)
9.00 **Girls** 5&6/10. (S1)
10.15 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.15 **Breeders** 9&10/10. (S3)
12.15 AM **Veep** 5&6/8. (S1)
1.15 **Mrs Fletcher** (S1)
2.25 **Enlightened** 3/8. (S2)
3.00 **House of Lies** (S4)
3.40 **to 5.00** AM **Crashing**

Sky Arts

130/131 140 123 36 147 365

6.00 AM **Beethoven: The Complete Symphonies**
6.35 **Cirque du Soleil: Mystery of Mystere**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the...**
2.00 **The Art of Collecting**
3.00 **Cleo Laine: The Unseen Home Movies**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **The Joy of Painting**
8.00 **Portrait Artist of the Year** New edition
9.00 **Discovering: Michelle Yeoh** New edition
10.00 **Discovering: Janet Leigh**
11.00 **Art Traffickers**
12.00 M'T **Mildred Pierce**
1.45 AM **Oscar Micheaux**
3.30 **Inside Art**
4.00 **Agatha Christie Hour**
5.00 **to 6.00** AM **The South Bank Show**

Sky Mix

151 135 11 144

6.00 AM **Sky Mix Coming Soon** Channel preview.
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security USA**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Voyager** (S1)
8.00 **Magnum P.I.** 19/20. (S4)
9.00 **Liverpool Narcos** The story of the drugs trade in 1980s Liverpool.
10.00 **Bruno v Tyson** The story of the boxing rivalry between Frank Bruno and Mike Tyson.
11.40 **Snapped**
12.35 AM **How I Caught the Killer** Crime series.
1.35 **Brit Cops: Rapid Response** Documentary.
2.30 **Road Wars**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.00 AM **Billie and Greg: The Family Diaries**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Only Way Is Essex**
2.05 **Great Chocolate Showdown**
3.05 **Million Dollar Listing: LA** Property series.
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Salt Lake City**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Big Bake: Halloween**
9.00 **Ferne McCann: My Family and Me** New edition Lorri heads off on a work trip before her due date.
10.00 **The Only Way Is Essex**
11.00 PM **to 1.00** AM **Real Housewives and the Menopause**

+1 hour 319 58

GREAT! tv

157 170 50 142

8.00 AM **Diagnosis Murder**
9.00 **Sue Thomas: F.B.Eye**
11.00 **Castle** 19&20/24. (S2)
1.00 PM **Sue Thomas: F.B.Eye** 17&18/19. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 17/24. A transplant surgeon arrives at the 4077th. **7.30** 18/24. Hawkeye is put under house arrest after an incident. **8.00** 19/24. Hawkeye bonds with Hot Lips. **8.30** 20/24. A GI wants to marry a call girl. (S3)
9.00 **Randall and Hopkirk (Deceased)** 7/26. (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **Great! Movie News Extra**

+1 hour 257 62 143

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **World of Sport**
6.20 **Minder**
7.25 **The Professionals**
8.25 **The Saint**
9.35 **Dempsey and Makepeace**
10.40 **Magnum, PI**
11.40 **BattleBots**
12.40 PM **The Saint**
1.45 **Dempsey and Makepeace**
2.50 **Magnum, PI**
3.50 **The Professionals**
4.55 **Minder**
6.00 **BattleBots** New edition The round of 32 continues.

7.00 River Monsters

7.00 **River Monsters** Bizarre deaths on a river in Papua New Guinea. **7.30** A search for the giant freshwater stingray.
8.00 **The Grand Fishing Adventure** Ali Hamidi and Bobby Zamora's tour takes them to France to catch colourful koi carp.
9.00 **FILM GoldenEye** James Bond adventure thriller starring Pierce Brosnan as 007. Bond encounters an old enemy when a duplicitous Russian general steals a deadly satellite weapon. With Sean Bean. (1995, 15, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Wrestling: AEW Collision** Hard-hitting action from AEW's newest show.
1.45 AM **Minder** *Dead Men Do Tell Tales:* Arthur agrees to mind a coffin and ends up stashing it in Terry's bedroom.
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 60 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
7.00 **Warehouse 13** 12/13. (S3)
8.00 **Teleshopping**
11.00 **Atlantis** 7/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 6&7/26. (S7)
2.00 PM **Fringe** 4/22. (S3)
3.00 **Atlantis** 8/13. (S1)
4.00 **Stargate SG-1** 8/22. (S3)
5.00 **Stargate Atlantis** 13/20. (S4)
6.00 **Star Trek: The Next Generation** 6/26. Data's first bad dream turns into a real-life nightmare. (S7)

11.00 Reginald the Vampire

7.00 **Star Trek: The Next Generation** *Dark Page:* 7/26. The team welcome a delegation from a telepathic species. (S7)
8.00 **Star Trek: Voyager** *Renaissance Man:* 24/26. Captain Janeway is taken hostage by Delta Quadrant beings. (S7)
9.00 **FILM The Fog** John Carpenter's supernatural chiller starring Adrienne Barbeau, Hal Holbrook and Janet Leigh. The ghosts of drowned mariners invade the small Californian coastal town of Antonio Bay. (1979, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Reginald the Vampire** 9/10. Reginald tries to figure out a way to survive. **12.00** M'T 10/10. The Assessment has arrived. (S1)
1.00 AM **Warehouse 13** (S3)
2.00 **Star Trek: Voyager** (S7)
3.00 **Stargate Atlantis** (S4)
4.00 **to 6.00** AM **Star Trek: The Next Generation**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Rizzoli & Isles** 9/10. (S1)
10.00 **Hudson & Rex** 11/16. (S4)
11.00 **Without a Trace** 16/23. (S3)
12.00 NOON **Frankie Drake Mysteries** 5/10. (S4)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S16)
4.00 **Rizzoli & Isles** 9/10. (S1)
5.00 **Hudson & Rex** 11/16. (S4)
6.00 **Without a Trace** 16/23. Martin feels guilty at failing to prevent the kidnapping of a 12-year-old. (S3)

9.00 Dark Winds

7.00 **Elementary** *Poison Pen:* 4/24. A nanny is suspected of poisoning her boss, the head of a financial firm. (S2)
8.00 **Death in Paradise** *Melodies of Murder:* 8/8. A reggae band's reunion is blighted when the guitarist is killed. (S7)
9.00 **NEW SERIES Dark Winds** *Monster Slayer:* 1/6. Crime drama. *See feature, page11.* (S1)
■ Entire series on Box Sets
10.00 **Death in Paradise** *Murder on the Honore Express:* 1/8. A passenger is fatally stabbed on the bus to Honore. (S8)
11.00 **Person of Interest** 10/13. Finch's cover identity is compromised, so Samaritan unleashes a succession of operatives to capture him. (S5)
12.00 M'T **Elementary** As 7.00pm.
1.00 AM **Hudson & Rex** 11/16. (S4)
2.00 **to 4.00** AM **Evil**

+1 hour 209/210 314

GOLD

110/111 110/111 124 344 359

7.05 AM **Highlights**
8.20 **2point4 Children**
9.00 **Hi-de-Hi!**
9.40 **Still Open All Hours**
10.20 **Last of the Summer Wine**
11.40 **Keeping Up Appearances**
12.20 PM **2point4 Children**
1.00 **The Thin Blue Line**
1.40 **Dad's Army**
3.00 **Hi-de-Hi!**
3.40 **Keeping Up Appearances**
4.20 **The Thin Blue Line**
5.00 **Last of the Summer Wine**
6.20 **The Green Green Grass**

10.20 Not Going Out

7.00 **The Green Green Grass** Marlene eagerly awaits Tyler's A-level results.
7.40 **The Good Life** Barbara and Tom's early morning activities begin to disturb Margo and Jerry. **8.20** Perky the pig gives birth to her litter in the middle of the night.
9.00 **Detectorists** Russell begins to suspect that Lance has been cursed.
9.40 **Dad's Army** Captain Mainwaring's bumbling platoon have a bash at morris dancing.
10.20 **Not Going Out** Lee feels stressed after agreeing to give Kate driving lessons.
11.00 **The Fast Show**
11.40 **The Good Life**
12.15 AM **Live at the Apollo**
1.20 **Detectorists**
1.55 **Not Going Out**
2.35 **The Fast Show**
3.05 **to 4.00** AM **Live at the Apollo**

+1 hour 210/211 324

Dave

111/112 127 19 157

7.10 AM **Exploration Volcano**
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **The Force: Behind the Line**
10.00 **Inside the Factory**
11.00 **Rick Stein's French Odyssey**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear** Triple bill.
3.55 **Pointless** Quiz show.
5.00 **Rick Stein's Cornwall**
6.00 **Rick Stein's French Odyssey** Rick celebrates Bastille Day. **6.30** The chef's journey ends in the city of Marseille.

10.00 David Mitchell's Outsiders

7.00 **Richard Osman's House of Games** With Sanjeev Kohli and Tiff Stevenson. **7.40** With Anne Diamond, Rory Reid, James Acaster and Samantha Womack.
8.20 **Would I Lie to You? At Christmas** Panellists include Ray Winstone andRicky Tomlinson.
9.00 **QI XL** Host Sandi Toksvig talks through a trunkful of 'T' topics with Guz Khan, Jo Brand, Sally Phillips and Alan Davies.
10.00 **David Mitchell's Outsiders** New edition The Outsiders compete to create the best multi-tool using scrap rubbish.
11.00 **Live at the Apollo** Double bill of the stand-up comedy show.
1.00 AM **Mock the Week**
1.40 **Big Zuu's Big Eats**
2.20 **Gavin & Stacey**
3.00 **Sliced**
3.35 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211 327 57

Wednesday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **The Great House Giveaway** From Derby.
2.30 **Help! We Bought a Village** A village in Italy.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Help! We Bought a Village** A historical settlement in Puglia is targeted by burglars.
8.00 **The Great British Bake Off** 4/10. The bakers take on new challenges in Chocolate Week.
9.15 **Grand Designs** Building a giant cathedral-like property modelled on Dutch barn style houses.
10.15 **The Great British Bake Off** As 8.00pm.
11.35 **Celebrity SAS: Who Dares Wins** The trainees must prove they can trust their team and themselves.
12.40 AM **Summer of Soul**
3.00 **Bangers: Mad For Cars**
4.00 **to 5.00** AM **Gogglebox**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** (S8)
10.55 **Entertainment News**
11.00 **NCIS** 17/24. (S8)
12.00 NOON **Law & Order**
6.00 **NCIS** *Thirst:* 6/24. A navy lieutenant dies. **7.00** *Devil's Triangle:* 7/24. A Homeland Security employee mysteriously disappears. **8.00** *Engaged – Part One:* 8/24. An aircraft carrying crashes. (S9)
9.00 **Criminal Minds** *The Silencer:* 1/24. The agents hunt for an escaped killer. (S8)
10.00 **Law & Order: Special Victims Unit** *Bound:* 23/25. An elderly woman is murdered. **11.00** *Poison:* 24/25. Novak and Clark target a biased judge. (S5)
12.00 M'T **Criminal Minds**
12.55 AM **Lucifer** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 320 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Casualty 24/7: Every Second Counts**
11.00 **GPs: Behind Closed Doors** Medical series.
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Patients with issues below the waist.
8.00 **FILM The Hobbit: An Unexpected Journey** Adventure starring Martin Freeman. (2012, 12, 165min) ★★★
11.20 **Car Crime: Caught on Camera** Documentary.
12.25 AM **Sleeping with My Murderer** Crime series.
1.25 **999: Emergency Call Out** Documentary.
2.25 **Home and Away**
2.50 **to 3.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Trucking Hell**
9.55 **Traffic Cops**
10.55 **Police Interceptors**
11.55 **FILM Decision Before Dawn** Spy drama. (1951, 15, 119min) ★
2.15 PM **FILM Kansas Raiders** Western. (1950, PG, 80min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Andy Lawson is involved in a high-speed chase. **7.00** Damo and the firearms team tackle a supermarket gunman. **8.00** A collection of the most extreme chases.
9.00 **FILM On Deadly Ground** Action thriller starring Steven Seagal. (1994, 15, 102min) ★
11.05 **FILM Hard to Kill** Action thriller starring Steven Seagal. (1990, 18, 92min) ★★★
1.00 AM **Fights, Camera, Action!** Documentary.
2.00 **to 3.00** AM **Sinkholes**

W

132/133 827 125 25 156

6.10 AM **Changing Rooms Australia** DIY series.
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **Rochelle Humes: Interior Designer in the Making**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **DIY SOS: The Big Build**
8.00 **Inside the Ambulance**
9.00 **24 Hours in A&E** A teenager is rushed in with a lacerated wrist after putting his hand through a pane of glass.
10.00 **999 Rescue Squad** A major fire breaks out.
11.00 **Louis Theroux's LA Stories** Documentary.
12.20 AM **Inside the Ambulance: Coast and Country** Documentary.
1.30 **to 3.00** AM **Plate of Origin**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **Pie in the Sky**
3.10 **Bergerac**
4.20 **All Creatures Great and Small**
5.30 **The Upper Hand**
6.05 **'Allo 'Allo!**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Mrs Sidhu Investigates** New episode *Killer App:* 3/4. Shortly after Mrs Sidhu becomes the in-house caterer for a software company, the CEO is found strangled at his desk. (S1)
10.00 **New Tricks**
11.20 **Dalziel & Pascoe**
1.25 AM **The Bill**
2.20 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

WEDNESDAY Entertainment

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** A coin collection.
11.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A bookcase.
1.00 PM **A Place in the Sun**
2.00 **My 600lb Life**
4.00 **Animal Cops Houston**
5.00 **Helicopter ER**
6.00 **The Yorkshire Auction House** A pensioner sells his huge model railway.
7.00 **Antiques Road Trip**
9.00 **The Bad Skin Clinic** Bill has a concerning lump on his neck.
10.00 **Dr Pimple Popper**
11.00 **Ghost Adventures**
12.00 M'T **The Dead Files**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Animal Cops Houston**
5.00 **to 6.00** AM **Money for Nothing**

Challenge
145 139 48 146

7.00 AM **The Chase**
10.00 **Catchphrase**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Pointless Celebrities**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Blockbusters**
4.00 **Bullseye** Four editions of the darts-based quiz.
6.00 **Classic Who Wants to Be a Millionaire?** Quiz.
7.00 **Weakest Link** Anne Robinson hosts the general knowledge quiz.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Chase**
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42 305

8.00 AM **Wild West...**
9.00 **FILM The Quick Gun** Western. (1964, PG, 87min) ★★
10.55 **The Dambusters Raid**
12.00 NOON **Wild West Chronicles** Double bill.
1.00 PM **FILM The Last Posse** Western. (1953, b/w, U, 73min) ★★
2.30 **FILM Meek's Cutoff** (2010, PG) ★★★
4.40 **Battle of Kursk**
5.35 **FILM Combat Squad** Drama. (1953, PG) ★★
7.10 **FILM Stranded** Thriller. (2001, 15, 92min) ★★
9.00 **FILM Nowhere to Run** Thriller. (1993, 15) ★★
10.55 **FILM Seraphim Falls** Western. (2006, 15, 111min) ★★★★
1.05 AM **FILM Resident Evil: Extinction** Horror sequel. (2007, 15, 90min) ★★
3.05 **Battle of Crete**
4.00 **to 5.00** AM **Battle Honours**

+1 hour 324

GREAT! movies
321 425 34 302

9.00 AM **FILM Burden of Evil** Crime thriller. (2012, 12, 87min) ★
11.00 **Daughter's Deception**
1.00 PM **FILM Valentine in the Vineyard** Drama. (2019, PG, 90min) ★★
2.50 **FILM Recipe for Love** Romantic comedy. (2014, PG, 90min) ★★
4.45 **FILM Fun with Dick and Jane** Satirical comedy. (2005, 12, 90min) ★★
6.35 **FILM Annie** Musical remake. (2014, PG, 115min) ★★★
9.00 **FILM Seven Pounds** Drama. (2007, 12, 117min) ★★★★
11.25 **FILM Manhattan Night** Mystery thriller. (2016, 15, 113min) ★★★
1.40 AM **FILM Alpha Dog** Crime drama. (2006, 15, 117min) ★★
4.00 **to 6.00** AM **FILM Too Late to Say Goodbye** (2009, PG) ★★★

+1 hour 322 61

GREAT! christmas
319 424 52 303

8.00 AM **FILM A Song for Christmas** Drama. (2017, PG, 90min) ★★
10.00 **FILM His & Her Christmas** Comedy. (2005, PG) ★★
12.00 NOON **FILM Christmas Confessions** (2015) ★★
2.00 PM **FILM The Perfect Christmas Village** Fantasy. (2018, PG) ★★
4.00 **FILM Enchanted Christmas** (2017) ★★
6.00 **FILM A Family for the Holidays** Mystery. (2018, U, 85min) ★★
8.00 **FILM Love You Like Christmas** Drama. (2016, U, 88min) ★★
10.00 **FILM The Christmas Apprentice** Comedy. (2016, PG, 90min) ★★
12.00 M'T **FILM Christmas Collision** Festive drama. (2021, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM 3 Holiday Tails** (2011)

+1 hr 320 63 304

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 3/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Star Trek: Deep Space Nine** 12/26. (S4)
11.00 **FILM Convoy** Action comedy. (1978, 12, 110min) ★★★
1.10 PM **Legend Lowdown**
1.20 **FILM All Quiet on the Western Front** War drama remake. (1979, PG, 126min) ★★
4.25 **The Twilight Zone** (S1)
5.00 **Star Trek** 16/24. (S3)
6.00 **Star Trek: Deep Space Nine** 13/26. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM War on the Range** Western. (2015, 15, 100min) ★★
11.05 **FILM Mojave** Thriller. (2015, 15) ★★★
12.55 AM **FILM The Rezort** Horror. (2015, 15) ★★
2.45 **to 4.30** AM **FILM Demon Eye** Horror. (2019, 15, 87min) ★★

DMAX
172 169 38 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
10.00 **Edge of Alaska**
11.00 **Alaska: Last Frontier**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal...**
2.00 **Gold Divers**
4.00 **Wheeler Dealers**
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Aussie Gold Hunters**
9.00 **Barnwood Builders** New edition
10.00 **Maine Cabin Masters** New edition
11.00 **Outback Opal Hunters**
12.00 M'T **Alaska: Homestead Rescue** Reality series.
1.00 AM **Life Below Zero**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 258 369

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Barefoot Contessa**
9.00 **The Kitchen** New edition
10.00 **Ainsley's Food We Love**
11.00 **River Cottage to the Core** Picnic food.
12.00 NOON **Great British...**
2.00 PM **French Adventure**
3.00 **Nadiya's Asian Odyssey**
4.30 **Barefoot Contessa**
5.00 **The Pioneer Woman** New edition
5.30 **The Pioneer Woman**
6.00 **French Adventure**
7.00 **Great British Bake Off**
8.00 **River Cottage to the...**
9.00 **American Adventure**
10.00 **Nadiya's Asian Odyssey**
11.30 **Diners, Drive-Ins and Dives** From Charlotte.
12.00 M'T **Guy's Grocery Games** New edition
1.00 AM **Restaurant: Impossible** Wilmington.
2.00 **to 3.00** AM **Halloween Baking Championship**

+1 hour 240/241 149

Comedy Central
112/113 132 345 360

8.00 AM **Most Ridiculous**
9.00 **The Middle** (S8)
11.00 **Home Improvement**
1.00 PM **Last Man Standing**
2.00 **Friends** 7-18/24. (S7)
8.00 **Friends** 19/24. Monica's attractive cousin visits. **8.30** 20/24. Rachel meets an old friend. (S7)
9.00 **Michael McIntyre's Big Show** With Olly Murs.
10.00 **NEW SERIES Drunk History: Black Stories** Rapman presents tales of unsung heroes from black history.
10.30 **Drunk History**
11.00 **Rose Matafeo: Horndog**
12.00 M'T **South Park: The Streaming Wars** (S25)
1.05 AM **Digman!** (S1)
1.35 **South Park** (S2)
2.35 **Key & Peele**
3.00 **The Daily Show** New edition Talk show.
3.25 **Criminally Funny**
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Criminally Funny**
7.00 **Teleshopping**
9.00 **Guessable?**
10.00 **Takeshi's Castle**
11.00 **Friends** (S4)
1.00 PM **Impractical Jokers**
3.00 **The Middle** (S6)
5.00 **Last Man Standing** (S2)
7.00 **Home Improvement** Four episodes of the series, including at: **8.00** 7/24. Tim's behaviour prompts Jill to teach him a lesson. **8.30** 8/24. Randy and Brad tease their younger brother. (S1)
9.00 **Friends** 7&8/24. (S7)
10.00 **South Park**
12.00 M'T **Reno 911!** (S5)
2.10 AM **David Spade: My Fake Problems**
3.05 **Paul F Tompkins: Labouring Under Delusions** Stand-up.
3.50 **Ugly Americans** (S1)
4.30 **Ren & Stimpy Show**
5.15 **to 6.00** AM **Takeshi's Castle**

Blaze
164 174 64 162

6.00 AM **Hardcore Pawn**
7.20 **Storm Stories**
8.15 **Ancient Aliens**
10.10 **Curse of Oak Island**
11.10 **Britain's Most Historic Towns** Winchester.
12.10 PM **Storage Wars**
1.05 **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Storm Stories**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **The UnXplained with William Shatner**
10.00 **Strange Evidence** New edition The site of a Civil War battlefield.
11.00 **Secrets in the Ice**
12.00 M'T **Curse of Oak Island**
1.00 AM **Britain's Most Historic Towns**
2.00 **Auction Kings**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars**
4.10 **Forged: Iron & Fire**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 81

5SELECT
153 138 46 133

9.00 AM **Cash in the Attic**
11.00 **The Yorkshire Vet**
1.00 PM **World's Most Scenic Railway Journeys**
2.00 **The Yorkshire Vet**
4.00 **The Highland Vet**
5.00 **Ben Fogle: New Lives in the Wild** New Zealand.
6.00 **World's Most Scenic Railway Journeys**
7.00 **World War II in Colour** The beginning of the global conflict.
8.00 **Nazi Megastructures** The world's largest ever battleship. **9.00** Japanese inland defences on the island of Okinawa.
10.00 **Forged in Fire** The team tries to turn a snowmobile's blades into a kukri knife.
11.00 **Draining the North Sea: Submarines at War**
12.05 AM **Forged in Fire**
2.00 **to 3.00** AM **Secrets of Stonehenge: Ancient Engineering**

HGTV
158 191 44 166

7.00 AM **Restoration Man**
8.00 **The Great Interior Design Challenge**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by the Sea** From Snowdonia.
12.00 NOON **The Restoration...**
1.00 PM **Bargain Mansions** New edition
2.00 **Flip or Flop Atlanta**
3.00 **The Great Interior...**
4.00 **Escape to the Country**
5.00 **The Restoration Man**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by...**
8.00 **Escape to the Country**
9.00 **Brother Vs. Brother**
10.00 **Good Bones** New edition DIY series.
11.00 **Bargain Mansions**
12.00 M'T **Fantasy Homes...**
1.00 AM **Restoration Man**
2.00 **The Great Interior Design Challenge**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 272 391 151

RealityXtra
147 172 68 134

9.00 AM **Medical Detectives**
11.00 **Crimes That Shook Australia** Double bill.
1.00 PM **Murder by the Sea**
2.00 **Written In Blood**
3.00 **Medical Detectives** A neighbour witnesses a man stab and drown his wife in their pool. **3.30** How investigators use forensic techniques to solve crimes. **4.00** California police search for a man who committed several crimes in 1957. **4.30** Investigators piece together clues at the scene of an accident.
5.00 **Crimes That Shook Australia** Double bill.
7.00 **Judge Judy** Real-life small-claims cases.
1.00 AM **Crimes That Shook Australia** Double bill.
2.55 **Murder by the Sea**
3.55 **Written In Blood**
4.45 **to 6.00** AM **Medical Detectives**

TLC
133/134 828 165

7.00 AM **Flip or Flop**
8.00 **Extreme Cheapskates**
9.00 **Say Yes to the Dress: Atlanta** Double bill.
10.00 **Dr Pimple Popper**
11.00 **My 600lb Life**
12.00 NOON **1000lb Sisters**
1.00 PM **Sister Wives**
3.00 **Outdaughtered**
4.00 **Diagnose Me**
5.00 **Dr Pimple Popper**
6.00 **My 600lb Life**
7.00 **NEW SERIES My Big Fat Fabulous Life**
8.00 **1000lb Sisters**
9.00 **Match Me Abroad** New edition
10.00 **Sister Wives** New edition Reality show.
11.00 **Toddlers & Tiaras**
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Cheapskates**
2.00 **Sister Wives**
3.00 **Toddlers & Tiaras**
4.00 **1000lb Sisters**
5.00 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

HorrorXtra
317 171 69 138

8.00 AM **FILM Martian Land** Sci-fi adventure. (2015, PG, 90min) ★
10.00 **Farscape** 2/22. (S4)
11.00 **FILM Monster Island** Thriller with Toshi Toda. (2019, PG, 90min) ★★
1.00 PM **FILM Super Cyclone** Disaster movie. (2012, 12, 90min) ★
3.00 **Farscape** 2/22. (S4)
4.00 **Star Trek** 4/30. (S1)
5.00 **FILM The 7 Adventures of Sinbad** Fantasy action adventure. (2010, PG, 90min) ★★
7.00 **Farscape** 3/22. (S4)
8.00 **Star Trek** 5/30. (S1)
9.00 **FILM St. Agatha** Horror starring Sabrina Kern and Carolyn Hennesy. (2018, 15, 103min) ★★
11.05 **FILM The Burning** Horror thriller starring Brian Matthews. (1981, 18, 91min) ★★★
12.55 **to 3.00** AM **FILM St. Agatha** As 9.00pm.

+1 hour 318 371 139

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Sun, Sea and A&E**
11.00 **UK Border Force**
12.00 NOON **Highway Patrol**
1.00 PM **Caught on Dashcam**
2.00 **Most Haunted**
4.00 **Quantum Leap** (S3)
6.00 **DC's Legends of Tomorrow** (S4)
8.00 **Highway Patrol**
9.00 **The Force: Manchester**
10.00 **The Russell Howard Hour** Topical comedy.
11.00 **Never Mind the Buzzcocks** Music quiz.
11.45 **Brit Cops: War on Crime** Documentary.
12.45 AM **Highway Patrol**
1.15 **Sun, Sea and A&E**
2.05 **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

E!
159 159 835 160

7.00 AM **Wags Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **The Platinum Life**
11.00 **Jerseylicious**
12.00 NOON **Botched**
1.00 PM **Revenge Body with Khloe Kardashian**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched**
8.00 **Hollywood Medium with Tyler Henry** Featuring DJ Quails and Charisma Carpenter.
9.00 **Keeping Up with the Kardashians** Tristan realises that Khloe is stressed about her living situation. **10.00** Kim receives some bad news about her legal studies.
11.00 **Jerseylicious**
12.00 M'T **Dr 90210**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Very Cavallari**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Diesel Brothers**
7.00 **Deadliest Catch**
8.00 **Ed Stafford: First Man Out**
9.00 **Alaska: The Last Frontier**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Deadliest Catch**
3.00 **Alaskan Bush People**
4.00 **Blowing Up History**
5.00 **Wheeler Dealers** Mike Brewer and Edd China work on a 1916 Cadillac V8.
6.00 **Salvage Hunters** Drew Pritchard restocks his shop.

11.00 Expedition Unknown

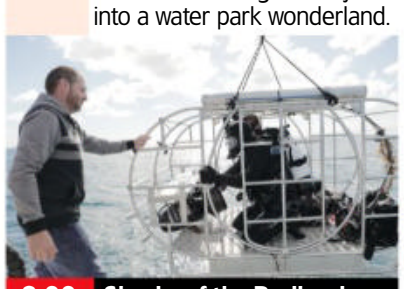
7.00 **Wheeler Dealers** Mike Brewer hunts down a Swedish classic, the 2001 Saab 9-3, and Ant works his magic on it.
8.00 **Outback Truckers** Mick and Sue get lost in the desert, and disaster strikes when Heather drives into a cyclone.
9.00 **Richard Hammond's Big** Richard joins the crew of one of earth's biggest moving objects, the *Marie Maersk* container ship.
10.00 **Richard Hammond's Big** Richard ventures into the longest underground railway connection, the Brenner Base Tunnel.
11.00 **Expedition Unknown** Josh Gates travels to Africa to find a distant relative of humans.
12.00 M'T **How the Universe Works** Experts hunt for the next deadly supernova.
1.00 AM **Richard Hammond's Big**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Bitchin' Rides**

+1 hour 225/226 377

Animal Planet

162 178

8.00 AM **Insane Pools: Off the Deep End**
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Crikey! It's the Irwins**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** A dog is rushed to the clinic after being hit by a car.
6.00 **Insane Pools: Off the Deep End** Transforming a backyard into a water park wonderland.



8.00 Sharks of the Badlands

7.00 **Amanda to the Rescue** Amanda rescues a three-legged shepherd-mix as part of a road trip rescue mission.
8.00 **Sharks of the Badlands** Greg Skomal joins Kina Scollay to test new technology for shark detecting surveillance.
9.00 **Shark Vortex** Exploring the arrival of 30 species of shark to the waters of southern New England every summer.
10.00 **Alaska: The Last Frontier** Reality series which closely follows the lives of Alaskan family the Kilchers.
11.00 **The Aquarium** A sea lion has stomach trouble. **12.00** M'T Monitoring beluga whale activity.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Britain's Greatest Machines with Chris Barrie**
11.00 **Building Impossible with Daniel Ashville**
12.00 NOON **Car S.O.S**
1.00 PM **Europe from Above**
2.00 **Air Crash Investigation**
3.00 **Hitler's Secret Underground Factory**
4.00 **Draining Loch Ness: In Search of the Monster**
5.00 **Car S.O.S** A 1973 saloon.
6.00 **Secrets of the Pyramids**

8.00 Megacity of the Maya...

7.00 **Air Crash Investigation** The US Air Force investigate the most expensive aviation accident of all time.
8.00 **Megacity of the Maya Warrior King** Albert Lin travels to Central America on the trail of an ancient warrior king.
9.00 **Bloody Tales of the Tower** The contrasting fates of three people imprisoned in the Tower of London for treason.
10.00 **Secrets of Area 51** Behind the scenes at the world's most secret military base, with stories from employees.
11.00 **Air Crash Investigation** A plane that crashed during a top-secret mission in 1961.
12.00 M'T **Airport Security: First Class** Documentary.
1.00 AM **Banged Up Abroad**
2.00 **Bid & Destroy**
2.55 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Storage Wars**
7.00 **Forged in Fire**
8.00 **American Pickers**
9.00 **Pawn Stars Do America**
10.00 **Al Murray: Why Does Everyone Hate the English?**
11.00 **Treasures Decoded**
12.00 NOON **Auction Hunters**
1.00 PM **Storage Wars**
2.00 **Monsterquest**
4.00 **Digging for Britain**
5.00 **Pawn Stars Do America**
6.00 **American Pickers** Mike and Jersey unearth a vast collection of petroliana.

8.00 Swamp People

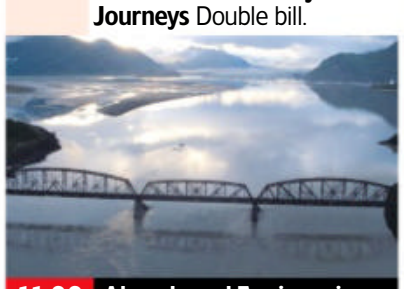
7.00 **Forged in Fire** The reigning champion must face a returning challenger and forge the intricate Acinaces sword.
8.00 **Swamp People** New edition Troy looks for new waters to improve his catch, Don mixes up some special juice.
9.00 **Curse of Skinwalker Ranch** New edition A team of experts begin a thorough investigation of Skinwalker Ranch.
10.00 **Beyond Skinwalker Ranch** New edition Andy Bustamante and Paul Beban investigate Mt Wilson in Nevada.
11.00 **Encounter: UFO** Credible first-hand accounts of UFO encounters and abductions.
12.00 M'T **Pawn Stars Do America**
1.00 AM **Storage Wars**
2.00 **Forged in Fire**
3.00 **Swamp People** As 8.00pm.
4.00 **Digging for Britain**
5.00 **to 6.00** AM **Auction Hunters**

+1 hour 223/224 331

Yesterday

155 155 846 129 27 159

6.10 AM **Monster Ships**
8.00 **Abandoned Engineering**
10.00 **Narrow Escapes of World War II** The holding of Tobruk.
11.00 **World War Weird**
12.00 NOON **Great American Railroad Journeys**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **World War Weird**
5.00 **Narrow Escapes of World War II** A look at the largest evacuation of World War Two.
6.00 **Great British Railway Journeys** Double bill.



11.00 Abandoned Engineering

7.00 **Antiques Roadshow** Fiona Bruce looks back at favourite finds from the past 40 years of the programme.
8.00 **Great Continental Railway Journeys** Michael Portillo embarks on a journey from Stockholm to Abisko.
9.00 **Turkey with Simon Reeve** The presenter begins his journey in Istanbul, going along the Aegean coast to Syria.
10.00 **Bangers & Cash** There is a surprise for Derek in Hull – an MGSA sports car that once had a tree growing through it.
11.00 **Abandoned Engineering** An advanced German battleship that sank in a Norwegian fjord during World War Two, and the Miles Glacier Bridge in Alaska.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Monster Ships**

+1 hour 255 329 74

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

144 144 834 137 12 172

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?**
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers** A rare mechanical pig and a Danish armchair.
6.00 **Wheeler Dealers: Dream Car**
7.00 **Outback Opal Hunters** The Blacklighters spot one of the deadliest snakes in the world.
8.00 **Salvage Hunters** Double bill.
10.00 **The Repair Shop** The team repair an engagement ring.
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK: Bodycam Squad**
2.00 **Chasing Classic Cars**
3.00 **Salvage Hunters: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: Atlanta** Double bill of editions.
7.00 **Say Yes to the Dress**
8.00 **Say Yes to the Dress: Lancashire** Reality series.
9.00 **Say Yes to the Dress: UK**
10.00 **Disappeared**
11.00 **Forensic Detectives**
1.00 PM **FBI Files**
2.00 **Disappeared** William McGrath.
3.00 **Desperate Measures**
5.00 **Say Yes to the Dress: Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Long Lost Family** Featuring a woman searching for her father, brother and sister.
8.00 **Faking It: Tears of a Crime** The murders of Holly Wells and Jessica Chapman.
9.00 **Murder on CCTV**
10.00 **American Monster**
11.00 **High Speed Chase** New edition A man shoots two officers serving eviction papers.
12.00 M'T **Forensic Detectives**
2.00 AM **Murder on CCTV**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The investigators try to explain why a fire at King's Cross station in London turned into an inferno killing 31 people. **7.30** A discarded sleeping bag contains traces of a murder.
8.00 **48 Hours** An unusual suspect is charged with the kidnapping of a 12-year-old girl.
9.00 **Real Detective: North of the Border** Bill Clark delves into the world of online crime.
10.00 **Bloodline Detectives** New edition The disappearance of 28-year-old court reporter Nancy Bennallack in 1970.
11.00 **Murder: First on Scene** Notorious investigations.
12.00 M'T **Fatal Vows**
1.00 AM **Real Detective: North of the Border** As 9.00pm.
2.00 **Bloodline Detectives**
3.00 **48 Hours** As 8.00pm.
3.55 **Medical Detectives**
4.20 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Caught Red Handed**
11.30 **Border Patrol**
12.00 NOON **Made for Murder**
1.00 PM **Killer in My Village**
2.00 **Forensics: Catching the Killer**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Forensics: Catching the Killer**
6.00 **What the Killer Did Next**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Forensics: Catching the Killer**
10.00 **Murders That Shocked the Nation** Raymond Leslie Morris.
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **Britain's Most Evil Killers**
2.00 NEW SERIES **Ireland's Most Evil Killers** Joe O'Reilly, who murdered his wife in 2004.
3.00 **What the Killer Did Next**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Wyatt Earp**
9.35 **Pan Am: Crossing the Pacific**
10.50 NEW SERIES **The Lafayette Squadron** The early days of combat aviation through never-before-seen photographs.
11.55 **My Life in Hitler's Germany**
1.00 PM **Beautiful Serengeti**
1.30 **Wyatt Earp**
2.40 **Pan Am: Crossing the Pacific**
3.55 **The Lafayette Squadron**
5.00 **My Life in Hitler's Germany**
6.10 **Wyatt Earp** The truth behind American legend Wyatt Earp.
7.25 **Pan Am: Crossing the Pacific** Documentary revealing the multitude of technological challenges that lay behind a key moment in aviation history.
8.35 **The Lafayette Squadron**
9.45 **My Life in Hitler's Germany** The arrest of 30,000 Jewish men who were sent to concentration camps.
10.50 **Pan Am: Crossing the Pacific**
12.00 M'T **The Lafayette Squadron**
1.15 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY

Wednesday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **The Last Movie Stars**
7.00 **Discovering: Meg Ryan**
8.00 **The Directors** Antoine Fuqua.
9.00 **The Good Fight Club**
10.00 **Juan Carlos: Downfall of the King** As shown at 7.00pm.
10.55 **Saviour Complex**
12.00 NOON **Marathon: The Patriots Day Bombing**
2.00 PM **Siempre, Luis**
3.50 **My Icon: Linford Christie**
4.00 **The Directors** Antoine Fuqua.
5.00 **Discovering: Meg Ryan**
6.00 **The Good Fight Club**
7.00 **Juan Carlos: Downfall of the King** Corinna's revelations are recorded and leaked in 2018.
7.55 **Saviour Complex** New edition 2/3. Missionary work in Uganda.
9.00 **No Accident** Documentary.
11.00 **Bruno v Tyson**
12.50 AM **FILM When We Were Kings** Oscar-winning documentary. (1996, PG, 87min) ★★★★★
2.30 **John McCain: For Whom the Bell Tolls** Documentary.
4.30 **PL Legends: Robert Pires**
5.00 **to 6.00** AM **Discovering: Meg Ryan**

Sky Nature

124/125 822 189 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **One Planet, One Chance**
9.00 **Arctic Secrets**
10.00 **Ol Pejeta Diaries**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Orangutan Jungle School** Documentary.
1.00 PM **Monkey Life**
2.00 **One Planet, One Chance**
3.00 **Arctic Secrets**
4.00 **Ol Pejeta Diaries**
5.00 **Malawi Wildlife Rescue**
6.00 **Orangutan Jungle School**
7.00 **Monkey Life** Double bill.
8.00 **Brazil Untamed** Following the daily life of the capybara.
9.00 **Great Blue Wild** A look at the creatures to be found in Mexico's Socorro Islands.
10.00 **Orangutan Jungle School**
11.00 **Malawi Wildlife Rescue**
12.00 M'T **Secrets of Wild Australia**
1.00 AM **Great Lakes Wild**
2.00 **Brazil Untamed** As 8.00pm.
3.00 **Great Blue Wild** As 9.00pm.
4.00 **One Planet, One Chance**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163 163 840 186

6.00 AM **Ancient Aliens**
8.00 **The UnXplained with William Shatner**
9.00 **Soviet Storm: WWII in the East**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **WWII Turning Points**
3.00 **Ideas That Changed the World**
4.00 **Decoding the Past**
5.00 **Cities of the Underworld**
6.00 **Ancient Murders Unearthed**
7.00 **Celts: The Untold Story** The mysteries, myths and arcane history of the Celts.
8.00 **Ancient Impossible** Exploring how ancient civilisations created weapons of mass destruction.
9.00 **Al Murray: Why Does Everyone Hate the English?**
10.00 **Britain's Most Historic Towns**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **Ancient Aliens**
2.00 AM **The UnXplained with William Shatner**
3.00 **Digging for Britain**
4.00 **to 6.00** AM **WWII Turning Points**

Crime+Investigation

156 156 837 133

6.00 AM **The First 48**
8.00 **Homicide Hunter**
9.00 **Cold Case Files**
10.00 **Killer in Plain Sight**
11.00 **Cruise Ship Killers**
12.00 NOON **Buried in the Backyard**
1.00 PM **The Real Murders of Orange County**
2.00 **Imperfect Murder**
3.00 **Somebody's Hiding Something**
4.00 **Murdertown**
5.00 **Homicide Hunter**
6.00 **The First 48**
8.00 **Somebody's Hiding Something** New edition
9.00 **#Textmewhenyougethome** New edition
10.00 **Sleeping with Death** New edition
11.00 **Homicide Hunter**
12.00 M'T **Cruise Ship Killers**
1.00 AM **#Textmewhenyougethome**
2.00 **Sleeping With Death**
3.00 **Cold Case Files**
4.00 **Somebody's Hiding Something**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 333

WILD

165 165 841 182

8.00 AM **Bizarre Animal Friends**
9.00 **Wild Japan**
10.00 **Africa's Hunters**
11.00 **Africa's Deadliest**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **When Sharks Attack**
3.00 **Hostile Planet**
4.00 **Secrets of the Zoo**
5.00 **Wicked Tuna**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo**
8.00 **NEW Snakes in the City** One-off special. Simon and Sioux interrupt two boomslangs mating in a tree.
9.00 **The Wild Sides** New edition In a drought-stricken corner of Botswana, all kinds of animals crowd around the river.
10.00 **Monster Snakes**
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
1.00 AM **Swamp Men**
2.00 **Wild Russia: Earth's Last Great Wilderness**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
7.00 **Tony Robinson's WW1**
8.00 **Unsolved History**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 NOON **How It's Made**
1.00 PM **Combat Dealers**
2.00 **Tony Robinson's WW1**
3.00 **Salvage Hunters**
4.00 **Mysteries at the Museum**
5.00 **Unsolved History**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **HMS Ark Royal**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 M'T **How It's Made**
1.00 AM **Combat Dealers**
2.00 **Salvage Hunters**
3.00 **Combat Dealers**
4.00 **to 5.00** AM **Salvage Hunters: The Restorers**

+1 hour 277 381

Eden

166 176

9.00 AM **The Life of Birds**
10.00 **Africa** As 6.00pm.
11.00 **David Attenborough's Natural Curiosities** Double bill.
12.00 NOON **Conquerors**
1.00 PM **Impossible Engineering**
3.00 **Forbidden History**
5.00 **The Life of Birds**
6.00 **Africa** The varied creatures of the Congo rainforest.
7.00 **David Attenborough's Natural Curiosities** Nature's evolutionary anomalies. **7.30** Curious creatures that have led to accusations of forgery.
8.00 **Conquerors**
9.00 **Forbidden History**
10.00 **Impossible Engineering**
11.00 **The Life of Birds**
12.00 M'T **Africa** As 6.00pm.
1.00 AM **David Attenborough's Natural Curiosities** Double bill.
2.00 **Conquerors**
3.00 **Forbidden History**
3.50 **The Life of Birds**
4.40 **Africa** As 6.00pm.
5.30 **to 6.00** AM **The Zoo**

+1 hour 266 376

ID

154 166

6.00 AM **American Monster**
7.00 **Teleshopping**
8.00 **Murder in the Heartland**
9.00 **Forensic Detectives**
10.00 **People Magazine Investigates**
11.00 **Evil Lives Here: Shadows of Death** Double bill.
1.00 PM **American Monster**
3.00 **Murder in the Heartland**
4.00 **Disappeared**
5.00 **Murder Comes to Town**
6.00 **Forensic Detectives**
7.00 **People Magazine Investigates** The murder of Mike Williams.
8.00 **Reasonable Doubt** A bid to clear a man charged with his girlfriend's murder.
9.00 **Faking It: Tears of a Crime** The case of Ben Butler, who killed his young daughter Ellie while in a rage.
10.00 **Cops UK: Bodycam Squad**
12.00 M'T **Reasonable Doubt**
1.00 AM **Betrayed**
2.00 **Evil Lives Here**
3.00 **Forensic Detectives**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/184 180

6.00 AM **Chasing Classic Cars**
7.00 **Disasters at Sea**
8.00 **Wheeler Dealers**
9.00 **Fantomworks**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Diesel Brothers**
12.00 NOON **Scrap Kings**
1.00 PM **Supertruckers**
2.00 **Wheeler Dealers**
4.00 **Vintage Voltage**
5.00 **Junkyard Empire**
6.00 **Fantomworks**
7.00 **Wheeler Dealers** Mike gets hold of an Astra GTE, but spare parts prove hard to come by.
8.00 **Vintage Voltage** A mystery client wants the team to restore and convert a 1970 Land Rover.
9.00 **Diesel Brothers**
10.00 **Wheeler Dealers**
11.00 **Supertruckers**
12.00 M'T **Vintage Voltage**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/284

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sick** Horror with Gideon Adlon. (2022, 18, 83min)
7.40 **Champions** As 5.50pm.
9.50 **The Fabelmans** As 8.00pm.
12.30 PM **Cocaine Bear** As 10.40pm.
2.10 **Mob Land** Crime thriller. (2023, 15, 111min) ★★★
4.05 **Shrapnel** Action thriller starring Cam Gigandet. (2023, 15, 89min) ★★
5.50 **Champions** Comedy drama starring Woody Harrelson. (2023, 12, 124min) ★★★

4.05 Shrapnel

8.00 **The Fabelmans** Director Steven Spielberg's semi-autobiographical drama starring Michelle Williams, Gabriel LaBelle and Paul Dano. Growing up in post-World War Two-era Arizona, Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. (2022, 12, 151min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Cocaine Bear** Comedy thriller starring Keri Russell, Alden Ehrenreich and O'Shea Jackson Jr. (2023, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Unwelcome** Horror comedy with Douglas Booth. (2022, 15, 104min) ★★★
2.05 **God Is a Bullet** Thriller with Nikolaj Coster-Waldau. (2023, 18, 156min) ★★
4.10 **to 6.05** AM **Mob Land** (2023)

+1 hour 312

Sky Cinema Hits

303 303 403 503 517

6.15 AM **Central Intelligence**
8.15 **Star Trek: Generations** Sci-fi. (1994, PG, 118min) ★★★
10.25 **Ace Ventura: When Nature Calls** Comedy. (1995, PG) ★★
12.10 PM **Ambulance** Crime drama. (2022, 15, 136min) ★★★★
2.30 **Hancock** Action comedy. (2008, 12, 92min) ★★★
4.10 **Central Intelligence** Comedy. (2016, 12, 107min) ★★★
6.00 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★

8.00 Bullet Train

8.00 **Bullet Train** Comedy thriller starring Brad Pitt. Five assassins aboard a swiftly moving train discover their missions have something in common. With Joey King, Aaron Taylor-Johnson, Brian Tyree Henry and Andrew Koji. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Carrie** Horror remake based on Stephen King's bestseller, starring Chloë Grace Moretz and Julianne Moore. A bullied teenager discovers that she possesses telekinetic powers. (2013, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
2.00 AM **I Love You, Man** Comedy. (2009, 15, 100min) ★★★★
3.55 **to 6.00** AM **Marry Me** Comedy. (2022, 12, 112min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.35 AM **Footloose** As 2.50am.
9.35 **Don't Worry Darling** Thriller. (2022, 15, 123min) ★★★
11.40 **The Weather Man** Comedy drama starring Nicolas Cage. (2005, 15, 102min) ★★★★
1.25 PM **A Few Good Men** Drama. (1992, 15, 132min) ★★★★
3.45 **Belfast** Kenneth Branagh's drama starring Jamie Dornan. (2021, 12, 98min) ★★★★
5.30 **I Wanna Dance with Somebody** Music biopic. (2022, 12, 144min) ★★★★
8.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan as two people who fall in love without ever meeting. (1993, PG, 105min) ★★★★★
9.50 **Babylon** Comedy drama starring Brad Pitt and Margot Robbie. Several characters enjoy an era of unbridled decadence and depravity in early Hollywood. (2022, 18, 188min) ★★★★
1.00 AM **Eiffel** Drama with Romain Duris. (2021, 15, 108min) ★★★
2.50 **Footloose** Dance drama remake with Kenny Wormald. (2011, 12, 113min) ★★★
4.45 **to 6.40** AM **Remember Me** Drama with Robert Pattinson. (2010, 12, 108min) ★★★

Sky Cinema Halloween

311 311 411 511 525

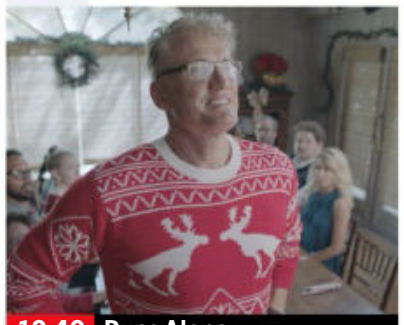
6.55 AM **Ghost Rider: Spirit of Vengeance** As 4.30pm.
8.35 **Resident Evil: Extinction**
10.20 **Jason Blum's Horror Movie Picks** The producer selects his favourite films from the genre.
10.50 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min)
12.30 PM **The Purge: Anarchy** Horror sequel starring Frank Grillo. (2014, 15, 101min) ★★★
2.30 **Something in the Dirt** Comedy drama with Aaron Moorhead. (2022, 15, 116min) ★★★★
4.30 **Ghost Rider: Spirit of Vengeance** Adventure sequel. (2012, 12, 91min) ★★
6.20 **M3gan** Horror starring Allison Williams and Violet McGraw. (2022, 15, 102min) ★★★
8.00 **The Purge: Election Year** Horror sequel starring Frank Grillo. (2016, 15, 108min) ★★★
10.00 **Saw III** Horror sequel with Tobin Bell. (2006, 18, 108min) ★★
12.00 M'T **Saw IV** Horror thriller sequel. (2007, 18, 93min) ★★
1.40 AM **Resident Evil: Extinction** Sci-fi horror thriller sequel. (2007, 15, 90min) ★★
3.20 **Sky Cinema Preview**
4.20 **to 6.20** AM **Something in the Dirt** As shown at 2.30pm.

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 520

7.25 AM **Charlie and the Chocolate Factory** (2005, PG) ★★★★
9.35 **The Lord of the Rings: The Two Towers** (2002) ★★★★★
12.45 PM **Stuart Little 2** Fantasy sequel. (2002, U) ★★★★
2.15 **Mr Magorium's Wonder Emporium** (2007, U) ★★★
4.00 **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12, 201min) ★★★★★
7.20 **Looney Tunes: Back in Action** Comedy. (2003, PG) ★★★


10.40 Pups Alone

8.55 **The Railway Children Return** Drama sequel starring Beau Gadson and Jenny Agutter. Children evacuated to a Yorkshire village during World War Two encounter a soldier on the run. (2022, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Pups Alone** Family comedy with the voice of Jennifer Love Hewitt. (2021, PG, 107min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Divergent** Sci-fi adventure starring Shailene Woodley and Kate Winslet. (2014, 12, 136min) ★★★
3.00 **Bratz** Teen comedy. (2007, PG, 98min) ★★
4.45 **to 6.20** AM **Joey & Ella: A Kangaroo Tail** Adventure. (2021, U, 89min) ★★

Sky Cinema Action

307 307 407 507 521

6.35 AM **The Accidental Spy**
8.05 **White Elephant** As 3.50am.
9.40 **Fatman** Fantasy comedy. (2020, 15, 100min) ★★★
11.30 **The Expendables** Adventure. (2010, 18, 99min) ★★★
1.25 PM **The Expendables 2** Action adventure sequel. (2012, 15, 98min) ★★★
3.20 **The Expendables 3** Adventure sequel. (2014, 12, 126min) ★★
5.35 **Fury** World War Two drama. (2014, 15, 134min) ★★★

10.25 Clash of the Titans

8.00 **The Woman King** Historical drama starring Viola Davis, Thuso Mbedu and Lashana Lynch. An all-female group of warriors try to protect the West African kingdom of Dahomey. (2022, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

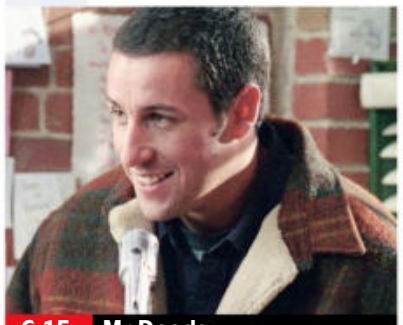
10.25 **Clash of the Titans** Fantasy adventure starring Sam Worthington and Gemma Arterton. (2010, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Wrath of the Titans** Fantasy with Sam Worthington. (2012, 12, 99min) ★★
2.15 **The Accidental Spy** Action comedy starring Jackie Chan. (2001, 12, 83min) ★★
3.50 **White Elephant** Thriller. (2022, 15, 100min) ★★★
5.25 **to 7.35** AM **Raging Fire** Hong Kong adventure. Subtitled. (2021, 15, 126min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
9.15 **Rough Night** As 1.25am.
11.05 **The Boss** Comedy with Melissa McCarthy. (2015, 15) ★★★
12.50 PM **Kingpin** Comedy. (1996, 12, 114min) ★★★
2.50 **Failure to Launch** Comedy. (2005, 12, 96min) ★★★
4.35 **Teen Wolf** Teen comedy. (1985, PG, 90min) ★★★
6.15 **Mr Deeds** Comedy with Adam Sandler. (2002, 12, 96min) ★★


6.15 Mr Deeds

8.00 **Wayne's World** Comedy starring Mike Myers and Dana Carvey as two young dudes who host a wacky cable TV show from their basement. With Rob Lowe. (1992, PG, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

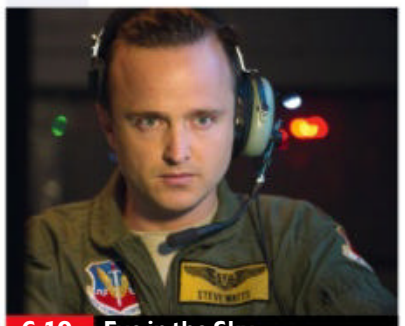
9.40 **Wayne's World 2** Comedy sequel starring Mike Myers and Dana Carvey. Wayne and Garth discover their destiny is to stage a huge rock concert. (1993, PG, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Just Go With It** Romantic comedy starring Adam Sandler. (2011, 12, 117min) ★
1.25 AM **Rough Night** Comedy starring Scarlett Johansson. (2017, 15, 101min) ★★
3.15 **Eurotrip** Teen comedy. (2004, 15, 90min) ★
5.00 **to 6.35** AM **Beavis and Butt-head Do America** Satirical big-screen spin-off from the animated series. (1996, 12, 81min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **No Man of God** (2021)
8.50 **Stowaway** As 3.35am.
10.35 **The Birthday Cake** (2021)
12.20 PM **Reindeer Games** Thriller. (2000, 15, 105min) ★★★★
2.15 **Gone Baby Gone** Crime drama starring Casey Affleck. (2007, 15, 109min) ★★★★★
4.20 **Man on a Ledge** Thriller. (2011, 12, 98min) ★★★
6.10 **Eye in the Sky** Thriller with Helen Mirren and Aaron Paul. (2015, 15, 112min) ★★★★


6.10 Eye in the Sky

8.00 **A Walk Among the Tombstones** Crime thriller starring Liam Neeson and Dan Stevens. An ex-cop helps a drug trafficker find the men who murdered his wife, and discovers a link to several previous killings. (2014, 15, 111min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

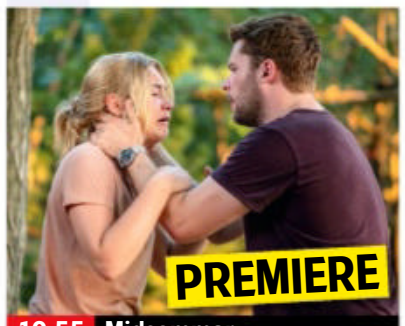
10.00 **Fatal Attraction** Suspense thriller about a married man whose one-night stand won't leave him alone. Stars Michael Douglas, Glenn Close and Anne Archer. (1987, 18, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Emily the Criminal** Thriller. (2022, 15, 97min) ★★★★
1.45 **No Man of God** Crime drama. (2021, 15, 100min) ★★★★
3.35 **Stowaway** Action thriller. (2022, 15, 94min) ★★
5.20 **to 7.00** AM **The Birthday Cake** Crime thriller. (2021, 15, 93min) ★★

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Dark Command** Western. (1940, b/w, U, 92min) ★★★
12.55 PM **Santa Fe Passage** Western. (1955, U, 91min) ★★★
2.45 **Timberjack** Action drama. (1954, U, 94min) ★
4.40 **The Wrong Box** Comedy. (1966, U, 101min) ★★★
6.50 **Goodbye Christopher Robin** Biopic of author AA Milne, starring Domhnall Gleeson. (2017, PG, 103min) ★★★★



10.55 Midsommar

8 PM **Goodbye Christopher Robin** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **London Has Fallen** Thriller sequel to *Olympus Has Fallen*, starring Gerard Butler. The US president and the head of his Secret Service must foil a terrorist attack on London. (2016, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.55** **PREMIERE** **Midsommar** Horror starring Florence Pugh. A couple travel to Sweden to visit a rural midsummer festival organised by a pagan cult. (2019, 18, 148min) ★★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **1.50** **to 3.40** AM **Kill List** Crime chiller starring Neil Maskell. (2011, 18, 95min) ★★★★

+1 hour 314 430 47 301

Sky Cinema Originals

302 302 402 502 516

6.05 AM **The Tiger Rising** Drama. (2022, PG, 102min) ★★★
7.55 **Dragon Rider** Animation. (2020, PG, 91min) ★★★
9.30 **A Boy Called Christmas**
11.20 **Maggie Moore(s)** Comedy thriller. (2023, 15, 99min) ★★★
1.05 PM **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
2.45 **Unhinged** Psychological thriller. (2020, 15, 90min) ★★★

4.20 **Long Story Short** Comedy. (2021, 15, 90min) ★★★
6.00 **Promising Young Woman** Thriller starring Carey Mulligan. (2020, 15, 113min) ★★★★
8.00 **SAS: Red Notice** Action thriller based on Andy McNab's novel, starring Sam Heughan and Ruby Rose. An off-duty SAS soldier attempts to thwart a terror attack on a Channel Tunnel train. (2021, 15, 90min) ★★★
10.10 **Blacklight** Thriller starring Liam Neeson. (2022, 15, 104min) ★

12.00 M'T **One Shot** Action thriller. (2021, 15, 96min) ★★
1.40 AM **Blithe Spirit** Comedy. (2020, 12, 95min) ★★★
3.25 **A Boy Called Christmas** Family adventure. (2021, PG) ★★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.35 AM **The Cinema List: The 90s**
6.50 **Carry On Sergeant** As 5.00am.
8.25 **Double Jeopardy** As 3.30am.
9.55 **The Last of the Mohicans**
12.00 NOON **The Fighter** As 11.45pm.
2.10 PM **Legend** Ridley Scott's fantasy starring Tom Cruise. (1985, PG, 94min) ★★★
4.00 **Philadelphia** Oscar-winning drama starring Tom Hanks. (1993, 12, 122min) ★★★★

6.10 **Cries and Whispers** Ingmar Bergman's harrowing Swedish drama about the anguished relationships of three sisters in turn-of-the-century Sweden, one of whom is dying of cancer. Stars Harriet Andersson. Subtitled. (1972, 18, 106min) ★★★★★
8.00 **The Last of the Mohicans** Epic adventure with Daniel Day-Lewis. (1992, 15, 122min) ★★★★
9.55 **The Third Man** Classic thriller starring Joseph Cotten. (1949, b/w, PG, 104min) ★★★★★

11.45 **The Fighter** Boxing drama. (2010, 15, 116min) ★★★★
1.55 AM **Legend** As 2.10pm.
3.30 **Double Jeopardy** Thriller. (1955, PG, 70min) ★★★
5.00 **to 6.30** AM **Carry On Sergeant** The first *Carry On* comedy. (1958, b/w, U, 83min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Scooby-Doo! and the Gourmet Ghost** As 8.50pm.
7.40 **Paws of Fury: Legend of Hank**
9.30 **Mia and Me: Hero of Centopia**
11.10 **Sing 2** Animated sequel. (2021, PG, 110min) ★★★★
1.05 PM **Open Season 2** Animated sequel. (2008, PG, 73min) ★★★
2.25 **Escape from Planet Earth** Animated sci-fi comedy. (2013, U, 86min) ★★★

4.00 **The Angry Birds Movie** Animation. (2016, U) ★★★
5.50 **Open Season 3** Animated sequel. (2010, U, 74min) ★★
7.15 **Shaun the Sheep Movie** Animation. (2015, U) ★★★★
8.50 **Scooby-Doo! and the Gourmet Ghost** Animated comedy. (2018, U, 77min) ★★★
10.20 **The Jungle Bunch** Animation. (2017, U, 97min) ★★★
12.00 M'T **Mia and Me: The Hero of Centopia** Family adventure. (2022, U, 85min) ★★★

1.35 AM **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 97min) ★★★
3.25 **Bah Humduck!: A Looney Tunes Christmas** Animation.
4.25 **to 6.05** AM **Even Mice Belong in Heaven** Animated comedy. (2021, PG, 80min) ★★★

Christmas 24

325 419

7.00 AM **Mistletoe Magic** Romance. (2019, PG, 85min) ★★
9.00 **Jolly Good Things** Comedy. (2022, PG, 90min) ★★
11.00 **Twas the Night Before Christmas** (2022, PG) ★★
1.00 PM **The Christmas House** Drama. (2020, U, 89min) ★★
3.00 **We Wish You a Married Christmas** Festive comedy. (2022, PG, 90min) ★★

5.00 **Joy For Christmas** Romantic comedy. (2021, PG, 86min) ★★
7.00 **Sincerely Truly Christmas** Fantasy. (2023, PG, 90min) ★★
9.00 **Christmas Cuisine of Love** Festive romance starring Kim Shaw and Clayton James. A chef unexpectedly falls for the restaurant critic who gave her first bakery a damning review. (2020, PG, 88min) ★★
11.00 **Three Sisters at the Christmas Chateau** Festive drama. (2019, PG, 98min) ★★

1.00 AM **Cross Country Christmas** Drama starring Rachael Leigh Cook. (2020, PG, 83min) ★★
3.00 **to 5.00** AM **The Christmas Promise** Romantic drama. (2021, PG, 90min) ★★

+1 hour 326 420

Talking Pictures

328 445 82 306

6.00 AM **The Detectives** (S1)
6.30 **The First Travelling Saleslady** Comedy Western with Ginger Rogers. (1956, U, 92min) ★★
8.20 **The Grayson Case** Thriller. (1955, b/w, PG, 15min) ★★★
8.40 **The Narrowing Circle** Mystery. (1956, b/w, PG, 64min) ★★
10.00 **Together** (S1)
10.35 **The Last Angry Man** Drama. (1959, b/w, U, 100min) ★★

12.40 PM **Crow Hollow** Mystery. (1951, b/w, PG, 69min) ★★
2.00 **Upstairs, Downstairs** (S5)
3.00 **Saddle Up**
3.05 **The Undefeated** Western. (1969, PG, 90min) ★★★
5.25 **Saddle Up**
5.30 **Johnny Ringo** (S1)
6.00 **For the Love of Ada** (S3)
6.30 **Bulldog Drummond at Bay** Adventure. (1937, b/w, PG) ★★
8.00 **Public Eye** 10/13. (S5)
9.05 **Mountains of the Moon** Adventure. (1989, 15) ★★★

11.50 **Top Secret** Comedy. (1952, b/w, U, 95min) ★★
1.45 AM **The Night Visitor** Psychological thriller. (1970, 18, 102min) ★★
3.45 **Further Up the Creek** Comedy sequel. (1958, b/w, U) ★★
5.35 **to 6.00** AM **All That Is England**

Wednesday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
9.00 **LIVE ICC Cricket World Cup New Zealand v Afghanistan.** Coverage of the group match at M. A. Chidambaram Stadium in Chennai, India. The Black Caps will be aiming to go one better in this tournament than they have done in the previous two, having lost the last two World Cup finals. Afghanistan will hope to do better than they did in 2019, when they lost 9 out of 9 group matches.
5.30 PM **Sky Sports News**
10.00 **Sky Sports News at Ten**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
1.00 AM **LIVE WNBA New York Liberty v Las Vegas Aces.** Coverage of game four of the WNBA Finals, which takes place at Barclays Centre in Brooklyn, New York. Tip-off **1.00am**.
3.00 **Sky Sports News**
4.00 **to 6.00** AM **LIVE PGA Tour Golf** Coverage of the opening day's play of the Zozo Championship, which takes place at Accordia Golf Narashino Country Club in Inzai, Japan.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **PL Retro** Manchester City v Queens Park Rangers from 2012.
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League Stories**
7.30 **Premier League 100: Darren Bent** The striker looks back.
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Stories** John McGinn charts his career.
9.30 **Premier League 100: Peter Schmeichel** A look back at the career of the former goalkeeper.
10.00 **Premier League Icons** A profile of Yaya Toure.
10.30 **PL Retro** Manchester City v Queens Park Rangers from 2012.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** The 2012/13 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro** Another chance to see Blackburn Rovers v Manchester City from 2000.
12.00 NOON **EFL Goals: L1 & 2**
12.30 PM **EFL Highlights**
6.00 **EFL Cup Highlights** Action from Salford City v Leeds United. **6.30** Doncaster Rovers v Everton. **7.00** Action from Manchester United v Crystal Palace. **7.30** Action from Newcastle United v Manchester City.
8.00 **EFL Highlights**
10.30 **EFL Goals: Leagues 1 & 2** Recent goals and highlights.
11.00 **EFL Greatest Games** Sheffield Wednesday v Newcastle United from the 2016/17 season. **11.15** Fulham v Aston Villa in the 2016/17 Championship season. **11.30** Nottingham Forest v Ipswich Town from 2016/17. **11.45** Bradford City v Swindon Town from 2013/14.
1.00 AM **EFL Cup Retro** Highlights from Manchester City v Sunderland in the 2014 final.
2.00 **EFL** The 2013/14 play-off finals.
5.00 **to 6.00** AM **Championship Season Review**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **ICC Cricket World Cup**
9.00 **LIVE ICC Cricket World Cup New Zealand v Afghanistan.** Coverage of the group match, staged at M. A. Chidambaram Stadium in Chennai, India.
5.30 PM **World Cup Cricket Classics**
6.30 **Secrets of Success** Nasser Hussain meets some of the most successful leaders in sport.
7.00 **ICC Cricket World Cup** Action from New Zealand v Afghanistan.
8.00 **ICC Men's CWC Greatest Matches** The greatest Cricket World Cup matches in history.
9.00 **ICC Cricket World Cup** New Zealand v Afghanistan. **10.00** Highlights from South Africa v Netherlands. **11.00** Action from New Zealand v Afghanistan.
12.00 M'T **Cricket World Cup** A look back at the ICC Cricket World Cup of 1979.
1.00 AM **ICC Cricket World Cup** South Africa v Netherlands.
2.00 **CWC 2015: Greatest Moments** South Africa v West Indies.
3.00 **ICC Cricket World Cup**
4.00 **World Cup Cricket Classics**
5.00 **to 6.00** AM **Cricket World Cup**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **PGA Tour Golf**
7.00 **LPGA Tour Golf**
8.00 **DP World Tour Golf**
9.00 **PGA Tour Golf**
10.00 **How the 1997 Ryder Cup Was Won** From Valderrama Golf Club.
1.00 PM **The Players Championship Official Film** Action from 2013.
2.00 **PGA Champs Official Film 2011**
3.00 **US Open Official Films**
4.00 **The Open: Official Films**
5.00 **LPGA Tour Golf**
6.00 **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **Challenge Tour Golf**
8.00 **DP World Tour Golf**
9.00 **LPGA Tour Golf**
10.00 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
10.30 **Challenge Tour Golf**
11.00 **PGA Tour Champions**
12.00 M'T **PGA Tour: The Cut**
12.30 AM **PGA Tour Champions Learning Centre**
1.00 **PGA Tour Champions**
2.00 **PGA Tour: The Cut**
2.30 **Challenge Tour Golf**
3.00 **PGA Tour Golf**
4.00 **to 6.00** AM **LIVE PGA Tour Golf** The opening day of the Zozo Championship from Inzai, Japan.

TNT Sports 1

410 410 870 | 527 | 408 430

6.00 AM **Badminton** Action from the finals of the Finnish Open, part of the HSBC BWF World Tour.
8.00 **LIVE Badminton** Coverage from the round of 32 at the Denmark Open at Jyske Bank Arena in Odense, Denmark.
6.30 PM **Badminton Weekly**
6.45 **MotoGP Rewind** A look back at the best of the action from the Grand Prix of Indonesia.
7.00 **PSA Squash Highlights** Action from this year's US Open.
8.00 **MotoGP Highlights** Action from the Grand Prix of Indonesia.
9.00 **WWE NXT** Wrestling action.
10.45 **WWE Raw Highlights**
11.45 **Ariel Helwani Meets** Acclaimed combat sport journalist Ariel Helwani sits down with WWE star Sami Zayn for a bake-off.
12.00 M'T **TNT Sports Reload** The best bits from TNT Sports over the last week.
12.30 AM **LIVE MLB** Coverage of an MLB Postseason match.
4.00 **UEFA Documentaries** Stars from both the men's and women's game give their views on racism.
5.00 **to 6.00** AM **WSL Challenger Tour**

TNT Sports 2

411 411 871 | 528 | 409 431

6.00 AM **Ariel Helwani Meets**
7.00 **WWE Monday Night Raw**
9.30 **UEFA Champions League Magazine** News and action.
10.00 **Classic Premier League**
1.00 PM **Premier League Stories**
1.30 **The FA Futsal Series One**
3.30 **No Filter Football**
3.45 **UEFA Champions League Magazine** News and action.
4.15 **TNT Sports Reload**
4.45 **LIVE EuroCup Basketball Prometey Slobozhanske v London Lions.** Coverage of the group match, staged at SC Prometey in Dnipropetrovsk Oblast, Ukraine. Tip-off **5.00pm**.
7.00 **Fight Week** A UFC preview.
7.15 **After the Roar**
8.45 **TNT Sports Reload**
9.00 **UFC Countdown**
10.00 **Fight Week** A look ahead.
10.30 **Premier League Stories**
11.00 **Classic Premier League**
11.30 **MotoGP Highlights**
12.30 AM **UEFA Champions League Magazine** News and action.
1.00 **FIM X-Trial World Championship Highlights**
2.00 **World Poker Tour Series**
5.00 **to 6.00** AM **Joe Cole Cast**

TNT Sports 3

417 417 874 | 529 | 410 432

6.00 AM **V8 Supercars Highlights**
8.00 **Down the Clubhouse**
9.00 **Fishing: On the Bank**
10.00 **FIM X-Trial World Championship Highlights**
11.00 **MotoGP Films**
12.30 PM **MotoGP** The Grand Prix of Indonesia Moto3 race. **1.30** The Grand Prix of Indonesia Moto2 race from Pertamina Mandalika International Circuit. **2.30** The MotoGP sprint race. **3.00** The MotoGP race.
4.00 **MotoGP Chequered Flag** Post-race show following the Grand Prix of Indonesia.
5.00 **WWE SmackDown Highlights**
6.00 **WWE Raw Highlights**
7.00 **FIM X-Trial World Championship Highlights** The latest round of the season in Andorra la Vella, Andorra.
8.00 **V8 Supercars Highlights** Action from race 24 in the Bathurst 1000 at Mount Panorama Circuit.
10.00 **Fishing: On the Bank** The Cornish Lure Fishing Festival.
11.00 **The FA Futsal Women's Super Series** Recent action.
1.00 AM **PSA Squash Highlights**
2.00 **to 6.00** AM **MotoGP Highlights**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Highlights**
8.00 **NFL: America's Game**
9.00 **NFL Highlights**
10.00 **Kansas City Chiefs: The Franchise** Behind-the-scenes.
10.30 **Neil Meets Brock Purdy**
10.45 **Neil Meets Odell Beckham Jr**
11.00 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Highlights**
4.00 **NFL Review Show**
5.00 **Neil Meets Justin Jefferson**
5.30 **Her Huddle**
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Bitesize Highlights**
9.00 **Jaguars Weekly UK** The Jacksonville Jaguars.
9.30 **One Jets Drive** A behind-the-scenes look at the New York Jets.
10.15 **NFL Bitesize Highlights**
10.30 **Kansas City Chiefs: The Franchise** Behind-the-scenes.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **Total Access** NFL news.
1.00 AM **Jaguars Weekly UK**
1.30 **NFL Bitesize Highlights**
2.00 **NBC's Pro-Football Talk**
4.00 **NFL Highlights**
5.00 **One Jets Drive**
5.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Mix

416 416 873 | 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **My Icon** Double bill.
8.00 **ICC Cricket World Cup**
9.00 **NFL Highlights**
10.00 **PGA Tour Golf**
11.00 **WNBA** A chance to see New York Liberty v Las Vegas Aces.
1.00 PM **Premier League Years**
3.00 **Super League Highlights**
4.00 **The Wheelchair Super League**
5.00 **PGA Tour Golf**
6.00 **PGA Tour Champions**
7.00 **Unbeatable** Basketball action.
7.30 **Premier League Stories**
8.00 **US Open Tennis Classic Matches** Action from 2000.
9.00 **Black Women: A Journey to the Boardroom** A discussion about black women and leadership.
9.30 **Food & Importance of Heritage**
9.45 **My Icon** Christine Ohuruogu.
10.00 **ICC Cricket World Cup**
11.00 **WNBA** Recent action.
1.00 AM **LIVE WNBA New York Liberty v Las Vegas Aces.** Game four of the WNBA Finals at Barclays Centre. Tip-off **1.00am**.
3.00 **PGA Tour Champions**
4.00 **NFL Highlights**
5.00 **to 6.00** AM **Cricket World Cup**

TNT Sports 4

421 421 876 | 530 | 411 434

6.00 AM **UEFA Documentaries**
8.00 **WSL Challenger Tour** The Ericeira Pro surfing event.
9.00 **Gallagher Premiership Rugby Union** Another chance to see Bristol Bears v Leicester Tigers. **10.30** Exeter Chiefs v Saracens.
12.00 NOON **What I Wore**
12.30 PM **Sport in Focus**
1.00 **MLB** Action from Postseason.
4.00 **MLB Classic** A look back at the 2003 World Series.
5.30 **MLB** Action from Postseason.
8.30 **MLB Classic** The 2003 ALCS. **9.00** Epic moments and the 1993 National League West. **9.30** A look at the 2011 World Series match-up between Cardinals and Rangers. **10.00** Heated altercations.
10.30 **UFC: The Ultimate Fighter**
1.30 AM **UFC Countdown**
2.30 **UFC: The Ultimate Fighter**
5.30 **to 6.00** AM **Champions League Magazine**

Eurosport 1

413 413 868 | 521 | 412 435

6.00 AM **Cycling: Tour of Venetia**
7.00 **Cycling: Tour of Lombardy**
8.00 **Archery World Cup**
9.00 **Snooker: European Masters**
11.00 **British Superbikes**
1.00 PM **Cyclo-Cross** From Wisconsin.
3.00 **Snooker: Northern Ireland Open Final 2019**
5.00 **Olympic Games: The Power of the Olympics**
5.15 **Olympic Games**
6.15 **Olympic Games: Olympians**
6.30 **Porsche Supercup**
7.00 **Hall of Fame: Tokyo 2020**
8.00 **SailGP** Action from Cadiz.
9.00 **Olympic Games**
10.00 **Formula E** A season review.
11.00 **Motocross World Championship of Nations**
12.00 M'T **Cyclo-Cross**
2.00 AM **Motocross World Championship of Nations**
3.00 **British Speedway**
4.00 **to 6.00** AM **Snooker: Northern Ireland Open Final 2019**

Eurosport 2

414 414 869 | 522 | 413 436

6.00 AM **Speedway Grand Prix**
7.00 **Snooker: Wuhan Open**
9.00 **World Superbikes**
11.00 **Hall of Fame: Tokyo 2020**
12.00 NOON **Snooker: Northern Ireland Open Final 2019**
2.00 PM **World Surf League**
3.00 **Olympic Games: Story of Women at the Games**
4.00 **FIA World Endurance Championship** From Portimao.
5.00 **Triathlon: Super League**
6.00 **Snooker: Northern Ireland Open Final 2021**
8.00 **British Speedway** A review of the Premiership Grand Final.
9.00 **Speedway Grand Prix**
10.00 **Cyclo-Cross** From Wisconsin.
12.00 M'T **FIA World Endurance Championship** From Belgium.
1.00 AM **Archery World Cup**
2.00 **Cycling: Road World Championships** From Glasgow.
4.00 **SailGP** Action from Cadiz.
5.00 **to 6.00** AM **British Speedway**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League**
8.00 **British Basketball**
10.30 **The Wheelchair Super League Grand Final**
10.45 **Super League Highlights**
11.00 **WNBA** Recent action.
1.00 PM **Fight Night**
2.00 **Unbeatable** Basketball news.
2.30 **Super League Highlights**
4.00 **The Wheelchair Super League Grand Final**
5.00 **Buatsi v Azeez: Gloves Are Off**
5.30 **Undisputed: Shields v Marshall**
6.30 **Fight Night** From October 2022.
7.30 **Buatsi v Azeez: Gloves Are Off**
8.00 **US Open Tennis Classic**
9.00 **The Wheelchair Super League Grand Final**
10.00 **When We Were Kings**
11.30 **Super League Highlights**
12.30 AM **The Gloves Are Off**
1.00 **LIVE WNBA New York Liberty v Las Vegas Aces.** Game four of the WNBA Finals.
3.00 **to 6.00** AM **Super League**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **Formula 1** A chance to see the 2021 United States Grand Prix.
1.15 PM **Mateschitz Legacies**
1.25 **Mario Isola: Medic in Milan**
1.30 **Formula 1** A chance to see the 2022 United States Grand Prix.
3.55 **Zac and Lewis: F1 Juniors**
4.00 **Formula 1** Another chance to see the Qatar Grand Prix.
6.15 **The Notebook**
6.45 **George Russell's Lie Detector Test**
6.55 **What Are Track Limits?**
7.00 **Formula 1** The Qatar Grand Prix.
8.00 **Sky Sports F1 Podcast**
9.00 **Formula 1** Highlights the 2022 United States Grand Prix, the 19th round of the season at the Circuit of the Americas in Texas.
10.00 **Sky Sports F1 Podcast**
11.00 **Formula 1** Highlights of the Qatar Grand Prix, staged at Lusail International Circuit.
12.00 M'T **Sky Sports F1 Podcast**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Thursday

19 October

Evening Planner

Documentary

Pride of Britain: A Windrush Special
ITV1, 9pm
Documentary exploring the stories of the Windrush generation of immigration.

Drama

All Creatures Great and Small
Channel 5, 9pm
James hopes to have more time to spend with Helen after recruiting a new vet.

OnDemand

NETFLIX

Bodies
Available today
Stephen Graham stars in this sci-fi thriller in which a killing spanning four time periods is linked to an elusive political figure.

OnDemand

Paramount+

The Burning Girls
Available today
Samantha Morton (right) plays a vicar in this supernatural drama, based on the bestselling novel by CJ Tudor.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Soldier		10.00 News; Local News	
102 BBC2	7.00 The Warship: Tour of Duty		8.00 Saving Lives at Sea		9.00 Interview with the Vampire			10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Pride of Britain: A Windrush Special		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off: An Extra...		9.00 Taskmaster		10.00 The Great Amazon Heist	
105 CHANNEL 5	7.00 Dirty Home Rescue		8.00 The Dog Hospital with Graeme Hall		9.00 All Creatures Great and Small		10.00 The Good Ship Murder	
106 SKY SHOWCASE	7.00 ICC Cricket World Cup		8.00 An Idiot Abroad 2		9.00 COBRA: Rebellion		10.00 Brassic	
ENTERTAINMENT								
115 BBC3	7.00 Crazy Fun Park		8.00 Top Gear		9.00 RuPaul's Drag Race UK			10.25 Love, Victor
116 BBC4	7.00 Africa		8.00 Film: Richard III					10.30 Film: The Omen
118 ITV2	7.00 Alan Carr's Epic Gameshow		8.00 Bob's Burgers		9.00 Big Brother		10.00 Big Brother: Late & Live	
136 MORE4	◂ 6.55 The Dog House Australia	7.55 Grand Designs			9.00 Little Trains & Big Names with Pete...		10.00 Sky Coppers	
135 E4	7.00 Hollyoaks	7.30 Young Sheldon	8.00 Modern Family		9.00 Married at First Sight UK		10.00 In Love and Toxic: Blue Therapy	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 FBI		10.00 FBI: International	
108 SKY ATLANTIC	◂ 6.45 Ray Donovan	7.50 Game of Thrones			9.00 The White Lotus		10.05 The Gilded Age	
110 GOLD	7.00 The Green Green Grass	7.40 The Good Life			9.00 Detectorists	9.40 Dad's Army		10.20 Not Going Out
111 DAVE	7.00 Richard Osman's House of Games			8.20 Would I Lie to You?	9.00 QI XL		10.00 Two Pints of Lager and a Packet of...	
119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Cracker	
120 ITV4	7.00 The Chase Celebrity Special		8.00 Film: Tomorrow Never Dies					10.25 Film: Fury
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Blended			
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Star Trek: Voyager		9.00 Film: Sinister 2			
113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad 2		9.00 COBRA: Rebellion		10.00 Brassic	
109 ALIBI	7.00 Elementary		8.00 Death in Paradise				10.00 So Help Me Todd	
130 SKY ARTS	7.00 Portrait Artist of the Year		8.00 Classic Literature & Cinema		9.00 Olive Kitteridge			10.15 The Eighties
132 W	7.00 DIY SOS: The Big Build		8.00 Nurses on the Ward		9.00 Alex Jones: Making Babies		10.00 999 Rescue Squad	
DOCUMENTARY								
125 DISCOVERY	7.00 Wheeler Dealers		8.00 Outback Truckers		9.00 Fear Island: Fortress of the Bears			
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Guardians of Rescue				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation				9.00 Ice Road Rescue		10.00 Life Below Zero: First Alaskans	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Viking Quest: America		10.00 Alone: Predator	
155 YESTERDAY	7.00 Antiques Roadshow		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
121 SKY DOCS	7.00 Juan Carlos: Downfall of the King	7.55 Saviour Complex			9.00 McEnroe			
FILMS – Sky Cinema								
301 PREMIERE	◂ 5.50 Champions		8.00 The Fabelmans					
303 HITS	◂ 5.50 Warcraft		8.00 Dungeons & Dragons: Honour Among Thieves					10.20 The Truman Show
304 GREATS	◂ 6.00 The Third Man		8.00 Inception					10.30 Champion
305 ANIMATION		7.15 A Shaun the Sheep Movie: Farmageddon			8.55 Astro Kid			10.35 Duck...
306 FAMILY	◂ 5.50 Zathura...	7.35 Ella Enchanted			9.20 Bratz			
307 ACTION	◂ 5.45 Bad Boys for Life		8.00 John Wick			9.55 John Wick: Chapter 2		
308 COMEDY	◂ 6.15 The Guilt Trip		8.00 Meet the Fockers				10.00 She's Out of My League	
309 THRILLER	◂ 5.55 A Walk Among the Tombstones		8.00 Layer Cake			9.55 Welcome to the Punch		
310 DRAMA	◂ 6.10 Alfie		8.00 The Impossible				10.00 Black Snake Moan	
311 HALLOWEEN	◂ 6.45 Paranormal Activity 2			8.20 Paranormal Activity 3			10.00 Saw IV	
302 ORIGINALS	◂ 6.30 The Desperate Hour		8.00 Extremely Wicked, Shockingly Evil and Vile				10.00 Save the Cinema	
313 FILM4		7.10 The Old Man & the Gun			9.00 A Quiet Place Part II			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
402 PREMIER LEAGUE	7.00 PL – The Big...	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 PL – The Big...	9.30 PL Stories	10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.00 EFL Highlights			8.30 Bundesliga...	9.00 EFL Goals	9.30 Women's...	10.00 A Perfect...	10.30 EFL Highlights
404 CRICKET	7.00 Cricket World Cup		8.00 ICC Men's CWC Greatest Matches		9.00 Cricket World Cup			
410 TNT SPORTS 1	7.00 Ligue 1 Show	7.30 The Grudge			9.00 MLB – Live: Coverage of an MLB Postseason match			
411 TNT SPORTS 2	◂ 6.30 WWE Monday Night Raw				9.00 WWE NXT Highlights		10.00 PL – The Big...	10.30 PL Stories

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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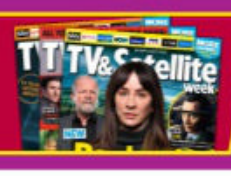


Thursday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** New edition Police catch stone thieves. (S)
11.15 **Homes Under the Hammer** New edition From London, Nottingham and Bournemouth. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Money for Nothing** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** New edition (S)
4.30 **The Vintage French Farmhouse** New edition Harry Khwaja spots an oversized jewellery box. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Soldier

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Ben presents Jay with an ultimatum to attempt to get him to stop the drugs. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** Stacey helps the Viney family declutter their home after grandma Sue filled their house with her deceased mum's belongings and the contents of a closed gift shop. (S)(R)(AD)

9 PM

9.00 **Soldier** New edition 3/5. The training course reaches the halfway mark, and of the 45 who joined the platoon only 34 now remain, each fighting to keep their place in the army. (S)(AD)

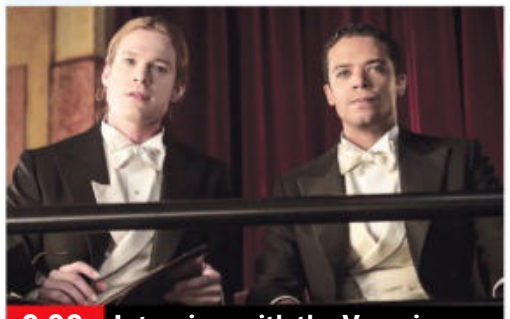
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce chairs a topical debate, inviting a panel of politicians and other guests in Lisburn, Northern Ireland, to answer questions from an invited audience. (S)
11.40 **Newscast** Journalists including Adam Fleming and Chris Mason host a weekly round-up, delivering the usual mix of serious analysis and light-hearted gossip. (S)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **BBC News Special: By-Election Results** The results for contests taking place in Mid-Bedfordshire and Tamworth, Staffordshire. (S)
4.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Escape to the Country** (S)(R)
7.15 **The Vintage French Farmhouse**
8.00 **Sign Zone: Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
9.00 **Nicky Campbell** (S)
10.00 **BBC News** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **Unbeatable** Quiz show. (S)(R)
2.15 **Wanted Down Under** (S)(R)
3.00 **Natural World: Chimps of the Lost Gorge** Documentary. (S)(R)
3.45 **This Wild Life** (S)(R)
4.15 **Cornwall: This Fishing Life** (S)(R)
5.15 **Flog It!** From Aberystwyth. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Bonnie Langford, Myra DuBois, Charlie Hedges and Tyler West. (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara has the latest backstage gossip. (S)



9.00 Interview with the Vampire

7.00 **The Warship: Tour of Duty** 5/6. After a pitstop on the tropical island of Guam, *HMS Queen Elizabeth* joins forces with other allied warships for a display of military might in front of the Chinese navy. (S)(R)(AD)

8.00 **Saving Lives at Sea** New edition 4/10. In Conwy, north Wales, the RNLI crew respond to reports of two people – including a young boy – who have been caught out by the tide, and are now struggling to stay afloat. (S)(AD)

9.00 **Interview with the Vampire** New episodes *After the Phantoms of Your Former Self:* 2/7. Louis recounts his first faltering steps to becoming a vampire. (S)(AD)
9.45 *Is My Very Nature That of the Devil:* 3/7. Louis struggles to retain humanity in the face of Lestat straying, racist regulations harming business, and being spurned by family. (S1) (S)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **No Activity** 4/6. Carol is excited about her new colleague, while Stokes is trying out a new nap regime. (S2) (S)(R)
11.40 **DNA Family Secrets** (S)(R)(AD)
12.40 AM **Sign Zone: The Crash Detectives** A man is found dead on a dark mountain road. (S)(R)(AD)
1.10 **Sign Zone: Strictly Come Dancing**
3.10 **Sign Zone: Strictly Come Dancing: The Results** (S)(R)(AD)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Great British Adventure** The chef arrives in the vibrant city of Bristol where he meets up with local chef Romy Gill, who gives James a guided tour of the city. (S)(R)(AD)
3.00 **Tenable** New edition Warwick Davis hosts as a family team of five from York take part. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Sam is full of admiration for his wife, Vinny feels conflicted, and Matty comforts Amy. (S)(AD)

8.30 **Tonight: Shoplifting – The Battle on the High Street?** New edition Paul Brand reports on a rise in shoplifting. (S)

9.00 **NEW Pride of Britain: A Windrush Special** Marking 75 years since the *Empire Windrush* ship's arrival at Tilbury Docks, this documentary tells the story of the Windrush generation. *See feature, page 20.* (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** (S)
11.15 **The Real Crown: Inside the House of Windsor** 4/5. The Queen's unpopularity in the wake of Diana's death. (S)(R)(AD)
12.05 AM **Wrestling: AEW Rampage** Hard-hitting wrestling action. (S)(R)
1.00 **The Chase** Quiz show. (S)(R)
1.50 **Tipping Point** Game show. (S)(R)
2.45 **Waco Untold: The British Stories** Documentary. (S)(R)(AD)
3.35 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Tenable** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 10&11/22. (S7) (S)(R)
7.35 **Everybody Loves Raymond** (S)(R)
8.25 **Frasier** 4-6/24. (S2) (S)(R)(AD)
9.55 **Find It, Fix It, Flog It** (S)(R)
10.55 **Renovation Nation** (S)(R)(AD)
11.55 **News** (S)
12.00 NOON **Steph's Packed Lunch** New edition Magazine. (S)
2.10 PM **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition Two flats are converted back into a family home. (S)
5.00 **Help! We Bought a Village** New edition A family feel the financial strain of trying to resurrect an Italian ghost village. (S)
6.00 **Four in a Bed** New edition From The Limes in Maldon, Essex. (S)
6.30 **The Simpsons** (S)(R)(AD)

8.00 The Great British Bake-Off...

7.00 **News** (S)

8.00 **The Great British Bake Off: An Extra Slice** New edition Jo Brand is joined by guests including Paul Hollywood to reflect on the events of Chocolate Week, and Tom Allen casts his eye upon the audience's bakes. (S)(AD)

9.00 **Taskmaster** New edition Susan Wokoma finds something hidden in a flower, Lucy Beaumont gets handy with loo roll, and Julian Clary makes some kitchen receptacles look sinister. (S)(AD)

10.00 **NEW The Great Amazon Heist** One-off documentary in which internet trickster Oobah Butler investigates Amazon, the world's biggest online retailer. (S)(AD)
11.05 **Great British Bake Off** 4/10. Chocolate Week. (S)(SL)(R)(AD)
12.20 AM **Naked, Alone and Racing to Get Home** (S)(R)(AD)
1.15 **Celebrity SAS: Who Dares Wins**
2.10 **Don't Look Down for SU2C** (R)
3.10 **Bone Detectives: Britain's Buried Secrets** (S)(R)(AD)
4.05 **Couples Come Dine with Me** (R)
4.55 **Tool Club** (S)(R)
5.45 **to 6.05** AM **Sunday Brunch Best Bits** (S)(R)

+1 hour 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.40 PM **Alexis Conran** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 NEW **Murder for Sale: A Gabbi Luck Mystery** Thriller starring Jackée Harry. (S)
4.00 **Bargain-Loving Brits in the Sun** New edition Cameras focus on Colin 'Coco' Brown's farm and animal sanctuary, as well as Glaswegian couple Karen and Tam, who live in a caravan. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme meets a troublesome dog that was bought to replace a boy's beloved pet. (S)(R)
6.55 **News** (S)

8.00 The Dog Hospital

7.00 **Dirty Home Rescue** Hayley Leitch and her cleaning team Tom Swire and Chesley Medley-Brown come to the aid of a couple in Newport, south Wales. (S)(R)
7.55 **News** (S)

8.00 **The Dog Hospital with Graeme Hall** New edition Doberman Nova has a hole in her heart that needs a vital operation, while Jack Russell-Pug-cross Roxy has an ectopic ureter requiring surgery. (S)

9.00 **All Creatures Great and Small** New episode *Right Hand Man:* 3/6. New vet Richard Carmody joins the practice, and James feels his place by Siegfried's side is threatened. *See feature, page12.* (S4) (S)

10.00 **The Good Ship Murder** 1/8. Crime drama starring Shayne Ward and Catherine Tyldesley. A former detective working as a cruise ship singer is asked to help when a passenger is found murdered. (S1) (S)(R)

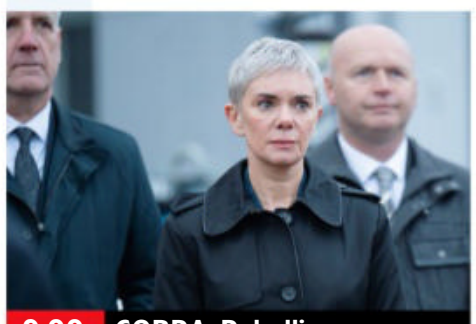
11.05 **Cricket World Cup** Action from India v Bangladesh. (S)
12.05 AM **Police Interceptors** (S)(R)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **Ben Fogle: New Lives in the Wild** From Fair Isle. (S)(R)
3.55 **Britain's Greatest Bridges** (R)
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Air Ambulance ER** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Al Murray: Why Do the Brits Win Every War?** (R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **NCIS: Los Angeles** (S)(R)
3.00 **Hawaii Five-0** (S9) (S)(R)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *The Great Simpsina:* Lisa reveals the secret behind a magic trick. (S)(R)
5.30 *The Real Housewives of Fat Tony:* Fat Tony and Selma get married. (S)(R)
6.00 *Homer Scissorhands:* Homer discovers he has a talent for styling hair. (S)(R)
6.30 **Fresh Prince of Bel Air** (S)(R)



9.00 COBRA: Rebellion

7.00 **Cricket World Cup** India v Bangladesh: Action from the group match at Maharashtra Cricket Association Stadium in Pune.

8.00 **An Idiot Abroad 2** 6/8. Karl Pilkington travels along America's Route 66. Activities during the journey include performing with a high-school choir and a cuddle party with New Age therapists. (S)(R)

9.00 **COBRA: Rebellion** New episode 2/6. Following the sinkhole collapse, Robert and his wife Rachel travel to Godley Common in the hope that their daughter Ellie is still alive. (S3) (S)
■ Entire series on Sky Box Sets

10.00 **Brassic** New episode *Sweet Sixteen:* 4/8. Erin's dad dies, taking her back to the town where she grew up. She learns she has been left his flat – but also a £10,000 debt. (S5)
■ Entire series on Sky Box Sets

11.00 **Never Mind the Buzzcocks** (R)
11.45 **Sex and the City** 9/12. Carrie receives worrying news. (S)(R)
12.15 AM 10/12. Carrie takes a pregnancy test. (S1) (S)(R)
12.45 **Warrior** 7/10. (S3) (S)(R)
1.50 **The Blacklist** (S10) (S)(R)
2.45 **Road Wars** (S)(R)
3.10 **Hawaii Five-0** (S9) (S)(R)
4.05 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
No variations
N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The View **11.20** Question Time **12.20am** Newscast **12.50-4.30am** BBC News Special: By-election Results
WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations
WALES Sky **968**, Freesat **968**
11.15pm Beacons: Short Films from Wales
11.30-11.40pm Weatherman Walking

ITV1

ANGLIA
10.45-11.15pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.15pm Around the House
LONDON
10.45-11.15pm The Late Debate
CENTRAL
10.45-11.15pm Central Lobby
GRANADA
10.45-11.15pm The Granada Debate
MERIDIAN
10.45-11.15pm The Last Word
WALES
10.45-11.15pm Fishlock's Choice
WEST/WESTCOUNTRY
10.45-11.15pm The Westcountry Debate
YORKSHIRE
10.45-11.15pm Last Orders

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion **12.05pm** Bwrdd i Dri **12.30** Heno **1.00** Sain Ffagan **1.30** Y Byd ar Bedwar **2.00** Newyddion **2.05** Prynhawn Da **3.00** Newyddion **3.05** Gwesty Aduniad **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cefn Gwlad **6.30** 3 Lle **6.57** Newyddion **7.00** Heno **7.30** Newyddion **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion **9.00** Jonathan: Cwpan y Byd 2023 **10.00** Rygbi Pawb Uchafbwyntiau **10.45** Trysorau Cymru: Tir, Tai a Chyfrinachau **11.15-11.50pm** Lowri Morgan: Her 333

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 | 107/157 | 23 107 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Crazy Fun Park** New episodes 7/10. Chester lies to Mapplethorpe. **7.30** 8/10. Chester spirals out of control. (S1)
7.55 **The Catch Up**
8.00 **Top Gear** Three luxurious vehicles are tested in Albania.
9.00 **RuPaul's Drag Race UK** New edition 4/10. The queens' comedy skills are put to the test.
10.10 **The After Shave with Danny Beard** New edition Danny catches up with the latest eliminated queen in *RuPaul's Drag Race UK.*
10.25 NEW SERIES **Love, Victor** 1/10. Victor grapples with his family's reaction to his coming out. Stars Michael Cimino. **10.50** New episode 2/10. Victor loses his nerve. (S2)
11.15 **The Bold Type** New episode 4/16. (S4)
11.55 **RuPaul's Drag Race UK**
1.05 AM NEW SERIES **Big Proud Party Agency**
1.35 **The TikTok Effect**
2.30 **Ellie & Natasia**
2.45 **to 3.55** AM **RuPaul's...**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Africa** Focusing on the wildlife of the Sahara, from zebras battling over dwindling rivers, to camels and swallows seeking out water.
8.00 FILM **Richard III** Laurence Olivier's classic screen version of Shakespeare's play. The power-hungry Richard Crookback will stop at nothing to gain the throne of England. With Ralph Richardson, Claire Bloom and John Gielgud. (1955, U, 161min) ★★★★★
10.30 FILM **The Omen** Horror thriller about the birth of the Antichrist, starring Gregory Peck and Lee Remick. The newly appointed American ambassador to the UK throws a party with his wife for their young son, but the celebrations are interrupted by a gruesome event. With David Warner. (1976, 15, 111min) ★★★★★
12.20 AM **Africa** As 7.00pm.
1.20 **Princes in the Tower: Lucy Worsley Investigates**
2.20 **to 3.20** AM **Michael Sheen's Valleys Rebellion**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Food Unwrapped**
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.50 **The Secret Life of the Zoo** Rare okapi Stomp must woo female K'Tusha, and the African painted dogs compete to be pack leader.
6.55 **The Dog House Australia** Pete and Hernando consider adopting a Tibetan spaniel mix called Baxter.
7.55 **Grand Designs** Kevin McCloud follows the progress of engineer Richard and his partner Felicia as they transform an underground water reservoir near the Humber Estuary into a family home.
9.00 NEW SERIES **Little Trains & Big Names with Pete Waterman** 1/4. The music producer explores the weird and wonderful world of miniature model railways.
10.00 **Sky Coppers** The hunt is on for a man who has assaulted an officer and dragged them along with his car before escaping.
11.05 **24 Hours in A&E**
12.10 AM **Little Trains & Big Names with Pete...**
1.15 **Sky Coppers**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Married at First Sight UK**
8.00 **Melissa & Joey**
9.00 **Brooklyn Nine-Nine**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **The Big Bang Theory** (S3&11)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Married at First Sight UK**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Romeo confronts his dad about Brent's attack.
7.30 **Young Sheldon** 9/21. Sheldon is not invited to Billy's birthday party. (S3)
8.00 **Modern Family** 3/22. Phil helps Haley persuade Claire to let Dylan move in. **8.30** 4/22. Phil goes into nesting mode. (S7)
9.00 **Married at First Sight UK** New edition The newest couples in the experiment return from honeymoon.
10.00 **In Love and Toxic: Blue Therapy** New edition Jo is tasked with navigating a revelation from Michael.
11.05 **Gogglebox**
12.10 AM **First Dates**
1.15 **Rick and Morty**
1.50 NEW SERIES **My Adventures with Superman** Animation. (S1)
2.15 **Married at First Sight UK**
3.10 **In Love and Toxic: Blue...**
4.05 **Brooklyn Nine-Nine**
4.55 **to 6.00** AM **Black-ish**

+1 hour 235/236 | 306 | 30 | 123

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Patrol**
9.00 **Border Security: America's Front Line** Double bill.
10.00 **Motorway Patrol**
10.30 **Highway Patrol**
11.00 **The Force: Manchester**
12.00 NOON **FBI** 14/22. (S1)
1.00 PM **Bull** 14/16. (S5)
2.00 **Blue Bloods** 21/21. Danny teams up with an old partner to find a copycat killer. (S13)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

10.00 FBI: International

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **The Equalizer** 1/10. First episode of the crime drama starring Queen Latifah as a former CIA operative. (S1)

9 PM

9.00 **FBI** New episode *Heroes:* 10/23. The team jump into action when JOC analyst Kelly Moran is taken hostage. (S5)

10 PM

10.00 **FBI: International** New episode *BHITW:* 10/22. An American basketball player goes into cardiac arrest. (S2)
11.00 **The Rookie** 3/20. (S2)
12.00 M'T **9-1-1** 11/18. (S5)
1.00 AM **FBI: Most Wanted** 9/22. **2.00** New episode 10/22. (S4)
3.00 **Chicago Fire** 11/22. (S11)
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Stop, Search...**

+1 hour 207 310

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Fish Town**
7.55 **Six Feet Under** 4&5/12. (S4)
10.05 **Ray Donovan** 3&4/12. (S6)
12.15 PM **Game of Thrones** (S7)
1.20 **The Knick** 7&8/10. (S2)
3.30 **Six Feet Under** 6/12. David struggles with the attack. **4.35** 7/12. Claire stays with David as he tries to come to terms with his anxiety. (S4)
5.40 **Ray Donovan** 5/12. Ray plans a day with Conor in New York before he ships overseas. **6.45** 6/12. An intruder makes a threat on Sam's life. (S6)

9.00 The White Lotus

7.50 **Game of Thrones** *Stormborn:* 2/7. Daenerys receives an unexpected visitor, Jon faces a revolt, and Tyrion plans the conquest of Westeros. (S7)

9.00 **The White Lotus** *Arrivals:* 1/6. Dark comedy drama following the guests and employees at the tropical White Lotus resort. (S1)

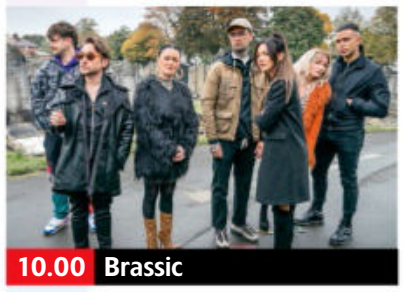
10.05 **The Gilded Age** *A Long Ladder:* 4/9. George helps Bertha, and a visit has a lasting impact on the staff of Russell house. (S1)
11.10 **Billions** 2&3/12. (S6)
1.15 AM **The Great Game** (S1)
2.20 **Game of Thrones** As 7.50pm.
3.30 **In Treatment** (S2)
4.00 **Fish Town**
5.00 **to 6.10** AM **Billions** New episode 11/12. Axe squares off against Prince. (S7)

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Supergirl** 3/20. (S6)
7.00 **DC's Legends of Tomorrow**
8.00 **The Flash** 4/13. (S9)
9.00 **Stargate SG-1** (S2)
11.00 **Supergirl** 4/20. (S6)
12.00 NOON **The Flash** 4/13. (S9)
1.00 PM **NCIS: Los Angeles** (S14)
3.00 **Hawaii Five-0** 24/25. (S9)
4.00 **S.W.A.T.** 21/23. (S2)
5.00 **DC's Legends of Tomorrow**
6.00 **Stargate SG-1** 1/22. Carter and Jackson watch helplessly as O'Neill is implanted with a Goa'uld symbiont. (S3)



10.00 Brassic

7.00 **Stargate SG-1** *Seth:* 2/22. The team pursue Goa'uld Lord Seth, who is masquerading as the leader of a cult. (S3)

8.00 **An Idiot Abroad 2** Karl Pilkington heads across the Atlantic to travel along America's Route 66 highway.

9.00 **COBRA: Rebellion** New episode 2/6. Robert and Rachel travel to the site of the sinkhole. (S3)
■ Entire series on Box Sets

10.00 **Brassic** New episode *Sweet Sixteen:* 4/8. Erin's dad dies and leaves her in debt. (S5)
■ Entire series on Box Sets
11.00 **Never Mind the Buzzcocks** With Kiell Smith-Bynoe, Freya Ridings and Danny Goffey.
11.45 **The Blacklist** 17/22. (S10)
12.45 AM **Warrior** 7/10. (S3)
1.45 **Fantasy Island** 9&10/10. Double bill of the drama. (S2)
3.35 **Road Wars** Documentary.
4.00 **Hawaii Five-0** 24/25. (S2)
5.00 **to 6.00** AM **S.W.A.T.**

ITV2

118 118 816 115 6 113

6.00 AM **CITV**
9.00 **One Tree Hill** 13/22. (S1)
10.00 **Dawson's Creek** 6/24. (S6)
11.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Alan Carr's Epic Gameshow** An updated version of *Strike It Lucky.*
2.00 **Chuck** 10/19. (S3)
3.05 **One Tree Hill** 14/22. (S1)
4.00 **Dawson's Creek** 7/24. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Chris Hoy and Faye Tozer.

6.00 Celebrity Catchphrase

7.00 **Alan Carr's Epic Gameshow** The comedian continues his run of quiz revivals with a game of *Play Your Cards Right.*

8.00 **Bob's Burgers** 19/22. Bob offers to help Gene. **8.30** 20/22. Louise, Gene and Tina try to find a family recipe. (S12)

9.00 **Big Brother** New edition The social experiment continues as a host of housemates compete to win a life-changing prize.

10.00 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present a companion show to this year's series.
11.05 **Family Guy** 12/20. Stewie creates a robot. **11.35** 7/20. Meg competes in the Winter Olympics. (S17)
12.05 AM **American Dad!** (S13)
1.00 **Bob's Burgers** (S12)
2.00 **The Masked Singer**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.10 **Bless This House**
9.15 **Where the Heart Is**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *Murder Is Easy:* A former policeman helps Miss Marple investigate a series of suspicious deaths in a village.
5.55 **Heartbeat** *Ups and Downs:* The wealthiest locals are targeted by burglars.

8.00 Vera

6.55 **Heartbeat** *Thursday's Children:* Mick becomes a suspect as Mason and Dawson try to trace Rosie's whereabouts.

8.00 **Vera** *Parent Not Expected:* The DCI must unravel a tangled web of deceit between two wildly different families when a young man's body is washed up on the shore of a salmon farm.

10.00 **Cracker** *Nine Eleven:* Fitz becomes involved with a shell-shocked ex-squaddie who cannot leave the past behind him.
12.15 AM **Where the Heart Is** *When All This Is Over:* Beth starts having second thoughts. **1.20** *Stamp of Approval:* Stubborn postmistress Evie does her best to make Kim feel unwelcome.
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Great Escapes with Colin and Justin** The dup explore the North American wilderness.
7.25 **Grand Tours of Scotland's Lochs** Paul heads to Wester Ross.
7.30 **The Great Food Guys** Recipes include a twice-baked Mull cheese souffle.
8.00 **My Kind of Town: Larkhall** Ian Hamilton and his guide dog Major visit Larkhall.
8.30 **Landward** New edition A look at plans to provide affordable homes for locals in Argyll.
9.00 **The Nine**
10.00 **Scot Squad** 1/5. Squire and McGill go undercover. (S7)
10.30 **Scotland the Rave** The Scottish rave scene.
11.30 PM **to 12.00** M'T **Mirror Mirror**

Sky Comedy

114/115 112 347 362

8.00 AM **Young Rock** (S2)
9.00 **Fresh Prince of Bel Air**
9.30 **Run** 6/7. (S1)
10.00 **Wellington Paranormal**
11.00 **Fresh Prince of Bel Air**
11.30 **Crashing** 2&3/8. (S2)
12.50 PM **House of Lies** (S4)
1.30 **Silicon Valley** (S3)
3.30 **Fresh Prince of Bel Air**
4.00 **Wellington Paranormal**
5.00 **Young Rock** (S2)
6.00 **Run** 7/7. (S1)
6.30 **Fresh Prince of Bel Air**
7.00 **Will & Grace** (S8)
8.00 **The Office (US)** (S6)
9.00 **Breeders** (S3)
10.00 **Marc Maron: From Bleak to Dark** Stand-up.
11.15 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.15 AM **Sex and the City**
1.15 **Random Acts of Flyness**
2.00 **NEW SERIES Breeders** 1&2/10. Double bill of the comedy. *See feature, page 8.* (S4)
3.00 **House of Lies** (S4)
3.40 **to 5.00** AM **Crashing**

Sky Arts

130/131 140 123 36 147 365

6.00 AM **André Rieu: Welcome to My World**
7.00 **André Rieu: Dance the Night Away**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the...**
2.00 **The Art of Architecture**
3.00 **Brunelleschi's Impossible Dome**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Portrait Artist 2023**
8.00 **Classic Literature & Cinema** Adventure.
9.00 **Olive Kitteridge**
10.15 **The Eighties**
11.15 **The Directors**
12.15 AM **Mae West**
1.25 **Death of England: Face to Face**
2.45 **Boys** Short film.
3.10 **The Park Bench Plays**
4.10 **to 6.00** AM **The South Bank Show**

Sky Mix

151 135 11 144

7.00 AM **Border Security USA** Documentary.
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Cops**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security USA**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Voyager** (S2)
8.00 **Magnum P.I.** 20/20. (S4)
9.00 **A Discovery of Witches**
10.00 **Killing Mum and Dad**
11.00 **Snapped** A woman goes missing on her birthday.
12.00 M'T **How I Caught the Killer** A woman killed by her ex-partner.
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.00 AM **Billie and Greg: The Family Diaries**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Only Way Is Essex**
2.05 **Great Chocolate Showdown**
3.05 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Salt Lake City**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Big Bake: Halloween**
9.00 **Abbey Clancy: Celebrity Homes** New edition The homes of Olivia Bowen and Emma Thynn.
10.00 **Vanderpump Rules** New editions Double bill.
12.10 AM **The Only Way Is Essex** Reality series.
12.50 **to 1.00** AM **Unwind with ITV**

+1 hour 319 58

GREAT! tv

157 170 50 142

8.00 AM **Diagnosis Murder**
9.00 **Sue Thomas: F.B.Eye**
11.00 **Castle** 21&22/24. (S1)
1.00 PM **Sue Thomas: F.B.Eye** (S1&2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S3)
9.00 **Randall and Hopkirk (Deceased)** *Whoever Heard of a Ghost Dying?* 8/26. A clairvoyant tries to exorcise Marty. (S1)
10.00 **The Persuaders!** *Someone Like Me* 7/24. Brett starts acting out of character, leading his partner to wonder whether an imposter has replaced him. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **Great! Movie News Extra**

+1 hour 257 62 143

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **Minder**
7.20 **The Professionals**
8.25 **The Saint**
9.35 **Dempsey and Makepeace**
10.40 **Magnum, PI**
11.40 **BattleBots**
12.40 PM **The Saint**
1.50 **Dempsey and Makepeace**
2.50 **Magnum, PI**
3.50 **The Professionals**
4.50 **Minder**
6.00 **BattleBots** New edition

10.25 Fury

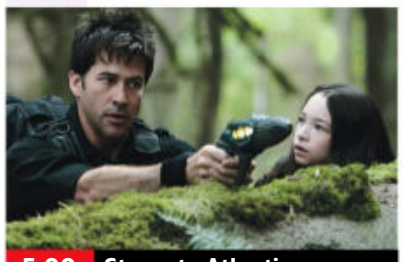
7.00 **The Chase Celebrity Special** With guests Amanda Byram, Adam Thomas, Brendan Cole and Naga Munchetty.
8.00 **FILM Tomorrow Never Dies** James Bond action thriller starring Pierce Brosnan. Agent 007 investigates a shadowy tycoon who is manipulating global events to boost his media empire. (1997, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.25 **FILM Fury** Drama starring Brad Pitt and Jon Bernthal. A US tank crew undertake a final dangerous mission behind enemy lines in the last months of World War Two. (2014, 15, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.05 AM **Dempsey and Makepeace**
2.05 **The Protectors**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 60 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
7.00 **Warehouse 13** 13/13. (S3)
8.00 **Teleshopping**
11.00 **Atlantis** 8/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 8&9/26. (S7)
2.00 PM **Fringe** 5/22. (S3)
3.00 **Atlantis** 9/13. (S1)
4.00 **Stargate SG-1** 9/22. (S3)
5.00 **Stargate Atlantis** (S4)
6.00 **Star Trek: The Next Generation** 8/26. Picard and Dr Crusher become telepathically linked. (S7)


5.00 Stargate Atlantis

7.00 **Star Trek: The Next Generation** *Force of Nature:* 9/26. Intergalactic environmentalists cause havoc. (S7)
8.00 **Star Trek: Voyager** *Endgame – Part One:* 25/26. Janeway faces the ultimate confrontation. (S7)
9.00 **FILM Sinister 2** Horror sequel starring Shannyn Sossamon. A mother tries to protect her sons from an evil spirit, while the ghosts of its victims urge the boys to kill. (2015, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM Devil's Triangle** Action adventure starring Diana Prince. (2021, PG, 90min) ★★
1.00 AM **Warehouse 13** 13/13. Pete finds himself in a world where he never existed. (S3)
2.00 **Star Trek: Voyager** (S7)
3.00 **Stargate Atlantis** (S4)
4.00 **to 6.00** AM **Star Trek: The Next Generation**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries**
9.00 **Rizzoli & Isles** 10/10. (S1)
10.00 **Hudson & Rex** 12/16. (S4)
11.00 **Without a Trace** 17/23. (S3)
12.00 NOON **Frankie Drake Mysteries** 6/10. (S4)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Rizzoli & Isles** 10/10. (S1)
5.00 **Hudson & Rex** 12/16. (S4)
6.00 **Without a Trace** 17/23. Jack and the team try to locate an estate agent who disappeared during an appointment. (S3)

9.00 Death in Paradise

7.00 **Elementary** *Ancient History:* 5/24. Sherlock and Joan stumble across the body of a former assassin. (S2)
8.00 **Death in Paradise** *Murder on the Honore Express:* 1/8. A bus passenger is stabbed but no one saw it happen.
9.00 **Death in Paradise** *Murder Most Animal:* 2/8. The zoo owner is killed by a tranquilliser dart in an empty park. (S8)
10.00 **So Help Me Todd** *Big Bang Theories:* 8/21. Lyle's niece Angie is accused of committing a crime on her college campus. (S1)
11.00 **Person of Interest** 11/13. Harold goes on a road trip with the Machine, and after burying Root, Reese and Fusco reunite with Shaw. (S5)
12.00 M'T **Elementary** As 7.00pm.
1.00 AM **Hudson & Rex** 12/16. (S4)
2.00 **to 4.00** AM **Evil**

+1 hour 209/210 314

GOLD

110/111 110/111 124 344 359

7.05 AM **Highlights**
8.20 **2point4 Children**
9.00 **Hi-de-Hi!**
9.40 **Still Open All Hours**
10.20 **Last of the Summer Wine**
11.40 **Keeping Up Appearances**
12.20 PM **2point4 Children**
1.00 **The Thin Blue Line**
1.40 **Dad's Army** Double bill.
3.00 **Hi-de-Hi!**
3.40 **Keeping Up Appearances**
4.20 **The Thin Blue Line**
5.00 **Last of the Summer Wine**
6.20 **The Green Green Grass**

7.00 The Green Green Grass

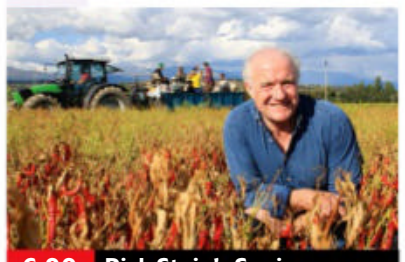
7.00 **The Green Green Grass** Boycie reluctantly signs up for a reality TV show.
7.40 **The Good Life** Margo and Jerry help out when Perky the pig gives birth in the middle of the night. **8.20** Tom converts the rotary cultivator into a means of transport.
9.00 **Detectorists** The dark cloud of a solar farm threatens the tranquillity.
9.40 **Dad's Army** The platoon repaint Lady Maltby's Rolls-Royce in time for an official engagement.
10.20 **Not Going Out** Lee has trouble bonding with his new lodger.
11.00 **The Fast Show** Johnny Nice Painter has a panic attack.
11.40 **Chewing Gum**
12.50 AM **Detectorists**
1.25 **Not Going Out**
2.00 **The Fast Show**
2.45 **The Good Life**
3.15 **to 4.00** AM **Chewing Gum**

+1 hour 210/211 324

Dave

111/112 127 19 157

7.10 AM **Exploration Volcano**
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **The Force: Behind the Line**
10.00 **Inside the Factory**
11.00 **Rick Stein's Spain**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear** Triple bill.
4.00 **Pointless** Quiz show.
5.00 **Rick Stein's Cornwall** Double bill of editions.
6.00 **Rick Stein's Spain** The chef travels through Extremadura to Seville.


6.00 Rick Stein's Spain

7.00 **Richard Osman's House of Games** With Roger Black and Jo Brand. **7.40** With Anne Diamond, Rory Reid, James Acaster and Samantha Womack.
8.20 **Would I Lie to You?** With guests Aisling Bea, June Brown, Adrian Chiles and Seann Walsh.
9.00 **QI XL** Sandi Toksvig, Al Murray and Dara O Briain join regular panellist Alan Davies and host Stephen Fry.
10.00 **Two Pints of Lager and a Packet of Crisps** Jonny refuses to speak to Janet. **10.40** Relationship troubles get out of hand.
11.20 **Gavin & Stacey** Double bill.
12.35 AM **Mock the Week** With Angela Barnes and Ed Byrne.
1.15 **Would I Lie to You?**
1.55 **British as Folk**
2.45 **Sliced**
3.30 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211 327 57

7 PM 8 PM 9 PM 10 PM

4seven

137/138 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **The Great House Giveaway**
2.30 **Help! We Bought a Village** From Puglia.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Help! We Bought a Village** Documentary.
8.00 **Kirstie and Phil's Love It or List It**
9.00 **The Great British Bake Off** 4/10. The bakers take on new challenges in Chocolate Week.
10.15 **Don't Look Down for SU2C** The celebrities work on their focus at the top of Penken Mountain in Austria.
11.30 **Taskmaster**
12.35 AM **Big Fat Quiz of the Decade** With Stacey Solomon and Joe Lycett.
2.35 **The Great Amazon Heist** Documentary.
3.40 **24 Hours in A&E**
4.35 **to 5.00** AM **A Place in the Sun**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** (S8)
10.55 **Entertainment News**
11.00 **NCIS** 20/24. (S8)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Engaged – Part Two:* 9/24. Ziva and Gibbs lead a mission. **7.00** *Sins of the Father:* 10/24. Tony's father is found drunk in a car. **8.00** *Newborn King:* 11/24. The team protect a pregnant Marine. (S9)
9.00 **Blue Bloods** *Ends & Means:* 20/23. Danny and Linda clash. (S3)
10.00 **Law & Order: Special Victims Unit** *Head:* 25/25. A headmistress assaults a boy. (S5) **11.00** *Birthright:* 1/23. A fertility doctor's unethical practices are exposed. (S6)
12.00 M'T **Criminal Minds** (S7)
1.50 AM **Lucifer** (S2)
3.35 **to 4.00** AM **Criminals Caught on Camera**

+1 hour 241 320 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Casualty 24/7: Every Second Counts**
11.00 **GPs: Behind Closed Doors** Medical series.
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** New edition A hay bale lands on a farmer's head.
10.00 **999: Emergency Call Out** Documentary.
11.00 **999: Critical Condition**
12.00 M'T **GPs: Behind Closed Doors**
1.00 AM **Killer at the Crime Scene** Documentary.
2.00 **Murdered for Revenge**
2.50 **to 3.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Winter Road Rescue**
9.35 **Trucking Hell**
10.35 **Traffic Cops**
11.35 **Police Interceptors**
12.40 PM **FILM When the Daltons Rode** Western starring Randolph Scott and Kay Francis. (1940, b/w, PG, 80min) ★★
2.25 **FILM Apache Drums** Western starring Stephen McNally. (1951, U, 76min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops: Motorbike Mayhem**
6.00 **Police Interceptors**
9.00 **Trucking Hell** New edition A lorry gets caught in slippery mud.
10.00 **Extreme Tow Truckers** New edition Wagga Truck Towing has to remove a heavily laden rolled B-Double.
11.00 **WWE Raw Highlights**
12.00 M'T **Police Interceptors**
1.00 AM **Fights, Camera, Action!** Documentary.
2.00 **to 3.00** AM **Sinkholes**

W

132/133 827 125 25 156

6.10 AM **Changing Rooms Australia** DIY series.
7.30 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **Rochelle Humes: Interior Designer in the Making**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **DIY SOS: The Big Build**
8.00 **Nurses on the Ward**
9.00 **Alex Jones: Making Babies** Alex is hit hard by the struggles of patients going through IVF.
10.00 **999 Rescue Squad**
11.00 **Louis Theroux: Under the Knife** Investigating the obsession with plastic surgery in California.
12.00 M'T **One Born Every Minute** Documentary.
1.00 AM **Plate of Origin**
2.20 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **Pie in the Sky**
3.10 **Bergerac**
4.20 **All Creatures Great and Small**
5.30 **The Upper Hand**
6.05 **'Allo 'Allo!**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Shakespeare & Hathaway: Private Investigators** 5/10. A missing person's case takes a dramatic turn. **9.00** 6/10. Frank and Lu investigate a fire at a salon. (S3)
10.00 **New Tricks**
11.20 **Dalziel & Pascoe**
1.25 AM **Dancing on the Edge**
3.20 **to 4.00** AM **The Upper Hand**

+1 hour 243 316 60

THURSDAY Entertainment

Thursday

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** A model railway.
11.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** An oak table.
1.00 PM **A Place in the Sun**
2.00 **My 600lb Life**
4.00 **Animal Cops Houston**
5.00 **Helicopter ER**
6.00 **The Yorkshire Auction House** Radio equipment.
7.00 **Antiques Road Trip**
9.00 **The Great British Sewing Bee**
10.30 **My Lottery Dream Home** A Bosnian couple look for a home in Iowa.
11.00 **Ghost Adventures**
12.00 M'T **The Dead Files**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Animal Cops Houston**
5.00 **to 6.00** AM **Money for Nothing**

Challenge
145 139 48 146

7.00 AM **The Chase**
10.00 **Catchphrase**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Pointless Celebrities**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Blockbusters**
4.00 **Bullseye** Four editions of the darts-based quiz.
6.00 **Classic Who Wants to Be a Millionaire?** Quiz.
7.00 **Weakest Link** Anne Robinson host the quiz.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** Quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link**
1.00 AM **The Chase**
4.00 **Who Wants to Be a Millionaire?** Quiz show.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42 305

8.00 AM **Wild West Chronicles** Double bill.
9.00 **FILM Alvarez Kelly** Western adventure. (1966, PG, 116min) ★★
11.10 **Bombers of the Second World War**
12.00 NOON **Wild West Chronicles** Double bill.
1.00 PM **FILM The Phantom Stagecoach** Western. (1957, U, 69min) ★★
2.30 **FILM Monte Walsh** Western. (2002, PG) ★★
5.00 **FILM The Two-Headed Spy** Thriller. (1958, b/w, PG, 89min) ★★
7.05 **FILM Collision Earth** Drama. (2020, 12) ★
9.00 **FILM Kill 'em All** Thriller. (2017, 15) ★★
11.05 **FILM The Hard Corps** Action thriller. (2006, 15, 110min) ★★★
1.20 AM **The West Wall**
2.30 **Wild West Chronicles**
3.00 **to 5.00** AM **Battle Honours**

+1 hour 324

GREAT! movies
321 425 34 302

9.00 AM **FILM Two Wrongs** Thriller. (2015, PG) ★★
11.00 **FILM A Deadly Affair** Thriller. (2017, 12) ★★
1.00 PM **FILM A Dash of Love** Romantic drama. (2017, PG, 83min) ★★
2.50 **FILM Hello, It's Me** Romantic drama. (2015, PG, 90min) ★★
4.40 **FILM Hush** Thriller. (1998, 12, 91min) ★★
6.35 **FILM Roman J Israel, Esq** Drama. (2017, 12, 122min) ★★★
9.00 **FILM The Transporter** Action thriller. (2002, 15, 88min) ★★★
10.55 **FILM Last Action Hero** Action fantasy. (1993, 15, 130min) ★★★
1.35 AM **FILM 10 Minutes Gone** Action mystery. (2019, 15, 89min) ★
3.30 **Wild West Chronicles**
4.00 **to 6.00** AM **FILM A Night to Regret** Drama. (2018, 12, 89min) ★★

+1 hour 322 61

GREAT! christmas
319 424 52 303

8.00 AM **FILM Chasing Christmas** Comedy. (2005, PG) ★★★
10.00 **FILM The Christmas Sitters** (2020, PG) ★★
12.00 NOON **FILM Love Always, Santa** Drama. (2016, PG, 99min) ★★
2.00 PM **FILM Annie Claus is Coming to Town** Drama. (2011, U, 87min) ★★★
4.00 **FILM Santa's Secret** Drama. (2014, PG) ★★
6.00 **FILM My Santa** Drama. (2013, PG, 88min) ★★
8.00 **FILM Christmas Around the Corner** Drama. (2018, PG) ★★
10.00 **FILM Welcome to Christmas** Drama. (2018, PG, 91min) ★★
12.00 M'T **FILM On the Twelfth Day of Christmas** Drama. (2015, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Correcting Christmas** Drama. (2014, PG) ★★

+1 hr 320 63 304

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 4/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Star Trek: Deep Space Nine** 13/26. (S4)
11.00 **FILM Apocalypse of Ice** Thriller. (2020, PG) ★★
1.00 PM **FILM Ice Quake** Sci-fi disaster movie. (2010, PG, 91min) ★★
3.00 **FILM Bigfoot** Thriller. (2012, 12, 85min) ★★
5.00 **Star Trek** (S3)
6.00 **Star Trek: Deep Space Nine** 14/26. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Soldier Blue** Western. (1970, 18, 109min) ★★★★
11.15 **FILM Western World** Western. (2017, 12) ★★
12.50 AM **FILM The Internecine Project** Thriller. (1974, 15) ★
2.35 **to 4.20** AM **FILM Witchfinder General** Cult horror. (1967, 15, 98min) ★★★★

DMAX
172 169 38 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
10.00 **Edge of Alaska**
11.00 **Alaska: Last Frontier**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal...**
2.00 **Gold Divers**
4.00 **Wheeler Dealers**
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Aussie Gold Hunters**
9.00 **Paranormal: Caught on Camera**
10.00 **Help! My House Is Haunted** In Berkshire.
11.00 **Outback Opal Hunters**
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Life Below Zero**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 258 369

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Barefoot Contessa**
9.00 **The Kitchen**
10.00 **James Martin's American Adventure**
11.00 **River Cottage to the...**
12.00 NOON **Great British Bake Off** Double bill.
2.00 PM **James Martin's French Adventure**
3.00 **Nadiya's Asian Odyssey**
4.30 **Barefoot Contessa**
5.00 **The Pioneer Woman**
6.00 **James Martin's French Adventure**
7.00 **Great British Bake Off**
8.00 **River Cottage to the Core** Blackberry picking.
9.00 **Chronicles of Nadiya**
10.30 **Nadiya's Asian Odyssey**
12.00 M'T **Guy's Grocery Games** Cooking show.
1.00 AM **Restaurant: Impossible** In Delaware.
2.00 **to 3.00** AM **Halloween Baking Championship**

+1 hour 240/241 149

Comedy Central
112/113 132 345 360

8.00 AM **Most Ridiculous**
9.00 **The Middle** (S8)
11.00 **Home Improvement**
1.00 PM **Last Man Standing**
2.00 **Friends** (S7)
7.00 **Friends** 24/24. The search for Chandler continues. (S7) **7.30** 1/24. Rachel decides what to do next. **8.00** 2/24. Joey proposes to Phoebe. **8.30** 3/24. Rachel reveals the identity of the father of her baby. (S8)
9.00 **FILM Blended** Comedy starring Adam Sandler and Drew Barrymore. (2014, 12, 117min) ★★
11.15 **South Park: The Streaming Wars** (S25)
12.20 AM **Reno 911!** (S1)
1.15 **South Park** (S2)
2.45 **Beavis and Butt-Head**
3.00 **The Daily Show** New edition Talk show.
3.25 **Criminally Funny**
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Criminally Funny**
7.00 **Teleshopping**
9.00 **Guessable?**
10.00 **Takeshi's Castle**
11.00 **Friends** 13-16/24. (S4)
1.00 PM **Impractical Jokers**
3.00 **The Middle** (S6&7)
5.00 **Last Man Standing**
7.00 **Home Improvement**
9.00 **Friends** 9/24. Monica attempts to buy her neighbours' friendship. **9.30** 10/24. Ross dresses as an armadillo. **10.00** 11/24. Monica turns up uninvited at her cousin's wedding. **10.30** 12/24. Ross and Joey become trapped on the roof. (S7)
11.00 **Friends** 13-16/24. (S7)
1.00 AM **The Middle** (S6&7)
2.00 **Jimmy Carr: Being Funny** Stand-up show.
3.00 **Rose Matafeo: Horndog**
3.45 **Ugly Americans** (S1)
4.30 **Ren & Stimpy Show**
5.15 **to 6.00** AM **Takeshi's Castle**

Blaze
164 174 64 162

6.00 AM **Hardcore Pawn**
7.20 **Storm Stories**
8.15 **Ancient Aliens**
10.10 **Curse of Oak Island**
11.10 **Britain's Most Historic Towns** Tudor Norwich.
12.10 PM **Storage Wars**
1.05 **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Mega Disasters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **Close Encounters** A saucer-shaped object.
11.00 **Evidence of the Unexplained**
12.00 M'T **World's Greatest Treasure Mysteries**
1.00 AM **Britain's Most Historic Towns**
2.00 **Auction Kings**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars**
4.10 **Forged: Iron & Fire**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 81

5SELECT
153 138 46 133

9.00 AM **Cash in the Attic**
11.00 **The Yorkshire Vet**
1.00 PM **World's Most Scenic Railway Journeys**
2.00 **The Yorkshire Vet**
4.00 **The Highland Vet**
5.00 **Ben Fogle: New Lives in the Wild** Andalucia.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Secrets of the Royal Palaces** The history of Kensington Palace.
8.00 **Buckingham Palace with Alexander Armstrong** Stories about the royal residence. **9.00** How George III's illness made life at the residence intolerable.
10.00 **Forged in Fire** The smiths recreate Attila the Hun's Sword of Mars.
11.00 **Lost Nukes of the Cold War: Drain the Oceans**
12.05 AM **Forged in Fire**
2.00 **to 3.00** AM **Rise of the Super Castles: Ancient Engineering**

HGTV
158 191 44 166

7.00 AM **Restoration Man**
8.00 **The Great Interior...**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by...**
12.00 NOON **Restoration Man**
1.00 PM **Bargain Mansions** New edition
2.00 **Flip or Flop Atlanta**
3.00 **The Great Interior Design Challenge**
4.00 **Escape to the Country**
5.00 **Restoration Man**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by...**
8.00 **Escape to the Country**
9.00 **Christina on the Coast** New edition
10.00 **Fixer to Fabulous: Welcome Inn**
11.00 **Bargain Mansions**
12.00 M'T **Fantasy Homes by the Sea** In Broadstairs.
1.00 AM **Restoration Man**
2.00 **The Great Interior...**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 272 391 151

RealityXtra
147 172 68 134

9.00 AM **Medical Detectives**
11.00 **Crimes That Shook Australia** Double bill.
1.00 PM **Written In Blood**
3.00 **Medical Detectives** Investigators determine what caused a house fire that killed a couple. **3.30** Investigators are suspicious after a woman is killed in a hunting accident. **4.00** Hunters find a human skull in a canyon. **4.30** A wife goes missing in Key West.
5.00 **Crimes That Shook Australia** The 2012 death of Gerard Baden-Clay's wife, Allison. **6.00** Focusing on the Queen Street massacre.
7.00 **Judge Judy** Real-life small-claims cases.
1.00 AM **Crimes That Shook Australia** Double bill.
2.55 **Written In Blood**
4.45 **to 6.00** AM **Medical Detectives**

TLC
133/134 828 165

7.00 AM **Flip or Flop**
8.00 **Extreme Cheapskates**
9.00 **Say Yes to the Dress: Atlanta** Double bill.
10.00 **Dr Pimple Popper**
11.00 **My 600lb Life**
12.00 NOON **1000lb Sisters**
1.00 PM **Sister Wives**
3.00 **Outdaughtered: Busby Quints** Documentary.
5.00 **Dr Pimple Popper**
6.00 **My 600lb Life**
7.00 **Say Yes to the Dress**
8.00 **Helicopter ER** A picnic area becomes an operating theatre to save an explosion victim. **9.00** A man needs urgent treatment after an accident.
10.00 **Hoarding: Buried Alive**
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Cheapskates**
2.00 **Hoarding: Buried Alive**
4.00 **Helicopter ER**
5.00 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

HorrorXtra
317 171 69 138

8.00 AM **FILM Super Cyclone** Disaster movie. (2012, 12, 90min) ★
10.00 **Farscape** 3/22. (S4)
11.00 **FILM The 7 Adventures of Sinbad** Adventure. (2010, PG, 90min) ★★
1.00 PM **FILM End of the World** Disaster movie. (2018, PG, 88min) ★★
3.00 **Farscape** 3/22. (S4)
4.00 **Star Trek** 5/30. (S1)
5.00 **FILM The Last Sharknado: It's About Time** Sci-fi adventure. (2018, 15, 90min) ★★
7.00 **Farscape** 4/22. (S4)
8.00 **Star Trek** 6/30. (S1)
9.00 **FILM The Shed** Horror starring Jay Jay Warren and Frank Whaley. (2019, 15, 98min) ★★
11.00 **FILM Maniac** Crime thriller remake starring Elijah Wood. (2012, 18, 87min) ★★★
1.00 **to 3.00** AM **FILM The Shed** As 9.00pm.

+1 hour 318 371 139

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Celebrity Four Weddings** Reality series.
9.00 **Four Weddings**
10.00 **Sun, Sea and A&E**
11.00 **UK Border Force**
12.00 NOON **Highway Patrol**
1.00 PM **Caught on Dashcam**
2.00 **Most Haunted**
4.00 **Quantum Leap** (S3)
6.00 **DC's Legends of Tomorrow** (S4)
8.00 **Highway Patrol**
9.00 **The Force: Manchester**
10.00 **The Russell Howard Hour** Topical comedy and entertainment show.
11.00 **FBI** 10/23. (S5)
12.00 M'T **FBI: International**
1.00 AM **Sun, Sea and A&E**
2.00 **A League of Their Own: US Road Trip 2.0**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

E!
159 159 835 160

7.00 AM **Wags Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **The Platinum Life**
11.00 **Jerseylicious**
12.00 NOON **Botched**
1.00 PM **Flip It Like Disick**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** Terry tries to help the world's first paraplegic fitness model achieve her dream.
8.00 **Hollywood Medium with Tyler Henry** With Omarosa and RJ Mitte.
9.00 **Keeping Up with the Kardashians** The family members depart on one last trip to Lake Tahoe. **10.00** The Kardashians commemorate their years on the show.
11.00 **Jerseylicious**
12.00 M'T **Dr 90210**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Very Cavallari**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Diesel Brothers**
7.00 **Deadliest Catch**
8.00 **Ed Stafford: First Man Out**
9.00 **Alaska: The Last Frontier**
10.00 **How It's Made** Double bill.
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Deadliest Catch**
3.00 **Alaskan Bush People**
4.00 **Blowing Up History**
5.00 **Wheeler Dealers** A look back at some of the most audacious cars to visit the garage.
6.00 **Salvage Hunters** Drew visits a Devon salvage yard.

9.00 Fear Island...

7.00 Wheeler Dealers A Jeep CJ-7 Renegade rolls into the workshop, but it is rusted out, so Ant repairs the damage.

8.00 Outback Truckers Jim and his heavy load are lost far from home, and Sludge feels the heat in bush fire country.

9.00 Fear Island: Fortress of the Bears A team venture into the Alaskan wilderness in search of a bear thought to be the largest on earth. But their greatest challenge is surviving the expedition.

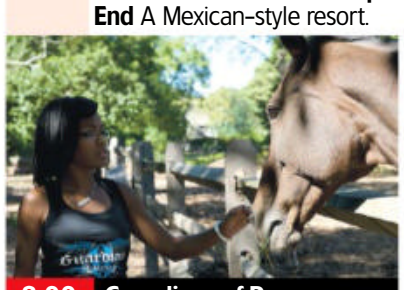
11.00 **Expedition Unknown** Josh heads to the town of Turbek for some shocking revelations.
12.00 M'T **How the Universe Works** Exploring neutrinos.
1.00 AM **Fear Island: Fortress of the Bears** As 9.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Kindig Customs**

+1 hour 225/226 377

Animal Planet

162 178

8.00 AM **Insane Pools: Off the Deep End** A water park.
9.00 **Amanda to the Rescue**
10.00 **Saved by the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Insane Pools: Off the Deep End** A jungle oasis.
1.00 PM **Amanda to the Rescue**
2.00 **Expedition Bigfoot**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** Hector and Dr Jeff treat a tribe of fainting goats.
6.00 **Insane Pools: Off the Deep End** A Mexican-style resort.



8.00 Guardians of Rescue

7.00 Amanda to the Rescue Amanda and her family tackle and treat the most hopeless cases within her in-home animal rehab.

8.00 Guardians of Rescue Dori revisits a homeless veteran to help clean his campsite, and in doing so she finds a surprise.

9.00 Guardians of Rescue The team go to Louisiana in the aftermath of devastating floods to help rescue displaced animals.

10.00 Alaska: The Last Frontier Eivin builds a motorised cart for Findlay, and there is a rush to fix a fence.

11.00 **Sharks of the Badlands** Greg Skomal tests technology for shark detecting surveillance.
12.00 M'T **Shark Vortex**
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Inside Incredible Machines**
11.00 **Building Impossible with Daniel Ashville**
12.00 NOON **Car S.O.S**
1.00 PM **Europe from Above**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Sunken Treasures Revealed: Drain the Ocean** Exploring the wreckage of ships laden with treasure.
5.00 **Car S.O.S** A Vauxhall Astra.
6.00 **Lost Treasures of Egypt**

10.00 Life Below Zero...

7.00 Air Crash Investigation Rocked by an explosion, the pilots of Transair 671 manage a miraculous landing at an airfield.

8.00 Air Crash Investigation A plane crashes within a mile of the airport where it was trying to make an emergency landing.

9.00 Ice Road Rescue New edition Jo Roger and Stig help another truck which is stuck blocking a main road.

10.00 Life Below Zero: First Alaskans Series finale Alaskans use the waning daylight to prepare for the season ahead.

11.00 **Air Crash Investigation**
12.00 M'T **Airport Security: First Class** All is not as it seems when agents stop a couple travelling to Punta Cana.
1.00 AM **Banged Up Abroad**
2.00 **Bid & Destroy**
2.55 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Storage Wars**
7.00 **Forged in Fire**
8.00 **American Pickers**
9.00 **Pawn Stars Do America**
10.00 **Al Murray: Why Does Everyone Hate the English?**
11.00 **Treasures Decoded**
12.00 NOON **Auction Hunters**
1.00 PM **Storage Wars**
2.00 **Alien Files: Unsealed**
4.00 **Digging for Britain**
5.00 **Pawn Stars Do America** The trio head to Washington, DC.
6.00 **American Pickers** Mike goes wild for a Shelby Mustang.

9.00 Viking Quest: America

7.00 Forged in Fire Four smiths try to salvage steel from a massive railroad track to make their signature big blades.

8.00 Pawn Stars New edition A customer walks into the pawn shop with a *Tommy Boy* poster signed by Chris Farley.

9.00 NEW SERIES Viking Quest: America The construction of the largest sea-going Viking-type ship in 1,000 years.

10.00 Alone: Predator New edition Winter descends upon the survivalists, forcing them to adapt to the chill.

11.00 **Instruments of Death** Weaponry used in the uprising against the Roman army.
12.00 M'T **Pawn Stars Do America**
1.00 AM **Storage Wars**
2.00 **WW2 Air Crash Detectives**
3.00 **Pawn Stars** As 8.00pm.
4.00 **Digging for Britain**
5.00 **to 6.00** AM **Auction Hunters**

+1 hour 223/224 331

Yesterday

155 155 846 129 27 159

6.10 AM **Monster Ships**
8.00 **Abandoned Engineering**
10.00 **Narrow Escapes of World War II** A large evacuation.
11.00 **World War Weird**
12.00 NOON **Great American Railroad Journeys**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **World War Weird**
5.00 **Narrow Escapes of World War II** A soldier who walked 200 miles through the desert.
6.00 **Great British Railway Journeys** Double bill.

8.00 Bangers & Cash...

7.00 Antiques Roadshow Fiona Bruce hosts from Eltham Palace, where finds include paintings by Marxist artist Diego Rivera. **7 PM**

8.00 Bangers & Cash: Restoring Classics New edition The team are on the hunt for a Bugatti. **8 PM**

9.00 Bangers & Cash A restorer delights buyers with his 1966 Sunbeam Rapier, and Sarah takes a shine to a caravan. **9 PM**

10.00 Bangers & Cash Derek collects a Ford Thames 400E that once belonged to the pop band Edison Lighthouse. **10 PM**

11.00 **Abandoned Engineering** A mysterious group of rusting ships stranded in a desert, and a monstrous defensive line on the snow-covered peaks of the Italian Alps.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Monster Ships**

+1 hour 255 329 74

Quest

144 144 834 137 12 172

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?**
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers** Restoring a rare and valuable campaign desk.
6.00 **Wheeler Dealers: Dream Car**
7.00 **Outback Opal Hunters**
8.00 **Salvage Hunters** Drew browses a salvage fair near Ripley Castle, North Yorkshire.
9.00 **Wheeler Dealers**
10.00 **Chasing Classic Cars**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK: Bodycam Squad**
2.00 **Chasing Classic Cars**
3.00 **Salvage Hunters: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: Atlanta** Double bill of editions.
7.00 **Say Yes to the Dress**
8.00 **Say Yes to the Dress: Lancashire** Reality series.
9.00 **Say Yes to the Dress: UK**
10.00 **Disappeared** Bob Harrod.
11.00 **Forensic Detectives**
1.00 PM **FBI Files**
2.00 **Disappeared**
3.00 **Happily Never After**
5.00 **Say Yes to the Dress: Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Long Lost Family US**
8.00 **Faking It: Tears of a Crime**
9.00 **Murder on CCTV** A couple who vanished in New Mexico.
10.00 **Evil Lives Here** New edition How William Cosden Jr. coerced two sisters into keeping quiet about the trauma he caused.
11.00 **Disappeared** New edition A 15-year-old disappears a month after police rescue her.
12.00 M'T **Forensic Detectives**
2.00 AM **Murder on CCTV**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A woman's apparently accidental death begins to look suspicious. **7.30** The discovery of vital evidence helps detectives piece together a case.
8.00 **48 Hours** A woman is found dead in a crime scene that appears to have been staged.
9.00 **Real Detective: North of the Border** Detective Piukkala faces a haunting case when he visits a grisly crime scene.
10.00 **Killer Kids** The crimes of Newcastle-born Mary Bell.
11.00 **Murder: First on Scene** A look at some of Britain and America's most notorious murder investigations.
12.00 M'T **Fatal Vows**
1.00 AM **Real Detective: North of the Border** As 9.00pm.
2.00 **Killer Kids** As 10.00pm .
3.00 **48 Hours** As 8.00pm.
3.50 **Medical Detectives**
4.20 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Caught Red Handed**
11.30 **Border Patrol**
12.00 NOON **Made for Murder**
1.00 PM **Killer in My Village**
2.00 **Forensics: Catching the Killer**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Forensics: Catching the Killer**
6.00 **What the Killer Did Next**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **NEW SERIES Ireland's Most Evil Killers** Focusing on the case of Joe O'Reilly, who murdered his wife in 2004.
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **The Real Manhunter**
2.00 **An Unexpected Killer**
3.00 **What the Killer Did Next**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Annie Oakley**
9.35 **Pan Am: Crossing the Pacific**
10.50 **The Lafayette Squadron**
11.55 **Living in Germany at War**
1.00 PM **Beautiful Serengeti**
1.30 **Annie Oakley**
2.40 **Pan Am: Crossing the Pacific**
3.55 **The Lafayette Squadron**
5.00 **Living in Germany at War**
6.10 **Annie Oakley**
7.25 **Pan Am: Crossing the Pacific** As the airline develops, they build larger flying boats and harness radio to navigate safely over long distances.
8.35 **The Lafayette Squadron** Series finale How the Lafayette Squadron laid the foundation of American combat aviation.
9.40 **Living in Germany at War** 1/2. Archive material recounting the day to day lives of German civilians and soldiers during the six years of World War Two.
10.50 **Pan Am: Crossing the Pacific**
12.00 M'T **The Lafayette Squadron**
1.15 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

THURSDAY

Thursday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **The Last Movie Stars**
7.00 **Discovering: Angela Bassett**
8.00 **The Directors** Barry Levinson.
9.00 **The Good Fight Club**
10.00 **Juan Carlos: Downfall of...**
10.55 **Saviour Complex**
12.00 NOON FILM **Bobby** Profile of Bobby Moore. (2016, PG, 95min) ★★★★
2.00 PM **Bright Lights: Starring Carrie Fisher and Debbie Reynolds** Documentary.
3.50 **My Icon: Natasha Jonas**
4.00 **The Directors** Barry Levinson.
5.00 **Discovering: Angela Bassett**
6.00 **The Good Fight Club**
7.00 **Juan Carlos: Downfall of the King** Juan Carlos flees into exile.
7.55 **Saviour Complex** Series finale 3/3. Missionary work in Uganda.
9.00 **McEnroe** Documentary.
11.00 FILM **Kipchoge: The Last Milestone** Documentary. (2021, 12, 87min) ★★★★
12.45 AM **John Lewis: Good Trouble**
2.35 **Becoming Warren Buffett**
4.20 **King's Point** Documentary.
5.00 **to 6.00** AM **Discovering: Angela Bassett**

Sky Nature

124/125 822 189 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **One Planet, One Chance**
9.00 **Arctic Secrets**
10.00 **Ol Pejeta Diaries**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Orangutan Jungle School** A classroom is flooded.
1.00 PM **Monkey Life**
2.00 **One Planet, One Chance**
3.00 **Arctic Secrets**
4.00 **Ol Pejeta Diaries**
5.00 **Malawi Wildlife Rescue**
6.00 **Orangutan Jungle School**
7.00 **Monkey Life** Double bill.
8.00 **Island of the Monsoon**
9.00 **Patagonia** Exploring how humans and animals have turned from enemies to allies in the Patagonian Andes.
10.00 **Orangutan Jungle School**
11.00 **Malawi Wildlife Rescue**
12.00 M'T **Living Beach**
1.00 AM **Africa's Wild Horizons**
2.00 **Island of the Monsoon**
3.00 **Patagonia** As 9.00pm.
4.00 **One Planet, One Chance**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163 163 840 186

6.00 AM **Ancient Aliens**
8.00 **The UnXplained with William Shatner** Exploring deep lakes.
9.00 **Soviet Storm: WWII in the East** The Battle of Berlin.
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **Digging for Britain**
3.00 **Henry VIII's Lost Palace: Digging Up Britain**
4.00 **History of Weapons**
5.00 **Close Encounters Down Under**
6.00 **The Real Hunt for Red October** Events surrounding the Russian submarine *K-129*.
7.00 **Caesar's Doomsday War**
8.00 **Ancient Impossible** How ancient civilisations created weapons of mass destruction.
9.00 **Secrets of Great British Castles** Edinburgh Castle.
10.00 **The Lost Pirate Kingdom**
11.05 **Paranormal: Caught on Camera**
12.00 M'T **Ancient Aliens**
2.00 AM **The UnXplained with William Shatner**
3.00 **to 6.00** AM **Digging for Britain**

Crime+Investigation

156 156 837 133

6.00 AM **The First 48**
8.00 **Homicide Hunter**
9.00 **Cold Case Files**
10.00 **Killer in Plain Sight**
11.00 **Cruise Ship Killers**
12.00 NOON **Buried in the Backyard**
1.00 PM **The Real Murders of Orange County**
2.00 **Imperfect Murder**
3.00 **Somebody's Hiding Something**
4.00 **Murdertown**
5.00 **Homicide Hunter**
6.00 **The First 48** Double bill.
8.00 **Somebody's Hiding Something** New edition Police discover a woman dead on her couch.
9.00 **The First 48**
10.00 **Interrogation Raw**
11.00 **Homicide Hunter**
12.00 M'T **Cruise Ship Killers**
1.00 AM **The Real Murders of Orange County**
2.00 **Murdertown**
3.00 **Cold Case Files**
4.00 **Somebody's Hiding Something**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 333

WILD

165 165 841 182

8.00 AM **Bizarre Animal Friends**
9.00 **Wild Hawaii**
10.00 **Africa's Hunters**
11.00 **Africa's Deadliest**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **When Sharks Attack**
3.00 **Hostile Planet**
4.00 **Secrets of the Zoo**
5.00 **Wicked Tuna**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** Featuring the birth of a polar bear.
8.00 **Wicked Tuna** *Hot Tuna* gets help from *Bad Fish* in an attempt to increase profits.
9.00 **Swamp Men** An alligator escapes from an enclosure.
10.00 **When Sharks Attack 360** Investigating the first fatal attack in Sydney in 60 years.
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
1.00 AM **Swamp Men**
2.00 **Wild Russia: Earth's Last Great Wilderness**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
7.00 **Tony Robinson's WW1**
8.00 **Unsolved History**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 NOON **How It's Made**
1.00 PM **Combat Dealers**
2.00 **Tony Robinson's WW1**
3.00 **Salvage Hunters**
4.00 **Mysteries at the Museum**
5.00 **Unsolved History**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **HMS Ark Royal**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 M'T **How It's Made**
1.00 AM **Combat Dealers**
2.00 **Salvage Hunters**
3.00 **Combat Dealers**
4.00 **to 5.00** AM **Salvage Hunters: The Restorers**

+1 hour 277 381

Eden

166 176

9.00 AM **The Life of Birds**
10.00 **Africa** As shown at 6.00pm.
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Conquerors**
1.00 PM **Impossible Engineering**
3.00 **Forbidden History**
5.00 **The Life of Birds**
6.00 **Africa** David Attenborough describes the wildlife spectacles of southern Africa.
7.00 **David Attenborough's Natural Curiosities**
8.00 **Conquerors** Examining the success of the king crab.
9.00 **Forbidden History** A look at whether Hitler faked his suicide.
10.00 **Impossible Engineering**
11.00 **The Life of Birds**
12.00 M'T **Africa** As 6.00pm.
1.00 AM **David Attenborough's Natural Curiosities**
2.00 **Conquerors**
3.00 **Forbidden History**
3.50 **The Life of Birds**
4.40 **Africa** As shown at 6.00pm.
5.30 **to 6.00** AM **The Zoo**

+1 hour 266 376

ID

154 166

6.00 AM **American Monster**
7.00 **Teleshopping**
8.00 **Murder in the Heartland**
9.00 **Forensic Detectives**
10.00 **People Magazine Investigates**
11.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
1.00 PM **American Monster**
3.00 **Murder in the Heartland**
4.00 **Disappeared**
5.00 **Murder Comes to Town**
6.00 **Forensic Detectives**
7.00 **People Magazine Investigates**
8.00 **Reasonable Doubt**
9.00 **The Baby Killer Conspiracy** The stories of three women convicted of the deaths of more than one of their infants. **10.00** A journalist and a lawyer make startling discoveries about Sally Clark's case.
11.00 **Betrayed**
12.00 M'T **Reasonable Doubt**
1.00 AM **Betrayed**
2.00 **Evil Lives Here**
3.00 **Forensic Detectives**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/184 180

6.00 AM **Chasing Classic Cars**
7.00 **Disasters at Sea**
8.00 **Wheeler Dealers**
9.00 **Fantomworks**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Diesel Brothers**
12.00 NOON **Scrap Kings**
1.00 PM **Supertruckers**
2.00 **Wheeler Dealers**
4.00 **Vintage Voltage**
5.00 **Junkyard Empire**
6.00 **Fantomworks**
7.00 **Wheeler Dealers**
8.00 **Vintage Voltage** Leighton wants his underpowered DeLorean to run on electric.
9.00 **Diesel Brothers** Heavy D enlists a semi-amphibious off-road military vehicle.
10.00 **Wheeler Dealers**
11.00 **Supertruckers**
12.00 M'T **Vintage Voltage**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/284

Films

Sky Cinema Premiere

301 301 401 501 515

6.05 AM **Sick** Horror with Gideon Adlon. (2022, 18, 83min)
7.45 **Champions** As 5.50pm.
9.50 **The Fabelmans** As 8.00pm.
12.30 PM **Cocaine Bear** (2023)
2.10 **Mob Land** Crime thriller. (2023, 15, 111min) ★★★
4.05 **Shrapnel** Action thriller starring Cam Gigandet. (2023, 15, 89min) ★★
5.50 **Champions** Comedy drama starring Woody Harrelson. (2023, 12, 124min) ★★★

2.10 Mob Land

8.00 The Fabelmans Director Steven Spielberg's semi-autobiographical drama starring Michelle Williams, Gabriel LaBelle and Paul Dano. Growing up in post-World War Two-era Arizona, Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. (2022, 12, 151min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 Cocaine Bear Comedy thriller with Keri Russell and Alden Ehrenreich. (2023, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Unwelcome** Horror comedy with Douglas Booth. (2022, 15, 104min) ★★★
2.05 **Swallowed** Horror thriller. (2022, 18, 96min) ★★
3.45 **Mob Land** As 2.10pm.
5.40 **to 6.00** AM **Sky Cinema Preview**

+1 hour 312

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Sky Cinema Preview**
6.25 **Ride Along** As 4.05pm.
8.10 **Star Trek: First Contact** Sci-fi. (1996, 12, 110min) ★★★★
10.10 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
12.10 PM **Carrie** (2013, 15) ★★★
1.55 **Bullet Train** Comedy thriller. (2022, 15, 127min) ★★★★
4.05 **Ride Along** Police comedy. (2014, 12, 97min) ★★
5.50 **Warcraft** Fantasy adventure. (2016, 12, 123min) ★★★

10.20 The Truman Show

8.00 Dungeons & Dragons: Honour Among Thieves Action adventure starring Chris Pine. A charming thief and a band of unlikely adventurers embark on an epic quest to retrieve a lost relic, but things go awry. (2023, 12, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 The Truman Show Satirical comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney and Ed Harris. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Star Trek: Insurrection** Sci-fi adventure starring Patrick Stewart and Brent Spiner. (1998, PG, 105min) ★★★
2.05 **Scream** Horror thriller sequel. (2022, 18, 114min) ★★★★
4.10 **to 6.25** AM **Warcraft** (2016)

Sky Cinema Drama

310 310 410 510 524

6.40 AM **From the Vine** (2019)
8.20 **Summerland** As 3.35am.
10.05 **I Wanna Dance with Somebody** Music biopic. (2022, 12, 144min) ★★★★
12.30 PM **Sleepless in Seattle** Comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★
2.20 **P.S. I Love You** Romantic comedy starring Hilary Swank. (2007, 12, 121min) ★★★
4.30 **Miss Potter** Biopic with Renée Zellweger and Emily Watson. (2006, PG, 93min) ★★★★
6.10 **Alfie** Comedy remake starring Jude Law and Marisa Tomei. (2004, 15, 106min) ★★★
8.00 **The Impossible** Fact-based disaster movie starring Naomi Watts and Ewan McGregor. (2012, 12, 114min) ★★★★
10.00 **Black Snake Moan** Drama with Samuel L Jackson, Christina Ricci and Justin Timberlake. (2006, 15, 115min) ★★★
12.00 M'T **From The Vine** Drama. (2019, 12, 97min) ★★★
1.40 AM **Remember Me** Drama. (2010, 12, 108min) ★★★
3.35 **Summerland** Romantic drama. (2020, 12, 99min) ★★★
5.20 **to 7.20** AM **Armageddon Time** Drama. (2022, 15) ★★★

Sky Cinema Halloween

311 311 411 511 525

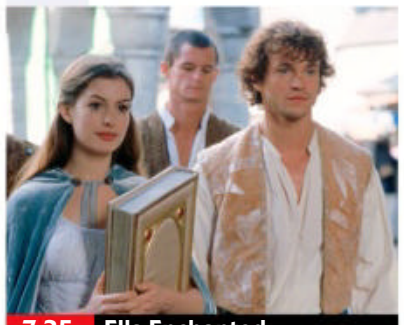
6.20 AM **Paranormal Activity 3**
7.50 **Horror Movie Picks**
8.20 **Resident Evil: Afterlife** (2010)
10.10 **M3gan** Sci-fi horror. (2022, 15, 102min) ★★★
12.00 NOON **The Purge: Election Year** Action horror sequel. (2016, 15, 108min) ★★★
2.05 PM **Sinister** Horror thriller. (2012, 15, 105min) ★★★
4.10 **Horror Movie Picks**
4.40 **The Haunting** Horror remake. (1999, 12, 109min) ★
6.45 **Paranormal Activity 2** Horror thriller sequel starring Sprague Grayden and Brian Boland. (2010, 15, 90min) ★★★★
8.20 **Paranormal Activity 3** Found-footage horror thriller prequel with Katie Featherston and Christopher Nicholas Smith. (2011, 15, 84min) ★
10.00 **Saw IV** Thriller sequel starring Tobin Bell and Costas Mandylor. (2007, 18, 93min) ★★
11.45 **Saw V** Horror thriller sequel. (2008, 18, 92min) ★★
1.30 AM **Resident Evil: Afterlife** Sci-fi horror thriller sequel. (2010, 15, 96min) ★★★
3.15 **Sinister** As shown at 2.05pm.
5.10 **to 6.10** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 520

6.20 AM **A Tiger's Tail** (2014)
7.45 **Ghost Squad** As 2.15am.
9.15 **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12, 201min) ★★★★★
12.35 PM **Looney Tunes: Back in Action** (2003, PG) ★★★
2.15 **Railway Children Return** Drama. (2022, PG) ★★★
4.00 **Stormbreaker** Adventure. (2006, PG, 93min) ★★★
5.50 **Zathura: A Space Adventure** Fantasy. (2005, PG) ★★★★


7.35 Ella Enchanted

7.35 **Ella Enchanted** Comic fantasy adventure starring Anne Hathaway and Hugh Dancy. (2004, PG, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **Bratz** Teen comedy based on the popular fashion dolls, starring Nathalia Ramos, Janel Parrish, Logan Browning and Skyler Shaye. Four friends join forces to break down their high school's social cliques. (2007, PG, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Joey & Ella: A Kangaroo Tail** Adventure starring Ashton Leigh. (2021, U, 89min) ★★
12.45 AM **A Tiger's Tail** Drama. (2014, U, 81min) ★★★
2.15 **Ghost Squad** Adventure. (2015, PG, 86min) ★★★
3.50 **The Tiger Rising** Family drama starring Dennis Quaid. (2022, PG, 102min) ★★★
5.40 **to 7.30** AM **Breaking Point** Drama starring Karam Singh. (2023, 12, 102min) ★★★

Sky Cinema Action

307 307 407 507 521

7.35 AM **Fatman** Action comedy. (2020, 15, 100min) ★★★
9.25 **The Paper Tigers** (2020)
11.30 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
1.30 PM **Wrath of the Titans** Fantasy action adventure. (2012, 12, 99min) ★★
3.20 **The Woman King** Drama. (2022, 15, 135min) ★★★★
5.45 **Bad Boys for Life** Action comedy sequel with Will Smith. (2020, 15, 124min) ★★★

9.55 John Wick: Chapter 2

8.00 **John Wick** Action thriller starring Keanu Reeves. A former assassin who has turned his back on violence is provoked into a rage when a criminal kills his dog. With Willem Dafoe. (2014, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

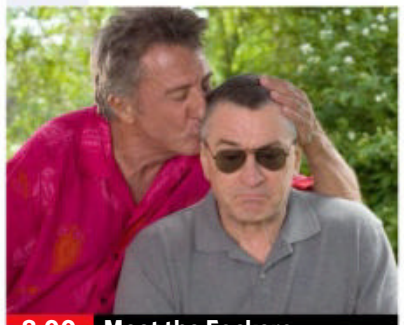
9.55 **John Wick: Chapter 2** Action thriller sequel starring Keanu Reeves. When an Italian crime lord holds him to a blood oath, hitman John Wick goes on another murderous rampage. With Ruby Rose. (2017, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Watchmen** Action thriller. (2009, 18, 162min) ★★★★
3.00 **The Paper Tigers** Comedy. (2020, 12, 108min) ★★★
5.05 **The Cinema List: Bourne**
5.20 **to 7.10** AM **Paradise City** Thriller starring Bruce Willis. (2022, 15, 94min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.35 AM **Teen Wolf** Comedy. (1985, PG, 90min) ★★★
8.15 **National Security** (2003)
9.50 **How to Deter a Robber**
11.25 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
1.05 PM **Wayne's World 2** Comedy sequel. (1993, PG) ★★★
2.50 **Mr Deeds** (2002, 12) ★★
4.35 **Road Trip** Teen comedy. (2000, 15, 94min) ★★★
6.15 **The Guilt Trip** Comedy. (2012, 12, 95min) ★★★


8.00 Meet the Fockers

8.00 **Meet the Fockers** Comedy sequel starring Robert De Niro and Ben Stiller. A male nurse faces a weekend of embarrassment when he travels to Florida to introduce his prospective in-laws to his own parents. (2004, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **She's Out of My League** Comedy starring Jay Baruchel and Alice Eve. (2010, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **How to Deter a Robber** Comedy with Vanessa Marano. (2021, 15, 85min) ★★★
1.20 AM **National Security** Comedy starring Steve Zahn. (2003, 12, 88min) ★
2.55 **Beavis and Butt-Head Do America** Big-screen spin-off from the animated TV series. (1996, 12, 81min) ★★★
4.25 **to 6.00** AM **All I Want for Christmas** Family drama. (1991, U, 92min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **Last Looks** As 4.05am.
9.00 **Watcher** Horror thriller. (2022, 15, 96min) ★★★
10.45 **Shark Bait** As 2.30am.
12.20 PM **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
2.00 **Man on a Ledge** Thriller. (2011, 12, 98min) ★★★
3.50 **Fatal Attraction** Thriller. (1987, 18, 120min) ★★★★
5.55 **A Walk Among the Tombstones** Crime thriller. (2014, 15, 111min) ★★★

8.00 Layer Cake

8.00 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer finds himself in trouble when a deal goes sour. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Welcome to the Punch** Crime thriller starring James McAvoy and Mark Strong. A London detective's quest to catch a master criminal falls foul of police corruption. (2013, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Pulp Fiction** Quentin Tarantino's crime comedy thriller starring John Travolta and Samuel L Jackson. (1994, 18, 154min) ★★★★★
2.30 AM **Shark Bait** Thriller. (2022, 15, 87min) ★★
4.05 **to 6.05** AM **Last Looks** Thriller with Charlie Hunnam. (2021, 15, 110min) ★★★

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Texas Lady** Romantic Western. (1955, U, 86min) ★★
12.45 PM **Cockleshell Heroes** World War Two drama. (1955, U, 94min) ★★★
2.50 **Distant Drums** Western. (1951, U, 99min) ★★
4.55 **All the King's Men** Drama. (1949, b/w, PG) ★★★★★
7.10 **The Old Man & the Gun** Fact-based crime drama. (2018, 12, 93min) ★★★★

9.00 A Quiet Place Part II

The Old Man & the Gun (film started at 7.10pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **A Quiet Place Part II** Horror sequel starring Emily Blunt and Cillian Murphy. The Abbotts face the outside world, and realise the creatures that hunt by sound are not the only threats lurking. (2020, 15, 97min) ★★★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Hereditary** Horror starring Toni Collette. After the death of her mother, artist Annie and her family uncover their terrifying legacy. (2018, 15, 127min) ★★★★ 10 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

1.25 **to 4.00** AM **Loveless** Russian drama. Subtitled. (2017, 15, 124min) ★★★★★ 11 PM

+1 hour 314 430 47 301

Sky Cinema Originals

302 302 402 502 516

6.00 AM **Rock Dog 2: Rock Around the Park** As shown at 2.15am.
7.35 **Rock Dog 3: Battle the Beat**
9.10 **Long Story Short** Comedy. (2021, 15, 90min) ★★★
10.50 **The Colour Room** Drama. (2021, PG, 109min) ★★★★
12.50 PM **Save the Cinema** (2021)
2.50 **The Portable Door** Fantasy adventure with Christoph Waltz. (2023, PG, 130min) ★★★

4.50 **Twist** Drama with Lena Headey. (2021, 12, 90min) ★★★★
6.30 **Desperate Hour** Thriller. (2021, 12, 84min) ★★★★
8.00 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron and Lily Collins. (2019, 15, 110min) ★★★★
10.00 **Save the Cinema** Comedy drama with Samantha Morton. (2021, 12, 109min) ★★★
12.00 M'T **The United States vs. Billie Holiday** Biopic with Andra Day. (2021, 15, 126min) ★★★

2.15 AM **Rock Dog 2: Rock Around the Park** Animated comedy sequel. (2021, U, 90min) ★★
3.50 **Rock Dog 3: Battle the Beat** Animated adventure sequel. (2022, U, 90min) ★★
5.30 **to 6.00** AM **The Cinema List: British Sky Originals**

Sky Cinema Greats

304 304 404 504 518

6.30 AM **Carry On Screaming** Horror starring Harry H Corbett. (1966, PG, 96min) ★★★★★
8.10 **Champion** As 10.30pm.
10.05 **King Creole** As 12.15am.
12.15 PM **Roustabout** As 2.20am.
2.10 **Blue Hawaii** Musical. (1961, PG, 103min) ★★
4.05 **The Spy Who Came in from the Cold** Espionage thriller. (1965, b/w, PG, 107min) ★★★★

6.00 **The Third Man** Vintage thriller starring Joseph Cotten. (1949, b/w, PG, 104min) ★★★★★
8.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire. (2010, 12, 148min) ★★★★★
10.30 **Champion** Boxing drama starring Kirk Douglas as a ruthlessly ambitious boxer aiming to punch his way to the top. (1949, b/w, PG, 99min) ★★★★

12.15 AM **King Creole** Musical melodrama with Elvis Presley and Walter Matthau. (1958, b/w, PG, 116min) ★★★★
2.20 **Roustabout** Musical starring Elvis Presley and Leif Erickson. (1964, U, 97min) ★★
4.10 **to 6.00** AM **Blue Hawaii**

Sky Cinema Animation

305 305 412 500 514

6.05 AM **StarDog and TurboCat**
7.45 **Astro Kid** As shown at 8.55pm.
9.25 **Duck Duck Goose** (2018)
11.10 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
1.00 PM **Open Season 3** Animated sequel. (2010, U, 74min) ★★
2.25 **Shaun the Sheep Movie** Animation. (2015, U) ★★★★
4.00 **The Ant Bully** Animation. (2006, U, 89min) ★★★★

5.40 **Open Season: Scared Silly** Animated comedy sequel. (2015, PG, 84min) ★★★
7.15 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★
8.55 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★
10.35 **Duck Duck Goose** Animation with the voice of Zendaya. (2018, PG, 91min) ★★★
12.15 AM **Bah Humduck! A Looney Tunes Christmas** Animation. (2006, U, 60min) ★★★

1.15 **StarDog and TurboCat** Animated family adventure. (2019, U, 91min) ★★
2.55 **Even Mice Belong in Heaven** Animation. (2021, PG) ★★★
4.35 **to 6.10** AM **Scooby-Doo! and the Curse of the 13th Ghost** Animation. (2019, U) ★★★

Christmas 24

325 419

7.00 AM **Christmas Unleashed** Drama with Vanessa Lachey. (2019, PG, 86min) ★★
9.00 **Ghosts of Christmas Always** Fantasy comedy starring Kim Matula. (2022, PG, 90min) ★★
11.00 **Christmas Angel** Comedy. (2009, PG, 87min) ★★★
1.00 PM **The Holiday Stocking** Fantasy starring Tamala Jones. (2022, PG, 90min) ★★

3.00 **Open for Christmas** Festive drama. (2021, PG, 84min) ★★
5.00 **Room at the Christmas Inn** Festive romantic drama. (2021, PG, 90min) ★★
7.00 **A Holiday Spectacular** Comedy drama starring Ginna Claire Mason and Ann-Margret. A high society bride walks out on her wedding to pursue her dream of becoming a dancer. (2022, PG, 90min) ★★
9.00 **12 Dares of Christmas** Drama. (2023, PG, 90min) ★★

11.00 **Christmas for Keeps** Drama. (2021, PG, 90min) ★★
1.00 AM **Christmas at Dollywood** Drama. (2019, PG, 90min) ★★
3.00 **to 5.00** AM **Mistletoe Magic** Drama. (2019, PG, 85min) ★★

+1 hour 326 420

Talking Pictures

328 445 82 306

6.00 AM **The Larkins** 6/6. (S3)
6.35 **Road to Bali** Musical comedy. (1952, U, 91min) ★★★★
8.25 **Four Star Theatre**
9.00 **Black Saddle** (S2)
9.30 **The Girl on the Pier** Drama. (1953, b/w, PG, 65min) ★★
10.40 **Shepherd on the Rock** Drama. (1994, PG, 95min) ★★★
12.35 PM **Summertime** Drama. (1955, PG, 99min) ★★★★

2.30 **Crown Court**
3.00 **Melvyn's Talking Pictures**
3.10 **Trade Winds** Drama. (1938, b/w, U, 90min) ★
5.00 **Melvyn's Talking Pictures**
5.10 **Monsieur Hulot's Holiday** French comedy. Subtitled. (1951, U, 87min) ★★★★
6.55 **Action for Skids**
7.15 **Carry On Spying** Comedy. (1964, b/w, U, 84min) ★★★★
9.00 **Rumpole of the Bailey**
10.05 **Play Dirty** Wartime drama. (1968, 15, 115min) ★★★

12.25 AM **Wide Boy** Crime drama. (1952, b/w, PG, 67min)
1.45 **Beat Girl** Melodrama. (1959, b/w, 12, 85min) ★
3.30 **Tread Softly Stranger** Thriller. (1957, b/w, PG, 91min) ★★
5.15 **to 6.00** AM **Talking Pictures with Derren Nesbitt**

Thursday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE PGA Tour Golf** Coverage of the opening day of the Zozo Championship at Accordia Golf Narashino Country Club in Inzai, Japan, where Keegan Bradley triumphed in 2022. Bradley is one of three Americans to triumph at this event since its inception in 2019, with Tiger Woods and Patrick Cantlay also winning here.
8.00 **Good Morning Sports Fans**
9.00 **LIVE ICC Cricket World Cup India v Bangladesh.** Coverage of the group match, which takes place at Maharashtra Cricket Association Stadium in Pune.
5.30 PM **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **LIVE NFL New Orleans Saints v Jacksonville Jaguars.** Coverage of the week seven match, staged at Caesars Superdome. Kick-off **1.15am**.
4.30 **to 6.00** AM **LIVE PGA Tour Golf** Coverage of day two of the Zozo Championship at Accordia Golf Narashino Country Club in Inzai, Japan, where Keegan Bradley triumphed in 2022.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **PL Retro** Manchester United v Tottenham Hotspur in 1998/99.
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League: Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League: Big Interview**
9.30 **Premier League Stories** Aston Villa captain and Scotland international John McGinn charts his remarkable rise.
10.00 **Premier League Icons** A profile of Eden Hazard.
10.30 **PL Retro** Manchester United v Tottenham Hotspur in 1998/99.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 1997/98**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** The 2013/14 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
12.30 PM **EFL Goals: Leagues 1 & 2**
1.00 **EFL Highlights**
1.45 **WSL** Recent highlights.
2.45 **EFL Goals: Leagues 1 & 2**
3.15 **EFL Highlights**
4.30 **EFL Goals: Leagues 1 & 2**
5.00 **EFL Highlights**
5.30 **A Perfect Union: The Rise of Berlin's No.1** As 10.00pm.
6.00 **Bundesliga Weekly** A preview ahead of the weekend's action.
6.30 **Women's Championship Show**
7.00 **EFL Highlights**
8.30 **Bundesliga Weekly** A preview ahead of the weekend's action.
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **Women's Championship Show** The latest highlights and analysis.
10.00 **A Perfect Union: The Rise of Berlin's No.1** A look at Bundesliga club FC Union Berlin.
10.30 **EFL Highlights**
11.00 **Bundesliga Weekly** A preview ahead of the weekend's action.
11.30 **EFL Greatest Games**
12.00 M'T **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **ICC Cricket World Cup**
9.00 **LIVE ICC Cricket World Cup India v Bangladesh.** Coverage of the group match, which takes place at Maharashtra Cricket Association Stadium in Pune.
5.30 PM **World Cup Cricket Classics**
6.30 **Secrets of Success** Nasser Hussain meets some of the most successful leaders in sport.
7.00 **ICC Cricket World Cup** Action from India v Bangladesh.
8.00 **ICC Men's CWC Greatest Matches** A seven-part series diving into the greatest Cricket World Cup matches in history, as players and commentators past and present discuss each game.
9.00 **ICC Cricket World Cup** Action from India v Bangladesh. **10.00** New Zealand v Afghanistan from Chennai. **11.00** India v Bangladesh.
12.00 M'T **Cricket World Cup** A look back at the World Cup of 1983.
1.00 AM **ICC Cricket World Cup** New Zealand v Afghanistan.
2.00 **CWC 2015: Greatest Moments**
3.00 **ICC Cricket World Cup**
4.00 **World Cup Cricket Classics**
5.00 **to 6.00** AM **Cricket World Cup**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **LIVE PGA Tour Golf** Coverage of day one of the Zozo Championship at Accordia Golf Narashino Country Club in Inzai.
8.00 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
8.30 **Challenge Tour Golf**
9.00 **PGA Tour Champions**
10.00 **PGA Tour: The Cut**
10.30 **Challenge Tour Golf**
11.00 **PGA Tour Champions**
12.00 NOON **PGA Tour: The Cut**
12.30 PM **Challenge Tour Golf**
1.00 **LIVE DP World Tour Golf** Day one of the Estrella Damm N.A. Andalucia Masters in San Roque.
6.00 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
6.30 **Challenge Tour Golf**
7.00 **PGA Tour Golf** The first day of the Zozo Championship in Inzai.
11.00 **DP World Tour Golf** The Estrella Damm N.A. Andalucia Masters.
12.00 M'T **The Players Championship Official Film** From 2013.
1.00 AM **DP World Tour Golf**
2.00 **Golf Academy**
3.00 **DP World Tour Golf**
4.00 **to 6.00** AM **LIVE PGA Tour Golf** Coverage of day two of the Zozo Championship from Inzai.

TNT Sports 1

410 410 870 | 527 | 408 430

6.00 AM **Fishing: On the Bank** The Cornish Lure Fishing Festival.
7.00 **PSA Squash Highlights** Action from this year's US Open.
8.00 **LIVE Badminton** Coverage from the round of 16 at the Denmark Open, which takes place at Jyske Bank Arena in Odense.
6.30 PM **TNT Sports Reload** The best bits from over the last week.
7.00 **Ligue 1 Show** A look ahead to the upcoming football in the top flight of France, including PSG v Strasbourg and Nice v Marseille.
7.30 **The Grudge** A look at the Five Nations rugby clash between Scotland and England in 1990.
9.00 **LIVE MLB** Coverage of a match in the MLB Postseason.
12.30 AM **LIVE MLB** Coverage of an MLB Postseason match.
4.00 **Ligue 1 Show** A look ahead to the upcoming football in the top flight of France, including PSG v Strasbourg, Nice v Marseille and Lille v Brest.
4.30 **Classic Ligue 1** Action from Marseille v Paris Saint-Germain in the 2002/03 season.
5.00 **to 6.00** AM **FIM X-Trial World Championship Highlights**

TNT Sports 2

411 411 871 | 528 | 409 431

6.00 AM **TNT Sports Reload**
6.15 **Ariel Helwani Meets**
7.15 **WWE NXT** Wrestling action.
9.00 **What Went Down**
9.30 **Premier League Stories**
10.00 **Classic Premier League**
1.00 PM **Rio Ferdinand's Between the Lines** With Erling Haaland.
1.30 **MotoGP Highlights**
2.30 **TNT Sports Reload**
3.00 **The FA Futsal Series One**
5.00 **WWE Friday Night SmackDown** Wrestling action.
6.30 **WWE Monday Night Raw**
9.00 **WWE NXT Highlights**
10.00 **Premier League: Big Interview** An interview with a Premier League star of the past or present.
10.30 **Premier League Stories** All the news from the top flight.
11.00 **LIVE MotoGP** Coverage of the Grand Prix of Australia first practice session, preparing for the 16th round of the season at Phillip Island Grand Prix Circuit.
1.45 AM **MotoGP Rewind**
3.15 **to 6.15** AM **LIVE MotoGP** The Grand Prix of Australia second practice session, preparing for the 16th round of the season at Phillip Island Grand Prix Circuit.

TNT Sports 3

417 417 874 | 529 | 410 432

6.00 AM **Classic Premier League**
9.30 **MotoGP Highlights** Action from the Grand Prix of Indonesia.
10.30 **MotoGP Films**
11.30 **TNT Sports Reload**
12.00 NOON **V8 Supercars Highlights** The Bathurst 1000.
2.00 PM **Classic Premier League**
4.00 **PSA Squash Highlights** Action from this year's US Open.
5.00 **EuroCup Basketball** Prometey Slobozhanske v London Lions.
6.00 **MotoGP Classics** Action from the 2004 Australian Grand Prix. **7.00** Highlights from the 2015 Australian Grand Prix. **8.00** Action from the 2017 Australian Grand Prix.
9.00 **UFC Countdown** A look ahead to UFC 294 in Abu Dhabi.
10.00 **Meatball Molly** The story of UFC star Molly McCann.
11.15 **Fight Week** A look ahead to the upcoming UFC 294 action.
11.45 **UFC** Another chance to see Sodiq Yusuff v Edson Barboza.
2.45 AM **UFC Countdown**
3.45 **Fight Week**
4.15 **UFC: The Ultimate Fighter**
5.15 **UEFA Documentaries**
5.30 **to 6.00** AM **Champions League Classics**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Highlights**
7.00 **Jaguars Weekly UK**
7.30 **49 Hours**
8.00 **NFL Highlights**
11.00 **One Jets Drive**
11.45 **Neil Meets Brock Purdy**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Gameday**
3.30 **NFL Bitesize Highlights**
4.00 **NFL Highlights**
5.00 **Jaguars Weekly UK**
5.30 **NFL Bitesize Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Gameday**
8.30 **Her Huddle**
9.00 **One Jets Drive** A behind-the-scenes look at the New York Jets.
9.45 **NFL Bitesize Highlights**
10.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
11.00 **NFL Gameday**
11.30 **Jaguars Weekly UK**
12.00 M'T **LIVE NFL New Orleans Saints v Jacksonville Jaguars.** Coverage of the week seven match, staged at Caesars Superdome. Kick-off **1.15am**.
4.30 AM **Her Huddle**
5.00 **One Jets Drive**
5.45 **to 6.00** AM **Neil Meets Brock Purdy**

Sky Sports Mix

416 416 873 | 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **My Icon** Double bill.
8.00 **ICC Cricket World Cup**
9.00 **Challenge Tour Golf**
9.25 **Women's Big Bash League**
9.35 **LIVE Women's Big Bash League Sydney Sixers v Melbourne Stars.** The group match at North Sydney Oval.
12.40 PM **Super League Gold**
12.45 **Women's Super League**
1.00 **Premier League Years**
3.00 **WNBA** Recent action.
5.00 **Super League Highlights**
6.00 **Fight Night International**
7.00 **Unbeatable** Basketball news.
7.30 **Black Women: A Journey to the Boardroom** A discussion about black women, leadership and working in the boardroom.
8.00 **WNBA** A chance to see New York Liberty v Las Vegas Aces.
10.00 **The Wheelchair Super League Grand Final** Recent action.
11.00 **Super League Highlights**
12.00 M'T **ICC Cricket World Cup**
2.00 AM **WNBA** Recent action.
4.00 **ICC Cricket World Cup**
5.00 **to 6.00** AM **Capturing the ICC World Cup 1992**

TNT Sports 4

421 421 876 | 530 | 411 434

6.00 AM **Women's T20 International Cricket**
9.00 **Women's One-Day International Cricket**
12.00 NOON **FIM X-Trial World Championship Highlights**
1.00 PM **MLB** Action from Postseason.
4.00 **MLB Classic** In the 100th World Series in 2004, the Boston Red Sox swept the St Louis Cardinals to become World Champions for the first time in 86 years.
5.30 **MLB** Action from Postseason.
8.30 **MLB Classic** One of the epic moments in the game's history.
9.00 **V8 Supercars Highlights** Action from the Bathurst 1000.
11.00 **MotoGP Highlights**
12.00 M'T **MotoGP: Australia 2019**
1.00 AM **Ligue 1 Show** Upcoming football in the top flight of France.
1.30 **EuroCup Basketball** Prometey Slobozhanske v London Lions.
2.30 **World Poker Tour Series**
5.30 **to 6.00** AM **Joe Cole Cast**

Eurosport 1

413 413 868 | 521 | 412 435

6.00 AM **Cyclo-Cross**
8.00 **Olympic Games**
9.00 **Snooker: English Open**
11.00 **World Superbikes**
1.00 PM **Cycling: Venetia Classic**
2.00 **Cycling: Tour of Venetia**
3.00 **Snooker: Northern Ireland Open Final 2021** Mark Allen v John Higgins in the final of the 2021 tournament in Belfast.
5.00 **Speedway Grand Prix**
6.00 **Motocross World Championship of Nations**
7.00 **Hall of Fame: Tokyo 2020**
8.00 **Cyclo-Cross** From Wisconsin.
10.00 **Motocross World Championship of Nations**
12.00 M'T **Athletics: Amsterdam Marathon** Recent action.
1.30 AM **Mountain Bike: Roc d'Azur**
2.00 **Motocross World Championship of Nations**
3.00 **Speedway Grand Prix**
4.00 **to 6.00** AM **Snooker: Northern Ireland Open Final 2021**

Eurosport 2

414 414 869 | 522 | 413 436

6.00 AM **Motocross World Championship of Nations**
7.00 **Snooker: European Masters**
9.00 **World Superbikes**
11.00 **Hall of Fame: Tokyo 2020**
12.00 NOON **Snooker: Northern Ireland Open Final 2021**
2.00 PM **SailGP** Action from Cadiz.
3.00 **Olympic Games: Story of Women at the Games**
4.00 **FIA World Endurance Championship** From Belgium.
5.00 **Cyclo-Cross** The men's race.
6.00 **Snooker: Northern Ireland Open Final 2021**
8.00 **British Superbikes**
10.00 **Cycling: Tour of Venetia**
11.00 **Cycling: Venetia Classic**
12.00 M'T **FIA World Endurance Championship** From Le Mans.
1.00 AM **SailGP** Action from Cadiz.
2.00 **Cyclo-Cross** From Wisconsin.
4.00 **Triathlon: Super League**
5.00 **to 6.00** AM **Motocross World Championship of Nations**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Undisputed: The Story of Shields v Marshall**
7.00 **Fight Night**
8.00 **Unbeatable** Basketball news.
8.30 **Super League Highlights**
12.00 NOON **Fight Night International**
1.00 PM **Super League Highlights**
2.00 **Women's Super League**
3.00 **WNBA** Recent action.
5.00 **Super League Highlights**
6.00 **Fight Night International**
7.00 **Unbeatable** Basketball news.
7.30 **The Gloves Are Off**
8.00 **Undisputed: The Story of Shields v Marshall**
9.00 **The Gloves Are Off**
9.30 **Top Rank Boxing Archive**
10.00 **What's My Name**
11.30 **The Gloves Are Off**
12.00 M'T **Super League Highlights**
2.00 AM **The Gloves Are Off**
2.30 **Top Rank Boxing Archive**
3.00 **WNBA** Recent action.
5.00 **to 6.00** AM **Super League Highlights**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **Formula 1** The USA Grand Prix.
1.25 PM **Zac and Lewis: F1 Juniors**
1.30 **Formula 1** The Qatar Grand Prix.
3.45 **Vasseur's Working Methods**
3.55 **Fernley's Life In F1** A look back at the life of Bob Fernley.
4.00 **F1 Classic Races** A replay of the 2007 United States Grand Prix.
6.00 **The Notebook**
6.30 **Sky Sports F1 Podcast** A discussion on the latest news and action from the F1 season.
7.30 **Oscar & Martin at Monza** Martin Brundle drives around the Monza track with Oscar Piastri.
7.55 **Norris, Russell & Albon: F1 Juniors** With Lando Norris, George Russell and Alex Albon.
8.00 **F1 Drivers Press Conference**
8.30 **Formula 1** The Qatar Grand Prix.
9.30 **F1 Drivers Press Conference**
10.00 **Formula 1** The USA Grand Prix.
12.25 AM **Fernley's Life In F1**
12.30 **F1 Drivers Press Conference**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Friday

20 October

Evening Planner

Animation

Puss in Boots: The Last Wish
Sky Premiere, 6pm
The feisty feline hero (Antonio Banderas) is down to the last of his nine lives.

Comedy Drama

Breeders
Sky Comedy & Sky Showcase, 10pm & 10.30pm
The comedy starring Martin Freeman as a put-upon parent returns for a final run.

OnDemand

freevee

Bosch: Legacy
Available today
Titus Welliver returns as former detective-turned-PI Harry Bosch in this second series of the spin-off.

OnDemand

prime video

Nandor Fodor and the Talking Mongoose
Available today
A somewhat fact-based comedy with Simon Pegg.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Make It at... †	8.00 Would I Lie to...	8.30 Ghosts	9.00 Have I Got...	9.30 Mrs Brown's...	10.00 News; Local News	
102 BBC2	7.00 Your Garden Made Perfect		8.00 Gardeners' World		9.00 Uncanny		10.00 Red Dwarf	10.30 Newsnight
103 ITV1	7.00 Emmerdale	7.30 Rugby World Cup – Live: Coverage of the first semi final (Kick-off 8.00)						10.30 News
104 CHANNEL 4	7.00 News	7.30 Unreported...	8.00 Secrets of the Middle Aisle		9.00 Gogglebox		10.00 Jon & Lucy's Odd Couples	
105 CHANNEL 5	7.00 Shop Smart, Save Money		8.00 Susan Calman's Grand Day Out		9.00 The Good Ship Murder		10.00 World's Most Expensive Cruise	
106 SKY SHOWCASE	7.00 The Simpsons	7.30 Film: The Hunger Games					10.00 Breeders	
ENTERTAINMENT								
115 BBC3	7.00 Crazy Fun Park		8.00 Top Gear		9.00 Film: The Beach			
116 BBC4	7.00 All New Top of the Pops				9.00 The Rolling Stones: Some Girls – Live in Texas 1978			10.25 Mick Jagger...
118 ITV2	7.00 Alan Carr's Epic Gameshow		8.00 Bob's Burgers		9.00 Big Brother: Live Eviction		10.00 Big Brother: Late & Live	
136 MORE4	◂ 6.55 The Dog House Australia		7.55 Grand Designs		9.00 For Life		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Young Sheldon	8.00 Modern Family		9.00 Film: Alien: Covenant			
107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 FBI: Most Wanted		10.00 Law & Order: Special Victims Unit	
108 SKY ATLANTIC	◂ 6.45 Ray Donovan		7.50 Game of Thrones		9.00 Billions			10.10 Das Boot
110 GOLD	7.00 The Green Green Grass	7.40 The Good Life			9.00 Detectorists	9.40 Dad's Army		10.20 Not Going Out
111 DAVE	7.00 Richard Osman's House of Games			8.20 Would I Lie to You?...	9.00 QI XL			
119 ITV3	◂ 6.55 Heartbeat		8.00 Doc Martin				10.00 Agatha Christie's Poirot	
120 ITV4	7.00 Rugby World...	7.30 River Monsters	8.00 The Chase Celebrity Special		9.00 The 1% Club		10.00 All Elite Wrestling: Dynamite	
112 COMEDY CENTRAL	7.00 Friends				9.00 Al Murray: A Glass of White Wine for...		10.00 South Park: The Streaming Wars	
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Star Trek: Voyager		9.00 Westworld			
113 SKY MAX	7.00 Stargate SG-1		8.00 Strike Back: Silent War		9.00 The Lazarus Project		10.00 Warrior	
109 ALIBI	7.00 Elementary		8.00 Death in Paradise				10.00 Shakespeare & Hathaway: Private...	
130 SKY ARTS	7.00 The Joy of Painting		8.00 Discovering: Joseph Cotten		9.00 Guy Garvey: From the Vaults		10.00 Film: Sign o' The Times	
132 W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 24 Hours in A&E		10.00 Ski A&E	
DOCUMENTARY								
125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush		9.00 Expedition Bigfoot		10.00 Monster Mako: Fresh Blood	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Intruders		9.00 Monsters Inside Me		10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Engineering New York Super Airport		9.00 Air Crash Investigation		10.00 Banged Up Abroad	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Aliens		9.00 WW2 Air Crash Detectives		10.00 Air Crash: Disasters Uncovered	
155 YESTERDAY	7.00 Antiques Roadshow		8.00 Secrets of the London Underground		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
121 SKY DOCS	7.00 I Am Patrick Swayze				9.00 House of Kardashian		10.00 Terry Venables: A Man Can Dream	
FILMS – Sky Cinema								
301 PREMIERE	◂ 6.00 Puss in Boots: The Last Wish		8.00 65			9.50 Cocaine Bear		
303 HITS	◂ 6.10 The Truman Show		8.00 Uncharted				10.00 Scream	
304 GREATS	◂ 6.35 Willy Wonka and the Chocolate Factory			8.20 E.T. The Extra Terrestrial				10.15 The Bridges at Toko-Ri
305 ANIMATION	◂ 6.00 Minions	7.45 Minions: The Rise of Gru				9.25 Animals United		
306 FAMILY		7.20 The Brady Bunch Movie			9.00 The Tiger Rising			
307 ACTION	◂ 5.55 The Commuter		8.00 Black Adam					10.20 Watchmen
308 COMEDY	◂ 6.25 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.40 Liar Liar		
309 THRILLER	◂ 6.05 Layer Cake		8.00 The Taking of Pelham 123				10.00 Pulp Fiction	
310 DRAMA	◂ 6.25 Stand by Me		8.00 Boyz N the Hood				9.55 Straight Outta Compton	
311 HALLOWEEN	◂ 5.40 The Faculty	7.40 Nope					10.00 Saw V	
302 WIZARDING WORLD	◂ 6.45 Harry Potter and the Half-Blood Prince				9.20 Harry Potter and the Deathly Hallows: Part I			
313 FILM4	◂ 6.45 The Pursuit of Happyness				9.00 Gangs of New York			
SPORT								
401 MAIN EVENT	◂ 5.30 F1 – Live	7.30 EFL – Live: Rotherham United v Ipswich Town (Kick-off 8.00)					10.00 F1: US Grand Prix Qualifying – Live	
402 PREMIER LEAGUE	7.00 PL Preview	7.30 PL – The Big...	8.00 Fantasy Show	8.30 Gary Neville's...	9.00 PL Preview	9.30 PL – The Big...	10.00 Fantasy Show	10.30 PL Retro
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Rotherham United v Ipswich Town (Kick-off 8.00)						10.30 Women's...
404 CRICKET	7.00 Cricket World Cup		8.00 ICC Men's CWC Greatest Matches		9.00 Cricket World Cup			
410 TNT SPORTS 1	◂ 11.00 Badminton – Live: Coverage from the quarter-finals at the Denmark Open					9.30 PL Preview	10.00 WWE Raw Highlights	
411 TNT SPORTS 2	7.00 Fight Week	7.30 Ligue 1 Show	8.00 Ligue 1 – Live: Le Havre v Lens (Kick-off 8.00)				10.00 Andrew...	10.30 MotoGP...

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** Series finale (S)
10.00 **Crimewatch Live** Series finale (S)
10.45 **Caught Red Handed** Series finale
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Five Bedrooms** Series finale *Five Sellers:* 8/8. Everyone prepares the house to be sold. (S4) (S)
2.30 **Money for Nothing** New edition (S)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** Series finale A wooden clock from Serbia. (S)
4.30 **The Vintage French Farmhouse** Series finale Items include a cast iron umbrella stand. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.30 Ghosts

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **Make It at Market** Dea is hoping her willow weaving can help her build a home business. (S)(R)

8 PM

8.00 **Would I Lie to You?** With Jo Brand, Joe Thomas, Sam Quek and Bobby Seagull. (S)(R)
8.30 **Ghosts** New episode 3/6. The spirits become fixated on solving Kitty's death. (S5) (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 **Have I Got News for You** New edition Bill Bailey hosts, with guest panellists Helen Lewis and Daliso Chaponda. (S)
9.30 **Mrs Brown's Boys** 3/6. Dermot announces his choice of best man. (S1) (S)(R)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Graham Norton Show** New edition Patrick Stewart talks about his memoir *Making It So*, Ralph Fiennes discusses playing *Macbeth* in a ground-breaking new staging of the Shakespeare play, Nadiya Hussain promotes her *Simple Spices* book, and Bella Ramsey discusses her part in the BBC prison drama *Time*. (S)
11.30 **RuPaul's Drag Race UK** 4/10. The queens' comedy skills tested to the max as they are asked to share their pearls of wisdom and give a masterclass on 'Werk, Love and Play'. (S)(R)
12.40 AM **Weather for the Week Ahead**
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Money for Nothing** (S)(R)
7.15 **The Vintage French Farmhouse**
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **Nicky Campbell** (S)
10.00 **BBC News** (S)
11.30 **Politics UK** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Unbeatable** Quiz show. (S)(R)
2.15 **Wanted Down Under** (S)(R)
3.00 **Natural World: Killer Whales – Beneath the Surface** (S)(R)
3.45 **This Wild Life** (S)(R)
4.15 **Cornwall: This Fishing Life** (S)(R)
5.15 **Flog It!** From Tilbury Docks. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara is joined by celebrity guests to discuss this weekend's dances. (S)

9.00 Uncanny

7.00 **Your Garden Made Perfect** 2/6. The owners of a new-build house in Liverpool seek help regarding a massive retaining wall which overwhelms their outdoor space. Angela Scanlon presents. (S)(R)

8.00 **Gardeners' World** New edition Monty Don replants his bearded iris in the Dry Garden, Arit Anderson explores the arguments around artificial grass, and Toby Buckland discovers a Japanese-themed garden in Wales. (S)

9.00 **Uncanny** New edition 2/3. Adaptation of the Radio 4 series. Danny Robins investigates real-life stories of seemingly paranormal encounters. (S)

10.00 **Red Dwarf** *Better Than Life:* 2/6. The crew members plug themselves into a computer game to play in a virtual world. (S2) (S)(R)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 FILM **The Shining** Director Stanley Kubrick's chilling adaptation of the Stephen King's novel, starring Jack Nicholson. A writer's job as a winter caretaker in a remote hotel puts his family in peril. (S)(AD) (1980, 15, 115min) ★★★★★
1.00 AM **Sign Zone: Panorama** (S)(R)
1.30 **Sign Zone: Saving Lives at Sea** (R)
2.30 **Sign Zone: Eva Longoria – Searching for Mexico** (S)(R)(AD)
3.10 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Great British Adventure** James is in Exmouth, where he sees chef Michael Caines at work in his country house kitchen and joins a fisherman gathering mussels. (S)(R)(AD)
3.00 **Tenable** New edition Warwick Davis hosts as a team of five friends play to win £125,000. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Rugby World Cup

7.00 **Emmerdale** Belle senses something is off with Tom, Pollard and Jacob encourage David, while Brenda fishes for gossip. (S)(AD)
7.30 LIVE **Rugby World Cup** Coverage of the first semi-final, from Stade de France in Paris. At the corresponding stage of the tournament held in Japan four years ago, England eliminated 2013 champions New Zealand by claiming a 19-7 victory in Yokohama. Kick-off is at 8.00. (S)

10.30 **ITV News** (S)
11.05 **Local News** (S)
11.20 **Grand Slammers: Inside HMP The Mount** 2/2. The sporting legends play alongside the inmates they have trained. (S)(R)
12.35 AM **The NFL Show** Including highlights of New Orleans Saints v Jacksonville Jaguars. (S)
1.25 **Wrestling: AEW Collision** (S)(R)
3.05 **Angela Black** 1/6. (S1) (S)(R)
3.55 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Tenable** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 12&13/22. (S7) (S)(R)
7.35 **Everybody Loves Raymond** (S)(R)
8.25 **Frasier** 7-9/24. (S2) (S)(R)(AD)
9.55 **Find It, Fix It, Flog It** (S)(R)
10.55 **Renovation Nation** (S)(R)(AD)
11.55 **News** (S)
12.00 NOON **Steph's Packed Lunch** New edition Magazine. (S)
2.10 PM **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition Danielle and Alessio transform a damp cottage into a holiday let in Leicestershire. (S)
5.00 **Help! We Bought a Village** New edition The owners of a hamlet reach a milestone. (S)
6.00 **Four in a Bed** New edition The hosts meet up one last time. (S)
6.30 **The Simpsons** (S)(R)(AD)

10.00 Jon & Lucy's Odd Couples

7.00 **News** (S)
7.30 NEW SERIES **Unreported World** *Kenya's Christian Death Cult:* The unexplained deaths of hundreds of men, women and children in Kenya. (S)
8.00 **Secrets of the Middle Aisle** 1/2. Denise Van Outen uncovers the clever psychological strategies behind the seemingly disorganised middle 'bargain' aisles of supermarkets such as Lidl and Aldi. (S)(R)(AD)
9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)
10.00 NEW **Jon & Lucy's Odd Couples** *Made in Chelsea* stars Jamie Laing and Sophie Habboo compete with comedians Rachel Parris and Marcus Brigstocke to see who has the better relationship. (S)
11.05 FILM **The Inbetweeners Movie** Comedy spin-off starring Simon Bird, James Buckley, Blake Harrison and Joe Thomas. (S)(AD) (2011, 15, 110min) ★★★★
12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.45 FILM **Spontaneous** Comedy starring Katherine Langford. (S) (2020, 15, 100min) ★★★★
3.25 **Come Dine with Me** (S)(R)(AD)
5.40 **to 5.50** AM **Kirstie's House of Craft**

+1 hour 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.40 PM **Alexis Conran** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **She Went Missing** Thriller starring Corbin Reid and Jaime M Callica. (S)(AD) (2022, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition In El Rocio, Jojo comes to a fundraiser for her late friend, Johnny. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall tries to help attention-seeking pup Tinkerbell, who won't give her owner a moment's peace. (S)(R)
6.55 **News** (S)

9.00 The Good Ship Murder

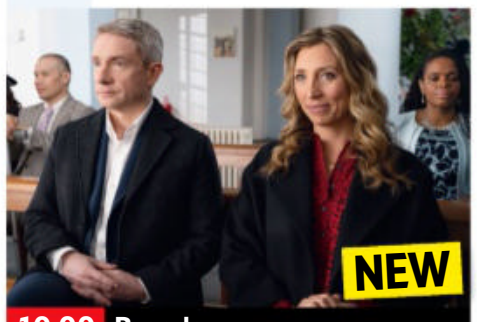
7.00 **Shop Smart, Save Money** New edition Angellica Bell and Ortis Deley help a family from Newcastle-under-Lyme to choose the best products at the right price. (S)
7.55 **News** (S)
8.00 **Susan Calman's Grand Day Out** New edition The presenter explores the sights around the Lincolnshire Fens, visits Isaac Newton's family home and Lincoln Cathedral, and also tries soapbox racing. (S)
9.00 **The Good Ship Murder** New episode 2/8. When the husband of a crime writer dies onboard in circumstances similar to events in her own book, Jack and Kate must unravel the murderer's identity. (S1) (S)
10.00 **World's Most Expensive Cruise** Series finale 4/4. As the *Splendor* takes in Norway and Latvia, there's an end-of-cruise variety show courtesy of the crew, and an evening of indulgence at a barbeque. (S)
11.05 **Cricket World Cup** Action from Australia v Pakistan. (S)
12.05 AM **A&E After Dark** (S)(R)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **Friends** 8&9/20. (S10) (S)(R)
3.55 **Ben Fogle: New Lives in the Wild** Documentary. (S)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **House Doctor** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Breakfast with Anna Jones**
8.00 **Air Ambulance ER** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Al Murray: Why Do the Brits Win Every War?** (R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **NCIS: Los Angeles** (S)(R)
3.00 **Hawaii Five-0** (S9) (S)(R)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *500 Keys:* Lisa finds a classroom beneath Springfield Elementary. (S)(R) **5.30** *The Ned-liest Catch:* Ned Flanders and Mrs Krabappel embark on a romance. (S)(R) **6.00** *The Fat Blue Line:* A pickpocket targets the residents of Springfield. (S)(R)
6.30 **Fresh Prince of Bel Air** (S)(R)



10.00 Breeders

7.00 **The Simpsons** *Livin La Pura Vida:* The family are finally invited on the Van Houtens' annual trip to Costa Rica. (S)(R)
7.30 FILM **The Hunger Games** Sci-fi adventure based on the best-selling novel by Suzanne Collins, starring Jennifer Lawrence. In a nightmarish future America, a plucky 16-year-old girl volunteers to take her sister's place in a savage televised tournament. With Josh Hutcherson, Woody Harrelson, Liam Hemsworth and Elizabeth Banks. (2012, 12, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.00 NEW SERIES **Breeders** *Noel:* 1/10. Return of the comedy with Martin Freeman and Daisy Haggard. (S) **10.30** New episode *No Alternative:* 2/10. *See feature, page 8.* (S4) (S)
■ Entire series on Sky Box Sets
11.00 **Warrior** 8/10. Hop Wei and Long Zii gather for Mai Ling's wedding. (S3) (S)(R)
12.05 AM **Cricket World Cup** Action from Australia v Pakistan.
1.05 **F1: United States Grand Prix Qualifying** Action from Circuit of the Americas in Austin, Texas.
3.05 **Hawaii Five-0** (S9) (S)(R)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
7.30-8.00pm Landward (S)(R) **12.40am** A View from the Terrace (S)(R) **1.40** Weather for the Week Ahead (S) **1.45-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
7.30pm The Fast and the Farmer-ish New edition (S) **8.00-8.30pm** Scarlett's Driving School New edition (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
11.30pm Black Music Wales (S)(R) **12.30am** RuPaul's Drag Race UK (S)(R) **1.40-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys **12.30** Heno **1.00** Yn y Fan a'r Lle (AD) **1.30** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Aur y Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Lowri Morgan: Her 333 **6.30** Ffasiwn Drefn (AD) **7.00** Newyddion S4C a'r Tywydd **7.30** LIVE Cwpan Rygbi'r Byd 2023 **10.30-11.35pm** Sgwrs Dan y Lloer: Max Boyce

TV&Satellite week
New issue on sale now

BBC3

115/117/121 | 107/157 | 23 107 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Crazy Fun Park** New episode 9/10. Chester makes a profound decision. **7.30** Series finale 10/10. Chester, Mapplethorpe and Violetta are all forced to confront the things they most want to forget. (S1)
7.55 **The Catch Up**
8.00 **Top Gear** Jeremy, Richard and James shop for second-hand convertibles.
9.00 FILM **The Beach** Danny Boyle's exotic drama starring Leonardo DiCaprio, Virginie Ledoyen and Tilda Swinton. (2000, 15, 118min) ★★★
10.50 **The Bold Type** New episode 5/16. Jane pitches the idea of a millennial slant on weddings to Jacqueline. (S4)
11.30 **BBC New Comedy Awards** A search for the best new stand-up comics.
12.00 M'T **Kirkmoore**
12.25 AM **The Fast and the Farmer-ish** Six editions.
3.25 **to 3.55** AM **Hire Me: Competing for a Dream Job**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Top of the Pops** Featuring Simple Minds, Take That, Terence Trent D'Arby and Nirvana from April 1995. **7.30** Performances by Bruce Springsteen, Love City Groove, Tina Arena and Take That from April 1995. **8.00** Featuring Shakin' Stevens, A-ha and Elton John from October 1985. **8.30** Performances by the Rolling Stones, Colorado and Boney M from October 1978.
9.00 **Rolling Stones: Some Girls – Live in Texas 1978** A concert filmed at the Will Rogers Memorial Centre in Fort Worth in July 1978.
10.25 **Mick Jagger: My Life as a Rolling Stone** 1/4. Documentary telling the story of the band.
11.25 **Keith Richards: My Life as a Rolling Stone**
12.25 AM **Ronnie Wood: My Life as a Rolling Stone**
1.25 **Charlie Watts: My Life as a Rolling Stone**
2.25 **to 3.25** AM **Top of the Pops**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Creating coasters.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.50 **The Secret Life of the Zoo** Mr Parsons the chameleon meets a new partner, Daphne from Paris.
6.55 **The Dog House Australia** Love is in the air when golden Labrador Chai meets Laurel and Darrell.
7.55 **Grand Designs** A Bolton bricklayer plans to construct a state-of-the-art wooden home on a budget of £350,000, but weather, exhaustion and dwindling funds jeopardise the project.
9.00 **For Life** New episode 4/8. The team are tasked with solving the murder of a nurse at a psychiatric unit. Victoria goes undercover, where she gets close to the world of psychiatric care. Subtitled. (S1)
10.00 **24 Hours in A&E** A 71-year-old woman is rushed in after being knocked over by her husband's car. **11.05** A 52-year-old man suffers cardiac arrest following a road accident.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Married at First Sight UK**
8.00 **Melissa & Joey**
9.00 **Brooklyn Nine-Nine**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **The Big Bang Theory** (S3&11)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Married at First Sight UK**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** The Earl makes a shocking discovery.
7.30 **Young Sheldon** 10/21. Dr Sturgis spies on Meemaw's new boyfriend. (S3)
8.00 **Modern Family** 5/22. Claire takes Haley and Alex into the office, while Gloria is chosen for jury duty. **8.30** 6/22. Cam encourages Gloria to recreate and sell her family's special hot sauce. (S7)
9.00 FILM **Alien: Covenant** Sci-fi thriller starring Katherine Waterston and Michael Fassbender. A crew of colonists sent to populate an alien planet have their mission diverted by a mysterious signal. (2017, 15, 117min) ★★★
11.25 **Naked Attraction**
1.35 AM **Gogglebox**
2.35 **First Dates**
3.35 **Below Deck Sailing Yacht**
4.20 **Brooklyn Nine-Nine**
5.10 **to 6.00** AM **Black-ish**

+1 hour 235/236 | 306 | 30 | 123

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Patrol**
9.00 **Border Security: America's Front Line** Double bill.
10.00 **Motorway Patrol**
10.30 **Highway Patrol**
11.00 **The Force: Manchester**
12.00 NOON **FBI** 15/22. (S1)
1.00 PM **Bull** 15/16. Jason represents a child recovery agent charged with fraud. (S5)
2.00 **Caught on Dashcam**
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

9.00 FBI: Most Wanted

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **The Equalizer** *Glory:* 2/10. McCall's online ad leads her to a mother whose son has been kidnapped. (S1)

9 PM

9.00 **FBI: Most Wanted** New episode *False Flag:* 10/22. The team investigate when a police detective is abducted. (S4)

10 PM

10.00 **Law & Order: Special Victims Unit** *All Pain Is One Malady:* 22/22. Benson and Stabler search for a crime ring. (S24)
11.00 **Law & Order: Organized Crime** 22/22. (S3)
12.00 M'T **Blue Bloods** 4/16. (S11)
1.00 AM **FBI** 16/22. (S1)
2.00 **Coroner** 7/10. (S3)
3.00 **Chicago Fire** 12/22. (S11)
4.00 **Border Security: America's...**
5.00 **to 6.00** AM **Stop, Search...**

+1 hour 207 310

Sky Atlantic

108/109 108/109 808 342 357

6.10 AM **Fish Town**
7.55 **Six Feet Under** 6&7/12. (S4)
10.05 **Ray Donovan** 5&6/12. (S6)
12.15 PM **Game of Thrones** (S7)
1.20 **The Knick** 9&10/10. (S2)
3.30 **Six Feet Under** 8/12. Keith comforts a fatigued Celeste. **4.35** 9/12. David continues to suffer from stress. (S4)
5.40 **Ray Donovan** 7/12. With Anita's campaign getting in his way, Mac lays all of his cards on the table. **6.45** 8/12. Ray tries making things right with Sam. (S6)

9.00 Billions

7.50 **Game of Thrones** *The Queen's Justice:* 3/7. Daenerys holds court, Cersei returns a gift, and Jaime learns from his mistakes. (S7)

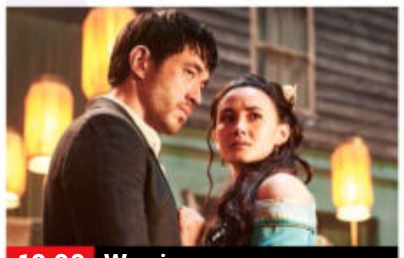
9.00 **Billions** New episode *Axe Global:* 11/12. Chuck, Axe and Wendy square off against Prince as the intensity of the campaign increases. (S7)
10.10 **Das Boot** 3/6. Fishermen take U-949 survivors Buchner and Berndt to Naples. Subtitled. (S4)
11.10 **Das Boot** 4/6. Schulz blackmails Hannie for information on Klaus. (S4)
12.10 AM **Chernobyl** 4/5. (S1)
1.25 **Guerrilla** 1/6. (S1)
2.25 **Game of Thrones** As 7.50pm.
3.35 **In Treatment** (S2)
4.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Supergirl** 4/20. (S6)
7.00 **DC's Legends of Tomorrow**
8.00 **The Flash** 5/13. (S9)
9.00 **Stargate SG-1** 1&2/22. (S3)
11.00 **Supergirl** 5/20. (S6)
12.00 NOON **The Flash** 5/13. (S9)
1.00 PM **NCIS: Los Angeles** (S14)
3.00 **Hawaii Five-0** 25/25. (S9)
4.00 **S.W.A.T.** 22/23. (S2)
5.00 **DC's Legends of Tomorrow**
6.00 **Stargate SG-1** 3/22. Colonel O'Neill negotiates with the Goa'uld in a bid to decide Earth's future. (S3)


10.00 Warrior

7.00 **Stargate SG-1** *Legacy:* 4/22. Daniel Jackson is locked up for his own safety after suffering from hallucinations. (S3)

8.00 **Strike Back: Silent War** 2/10. Mac, Wyatt and Novin continue their hunt for the missing Russian jet. (S7)

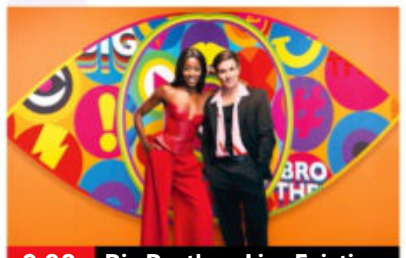
9.00 **The Lazarus Project** 5/8. George continues on his mission to create chaos and turn back time. (S1)

10.00 **Warrior** New episode *You Know When You're Losing the Fight:* 8/10. Li Yong receives a warning from Kong Pak. (S3)
11.05 **The A to Z of Horror Movies**
12.05 AM **The Blacklist** 17/22. Congressman Hudson's investigation escalates. (S10)
1.00 **Road Wars**
2.00 **The Force: North East**
3.00 **Hawaii Five-0** 25/25. (S9)
4.00 **S.W.A.T.** 22/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **CITV**
7.30 FILM **Scooby-Doo! Abracadabra-Doo** Animation. (2010, U, 73min) ★★
9.00 **One Tree Hill** 14/22. (S1)
10.00 **Dawson's Creek** 7/24. (S6)
11.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Epic Gameshow**
2.00 **Chuck** 11/19. (S3)
3.05 **One Tree Hill** 15/22. (S1)
4.00 **Dawson's Creek** 8/24. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase**


9.00 Big Brother: Live Eviction

7.00 **Alan Carr's Epic Gameshow** The comedian hosts a revival of *Bullseye* with four pairs of contestants competing.

8.00 **Bob's Burgers** 21/22. Tina writes about a futuristic world. **8.30** 22/22. Tina goes on a risky mission. (S12)

9.00 **Big Brother: Live Eviction** New edition AJ Odudu and Will Best present as a housemate is given the boot.

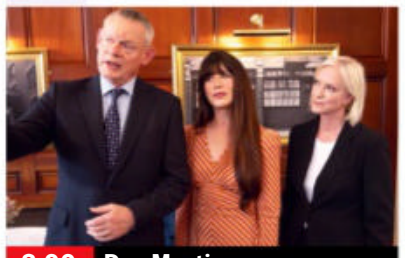
10.00 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present the companion show to this year's series.
11.05 **Family Guy** 13/20. Peter is identified as transgender. **11.35** 8/20. Brian and Stewie compete for inheritance. (S17)
12.05 AM **American Dad!** (S13)
1.00 **Bob's Burgers** 8&9/22. (S7)
2.00 **Iain Stirling's CelebAbility**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.10 **Bless This House**
9.15 **Where the Heart Is**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *They Do It with Mirrors:* An old friend of Miss Marple contacts the sleuth after a house fire.
5.55 **Heartbeat** *The Middle of Somewhere:* Mason and Dawson investigate the son of a roadhouse owner.


8.00 Doc Martin

6.55 **Heartbeat** *School of Hard Knocks:* A young troublemaker steals the gun of a teacher who put him in hospital.

8.00 **Doc Martin** 6/9. Louisa and Martin head to London for Martin to present his research paper.

9.00 **Doc Martin** 7/9. The news of Martin's Imperial College job offer travels through the village. (S10)

10.00 **Agatha Christie's Poirot** *Third Girl:* The death of a former nanny is believed to be suicide until a discovery connects her to a troubled heiress with secrets of her own.
12.10 AM **Where the Heart Is** *Sisters Under the Skin:* Sally is shocked by Megan's news. **1.10** *Together:* Sally bans Megan from seeing Luke.
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.30 LIVE **Sportscene: Championship** Airdrieonians v Queen's Park: Coverage of the second-tier match at Excelsior Stadium, as the teams meet for the first time this season. Kick-off is at 7.45.
10.00 **Still Game** *Lights Out:* 3/7. Craiglang is plunged into darkness after a power cut and, as crime spreads through the streets, the pensioners take radical measures to protect themselves from undesirables. (S6)
10.30 **A View from the Terrace** New edition A sideways look at Scottish football.
11.30 PM **to 12.00** M'T **Burnistoun** Featuring an impassioned battle with a voice-activated lift.

Sky Comedy

114/115 112 347 362

8.00 AM **Young Rock** (S2)
9.30 **Fresh Prince of Bel Air**
10.00 **Wellington Paranormal**
11.00 **Fresh Prince of Bel Air**
11.30 **Crashing** 4&5/8. (S2)
12.50 PM **House of Lies** (S4)
1.30 **Silicon Valley** (S3&4)
3.30 **Fresh Prince of Bel Air**
4.00 **Wellington Paranormal**
5.00 **Young Rock** (S2)
5.30 **Camping (US)** (S1)
6.30 **Fresh Prince of Bel Air**
7.00 **Will & Grace** (S8)
8.00 **The Office (US)** (S6)
9.00 **Intelligence** 1/6. (S1)
10.00 NEW SERIES **Breeders** 1&2/10. Double bill of the comedy starring Martin Freeman. *See feature, page 8.* (S4)
■ Entire series on Box Sets
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
12.00 M'T **Sex and the City**
1.00 AM **Girls** 5&6/10. (S1)
2.10 **Bliss** 1/6. (S1)
3.10 **House of Lies** (S4)
3.45 **to 5.00** AM **Crashing**

Sky Arts

130/131 140 123 36 147 365

6.00 AM **Darbar Festival**
7.00 **Lenny's Got the Blues**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the...**
1.30 FILM **Sherlock Holmes: Terror by Night** Mystery. (1946, b/w, U) ★★
2.45 **Back to Basquiat**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Joy of Painting**
8.00 **Discovering**
9.00 **From the Vaults**
10.00 FILM **Sign o' The Times** Rock concert movie. (1987, 15) ★★★★
11.30 **Ella Fitzgerald: Just One of Those Things**
1.30 AM **Berlin Live**
2.45 **Greatest Albums Live**
3.45 **Live from the Artists Den** With Robert Plant.
5.00 **to 6.00** AM **The South Bank Show**

Sky Mix

151 135 11 144

7.00 AM **Border Security USA** Documentary.
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Cops**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security USA**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Voyager** (S2)
8.00 **NCIS: Los Angeles** *The Bear:* 1/18. (S12)
9.00 **Tina** A celebration of Tina Turner's career.
11.10 **Snapped** A man is found dead at a roadside park.
12.05 AM **How I Caught the Killer** Maleha Masud.
1.00 **Brit Cops: War on Crime** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.00 AM **Billie and Greg: The Family Diaries**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Only Way Is Essex**
2.05 **Great Chocolate Showdown** Theatrical desserts are made.
3.05 **Million Dollar Listing: LA** New edition
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Salt Lake City**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **The Big Bake**
9.00 **Botched** A perfectionist demands an ideal nose. **10.00** A cancer patient is worried. **11.00** A former actor left with no breasts.
12.00 M'T **Only Way Is Essex**
12.45 **to 1.00** AM **Unwind**

+1 hour 319 58

GREAT! tv

157 170 50 142

8.00 AM **Diagnosis Murder**
9.00 **Sue Thomas: F.B.Eye**
11.00 **Castle** 23&24/24. (S2)
1.00 PM **Sue Thomas: F.B.Eye** 2&3/19. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 1/25. Part one of two. BJ Hunnicutt joins the 4077th. **7.30** 2/25. Part two of two. Frank takes charge of the 4077th. **8.00** 3/25. Frank finds himself demoted. **8.30** 4/25. The 4077th is under pressure. (S4)
9.00 **Randall and Hopkirk (Deceased)** 9/26. (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S4)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **Great! Movie News Extra**

+1 hour 257 62 143

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **World of Sport**
6.20 **Minder**
7.25 **The Professionals**
8.25 **The Saint**
9.35 **Dempsey and Makepeace**
10.35 **Magnum, PI**
11.40 **BattleBots**
12.40 PM **The Saint**
1.50 **Dempsey and Makepeace**
2.50 **Magnum, PI**
3.50 **The Professionals**
4.50 **Minder**
6.00 **BattleBots** New edition Four bots perish in the BattleBox.

9.00 The 1% Club

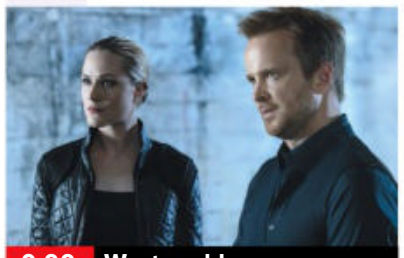
7.00 **Rugby World Cup** All the pre-match build-up to the first semi-final.
7.30 **River Monsters** Jeremy journeys along the Congo.
8.00 **The Chase Celebrity Special** Guests Dane Baptiste, Nigel Owens, Anita Rani and Mark Pougatch take part.
9.00 **The 1% Club** Quiz hosted by Lee Mack in which the questions are all about logic and common sense.
10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling – the roster features world-class talent including Jon Moxley, Chris Jericho, Bryan Danielson and Claudio Castagnoli.
12.05 AM **River Monsters**
1.05 **Extreme Salvage Squad** The team salvage a 34-foot yacht.
2.00 **to 3.00** AM **Minder**

+1 hour 220 318 60 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
7.00 **Warehouse 13** 1/20. (S4)
8.00 **Teleshopping**
11.00 **Atlantis** 9/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 10&11/26. (S7)
2.00 PM **Fringe** 6/22. (S3)
3.00 **Atlantis** 10/13. (S1)
4.00 **Stargate SG-1** 10/22. (S3)
5.00 **Stargate Atlantis** 15/20. (S4)
6.00 **Star Trek: The Next Generation** 10/26. A routine mission takes a turn when Data encounters a woman claiming to be his mother. (S7)



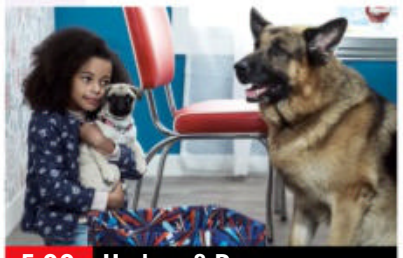
9.00 Westworld

7.00 **Star Trek: The Next Generation** *Parallels:* 11/26. Worf is worried when he feels that reality is changing. (S7)
8.00 **Star Trek: Voyager** *Endgame – Part Two:* 26/26. Janeway journeys through time to try and change the past. (S7)
9.00 **Westworld** *Genre:* 5/8. Caleb is dosed with an unusual drug, and Dolores piles the pressure on Liam for access to Rehoboam. **10.10** *Decoherence:* 6/8. As the world falls into chaos, Serac gains control of Delos. (S3)
11.20 **Chucky** 3/8. The discovery of multiple dolls causes Jake to propose the unthinkable. **12.20** AM 4/8. Tiffany's secrets are threatened. (S2)
1.20 **Warehouse 13** 1/20. (S4)
2.20 **Star Trek: Voyager** (S7)
3.15 **Stargate Atlantis** 15/20. (S4)
4.10 **to 6.00** AM **Star Trek: The Next Generation**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Rizzoli & Isles** 1/15. (S2)
10.00 **Hudson & Rex** 13/16. (S4)
11.00 **Without a Trace** 18/23. (S3)
12.00 NOON **Frankie Drake Mysteries** 7/10. (S4)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Rizzoli & Isles** 1/15. (S2)
5.00 **Hudson & Rex** 13/16. Rex's starring role in a television commercial is interrupted. (S4)
6.00 **Without a Trace** 18/23. An emotionally unstable choir singer goes missing. (S3)



5.00 Hudson & Rex

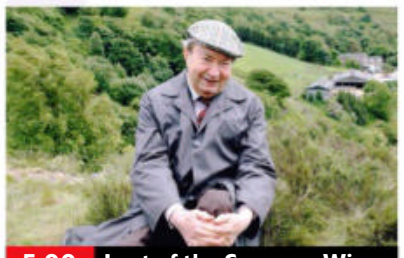
7.00 **Elementary** *An Unnatural Arrangement:* 6/24. Captain Gregson's home is invaded by a masked gunman. (S2)
8.00 **Death in Paradise** *Murder Most Animal:* 2/8. A zoo owner is killed by a tranquilliser dart in an empty park. (S8)
9.00 **Death in Paradise** *An Unholy Death:* 2/8. A nun is found dead in a smoke-filled bedroom in her convent. (S2)
10.00 **Shakespeare & Hathaway: Private Investigators** 1/10. Comedy drama with Mark Benton and Jo Joyner. (S1)
11.00 **Person of Interest** 12/13. Reese and Shaw race to catch up with Finch, who has stolen a virus that is capable of killing Samaritan. (S5)
12.00 M'T **Elementary** As 7pm.
1.00 AM **Hudson & Rex** As 6pm.
2.00 **to 4.00** AM **Evil**

+1 hour 209/210 314

GOLD

110/111 110/111 124 344 359

7.05 AM **Highlights**
8.20 **2point4 Children**
9.00 **Hi-de-Hi!**
9.40 **Still Open All Hours**
10.20 **Last of the Summer Wine**
11.40 **Keeping Up Appearances**
12.20 PM **2point4 Children**
1.00 **Still Open All Hours**
1.40 **Dad's Army** Double bill.
3.00 **Hi-de-Hi!**
3.40 **Keeping Up Appearances**
4.20 **Still Open All Hours**
5.00 **Last of the Summer Wine**
6.20 **The Green Green Grass**



5.00 Last of the Summer Wine

7.00 **The Green Green Grass** Boycie uncovers disturbing information.
7.40 **The Good Life** Tom turns the rotary cultivator into a means of transport. **8.20** Tom and Barbara talk to their plants to see whether it will make them grow quicker.
9.00 **Detectorists** Lance is persuaded to try hypnotherapy.
9.40 **Dad's Army** The platoon are excited when they are selected to appear in an army training film.
10.20 **Not Going Out** Lee has to leave the flat when he gets a job as a caretaker.
11.00 **The Fast Show** The Ghoul gives a tip for a football game.
11.40 **Chewing Gum**
12.50 AM **Detectorists** As 9.00pm.
1.25 **Not Going Out** As 10.20pm.
2.00 **The Fast Show** As 11.00pm.
2.45 **The Good Life** As 8.20pm.
3.15 **to 4.00** AM **Chewing Gum**

+1 hour 210/211 324

Dave

111/112 127 19 157

7.10 AM **Exploration Volcano**
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **The Force: Behind the Line**
10.00 **Inside the Factory**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear** Triple bill.
4.00 **Pointless** Quiz show.
5.00 **Rick Stein's Road to Mexico**
6.00 **Rick Stein's Cornwall** Rick reflects on his early days running a nightclub in Padstow. **6.30** Rick travels to St Ives to talk about artist Alfred Wallis.

11.00 Taskmaster

7 PM
7.00 **Richard Osman's House of Games** With Sanjeev Kohli and Tiff Stevenson. **7.40** With Anne Diamond, Rory Reid, James Acaster and Samantha Womack.

8 PM
8.20 **Would I Lie to You? The Unseen Bits** Compilation of extra material from the comedy panel show.

9 PM
9.00 **QI XL** Guests Jo Brand, David Mitchell and Phill Jupitus join regular panellist Alan Davies and host Stephen Fry.

10 PM
10.00 **QI XL** Ross Noble, Dara O Briain, Jeremy Clarkson and Alan Davies tackle Stephen Fry's questions on idleness.
11.00 **Taskmaster** With Al Murray.
12.00 M'T **Mock the Week**
1.20 AM **Would I Lie to You? The Unseen Bits** As 8.20pm.
2.00 **British as Folk**
2.50 **Sliced**
3.30 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211 327 57

4seven

137/138 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **The Great House Giveaway** Two flats are converted into a home.
2.30 **Help! We Bought a Village** From Italy.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Help! We Bought a Village** The owners of an French hamlet reach a major milestone.
8.00 **Great British Bake Off: An Extra Slice** Jo Brand and her guests reflect on Chocolate Week.
9.00 **24 Hours in A&E** A man is treated after coming off his bike and colliding with two cars.
10.00 **Grand Designs** Building a giant cathedral-like property.
11.05 **Gogglebox**
1.10 AM **Great British Bake Off** Chocolate Week.
2.30 **Taskmaster**
3.35 **to 4.50** AM **The Great Pottery Throw Down**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** (S8)
10.55 **Entertainment News**
11.00 **NCIS** 23/24. (S8)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Housekeeping:* 12/24. The team cross paths with missing NCIS agent EJ Barrett. **7.00** *A Desperate Man:* 13/24. A Navy lieutenant commander's body is discovered in an apartment. **8.00** *Life Before His Eyes:* 14/24. Gibbs finds himself staring down the barrel of a gun. **9.00** *Secrets:* 15/24. A Navy captain leading a double life as a masked vigilante is killed. (S9)
10.00 **Law & Order: Special Victims Unit** (S6)
12.00 M'T **Criminal Minds**
1.50 AM **Lucifer** 18/18. (S2)
2.50 **Law & Order** (S9)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 320 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Casualty 24/7: Every Second Counts**
11.00 **GPs: Behind Closed Doors** Medical series.
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** A patient's binge drinking sessions are putting his health at risk.
8.00 **Million Pound Motorhomes** Gok Wan tries a luxury motorhome.
9.00 **FILM Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
11.40 **FILM Double Jeopardy** Crime thriller. (1999, 15, 105min) ★★★
1.50 AM **Evil Up Close: Women Who Kill**
2.35 **to 3.00** AM **Home and Away**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.10 **Winter Road Rescue**
9.45 **Trucking Hell**
10.45 **Traffic Cops: Motorbike Mayhem**
11.45 **FILM Young Billy Young** Western. (1969, PG, 89min) ★★
1.30 PM **FILM Hellfighters** Adventure. (1969, PG, 120min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Police: Night Shift 999** Merchant spots a man driving while watching something on his phone.
10.00 **Motorway Cops: Catching Britain's Speeders** Matt Turner stops a vehicle with links to drug dealing.
11.00 **Car Crime: Caught On Camera**
12.00 M'T **Police Interceptors**
1.00 AM **Fights, Camera, Action!** Football violence.
2.00 **to 3.00** AM **Sinkholes**

W

132/133 827 125 25 156

6.10 AM **Changing Rooms Australia** DIY series.
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **Rochelle Humes: Interior Designer in the Making**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **DIY SOS: The Big Build**
8.00 **999 Rescue Squad** A skier falls over on a steep slope and suffers a suspected brain injury.
9.00 **24 Hours in A&E** A cyclist is rushed in after being hit by a car.
10.00 **Ski A&E** The weather causes difficulties on the mountains.
11.00 **The Catherine Tate Show** Triple bill.
1.00 AM **Plate of Origin**
2.20 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **Pie in the Sky**
3.10 **Bergerac**
4.20 **All Creatures Great and Small**
5.30 **The Upper Hand**
6.05 **'Allo 'Allo!**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *Owl of Minerva:* A fugitive takes sanctuary in St Mary's. **9.00** *The Mask of the Demon:* The priest investigates the murder of a movie director.
10.00 **New Tricks**
11.20 **Dalziel & Pascoe**
1.25 AM **Dancing on the Edge – Interviewing Louis**
2.50 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

FRIDAY Entertainment

Friday

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Yorkshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Radio equipment.
11.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Two chairs.
1.00 PM **A Place in the Sun**
2.00 **My 600lb Life**
4.00 **Animal Cops Houston**
5.00 **Helicopter ER**
6.00 **The Yorkshire Auction House** Crane replicas.
7.00 **Antiques Road Trip**
9.00 **Spooked Ireland** New edition Leap Castle.
10.00 **Ghost Adventures** New edition A presence near Great Salt Lake.
11.00 **Ghost Adventures**
12.00 M'T **The Dead Files**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Animal Cops Houston**
5.00 **to 6.00** AM **Money for Nothing**

Challenge
145 139 48 146

7.00 AM **The Chase**
10.00 **Catchphrase**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Pointless Celebrities**
2.00 **Who Wants to Be a Millionaire?** Quiz show.
3.00 **Blockbusters**
4.00 **Bullseye** Four editions of the darts-based quiz.
6.00 **Who Wants to Be a Millionaire?** Quiz show.
7.00 **Weakest Link** Quiz with Anne Robinson.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Chase**
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42 305

8.00 AM **Wild West...**
9.00 FILM **Turbulence** Thriller. (2016, 15) ★★
10.55 **The Blitz on Coventry**
12.00 NOON **Wild West Chronicles** Double bill.
1.00 PM FILM **Gun Fury** Western adventure. (1953, U, 83min) ★★★
2.45 FILM **Four Fast Guns** Western. (1960, b/w, U, 72min) ★★
4.15 FILM **The Victors** World War Two drama. (1963, b/w, PG, 186min) ★★
7.20 FILM **Deadly Inferno** Disaster drama. (2016, PG, 85min) ★★
9.00 FILM **The Shepherd: Border Patrol** Thriller. (2008, 15, 91min) ★★
10.55 FILM **Nowhere to Run** Romantic action thriller. (1993, 15, 95min) ★★
1.00 AM FILM **Bullet** Thriller. (2014, 15, 86min) ★★
3.00 **to 5.00** AM **Battle Honours**

+1 hour 324

GREAT! movies
321 425 34 302

9.00 AM FILM **Run To Me** Drama. (2016, PG) ★★
11.00 FILM **A Killer in My Home** (2020, 12) ★
1.00 PM FILM **Together Forever Tea** Comedy. (2021, PG, 90min) ★★
2.55 FILM **The Beach House** Drama. (2018, PG) ★★
4.50 FILM **Paul Blart: Mall Cop** Crime comedy. (2009, PG, 91min) ★
6.45 FILM **You Don't Mess with the Zohan** Comedy. (2008, 12) ★★★
9.00 FILM **Transporter 2** Thriller sequel. (2005, 15, 88min) ★★★
10.55 FILM **Only God Forgives** Thriller. (2013, 18, 86min) ★★★
12.45 AM FILM **Ain't Them Bodies Saints** Drama. (2013, 15) ★★★★
2.40 **Wild West Chronicles**
4.00 **to 6.00** AM FILM **Betrayed by Lies** Drama. (2018, PG) ★★

+1 hour 322 61

GREAT! christmas
319 424 52 303

8.00 AM FILM **Eve's Christmas** Comedy. (2004, PG, 92min) ★★
10.00 FILM **Married by Christmas** (2016, PG) ★
12.00 NOON FILM **A Husband for Christmas** Comedy. (2016, PG, 87min) ★★
2.00 PM FILM **Marry Me at Christmas** Drama. (2017, PG, 90min) ★★
4.00 FILM **A Christmas Wedding Date** Comedy. (2012, PG, 90min) ★★
6.00 FILM **Will You Merry Me?** (2008, PG) ★★
8.00 FILM **My Christmas Fiancé** (2022, PG) ★★
10.00 FILM **A Bride for Christmas** Drama. (2012, PG, 90min) ★★
12.00 M'T FILM **A Perfect Christmas** Fantasy. (2012, PG, 85min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Love for Christmas** Comedy. (2012, PG, 88min) ★★

+1 hr 320 63 304

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 5/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Star Trek: Deep Space Nine** 14/26. (S4)
11.00 FILM **Bigfoot** Thriller. (2012, 12, 85min) ★★
1.00 PM FILM **3 Headed Shark Attack** Thriller. (2015, 18, 89min) ★★
3.00 FILM **The Black Torment** Chiller. (1964, 15, 85min) ★★★
5.00 **Star Trek** (S3)
6.00 **Star Trek: Deep Space Nine** 15/26. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Any Bullet Will Do** Western. (2018, 15, 110min) ★★
11.05 FILM **An American Werewolf in Paris** Horror sequel. (1997, 15) ★★
1.00 AM FILM **Mercy Black** Horror. (2019, 15) ★★
2.45 **to 4.30** AM FILM **Videodrome** Thriller. (1982, 18) ★★★★

DMAX
172 169 38 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
10.00 **Edge of Alaska**
11.00 **Alaska: Last Frontier**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
4.00 **Wheeler Dealers**
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Extreme RVs** Builders create a trucker-inspired mobile estate.
10.00 **Iron Resurrection**
11.00 **Outback Opal Hunters**
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Life Below Zero**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 258 369

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Barefoot Contessa**
8.30 **The Kitchen** New edition
9.30 **Chronicles of Nadiya**
11.00 **River Cottage to the...**
12.00 NOON **Great British...**
2.00 PM **James Martin's French Adventure**
3.00 **Nadiya Bakes**
4.00 **Barefoot Contessa**
5.00 **The Pioneer Woman**
6.00 **James Martin's French...**
7.00 **Great British Bake Off**
8.00 **River Cottage to the Core** Waldorf salad.
9.00 **Beat Bobby Flay: Holiday Throwdown**
10.00 **Nadiya Bakes**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Guy's Grocery Games** Halloween.
1.00 AM **Restaurant: Impossible** In Missouri.
2.00 **to 3.00** AM **Halloween Baking Championship**

+1 hour 240/241 149

Comedy Central
112/113 132 345 360

8.00 AM **Most Ridiculous**
9.00 **The Middle** (S8&9)
11.00 **Home Improvement**
1.00 PM **Last Man Standing**
2.00 **Friends** (S7&8)
8.00 **Friends** 9/24. With guest star Brad Pitt. **8.30** 10/24. Monica buys an expensive pair of boots. (S8)
9.00 **Al Murray: A Glass of White Wine for the Lady** Stand-up show.
10.00 **South Park: The Streaming Wars** Series finale 8/8. The drought has significantly worsened. (S25)
11.10 FILM **Jackass Presents: Bad Grandpa** Slapstick road movie comedy. (2013, 15, 92min) ★★★
1.00 AM **Digman!** (S1)
1.30 **South Park** (S2)
3.00 **The Daily Show** New edition Talk show.
3.25 **Criminally Funny**
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Criminally Funny**
7.00 **Teleshopping**
9.00 **Guessable?**
10.00 **Takeshi's Castle**
11.00 **Friends** 15-18/24. (S4)
1.00 PM **Impractical Jokers**
3.00 **The Middle** (S7)
5.00 **Last Man Standing**
7.00 **Home Improvement**
9.00 **Michael McIntyre's Big Show** With Ellie Goulding, Olly Murs and the cast of the West End musical *School of Rock*.
10.00 **Jimmy Carr: Being Funny** Stand-up show from Birmingham's Symphony Hall.
12.10 AM **Rose Matafeo: Horndog** Stand-up comedy performance.
1.10 **Chris Ramsey Live: All Growed Up** Stand-up.
2.10 **Ugly Americans** (S1)
3.50 **Beavis and Butt-Head**
4.30 **Michael McIntyre's Big Show** As 9.00pm.
5.15 **to 6.00** AM **Takeshi's Castle**

Blaze
164 174 64 162

6.00 AM **Hardcore Pawn**
7.20 **Mega Disasters**
8.15 **Ancient Aliens**
10.10 **World's Greatest Treasure Mysteries**
11.10 **Britain's Most Historic Towns** Cheltenham.
12.10 PM **Storage Wars**
1.05 **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Mega Disasters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Strangest Things**
10.00 **What on Earth?** A Saharan crater.
11.00 **Ancient Superstructures**
12.00 M'T **World's Greatest Treasure Mysteries**
1.00 AM **Britain's Most Historic Towns**
2.00 **Auction Kings**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars**
4.10 **Forged: Iron & Fire**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 81

5SELECT
153 138 46 133

9.00 AM **Cash in the Attic**
11.00 **The Yorkshire Vet**
1.00 PM **World's Most Scenic Railway Journeys**
2.00 **The Yorkshire Vet**
4.00 **The Highland Vet**
5.00 **Ben Fogle: New Lives in the Wild** Guatemala.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Britain's Dog Poo Scandal** Documentary.
8.00 **Challenge Anneka** A food hub charity that outgrown its town centre location.
9.35 **Eurovision: Secrets & Scandals** Documentary uncovering what goes on behind the scenes at the song contest.
10.35 **Forged in Fire** Smiths forge Japanese General Yamashita's gunto.
11.35 **Egypt's Sunken City: Drain the Oceans**
12.35 AM **Forged in Fire**
2.30 **to 3.00** AM **Walking Victorian Britain**

HGTV
158 191 44 166

7.00 AM **Restoration Man**
8.00 **The Great Interior...**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by...**
12.00 NOON **Restoration Man**
1.00 PM **Bargain Mansions** New edition
2.00 **Flip or Flop Atlanta**
3.00 **The Great Interior Design Challenge**
4.00 **Escape to the Country**
5.00 **The Restoration Man**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by...**
8.00 **Escape to the Country**
9.00 **Your Garden Made Perfect** In Wokingham.
10.00 **Inn the Works**
11.00 **Bargain Mansions**
12.00 M'T **Fantasy Homes by the Sea** North Wales.
1.00 AM **Restoration Man**
2.00 **The Great Interior Design Challenge**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 272 391 151

RealityXtra
147 172 68 134

9.00 AM **Medical Detectives**
11.00 **Crimes That Shook Australia** Double bill.
1.00 PM **Written In Blood**
3.00 **Medical Detectives**
5.00 **Crimes That Shook Australia** A serial killer who followed in his uncle's footsteps. **6.00** A Canberra student who poisoned her boyfriend in 1997.
7.00 **Judge Judy** Back-to-back real-life cases, including at: **10.25** A young man with four children by three different women, none of whom he supports, is sued for bail money by one of the mothers after being arrested for assault.
10.50 **Judge Judy**
1.00 AM **Crimes That Shook Australia** Double bill.
3.00 **Written In Blood**
4.50 **to 6.00** AM **Medical Detectives**

TLC
133/134 828 165

7.00 AM **Flip or Flop**
8.00 **Extreme Cheapskates**
9.00 **Say Yes... Atlanta**
10.00 **Dr Pimple Popper**
11.00 **My 600lb Life**
12.00 NOON **1000lb Sisters**
1.00 PM **Sister Wives**
3.00 **Outdaughtered: Busby Quints**
4.00 **Diagnose Me**
5.00 **Dr Pimple Popper**
6.00 **My 600lb Life**
9.00 **Bugs, Bites and Parasites: Tropical Diseases Uncovered**
11.00 **Dr Pimple Popper: Reload** Gerald is back to see Dr Lee about a huge bump on his finger.
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Cheapskates**
2.00 **Bugs, Bites and Parasites: Tropical Diseases Uncovered**
3.00 **My 600lb Life**
5.00 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

HorrorXtra
317 171 69 138

8.00 AM FILM **End of the World** Disaster movie. (2018, PG, 88min) ★★
10.00 **Farscape** 4/22. (S4)
11.00 FILM **The Last Sharknado: It's About Time** Sci-fi adventure. (2018, 15, 90min) ★★
1.00 PM FILM **Jetstream** Disaster movie. (2012, 12, 88min) ★★
3.00 **Farscape** 4/22. (S4)
4.00 **Star Trek** 6/30. (S1)
5.00 FILM **The Exterminators** Sci-fi action adventure. (2013, 15, 90min) ★
7.00 **Farscape** 5/22. (S4)
8.00 **Star Trek** 7/30. (S1)
9.00 FILM **Anna and the Apocalypse** Comedy horror starring Ella Hunt and Malcolm Cumming. (2017, 15, 108min) ★★★
11.00 FILM **Echoes of Fear** Horror with Paul Chirico. (2018, 15, 90min) ★★
1.00 **to 3.00** AM FILM **Anna and the Apocalypse**

+1 hour 318 371 139

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Sun, Sea and A&E**
11.00 **UK Border Force**
12.00 NOON **Highway Patrol**
1.00 PM **Caught on Dashcam**
2.00 **Most Haunted**
4.00 **Quantum Leap** (S3)
6.00 **DC's Legends of Tomorrow** (S4)
8.00 **Highway Patrol**
9.00 **FBI** *Heroes:* 10/23. A JOC analyst is taken hostage. (S5)
10.00 **FBI: International** *BHITW:* 10/22. (S2)
11.00 **FBI: Most Wanted** *False Flag:* 10/22. (S4)
12.00 M'T **Brit Cops: War on Crime** Documentary.
1.00 AM **Sun, Sea and A&E**
2.00 **A League of Their Own: US Road Trip 2.0**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

E!
159 159 835 160

7.00 AM **Rich Kids of Beverly Hills**
8.00 **Keeping Up with the Kardashians**
10.00 **The Platinum Life**
11.00 **Jerseylicious**
12.00 NOON **Botched**
1.00 PM **Flip It Like Disick**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** A man comes in with three eyebrows.
8.00 **Hollywood Medium with Tyler Henry** Featuring Melissa Joan Hart and Madison Beer.
9.00 **Keeping Up with the Kardashians: The Final Curtain** A look back at the show's scandals. **10.00** The last edition of the reality series.
11.00 **Jerseylicious**
12.00 M'T **Dr 90210**
1.00 AM **Rich Kids of Beverly Hills**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Very Cavallari**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Diesel Brothers**
7.00 **Deadliest Catch**
9.00 **Alaska: The Last Frontier**
10.00 **How It's Made** Double bill.
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Deadliest Catch**
3.00 **Alaskan Bush People**
4.00 **Blowing Up History** The secrets behind Attila the Hun.
5.00 **Wheeler Dealers** Mike Brewer acquires a 1995 Ford Escort RS Cosworth.
6.00 **Salvage Hunters** A man who collects cement mixers.

9.00 Expedition Bigfoot

7.00 **Wheeler Dealers** Mike and Ant take a chance on a 2006 Porsche Cayenne Turbo S.
8.00 **Gold Rush** After years of not speaking, Rick asks Parker for a favour. Tony pressures his son to lead the move to Indian River.
9.00 **Expedition Bigfoot** New edition Strange sounds lead to a disturbing discovery for Ronny and Mireya.
10.00 **Monster Mako: Fresh Blood** Off California's coast, monster mako sharks compete with great whites for prey.
11.00 **Expedition Unknown**
12.00 M'T **How the Universe Works** Gravitational waves.
1.00 AM **Expedition Bigfoot**
2.00 **Monster Mako: Fresh Blood**
3.00 **Gold Rush** New edition On the brink of bankruptcy, Parker tries to tap an old honey hole.
4.00 **to 5.00** AM **Kindig Customs**

+1 hour 225/226 377

Animal Planet

162 178

8.00 AM **Insane Pools: Off the Deep End** A Mexican-style resort in a Florida backyard.
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Insane Pools: Off the Deep End** A tiny pool.
1.00 PM **Amanda to the Rescue**
2.00 **The Aquarium** Double bill.
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet**
6.00 **Insane Pools: Off the Deep End** Lucas creates a retiring military couple's dream pool.

8.00 Intruders

7.00 **Amanda to the Rescue** Amanda faces a challenging rescue when a puppy arrives with neurological issues.
8.00 **Intruders** A family in Arkansas move into a house already inhabited by an infestation of deadly spiders.
9.00 **Monsters Inside Me** An infection threatens to rob a college student of her eyeball, and a mysterious affliction paralyzes a boy.
10.00 **Alaska: The Last Frontier** Atz Lee and Jane help homesteader Mike repurpose an old city house into a cabin.
11.00 **Monsters Inside Me** Cases include an affliction which shuts down a teen's lungs.
12.00 M'T **Guardians of Rescue**
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Inside Incredible Machines**
11.00 **Building Impossible with Daniel Ashville**
12.00 NOON **Car S.O.S**
1.00 PM **Europe from Above**
2.00 **Air Crash Investigation**
3.00 **World War II: Secrets from Above** The road to D-Day.
4.00 **Draining the Thames: Secrets Revealed**
5.00 **Car S.O.S** Restoring a Datsun 240z belonging to a doctor.
6.00 **Lost Treasures of Egypt**

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** Investigating the cause of the crash that brought down Alaska Airlines Flight 261 in 2000.
8.00 **Engineering New York Super Airport** The team hit trouble when they dig deep into reclaimed land.
9.00 **Air Crash Investigation** Tenerife airport is flooded with aircraft rerouted by a terrorist bombing.
10.00 **Banged Up Abroad** A gangster escapes from a life of poverty when he starts smuggling drugs for a Mexican cartel.
11.00 **Air Crash Investigation**
12.00 M'T **Airport Security: First Class** Documentary.
1.00 AM **Banged Up Abroad**
2.00 **Bid & Destroy**
2.55 **Exotic Animal ER: Double Dose** Double bill of editions.
3.45 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Storage Wars**
7.00 **Forged in Fire**
8.00 **American Pickers**
9.00 **Pawn Stars Do America**
10.00 **Al Murray: Why Does Everyone Hate the English?**
11.00 **Treasures Decoded**
12.00 NOON **Auction Hunters**
1.00 PM **Storage Wars**
2.00 **Alien Files: Unsealed**
4.00 **Digging for Britain**
5.00 **Pawn Stars Do America** Rick, Corey and Austin head to Savannah, Georgia.
6.00 **American Pickers**

7.00 Forged in Fire

7.00 **Forged in Fire** Four smiths face an enormous challenge when they must salvage steel from five tons of junk.
8.00 **Ancient Aliens** Experts investigate the 'greys', which are rumoured to be alien life forms.
9.00 **WW2 Air Crash Detectives** Garth Barnard investigates the cause of an accident in Nebraska in 1944.
10.00 **Air Crash: Disasters Uncovered** Investigation into the cause of the crash of an Alaskan Airlines jet in 2000.
11.00 **Beyond Skinwalker Ranch** Andy Bustamante and Paul Beban investigate Mt Wilson.
12.00 M'T **Pawn Stars Do America**
1.00 AM **Storage Wars**
2.00 **Sex: A Bonkers History**
3.00 **Ancient Aliens** As 8.00pm.
4.00 **Digging for Britain**
5.00 **to 6.00** AM **Auction Hunters**

+1 hour 223/224 331

Yesterday

155 155 846 129 27 159

6.10 AM **Warbird Workshop**
8.00 **Abandoned Engineering**
10.00 **Narrow Escapes of World War II** Documentary.
11.00 **World War Weird**
12.00 NOON **Great American Railroad Journeys**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **World War Weird**
5.00 **Narrow Escapes of World War II** The bravery of tanker master Dudley Mason.
6.00 **Great British Railway Journeys** Double bill.

8.00 Secrets of the London...

7.00 **Antiques Roadshow** In Erddig, north Wales, items include a ring worn by the owner's grandmother on board the *Titanic*.
8.00 **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore Clapham South deep level shelter.
9.00 **Bangers & Cash: Restoring Classics** The team are on the hunt for a Bugatti.
10.00 **Bangers & Cash** Derek heads out to pick up a pair of beautiful Swedish models – a Saab 96L and a Volvo P1800ES.
11.00 **Abandoned Engineering** Concrete channels hidden in a mountaintop forest, a marooned military base and the rusting carcass of a ship.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Warbird Workshop**

+1 hour 255 329 74

Friday

7 PM
8 PM
9 PM
10 PM

Quest

144 144 834 137 12 172

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?**
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers** Transforming an antique French Lily Chandelier.
6.00 **Wheeler Dealers: Dream Car**
7.00 **Outback Opal Hunters**
8.00 **Salvage Hunters**
9.00 **Helicopter ER** New edition
10.00 **Border Control Sweden** New edition Alex stops a man he suspects of drug smuggling.
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK: Bodycam Squad**
2.00 **Chasing Classic Cars**
3.00 **Salvage Hunters: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: Atlanta** Double bill of editions.
7.00 **Say Yes to the Dress**
8.00 **Say Yes to the Dress: Lancashire** Reality series.
9.00 **Say Yes to the Dress: UK**
10.00 **Disappeared**
11.00 **Forensic Detectives**
1.00 PM **FBI Files**
2.00 **Disappeared**
3.00 **Happily Never After**
5.00 **Say Yes to the Dress: Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Long Lost Family US**
8.00 **Faking It: Tears of a Crime**
9.00 **Murder on CCTV** When a man is found bludgeoned to death, his friends deny all knowledge of his murder.
10.00 **People Magazine Investigates** New edition Police find a mother brutally stabbed and her daughter missing.
11.00 **Deadly Women**
12.00 M'T **Forensic Detectives**
2.00 AM **Murder on CCTV**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The body of a missing woman is found 20 years after her disappearance. **7.30** Police dogs trace a killer's scent and reveal a perpetrator.
8.00 **48 Hours** The emotional homecoming of a man imprisoned for nearly 32 years.
9.00 **Real Detective: North of the Border** To solve a brutal triple homicide, Peter Baker follows the trail of missing firearms.
10.00 **Cold Justice Sex Crimes** Casey and Alicia help the officers of Flint examine DNA evidence from past rape kits, while tracking down a violent rapist who terrorised a family.
11.00 **Murder: First on Scene**
12.00 M'T **Fatal Vows**
1.00 AM **Real Detective: North of the Border** As 9.00pm.
2.00 **Cold Justice Sex Crimes**
2.55 **48 Hours** As 8.00pm.
3.50 **Medical Detectives**
4.20 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Caught Red Handed**
11.30 **Border Patrol**
12.00 NOON **Made for Murder**
1.00 PM **Killer in My Village**
2.00 **Forensics: Catching the Killer**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Forensics: Catching the Killer**
6.00 **What the Killer Did Next**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** The story of Tracie Andrews.
9.00 **What the Killer Did Next** The disappearance of a student becomes a murder investigation.
10.00 **Ireland's Most Evil Killers**
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **The Real Manhunter**
2.00 **An Unexpected Killer**
3.00 **What the Killer Did Next**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Bonnie & Clyde**
9.35 **Pan Am: Crossing the Pacific**
10.50 **The Bob Hoover Project: Flying the Feathered Edge**
11.55 **Living in Germany at War**
1.00 PM **Beautiful Serengeti**
1.30 **Bonnie & Clyde**
2.40 **Pan Am: Crossing the Pacific**
3.55 **The Bob Hoover Project: Flying the Feathered Edge**
5.00 **Living in Germany at War**
6.15 **Bonnie & Clyde**
7.25 **Pan Am: Crossing the Pacific** Defying the sceptics, the airline grows and becomes global.
8.35 **The Bob Hoover Project: Flying the Feathered Edge** Exploring the story of one of history's greatest aviators.
9.40 **Living in Germany at War** 2/2. Recounting the daily lives of the German people during World War Two.
10.50 **Pan Am: Crossing the Pacific**
12.00 M'T **The Bob Hoover Project: Flying the Feathered Edge**
1.15 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY

Friday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **The Last Movie Stars**
7.30 **PL Legends: Paolo Di Canio**
8.00 **The Directors** Alexander Payne.
9.00 **Cured** Documentary.
10.30 **My Icon: Jonnie Peacock**
10.55 **Saviour Complex**
12.00 NOON **The Scheme**
2.10 PM **No Accident**
4.00 **The Directors** Alexander Payne.
5.00 **Discovering: Jeff Goldblum**
6.00 **Windrush & Us** The experiences of the descendants of post-war West Indian immigrants.
7.00 **I Am Patrick Swayze** A tribute to the American actor.
8.50 **My Icon: Anthony Joshua**
9.00 **House of Kardashian** 2/3. A sex tape of Kim emerges.
10.00 **Terry Venables: A Man Can Dream** A look at the life of the former football manager.
12.00 M'T **David James: The One and Only** The future of goalkeeping.
1.30 AM **PL Legends: David Ginola**
2.00 **GoldenEra** Documentary.
4.00 **The Directors** Alexander Payne.
5.00 **to 6.00** AM **Discovering: Jeff Goldblum**

Sky Nature

124/125 822 189 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **One Planet, One Chance**
9.00 **Arctic Secrets**
10.00 **Ol Pejeta Diaries**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Orangutan Jungle School** As shown at 10.00pm.
1.00 PM **Monkey Life**
2.00 **One Planet, One Chance**
3.00 **Arctic Secrets**
4.00 **Ol Pejeta Diaries**
5.00 **Malawi Wildlife Rescue**
6.00 **Orangutan Jungle School**
7.00 **Monkey Life** Double bill.
8.00 **Living Beach** Wildlife along the coast of the Yucatán Peninsula.
9.00 **Wild Dogs: Pack Vs Pride**
10.00 **Orangutan Jungle School** Dominant male Pujon is still on a time-out after attacking Alba.
11.00 **Malawi Wildlife Rescue**
12.00 M'T **Big Cat Country**
1.00 AM **Deadly Australians**
2.00 **Living Beach** As 8.00pm.
3.00 **Wild Dogs: Pack Vs Pride**
4.00 **One Planet, One Chance**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163 163 840 186

6.00 AM **Ancient Aliens: The Ultimate Evidence**
7.00 **Ancient Aliens**
8.00 **The UnXplained**
9.00 **Soviet Storm: WWII in the East** The Battle of Kiev.
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **Secrets of Great British Castles** Edinburgh Castle.
2.00 **Disasters That Changed Britain**
3.00 **History's Crazy Rich Ancients**
4.00 **Great Escapes**
5.00 **Beyond the Myth: The SS Unveiled** Death Head's Unit.
6.00 **Weeks of War**
7.00 **The Plane That Led D-Day**
8.00 **Empire Builders**
9.00 **Ideas That Changed the World**
10.00 **History's Crazy Rich Ancients**
11.00 **Paranormal: Caught on Camera** Mysteries.
12.00 M'T **Ancient Aliens**
2.00 AM **The UnXplained**
3.00 **Digging for Britain**
4.00 **Secrets of Great British...**
5.00 **to 6.00** AM **Disasters That Changed Britain**

Crime+Investigation

156 156 837 133

6.00 AM **The First 48**
8.00 **Homicide Hunter**
9.00 **Cold Case Files**
10.00 **Killer in Plain Sight**
11.00 **Cruise Ship Killers**
12.00 NOON **Buried in the Backyard**
1.00 PM **The Real Murders of Orange County**
2.00 **Imperfect Murder**
3.00 **Somebody's Hiding Something**
4.00 **Murdertown**
5.00 **Homicide Hunter**
6.00 **The First 48** Double bill.
8.00 **Somebody's Hiding Something** New edition
9.00 **Court Cam** New edition
9.30 **My Strange Arrest** New edition Documentary.
10.00 **Booked: First Day In**
11.00 **Homicide Hunter**
12.00 M'T **Cruise Ship Killers**
1.00 AM **Court Cam**
1.30 **My Strange Arrest**
2.00 **Murdertown**
3.00 **Cold Case Files**
4.00 **Somebody's Hiding Something**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 333

WILD

165 165 841 182

8.00 AM **Bizarre Animal Friends**
9.00 **Wild Mississippi**
10.00 **Africa's Hunters**
11.00 **Africa's Deadliest**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **When Sharks Attack**
3.00 **Hostile Planet**
4.00 **Secrets of the Zoo**
5.00 **Wicked Tuna**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** Two baby white rhinos join the herd.
8.00 **Africa's Deadliest** Animals that have evolved deadly natural weaponry, including sharks with fearsome jaws.
9.00 **Africa's Hunters** A lion pride face an uncertain future.
10.00 **Wicked Tuna: Outer Banks Showdown** The team risk their lives and their boat.
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
1.00 AM **Swamp Men**
2.00 **When Sharks Attack**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **Expedition Unknown**
7.00 **Tony Robinson's WW1**
8.00 **Unsolved History**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 NOON **How It's Made**
1.00 PM **Combat Dealers**
2.00 **Tony Robinson's WW1**
3.00 **Salvage Hunters**
4.00 **Mysteries at the Museum**
5.00 **Wings of War**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **HMS Ark Royal**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Salvage Hunters: The Restorers**
12.00 M'T **How It's Made**
1.00 AM **Combat Dealers**
2.00 **Salvage Hunters**
3.00 **Combat Dealers**
4.00 **to 5.00** AM **Salvage Hunters: The Restorers**

+1 hour 277 381

Eden

166 176

9.00 AM **The Life of Birds**
10.00 **Africa** As shown at 6.00pm.
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Conquerors**
1.00 PM **Impossible Engineering**
3.00 **Forbidden History**
5.00 **The Life of Birds**
6.00 **Africa** Wildlife of the Sahara, from zebras battling over dwindling rivers to camels and swallows seeking out water.
7.00 **David Attenborough's Natural Curiosities**
8.00 **Conquerors** Examining the success of the fire ant.
9.00 **Forbidden History**
10.00 **Impossible Engineering**
11.00 **The Life of Birds**
12.00 M'T **Africa** As 6.00pm.
1.00 AM **David Attenborough's Natural Curiosities**
2.00 **Conquerors**
3.00 **Forbidden History**
3.50 **The Life of Birds**
4.40 **Africa** As shown at 6.00pm.
5.30 **to 6.00** AM **The Zoo**

+1 hour 266 376

ID

154 166

6.00 AM **American Monster**
7.00 **Teleshopping**
8.00 **Murder in the Heartland**
9.00 **Forensic Detectives**
10.00 **People Magazine Investigates**
11.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
1.00 PM **American Monster**
3.00 **Murder in the Heartland**
4.00 **Disappeared**
5.00 **Murder Comes to Town**
6.00 **Forensic Detectives**
7.00 **People Magazine Investigates**
8.00 **Reasonable Doubt**
9.00 **The Murder Tapes** An old woman killed in her garage.
10.00 **Murder Under the Friday Night Lights** The murder of Pahokee High School's star football player in 2008. **11.00** A football player starts preying on multiple students.
12.00 M'T **Reasonable Doubt**
1.00 AM **Betrayed**
2.00 **Evil Lives Here**
3.00 **Forensic Detectives**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/184 180

6.00 AM **Chasing Classic Cars**
7.00 **Disasters at Sea**
8.00 **Wheeler Dealers**
9.00 **Fantomworks**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Diesel Brothers**
12.00 NOON **Scrap Kings**
1.00 PM **Supertruckers**
2.00 **Wheeler Dealers**
4.00 **Vintage Voltage**
5.00 **Junkyard Empire**
6.00 **Fantomworks**
7.00 **Wheeler Dealers**
8.00 **Vintage Voltage** Richard Morgan converts a BMW Batmobile into an electric.
9.00 **Diesel Brothers** Redbeard takes on a diesel build.
10.00 **Wheeler Dealers** Mike finds a 1976 Land Rover Series III.
11.00 **Supertruckers**
12.00 M'T **Vintage Voltage**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/284

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Maggie Moore(s)** Comedy thriller. (2023, 15) ★★★★
7.40 **Champions** As 3.30am.
9.50 **The Fabelmans** Drama. (2022, 12, 151min) ★★★★★
12.30 PM **PREMIERE Puss in Boots...**
2.30 **Cocaine Bear** As 9.50pm.
4.15 **Shrapnel** Action thriller. (2023, 15, 89min) ★★
6.00 **PREMIERE Puss in Boots: The Last Wish** Animated comedy. (2022, PG, 102min) ★★★★ *See review, page 23.*

6.00 Puss in Boots: Last Wish

8.00 **65** Action adventure starring Adam Driver and Ariana Greenblatt. When an astronaut crashes on a mysterious planet, he fights for survival amidst the deadly wildlife. (2023, 12, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Cocaine Bear** Comedy thriller starring Keri Russell. A group of cops, criminals, tourists and teens encounter a bear that goes on a murderous rampage after ingesting cocaine. (2023, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

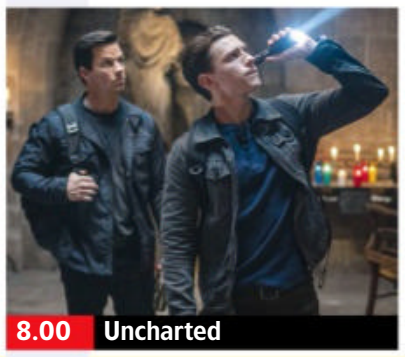
11.40 **Unwelcome** Horror comedy. (2022, 15, 104min) ★★★
1.40 AM **Swallowed** Horror. (2022, 18, 96min) ★★
3.30 **Champions** Comedy drama. (2023, 12, 124min) ★★★★
5.45 **to 6.45** AM **Sky Cinema Preview**

+1 hour 312

Sky Cinema Hits

303 303 403 503 517

6.25 AM **Sky Cinema Preview**
6.50 **Ride Along 2** As 4.20pm.
8.40 **Star Trek: Insurrection** Sci-fi. (1998, PG, 105min) ★★★
10.30 **Uncharted** As 8.00pm.
12.30 PM **The Dictator** (2012) ★★★
2.00 **Dungeons & Dragons: Honour Among Thieves** Adventure. (2023, 12, 134min) ★★★★
4.20 **Ride Along 2** Comedy sequel. (2016, 12, 102min) ★★
6.10 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★


8.00 Uncharted

8.00 **Uncharted** Adventure starring Tom Holland and Mark Wahlberg. Street-smart Nathan Drake is recruited by seasoned treasure hunter Victor 'Sully' Sullivan to recover a fortune. With Antonio Banderas. (2022, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Scream** Horror sequel starring Neve Campbell. Twenty-five years after brutal murders shocked a quiet town, a new killer dons the Ghostface mask and targets a group of teenagers. (2022, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Scary Movie** Spoof of teen stalk 'n' slash movies. (2000, 18, 88min) ★★
1.35 AM **Scary Movie 2** Horror sequel. (2001, 18, 82min) ★
3.05 **Scary Movie 3** Horror spoof sequel. (2003, 15, 84min) ★
4.35 **to 6.05** AM **The Dictator**

Sky Cinema Drama

310 310 410 510 524

7.20 AM **Flag Day** As 2.30am.
9.15 **It Is in Us All** As 4.25am.
10.50 **Black Snake Moan** Melodrama. (2006, 15, 115min) ★★★
12.50 PM **The Impossible** Disaster movie starring Naomi Watts. (2012, 12, 114min) ★★★★
2.50 **Alfie** Comedy drama remake. (2004, 15, 106min) ★★★
4.40 **Finding Neverland** Drama. (2004, PG, 101min) ★★★★

6.25 **Stand by Me** Nostalgic drama starring Wil Wheaton, River Phoenix and Corey Feldman. (1986, 15, 89min) ★★★★★
8.00 **Boyz N the Hood** Urban drama starring Larry Fishburne and Cuba Gooding Jr as a father and son confronting violence and racism in South Central LA. (1991, 15, 111min) ★★★★★
9.55 **Straight Outta Compton** Biopic of hip-hop group NWA, starring O'Shea Jackson Jr. (2015, 15, 147min) ★★★

12.30 AM **Armageddon Time** Drama starring Banks Repeta. (2022, 15, 114min) ★★★
2.30 **Flag Day** Drama starring Sean Penn. (2021, 15, 109min) ★★
4.25 **to 6.00** AM **It Is in Us All** Drama starring Cosmo Jarvis. (2022, 15, 92min) ★★★★

Sky Cinema Halloween

311 311 411 511 525

6.10 AM **Snatchers** As 3.50pm.
7.50 **Resident Evil: Retribution**
9.40 **Paranormal Activity 2** Horror sequel with Sprague Grayden. (2010, 15, 90min) ★★★★
11.30 **The Haunting** Horror remake. (1999, 12, 109min) ★
1.30 PM **Horror Movie Picks**
2.00 **Bodies Bodies Bodies** Horror starring Amandla Stenberg. (2022, 15, 94min) ★★★★

3.50 **Snatchers** Horror comedy. (2019, 15, 96min) ★★★
5.40 **The Faculty** Sci-fi horror chiller. (1998, 15, 102min) ★★★
7.40 **Nope** Thriller starring Daniel Kaluuya and Keke Palmer. (2022, 15, 130min) ★★★★
10.00 **Saw V** Horror thriller sequel starring Tobin Bell and Costas Mandylor. An FBI agent develops suspicions about who might be continuing the work of deceased serial killer Jigsaw. (2008, 18, 92min) ★★

11.40 **Saw VI** Horror thriller sequel. (2009, 18, 90min) ★★
1.15 AM **Resident Evil: Retribution** Sci-fi action thriller sequel. (2012, 15, 92min) ★★★
2.55 **Bodies Bodies Bodies** (2022)
4.35 **to 6.25** AM **Firestarter** Thriller. (2022, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 520

7.30 AM **C.I.Ape** As 12.30am.
9.00 **Wickensburg** As 10.50pm.
10.35 **Stormbreaker** Adventure. (2006, PG, 93min) ★★★
12.25 PM **Zathura: A Space Adventure** Sci-fi adventure. (2005, PG, 113min) ★★★★
2.10 **Ella Enchanted** Adventure. (2004, PG, 96min) ★★★
4.00 **Nancy Drew and the Hidden Staircase** (2019, PG) ★★★
5.35 **It Takes Two** Family comedy. (1995, U, 97min) ★

9.00 The Tiger Rising

7.20 **The Brady Bunch Movie** Comedy starring Shelley Long and Gary Cole. (1995, 12, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Tiger Rising** Drama starring Dennis Quaid. When a 12-year-old discovers a caged tiger in the woods near his home, his imagination runs wild and his life begins to change. (2022, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Wickensburg** Adventure starring Denise Richards. (2022, PG, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **C.I.Ape** Family comedy. (2021, PG, 82min) ★
2.00 **Breaking Point** Drama. (2023, 12, 102min) ★★★
3.50 **Robo-Dog: Airborne** Family adventure sequel. (2017, U, 88min) ★★★
5.25 **to 7.05** AM **Robo-Dog** Family sci-fi adventure. (2015, PG, 87min) ★★★

Sky Cinema Action

307 307 407 507 521

7.10 AM **Rogue Hostage** Thriller. (2021, 15, 93min) ★★
9.00 **Riders of Justice** As 5.05am.
11.10 **The Cinema List: Bourne**
11.25 **John Wick** Action thriller. (2014, 15, 101min) ★★★★
1.15 PM **John Wick: Chapter 2** Action thriller sequel. (2017, 15, 122min) ★★★★
3.35 **Bad Boys for Life** Comedy sequel. (2020, 15) ★★★
5.55 **The Commuter** Thriller. (2018, 15, 105min) ★★★

5.55 The Commuter

8.00 **Black Adam** Fantasy adventure starring Dwayne Johnson. Centuries after he was bestowed with the powers of Egyptian gods, a former slave is freed from his earthly tomb. With Aldis Hodge. (2022, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

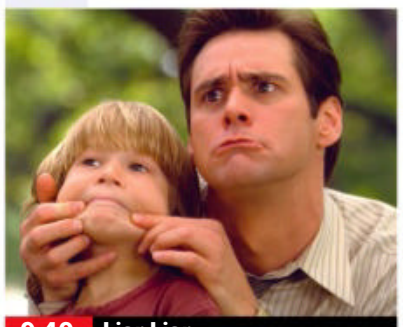
10.20 **Watchmen** Sci-fi action thriller starring Malin Akerman, Billy Crudup and Matthew Goode. In an alternative 1985 America, a group of retired superheroes uncover a plot to kill them. (2009, 18, 162min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **God Is a Bullet** Thriller. (2023, 18, 156min) ★★
3.20 **Paradise City** Thriller. (2022, 15, 94min) ★★
5.05 **to 7.10** AM **Riders of Justice** Danish action drama. Subtitled. (2021, 15, 116min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **Teen Wolf** (1985) ★★★
7.40 **Dear Elizabeth** As 12.55am.
9.15 **Liar Liar** As 9.40pm.
10.45 **The Guilt Trip** Comedy. (2012, 12, 95min) ★★★
12.25 PM **She's Out of My League** Comedy. (2010, 15) ★★★
2.15 **Meet the Fockers** Comedy sequel. (2004, 12) ★★★
4.15 **A Man Called Otto** Comedy. (2022, 15, 126min) ★★★
6.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★


9.40 Liar Liar

8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Liar Liar** Comedy starring Jim Carrey as a lawyer who is forced to tell the truth for one day after his five-year-old son is granted his birthday wish. (1997, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Team America: World Police** Spoof of Hollywood action films performed by puppets. (2004, 15, 98min) ★★★★
12.55 AM **Dear Elizabeth** Comedy drama starring Tony Hale. (2020, 12, 98min) ★★★
2.30 **All I Want for Christmas** Sentimental family drama. (1991, U, 92min) ★★★
4.05 **to 6.00** AM **Last Holiday** Comedy with Queen Latifah. (2006, 12, 112min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **Watcher** Horror thriller. (2022, 15, 96min) ★★★
7.55 **Death in Texas** As 3.05am.
9.50 **Extremely Wicked, Shockingly Evil and Vile**
11.55 **The Cinema List: Whodunnit?**
12.15 PM **Antebellum** Mystery. (2019, 15, 105min) ★★
2.10 **Snitch** (2013, 12) ★★★
4.15 **Welcome to the Punch** Thriller. (2013, 15) ★★★
6.05 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★

10.00 Pulp Fiction

8.00 **The Taking of Pelham 123** Action thriller remake starring Denzel Washington and John Travolta. Four ruthless gunmen hijack a crowded New York subway train. With John Turturro and James Gandolfini. (2009, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

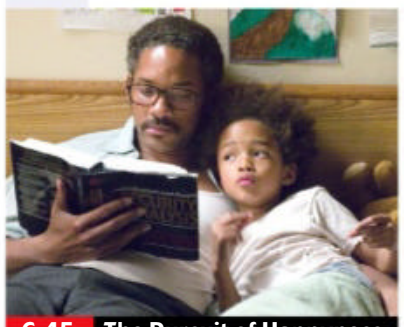
10.00 **Pulp Fiction** Quentin Tarantino's crime comedy, a homage to trash crime novels and popular culture, starring John Travolta, Bruce Willis, Samuel L Jackson and Uma Thurman. (1994, 18, 154min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Child 44** Crime thriller. (2015, 15, 134min) ★★★
3.05 **Death in Texas** Thriller. (2020, 15, 101min) ★★
5.00 **to 7.05** AM **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. (2019, 15, 110min) ★★★★

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Ministry of Fear** Thriller. (1943, b/w, PG) ★★★★
12.45 PM **The Quiet Man** Drama. (1952, U, 129min) ★★★
3.25 **The Green Man** Comedy thriller. (1956, b/w, PG) ★★★
5.05 **The Mouse That Roared** Comedy starring Peter Sellers. (1959, U, 85min) ★★★
6.45 **The Pursuit of Happyness** Rags-to-riches drama. (2006, 12, 117min) ★★★


6.45 The Pursuit of Happyness

The Pursuit of Happyness (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Gangs of New York** Period crime thriller directed by Martin Scorsese and starring Leonardo DiCaprio and Daniel Day-Lewis. In the 1860s, Amsterdam Vallon returns to Manhattan to avenge his father, who was killed in a gang fight 15 years earlier. (2002, 18, 168min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

12.20 AM **Chopper** Darkly comic Australian crime drama loosely based on the true story of a murderer who rose to media stardom. Stars Eric Bana. (2000, 18, 94min) ★
2.15 **to 4.00** AM **The Furies** Thriller starring Airlie Dodds. (2019, 18, 82min) ★★★

+1 hour 314 430 47 301

Sky Cinema Wizarding World

302 302 402 502 516

6.00 AM **Harry Potter and the Philosopher's Stone** (2001)
8.35 **Harry Potter and the Chamber of Secrets** As 5.40am.
11.20 **Harry Potter and the Prisoner of Azkaban** Fantasy adventure. (2004, PG, 142min) ★★★★★
1.45 PM **Harry Potter and the Goblet of Fire** Fantasy adventure with Daniel Radcliffe. (2005, 12, 157min) ★★★
4.25 **Harry Potter and the Order of the Phoenix** Fantasy adventure. (2007, 12, 132min) ★★★
6.45 **Harry Potter and the Half-Blood Prince** Fantasy. (2009, 12, 153min) ★★★★★
9.20 **Harry Potter and the Deathly Hallows: Part I** Adventure starring Daniel Radcliffe, Rupert Grint and Emma Watson. (2010, 12, 146min) ★★★★
11.50 **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12, 130min) ★★★★★
2.05 AM **Sky Cinema Preview**
3.05 **Harry Potter and the Philosopher's Stone** Fantasy. (2001, PG, 152min) ★★★★
5.40 **to 8.25** AM **Harry Potter and the Chamber of Secrets** Fantasy starring Daniel Radcliffe. (2002, PG, 161min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Guys and Dolls** Musical. (1955, U, 150min) ★★★★
8.30 **Let's Dance** As 2.50am.
10.25 **The Spy Who Came in from the Cold** Espionage thriller. (1965, b/w, PG, 107min) ★★★★
12.20 PM **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
2.25 **Pretty in Pink** Romantic comedy drama starring Molly Ringwald. (1986, 15, 99min) ★★★★
4.05 **Inception** Christopher Nolan's thriller with Leonardo DiCaprio. (2010, 12, 148min) ★★★★★
6.35 **Willy Wonka and the Chocolate Factory** Musical fantasy starring Gene Wilder. (1971, U, 100min) ★★★★
8.20 **E.T. The Extra Terrestrial** Fantasy starring Henry Thomas. (1982, U, 114min) ★★★★★
10.15 **The Bridges at Toko-Ri** Korean War drama starring William Holden and Grace Kelly. (1954, U, 99min) ★★★
12.10 AM **Goodfellas** Gangster drama starring Robert De Niro. (1990, 18, 143min) ★★★★★
2.50 **Let's Dance** Musical starring Betty Hutton and Fred Astaire. (1950, U, 112min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Astro Kid** (2019, PG) ★★★
7.50 **Scooby-Doo! Return to Zombie Island** As 12.45am.
9.20 **Animals United** As 9.25pm.
11.05 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
12.45 PM **Open Season: Scared Silly** Animation. (2015, PG) ★★★
2.20 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★
4.00 **The Lego Batman Movie** Animation. (2017, U) ★★★★
6.00 **Minions** Animated comedy. (2015, U, 91min) ★★★★
7.45 **Minions: Rise of Gru** Animation. (2022, U, 88min) ★★★
9.25 **Animals United** Animation. (2010, U, 92min) ★★
11.10 **Scooby-Doo! and the Curse of the 13th Ghost** Animation. (2019, U, 82min) ★★★
12.45 AM **Scooby-Doo! Return to Zombie Island** Animation. (2019, U, 70min) ★★★
2.20 **Daisy Quokka: World's Scariest Animal** Animation. (2020, U, 88min) ★★★
4.05 **Asterix: Secret of the Magic Potion** (2018, PG) ★★★
5.45 **to 7.15** AM **Batman Unlimited: Monster Mayhem** Animation. (2015, PG, 76min) ★★★

Christmas 24

325 419

7.00 AM **The Christmas House** Drama. (2020, U, 89min) ★★
9.00 **Twas the Night Before Christmas** Festive drama. (2022, PG, 90min) ★★
11.00 **We Wish You a Married Christmas** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **Joy For Christmas** Romantic comedy with Cindy Busby. (2021, PG, 86min) ★★
3.00 **Jolly Good Things** Comedy. (2022, PG, 90min) ★★
5.00 **Christmas Cuisine of Love** Festive romantic drama starring Kim Shaw and Clayton James. (2020, PG, 88min) ★★
7.00 **Cross Country Christmas** Festive drama starring Rachael Leigh Cook and Greyston Holt. (2020, PG, 83min) ★★
9.00 **Sincerely Truly Christmas** Drama. (2023, PG, 90min) ★★
11.00 **The Christmas Promise** Drama. (2021, PG, 90min) ★★
1.00 AM **Christmas Unleashed** Drama with Vanessa Lachey. (2019, PG, 86min) ★★
3.00 **to 5.00** AM **Ghosts of Christmas Always** Fantasy. (2022, PG, 90min) ★★

+1 hour 326 420

Talking Pictures

328 445 82 306

6.00 AM **Ensign O'Toole** (S1)
6.30 **The Gelignite Gang** Thriller. (1956, b/w, U, 75min) ★★
8.00 **Gilded Cage** (1955, PG) ★★
9.30 **The Pickwick Papers** Comedy. (1952, U, 115min) ★★★★
11.35 **Woman in a Dressing Gown** Drama. (1957, b/w, PG) ★★
1.25 PM **The Writing on the Wall**
2.30 **Crown Court**
3.00 **In Suspicious Circumstances**
4.05 **Waterfront** Drama. (1950, b/w, PG, 80min) ★★★
5.45 **The Woman in Green** Mystery. (1945, b/w, PG, 70min) ★★
7.05 **Pink String and Sealing Wax** Crime melodrama. (1945, b/w, PG, 89min) ★★★★
8.50 **Look at Life** Documentary.
9.00 **Cellar Club with Caroline Munro**
9.05 **Stepfather III** Horror thriller sequel. (1992, 18, 110min) ★★
11.15 **Cellar Club with Caroline Munro**
11.20 **Night of the Creeps** Horror. (1986, 18, 88min) ★★★
1.05 AM **Cellar Club with Caroline Munro** Film previews.
1.10 **Silent Rage** Sci-fi chiller. (1982, 18, 91min) ★★
3.15 **Jail Bait** Crime drama. (1954, b/w, PG, 71min) ★★
4.45 **to 6.00** AM **Shadow of Fear** Thriller. (1963, b/w, U) ★★

Friday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE PGA Tour Golf** Day two of the Zozo Championship at Accordia Golf Narashino Country Club in Inzai, Japan.
8.00 **Good Morning Sports Fans**
9.00 **LIVE ICC Cricket World Cup Australia v Pakistan.** The group game at M. Chinnaswamy Stadium.
5.30 PM **LIVE Formula 1** Coverage of the United States Grand Prix first practice session in Texas.
7.30 **LIVE EFL Rotherham United v Ipswich Town.** The Championship match at AESSEAL New York Stadium. Kick-off **8.00pm**.
10.00 **LIVE Formula 1** The United States Grand Prix qualifying session. Start-time **10.00pm**.
11.30 **LIVE F1 Academy** The United States Grand Prix qualifying session.
12.30 AM **The Notebook**
1.00 **LIVE WNBA Las Vegas Aces v New York Liberty.** Game five of the WNBA Finals. Tip-off **1.00am**.
3.00 **Sky Sports News**
5.30 **to 6.00** AM **LIVE ICC Cricket World Cup Netherlands v Sri Lanka.** Coverage of the group match, staged at BRSABV Ekana Cricket Stadium in Lucknow, India.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Total Football**
5.00 PM **Premier League 100 Club**
6.00 **Premier League Legends** The PL career of David Seaman.
6.30 **Fantasy Show** Insight and tips.
7.00 **Premier League Preview**
7.30 **Premier League: The Big Interview**
8.00 **Fantasy Show** Fantasy Football insight and tips ahead of the weekend's PL fixtures.
8.30 **Gary Neville's Soccerbox** With guest Tony Adams.
9.00 **Premier League Preview** A look ahead to the weekend's matches in the top flight.
9.30 **Premier League: The Big Interview**
10.00 **Fantasy Show** Insight and tips.
10.30 **PL Retro** West Ham United v Tottenham Hotspur in 2006/07.
12.30 AM **Premier League Icons**
1.00 **Premier League Years** A look back at the 1997/98 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** The 2014/15 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **Bundesliga Weekly**
12.30 PM **Women's Championship Show** The latest highlights.
1.00 **A Perfect Union: The Rise of Berlin's No.1**
1.30 **EFL Highlights**
2.30 **Bundesliga Weekly**
3.00 **EFL Goals: Leagues 1 & 2**
3.30 **Women's Championship Show**
4.00 **A Perfect Union: The Rise of Berlin's No.1**
4.30 **EFL Highlights**
5.00 **Bundesliga Weekly**
5.30 **EFL Highlights**
6.00 **Women's Championship Show**
6.30 **Bundesliga Weekly**
7.00 **EFL Highlights**
7.30 **LIVE EFL Rotherham United v Ipswich Town.** Coverage of the Championship encounter, which takes place at AESSEAL New York Stadium. Kick-off **8.00pm**.
10.30 **Women's Championship Show**
11.00 **EFL Greatest Games**
1.00 AM **EFL Cup Retro**
2.00 **EFL** The 2014/15 play-off finals.
5.00 **to 6.00** AM **Championship Season Review**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **ICC Cricket World Cup**
9.00 **LIVE ICC Cricket World Cup Australia v Pakistan.** Coverage of the group encounter, staged at M. Chinnaswamy Stadium in Bangalore, India.
5.30 PM **The Fletcher Years**
6.00 **World Cup Cricket Classics**
7.00 **ICC Cricket World Cup** Action from Australia v Pakistan.
8.00 **ICC Men's CWC Greatest Matches** The greatest Cricket World Cup matches in history.
9.00 **ICC Cricket World Cup** India v Bangladesh: Action from the group match at Maharashtra Cricket Association Stadium. **10.00** Australia v Pakistan: Action from the group match at M. Chinnaswamy Stadium.
11.00 **Cricket World Cup** A look back at the World Cup of 1987.
12.00 M'T **ICC Cricket World Cup** Action from India v Bangladesh.
2.00 AM **World Cup Cricket Classics**
4.30 **ICC Cricket World Cup**
5.30 **to 6.00** AM **LIVE ICC Cricket World Cup Netherlands v Sri Lanka.** Coverage of the group match, staged at BRSABV Ekana Cricket Stadium in Lucknow, India.

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **LIVE PGA Tour Golf** Coverage of day two of the Zozo Championship in Inzai, Japan.
8.00 **DP World Tour Golf**
9.00 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
9.30 **Challenge Tour Golf**
10.00 **DP World Tour Golf**
11.00 **PGA Tour Champions**
12.00 NOON **DP World Tour Golf**
1.00 PM **LIVE DP World Tour Golf** Day two of the Andalucia Masters, the Estrella Damm N.A, which takes place at Real Club de Golf Sotogrande in San Roque, Spain.
6.00 **PGA Tour Champions**
7.00 **PGA Tour Golf** Day two of the Zozo Championship in Japan.
11.00 **DP World Tour Golf** The Estrella Damm N.A. Andalucia Masters.
12.00 M'T **PGA Champs Official Film 2011** At Atlanta Athletic Club.
1.00 AM **DP World Tour Golf**
2.00 **School of Golf**
3.00 **DP World Tour Golf**
4.00 **to 6.00** AM **LIVE PGA Tour Golf** Coverage of day three of the Zozo Championship at Accordia Golf Narashino Country Club in Inzai, Japan, where Keegan Bradley triumphed in 2022.

TNT Sports 1

410 410 870 | 527 | 408 430

6.00 AM **UEFA Champions League: Classics** Lyon v Rangers from the 2007/08 season.
6.30 **Ligue 1 Show** A look ahead to the upcoming football in France.
7.00 **TNT Sports Feature**
9.00 **Badminton** Finnish Open.
11.00 **LIVE Badminton** Coverage from the quarter-final stage of the Denmark Open, which take place at Jyske Bank Arena in Odense, Denmark.
9.30 PM **Premier League Preview** Upcoming action in the top flight.
10.00 **WWE Raw Highlights**
11.00 **WWE NXT Highlights**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM **LIVE WWE Friday Night SmackDown** Wrestling coverage, featuring the likes of Roman Reigns, Drew McIntyre and Charlotte Flair.
3.00 **The Fantasy Show**
3.30 **Premier League Preview** A look to the upcoming action in the top flight, including Liverpool v Everton and Chelsea v Arsenal.
4.00 **Inside Serie A**
4.30 **World Poker Tour Series**
5.30 **to 6.00** AM **TNT Sports Feature**

TNT Sports 2

411 411 871 | 528 | 409 431

6.15 AM **MotoGP Highlights**
8.15 **TNT Sports Reload**
8.45 **Badminton Weekly**
9.00 **Premier League: Big Interview**
9.30 **MotoGP Rewind**
9.45 **TNT Sports Feature**
11.45 **Ligue 1 Show**
12.15 PM **TNT Sports Reload**
12.30 **PSA Squash Highlights**
1.30 **EuroCup Basketball**
2.30 **Ligue 1 Show**
3.00 **WWE NXT** Wrestling action.
4.45 **TNT Sports Reload**
5.00 **Inside Serie A**
5.30 **The Fantasy Show**
6.00 **Premier League: Big Interview**
6.30 **Premier League Preview**
7.00 **Fight Week** UFC action.
7.30 **Ligue 1 Show**
8.00 **LIVE Ligue 1 Le Havre v Lens.** Coverage of the match, staged at Stade Oceane. Kick-off **8.00pm**.
10.00 **Andrew Mensah**
10.30 **MotoGP Rewind**
10.45 **MotoGP Highlights**
11.45 **LIVE MotoGP** Coverage of the Grand Prix of Australia third practice and qualifying sessions.
4.30 **to 6.00** AM **LIVE MotoGP** The Grand Prix of Australia MotoGP sprint race. Start-time **5.00am**.

TNT Sports 3

417 417 874 | 529 | 410 432

6.00 AM **Down the Clubhouse**
7.00 **WWE Raw Highlights**
8.00 **WWE NXT Highlights**
9.00 **Ariel Helwani Meets**
9.30 **LIVE AFLW Hawthorn Women v Richmond Women.** Coverage of the encounter, which takes place at Cazalys Stadium in Cairns. Bounce-up **9.30am**.
11.30 **MotoGP Highlights**
12.30 PM **Rio Ferdinand's Between the Lines** With Luka Modric.
1.00 **Classic Premier League** Back-to-back highlights, including at: **3.30** Manchester City v Arsenal from the 2009/10 season. **4.00** Highlights of Manchester United v Manchester City from the 2009/10 season. **4.30** Manchester United v Manchester City from 2011/12.
5.00 **V8 Supercars Highlights** Action from the Bathurst 1000.
7.00 **The FA Futsal Series One**
9.00 **LIVE MLB** Coverage of an encounter in the play-offs.
12.30 AM **LIVE MLB** Coverage of a play-off encounter.
4.00 **The Fantasy Show**
4.30 **to 6.00** AM **Champions League Classics**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Bitesize Highlights**
7.00 **NBC's Pro-Football Talk**
9.00 **Her Huddle**
9.30 **NFL Gameday**
10.00 **NFL Highlights**
11.00 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Highlights**
4.00 **NFL Gameday**
4.30 **NFL Bitesize Highlights**
5.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Bitesize Highlights** Action from New Orleans Saints v Jacksonville Jaguars.
8.15 **49 Hours** A look at the 49 hours before the San Francisco 49ers take to the field for NFL action.
8.30 **Her Huddle**
9.00 **NFL Highlights** New Orleans Saints v Jacksonville Jaguars.
10.00 **NFL Gameday**
10.30 **49 Hours**
10.45 **NFL Bitesize Highlights**
11.00 **NFL Fantasy**
12.00 M'T **Total Access** NFL news.
1.00 AM **NFL Highlights**
2.00 **NBC's Pro-Football Talk**
4.00 **NFL Bitesize Highlights**
5.00 **Her Huddle**
5.30 **to 6.00** AM **Jaguars Weekly UK**

Sky Sports Mix

416 416 873 | 510 | 429 449

6.00 AM **PL Greatest Games**
6.45 **Food & Importance of Heritage**
7.00 **Black Women**
7.30 **My Icon** Double bill.
8.00 **ICC Cricket World Cup**
9.00 **Super League Highlights**
10.00 **International Netball**
12.30 PM **My Icon** Double bill.
1.00 **Black Women**
1.30 **Food & Importance of Heritage**
1.45 **My Icon** Christine Ohuruogu.
2.00 **British Basketball**
4.30 **Unbeatable** Basketball action.
5.00 **WNBA** Recent action.
7.00 **Food & Importance of Heritage**
7.15 **Bundesliga Top 5**
7.20 **LIVE Bundesliga Borussia Dortmund v Werder Bremen.** The top-flight match at Signal Iduna Park. Kick-off **7.30pm**.
9.30 **Food & Importance of Heritage**
9.45 **Super League Highlights**
10.00 **ICC Cricket World Cup**
11.00 **Fight Night**
12.00 M'T **Women's Super League**
1.00 AM **LIVE WNBA Las Vegas Aces v New York Liberty.**
3.00 **British Basketball**
5.30 **to 6.00** AM **LIVE ICC Cricket World Cup Netherlands v Sri Lanka.** The group match in India.

TNT Sports 4

421 421 876 | 530 | 411 434

6.00 AM **PSA Squash Highlights** Action from this year's US Open.
7.00 **V8 Supercars Highlights** Action from the Bathurst 1000.
9.00 **Joe Cole Cast**
9.30 **Classic Premier League**
11.00 **The FA Futsal Women's Super Series** Recent action.
1.00 PM **MLB** Another chance to see a match from MLB Postseason.
4.00 **MotoGP Highlights**
5.00 **TNT Sports Reload**
5.30 **MLB** Another chance to see a match from MLB Postseason.
8.30 **UEFA Champions League Magazine** News and action.
9.00 **Fight Week** A look ahead to the upcoming UFC 294 action.
9.30 **UFC** Another chance to see Sodiq Yusuff v Edson Barboza.
12.30 AM **Ligue 1** Le Havre v Lens.
1.30 **Badminton Weekly**
1.45 **UFC Countdown**
2.45 **UFC: The Ultimate Fighter**
4.45 **to 6.45** AM **TNT Sports Feature**

Eurosport 1

413 413 868 | 521 | 412 435

6.00 AM **Triathlon: Super League**
7.00 **Cycling: Paris-Tours**
8.00 **SailGP** Action from Cadiz.
9.00 **Snooker: Northern Ireland Open** The 2022 final in Belfast.
11.00 **British Speedway**
12.00 NOON **Speedway Grand Prix**
1.00 PM **Cycling: Road World Championships** From Glasgow.
3.00 **Snooker: Northern Ireland Open Final 2021** From Belfast.
5.00 **Motocross World Championship of Nations**
6.45 **The Minute** Sports magazine.
6.50 **LIVE Freestyle Skiing** The first World Cup meeting of the season from Chur, Switzerland.
8.40 **Athletics: Amsterdam Marathon**
10.10 **British Speedway** A review of the Premiership Grand Final.
11.05 **Freestyle Skiing**
12.00 M'T **Cyclo-Cross**
2.00 AM **British Superbikes**
4.00 **to 6.00** AM **Snooker: Northern Ireland Open Final 2021**

Eurosport 2

414 414 869 | 522 | 413 436

6.00 AM **Motocross World Championship of Nations**
7.00 **Snooker: Scottish Open**
9.00 **World Superbikes**
11.00 **Hall of Fame: Tokyo 2020**
12.00 NOON **Snooker: Northern Ireland Open Final 2021**
2.00 PM **Climbing World Cup**
3.30 **Mountain Bike: Roc d'Azur**
4.00 **FIA World Endurance Championship** From Le Mans.
5.00 **Cyclo-Cross** From Wisconsin.
6.00 **Snooker: Northern Ireland Open Final 2019** Highlights of Judd Trump v Ronnie O'Sullivan.
8.00 **World Superbikes**
10.00 **Cycling: Road World Championships** From Glasgow.
12.00 M'T **FIA World Endurance Championship** From Monza.
1.00 AM **Freestyle Skiing**
2.00 **Cycling: Tour of Venetia**
3.00 **Cycling: Venetia Classic**
4.00 **Freestyle Skiing**
5.00 **to 6.00** AM **British Superbikes**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **The Rugby Championship**
6.30 **Buatsi v Azeez: Gloves Are Off**
7.00 **LIVE NPC Rugby** The final.
9.00 **Super League Highlights**
10.30 **Unbeatable** Basketball news.
11.00 **British Basketball**
1.30 PM **Fight Night**
3.30 **Buatsi v Azeez: Gloves Are Off**
4.00 **Women's Super League**
5.00 **WNBA** Recent action.
7.00 **Unbeatable** Basketball news.
7.30 **LIVE British Basketball Sheffield Sharks v London Lions.** The BBL match at Canon Medical Arena. Tip-off **7.45pm**.
10.00 **What's My Name**
11.30 **Buatsi v Azeez: Gloves Are Off**
12.00 M'T **Fight Night**
1.00 AM **LIVE WNBA Las Vegas Aces v New York Liberty.**
3.00 **Super League**
3.45 **LIVE Women's International Rugby League New Zealand v Tonga.** Kick-off **3.45am**.
5.45 **to 6.00** AM **Super League**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **F1 Features**
10.00 **Formula 1**
12.15 PM **Highlights**
3.30 **Formula 1** The Qatar Grand Prix.
4.30 **Sky Sports F1 Podcast**
5.30 **F1 Drivers Press Conference**
6.00 **LIVE Formula 1** United States Grand Prix first practice session.
7.45 **F1's Sustainable Fuel**
7.50 **What Are Track Limits?**
7.55 **F1 Academy**
9.00 **LIVE Formula 1** United States Grand Prix qualifying session.
11.30 **F1 Academy**
12.30 AM **The Notebook**
1.00 **Formula 1** The USA Grand Prix.
2.25 **What Are Track Limits?**
2.30 **Formula 1** The USA Grand Prix.
4.30 **The Notebook**
5.05 **History of the F1 Safety Car**
5.15 **F1 Demystified: DRS**
5.35 **Hamilton on F1's Global Appeal**
5.45 **FIA Decisions Explained**
5.55 **to 6.00** AM **Vasseur's Working Methods**

SKY HD SD | VIRGIN HD | BT HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

Supertato

Weekdays, 4.40pm, CBeebies & BBC iPlayer

The terrific tuber Supertato and his fruit-and-veggie pals are back for more supermarket shenanigans inspired by the best-selling books by Sue Hendra and Paul Linnet, as the laugh-out-loud animated show returns for another series. Evil Pea is still set on escaping her freezer and taking over the supermarket – but no need to fret, Supertato is always there to save the day!

Adventures for the spud and his gang this time round include a ride on an out-of-control dinosaur toy, building a baguette rocket, and a visit to the stinky cheese moon in the deli aisle. Super slapstick comedy fun for all ages!

The Wonder Years

Available from Wednesday, Disney+

Updated for a modern audience, the reboot of the coming-of-age drama returns for a second season.

We rejoin the Williams family in 1969, a time when the world was optimistic for change, and humankind was about to set foot on the Moon. Dean (Elisha 'EJ' Williams) is in New York City with his dad, Bill (Dulé Hill), who has a songwriting gig. Meanwhile, back in Alabama, Dean's mum is preparing for a visit from her sister. Don Cheadle also returns as the voice of grown-up Dean.

More great shows to watch this week...

Let's Game: Worldbuilders

NEW

From Monday, Sky Kids on Demand

Popular YouTube gamers including Yammy, DanTDM and EthanGamer take part in a series of building challenges in this *Let's Game* spin-off.

Once Upon a Studio

NEW

Available from Monday, Disney+

Mickey Mouse tries to organise a photo with legendary characters including Robin Williams' Genie and *Frozen*'s Elsa (Idina Menzel).

Tweedy & Fluff

Weekdays, 6.55am, Milkshake! on Channel 5

NEW

Delightful stop-motion show aimed at preschoolers, about two woolly friends who couldn't imagine life without each other.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out a stand-up comedian (4,4). Answers at the bottom of the page – no cheating!

ACROSS

1 Paul -----, Chaser on ITV game show *The Chase* (5)
4 2012's *Anything Could Happen* singer, Ellie -------- (8)
6 Milly ----, plays Kirsty 'Dotty' Cotton in *EastEnders* (4)
7 Former host of talk show *The Tonight Show*, Jay ---- (4)
8 See picture clue: Scottish comedian, ----- Bridges (5)
9 -------- *Theatre*, ITV drama series that ran from 1956 to 1974 (8)
12 Ewan McGregor and Emily Blunt romcom from 2012, ------- *in the Yemen* (6,7)
15 1983 film starring Sir Michael Caine and Dame Julie Walters (9,4)
18 1985 hit by Phil Collins and Marilyn Martin, -------- *Lives* (8)
19 Katey -----, voices Leela in animated series *Futurama* (5)
22 ---- Flynn Boyle, played Donna Hayward in *Twin Peaks* (4)
23 Revived old American sci-fi series, *Quantum* ---- (4)
24 Musician known for 1973's *Tubular Bells*, Mike -------- (8)
25 ----- Thompson, star of 2022 film *Thor: Love and Thunder* (5)

DOWN

1 Dan -------, starred in ITV's *Downton Abbey* (7)
2 Model, ----- Campbell (5)
3 American folk-music icon, ---- Guthrie (4)
4 *The Lord of the Rings* role of Sir Ian McKellen (7)
5 Series with Sarah Moore, *Money for* ------- (7)
10 ----- Klum, supermodel and *America's Got Talent* judge (5)
11 2004 film starring Julia Roberts, ---- *Lisa Smile* (4)
13 See picture clue: *Big Little Lies* and *Jurassic Park* star, ----- Dern (5)
14 *The Twilight* ----, young-adult book series written by Stephenie Meyer (4)
15 ------- *Flame*, 1989 hit for US band The Bangles (7)
16 Model daughter of Kim Basinger and Alec Baldwin, ------- (7)
17 2002 romcom starring Reese Witherspoon and Patrick Dempsey, *Sweet Home* ------- (7)
20 Movie from 2013 with Tom Hanks, Hugh Grant and Halle Berry, *Cloud* ----- (5)
21 Angelina Jolie and Liev Schreiber spy thriller from 2010 (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: ALAMY, GETTY, BBC, DISNEY+, MILKSHAKE! ON CHANNEL 5.

CROSSWORD SOLUTION

ANSWER: Andi Osho **ACROSS:** 1 Sinha 4 Goulding 6 Zero 7 Leno 8 Kevin 9 Armchair 12 Salmon Fishing 15 Educating Rita 18 Separate 19 Sagal 22 Lara 23 Leap 24 Oldfield 25 Tessa **DOWN:** 1 Stevens 2 Naomi 3 Arlo 4 Gandalf 5 Nothing 10 Heidi 11 Mona 13 Laura 14 Saga 15 Eternal 16 Ireland 17 Alabama 20 Atlas 21 Salt

Coming soon

The 'buccaneers' toast their arrival

FIRST LOOK

The Buccaneers

A **sumptuous period drama** explores love and power in 19th-century London

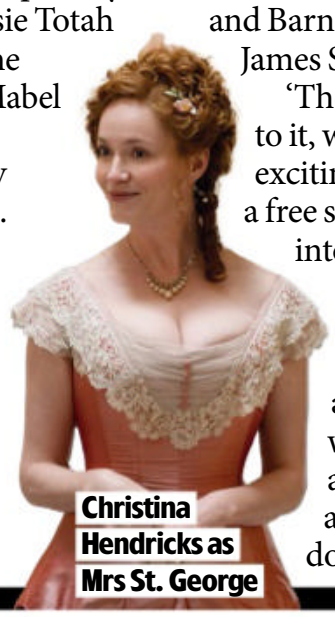
Edith Wharton's unfinished final novel *The Buccaneers* is being brought to life in a lavish new adaptation on Apple TV+.

Available from 8 November, the eight-parter is set in the 1870s and follows a group of wealthy young American women who are sent to London as debutantes. But the arrival of the girls – who are dubbed 'buccaneers' due to their determination to snare themselves an upper-crust husband and a title – causes ructions during the London Season as they reject tradition and make an indelible mark on high society. But will any of them find true love?

Kristine Frøseth plays Nan St. George, Imogen Waterhouse is her sister Jinny, Alisha Boe portrays Conchita Closson, Josie Totah and Aubri Ibrag are the Elmsworth siblings, Mabel and Lizzy, and Mia Threapleton is starchy Brit Honoria Marable.

CULTURE CLASH

Christina Hendricks co-stars as Nan and Jinny's mother Mrs St. George, while Matthew Broome is Guy Thwarte, who catches Nan's eye, Josh Dylan is Lord Richard Marable, who falls for Conchita, Guy Remmers is Theo, Duke of Tintagel, and Barney Fishwick is Lord James Seadown.



Christina Hendricks as Mrs St. George

'There is a modern twist to it, which makes it really exciting,' says Totah. 'Mabel is a free spirit who does not fit into the English world.'

'Lady Honoria initially seems to be quite strait-laced and austere and she is very wary of the Americans,' adds Threapleton. 'But, as the show goes on, she doesn't stay that way…'

WHAT'S NEXT FOR...

Siobhan Finneran

ITV1's six-part thriller **Protection** will see the actor play a cop working in witness protection. But after a leak, she must expose corruption and safeguard her witnesses. Nadine Marshall and Katherine Kelly co-star.

Stacey Dooley

For BBC1's documentary **Stacey Dooley: Inside the Undertakers**, the broadcaster will investigate death and faith by meeting staff at a funeral parlour to shadow their work and follow a range of send-offs.

Toby Jones

The actor is joining the cast of ITV1's drama **Ruth** as John Bickford, the solicitor who tried to help Ruth Ellis (Lucy Boynton), the last woman to be hanged in the UK. Joe Armstrong and Juliet Stevenson will also appear.

Susan Calman

In Channel 5's six-parter **Great British Cities with Susan Calman**, the comedian will explore the history of Liverpool, Bath, Cambridge, Leeds, Newcastle and Glasgow, highlight key residents and uncover hidden gems in each location.

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Next week *On sale Tuesday 17 October*

Pain Hustlers

Netflix's drama sees Emily Blunt embroiled in a dark scandal in a pharmaceutical company.

Three Little Birds

Sir Lenny Henry's ITV1 drama centres on three Jamaican women who come to Britain in the 1950s.

A League of Their Own

Sky Max's sporting quiz sees Jill Scott join as a new team captain.

Planet Earth III

Sir David Attenborough's BBC1 wildlife series follows a range of animals fighting for survival.

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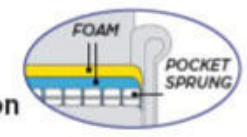

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